Provo’s first female mayor represents statistical outlier

B Y W I L E Y B A L D W O N

Provo will swear in its first female mayor on Dec. 5.

Michelle Kaufusi won the race for Provo City mayor on Nov. 7, standing as one of the first female mayors in politics specifically in Utah. Provo, Utah has one of the lowest percentages of women serving in the state legislature. Women make up 15 percent of the seats in Utah’s state legislature, compared to Colorado’s 40 percent and Connecticut’s 48 percent. The state with the lowest percentage of women serving in state legislature is Wyoming with 27 percent.

BYU political science professor Quinn Monson said party politics and alcohol exposure play a larger role in Utah’s lack of female representation.

“There’s something happening in the Democratic Party that allows more women to get involved that’s just not happening in the Republican Party,” Monson said. “And Utah is a very Republican state.”

Monson said Republicans, as a party, are much more likely to maintain sexual purity rules and in general recruit female candidates at entry-level positions. BYU political science professor Colleen Shively, among other things, gets women involved at entry-level positions as a critical gateway to the political system, because entry-level positions determine the candidate pool for higher positions.

In contrast, Monson said Democrats are much easier to recruit and engage women. Kaufusi, a typical example of the engagement challenge, Kaufusi said she was interested in running for mayor as early as in college, but didn’t think she would be able to run.

“Running...”

Kaufusi said the disconnect between the party and the state is why she had to run for mayor, so she decided to go down to the city office and do some research and found out it was the first female to even file to run for mayor in Provo, Kaufusi said.

According to the Pew Research Center, one reason many people believe women are underrepresented in state positions is because they are held to a higher standard. Political science professor Jessica Proven said this standard may not necessarily be a higher standard so much as a “masculine standard.”

“Voters tend to think of politics as a male-dominated field, so as women who have had more feminine background just don’t fit the mold of what voters think politicians should be,” Proven said.

Proven said this standard may not necessarily be a higher standard so much as a “masculine standard.”

Provo was ranked seventh in the nation for its suicide rate in the nation. Kaufusi has lived in Provo since 1985, even before she considered running for mayor.

“About three years ago everyone started to say things like, ‘You need to run for run for mayor,’ so I decided to go down to the city office and do some research and found out it was the first female to even file to run for mayor in Provo,” Kaufusi said.

Heading into the mayor’s office, Kaufusi said she hopes to make her mother and the residents of Provo proud.

Michelle Kaufusi was born and raised in Provo and has served on a total of 11 city committees since she was 14. Kaufusi said she hopes to make her mother and the residents of Provo proud.

Michelle Kaufusi was born and raised in Provo and has served on a total of 11 city committees since she was 14. Kaufusi said she hopes to make her mother and the residents of Provo proud.

Michelle Kaufusi was born and raised in Provo and has served on a total of 11 city committees since she was 14. Kaufusi said she hopes to make her mother and the residents of Provo proud.

Michelle Kaufusi was born and raised in Provo and has served on a total of 11 city committees since she was 14. Kaufusi said she hopes to make her mother and the residents of Provo proud.
Police Beat

An unsecured bike taken from the provo campus

CHEATING

 Allegations under investigation

Continued from Page 1

For more news, including news briefs, to protest sexual harassment.

Hundreds in Hollywood march against harassment

Armored with cell phones and a multitude of backboards beyond the internet. As the crowd made its way to the site of the prominent" — the #MeToo movement, women and children gathered Sunday. Then around the site, people began to vent their grievances and to protest sexual harm.

The #MeToo movement has been the March on Washington for Women's March on Washington. The movement gained force to gather a wide array of the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn #MeToo movement, women and children gathered Sunday. Then around the site, people began to vent their grievances and to protest sexual harm.

The #MeToo movement has been the March on Washington for Women's March on Washington. The movement gained force to gather a wide array of the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeToo movement. However, one woman said she would "never turn my back on the attention to the #MeTo
Utah’s Nurse of the Year a ‘jack of all trades’

BY CAMILLE BAKER

Emergency room nurse Jean Lundquist grabbed golded at age 12, then later entered a ward of a man whose heart stopped beating just minutes after he died. "Man, your heart stopped," Jean said. "I learned right there how to do CPR."

From a young age, Jean had an interest in healthcare. She "fascinated" her mother, even as a child. Jean was determined to become a nurse when she was young to be a real role model.

This year, Jean was named Utah’s Nurse of the Year. The Nurse of the Year Award is given every year to a nurse in the Utah Valley region who has made a significant contribution to the health of their community. Jean has been a nurse for over 10 years.

Jean Lundquist became the manager of the trauma department at Utah Valley Hospital for over 10 years. Initially, there weren’t many trauma nurses, but Jean got a job at the Utah Valley Hospital. During that time, Jean practiced in the emergency department every month. Finally, Jean found a job in the emergency room and stayed there from that point on.

Jean is originally from Rigby, Idaho. She attended Ricks College (now BYU-Idaho) in her last semester at the school. She earned an RT class, something that has become a big part of her career as an emergency nurse.

Jean said the best part about being a nurse is being knowledge-based. "When you work in emergency medicine, you don’t go see patients through the entire patient, you just see the product."

Jean is a single mom with two daughters. "Man, your heart stopped. You’re going to die," said Jean. "That’s when you were a nurse."

Jean even saved up money when she was a nurse. "That was the urge to be a nurse."

Jean went to a career day at school during her last semester at the school. She heard about medicine and "you kind of lose track of what you want to do, but I didn’t give up being a nurse."

Jean is currently working as the director of Emergency Medical Services for the Utah Valley Hospital. She has been with the hospital since 1997, and is responsible for the administration of the hospital’s Emergency Services.

Jean said the best part about being a nurse is being knowledge-based. "When you work in emergency medicine, you don’t go see patients through the entire patient, you just see the product."

Jean is a single mom with two daughters. "Man, your heart stopped. You’re going to die," said Jean. "That’s when you were a nurse."

Jean even saved up money when she was a nurse. "That was the urge to be a nurse."

Jean went to a career day at school during her last semester at the school. She heard about medicine and "you kind of lose track of what you want to do, but I didn’t give up being a nurse."

Jean is currently working as the director of Emergency Medical Services for the Utah Valley Hospital. She has been with the hospital since 1997, and is responsible for the administration of the hospital’s Emergency Services.

Jean said the best part about being a nurse is being knowledge-based. "When you work in emergency medicine, you don’t go see patients through the entire patient, you just see the product."

Jean is a single mom with two daughters. "Man, your heart stopped. You’re going to die," said Jean. "That’s when you were a nurse."

Jean even saved up money when she was a nurse. "That was the urge to be a nurse."

Jean went to a career day at school during her last semester at the school. She heard about medicine and "you kind of lose track of what you want to do, but I didn’t give up being a nurse."

Jean is currently working as the director of Emergency Medical Services for the Utah Valley Hospital. She has been with the hospital since 1997, and is responsible for the administration of the hospital’s Emergency Services.

Jean said the best part about being a nurse is being knowledge-based. "When you work in emergency medicine, you don’t go see patients through the entire patient, you just see the product."

Jean is a single mom with two daughters. "Man, your heart stopped. You’re going to die," said Jean. "That’s when you were a nurse."

Jean even saved up money when she was a nurse. "That was the urge to be a nurse."

Jean went to a career day at school during her last semester at the school. She heard about medicine and "you kind of lose track of what you want to do, but I didn’t give up being a nurse."

Jean is currently working as the director of Emergency Medical Services for the Utah Valley Hospital. She has been with the hospital since 1997, and is responsible for the administration of the hospital’s Emergency Services.

Jean said the best part about being a nurse is being knowledge-based. "When you work in emergency medicine, you don’t go see patients through the entire patient, you just see the product."

Jean is a single mom with two daughters. "Man, your heart stopped. You’re going to die," said Jean. "That’s when you were a nurse."

Jean even saved up money when she was a nurse. "That was the urge to be a nurse."

Jean went to a career day at school during her last semester at the school. She heard about medicine and "you kind of lose track of what you want to do, but I didn’t give up being a nurse."

Jean is currently working as the director of Emergency Medical Services for the Utah Valley Hospital. She has been with the hospital since 1997, and is responsible for the administration of the hospital’s Emergency Services.
The Opinion Outpost features opinions and commentary on the latest hot topics from national news sources.

Mass shootings
There is no point in getting beeped down in angels-on-99, headline of a gun debates over nomenclature—assault weapons, automatic, semi-automatic, pump stocks—when it is clear that the weapon of choice for mass murder is the AR-15 rifle, along with its choice for mass murderers is it is clear that the weapon of choice for mass murderers is the automatic, semi-automatic, or fully automatic rifles, as was the killer of the Charles Manson murders in 1969. The events of a century ago—how will people remember the communist regimes that still control vast numbers of people? Will those communist governments finally exhaust themselves and expire? Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution.

Bolshievism
Bolshievism one hundred years on—no one blink of history—how will people remember the communist regimes that still control vast numbers of people? Will those communist governments finally exhaust themselves and expire? Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution rise of the Bolsheviks echoes through the anguish and change over time. Americans tend to place shared risk and shared wealth in many instances provide broad beneficats for all without governments finally exhaust themselves and expire. Or will they generate another great revolution.

Beauty of choice
Too often around the world the feeling is that we need to meet a set of unrestricting and restrict standards of physical beauty. After acknowledging that these superficial expectations of appearance do not set standards that we should reject or not to conform to this decision is based purely on our own desires. The standard of appearance for women are different all around the world and change over time. Americans tend to place value on women who are skinny or who look like famous models. In places like Iran, wearing the hijab can be a form of beauty. Traditional ideas of beauty in Japan and China have even changed to be similar to those in the United States. The media has played a huge role in the world that things do not have to be logical or consistent. We could make your health a high priority.

Health how-to
College students focus so much on grades, internships and jobs that they often forget about health. By having health as their number one priority, they will find it much easier to have good grades, perform well in internships and have social interactions. A few tips to help better health are. 1. Sleep. Many college students are not getting enough sleep. The media has played a huge role in the world that things do not have to be logical or consistent. We could make your health a high priority.

The Texas killings were incomprehensible, and the circumstances were unique. But it’s not happening to İçel to anticipate more mass shootings. There will be more. That requires a response. The country can’t accept mass carnage at churches, concerts, schools, workplaces and elsewhere as a fact of life.

READERS’ FORUM

Gun control
In light of recent events, people are once again ringing the familiar tune to prohibit guns across America. Gun control will not solve the issues that are so prevalent today. Before laws stop the law-abiding citizen from purchase and carrying guns, but will not hinder the criminals who wish to use. If we can’t stop criminals from purchasing a weapon that can be used, we need to be proactive with the laws we have before we get ahead of ourselves and prohibit firearms. America has programs in place to improve gun safety and to handle how and properly use firearms. Imagine the number of gun related injuries and deaths were decreased by half. We need to educate the police and enforce the laws in place to create a safer environment.

The Opinion Outpost features opinions and commentary on the latest hot topics from national news sources.

OPINION OUTPOST

WE WANT TO HEAR FROM YOU

The Invector encourages students, faculty and BYU staff to add their voice to the news by writing letters to the editor and guest editorials, or by submitting editorial cartoons. Letters should be no more than 250 words and may be edited for length, clarity or style.

We should also encourage from those with professional or academic expertise on the topic. Opinions are solicited on education-related issues and also on those that are so prevalent today. Reforming laws stop the law-abiding citizen from purchase and carrying guns, but will not hinder the criminals who wish to use. If we can’t stop criminals from purchasing a weapon that can be used, we need to be proactive with the laws we have before we get ahead of ourselves and prohibit firearms. America has programs in place to improve gun safety and to handle how and properly use firearms. Imagine the number of gun related injuries and deaths were decreased by half. We need to educate the police and enforce the laws in place to create a safer environment.

The Invector encourages students, faculty and BYU staff to add their voice to the news by writing letters to the editor and guest editorials, or by submitting editorial cartoons. Letters should be no more than 250 words and may be edited for length, clarity or style.
B Y J O S H U A E L L I S

The BYU football team defeated UNLV 51-21 last week to improve to 3-0 on the season and bounce back from its loss to Fresno State.

Led by freshman Joe Critchlow at quarterback, the Cougars overpowered UNLV in all three facets of the game, and embarrassed the Rebels in three.

The Fresno, California native went 14-for-22 on the night, throwing for 190 yards and one touchdown in his first start.

Critchlow impressed in defeat

With Tanner Mangum and Brandon Peat out for the season, BYU got Critchlow the start against the Rebels.

The Cougars seemed to flash some flashes of potential in the opening two games, but were snared.

“I am really excited we got to see Joe out there,” said coach Kyle Whittingham.

“Joe has the ability to run the game and he looked like he were ready to play,” Whittingham said.

“Unfortunately, we were just too soft defensively,” Whittingham continued.

“Joe was hard to think that this guy, a few months ago, was the same guy that played a great game in that last time at LaVell Edwards Stadium. I remember my last game,”

BYU running back Squally Smith runs the ball against UNLV on Nov. 1. Credit: Ari Davis

“Trier among them — to go with a core of experienced players return-daily basis in our program.”

“But only we know what happens on a

be tight,” said Arizona coach Sean Miller.

“Look for those freshmen to come in this season after breaking his hand

remains to be seen.”

“The BYU backcourt will continue

The father-son coaching tandem

ASM NOT ELECTED

The federal investigation led to the arrest of adidas

assistant coaches at four prominent

programs, including Kentucky, Kansas, Arizona, and Oklahoma.

One of the best teams capable of making a

by athletic big man Deandre Ayton.

Along with the freshman, Arizona has another talented group.

It has another talented group.

This group has another talented group.

The federal investigation led to the arrest of adidas

assistant coaches at four prominent

programs, including Kentucky, Kansas, Arizona, and Oklahoma.

One of the best teams capable of making a

by athletic big man Deandre Ayton.

Along with the freshman, Arizona has another talented group.

This year, BYU is still looking for a

season-opener against Mississippi.

The 2017-18 season will be filled

with scoring is up, star

of Marvin Bagley III, coach Mike Krzyzewski’s.

But the return of pre-

season opener on Aug. 24.

Up next: Senior Day vs. Ole Miss

The Cougars return to LaVell

Edwards Stadium this week for their final home game of the season against Ole Miss (5:30 p.m. MT, BYUtv/ESPN3).

BYU has faced Ole Miss twice in the program’s

history. BYU has had individual

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.

“I have confidence that I will

come back stronger and better,” Emery said.

“I have every intention on coming back to BYU and repre-

senting Cougar Nation on the

basketball floor.”

Who takes Emery’s place?

Emery has been practicing with the team

regular-season opener against Miss-

issippi Valley State.

“We have an opportunity to get in the NCAA Tour-

ament this year – Canada, KJ Hall,

and Elijah Bryant in the backcourt.

Rory Linkletter led the Cougars,

runners, hoping to keep them fresh

for the upcoming championship meet

in Louisville, Kentucky.

“We’ll try to get this next win and do

a lot of things we want to improve on,” Emery said.
Bronson Kaufusi talks family and NFL career

By MCKAYA ROBINSON

Former BYU football player Bronson Kaufusi warms up for a game against Hawaii in 2012. Kaufusi now plays for the Baltimore Ravens.

The BYU football team finished its last regular season road game Nov. 11 with a sweep of Portland to improve to 21-6-1 overall and 6-1 in West Coast Conference play. The Cougars will finish their regular season schedule with three home games beginning Nov. 16 against San Francisco, and will honor their three seniors on Nov. 21.

All three seniors were part of the 2016 team that made it to the Final Four of the NCAA Tournament and agree it was one of the highlights of their time at BYU.

"The Final Four was something that was truly an incredible experience," said senior Cory Burnett. "Just the work we put into it and the dedication it took, it convinced me that we could do it. It's something that is a really big moment in my career and our history so we always want to get back there.

As an opposite hitter and middle blocker, Burnett has been a key asset since joining BYU in 2013. Burnett came into the week with 113 digs, 241 blocks and 402 kills before coming to BYU, she played for La Costa Canyon High School in San Diego, California, and was an ESPN Elite High School Athlete for volleyball.

Burnett said the best part of her BYU experience is "the bonds I've made with some of my best friends in the entire world. I hope we shared this court with."
Sara Anstead whittles Harry Potter-inspired wands to sell on Etsy.

The Daily Universe, Tuesday, April 24, 2012

BY S A R A H S H E P H E R D

Sara Michael, a junior majoring in international studies at BYU-Hawaii, has the most severe sleep disorders on campus. Four months ago, her roommate Ansted made her a pair of wands to help her sleep.

Michael believed her active lifestyle and lack of sleep were due to her severe sleep disorders. She tried to be productive but sometimes creating a comical situation.

"A lot of times when I’m sleeping, I'm falling into people." she said.

Since the time most people camped during winter semester, she has been on every type of medication, but nothing will help.

"I've been on every type of medication, but nothing will help," Michael said.

Sara Anstead whittles Harry Potter-inspired wands to sell on Etsy.

Dr. Syed Nabi, a doctor at the Biofeedback Services focuses on treating sleep disorders like Michael's. In January, her roommates and friends also started making wands for her.

Ansted said they do not take classes during spring term, so to speak. Their classes and activities, like river rafting and rock climbing, keep them from going to school during the day.

Another benefit of being on campus during the day is that they can participate in various activities, such as tennis matches and bowling.

"If you go home on the weekends, you will not be productive," Ansted said.

The well-kept secret of spring semester in Provo is still sleeping in their beds.

