

5 **BYU Store renovations**

BYU Store to create nostalgic candy shop



7 **Nick Emery benefits**

Men's basketball on probation for Emery benefits



3 **80-year-old alum**

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November 13 - 19, 2018

THE UNIVERSE

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Brigham Young University
Provo, Utah

Taysom Hill proves versatile weapon for Saints

By JACKSON PAYNE

Taysom Hill has never been a conventional football player.

Quarterbacks aren't supposed to be built like a linebacker and run a 40-yard dash in 4.4 seconds. They aren't supposed to come back after four gruesome season-ending injuries with even more enthusiasm and fire each time. They aren't supposed to be playing special teams and utility work in the NFL while being listed as a third-string passer.

"I obviously had a goal to play (in the NFL) and to make an impact, but I never expected to contribute the way that I have been," Hill said. "At the end of the day, it was all about finding the right opportunity and the right fit, and I've been able to find that (in New Orleans)."

In 37 games over five years (2012-16) at BYU, Hill excelled as a gifted dual-threat quarterback. He threw for 6,929 yards and 43 touchdowns while adding 2,815 yards and 32 touchdowns on the ground. Hill's 9,744 career yards of total offense rank fourth in BYU history, ahead of legends such as Steve Young and Jim McMahon.

"What makes BYU unique is playing for a team and a school that has a lot of pride in what they do," Hill said. "As a player, that's what you want and what it's all about."

While listed as the Saints' third-string quarterback, Hill has magnified his role on the roster, returning kicks and serving as a punt gunner on special teams. The Pocatello, Idaho, native has also seen reps at receiver, tight end and an occasional passing or rushing attempt at quarterback. So far this season, the 28-year-old has two pass completions on trick plays, 157 rushing yards with a touchdown and



Associated Press

Taysom Hill runs the ball and scores as the New Orleans Saints take on the Washington Redskins during Monday Night Football at the Mercedes-Benz Superdome in New Orleans, Monday, Oct. 8.

11 kick returns.

"It's kind of a learning process, you know. And I think having this weapon now is really intriguing, because Taysom is so versatile, he can do so many things," Saints quarterback Drew Brees told ESPN.

Hill headlines a select group of current Cougar alumni in the NFL, including former teammates such as Kyle Van Noy (2010-13), Jamaal Williams (2012-16) and Fred Warner (2014-17).

"I don't think being a BYU alum in the NFL is anything different than being in the business world, but it's something that I take seriously," Hill

said. "I think that as people get to know you and realize that you played for BYU that there's an expectation. It's fun, and it creates a lot of great conversations with my teammates, and it's been a good experience for me."

Serving as the third-stringer to Saints starter Drew Brees, one of the most accomplished gunslingers in NFL history and the all-time career passing yards leader, Hill has had plenty of opportunities to learn from the legend.

"Drew is a very routine- and team-oriented guy," Hill said. "I've had the opportunity to follow his routine, learn

from him, watch film with him and just observe the way that he prepares for a football game, which has been the best learning experience I could have asked for."

BYU quarterback Tanner Mangum stepped in for Hill following an early injury in 2015 and then served as his backup during the 2016 campaign. Mangum said he learned a great deal from the veteran during their tenure as teammates.

"Taysom taught me about dealing with the off-the-field pressures that come with being a quarterback at BYU," Mangum said. "He taught me

the importance of not caring about what other people think. You're always going to have doubters or people that don't necessarily support you or believe in you, but you have to believe in yourself and have confidence in your ability."

Mangum hasn't been surprised with Hill's impact for the Saints this season. "I don't think it surprises anyone who knows him," Mangum said. "He's obviously an unbelievable athlete, so it's awesome to see how the Saints are using him, and it's fun to watch him succeed. When I see him returning kicks or playing special teams and making tackles, it's a testament to how athletic and versatile he is."

Hill's final season in Cougar blue in 2016 was also head coach Kalani Sitake's first season on the job, an 8-4 campaign ending with a Poinsettia Bowl victory over Wyoming.

"Coach Sitake made football about us, and I really appreciated that," Hill said. "I felt like he was genuine and that every decision he made was to help us as a team, and he was genuine in taking care of us."

Hill remains a fan-favorite in Provo and for Cougar fans across the country. He is gaining momentum as one of the season's best stories in the NFL as he 'reps the Y' for a wider national audience.

With Hill's opportunities on the field expanding every week with the Saints, a strong Super Bowl contender, the future is bright. Hill reflected on his legacy and how he would like to be remembered by BYU fans.

"At the end of the day, my goal as a quarterback at BYU was to lead by example in the way that I prepared and played the game," Hill said. "My hope is that people remember me as a guy who went and left everything out there on the field and competed as hard as he possibly could, game in and game out."

Original 'Studio C' cast members talk online comedy network

By CHELSY KIM

Since announcing their exit from BYUtv's "Studio C" in August, all 10 original cast members have been busy preparing to launch a new online comedy network, JK! Studios.

Mallory Everton, Adam Berg and Stephen Meek described what it was like to be part of "Studio C" — a family-friendly sketch comedy show — and how their new venture differs from their previous work.

The members recalled some of the rituals and traditions the team had developed over the years, like singing "Bohemian Rhapsody" by Queen every week before filming.

"We would pick a phrase from the show and cheer together before each show," