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Critchlow, Canada lead BYU to victory in Vegas

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Stress just as harmful as unhealthy diet

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## THE UNIVERSE

Serving the Brigham Young University Community

## Provo's first female mayor represents statistical outlier

By RILEY WALDMAN

Provo will swear in its first female mayor on Dec. 5.

Michelle Kaufusi won the race for Provo City mayor on Nov. 7, standing as a statistical outlier representing women in politics specifically in Utah.

Utah has one of the lowest percentages of women serving in the state legislature. Women make up 15.4 percent of the seats in Utah's state legislature, compared to Colorado, where women account for 42 percent. The state with the lowest percentage of women serving in state legislature is Wyoming at 13.3 percent.

BYU political science professor Quin Monson said party affiliations play a large role in Utah's lack of female representation.

"There's something happening in the Democratic Party that's allowing more women to get involved that's just not happening in the Republican Party," Monson said. "And Utah is a very Republican state."

Monson said Republicans, as a party, are much more likely to maintain traditional gender roles and do not generally recruit female candidates at entry-level positions.

BYU political science professor Jessica Preece said getting women involved at entry-level positions is critical to improve overall representation, because entry-level positions determine the candidate pool for higher office.

In contrast, Monson said Democrats have made it a priority to recruit and engage women.

Kaufusi is one example of the impact engagement can have. Kaufusi said several friends encouraged her to run for office years before she even considered



Michelle Kaufusi

Michelle Kaufusi was born and raised in Provo and has served on a total of 11 city boards. Kaufusi will be sworn in as the first female mayor of Provo on Dec. 5.

running.

"About three years ago everyone started to say things like, 'You need to run for Provo mayor,' so I decided to go down to the city office and do some research, and found out I was the first female to even file to run for mayor in Provo," Kaufusi said.

According to the Pew Research Center, one reason many people believe women are underrepresented in leadership positions is because they are held

to a higher standard.

Political science professor Jessica Preece said this standard may not necessarily be a higher standard so much as a "masculine standard."

"Voters tend to think of politics as a masculine thing, so women who have had a more feminine background just don't fit the mold of what voters think politics should be," Preece said.

Preece said this standard is an issue because the focus should be on policy

and capability, as opposed to filling political stereotypes.

The best way to make change and get more women involved in government office is by increasing male support, said Kaufusi, who is married to BYU football linebackers coach Steve Kaufusi.

"When I think of what's one thing that could make a difference, it's the men," Kaufusi said. "If men would support women and see the importance of having women in local government, what a difference it would make."

Now ready to take on the Mayor's office, Kaufusi said she strongly encourages young women to get involved in politics whenever and wherever possible.

When Kaufusi first heard the news of her victory she said she felt so humbled and immediately thought of her late mother.

"My first thought was 'my mom would be so proud of me.' She passed when I was 20. But she was a single mom and she was a strong woman, and her mom was a strong woman," Kaufusi said.

First on her agenda is finishing the handful of tasks that the former Mayor John Curtis was unable to finish due to his own congressional campaign.

Kaufusi said she plans to be fiscally conservative while in office, but wants to "transition smoothly" and "keep Provo moving forward."

"The people of Provo have trusted me with this seat, but it's really not mine, it's the citizens' seat. So I'm looking forward to engaging with them," Kaufusi said.

Heading into the mayor's office with a historical victory under her belt, Kaufusi said she hopes to make her mother and the residents of Provo proud.

## BYU investigates cheating ring allegations

By KAITLYN BANCROFT

BYU administrators and The Daily Universe recently received an email alleging that a multi-university cheating ring has a presence at BYU. The Daily Universe received the email both directly from the person making the allegations and as a forwarded email from John Taylor, associate dean of BYU Continuing Education.

The email, sent by a person who identified herself as Milly Wong, was also sent to administrators at the University of California, Los Angeles; University of California, Berkeley; New York University and Columbia University. The email said other schools are involved but did not specify further. The email contained a photo of the alleged ringleader, as well as photos of test documents from BYU, Columbia University and U.C. Berkeley.

In the email, Wong claimed she works for the ringleader, who finds students at these universities through WeChat, a popular Chinese texting and calling app. The students then pay him around \$3,000 to cover a whole course. According to Wong, in BYU's case, the courses are all through the Independent Study program.

The alleged ringleader claims to have no knowledge of the cheating ring. He also claims he does not know who Wong is.

The alleged ringleader was contacted through a phone number included in Wong's email. After he confirmed he was the person named in the email, he was told he was speaking to a reporter with The Daily Universe and informed of the allegations and asked to respond to those allegations for a story. He then asked that the email containing the allegations be forwarded to him.

"I never help anybody cheating (sic), and I never cheat in any class," he said in his reply email. "I think this guy want to frame me up and to cover up somebody. I am really confused what happened."

In the photos of documents attached to Wong's email, two names were on photos of tests from BYU Independent Study. One name did not appear in the BYU student directory, but the other was listed along with an email address.

The Daily Universe sent the second student an email explaining she was being contacted by a reporter, outlining the allegations and asking her to comment.

"I am also very confused with what is going on here," the student said in her reply email. "Last week, BYU independent study sent me an email about they are currently investigating the whole situation and they put my account on hold, so I am also waiting for a result from BYU."

She has not responded to further questions.

Wong's email also names two students she believes are affiliated with UCLA. Facebook searches for one returned no results, but a Facebook search for the other returned six results. All six people were contacted via Facebook messenger, told the message was from a reporter with The Daily Universe, informed of the allegations and asked to comment. Follow up messages were sent a day later, but none of the six has responded.

Requests for comment from Taylor and from BYU Independent Study were directed to University Communications, which responded with a statement that the allegations are being taken "very seriously" and are being looked into. The university did not confirm what measures are being taken to investigate.

"If evidence of academic dishonesty on assignments is established or if submitted work is found to be profane or unduly disrespectful of others, appropriate disciplinary action will be taken," the statement reads, quoting from BYU Independent Study's Academic Honor Code Policy.

## HAPPY VALLEY?

Despite depression and suicide rates, Provo named 7th happiest U.S. city

By KAITLYN BANCROFT

Provo is the seventh happiest city in the U.S. according to a recent National Geographic article. But according to a new brief and infographic from the Utah Women and Leadership Project, Utah also has the seventh highest suicide rate in the U.S.

National Geographic's index was designed by Gallup senior scientist Dan Witters and drew on nearly 250,000 interviews conducted with adults between 2014 and 2015 in 190 U.S. metropolitan areas. The index established 15 metrics from healthy eating and vacation time, to civic engagement and financial security. The article said these factors are "statistically associated with doing well and feeling well."

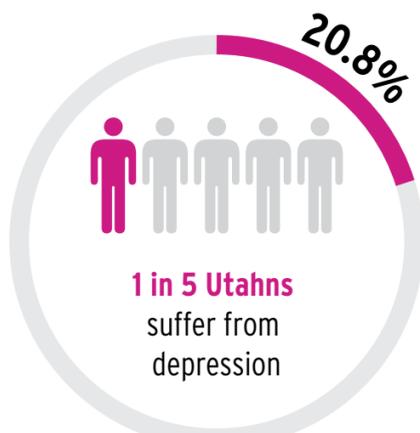
Provo was ranked seventh for its "intoxicating blend of city culture and outdoor recreation, with fishing, hiking and rafting all just a stone's throw away," according to the article.

However, BYU psychology professor Mikle South said this kind of index is "no more or no less (accurate) than any other measure" because there's always data to show the opposite side.

South said the disconnect between Utah's suicide rates and Provo being named one of America's happiest cities might be due to several factors, such as how Utah keeps medical records. If Utah records and reports depression diagnoses and suicides more consistently than other states, it could make Utah's rates look higher in comparison.

Another factor could be an over willingness from doctors to prescribe medication because Utahns are less likely to self-medicate.

"This might in part be due to less self-medication, where people in Utah don't drink as much (and they) don't use other drugs as much," South said.



Haley Mosher

According to a recent National Geographic article, Provo is the seventh happiest city in the U.S. This is in contrast to new reports from the Utah Women and Leadership Project that say, among other statistics, that Utah has the seventh highest suicide rate in the nation.

"You might be essentially going to doctors more where other people might drink."

In addition, the Utah Women and Leadership Project's infographic shows 20.8 percent of Utahns, or 1 in 5, suffer from depression, higher than the nation's 17.7 percent. Suicide is also the leading cause of death in Utah for people ages 10 to 17.

But South said high depression and suicide rates aren't unique to Utah — in fact, the Rocky Mountain

region from Montana to New Mexico is known as "the suicide belt."

While some people theorize this "suicide belt" exists due to oxygen deprivation from higher elevations, "nobody knows why (there's higher rates of suicide in the Rocky Mountain region)," South said. "(Oxygen deprivation) might lead some people, but not all, to be more susceptible to depression and suicide."

South added that the No. 1 influence on anyone's happiness is social

support. This means having people you're comfortable with, can trust and can share your sorrows with.

"We might have more of that here with our church communities ... though people on the margins of that may feel more left out," he said.

Longtime Provo resident Marie Sampson, however, said she's seen evidence of depression everywhere she has lived.

# UNIVERSE news briefs

FROM THE ASSOCIATED PRESS



## Inauguration set for BYU-Pathway's first president

**LDS.org** - Clark G. Gilbert will officially become the first president of BYU-Pathway Worldwide during an inauguration ceremony in Salt Lake City, the organization's new headquarters, on November 16.

Just months after the creation of BYU-Pathway Worldwide in February, the inauguration will be held in the Conference Center Theater.

The event will be broadcast live to Pathway-Connect gatherings at various locations around the world.



## Powerful earthquake on Iran-Iraq border kills 400

A powerful 7.3 magnitude earthquake near the Iraq-Iran border killed over 400 people, sent residents fleeing their homes into the night and was felt as far away as the Mediterranean coast, authorities said Monday, Nov. 13.

