THE DAILY UNIVERSE

Martin Seligman speaks at a university forum on Tuesday in the Marriott

Seligman

shares ways

to be happy

By NATALIE CROFTS

Students attending Tuesday's university forum were told that with depression rates rising despite economic

success in the past century, it is important to teach positive psychology. Dr. Martin Seligman, a world-renowned authority on depression and

an advocate of positive psychology, said psychology should be refocused

from just dealing with mental illness

"Psychology should be just as con-

cerned with human strength as it is with human weakness," Seligman

to mental well-being.

The Voice of the Brigham Young University Community

Springing for a Break



Photo courtesy Janet Hilton

BYU students Janet Hilton, left, and Jeffrey Salls enjoy their "unofficial" Spring Break at Snoqualmie Falls, Wash., just east of Seattle.



Photo courtesy Janet Hilton

Janet Hilton and Katie Porter, right, enjoy a drink at Dick's Drive in Seattle. Despite not having Spring Break, some BYU students take a break anyway.

BYU policy doesn't hinder vacation plans

By MCKAY COPPINS

Although BYU doesn't give its students much time off during winter semester, some are simply taking it.

This month, snowed in, burned-out students are putting their classes on hold in order to skip town for unofficial spring break trips.

Hannah Butcher, for example, spent a week enjoying the balmy weather in southern Utah. She and some friends spent their vacation hiking, canyoneering and rock climbing.

"I missed the entire week; it was re-

Ghosts

come out in

Utah County

Page 3

management major. "It was totally worth it though. I needed a break."

Like many BYU students, Butcher said she thinks the university should fall in line with most other schools in the country and make time for a spring break.

"If you don't have that little break to look forward to, it's really hard to

that its unique schedule doesn't allow for a break in the winter semester. In order to make room for two summer terms and Education Week, BYU ends earlier than most universities.

See BREAK on Page 3



ken down to be assessed for each person, and there are techniques that can be taught to help increase positivity in each category.

One way to create a more positive outlook on life is to become involved in meaningful activities, Seligman said.

"Human beings want something ore than feeling good and being in flow," he said, "they want to belong and to serve something that is larger than they are."

For one study, he assigned students to either do something fun or philanthropic in the next week and observed the differences.

When they do something fun, like go to the movies, they square away when it's over, but when they do something philanthropic or altruistic the whole day goes better for them," Seligman

See FORUM on Page 3

Disc golf offers creative ways to have fun in sun



Interac tive Map: Not your thing? Find more to do in Provo

newsnet.byu.edu

By CANDACE MERCER

With the reputation of being "the fastest growing sport you've never heard of," disc golf is a different way some students are getting outside and enjoying the spring weather.

The Provo area has a number of disc golf courses, with one northeast of Rock Canyon Park and one at Bicentennial Park. "It's incredibly addictive," said John Stoddard, BYU alumnus and co-founder and former president of the BYU Disc Golf Club.

1970s and is similar to traditional golf.

Instead of clubs and a golf ball, the goal is to throw a disc into a "basket" or "hole" in as few throws as possible.

Just as traditional golf has the Professional Golf Association, disc golf has the Professional Disc Golf Association. There are PDGA national championships and tours just like the PGA.

This version of golf is less expensive than its traditional counterpart. The majority of

Disc golf was formalized as a sport in the disc golf courses at parks are free and the only needed equipment is a disc.

Stoddard suggests to those interested in disc golf that they should find someone who's played and go out and throw discs with them to get started.

If you have already played, Stoddard suggests attending "Pro-Am Scrambles," where beginning and average players are matched up with more advanced players.

See DISC GOLF on Page 3

There's no place like home as Cougs buck Broncos

By STEPHANIE DAUTEL

BYU defeated Boise State Tuesday afternoon, in their first home game of the season, 7-3.

'Both teams played well for the weather conditions." BYU coach Gordon Eakin said. "Both teams competed

The Cougars had great second and fifth innings, scoring three runs in both frames. Junior Andrea Ramirez and sophomore Kristin Delahoussaye both went 2-3. Ramirez scored three runs while Delahoussaye had three

RBIs. Ramirez improved her batting average to a team best .396. Coreen Lopez also went 3-4 with one run and one RBI for the Cougars.

"I was proud of our team," Ramirez

The game was scoreless after the first inning.

'We started slow, but made a nice adjustment," Eakin said. "We put seven runs on the board on a pitcher that has done well this season, especially with the weather.'

In the top of the second inning, the Broncos took the lead. With two BSU

runners on base, Bronco pitcher Allie Crump bunted, allowing Laurel Wyatt to get to third base and then score after an error at first base. Kellie Caplan then hit to right field, scoring Lexi Stratten and putting Boise State

After a quick out at the beginning of the second inning, the Cougars picked up their offensive game. Crump walked Ramirez, then Lopez hit near second base, but BSU committed an error that allowed Ramirez to go to second and put Lopez on first. With the bases loaded, BSU walked Jessica Dugas, scoring a run and cutting the Broncos' score in half. The Cougars

would take the lead courtesy of a key play by Kristin Delahoussaye. The Cougars finished the second inning in the lead 3-2 after a hit by Delahoussaye and another error by Boise State.

In the bottom of the third inning, Ramirez doubled, putting herself in scoring position. Lopez then doubled to left centerfield, allowing Ramirez to score and put the Cougars up 4-2 at the end of three innings.

In the top of the fourth inning, the bases were loaded for Boise State. Crump tagged the plate off a hit by Ashleigh Viers-Gordilo, cutting the

See SOFTBALL on Page 3



Angeline Quiocho swings for the fences during BYU's game against Boise State.



upcoming activities

thursday 26 wednesday 25

12 p.m. - Choose To 11 a.m. - SHA Give events in Brigham Square 7 p.m. - Service Squad: meet at 3400 WSC

Choir in 5519 WSC **12 p.m.** - Choose To Give events in Brigham Square 4 p.m. - SAC Mtg in 3290 WSC

friday 27 **12 p.m.** - Choose To Give events in Brigham Square 7 p.m. - Laugh Out Loud: Choose to Give Benefit Show

in 151 Tanner

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Weather



TODAY Showers

High 52, low 32



THURSDAY

Flurries High 46, low 26

YESTERDAY

High 47, low 34, as of 5 p.m. **PRECIPITATION** Yesterday: 0.00" Month to date: 0.62" Year to date: 5.24"

Sources: CNN.com, BYU Geography Dept.

CLARIFICATION

The stained glass class referred to in the photo caption for "Spring and Summer have pros and cons" on page one Monday requires online registration under VASTU 355R.

Vol. 62, Issue 128

THE DAILY UNIVERSE

152 BRMB - BYU Provo, Utah 84602 letters@byu.edu

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BRIEFING



The world is our campus



Associated Press

Police line up as they disperse Israeli Arab youths during an Israeli right-wing extremists march in the northern Israeli Arab village of Umm El-Fahm, on Tuesday.

Jewish extremist march provokes clash with Arabs

UMM EL-FAHM, Israel (AP) — Jewish extremists marched Tuesday through an Israeli-Arab town to demand residents show loyalty to Israel, setting off stone-throwing protests by Arab youths that police dispersed with stun grenades and tear gas.

The clashes in the northern Israeli town of Umm el-Fahm came at a time of increasing tensions between Israel's Jewish majority and its Arab minority, and residents said the march was a provocation. The leader of the Israeli demonstrators, settler activist Baruch Marzel, has been involved in violent attacks against Palestinians.

No serious injuries were reported. Dozens of Arab youths, their faces covered with checkered Palestinian scarves, heaved rocks at heavily armed black-clad

police holding up shields, who responded by lobbing back tear gas. AP Television News footage showed a riot policeman firing a tear gas canister at a rooftop where a group of women were shouting pro-Palestinian slogans.

Some of the protesters carried large Palestinian flags, running and weaving between

Police spokesman Mickey Rosenfeld said 16 policemen were lightly wounded and ten protesters were arrested. Another 15 protesters were lightly wounded, said the town's deputy mayor, Mustafa Suheil.

The violence erupted after police tried to push back protesters attempting to block a bus filled with the Israeli demonstrators, Suheil said.

China calls for new currency

BEIJING (AP) — China is calling for a new global currency to replace the dominant dollar, showing a growing assertiveness on revamping the world economy ahead of next week's London summit on the financial crisis.

The surprise proposal by Beijing's central bank governor reflects unease about its vast holdings of U.S. government bonds and adds to Chinese pressure to overhaul a global financial system dominated by the dollar and Western governments. Both the United States and the European Union brushed off the idea.

The world economic crisis shows the "inherent vulnerabilities and systemic risks in the existing international monetary system," Gov. Zhou Xiaochuan said in an essay released Monday by the bank. He recommended creating a currency made up a basket of global currencies and controlled by the International Monetary Fund.



Associated Press

Sudanese state minister of humanitarian affairs. Ahmed Haroun, speaks at a news conference held in Khartoum, Sudan, on

No-confidence vote lost

PRAGUE (AP) — The Czech government collapsed Tuesday after losing a parliamentary no-confidence vote over its handling of the economic crisis.

It was a huge embarrassment for Prime Minister Mirek Topolanek, coming just days before a planned visit by President Barack Obama and midway through the Czech Republic's six-month European Union presidency. The lower house



Mirek Topolanek Czech prime

of Parliament voted minister 101-96 to declare no confidence in the three-party coalition government, after four lawmakers broke rank with their parties and voted with the opposition. Three legislators were absent from the vote.

Al-Qaida praises warrant

 ${\tt CAIRO-The\ Sudanese\ president's}$ problems with the West are retribution for his expulsion of al-Qaida leader Osama bin Laden more then 10 years ago, al-Qaida's No. 2 said in a message issued Tuesday.

Ayman al-Zawahri said even though President Omar al-Bashir tried to appease Western powers by expelling al-Qaida from Sudan in 1996, the West was still after him. The Hague-based International Criminal Court issued an arrest warrant for al-Bashir on March 4 on charges of war crimes in the Darfur region.

"The Bashir regime is reaping what it sowed. For many long years, it continued to back down and backtrack in front of American Crusader pressure," al-Zawahri said according to a transcript provided by the SITE Intelligence Group which monitors extremist Web sites.

"It expelled the mujahideen, who had taken refuge in the Sudan, foremost among them Sheik Osama bin Laden," he added in the message posted on militant Web sites.



Associated Press

ROUGH SEAS STRAND PILOT WHALES

Rescuers work to keep alive some of the 17 long-finned pilot whales that were being battered by rough seas after they were beached in Hamelin Bay, Western Australia, on Monday. About 80 whales and dolphins were stranded. Authorities plan to truck the few survivors to a protected bay.

Everyone has a story

By TIFFANI NICHOLS

From scoring the winning basket in an important game to playing a part in a proposal gone wrong, everyone has an interesting story to tell. For those gutsy enough to share their story in a creative way, the first annual Tell Your Story Film Festival will provide that opportunity.

Films should be submitted with the entry form to room D-581 in the Harris Fine Arts Center by Friday. Once articles are turned in, they will be considered for screening at the festival which will be held on April 3 at 7 p.m. in the BYU Harold B. Lee Library auditorium.

Anyone is encouraged to par-

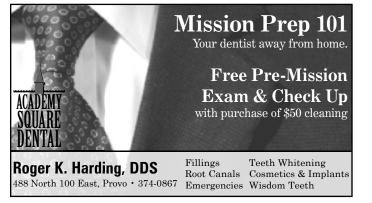
ticipate in the Tell Your Story Film Festival.

The film festival, sponsored by BYUSA, The Women in Film student club, and the Harold B. Lee Library, invites people to record their personal stories in a new way.

The accepted entries will show on the evening of the festival. Judges will also choose the top three films that evening and award the creators of the winning films.

Submission forms are online at blankslate.net/tellvourstorv. The Web site provides rules for the films, including entries may not contain foul language, sexual content, or graphic violence.

Entries can either be in short format or long format, or at five and 30 minutes, respectively.





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BREAK

Students get creative

Continued from Page 1

Many students say the early end to classes gives them an edge in looking for summer jobs and internships.

But others say a few days off in the long month of March would do a lot for their mental

Caitlin Perkins, an art history major from Provo, spent a long weekend in Arizona watching the Chicago Cubs in spring training.

DISC GOLF

at BYU

Sport growing

Continued from Page 1

are the best way to get better,"

Stoddard said. "You learn how

to play better, learn new tech-

niques, and just get more into

"These Pro-Am Scrambles

"March is a rough month to go all the way through without a break," Perkins said. "We just sat in the sun and watched baseball all day."

However, Perkins said she likes the semester ending in April, and would prefer the early release over a university-scheduled spring break.

"You can just take your own spring break anyway," Perkins said.

One of the most prominent arguments against a BYU spring break is the possibility of students ending up on a wild, MTV-style vacation, fraught with alcohol and immorality.

But Janet Hilton, a marriage, family and human development major from Wash-

Although the BYU Disc Golf

Club is in hiatus right now,

the club hopes to start weekly

activities again during the

Those interested in the club

Stoddard said disc golf

should visit the BYU Disc Golf

Club Web site, www.byudis-

makes a great Family Home

Evening activity and that his

FHE groups would often go

"The learning curve is very

play on Monday nights.

fast," Stoddard said.

cgolf.com.

spring and summer terms.

ington, said she believes fears of inappropriate behavior shouldn't be a factor in the decision.

"I feel like people who do that kind of stuff would do it regardless," Hilton said. "If people want to do that, it's their choice.'

Hilton took two spring break vacations: a road trip to Las Vegas with her friends and a trip home to Seattle with her boyfriend.

The break was relaxing, she said, and even though she had to miss some school, she said it would pay off academically.

"I feel much more ready to focus and prepare for finals," she said.

Disc golf is really easy for

beginners to pick up, as long

as you can throw a Frisbee,

you can play disc golf, he

any sporting goods store for

summertime activities you

Discs can be purchased at

"Disc golf is one of the best

mckaycoppins@yahoo.com

BYU students scare up spring fun at local haunted hotspots

By BRITTANY WORTON

Several haunted spots are rumored to cover the Provo-Orem area and those locations are becoming popular springtime attractions.

As the weather gets warmer, there are more students looking for fun activities and date ideas for the weekends.

"Taking a date out to a haunted location is a guaranteed good time," said Sean Cornwell, a junior majoring in engineering. "Regardless of whether the areas are actually haunted, it is always fun to go out and put a little scare and excitement into the night."

It has been rumored among students that the music section of the Harold B. Lee Library has some strange happenings going

"Supposedly there is a chair in one of the rooms that appeared out of nowhere," said Alyssa Wright, a sophomore who works in the music section of the library. "Basically the rumor is that the chair is placed in a different spot around the library at night and in the morning it is mysteriously back in its original

Other students mentioned that the reading room of the music section has a strange moaning noise that sometimes sounds like voices accompanied by extreme temperature changes in the room.

Provo's Rock Canyon also provides for a source of spooky entertainment.

It is believed that there have been dozens of rock climbers who died at the mouth of Rock Canyon, drawing students to visit at night.

been sightings of a man standing on the rock peaks that will glide down the mountain at an inhuman pace," said Colleen Ruggles, a sophomore graduating in math. "My husband and I decided to check out the rumor and it was one of the most frightening things I have ever done. There really is an eerie presence and vou feel like someone is following you the entire time."

Orem's SCERA Theater is also on the haunted list. According to the Web site strangeuse.com the basement of the SCERA family theater houses a ghost named Eleanor.

She supposedly walks around the older parts of the theater and glows a blue green. Employees say Eleanor was once an employee who comes back to the theater to work and will only show herself to fellow employees.

Old Mill Condominiums also boasts a ghost in the complex as a result of death in a pool shed

"There is rumor of sightings of a boy that wears a football jersey that lurks around the girl's apartments at Old Mill," said Katie Vellinga, a tenant there.

SOFTBALL

the world of disc golf.'

Y wins home opener

Continued from Page 1

Cougars' lead to one.

BYU changed things up in the top of the fifth inning by

"Christie came in and did a

Ramirez continued her great night with a single. She would later score after Stephanie Hopkins singled to left field, also leaving Lopez on third base. Later in the inning, Delahoussaye hit the ball just over second base, allowing the Cougars to score two more runs, putting the Cougars up 7-3 on

bringing Christie Zinanti in to pitch. Zinanti struck out the first three Broncos she

terrific job," Eakin said. "She helped change the momentum of the game.'

In the bottom of the fifth,

Boise State.

Seligman is the former president of the American Psychological Association and has written numerous books on

Students who want to see where they stand in each of the three aspects of positive psychology can go to authentichappiness.org.

can do — you're outside, it's leisurely and you don't get too UTAH COUNTY sweaty," said Jason Evans, a junior majoring in exercise science and disc golf enthu-Graphic by Stephanie Siggard

UTAH COUNTY HOTSPOTS

Stuck in Provo? Try these places out for a good time

- Provo Canyon
- Provo River
- BYU Games Center
- Utah Lake
- Spanish Fork Hot Springs

FORUM

Guest gives tips on happiness

Continued from Page 1

said. "They are mellow and people like them better."

Other tips Seligman gave to help create a more positive outlook were to write down three things they think went well at the end of the day and why, or to find ways to use their strengths.

Seligman stressed the im-

portance of teaching positive psychology in schools. After worldwide studies, Seligman found that when students ages 10 to 12 were taught the principles of positive psychology they were able to halve the rate of depression in future years. Students who participated were also found to be more cooperative, have better social skills and maintained a higher GPA compared to those who did not.

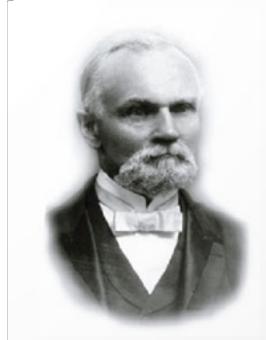
Some students found Seligman's ideas to be stimulating.

"He has a really cool perspective," said Ryan Gottfredson, a senior majoring in business. "I think that his message is pretty inspiring.'

Gottfredson said he hopes to use what he learned in the

"I'm planning on becoming a professor, so when he said that there is no overlap between what people want in life and what is taught in universities it made me really want to take what he talked about and apply it," he said.

psychology.



Search "Education in Zion" on Facebook to find out how you can win a \$25 gift certificate to a local restaurant by joining the Hidden Photo Challenge.

EDUCATION IN ZION

Fargo pulls together as river rises

FARGO, N.D. (AP) — As the swelling Red River lapped within 30 feet of his back door, Carlis Kramer's property resembled nothing so much as a

bustling construction site. In a well-ordered ballet, four people loaded sandbags, four others hauled them to the house and another person stacked them into a dike.

This is how Fargo responds to the threat of record floodall walks of life have joined forces to shield the community from the rising river, racing to fill 2 million sandbags.

The effort has drawn football players, soldiers, high school students, even a Microsoft engineer — all fearful of enduring another disaster like the devastating floods of

"A friend of mine brought his neighbor's kids, and ing: Hundreds of people from friends of family bring boyfriends and girlfriends," Kramer said.

The 1997 floods forced tens of thousands of people to flee homes in North Dakota, Minnesota and southern Canada in one of the costliest and largest flood evacuations in U.S. history before Hurricane Katrina. The disaster killed 11 people in the Dakotas and Minnesota and caused an estimated \$4.1 billion in dam-





VIEWPOINT

Life and what it's not

Paradoxes, adages and proverbs

By ABIGAIL SHAHA

t had been a really bad weekend. Car problems, guy drama, friend roller-coasters, physical illness — way too much trouble for one weekend, especially since it all hit Saturday morning. By Saturday afternoon, I was down and out, and of course, everyone noticed.

The next several days were spent repeating the endless narrative to sincere friends, relatives and even a few close co-workers. Each listened attentively and did their best to empathize. The sincerity was nice, and so was the compassion. Sometimes there was a momentary release in sharing my burden. But the comfort always ended abruptly when we both ran out of things to say and the other party would throw out some adage like, "Well, you know what they say: good things come to those who wait," or, ___ always tells me, 'All's fair in love and war," or my personal favorite, "Just remember: Life is a journey, not a race."

Then there was a pat on the back or sometimes a hug and we parted. I'm sure the consoling party felt quite fulfilled; they had listened tentatively and lightened the load of a friend. Hopefully they had even instilled in me some parting wisdom that would lift me out of my depression and back onto my feet. But I didn't feel uplifted by their paradoxical proverb; I felt confused at how it fit my situation or why it was supposed to make me feel better.

There are millions of adages like those — all of which apply without applying at all. Good things don't come to those who wait; just ask any early admissions program or internship coordinator. You gotta walk before you run so crawling will take me where I want to go in life? Love means holding on and love means letting go — bipolar relationships are always the most fulfilling. Time heals all — how is the thought of waiting out this awful feeling going to heal me?

And yet, in every situation, there is some twist of words or circumstances that can make the proverb apply, paradox and all. That's because the proverbs all have one thing in common: they're vague. They're so ambiguous and cliché they're just as applicable to a prince as a pauper, a Shakespeare as a man-hater. And yet, people cling to them like they hold some hidden gem of wisdom.

What is it about us that drives us to reach for these cliché proverbs in our moments of

insecurity? And what pushes us to dump them on other people in their times of despair like they're some metaphorical Band-aid? We know they don't really apply without a stretch, and we know they probably won't make anyone feel better. So why do we store them away and regurgitate them in the face of daunting trials?

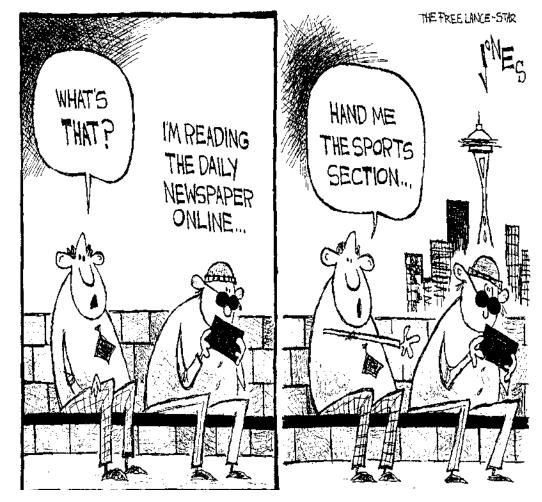
Maybe we're afraid; life is, after all, incredibly unpredictable. It can take you from cloud nine to six feet under in less than a minute. The agony is what creates the ecstasy, but that doesn't make the roller-coaster any easier. Maybe those statements, so bipolar and vague, are comforting because our lives are bipolar and vague. Months and years of planning and scheming can all come to naught in seconds for completely unforeseen reasons. Or, just as quickly, opportunities can fall from the sky and make all our wildest dreams come true. But the majority of our time is spent somewhere between those two moments, uneasily shifting from idea to idea without any solid footholds. It's insecure, it's unpredictable, it's paradoxical, it's unclear — just like those ridiculous state-

Whether or not life is a journey or a race, it's hard. And whether or not what happened was fair in love or war, it happened. But regardless of what derailed us or how down we are, that says nothing about where we could be.

We all cling to that hope, that things can always go up no matter how high or low you are right now. Maybe that's what those statements communicate; they all address a conflict or struggle, and then amid their vague comparisons and generalizations, what they really say is, "Where you are is tough, but that says nothing about where you will end up."

Facing the music of that weekend was hard, and those paradoxical proverbs didn't make it any easier. But I survived, as most of us do. And according to adage karma, that means I'm on my way up. Now it's time to shift uneasily from thing to thing for a while. It's not the most comfortable situation, and it's not what I originally planned, but at least I'm on my feet and moving. And next time I'm stopped, I won't have to stretch my mind trying to comprehend the paradoxical clichés; I'll take a moment, chalk it all up to experience and just laugh at the adages I'm supposed to find comfort in.

Abigail Shaha is an Issues & Ideas Editor at The Daily Universe.



WORD OF THE DAY

Sarcasm

Pronunciation: \ sär- ka-z m\

Function: noun

Etymology: French or Late Latin; French "sarcasme," from Late Latin "sarcasmos," from Greek "sarkasmos," from "sarkazein" meaning to tear flesh, bite the lips in rage, sneer, from sark-, sarx flesh; probably akin to Avestan "thwares" meaning to cut

Date: 1550

1: a sharp and often satirical or ironic utterance designed to cut or give pain

2 a: a mode of satirical wit depending for its effect on bitter, caustic, and often ironic language that is usually directed against an individual b: the use or language of sarcasm

3: a tool of rhetoric, the recognition of which is a skill essential to survival in the real world; one that is tragically missing among many Readers' Forum readers

Example: Letter to the editor published March 23 entitled "Sinboards"

*Entry courtesy of www.merriam-webster.com and The Daily Universe Editorial Board

Readers' Forum]

Grossly misinformed

As a BYU freshman who enjoys skateboarding regularly, I am writing in response to the March 23 letter "Sinboards." The ridiculous presumptions made by the author are astounding. Paralleling the devil to hip-hop? Saying all skaters are bad people? Claiming that skaters are incapable students, and even worse, church members? That letter was not only preposterous and grossly misinformed, but false as well.

I can name 10 people off the top of my head who attend BYU, who have received or are soon receiving their mission calls, who I skate regularly with. All are terrific examples to me. Outlawing skateboarding is unnecessary. Skateboarding is a creative outlet that has brought a great deal of joy into my life as well as countless other adolescents

I keep the honor code. I don't smoke weed. I don't cheat in class. I'm submitting my mission papers soon. And I skate all the time and love it! This contradicts the author's statements completely. The skaters aren't the problem — it's ignorance that needs to stop. Skaters don't need to be weeded out, which is the wish of the author.

As 3 Nephi 18:30 reads, "ve shall not cast him out from among you, but ye shall minister unto him and shall pray for him." Let the Lord judge who can have enough "faith to be a believing member of the church." The "Sinboards" author and anyone else worried that skating is tainting BYU's middle-upper-class image can keep their close-minded, dogmatic opinions to themselves.

> ALEX WILLDEN Milwaukee

Not a human right

In her viewpoint article on Monday, March 23, Christa Saffell points out that, according to the World Health Organization, receiving adequate health care is a human right.

This is a logical fallacy. Receiving health care (or housing, food or any other good) cannot be a human right. If it is a right, somebody is obligated to provide it. And then, that person who is obligated to provide the good becomes the slave of the recipient of the good.

The rights that are outlined in the Declaration of Independence (life, liberty and the pursuit of happiness) and the rights that are outlined in the Doctrine and Covenants (free exercise of conscience, right and control of property and protection of life) require the government to avoid interfering in my life. In contrast, the right to health care gives the government the right to make a doctor an indentured servant, serving patients only where, when, how and at what price the government decrees.

I do not want to live under a government where health care is a human right. Such a government is, in its basic function, tyrannical.

Run away

No, I'm not trying to say that Obama is the devil, so everyone just relax! But this is in response to the March 23 viewpoint, "Obama's health care plan." It may not be socialism, but it's clearly a step in that direction and I'd prefer to run the other way.

No, I'm not a naive college student who went from living off Mom and Dad's insurance to the BYU Health Center. Last year I was not at BYU and paid more than \$150 per month for insurance. I went to the doctor once for a routine check-up and blood work. A month later, I was slapped with a \$529 bill. My response, however, was not a desire for socialized medicine, but the longing for a true free market system (something that hasn't existed for a long time).

Politics can be gray at times, but one principle has always remained black and white: When citizens give the government more money, more responsibility and thus, more control, they must be prepared to give up some freedom. It may just be a step to the middle, a compromise for now, but it's a slippery slope. Freedom is hard to come by these days and I'd prefer to keep as much of mine as possible.

> ANNETTE SHUMWAY Grand Rapids, Mich.

Skateboarder and still worthy

My name is Lin Skinner my wife and I were recently married in the Provo temple, but after reading that article I realize that I wasn't worthy of a temple marriage because I was a sly serpent, a bad person, not honest enough to sign the Honor Code or intelligent enough to graduate without cheating, and that I have been committing a multitude of sins for the last 14 years of my life. According to the author of "Sinboards," skateboarding is a sin.

I skateboard with many different people; some are students at BYU, but you are right, they are not like you. They are open-minded and intelligent individuals with many different personality traits. One could not classify them simply as skateboarders. You have a very ignorant and biased point of view of skateboarding. I wish for you to actually know something about skateboarding and those that participate in it before you run your mouth in such a way that is very insulting to my wife and I and many others attending the fine university of Brigham Young.

I remember the first skateboard I got; my mother got it for me. I loved it and it kept me out of trouble. It was the only thing that could help me relax. I can't count the times I have prayed while kneeling on my skateboard. I just want you to know that your article has inspired me not to quit but to continue skateboarding for all eternity.

LIN SKINNER

Springville

Saints and skaters

To the author of the March 23 letter, "Sinboards," how can you be so shallow and narrowminded? Your lack of perspective is not only embarrassing, but even frightening — what if someone believes you are an accurate representation of BYU students and faculty?

You have apparently had a less than positive experience with those who choose to skateboard, but, regardless, who is to say that everyone is the same? Who has met every skater? Is it to be said that everyone who rides horses thus loves country music, owns a pair of cowboy boots and enjoys branding livestock? Does anyone who drives an electric car consequently enjoy ethereal music, follow a vegan diet and smoke marijuana? It isn't fair to categorize. It isn't just to presume. It isn't Christlike to discriminate. God loves us all.

My hope is that your eyes will be opened as you venture out of your shell and learn to see the beauty in all people, find their virtues and see what some of us "non-boarding students" have seen. Every one of us has flaws and "all (of us) have sinned, and come short of the glory of God (Rom. 3:23)." Don't let yourself down because you choose not to see the good in others: "skater" and "saint" are not mutually exclusive.

(Wasn't the debate about longboards anyway?)

RANDAL GRAHAM Mapleton

Men's responsibility also

To the author of the March 23 letter, "Considerate clothing"—the shy boy afraid of talking to girls in the Helaman Quad: While I definitely agree with you that women must wear modest clothing in order to help men maintain clean thoughts, if you view woman as wearing attire such as this as pornographic, that's how you'll portray it. This emphasizes a certain part of President Oaks's message that you seem to have forgotten: "some of the men." Not only does the weight rest on women to help men have clean thoughts, but men need to take some of the responsibility as well. Men need to make sure they keep these unclean thoughts out of their heads and not view things like short shorts and tank tops as pornographic, because they aren't. If we see things for what they are, many of these

impure thoughts would simply go away. Writing about something like this is rather absurd and is going to do nothing but merely make some people chuckle.

Hint: A much easier way to solve a problem such as this would be to go over and talk to the girls. They'll respect you and actually take you seriously if you ask them kindly to dress modestly. Also on one last note, if anything, a tank top and short shorts is more like one-quarter naked than half-naked.

Madison, Wis.

'I prefer tolerance'

In response to the letter on March 23 entitled "Sinboarders," I present the following:

Eradicating skateboarders on BYU campus is a really good idea. The best way to show Christlike love is to turn all middle-upper-class BYU students into intolerant people that stereotype skateboarders as bad, baggy-pants wearing cannabis users.

Let's use Gov. Boggs' idea from the 1830s and issue an extermination order, but this time, instead of eliminating the "Mormon" problem, we will be eliminating the "sinboarding" problem. It worked really well back then so, of course, it will work now. It is not enough to kick skateboarders out of every part of campus. If they don't denounce their skateboarding faith, we can take a sledgehammer to their board and put them on public display in Brigham Square for being an evil "sinboarder" so all the good, honest, faithful members of the church can point and laugh at them.

I, for one, prefer tolerance for people's likes and interests instead of labeling them as "skateboarders are bad people." Oh, I'm also a non-boarding student toward whom your letter was addressed.

Before we weed all of the "evil sinboarders" from campus, how about we work on weeding out intolerance and showing true faith in the Gospel of Christ by loving our neighbor as

> NATE AMSDEN Houston

ABOUT LETTERS

BYU Daily Universe invites students, faculty and BYU staff to write letters to the editor. Letters should include name, home town and phone number, as anonymous letters cannot be consid-

Topic of letter should be included in e-mail subject line. They should not exceed 250 words and may not be handwritten.

Letters may be submitted:

■ In person at the BYU Daily Universe offices, 152 BRMB.

■ By e-mail to letters@byu.edu without attachments. All letters may be edited for length, clarity and style.

Opinion editors Samantha Strong and Abigail Shaha can be reached at 422-2957.

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enjoy village life

Local musician Katie Brandeburg goes to her roots to find inspiration

By SPENCER FLANAGAN

Her brown, wavy hair falls to her shoulders; dark sunglasses cover most of her face: she wears a vintage styled blouse and cardigan over dark skinny jeans, and old, worn out flats complete her outfit. There's a homemade necklace hanging from her neck and an acoustic guitar is in her hands. Meet Katie Brandeburg.

Originally from Santa Rosa, Calif., Brandeburg, 22, now resides in Provo and attends BYU. She also contributes heavily to the local music scene, both with her unique personality and her acoustic folk-style music.

Brandeburg's father is a musician and although she grew up in a house filled with music, she said she didn't always appreciate her dad's music and his influences, like Bob Dylan and Robert Johnson, until later on in life.

"I didn't like his guitar playing," Brandeburg said. "I mean you always think your parents' stuff is kind of nerdy in high school. I listened to punk rock and Blink 182 — I'll admit it, and so it wasn't cool to listen to really old stuff ... It wasn't until I found songwriting that I found my niche and that ended up sparking a really deep relationship with my father."

Even though she grew up singing, it wasn't until about five years ago that Brandeburg finally picked up the guitar and learned to play on her own. She borrowed a roommate's gui-

tar and practiced for eight hours a day, wanting to learn a Lisa Loeb song.

With her soft voice and the gentle plucking of her guitar, Brandeburg has taken some of her father's influences and created her own charming, acoustic style. Her sound could be compared to the likes of Joni Mitchell, Patty Griffin and Ingrid Michaelson.

"One of my main goals in my songwriting is to not write

songs about love all the time she is," said Susie Peterson, or about sappy things and one of Brandeburg's room-Brandeburg said. "Some of my songs are that way but I try to write smarter lyrics and take a complex emotion and simplify it so that anybody can understand it and take it to heart."

Two years ago, after learning to play guitar, writing her own music and trying to play shows around BYU-Idaho, Brandeburg decided she needed to move out of Rexburg.

"People weren't catching on to my stuff and I knew that my stuff was good," Brandeburg said. "I knew that I had something to offer with my music and so I came down to visit in Provo and I went to a Seve vs. Evan show, and I was like, 'Dang, this place is awesome.' I talked to a couple people and that made me decide to move."

Moving to Provo proved to be a positive change in Brandeburg's life. Since her move here in the summer of 2007, she has immersed herself in



Brandeburg performs for the Provo Acoustic Sessions.

Photo by Justin Stubbs



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the Provo scene.

"Listening to Katie's music you can hear her dedication and passion she has for her songs," said Joe Christensen, local musician and friend. "There are not many local female singer/songwriters who take their music as seriously as she does. She has a DIY [doit-yourself] attitude about a lot of things and I feel like people can feel that as she performs.'

Brandeburg also contributes to Provo in other ways. She works at Mode Boutique, makes ands sells her own jewelry, volunteers at Velour and works at a special education

Many friends agree that besides being talented and

■ Podcast:

Katie Bran-

deburg talks

about her

music and

plays a few of

her songs.

newsnet.byu.edu/ story.cfm/71870

involved in the community, she is a joy to be around and an example to follow.

"As corny as this sounds, Katie is one of those friends everyone needs," Christensen said. "Every time I see her she is happy, with a big smile on her face. She always seems to have a minute to chit chat and listen."

Her roommates also enjoy Brandeburg's company.

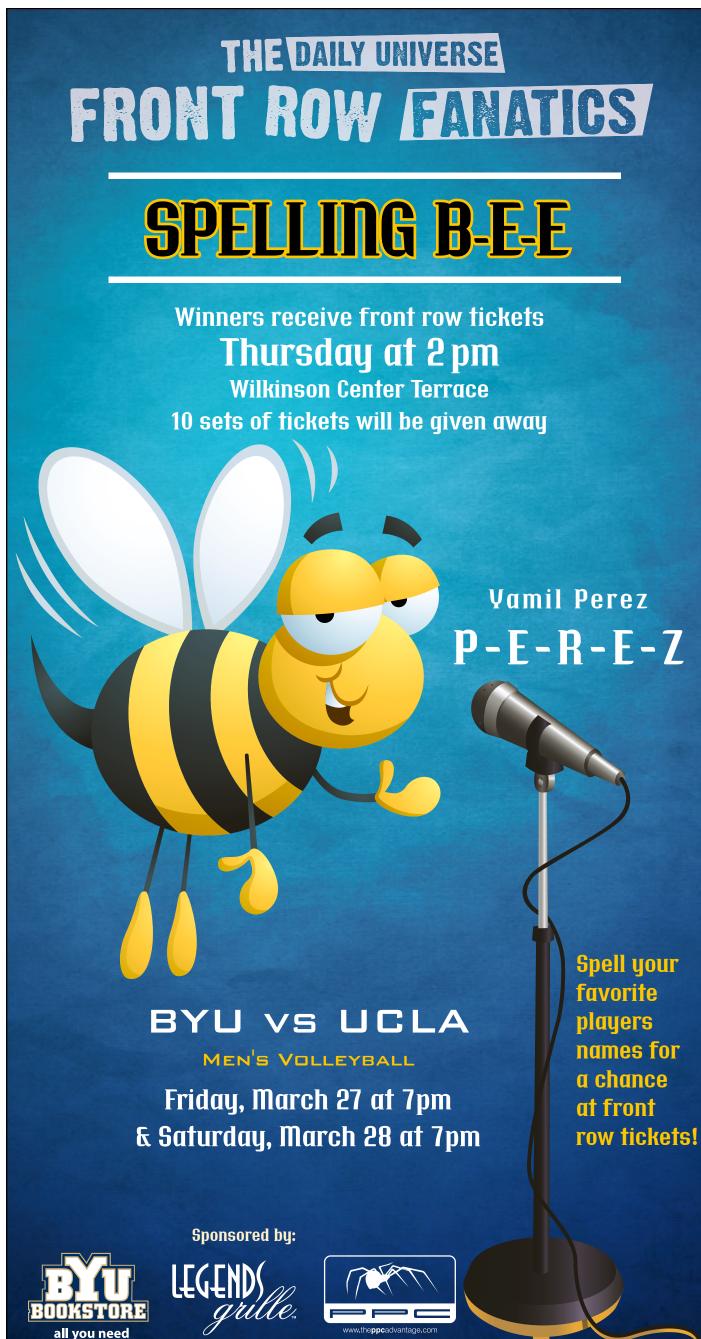
"My favorite thing about Katie is how

unique and genuine breakups and stuff like that," mates. "She really is her own person and she is comfortable with that. I love how confident she is and how she seems fearless about some things,

especially with her music.' Although she has accomplished many of her goals, Brandeburg already has plans for the future. She is currently recording an EP on her own in her bedroom and is expecting to release it sometime in late June. She also has several shows lined up in the next few months.

"I want everyone to have my music in their iPod or in their car," Brandeburg said. "I'd much rather have 5,000 people that know my music than millions of people because then I can have a life and do my thing, but I really would like to have some kind of happy impact on people, have people remember me and say, 'Oh yeah, I saw her show, she's really great."

spencer.flanagan@gmail.com





Cougars overcome errors, defeat UVU

By CHRISTIAN CARLSON

The Cougars showed no mercy to their neighbors up University Parkway Tuesday night as they defeated UVU 12-5 at Miller

Michael Bowen led the Cougars (14-8), going 2-4 with two home runs, his first two of the season, and six RBIs. Brandon Relf went 3-3 with a double and a triple and Steve Parker went 2-3 with a double and two RBIs.

Nathan Bunch pitched six innings, striking out two, walked two and gave up six hits with no

BASEBALL

The Cougars committed four errors within the first three innings, allowing UVU (6-15) to take a 4-2 lead going into the fourth inning. BYU committed five errors in the game.

BYU ignited in the bottom of the fourth. Parker drilled an RBI double down the leftfield line, allowing Kent Walton to score to bring the Cougars within one run at 4-3. Parker later scored on a fielder's choice with Jonathan Cluff's grounder to second to tie the game at 4-4. Bowen made his impact next with a three-run home run to give the Cougars a 7-4 lead after four innings.



BYU lead-off hitter Sean McNaughton hits a grounder early in the game. The Cougars took on UVU on Tuesday afternoon.

The fifth inning was just as fruitful for the Cougars. Kasey Ko's line drive to centerfield brought in Parker from second. After a walk for Cluff, Bowen hit his second threerun home run of the game, this time to right-center field to give BYU an 11-4 advantage after the fifth.

Another BYU error in the top

of the seventh cost the Cougars another run, but Stetson Banks got it back in the bottom of the inning with a drive to centerfield, which led to an insidethe-park home run after UVU centerfielder Cole Anderson $tripped\ on\ the\ warning\ track.$

The Cougars next head south for a three-game series starting Thursday at New Mexico.

The Utah Valley Thunder play their first game of the season against Wyoming Calvary in the McKay Events Center on Monday.

Utah Valley Thunder fall in season opener

By BRANDON GARRETT

Football fans in Utah Valley no longer must suffer through the pains of withdrawal during the offseason of college football and the NFL.

The Utah Valley Thunder, an indoor football team that plays its games at UVU's McKay Events Center, began their first year in the American Indoor Football Association with a loss against the Wyoming Calvary on Monday 62-34.

Some of the Thunder players are former BYU athletes, including Dustin Rykert, Sete Aulai and Jeff Johnson. The team has five former BYU players, two from Utah State, and one from the University of Utah.

"It's really different," Rykert said. "I've played a bit of arena football since I left the NFL. It's a lot smaller - more compact and a lot faster. It's a very quick

The rules are a little different

The announcer continually reminded the crowd they could keep the balls that were thrown into the stands.

The rules are not only an adjustment for the fans but for the players as well. After a TD by UVT's Akamu Aki, he threw the ball into the stands in celebration without knowing it was against the rules.

"The game is different," Aki said. "It's very fast - a lot faster."

The Thunder started out having a good night, keeping the Wyoming Cavalry at bay for the first quarter. At the end of the first quarter the score was 13-8.

The Cavalry charged into the second quarter, outscoring UVT by 22 points in a single quarter. This could be blamed on the penalties by the Thunder. They had 10 penalties that accounted for 58 yards in the first half. In indoor football that is more than the length of the football field (50 vards).

"Our inexperience showed tonight," head coach Chad DeGrenier said. "The good news is that it's a long season and we'll see these guys three more times this season. Our consistency needs to get a lot better."

The Cavalry didn't let up in the second half either, scoring on the first play of the second half to make the score 38-13.

Thunder QB Michael Affleck started a comeback in the third quarter, scoring a TD on a scram-

Utah Valley's Duane Paul intercepted a pass by Wyoming QB James Jones that he returned 36 yards to the Wyoming 13 yard line. They quickly punched the ball into the end zone again to make the score 38-27.

Former BYU player Chris Bolden took the defense into his own hands when he registered a sack and then an interception on the next drive, giving the Thunder the ball on the 15-yard line.

The Cavalry started the fourth quarter with the ball after a squib kick by the Thunder on the 12-yard line. They answered on the second play of the drive with a touchdown by Wyoming's BJ

UVT's Duane Paul fielded an excellent return to start his team on the 20-yard line. This set up the Thunder on the Wyoming one-yard line but they were stuffed for no conversion.

The Cavalry got the offensive gears pumping and ended their drive with a 41 yard pass to WR AJ Street to make the score 54-

The Thunder's comeback was again stifled by an interception by Wyoming's Robert Cook. The Cavalry responded with another touchdown by James Jones with 2:18 left to play. With the score at 62-34 Wyoming put the game out of reach for the Thunder.

"I hope people come back," De-Grenier said. "We have another game on March 30 and we're going to get a victory.

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March Madness NCAA TOURNEY AT A GLANCE

PLAY-IN GAME Morehead State 58, Alabama State 43

EAST REGIONAL First Round Thursday, March 19

Texas 76, Minnesota 62 Duke 86, Binghamton 62 Villanova 80, American 67 UCLA 65, Virginia Commonwealth 64

Friday, March 20 Xavier 77, Portland State 59 Wisconsin 61, Florida State 59, OT Oklahoma State 77, Tennessee 75

Pittsburgh 72, ETSU 62

Second Round Saturday, March 21

Villanova 89, UCLA 69 Duke 74, Texas 69

Sunday, March 22

Xavier 60. Wisconsin 49 Pittsburgh 84, Oklahoma State 76

REGIONAL SEMIFINALS Thursday, March 26

Pittsburgh (30-4) vs. Xavier (27-7), 5:27 p.m. Duke (30-6) vs. Villanova (28-7), after conclusion of

REGIONAL CHAMPIONSHIP Saturday, March 28 Semifinal winners

> SOUTH REGIONAL Thursday, March 19

ISU 75 Butler 71 North Carolina 101, Radford 58 Michigan 62, Clemson 59 Oklahoma 82, Morgan State 54 Gonzaga 77, Akron 64 Western Kentucky 76, Illinois 72

Syracuse 59, Stephen F. Austin 44 Arizona State 66, Temple 57

North Carolina 84, LSU 70 Oklahoma 73, Michigan 63

Gonzaga 83, Western Kentucky 81 Sunday, March 22 Syracuse 78, Arizona State 67

REGIONAL SEMIFINALS Friday, March 27 Oklahoma (29-5) vs. Syracuse (28-9), 5:27 p.m.

North Carolina (30-4) vs. Gonzaga (28-5), after conclusion of first game REGIONAL CHAMPIONSHIP

Sunday, March 29 Semifinal winners

> MIDWEST REGIONAL First Round Friday, March 20

Louisville 74 Morehead St Cleveland State 84, Wake Forest 69 Kansas 84, North Dakota State 74 Dayton 68, West Virginia 60 Southern California 72, Boston College 55

Second Round Sunday, March 22 Arizona 71. Cleveland State 57

Louisville 79, Siena 72 Kansas 60, Dayton 43 Michigan State 74, Southern California 69 REGIONAL SEMIFINALS

Friday, March 27 Louisville (30-5) vs. Arizona (21-13), 5:07 p.m. Michigan State (28-6) vs. Kansas (27-7), after conclusion of first game

REGIONAL CHAMPIONSHIP

WEST REGIONAL

Thursday, March 19 Memphis 81, Cal State Northridge 70 Texas A&M 79, BYU 66 Connecticut 103, Chattanooga 47 Purdue 61 Northern Iowa 56

Friday, March 20 Marguette 58, Utah State 57 Missouri 78, Cornell 59

Memphis 89, Maryland 70 Connecticut 92, Texas A&M 66 Purdue 76. Washington 74

Sunday, March 22

REGIONAL SEMIEINALS

Thursday, March 26 Connecticut (29-4) vs. Purdue (27-9), 5:07 p.m

Missouri (30-6) vs. Memphis (33-3), after conclusion of

REGIONAL CHAMPIONSHIP Saturday, March 28 Semifinal winners

FINAL FOUR National Semifinal Saturday, April 4 East champion vs. South champior

Midwest champion vs. West champion NATIONAL CHAMPIONSHIP Monday, April 6

Semifinal winners

NCAA TOURNAMENT **INDIVIDUAL LEADERS**

ASSISTS

PPG 37.0 32.0

8.0 8.0

100.0 87.5 85.7 85.7

17.0 16.0

BPG

5.0 4.5 4.0 4.0 4.0

5.0 **4.0** 4.0 4.0

Florida Atlanta

1. B. Woodside, NDSU 2. S. Collins, KAN 3. B. Griffin, OK

1. A. Anderson, MFMP 4. E. Turner, OHST 5. C. Jackson, CLEV

FIELD GOAL %

1. T. Gibson, USC 2. D. Green, MIST 3. R. Fuller, BING 4. A. Onuaku, CUSE

5. N. Hartsock, BYU 1. G. Suton, MIST 2. K. Faried, MORE 3. P. Harris, CUSE 4. J. Brockman, WASH

BLOCKS 1. R. Jackson, CUSF

4. L. Sanders, VCl 5. J. Varnado, MSS1 STEALS 1. A. McGee LOU 2. J. Fredette BYU

4. D. Jackson XAV

NBA Standings

EASTERN CONFERENCE

ATLANTIC D	OIVISIO	N	
W	L	Pct	GB
54	18	.750	_
36	33	.522	161/2
30	40	.429	23
28	42	.400	25
25	45	.357	28
SOUTHEAST	DIVISIO	ON	
W	L	Pct	GB
52	18	.743	_
42	29	.592	101/2
38	32	.543	14
31	39	.443	21
16	56	.222	37
CENTRAL D	IVISIO	V	
W	L	Pct	GB
57	13	.814	_
34	35	.493	221/2
33	38	.465	241/2
31	40	.437	261/2
	W 54 366 300 28 25 SOUTHEAST W 52 42 42 38 31 16 CENTRAL E 57 34	W L 54 18 36 33 30 40 28 42 25 45 SOUTHEAST DIVISION W L 52 18 42 29 38 32 31 39 16 56 CENTRAL DIVISION W L 57 13 34 35 33 33	54

WESTE	RN CO	NFER	L Pct G 25 .653 — 24 .652 25 .638 11, 25 .638 12, 25 .638 12, 27 .620 26 .634 — 26 .634 — 26 .623 27 .620 28 .286 24, 51 .282 2 10N L Pct G 11 .282 2 10N L Pct G 11 .797	
SOL	THWEST D	IVISIO	N	
Houston San Antonio New Orleans Dallas Memphis	W 47 45 44 42 17	25 24 25 28	.653 .652 .638 .600	11
NOF	RTHWEST	ivisio	N	
Denver Utah Portland Oklahoma City Minnesota	W 45 43 44 20 20	L 26 26 27 50	Pct .634 .623 .620 .286	241
P.	ACIFIC DIV			
x-L.A. Lakers Phoenix Golden State L.A. Clippers	W 55 39 25 17	14	.797	-

x-clinched division

Wednesday's Games:

Miami at Indiana, 5 p.m Milwaukee at Toronto, 5 p.m.

San Antonio at Atlanta, 5 p.m.
Charlotte at Washington, 5 p.m.
New Jersey at Cleveland, 5 p.m.
Minnesota at Philadelphia, 5 p.m. L.A. Clippers at New York, 5:30 p.m Boston at Orlando, 6 p.m. Denver at New Orleans, 6 p.m. Golden State at Dallas, 6:30 p.m. Utah at Phoenix, 8:30 p.m.

Thursday's Games:

L.A. Lakers at Detroit, 5:30 p.m.

NBA Individual Leaders

POINTS

layer	rru
. Ďwyane Wade, MIA	29.9
. LeBron James, CLE	28.6
I. Kobe Bryant, LAL	27.7
l. Kevin Durant, OKC	26.0
i. Dirk Nowitzki, DAL	25.5
ASSISTS	
layer	APG
. Ćhris Paul, NO	10.9
. Deron Williams, UTA	10.5
I. Steve Nash, PHO	9.6

1. Chris Paul, NO 2. Deron Williams, UTA 3. Steve Nash, PHO Jose Calderon, TOR

FIELD GOAL %

Player

1. Shaquille O'Neal, PHO

2. Nene Hilario, DEN 3. Dwight Howard, ORL 4. Andris Biedrins, GS

REBOUNDS 1. Dwight Howard, ORL 2. David Lee, NY 3. Troy Murphy, IND 4. Tim Duncan, SA 5. Emeka Okafor, CHA

BLOCKS

 Dwight Howard, ORL
 Chris Andersen, DEN
 Marcus Camby, LAC 2.99 2.33 2.25 2.19 2.05 5. Jermaine O'Neal, MIA/TOR

STEALS

1. Chris Paul, NO 2. Dwyane Wade, MIA 3. Jason Kidd, DAL 4. Rajon Rondo, BOS 5. Mario Chalmers, MIA

NHL Standings

EAS	STER	RN C	ONF	ERE	NCE					
	ATLANTIC DIVISION									
	W	L	OT	Pts	GF	GA				
New Jersey	47	23	3	97	225	181				
Philadelphia	40	22	10	90	233	206				
Pittsburgh	39	27	8	86	233	222				
N.Y. Rangers	38	27	8	84	187	198				
N.Y. Islanders	24	40	8	56	182	234				
	NOR	THEA	ST DIV	ISION						
	W	L	OT	Pts	GF	GA				
x-Boston	46	17	10	102	243	171				
Montreal	36	27	9	81	214	220				
Buffalo	34	30	8	76	212	208				
Ottawa	32	30	10	74	193	207				
Toronto	30	30	13	73	219	257				
	SOU	THEA	ST DIV	ISION						
	W	L	OT	Pts	GF	GA				
Washington	45	23	6	96	238	216				
Carolina	40	28	7	87	216	212				

WESTERN CONFERENCE CENTRAL DIVISION

27 37 33

35 30

200 223 189

206 249 240

81 66 62

y-Detroit Chicago Columbus Nashville St. Louis	W 48 38 38 35 33	16 22 28 30 30	OT 9 11 6 7 9	Pts 105 87 82 77 75	GF 273 233 201 184 199	GA 217 191 200 199 212
	NOR	THWE	ST DIV	ISION	i	
	W		OT	Pts	GF	GA
Calgary	42	24	6	90	238	221
Vancouver	38	24	9	85	214	196
Edmonton	35	28	9	79	207	219
Minnesota	34	30	8	76	183	178
Colorado	31	40	2	64	189	232
	PA	CIFIC	DIVIS	ION		
	W	L	OT	Pts	GF	GA
x-San Jose	48	14	10	106	233	176
Anaheim	35	31	6	76	203	208
Dallas	33	31	8	74	204	222
Los Angeles	30	32	10	70	187	213
Phoenix	30	36	7	67	181	225

Two points for a win, one point for overtime loss or

Wednesday's Games:

Florida at Buffalo, 4 p.m Ottawa at Carolina, 5 p.m. Minnesota at N.Y. Islanders, 5 p.m. Calgary at Pittsburgh, 5:30 p.m. San Jose at Chicago, 6:30 p.m. Anaheim at Colorado, 7 p.m

N.Y. Rangers at Atlanta, 5 p.m. Calgary at Columbus, 5 p.m. Florida at Philadelphia, 5 p.m. Tampa Bay at Montreal, 5:30 p.m. San Jose at Nashville, 6 p.m. Vancouver at St. Louis, 6:30 p.m. Los Angeles at Dallas, 6:30 p.m

NHL Individual Leaders

POINTS

riayei
 Évgeni Malkin, PIT
Sidney Crosby, PIT
3. Alex Ovechkin, WAS
4. Pavel Datsyuk, DET
5. Zach Parise, NJ

GOALS

1. Alex Ovechkin, WAS 2. Zach Parise, NJ 3. Jeff Carter, PHI 4. Ilya Kovalchuk, ATL 5. Patrick Marleau, SJ

PLUS/MINUS Travis Zajac, NJ
 Blake Wheeler, BOS
 David Krejci, BOS 4. Pavel Datsyuk, DET 5. Dennis Wideman, BOS

8.6 8.5

GOALS AGAINST AVG.	
Player	GAA
1. Ťim Thomas, BOS	2.11
2. Steve Mason, CLS	2.23
3. Pekka Rinne, NSH	2.26
4. Jonas Hiller, ANH	2.30
5. Niklas Backstrom, MIN	2.37

SAVE PERCENTAGE

. Tim Thomas, BOS Tomas Vokoun, FLA
 Craig Anderson, FLA
 Pekka Rinne, NSH

5. Niklas Backstrom, MIN

.931 .926 .923 .922 .921

Player 1. Miikka Kiprusoff, CGY WINS Evgeni Nabokov, SJ
 Cam Ward, CAR 5. Marty Turco, DAL

Women's NCAA **Tournament**

TRENTON REGIONAL

California 70, Fresno State 47 Virginia 68, Marist 61
Arizona State 58, Georgia 47
Florida State 58, North Carolina A&T 71 Connecticut 104, Vermont 65 Florida 70, Temple 57 Texas A&M 80. Fvansville 45

SECOND ROUND Arizona State 63, Florida State 58

California 99, Virginia 73 Connecticut (34-0) vs. Florida (24-7), Tues. March 24, 5 p.m. Texas A&M (26-7) vs. Minnesota (20-11), Tues. March

REGIONAL SEMIFINALS Connecticut-Florida winner vs. California (27-6) Arizona State (25-8) vs. Texas A&M-Minnesota winner

REGIONAL CHAMPIONSHIP Tuesday, March 3

BERKELEY REGIONAL

FIRST ROUND

Mississippi State 71, Texas 63 Ohio State 77, Sacred Heart 63 San Diego State 76, DePaul 70 Stanford 74, UC Santa Barbara 39 Duke 83, Austin Peay 42 wa State 85. FTSU 53

SECOND ROUND Ohio State 64, Mississippi State 58 Ohio State 64, Mississippi State 58 Stanford 77, San Diego State 49 Tuesday, March 24 At Jack Breslin Student Events Center East Lansing, Mich. Michigan State (21-10) vs. Duke (27-5), Tues. March 24, Iowa State (25-8) vs. Ball State (26-8), Tues. March 24,

REGIONAL SEMIFINALS Michigan State-Duke winner vs. Iowa State-Ball State

Ohio State (29-5) vs. Stanford (31-4)

REGIONAL CHAMPIONSHIP Monday, March 30

RALEIGH REGIONAL

Vanderbilt 73, Western Carolina 44

Kansas State 68, Drexel 44 Utah 60. Villanova 30 Maryland 82, Dartmouth 53 LSU 69, Wisconsin-Green Bay 59 Louist Bleast Ciberty 42 South Dakota State 90, TCU 55 Baylor 87, UTSA 82, OT