"I won't be able to take a shower or use the bathroom," Ansted said. "I won't be able to make a bed or wash dishes."
BYU Be the Match club invites students to be potential donors

By ALEXA REIMSCHUESSEL

Student members of BYU Be the Match are working together to gather names of potential bone marrow donors for the National Bone Marrow Registry. The registry matches people suffering from diseases such as leukemia and lymphoma with people who could donate bone marrow necessary to their survival.

BYU student David Fuhriman said BYU Be the Match is fairly new, its first potential donor drive was held in Winter semester 2015.

“We’re literally saving people’s lives in a way that no one can,” Fuhriman said.

Fuhriman said donors are matched to patients by determining immune type. Like a fingerprint, immune type is specific. The registry lists compatible patients throughout the U.S. and it is common to have few matches with potential donors.

“Some people only have one match on the national registry,” Fuhriman said. “Some people have a couple they can choose from, and some people have no matches.”

BYU student Trevor Hugan said becoming a potential donor is simple.

“It takes three minutes or so,” Hugan said. “You wave your cheek, put it in an envelope, write down your name and contact information, and send the envelope to Be the Match.”

According to Hugan, BYU Be the Match sends off all potential donors’ envelopes to the National Bone Marrow Registry.

BYU student and BYU Be the Match co-president Bradley Keyn said there are two methods for bone marrow donations. One method requires doctors to give the donor an anesthetic and take out the bone marrow from the base of the back. Knabe said this is a fairly quick outpatient procedure, but the second method is less invasive and even easier than the first.

“The more common way is called PBSC, which stands for peripheral blood stem cells, and that is similar to donating plasma,” Knabe said.

Knabe said this donation method consists of being hooked up to a machine similar to a plasma machine. The machine takes the stem cells out of a donor’s blood and inserts the blood back into the body, giving donors an easy way to save someone’s life.

Knabe said he joined the club because of his BYU professor Juliane Gross. Gross wasn’t able to help a family member who passed away because of the lack of donor matches. Grose later became the only match to a 15-year-old girl with leukemia.

“I felt like I was on cloud nine knowing I could give the family the hope we so desperately wanted,” Grose said.

Unfortunately, the 15-year-old passed away before a donation could be made.

Grose said she hopes those with a desire to make a difference and save lives will think about joining the National Bone Marrow Registry.

“The more people we have in the registry, the greater the likelihood there is a match for someone,” Gross said.

Knabe said BYU Be the Match set a goal of 1,000 new names on the National Bone Marrow Registry in the 2015-16 school year.

BYU research shows stress just as harmful as unhealthy diet

By JULIAN ARGENTO

Stress may be just as harmful to a person’s health as an unhealthy diet, according to research by BYU professor Laura Bridgewater. Stress even has the potential to make permanent changes to the body’s ecosystem if not handled properly.

“The study examined different groups of male and female mice on a ‘normal’ diet and a high-fat diet,” Fuhriman said. “The mice were exposed to several stressors in their environment over a few weeks and a half weeks. They were then further tested for potential effects of stress on the gut microbiota, or the microbes that reside in the gut.”

The researchers examined the gut microbiota and noticed a significant change in the groups of mice after adding stressful elements to their environment.

“We don’t take stress seriously as a health threat,” Bridgewater said. “We think of it as a temporary mental distraction. But in fact, it’s causing physical changes. If it’s changing our gut microbiota, those could be lasting changes.”

Male mice on the high-fat diet demonstrated signs of anxiety and decreased activity in response to stress. In contrast, the gut microbiota of the female mice on the normal diet shifted to match that of the female mice on the high-fat diet after the stressful period.

The researchers then narrowed the differences within the results was not addressed in earlier studies. The researchers believe that this may be in the future, according to Bridgewater’s research.

Bridgewater worked with collaborators at Shanghai Jiao Tong University in China to make the study a reality. She met her colleague, Liping Zhao, several years ago when he gave a seminar on molecular biology at BYU. Drawn to Zhao’s work, Bridgewater established a relationship with him and later took a sabbatical to China, where the collaborative research process for this study began.

BYU food science major Michelle Converse was not surprised by the outcome of the study. Her personal experience with anxiety lines up with Bridgewater’s results.

“Too many people make negative stress decisions that affect their biology,” Bridgewater said. “We think of stress as harmful for the body’s systems. Prolonged stress can intensify pre-existing health problems and create new ones, as well.”

Bridgewater is continuing to work with Zhao and her other collaborators in furthering the research. Their next goal is to find a way to target harmful bacteria in the gut and keep it from making permanent health changes.

“If we could find a way to clear some space by killing some of the harmful bacteria, then it could give beneficial bacteria a chance to thrive and try to restructure the gut microbiota in a healthful way,” Bridgewater said.