Iran's western Kermanshah province bore the brunt of the temblor Sunday night, with authorities saying the quake killed 407 people in the country and injured 6,700. Kermanshah is a rural, mountainous region where residents rely mainly on farming.



## Trump nominates new health secretary

President Donald Trump on Monday picked a former top pharmaceutical and government executive to be his health secretary.

If confirmed, Alex Azar would oversee a \$1 trillion department responsible for major health insurance programs, including "Obamacare," as well as medical research, food and drug safety, and public health.

The nomination of Azar is unusual because Health and Human Services secretaries have come from the ranks of elected officials.



## Dozens of detainees leave 2 Yemeni secret prisons

Detainees in Yemen were transferred from two secret facilities to government-run prisons in Mukalla and Aden on Monday, Nov. 13.

A group of 133 detainees was transferred to Central Prison in Mukalla from the Riyan airport, a senior Yemeni security official said. The airport was one of 18 secret prisons run by the UAE or its allies, where former prisoners said torture was widespread. The UAE denies the allegations and says all prisons in government-controlled territory are run by Yemeni authorities.



## Hundreds in Hollywood march against harassment

Armed with signs, catchy phrases and a motivation to take #MeToo beyond the internet and into real life, a few hundred women, men and children gathered Sunday, Nov. 12 among the sex shops and tourist traps of Hollywood Boulevard to protest sexual harassment.

The Take Back the Workplace March and the #MeToo Survivors March joined forces to gather for a rally of speeches from Harvey Weinstein accuser Lauren Sivan and Oscar-winning producer Cathy Schulman.

## Police Beat

### BYU

#### THEFT

**Nov. 7** - An individual reported a bicycle tool pouch taken from a bicycle at the Snell Building.

**Nov. 9** - An individual reported an unsecured backpack and contents missing from the Richards Building.

**Nov. 9** - An individual reported an unsecured skateboard taken from a hallway in the Benson Building.

**Nov. 11** - An individual reported a secure bicycle taken from the bike rack at the Museum of Paleontology.

**Nov. 11** - An individual reported

an unsecured bicycle taken from the Wymount area.

#### ASSAULT

**Nov. 12** - Provo Police arrested a man who is suspected of barricading a woman in a public restroom and demanding she undress six days earlier. According to BYU Police, the suspect is described as a Caucasian, 5 feet 10 inches tall, 185 pounds, in his late 20s to 30s with a pockmarked face and teeth which appear to be filed flat. He wore a beanie pulled down to his eye line and carried a 10-12 inch knife with engravings. The suspect had been known to frequent the BYU campus.

#### TRESPASSING

**Nov. 11** - An officer responded to a report of individuals in a closed area. The individuals were gone when the officer arrived and no damage was found.

#### STALKING

**Nov. 7** - A female student reported unwanted, continual contact by a male student.

#### OREM

#### UNCONTROLLED SUBSTANCES

**Nov. 7** - Officers stopped a truck for a traffic violation. A K-9 dog sniffed out an uncontrolled substance of undetermined type and weight.

## HAPPY

### Provo's pros and cons

*Continued from Page 1*

"There are people that are very hard on themselves," she said, "But I think that's everywhere."

Sampson first moved to Provo from California while attending BYU. She later raised her own family in California, and has lived everywhere from Chicago to Los Angeles, but she's been in Provo for the past 15 years.

"I love my neighborhood and my neighbors. It's a clean, wonderful area to live in and people are wonderful," she said. "As soon as I moved here, I felt at home."

Sampson said Provo is

"absolutely" a happy place because people are friendly everywhere she goes. There are also beautiful places to experience nature and plenty of culture to enjoy, she said.

"(There's) just a feeling here and I love it and I wouldn't go anywhere else," Sampson said.

BYU student Clara Pusey said Provo has a different kind of happiness than her "super happy" hometown of Dublin, Ohio.

"My hometown isn't a college town," she said. "(So Provo) is fun and more energetic."

Pusey, a sophomore studying elementary education, has lived in Provo since last fall. While she wouldn't guess Provo if asked

to name the happiest places in the U.S., she said she thinks the city's prevalent Mormon culture creates a happiness-boosting community.

She also said having a variety of easily-available activities, such as good hiking places, contributes to Provo's happiness levels. However, Pusey said she wouldn't choose to live in Provo permanently.

"I don't want to live where a bunch of college kids are living forever," Pusey said, "so not because of the environment it has or anything."

Pusey said Provo's high depression rate is probably related to the pressure students feel to perform well academically.

"(BYU is) a very stressful environment and a place where everyone's very smart and top of their class," she said.

## CHEATING

### Allegations under investigation

*Continued from Page 1*

Consequences for cheating, the statement continues, may include rescinding the grade, failing the course, prohibiting re-enrollment in the course and prohibiting participation in future independent study courses.

Wong's email claims she and others like to do the coursework, but she's coming forward now because she hasn't been paid. Her email also said she's

forgotten how many students she's helped, but they were all Chinese.

In her email, Wong said she doesn't know in some cases how photos of completed exams are sent to students during tests. She also didn't say how the tests are obtained in the first place.

Her email claims this is a well-known service, particularly within UCLA.

"I feel like everyone already know it since the scale is so massive, like every Chinese students know it since they are here for Community College or University," her email said.

Wong did not respond to requests for an interview.

Cloud He, a BYU public

relations student from Singapore, said she stopped working at BYU Independent Study this summer.

"We didn't hear anything about that," she said, referring to allegations or rumors of this cheating ring.

She also said she worked in the Asian Language Department but a different department looked over exams.

Teancum Tian, a second-year BYU student from China, said he's never used BYU Independent Study and he's never heard of this cheating ring.

"That's a very rare part of people who are doing these things," he said. "That's kind of a bad reputation for our Chinese people."

## CAMPUS EVENTS THIS WEEK

### Tuesday, Nov. 14

- Devotional: Elder M. Russell Ballard (Marriott Center, 11:05 a.m.)
- Test Preparation Workshop for Students (WSC 2590, 2-3 p.m.)
- BYU Luau (WSC Ballroom, 7 p.m., \$5-\$7)
- BYU Baroque Ensemble (Madsen Recital Hall, 7:30 p.m., \$11)
- BYU Cougar Marching Band (de Jong Concert Hall, 7:30 p.m., \$7)
- Free Live Animal Show - Adaptations (Bean Life Science Museum, 7:30 p.m.)
- The Mill on the Floss (Margetts Theatre, 7:30 p.m., \$9-\$16)

### Wednesday, Nov. 15

- GIS Day in the Library (HBLL Main Floor, 9 a.m.- 3 p.m.)
- Library Fall Concert Series (HBLL Library Auditorium, 12 p.m.)
- Drupal Chow and Chat (Cannon Center Dining, 12:30-2 p.m.)
- Advanced Reading Strategies (WSC 2590, 1-2 p.m.)
- BYU Luau (WSC Ballroom, 7 p.m., \$5-\$7)
- BYU Jazz Voices (Madsen Recital Hall, 7:30 p.m., \$7)
- BYU Philharmonic (de Jong Concert Hall, 7:30 p.m., \$11)
- Free Live Animal Show - Utah's Diversity (Bean Life Science Museum, 7:30 p.m.)

- The Mill on the Floss (Margetts Theatre, 7:30 p.m., \$9-\$16)

### Thursday, Nov. 16

- Reason for Hope (Hinckley Center Assembly Hall, all day)
- Exercise Sciences Department Seminar (RB 267, 11-11:50 a.m.)
- Children's Stories from Around the World (Museum of Peoples & Cultures, 11:30 a.m.-12 p.m.)
- Time Management Workshop for Students (WSC 2590, 12-1 p.m.)
- Bean Museum Tanner Lecture Series (Bean Life Science Museum, 7 p.m.)
- Women's volleyball vs. San Francisco (Smith Fieldhouse, 7 p.m.)
- BRAVO! The King's Singers (de Jong Concert Hall, 7:30 p.m., \$32)
- Jazz Combo Night (Madsen Recital Hall, 7:30 p.m.)
- The Mill on the Floss (Margetts Theatre, 7:30 p.m., \$9-\$16)

### Friday, Nov. 17

- Concerts at Noon (B.F. Larsen Gallery, 12 p.m.)
- Memory Workshop for Students (WSC 2590, 12-1 p.m.)
- Exhibition Opening: "Other Worlds: The Art of M.C. Escher" (BYU Museum of Art, 7-10 p.m.)
- Jason and the Argonauts-Free Friday Film (HBLL Auditorium, 7 p.m.)
- Ballet Showcase (RB 169, 7:30 p.m., \$7)

- BRAVO! The King's Singers (de Jong Concert Hall, 7:30 p.m., \$32)
- Free Live Animal Show - Adaptations (Bean Life Science Museum, 7:30 p.m.)
- Into the Woods (Pardoe Theatre, 7:30 p.m., \$14-\$26)
- The Mill on the Floss (Margetts Theatre, 7:30 p.m., \$9-\$16)
- Saturday, Nov. 18
- Stretch Out The Stress: Free Yoga Practice (WSC 3326, 9:30 a.m.)
- Football vs. UMass (LaVell Edwards Stadium, 1 p.m.)
- Free Live Animal Show - Vertebrate Variety (Bean Life Science Museum, 1 p.m.)
- Women's volleyball vs. Santa Clara (Smith Fieldhouse, 1 p.m.)
- Ballet Showcase (RB 169, 2 p.m., \$7)
- Into the Woods (Pardoe Theatre, 2 p.m., \$14-\$26)
- The Mill on the Floss (Margetts Theatre, 2 p.m., \$9-\$16)
- Faculty Recital: Lorenzo Verde, guitar (BYU Museum of Art, 3 p.m.)
- Free Live Animal Show - Vertebrate Variety (Bean Life Science Museum 3 p.m.)
- Ballet Showcase (RB 169, 7:30 p.m., \$7)
- Into the Woods (Pardoe Theatre, 7:30 p.m., \$14-\$26)
- Men's basketball vs. UT Arlington (Marriott Center, 7:30 p.m.)
- The Mill on the Floss (Margetts Theatre, 7:30 p.m., \$9-\$16)

### Monday, Nov. 20

- Listening and Note-taking Workshop for Students (WSC 2590, 11 a.m.-12 p.m.)
- Free Live Animal Show - Vertebrate Variety (Bean Life Science Museum, 6:30 p.m.)
- FHE: Emotions in the Scriptures (The Education in Zion Gallery - JFSB, 7, 7:30, 8 p.m.)
- Free Live Animal Show - Adaptations (Bean Life Science Museum, 7:30 p.m.)