SECOND ROUND

Vanderbilt 74, Kansas State 61 Utah (23-9) vs. Maryland (29-4), Tues. March 24, 5 p.m. LSU (19-10) vs. Louisville (30-4), Tues. March 24, 7:30 p.m South Dakota State (32-2) vs. Baylor (28-5),

REGIONAL SEMIFINALS Vanderbilt (26-8) vs. Utah-Maryland winn

LSU-Louisville winner vs. South Dakota State-Baylor

REGIONAL CHAMPIONSHIP Monday, March 30

OKLAHOMA CITY REGIONAL

Pittsburgh 64, Montana 35 Gonzaga 74, Xavier 59 North Carolina 85, UCF 80 Rutgers 57, Virginia Commonwealth 51 Oklahoma 76, Prairie View 47

Georgia Tech 76, Iowa 62

Purdue 85, North Carolina 70 Rutgers 80, Auburn 52 Pittsburgh 65, Gonzaga 60 Oklahoma (29-4) vs. Georgia Tech (22-9), Tues. March

REGIONAL SEMIFINALS Pittsburgh (25-7) vs. Oklahoma-Georgia Tech winner, TBA Purdue (24-10) vs. Rutgers (21-12), TBA

REGIONAL CHAMPIONSHIP Tuesday, March 31

FINAL FOUR

Trenton champion vs. Berkeley champion Raleigh champion vs. Oklahoma City champior

NATIONAL CHAMPIONSHIP

BYU SPORTS BRIEFS

Affleck, Gonzales named MWC softball player and pitcher of week

COLORADO SPRINGS, Colo. - BYU senior outfielder Monica Gonzales and sophomore righthander Paige Affleck have been named Mountain West Conference Softball Player and Pitcher of the Week, respectively.



Paige Affleck BYU pitcher

Gonzales, a native of Westlake Village, Calif., led the Cougars to a 3-1 finish at the Capitol Classic in Sacramento, Calif. She finished the tournament batting .700 with three RBI, three runs scored and two stolen bases. The left-handed slapper, who usually swings to reach base, also hit an RBI double against Sacramento State to open play for the Cougars. Gonzales went 2-for-3 with a pair of singles in BYU's 4-0 victory over then-No. 10/7 California. She scored a run in the fifth inning to give her squad a 3-0 lead. In the five-inning, 8-0 win over

Dartmouth, the senior batted 2-for-2 with a pair of RBI. While going 7-for-10 over four games, she raised her batting

average from .282 to .330. Gonzales also has yielded a perfect fielding percentage in centerfield this season.

Affleck, who hails from New Harmony, Utah, threw a complete-game shutout over No. 10/7 California at the Capital Classic. The righthander allowed only five hits against the Golden Bears, striking out seven batters while walking only three. The win over Cal marked Affleck's second victory this season against a top-25 opponent. In three total appearances at the tournament. she threw a combined 13.2 innings without giving up a run, and allowed eight hits with

Monica **Gonzales** BYU outfielder

17 strikeouts. The three scoreless appearances helped Affleck reduce her ERA from 1.76 to 1.56, all in games played on a 33-game road trip that opened the 2009 season.

Cummard to play in Portsmouth Invitational Tournament

BYU senior Lee Cummard has accepted an invitation to play in the Portsmouth Invitational Tournament, the nation's oldest amateur basketball tournament and the only postseason camp for the top seniors in the NCAA that showcases future professional players. The 2009 tournament will be held

April 8-11 in Portsmouth, Va. "I'm excited to start taking the next steps in my basketball career," Cummard said. "This will be a great chance to get my name out there and show people what I can do."

Cummard, a 6-7 guard, led the Cougars in scoring (16.8), blocked shots (30), free throw percentage (.871) and threepoint percentage (.387) and was second on the team in field goal percentage (.517), assists (3.4) and rebounding (6.2) in 2008-09. He also ranked in the top-10 in eight statistical catego-

ries in the Mountain West Conference. In 2008-09 Cummard led BYU to its third-straight MWC regular season title and a third-straight NCAA tournament appearance. He was named first-team all-MWC and all-district by the NABC and USBWA. BYU finished 25-8 overall and

12-4 in league play. As a junior Cummard was named the MWC Co-Player of the Year and earned AP Honorable Mention All-America and NABC and USBWA all-district honors. He was also named to the MWC All-Tournament Team. In 2007-08 Cummard led the Cougars in scoring, field-goal percentage, three-point percentage and blocked shots. He helped BYU to a second-consecutive conference title and a bid to the NCAA tournament with a 27-8 overall record and 14-2 mark in league play.

As a sophomore Cummard earned All-MWC Third Team honors while helping the Cougars win the MWC regular season title and earn a bid to the NCAA Tournament. BYU finished 25-9 overall and 13-3 in league play that season.

Cummard ends his collegiate eligibility ranked ninth in career scoring at BYU with 1,569 points and first in games played and consecutive games played. He is also sixth in career steals, third in made threes and second in free throw percentage.

This marks the 57th year the P.I.T. has invited 64 of the best college basketball seniors to participate in a four-day, 12 game tournament in front of representatives from every NBA team and numerous foreign franchises. Over the years the P.I.T. has showcased five of the 50 greatest players in NBA history - Rick Barry, Earl "The Pearl" Monroe, Dave Cowens, John Stockton and Scottie Pippen — and many others who have gone on to play in the NBA.

-BYU Athletic Communications



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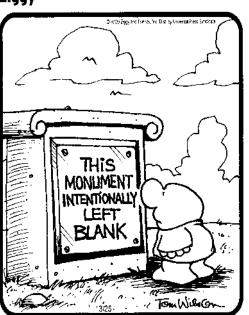
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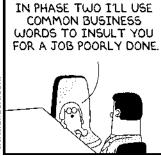
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Head Start relieves low-income families

By KARI MERRILL

Quality childcare has never been cheaper thanks to Mountainland Head Start, a non-profit organization offering free preschool to lowincome families.

The Mountainland Head Start program has been serving local low-income families for nearly 40 years and is funded by the federal government.

The program provides services that include a preschool program for children ages three and four, medical and dental examinations for each child, parent training in child development, a developmental screening and assessment of each child, social service assistance and leadership opportunities for parents.

Linda Schofield, a representative of the program, said eligibility is determined mainly by age and income, on a case-by-case basis, but a number of other criteria may come into play.

The curriculum for the Mountainland Head Start program is comprehensive and designed to cover everything developmentally appropriate for 3- and 4-year-olds, including fine and gross motor skills, language development and self-help skills.

"It's such an excellent opportunity," said Melody Pedersen, executive coordinator of child development for the program. "Families that are struggling financially are still able to provide their children with the opportunity to take part in a classroom environment that will prepare them for kindergarten."

Pedersen said a big part of the Head Start program is getting parents involved with their children, in everything from healthcare to classroom needs.

"We really involve the parents and give them the chance to serve on different committees. It's really a community approach to the whole education process," Pedersen

Mountainland Head Start serves 817 children each year and offers opportunities to families of children with disabilities as well as those for whom English is a second language.

There are 30 head teachers, 30 assistant teachers and 30 teaching aides at the Mountainland facilities, with three paid teachers per classroom.

Staff members chart the sequential growth of each student and adjust the curriculum to better further child development.

"The classrooms are extremely environmentally friendly to the children," Pedersen said. "It gets them ready academically for kindergarten and gives them a good first impression of school."

Mountainland has 11 sites across three counties and five school districts, from Heber to Nephi, with one site in Provo and two sites in Orem.

For more information on applying to the Mountainland Head Start program or to receive an application, call 801-375-7981 or stop by their office at 264 W. 300 North in Provo.

news.karijm@gmail.com

The Habitat for Humanity raises funds with comedy

By SPENCER FLANAGAN

Habitat for Humanity makes the world a better place one house at a time. Friday night, however, it will be one laugh at

Friday night at 8:30 the BYU chapter of Habitat for Humanity will host a benefit event featuring Comedy Sportz at the Tahitian Noni Auditorium at 5151 N. 300 West in Provo, near the shops at Riverwoods.

"APX Alarms is sponsoring [the event] so now every penny we make will go toward Habitat for Humanity in Utah County,' said Jonathan Viray, president of the BYU chapter of Habitat for Humanity. "The money will

be going to build homes for families in certain income brackets, on the lower end."

Comedy Sportz will perform and six lift tickets to Powder Mountain Ski Resort will be raffled off during the night. Tickets to the event can be purchased for \$8 online at habitat-

uc.org or at the door. Habitat for Humanity is a non-profit organization whose main goal is "[to] build and renovate homes for families in need in our community," said Kena Mathews, executive director of Habitat for Humanity of Utah County. "Our goal is to eliminate substandard housing and homelessness in our county."

spencer.flanagan@gmail.com

60 laptops stolen from local school

By MATTHEW DEIGHTON

Provo's Amelia Earhart Elementary School reported the theft of approximately 60 laptops Monday morning.

The laptops were taken sometime between late Sunday night and early Monday morning.

"A teacher verified the laptops were still in the school late [Sunday] night," said Captain Cliff Argyle, public information officer of the Provo City Police Department. "We got the phone call reporting the robbery early [Monday] morn-

Police are still unsure of who was involved in the robbery or how the burglar gained entry into the building. Argyle said it was possible the robber had propped the door open earlier that day or hid out inside the school until the facility was

"Some of the doors in the building showed damage from the forced entry," Argyle said.

The police are still unsure of what was used to pry the doors

"They broke in, did a lot of damage, stole stuff and then disappeared," said Greg Hadnall, the director of student services and spokesman for the school district. "They took about 60 laptops, 9 or 10 computers, and caused about \$20,000 worth of damages."

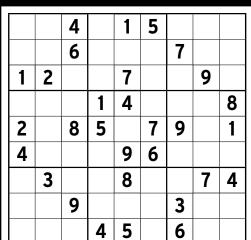
The computers came from several different classrooms around Amelia Earhart Elementary School. Sunset Elementary School was also broken into earlier this year, with several computers and sewing machines being stolen.