## THE UNIVERSE

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# Utah's Nurse of the Year a 'jack of all trades'

By CAMILLE BAKER

"Clear!"  
Emergency room nurse Jean Lundquist grabbed the defibrillator to revive a man whose heart had stopped. After the shock and a few minutes of CPR, he woke up. Jean turned to him and said, "Man, your heart stopped. You scared the crap out of me."

From a young age, Jean had an interest in healthcare. She said the medical field always fascinated her, even as a child. Jean even saved up money when she was young to buy a real stethoscope.

This year, Jean was named Utah's Nurse of the Year for 2017.

Jean currently works as the manager of the trauma department at Utah Valley Hospital, serves on Utah's Emergency Medical Services Rules Task Force and is the secretary for the Utah County Emergency Medical Services Council. Jean received the Nurse of the Year Award for her years of service in Utah Valley's Emergency Department, her continued involvement with Emergency Medical Services and the classes she teaches on trauma.

"I love being a nurse. I've always loved being a nurse," Jean said. "I have never felt one day in my life that I didn't like being a nurse."

Jean is originally from Rigby, Idaho, and attended school at Ricks College (now BYU-Idaho). In her last semester at the school, she took an EMT class, something that has become a big part of her career as an emergency nurse. Upon graduating, Jean began working in an ambulance in Rexburg, Idaho.

Jean said working in an ambulance would be her favorite job if it paid well. This experience is what made her realize emergency medicine was her ideal career.

While at the Madison Memorial Hospital in Rexburg, Jean said she became a "jack of all trades" from the variety of roles she filled due to the small size of the hospital.

Eventually, Jean came to Utah and got a job at the Utah Valley Hospital. Initially, there weren't any openings in the emergency department, so she worked in the psychology department for about a year. During that time, Jean checked for openings in the emergency department every month.

Finally, Jean found a job in the emergency room and stayed there from 1983-1995.

Cheri Ross, the material specialist for the Intensive Medicine Administration at Utah Valley Hospital, shared an office with Jean for over 25 years. Cheri said the emergency room just wouldn't be the same without her.

Jean has been the manager of the trauma department at Utah Valley Hospital for over 10 years. The trauma department has grown substantially since Jean became the manager, according to Cheri.

"She's taken it and run with it, and look at what we've become," Cheri said. "She's written the book on trauma (treatment)."

Jean said the best part about being a nurse is being knowledgeable in emergency situations.

"Most people don't know what to do, but I know what to do because I've been trained to do it," Jean said. "So when someone comes in who's been in a car wreck, I know what to do."

Jean is a single mom with two children. Her daughter, Jody Lundquist, said she really looks up to her mother.

"She loves to help people, and I want to be just like my mom," Jody said. "She's really hard-working. She is well deserving of (the Utah Nurse of the Year Award) and I think she is just awesome."

While there are positive experiences associated with being a nurse, Jean also said that negative experiences are unfortunately common.

"When you work in emergency (medicine), you see horrible things every day," Jean said.

Jean said the people she works



Dani Jardine

Jean Lundquist has been the manager of Utah Valley Hospital's trauma department for over 10 years. She said her ideal job, if it paid well, would be to work in an ambulance.

with make a big difference in her experience as a nurse.

"You have to depend on each other emotionally really, because of all the bad things that happen," Jean said. "Nobody understands you like somebody who does it with you."

But seeing people survive and get through those situations makes it all worth it for Jean.

One experience Jean shared was when a young man was rushed to the emergency room after getting hit by a car. Jean said the man's wife was about to have a baby, and Jean had to tell the wife that things weren't looking very good for her husband due to a horrible head injury.

Jean said she didn't know what happened to the man because people get admitted to the hospital and "you kind of lose track of them because you don't go see them every day."

About four years later, Jean

went to a career day held at the hospital for high school students. The speaker at the career day was the same young man who had the horrible head injury. He had recovered, gone to law school and become a practicing attorney.

"To me, that was worth every second of the hard times," Jean said. "Those are the times when you feel like, 'Yeah, I'm doing something important here.'"

Working in the trauma department, Jean enjoys being able to see patients through the entire process of prevention, treatment and recovery.

Jean hopes everyone can find something they enjoy doing as much as she enjoys being a nurse.

"Find what it is that you are passionate about and do it every day, and don't quit because it's hard," Jean said. "Sometimes the hardest things are the most rewarding."

## BYU ARTS

byuarts.com | 801-422-2981

### The Mill on the Floss

By Helen Edmundson  
Adapted from the novel  
by George Eliot

This imaginative stage adaptation of the classic 19th-century novel tells the coming-of-age story of a woman fractured by the restrictions of Victorian society.

Nov. 14-18, 7:30 p.m.  
Sat., Nov. 18, 2:00 p.m.  
Margetts Theatre



### BYU Baroque Ensemble

Expatriates: The BYU School of Music's newest orchestral ensemble presents a program of works from the Baroque music canon performed on period instruments.

Tues., Nov. 14, 7:30 p.m.  
Madsen Recital Hall



### BYU Cougar Marching Band

Tues., Nov. 14, 7:30 p.m.  
de Jong Concert Hall



### BYU Philharmonic

Wed., Nov. 15, 7:30 p.m.  
de Jong Concert Hall



### BYU Jazz Voices

Wed., Nov. 15, 7:30 p.m.  
Madsen Recital Hall

The King's Singers  
Thurs.-Fri., Nov. 16-17,  
7:30 p.m.  
de Jong Concert Hall

Into the Woods  
Nov. 17-18, 29-Dec. 2,  
5-9, 7:30 p.m.  
Nov. 18, Dec. 2, 9, 2:00 p.m.  
Pardee Theatre

Ballet Showcase  
Nov. 17, 7:30 p.m.  
Nov. 18, 2:00 p.m. & 7:30 p.m.  
Dance Studio Theatre,  
169 Richards Building

All events are ticketed.

**BYUarts**

## Campus News



Chelom Leavitt



Bahaar Taylor



Lois Hetland

### COLLEGE OF Family, Home and Social Sciences

The School of Family Life recently welcomed **Chelom Leavitt**. She began her career as a lawyer and now researches sex and relationships. Leavitt said this kind of research is critical for a healthy society, and discussions about science and social issues can be infused with the Spirit.

### IRA A. FULTON COLLEGE OF Engineering and Technology

BYU alumna **Bahaar Taylor** recently realized her dream of working on an LDS temple. Taylor graduated in 2015 with a degree in civil engineering. She now works for Erickson Structural Consulting Engineers, an engineering firm based out of Vancouver, Washington, that focuses on a variety of projects from seismic evaluations to building remodels and renovations. She re-

cently worked on two structural addition projects to the Portland Oregon, Temple.

### MARRIOTT SCHOOL OF Business

The Princeton Review's annual Best Business School rankings recently ranked the BYU Marriott MBA No. 1 in the nation in the Most Family Friendly category for the 13th year in a row. It was ranked for its human resource emphasis and its support of student families. The ranking is based on student survey questions regarding married students' happiness levels and the support of the school to students with families. About two-thirds of BYU Marriott MBA students are married. The program was also ranked third in the Best MBA for Human Resources category, based on the percentage of graduates going into human resources and students' assessments of how well they've been prepared for careers.

### DAVID O. MCKAY SCHOOL OF Education

The fifth-annual Learning Edge Conference will be held Nov. 14 at the Provo Marriott Hotel and Conference Center. It's organized by the McKay School's Center for the Improvement of Teacher Education and Schooling, or CITES, in collaboration with administrators from BYU's five partner school districts. This year's theme is, "The Arts: A Renaissance of Relevance," and will focus on how the arts can enhance schools' overall academic programs. Keynote speaker **Lois Hetland** is an art education professor at the Massachusetts College of Art and Design and an affiliate of Project Zero at the Harvard Graduate School of Education. She will share her research of visual arts education and how to assess soft skills such as creativity and persistence. Registration for the event is now closed.



## Calling all Universe readers!

What are you thankful for? What does gratitude mean to you? **We want to hear what you have to say!** We are looking for reflections of no more than 300 words. We will be selecting the best submissions to publish online and in our print edition on Nov. 21. Please submit your entries to [universe.ideas@gmail.com](mailto:universe.ideas@gmail.com) with a head shot of you.

Deadline: Nov. 17.

## TODAY

**UNIVERSITY DEVOTIONAL**  
Tuesday, November 14,  
11:05 a.m., Marriott Center

This event will also be broadcast to the JSB Auditorium.



### Elder M. Russell Ballard

Member of the Quorum of the Twelve Apostles

Elder M. Russell Ballard is a member of the Quorum of the Twelve Apostles of The Church of Jesus Christ of Latter-day Saints. He has been serving as an apostle since October 1985, traveling throughout the earth to instruct Church members and direct day-to-day affairs of the worldwide Church.

As a young man he served a mission in England, where he was a counselor in the mission presidency. He has also served as a bishop twice.

In 1974 he was called as president of the Canada Toronto Mission, where he was serving when called to the First Quorum of the Seventy in April 1976. As a member of the

Seventy he supervised and trained leaders in his assigned geographic regions. He later served as a member of the Presidency of the Seventy from February 1980 to October 1985, overseeing the Church's Quorums of the Seventy. Much of his ministry has been focused on missionary work.

Prior to his call as a full-time Church leader, Elder Ballard had interests in the automotive, real estate, and investment businesses. He has served on many Church and civic committees and boards.

He and his wife, Barbara Bowen, are the parents of two sons and five daughters.

Selected speeches available at [speeches.byu.edu](http://speeches.byu.edu).

## NEXT: UNIVERSITY FORUM

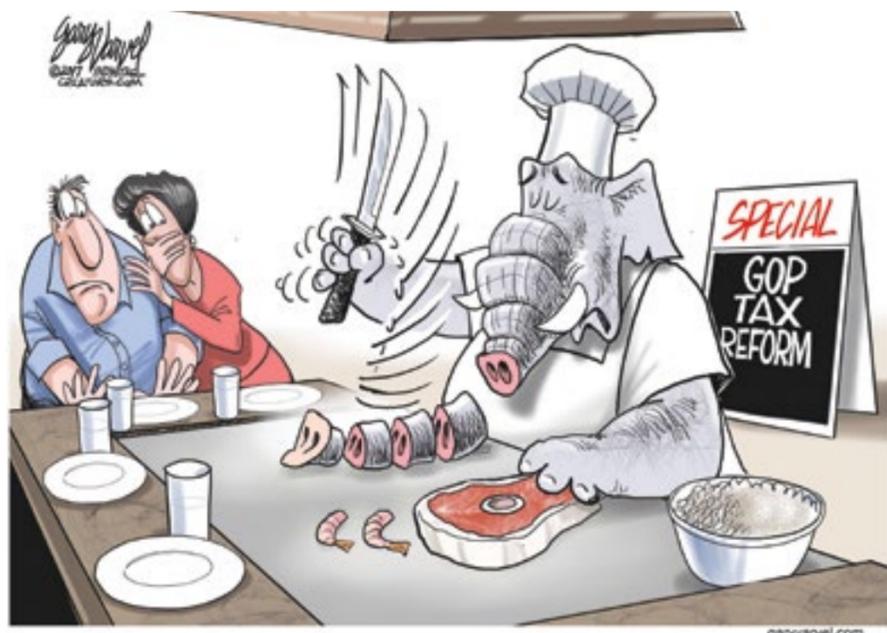
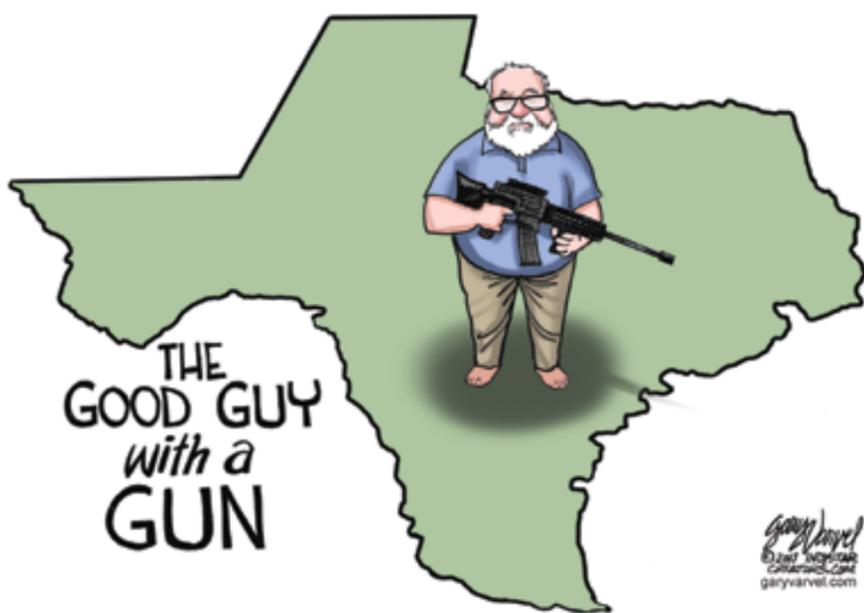
**Laurie Garrett**  
Senior Fellow for Global Health,  
Council on Foreign Relations

November 28, 11:05 a.m.

Marriott Center

PLAN NOW TO ATTEND.

# [ ISSUES & IDEAS ]



## Tweet Beat

#BYU #BYUprobs

Want to see your tweet in print? Tweet something about life around you with #BYUprobs or #BYU and hopefully it makes the cut.

Leave comments at [universe.byu.edu](http://universe.byu.edu) or @UniverseBYU

@byu\_marb

your marb tweet is predictive text followed by "hbl" followed by more predictive text or something

@mormonger



#StrangerThings #Mormons

@nikkimclayton

What if we just pretend none of us have more than 140 characters

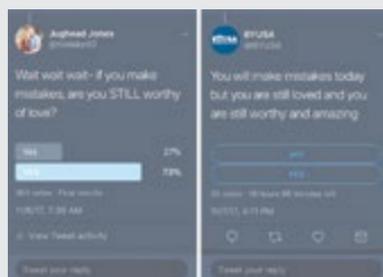
@calles\_s

Curvy wife Messed up I Stock photo of head turning guy Taylor's reputation Every pregnant Kardashian Babysit me Steve Harrington We didn't start the fire

@jk\_larsen

we talked about Beyoncé and Wonder Woman in my women's study class today and I feel my strength returning

@hiblake92



"Can I copy your hw?" "Yeah just don't make it too obvious"

@itsabsaf

Envelopes are wild man bc the inventor

was just like "then you lick it" and we all just accepted it without question like what no why

@poetickate

does reading multiple 280 character tweets count as exercise

@keelyraye

Today I learned that my backpack is heavy enough to break the hooks on the back of bathroom stall doors

@hiltonconor

Having 280 is stressful bc I don't know how many I've used & want to stay true to the 140 roots & now I can't even tweet in peace

@mormonger

Now, instead of tweeting quotes from #LDSconf, I'll be tweeting the whole talk #280Characters

@dougiec0n

140: cracking open a cold one with the boys 280: to cleft in twain these frosty beverages from their faithful caps amongst these fine gentlemen whomst i have the pleasure of associating with henceforth

@olive\_thethings

I promise you I'll only use 280 if I really feel like it brings humor to my tweet I couldn't otherwise achieve.

@themormonlikes

"Dad, why is my sister's name Rose?" "Because your mother loves roses." "Good to know - thanks, Dad!" "No problem When Church Ends Early."



@thebenjohns

might transfer to byu i for a half hour to find a wife and get married

@maddiecowan21

Someone in my class just had a seizure, and after he left, we prayed as a class for him and that is exactly why I love @BYU Thankful for our freedom to practice our religion in an educational atmosphere.

@poetickate

i put the angst in thangstgiving

Tweets are unedited

## [ READERS' FORUM ]

### Kalani is BYU

My name is Lucas Bautista. I am a sixth grader. I love BYU Football. I'm lucky enough to go to BYU Football Camp and go to at least one home game a year. BYU Football is a great program, win or lose. I am mad at BYU fans saying we need to get rid of Kalani. Kalani is BYU. He is the best part of BYU. He is passionate about his team and the program. BYU Football is dealing with several players being released, an injured QB and a tough schedule. What did we expect when we played LSU and Wisconsin, two of the best teams in the nation? We have to push ourselves to grow and that means playing harder teams. I had several rough years when I first started playing football. One coach gave me no opportunity to grow from my mistakes, one did. By allowing me to grow from mistakes, the second coach made all the difference. Doesn't Kalani, as a coach, deserve the same support and encouragement? Kalani IS BYU!

—Lucas Bautista  
Vineyard, Utah

### Gun control

In light of recent events, people are once again ringing the familiar tune to prohibit guns across America. Gun control will not solve the issues that are so prevalent today. Reforming laws stop the law-abiding citizens from purchasing and carrying guns, but will not hinder the criminals we wish to stop. If we can't stop criminals from purchasing a weapon, what can we do? We need to be proactive with the laws we have before we get ahead of ourselves and prohibit firearms. America has programs in place that teach about gun safety and how to handle them properly. Improvement can be made by teaching the public about how to handle and properly use firearms. Imagine if the number of gun related injuries and death were decreased by half. We need to educate the American citizens. This country was built on freedom. We are allowed to choose between right and wrong. If we take away guns from the people we start to assign the punishment before the crime. It is not unsafe to own a gun. Countless people own and use firearms daily. The guns are not the problem, it's the people behind them that cause this worry. Gun control will not solve the country's problem, but we can educate the people and enforce the laws in place to create a safer environment.

—Josh York  
Boulder, Colorado

### Beauty of choice

Too often women around the world feel the need to meet a set of unnecessary and sexist standards of physical beauty. After acknowledging that these superficial expectations of appearance do exist, women should be able to decide whether or not to conform to them. This decision is based purely on their own desires. Standards of appearance for women are different all around the world and change over time. Americans tend to place value on women who are skinny or who look like famous celebrities they see in the media. In places like Iran, wearing the hijab can be a form of beauty. Traditional ideas of beauty in Japan and China have even changed to be similar to those in the United States. The media is a powerful force behind the stereotypes of female beauty. Media is all around us, portraying "beautiful" and "successful" people in movies, TV shows, porn and magazines. From a young age, women learn from the media to be dissatisfied with their appearance because they feel like they can never compare. Finding and being oneself is difficult in an environment that tells you what is or isn't attractive. As a feminist, I believe in the power of creating one's own female identity, regardless of what stereotypical "women" look like. I refuse to accept such forms of dictated beauty as the only form of beauty. Beauty comes from making choices. Beauty is part of being an empowered woman.

—Summer Corry  
Honolulu, Hawaii

### Health how-to

College students focus so much on grades, internships and social lives that they often forget about health. By having health as their number one priority, they will find it much easier to have good grades, perform well at internships and have interactive social lives. A few tips to have better health are: 1. Sleep. Many college students are not getting enough sleep, which lowers their ability to retain information and their work ethic. By getting 7-8 hours of sleep a night, students will feel refreshed for the day ahead of them. 2. Exercise. Exercising 30 minutes a day, three times a week will keep students in shape and help prevent sickness. Exercising also allows for your mind to take a break from school and refresh. 3. Eat healthy. Although it's very easy to go on a McDonald's run, eating fruits and vegetables and home cooked meals are worth the health benefits. By following these three tips, students will find it easier to perform well in their daily tasks and find it easier to reach their goals. Don't wait until it's too late to make your health a high priority.

—Dylan Zollinger  
Stacy, Minnesota

# [ OPINION OUTPOST ]

The Opinion Outpost features opinions and commentary on the latest hot topics from national news sources.

## Mass shootings

There is no point in getting bogged down in angels-on-the-head-of-a-pin debates over nomenclature — assault weapons, automatic, semi-automatic, bump stocks — when it is clear that the weapon of choice for mass murderers is the AR-15 rifle, along with its many variants, knock-offs and copy cats. Such weapons were used to slaughter defenseless people in Newtown, Aurora, San Bernardino, Orlando and, now Sutherland Springs.

—Editorial Board  
The New York Times

From expanded background checks to assault weapons bans, proposals put forward by gun-safety proponents, unlike continually increasing private American arsenals, would do something to thwart mass shootings. The Texas killer was not motivated by racial hatred,

as was the killer of the Charleston churchgoers, but by family grievance, underlining the lethal combination of domestic abuse and firearms. Abusers' access to guns increases the risk of intimate partner homicide as much as fivefold, according to a study in the Annals of Internal Medicine. While federal law prohibits those convicted of domestic violence, as Mr. Kelley was, from buying or possessing firearms, the Air Force failed to add him to a federal database, allowing him to pass necessary background checks. The right law was on the books but enforcement was lax.

—Editorial Board  
The New York Times

The Texas killings were incomprehensible, and the circumstances were unique. But it's not tempting fate to anticipate more mass shootings. There will be more. That requires a response. The country can't accept mass carnage at churches, concerts, schools, workplaces and elsewhere as a fact of life.

—Editorial Board  
Chicago Tribune

## Bolshevik Revolution

One hundred years from now — an eye blink of history — how will people remember the communist regimes that still control vast numbers of people? Will those communist governments finally exhaust themselves and expire? Or will another great revolution rise — a so-called "third way" that is neither capitalist nor communist? Not likely or desirable: We see no evidence of another economic force mightier or more competent than capitalism to deliver greater prosperity for the greatest number of people.

—Editorial Board  
Chicago Tribune

How else do the Bolsheviks echo today? Through the communist regimes that remain (in various forms), from Cuba to Vietnam to China. And in Americans' almost Pavlovian distrust of government-led communal action, left over from the Cold War. Never mind that such things as pooled-risk insurance, the national park system, interstate freeways

and all manner of other government services we rely on are born of the recognition that shared risk and shared wealth can in many instances provide broad benefits for all without threatening individual liberty. But the Bolsheviks also echo through the anguished screams of the executed, the whimperings of the starving, the remembered betrayals of neighbors and relatives for the sake of the party. And they echo in the reminder that democracy lives and dies on the faith and willingness of the people to embrace and sustain it. As Hitler's political rise in a democratic Germany taught us, even democracy is not safe from totalitarianism. So maybe the

rise of the Bolsheviks echoes loudest in its warning of how precarious democracy can be.

—Editorial Board  
Los Angeles Times

The events of a century ago still have the power to inspire. The fundamental reason for this is that they show, however imperfectly, that at moments of crisis human beings can take control of their own destiny. The Russian Revolution was an inspiration because it told the world that things do not have to stay as they are — in society, in politics, in human relations and in the arts. In the end, however, the Russian Communist system failed for two

insurmountable reasons. The system itself did not work — and the people in whose name it existed hated it. These were epochal failings and all socialists need to learn from them. Not all did so at the time. The Russian Revolution "was a deed well meant for humanity", this newspaper wrote 90 years ago, after the Soviet regime's first decade. But the revolution's ultimate toll was intolerable. Muted centenary commemorations in Russia suggest Russian society struggles to confront its history with the honesty that modern Germany has achieved in confronting its own.

—Editorial Board  
The Guardian

## WE WANT TO HEAR FROM YOU

The Universe encourages students, faculty and BYU staff to add their voice to ours by writing letters to the editor and guest editorials, or by submitting editorial cartoons.

- All letters should be submitted by email to [ideas@gmail.com](mailto:ideas@gmail.com). The topic of the letter should be included in the subject line.
- Letters should also include the author's name, hometown (for students), campus position (for faculty and staff) and phone number. Anonymous letters will

- not be published.
  - Letters should be no more than 250 words and may be edited for length, clarity or style.
  - Guest editorials should be 500 to 700 words and are encouraged from individuals with professional or academic expertise on the topic.
  - Original cartoons are also welcome.
- Opinion editor Savannah Hawkins can be reached at [universe.ideas@gmail.com](mailto:universe.ideas@gmail.com).

## Critchlow and Canada shine against UNLV

By JOSHUA ELLIS

The BYU football team defeated UNLV 31-21 last week to improve to 3-8 on the season and bounce back from its loss to Fresno State.

Led by freshman Joe Critchlow at quarterback and junior Squally Canada at running back, the Cougars scored their second-highest point total of the year and gained 425 yards on offense.

### Critchlow impresses in debut

With Tanner Mangum and Beau Hoge out for the season, BYU gave Critchlow the start against the Rebels after he had seen limited playing time in three games.

The Franklin, Tennessee, native went 14-for-22 on the night, throwing for 160 yards and one touchdown in the win.

"He protected the ball, I thought he threw the ball where only our receivers could catch it," Sitake said. "For a guy that has no experience, especially starting, he really impressed with his ability to run the game and he looked like he was having a great time. It was hard to think that this guy, a few months ago, was on a mission with a name tag on."

Critchlow joined Mangum and Tayson Hill as the only true freshmen to win their first start at BYU.



Ty Mullen  
BYU running back Squally Canada runs the ball against UNLV on Nov. 11. Canada finished the night with a career high 213 yards.

### Oh, Canada!

Canada finished the night with a

career-high 213 rushing yards on 25 carries and a touchdown.

It was the ninth-best single-game rushing performance in BYU history.

BYU has struggled to stay healthy and perform at the running back position this season – Canada, KJ Hall, Trey Dye, Riley Burt and Kavika Fonua have missed time due to injury, and Ula Tolutau has yet to return to the field. He was cited for possession or use of a controlled substance on Oct. 8 in Orem and indicted Oct. 24.

Canada averaged 8.5 yards per carry against UNLV, which came a week after he averaged seven yards per carry against Fresno State.

His longest run of the night came on a 54-yard run on the first play of the second half, which led to a 68-yard touchdown drive capped by a 2-yard Canada touchdown run.

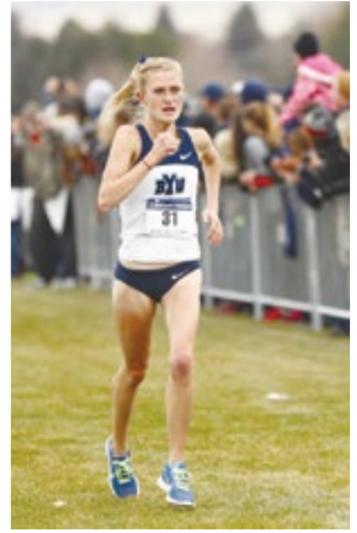
His previous career high was 98 yards, which came against Portland State in the season opener on Aug. 26.

### Up next: Senior Day vs. UMass

The Cougars return to LaVell Edwards Stadium this week for their final home game of the season against UMass (1 p.m. MST, BYUtv/ESPN3).

BYU has faced fellow-independent UMass once before; the Cougars defeated the Minutemen 51-9 last year.

"We'll try to get this next win and do it for the seniors," Sitake said. "There's a lot of guys that have played a lot of football and this is their last time at LaVell Edwards Stadium. I remember my last game."



Nate Edwards/BYU Photo

Laura Young runs during the NCAA Regionals in Logan on Nov. 10. The No. 18 women's team received an at-large bid to the NCAA Championships on Nov. 18.

## Cross-country finishes strong at regionals, will race for NCAA title

By JACOB WALTERS

The BYU men's and women's cross-country teams competed at the NCAA Regionals in Logan, Utah, on Nov. 10, finishing second and third respectively.

The No. 2 men's finish earned them an automatic spot in the NCAA Championships on Nov. 18. The women's team received an at-large to compete in the meet after finishing behind the top two women's teams in the country.

Securing that berth was the men's goal coming into the race, according to BYU head coach Ed Eyestone.

Rory Linkletter led the Cougars, finishing the 10-kilometer race in second place with a time of 30:14.6. The only other Cougar to finish in the top 10 was Connor McMillan, who ran the course in 30:17.3, placing fourth.

"We are excited at the prospect of going full strength next week."

Ed Eyestone  
BYU cross-country coach

"It was a very nice run up front by Rory and Connor," Eyestone said.

Eyestone rested three of his top runners, hoping to keep them fresh for the upcoming championship meet in Louisville, Kentucky.

"We are excited at the prospect of going full strength next week," he said.

Meanwhile, the women's top runner was Laura Young, who finished ninth overall with a time of 20:22.21. She was followed by Courtney Wayment in 22nd, Olivia Hoj in 24th and Ashleigh Warner in 25th.

They finished third behind No. 1 Colorado and No. 2 New Mexico.

All-region honors were bestowed upon Linkletter, McMillan and Kramer Morton for the men and Young, Wayment, Hoj and Warner for the women.

On Nov. 18, the men's team will be racing for its first national title in program history. BYU has had individual champions in the past, with the most recent being Josh Rohatinsky in 2006. The only other Cougar to finish first overall in Nationals was Eyestone himself in 1984.

They will have to beat a strong Northern Arizona team that will defend its title from a year ago.

The championship race will be on Saturday, Nov. 18, in Louisville, Kentucky and will be streamed live on FloSports.tv. The men's race will begin at 9:45 a.m. MST and the women's 6k race will begin an hour earlier at 8:45 a.m. MST.

## Scandal hangs over college basketball headed in 2017-18

ASSOCIATED PRESS

College basketball is better than ever on the floor. Scoring is up, star players fill every corner of the country and fan support is sky high.

Off the floor, it has an image problem.

A federal probe this summer uncovered the dark underbelly of college basketball, revealing a web of bribes and kickbacks from shoe companies funneled toward recruits. The arrests of 10 people, including assistant coaches at four prominent schools, casts a shadow over the sport heading into the 2017-18 season — and likely beyond.

"It's a big egg on a lot of our faces," Utah coach Larry Krystkowiak said. "It kind of speaks for the entire entity, and we're part of it."

The federal investigation led to the arrests of assistant coaches from No. 3 Arizona, No. 10 Southern Cal, Oklahoma State and Auburn, along with an Adidas marketing executive. The probe has already taken down No. 16 Louisville coach Rick Pitino and athletic director Tom Jurich, and more shoes could drop as the investigation digs deeper.

The teams already in the cross-hairs — Miami is also among them — will play with uncertainty; whether its players will remain eligible, if the investigation will reach all the way to the head coach, if NCAA sanctions are on the horizon.

The other major programs, particularly those with high-end recruits, could be looking over their shoulders all season to see if they will become ensnared.

"You have to eliminate the clutter and understand the class has to be tight," said Arizona coach Sean Miller. "You have to talk to people, but only we know what happens on a daily basis in our program."

On the court, Miller has the type of team that could end his Final Four-less run. The Wildcats have a solid core of experienced players returning from last year's Elite Eight team — preseason All-American Allonzo Trier among them — to go with a stellar recruiting class, highlighted by athletic big man Deandre Ayton.

Of course, there are plenty of deep, talented teams capable of making a run to San Antonio.

Duke is the preseason No. 1 for the second straight season with senior Grayson Allen back and the addition of Marvin Bagley III, coach Mike Krzyzewski's latest one-and-done wonder.

Michigan State's Tom Izzo always seems to get the most out of his team in March and has plenty to work with

this season, playing with a stacked deck bolstered by the return of pre-season All-American Miles Bridges.

No. 4 Kansas has reloaded and is gunning for its 14th straight Big 12 title. So has No. 5 Kentucky, but you knew that already; Coach Cal is never without a roster full of future NBA players.

Defending national champion North Carolina lost a lot from a year ago, but the return of point guard Joel Berry II was huge for the Tar Heels, even if he will miss the start of the season after breaking his hand punching a door.

"We're not defending (the national championship) because it's not the same team playing against the same teams, but we're the only team that can go out and say we could do this a second year in a row," Tar Heels coach Roy Williams said.

Don't count out the mid majors, who have been major players since Butler reached consecutive Final Fours from 2010-11.

Gonzaga reached the title game a year ago and took the Tar Heels to the wire. The Zags lost a lot from that team, but came in at No. 18 in the AP preseason poll and coach Mark Few has another talented group.

This year it could be Wichita State. Coach Gregg Marshall, who has spurned offers from other schools to remain in Wichita, has his entire starting five back and a stronger schedule — for NCAA Tournament seeding purposes — after the Shockers' move to the AAC.

"My job got better in terms of the profile of the league and the opportunity to get in the NCAA Tournament," Marshall said.

And don't forget about the freshman. Every year seems to bring bigger, more athletic players straight out of high school, and this season is no exception.

Bagley is 6 feet, 11 inches of do everything, making a good Duke team even better. Same thing with Ayton, though at 7-1, 260 pounds. Kentucky has five high school All-Americans.

The best of the bunch could be Missouri's Michael Porter Jr. He's 6-10, can shoot, score off the dribble, is a preseason All-American, the projected No. 1 NBA draft pick and has been compared to a young Kevin Durant. He's going to get plenty of shots in Columbia, too.

"He's long and fast and skilled, got tremendous feel, I.Q." Florida coach Mike White said. "He's going to be a really good player."

The 2017-18 season will be filled with them. Whether they'll be enough to pull the sport from under the dark cloud hanging over it remains to be seen.

## Nick Emery withdraws from BYU, won't play this season



Ari Davis

Nick Emery shoots the ball in the game against Gonzaga on Feb. 2. Emery withdrew from BYU before the season opener against Mississippi Valley State.

By CALEB TURNER

BYU basketball announced junior Nick Emery has withdrawn from the school and will not play this season.

"Unfortunately, I am mentally not where I need to be in order to perform in basketball and in school this year," Emery said.

The team had already said Emery would not participate in the team's regular-season opener against Mississippi Valley State.

"As it has been made known, I went through a divorce this year, and it has been really difficult for me," Emery said.

The divorce, coupled with an ongoing investigation by the NCAA into a possible improper relationship with a BYU booster, have made life difficult for the third-year guard.

"Nick's personal well-being is my number one concern right now," said coach Dave Rose. "He's going through a very difficult time, and we both feel like the best thing for him is to take time off before continuing with his basketball career."

Emery averaged 14.7 points, 3.3

rebounds and 2.5 assists in his two years on the team. He also set the Cougar freshman record for 3-point field goals with 97 and led the team in steals last year with 55.

"I have confidence that I will come back stronger and better," Emery said. "I have every intention on coming back to BYU and representing Cougar Nation on the basketball floor."

### Who takes Emery's place?

Emery had been practicing with the first team until the week of the season opener.

Against Mississippi Valley State, Rose started Zac Selijaas, TJ Haws and Elijah Bryant in the backcourt.

Bryant set a record for field goal shooting in a season opener, going 10-for-11 (90.9 percent) and leading all scorers with 27 points.

Haws added 14 points and Selijaas had 11.

Newcomers Jahshire Hardnett and Karon Brown also saw time in the 30-point win.

The BYU backcourt will continue to adjust with the Cougars' next game on Nov. 15 at Princeton.

Last season, BYU defeated the Tigers 82-73 in Provo.

# Bronson Kaufusi talks family and NFL career



Jaren Wilkey/BYU Photo

Former BYU defensive lineman Bronson Kaufusi warms up for a game against Hawaii in 2012. Kaufusi now plays for the Baltimore Ravens.

By MCKAYLA ROBINSON

Former BYU football player Bronson Kaufusi is a 6-foot-6, 285-pound defensive end who now plays professional football for the Baltimore Ravens.

Bronson is the second oldest child of Steve and Michelle Kaufusi. Steve is currently the linebackers coach at BYU and Michelle was recently elected mayor of Provo.

Steve moved to the United States from Tonga when he was 8 years old and eventually ended up going to BYU.

He met Michelle while he was playing football for BYU and Michelle was a BYU Cougar. After years of courting, the two married and moved to Philadelphia, where Steve played professional football for the Eagles.

Their children, Alexis and Bronson, were born during the family's time in Philadelphia. Later came Corbin, Daryl and Devin.

While the Kaufusi children were encouraged to practice piano, succeed academically, and weren't allowed to play full-padded football until 8th grade, they are all successful athletes.

The oldest, Alexis, played basketball at BYU. Bronson played football and basketball at BYU and is married to Hilary Kaufusi, a former goalkeeper for the BYU soccer team.

Corbin also played basketball at BYU and is currently a defensive lineman for the Cougars' football team. The youngest daughter, Daryl, played soccer for BYU-Hawaii. The youngest Kaufusi son, Devin, recently returned home from a two-year mission and has a full-ride scholarship to play football for BYU in the coming seasons.

This family knows what it takes to succeed.

Steve attributes his family's

success to the fact he "married up." He explained that his wife encouraged the growth and development of their kids.

While she is humble about it, Michelle said she did everything she could to keep her kids active and involved.

"They've always been kind of hyper-active, so every rec program, anything that was under \$40, I stuck them in it, just to keep them active and busy," Michelle said.

All of those recreation programs paid off as Bronson was drafted by the Ravens in the third round of the 2016 NFL draft.

However, he sustained a season-ending ankle injury during fall camp of that year.

"It was a long-awaited goal and mountain I had to climb to get there," Bronson said.

Bronson said an ACL tear in high school helped him through that experience. Last season's injury gave him the opportunity to learn more about the NFL and learn from his teammates.

While Bronson is enjoying his time in the NFL, he wasn't always sure he would make it.

"When we moved to Provo my goal was just to play at BYU; I hadn't really thought about playing in the NFL. Although, it was always a dream of mine," Bronson said.

Bronson admitted he was more concerned with getting his homework turned in on time and his bed made than the idea of playing professional football.

However, once he could see his NFL dream in sight, that's when the goal became real.

Steve was happy to see Bronson get drafted.

"I was happy for him," said Steve, who was one of Bronson's coaches at BYU. "You know, I know how long that he's been dreaming about something like that, so to come to full terms over time — all the hard work and sacrifices that

were put forth to reach that level. It's hard. So yeah, I was happy for him."

Bronson's younger brother, Corbin, is also excited to see his brother play with the best.

"It's like a dream come true for a little brother," Corbin said. "You're always rooting your older brother on in high school and college, and then he finally makes it to the top tier and you're like 'this is the best!'"

Corbin said while he and Bronson are many states apart, they still support one another through calls and FaceTime.

"We're just always in constant communication throughout the day," Corbin said.

They even watch football film together through FaceTime. They often give each other advice, although Corbin admitted he's more of a "hype-man" than one to give advice.

Bronson said his experience playing professional football has been very different than college.

"Every single player on these teams is one of the best in the whole country. There are no weak links. Pretty much, you have to bring your A-game every play, or else you'll get embarrassed or exposed," Bronson said. "There's a lot more preparation and there's a lot more riding on what you do (in the NFL)."

Yet despite the differences, Bronson is grateful for the opportunity he has to play professional football.

He described the experience of running out of the Raven's stadium tunnel, with the fire on both sides, and hearing his name be called as "an awesome moment."

"You sacrifice a lot (playing in the NFL). At the same time it's just really rewarding. Just making it to the NFL is a big blessing," Bronson said.

So far this season Bronson has five total tackles in three games with the Ravens.



Dani Jardine

Danelle Stetler, Cosy Burnett and Alohi Robins-Hardy celebrate a point against Utah in Salt Lake City on Sept. 14. Burnett and Robins-Hardy are two of this year's three seniors.

## Women's volleyball to honor three seniors

By MELISSA WISE

The BYU women's volleyball team finished its last regular season road game Nov. 11 with a sweep at Portland to improve to 25-2 overall and 14-1 in West Coast Conference play.

The Cougars will finish their regular season schedule with three home games beginning Nov. 16 against San Francisco, and will honor their three seniors on Nov. 21.

All three seniors were part of the 2014 team that made it to the Final Four of the NCAA Tournament and agree it was one of the highlights of their time at BYU.

"The Final Four was something that was just an incredible experience," said senior Cosy Burnett. "Just the work we put into it and the dedication it took, it convinced me that we could do it. It's something that is a really bright spot in my career and our history and we always want to get back there."

As an opposite hitter and middle blocker, Burnett has been a key asset since joining BYU in 2013. Burnett came into the week with 112 digs, 241 blocks and 492 kills. Before coming to

Provo, she played for La Costa Canyon High School in San Diego, California, and was an ESPN Elite High School Athlete for volleyball.

Burnett said the best part of her BYU experience is "one hundred percent the relationships I have made. Some of my best friends in the entire world I have shared this court with."

joined the team from Placer High School in Auburn, California, where she also played basketball. Since coming to Provo in 2014, Graham has been known as "Mad-Dog" to her teammates and considers the team her family.

Graham said her motto is "earn it every day." She will graduate with a degree in neuroscience and hopes to go on to PA school.

Alohi Robins-Hardy is a setter for the Cougars. She came to BYU in 2014 and has nearly 1,000 sets to her credit. Originally from Waimanalo, Hawaii, Robins-Hardy was named the state's 2013 Player of the Year and the 2013 Division I State Tournament MVP.

Known as "Lo" to her teammates, Robins-Hardy will finish with a degree in exercise science and hopes to have a professional volleyball career in Europe and eventually coach the sport.

The three seniors will be honored on Senior Night on Nov. 21 during the team's final game of the regular season against Loyola Marymount. Game time is scheduled for 7 p.m. MST at the Smith Fieldhouse and the game will be broadcast on TheW.tv.

**"The Final Four was something that was just an incredible experience ... It convinced me we could do it."**

**Cosy Burnett**

Women's volleyball senior

She will graduate with a degree in communications emphasizing in public relations and a technology minor. She hopes to one day breed golden retrievers and own a library card to the Library of Congress. Senior Madeline Graham

### Scoreboard and home events this week

#### SCOREBOARD

Sport	Opponent/event	Score/outcome
Cross-country	NCAA Mountain regional	Men: 2nd, women: 3rd
Football	UNLV	31-21 win
Men's basketball	Exhibition game vs. Colorado College	96-36 win
Men's basketball	Mississippi Valley State	91-61 win
Women's basketball	Southern Utah	75-67 (OT) win
Women's volleyball	Gonzaga, Portland	BYU swept both teams

#### HOME EVENTS

Sport	Opponent	Date	Time
Women's volleyball	San Francisco	Nov. 16	7 p.m.
Women's volleyball	Santa Clara	Nov. 18	1 p.m.
Football	UMass	Nov. 18	1 p.m.
Men's basketball	UT Arlington	Nov. 18	7:30 p.m.

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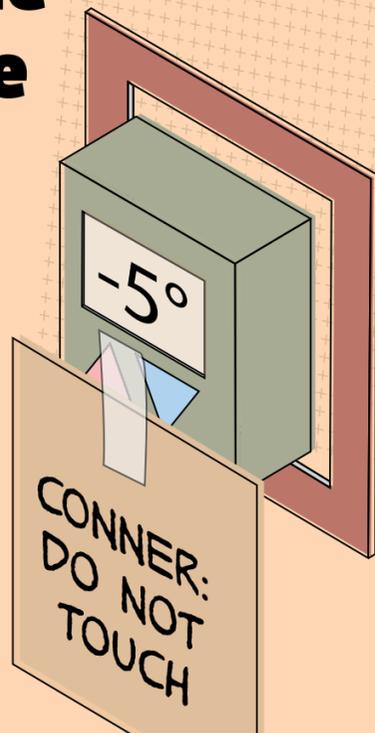


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JUST OUT OF CURIOSITY, WHAT TYPES OF EXCUSES ARE IMPOSSIBLE TO CHECK WITH AN APP?

OUR NEW PRODUCT IS A WATCH THAT MONITORS EVERY ASPECT OF YOUR HEALTH.

WEARING THE WATCH IS MANDATORY FOR ALL EMPLOYEES. YOUR DATA WILL AUTOMATICALLY STREAM TO OUR CLOUD STORAGE.

SURE, WE'LL GO WITH THAT.

BECAUSE YOU CARE ABOUT OUR HEALTH?

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YOUR REAL NAME IS EARL, ISN'T IT, GRAMPA?

THAT'S RIGHT, BUT WHEN I WAS YOUNGER EVERYONE JUST CALLED ME DEE.

HOW COME? IS THAT YOUR MIDDLE INITIAL?

NO. I JUST DIDN'T DO VERY WELL IN SCHOOL.

DO YOU LIKE BRUSSELS SPROUTS, NELSON?

YES, I LOVE 'EM.

HOW MANY DO YOU WANT?

NONE, THANKS.

I THOUGHT YOU SAID YOU LOVED BRUSSELS SPROUTS.

I LOVE THEM IN THEORY, BUT NOT ON MY PLATE.

**Garfield®**

I'M ROUGHING IT

NO PILLOW

MEOW!

ECHO POINT

MEOW!

ECHO POINT

MEOW!

ECHO POINT

**Zits®**

JEREMY, CAN YOU--

HOLD ON, MOM...

...I CAN BARELY HEAR YOU.

MUCH BETTER.

LEAVING MY PHONE AT HOME WAS THE BEST IDEA I'VE HAD IN A LONG TIME!

YOU HAVEN'T TOUCHED YOUR DESSERT... IS THERE A PROBLEM?

NO.

IT JUST FEELS WEIRD TO EAT SOMETHING WITHOUT TAKING A PICTURE OF IT FIRST.

**Non Sequitur®**

OK... I KNOW THAT THE FIRST STEP IS TO ACKNOWLEDGE A PROBLEM EXISTS, BUT...

WARNING: STUDIO MOGULS AND CELEBRITIES DISTRICT. ENTER AT OWN RISK, LADIES.

SCIENTISTS SAY THE YELLOWSTONE CALDERA COULD ERUPT SOON AND END ALL LIFE ON EARTH, WHICH DOESN'T GIVE US MUCH TIME TO PIN THE BLAME ON SOMEONE.

THE CABLE NEWS PRODUCTION MEETING

**Peanuts®**

HERE IT IS, VETERANS' DAY, AND I'M MILES FROM HOME WALKING SOUTH WITH A BIRD...

VETERANS' DAY?!

GOOD GRIEF! THIS IS THE DAY I ALWAYS SPEND OVER AT BILL MAULDIN'S HOUSE QUAFFING ROOT BEER!

OH! BILL IS GOING TO BE TERRIBLY DISAPPOINTED.

I HAVE THE HORRIBLE FEELING THAT WE'RE LOST...

AH! A LOCAL RESIDENT...

PARDON ME, SWEETIE, BUT COULD YOU TELL ME WHERE WE ARE?

HEY, MA! LOOK! I FOUND A STRAY DOG!!

**Sudoku**

Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at [universe.byu.edu/sudoku](http://universe.byu.edu/sudoku).

3		2	1					9
		1	6	9	3			
9	2			1	6			
8	1		6			7	4	
		4	8					
6	5		2		9	1		
	7	5			9	1		
	9	5	7	4				
4		1	2				8	

	9	8	6	1				
8	1			5	7			
		7	4					
3	1			9	5			
			8					
5	6			2	3			
			4	2				
6	3				2	4		
4		6	1	7				

5		4	3			7		
	4				1			
		1	8	3				
6		7	1		8			
		3	9	7				
7		3	5		9			
		5	4	6				
	3				7			
4		2	6		1			

		3		7				5
		4	3	6	8			
6						1		
8		1				4		
5								6
3						9	5	
		9						7
		4	8	2	6			
1			5	2				

**The New York Times Crossword**

Edited by Will Shortz No. 1009

**ACROSS**

- Civil rights pioneer Du Bois
- Shade of blue
- Rant
- Chicago's home: Abbr.
- Racer with the tortoise
- Like a show with a single performer
- Only major-league player to enter the 3,000-hit club in the 1980s
- Ranting
- 1965 Beatles hit that starts "Ooh, I need your love, babe"
- Donkey
- Final bubble on a questionnaire, maybe
- Something a barber has to work around
- Maidenform product
- Catch, as on a thorn
- HBO show hosted by John Oliver
- And so on: Abbr.
- Home for the Hawks and Braves: Abbr.
- Equal: Prefix
- Pal of Pooh
- 1974 John Updike novel
- Greek cheese
- Winery container
- Verbal stumbles
- Tattoo artist
- Bug spray brand
- The change from Julian to Gregorian ... or what would be needed to make 20-, 31- and 40-Across possible?

**DOWN**

- Electronic money transfer
- "The Time Machine" people
- Edifice: Abbr.
- Informal talks
- Gridiron gains
- Bay ... (San Francisco, Oakland, etc.)
- When repeated, Frank Sinatra title city
- Holy Jewish scroll
- Wowed
- Classic game with black-and-white discs
- Female friend for François
- Cold and damp, as a dungeon
- Main lang. of the Commonwealth countries
- Nautical map
- Believer in a strong federal government
- Message on a cake in "Alice in Wonderland"
- Fancy tie
- A snake has a forked one
- Engages in military conflict
- Acting grown-up
- Barely
- Three on a grandfather clock
- Dictation experts
- Hankering
- Newspaper staffers, for short
- 1 Unimportant thing
- 2 --, on the periodic table
- 3 Wore out, as one's welcome
- 4 Bowling alley button
- 5 Not made up
- 6 Printing goofs
- 7 Act hostilely
- 8 Apartment sharer
- 9 Denial, e.g.: Abbr.
- 10 "When pigs fly!"
- 11 Opponents in custody cases
- 12 Picks, with "for"
- 13 Elephant's trunk, basically
- 21 Balance sheet plus
- 22 & 25 727 and 747
- 28 Book that describes the crossing of the Red Sea
- 59 Minnesota's \_\_\_ Clinic
- 60 Ticket \_\_\_
- 61 Modern prefix with complete or correct
- 62 Well-matched
- 63 Au pair, often
- 64 Turkey \_\_\_ (annual event)
- 65 Makes after taxes
- 66 Fur trader John Jacob
- 67 What each arrow in a clue points to, for its answer: Abbr.
- 53 Mazda roadster
- 54 Superhero group including Beast and Cyclops
- 55 Icicle's place
- 56 Kremlin rejection
- 58 Astronomer's unit: Abbr.
- 60 Southern California's Santa \_\_\_ Freeway

**ANSWER TO PREVIOUS PUZZLE**

FISH FLIP HARSH  
OH HI EONS ALIKE  
COOP MUSIC NOTES  
APT FUN USNEWS  
LETTER GRADES  
OER EEL LOFTS  
SCHEME CAN RIA  
CHEMICAL SYMBOLS  
AIL OUI CEASES  
BALES DNA ALT  
MOVIERATINGS  
MARBLE TIS IRA  
BLOOD TYPES AXEL  
ABODE EARL HOES  
SATYR STYE ANKA

**The New York Times Crossword**

Edited by Will Shortz No. 1010

**ACROSS**

- "... Ragnarok" (2017 Marvel film)
- Give new weapons to
- , on the periodic table
- Dream: Fr.
- Grain disease
- 1967 Montreal event
- Specks in la mer
- , on the periodic table
- Carefully examines
- Evacuation notice?
- Ventura who was governor of Minnesota
- Hungers (for)
- You might lose yours in an argument
- 911 responder, for short
- Gourmet food additive
- Lout
- 32 Highest point
- Place to buy tickets: Abbr.
- Medical research goal
- , on the periodic table
- Au pair, often
- Passed, as a law
- Gets into the weeds?
- One might be around a buck or two
- Canadian gas brand
- End of the British alphabet
- Perish alternative
- Abbr. in an email header
- Sent astray
- Person making introductions
- , on the periodic table
- Opaque liquids such as milk
- Minnesota's \_\_\_ Clinic
- Ticket \_\_\_
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- 40 BBQ leftovers?
- 43 The answer to each clue with an arrow
- 46 Wrestling win
- 47 "Uh, no idea"
- 49 Continued talking
- 50 Mississippi River explorer
- 51 Blue Lucky Charms marshmallows
- 60 Southern California's Santa \_\_\_ Freeway

**PUZZLE BY JOE DEENEY**

26 Pulitzer-winning Toni Morrison novel

34 The Beavers of the Pac-12, for short

35 The "N" of NCO

41 Carpenter's tool that's faster than a hammer

42 Very distant

43 Homer Simpson's favorite beers

48 Prefix with science

49 Crawling on hands and \_\_\_

33 Biblical verb suffix

51 Supplies with meals

52 Jacket

53 Upfront bet

54 Give stars to

55 Little injury, in baby talk

56 Antipathy spray

57 Some hospital pics

58 Things with \* symbols: Abbr.

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- 51 Blue Lucky Charms marshmallows
- 60 Southern California's Santa \_\_\_ Freeway

**PUZZLE BY MARK MACLACHLAN**

29 How some legal disputes get settled

30 "The British \_\_\_ coming!"

31 Stuck coins into

33 Additional afterthought, for short

35 Includes when sending an email

36 Radio freq. unit

37 Wade's opponent in legal history

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## BYU Be the Match club invites students to be potential donors

By ALEXA REIMSCHUSSEL

Student members of BYU Be the Match are working together to gather names of potential bone marrow donors for the National Bone Marrow Registry. The registry matches people suffering from diseases such as leukemia and lymphoma with people who can donate bone marrow necessary to their survival.

BYU student David Fuhri-man said BYU Be the Match is fairly new; its first potential donor drive was held in Winter semester 2015.

"We're literally saving people's lives in a way that not everyone can," Fuhri-man said.

Fuhri-man said donors are matched to patients by determining immune type. Like a finger-

print, immune type is specific. The registry list compares patients throughout the U.S., and it is common to have few matches with potential donors.

"Some people only have one match on the national registry," Fuhri-man said. "Some people have a couple they can choose from, and some people have zero matches."

BYU student Trevor Hoggan said becoming a potential donor is simple.

"It takes three minutes or so," Hoggan said. "You swab your cheek, put it in an envelope, write down your name and contact information, and send the envelope off."

According to Hoggan, BYU Be the Match sends off all potential donors' envelopes to the National Bone Marrow Registry.

BYU student and BYU Be the Match co-president Bradley Knabe said there are



Savannah Hopkinson

BYU student David Fuhri-man talks to students at the Be the Match registry drive held Nov. 7 in the Wilkinson Student Center.

two methods for bone marrow donations. One method requires doctors to give the donor an anesthetic and take out the bone marrow from the base of the back. Knabe said this is a fairly quick outpatient procedure, but the second method is less invasive and even easier than the first.

"The more common way is called PBSC, which stands for peripheral blood stem cells, and that is similar to donating plasma," Knabe said.

Knabe said this donation method consists of being hooked up to a machine similar to a plasma machine. The machine takes the stem cells out of a donor's blood and inserts the blood back into the body, giving donors an easy way to save someone's life.

Knabe said he joined the club because of his BYU professor Julianne Grose. Grose wasn't

able to help a family member who passed away because of the lack of donor matches. Grose later became the only match to an 11-year-old girl with leukemia.

"I felt like I was on cloud nine knowing I could give the family the hope we so desperately wanted," Grose said.

Unfortunately, the 11-year-old passed away before a donation could be made.

Grose said she hopes those with a desire to make a difference and save lives will think about joining the National Bone Marrow Registry.

"The more people we have in the registry, the greater the likelihood there is a match for someone," Grose said.

Knabe said BYU Be the Match set a goal of 1,000 new names on the National Bone Marrow Registry in the 2017-18 school year.

## BYU research shows stress just as harmful as unhealthy diet

By JILLIAN ARGENTO

Stress may be just as harmful to a person's health as an unhealthy diet, according to research by BYU professor Laura Bridgewater. Stress even has the potential to make permanent changes to the body's ecosystem if not handled properly.

The study examined different groups of male and female mice on a "normal chow" diet and a high-fat diet. The mice were exposed to several stressors in their environment over two and a half weeks. They were then further tested for potential effects of stress in the gut microbiota, or the microbes that reside in the gut.

The researchers examined the gut microbiota and noticed a significant change in the groups of mice after adding stressful elements to their environment.

"We don't take (stress) seriously as a health threat," Bridgewater said. "We think of it as a temporary mental condition. But in fact, it's causing physical changes. If it's changing our gut microbiota, those could be lasting changes."

Male mice on the high-fat diet demonstrated signs of anxiety and decreased activity in response to stress. In contrast, the gut microbiota of the female mice on the normal diet shifted to match that of the females on the high-fat diet after the stressful period.

The reasoning behind the gender differences within the results was not addressed in this particular study, but may be in the future, according to Bridgewater.

Bridgewater worked with collaborators at Shanghai Jiao Tong University in China



University Communications

BYU professor Laura Bridgewater, third from left, discusses research with her lab students. Bridgewater led a study that proved stress is just as harmful to the body as an unhealthy diet.

to make the study a reality. She met her colleague, Liping Zhao, several years ago when he gave a seminar on molecular biology at BYU. Drawn to Zhao's work, Bridgewater established a relationship with him and later took a sabbatical to China, where the collaborative research process on this study began.

BYU food science major Michelle Conover was not surprised by the outcome of the study. Her personal experience with anxiety lines up with Bridgewater's results.

"To me, it makes sense that stress does have physical factors," Conover said. "When I'm really anxious, (I get) a pit in my stomach or I start shaking. There are things that happen. It's not just in your head, even though it is chemicals in your head."

Barbara Morrell, a BYU psychologist and director of the Stress Management and Biofeedback lab, said stress has proven to be a major contributor to modern diseases and health issues. Morrell considers the most powerful antidote to stress to be slowed breathing, which

can be learned with minimal training.

"Learning to manage stress is not difficult," Morrell said. "It takes simple skills that are fairly easy to learn and recognizing that we're not at the mercy of our stress response. We can learn to down-regulate our stress through simple practices and awareness."

Managing stress levels is a beneficial method for avoiding serious health issues because the mind is complexly connected to all of the body's systems. Prolonged stress can intensify pre-existing health problems and create new ones, as well.

Bridgewater is continuing to work with Zhao and her other collaborators in furthering the research. Their next goal is to find a way to target harmful bacteria in the gut and keep it from making permanent health changes.

"If we could find a way to clear some space by killing some of the harmful bacteria, then it could give beneficial bacteria a chance to thrive and try to restructure the gut microbiota in a healthful way," Bridgewater said.

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