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Sudoku



Puzzle 1: Easy

5	7						8	2
1				5				3
		6	2		8	9		
		3		2		8		
	2		9		6		3	
		7		1		4		
		4	5		7	3		
7				9				8
9	3						7	4

	3	9		7	5	
7		6	5	3		4
3	5		6		4	1
	9	5		2	7	
6	1		3		8	9
5		1	2	6		3
	6	4		5	1	

Puzzle 2: Moderate

8 7 4 1 9 3 6 2 5 9 6 1 2 5 4 3 8 7

5 3 2 6 8 7 9 4 1 2 9 8 7 3 6 1 5 4

3 4 7 8 1 5 2 9 6

3	2	5	4	6	9	1	8	7		2	1	4	3	8	5	9	7	6			
6	7	8	2	3	1	9	5	4		5	6	7	9	2	1	4	3	8			
9	4	1	7	8	5	2	6	3		3	8	9	7	4	6	5	1	2			
2	8	6	5	9	7	3	4	1		7	4	1	5	6	8	3	2	9			
4	9	3	8	1	6	5	7	2		6	9	5	1	3	2	8	4	7			
5	1	7	3	2	4	6	9	8		8	2	3	4	7	9	6	5	1			
7	3	2	6	5	8	4	1	9		9	3	8	2	1	4	7	6	5			
8	5	9	1	4	3	7	2	6		1	7	6	8	5	3	2	9	4			
1	6	4	9	7	2	8	3	5		4	5	2	6	9	7	1	8	3			
Puzz	le 1: E	asy					Puzzle 2: Moderate														
7	8	9	3	4	1	5	6	2		Solutions to											
1	2	3	5	6	8	4	7	9		Tuesday's											
4	5	6	9	7	2	8	1	3		Tuesday's Puzzles											
		_	-	_	_	_	_	_	P1177165												

Solutions to Tuesday's **Puzzles**

6 | 1 | 5 | 4 | 2 | 9 | 7 | 3 | 8 Wednesday, March 25, 2009

The New Hork Times

28 Corporate action

that increases

33 Wordsmith's ref.

34 Sari-clad royal

36 Dickensian cry

a way

38 Right hand

44 Grazed, e.g.

45 One of the

brothers

37 Makes fun of, in

its stock

31 "And I

the par value of

Across

1 Hits with bug spray

5 Jaguar, e.g. 8 With 61-Across,

for this puzzle 13 It may be bright 14 Ex-politico with a 35 Fencing move Nobel and an

Emmv 15 The Beatles produced it

16 New 39 Monk's title entrepreneur's need 40 Like gnats 17 Cadets' org. 41 Bone, for one

18 English county on the North Sea 19 Home of the

Sundance Film 46 Noted convert to Festival

Islam in 1964 22 Dipstick coating 47 Semi part 23 King, in Portugal

50 1999 Melissa 24 Debussy subject

ANSWER TO PREVIOUS PUZZLE | R | | | C | H | E | A | R | T | H | T | O | N | E | AARP T H E A R T O F W A R H A N D S O A P T O R M E U G L I W S T O N E R A V E R O A S T W R E V A M P E D

Edited by Will Shortz

56 Poverty, pollution and such 57 Have ___ to one's head 58 Closet filler 59 Look out for?

53 Parting word

60 "Quo Vadis" role 61 See 8-Across 62 Mosquito protection

63 Mushroomed Down

1 Nada 2 First name in 1950s politics onion

4 Brought to ruin

5 Bug-building

6 Pseudo-cultured 7 Shawnee chief at the Battle of

Tippecanoe 8 Artists' boo-boos 9 Beanery fare

10 Favored bunch

11 "For shame!" 12 Cigarettes have

14 Show sorrow

20 Minos's land 21 Ticked (off) 25 Word of woe 26 Awfully small "Miss"

Physician/synon ymist

No. 0218

31 Library sign

32 Excessive, as

35 Clark's crush on

36 From Sucre, say

37 Battlefield shout

39 "The Persistence

of Memory'

painter

"Smallville"

force

40 Most likely to

42 Off-season offerings

soliloquist

47 Hoops player

52 Summoned, in a

53 Subj. with

50 Animal on XING

51 Hamburg's river

48 Like a clear sky 54 Go kaput 49 At this point 55 " _ pig's eye!"

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Conference leaves soon-to-be nursing grads optimistic about jobs

By MARY COLEMAN

In an unstable economy, many careers are hit hard. Students within nursing have the same concerns as many other students — finding a job and the future of their line of work.

At BYU's College of Nursing annual professionalism conference, these concerns were addressed, and students were assured that they are still very much needed and that nursing is still flourishing.

Jim Kohl, assistant teaching professor and member of the Student Affairs Board, said that he doesn't think the students understand the potential power they have.

"If they channel that power and energy, they can take healthcare to the next highest level," he said.

With graduation approaching, Teresa Hatch, a senior from Sandy, felt more prepared following the conference.

"[The ideas] were optimistic

but realistic," she said.

The conference, held Monday, had nursing professionals in the community address the college's 400 students on various aspects of nursing. Several organizations had booths for students to learn and network.

"We would like the students to see nursing as a profession and feel part of the profession," said Lora Jean Campbell, assistant nursing professor and member of the Student Advisory Board.

Nancy Nowak, chief nursing officer for Intermountain

Healthcare, was the conference's keynote speaker.

Nowak addressed the issues in the world and how they affect nursing, such as costs, technology, patient safety, employment options and the nursing shortage. She said that leadership is the only way to make it through the chaos that occurs in the profession

"You have to believe that you have enough and that you are enough ... to make change in the world." she said.

Concerning the nursing short-

age, Nowak said the number of nurses needed has not changed. People believe there is a shortage because some hospitals are not as busy and nurses are deciding to work past the expected retirement age, she said.

Nowak gave several suggestions to nurses entering the field.

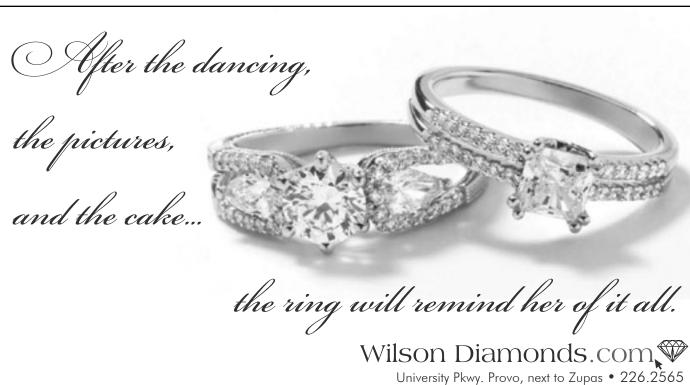
When applying for jobs, students should consider and apply for positions that were never on their priority lists because they will give valuable experience, she said.

"Don't count out anything because there are options galore," she said. Nowak stressed the importance of sticking to personal values and becoming involved in the community.

"They need to know the nursing story from the heart of nursing," she said.

Following Nowak's remarks, students attended three of 10 available breakout sessions. Topics included traveling nursing, oncology, pediatrics, integrative healing and midwifery.

"I loved them all," said Tami Weiss, a senior from Vancouver, Wash. "I learned a lot of the different options that you could go into [with nursing]."





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Wymount Store Hours

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Annual biathlon boasts varying levels of skill

By JUSTIN RITTER

Students with a passion for running and swimming will have a chance to test their skills in the annual Splash and Dash biathlon Saturday, hosted by the Campus Life Events Management Team.

Ron Jones, a campus involvement coordinator with Campus Life, said the biathlon is easy enough even beginners can participate.

"We try to make it fun for students," he said. More experienced athletes also participate in the biathlon, using it to train for other races, Jones said.

Brian Casaday, a first-year masters student from Sandy, studying mechanical engineering, ran in the team race last year and plans on participating again this year.

"It was fun," he said. "It's a way to keep me training for something. It's something I like to do."

The beginner course has a quarter-mile swim and a 3K race, while the standard course consists of a half-mile swim and a 5K race. The elite division swims one mile and runs 10K. The team race consists of a one-mile swim and a 10K race and is limited to two athletes per team.

The beginner race is \$10, and the standard race is \$12. The elite race is \$15 and the team race is \$20. Registration and payment can be done at the Splash and Dash information desk in the Wilkinson Student Center by Friday at 5 p.m.

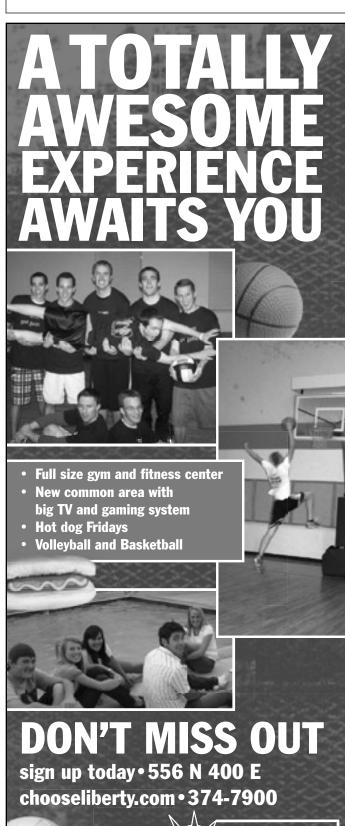
Athletes must be 12 or older. All participants will receive a t-shirt. Winners will receive gift certificates to Sports Authority.

The event will begin in the Richards Building swimming pool, with check-ins starting at 8:30 a.m. and heats beginning at 9:30 a.m. Athletes choose their heats during registration.

[More online]

Entrepreneurs share rags-to-riches stories

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4

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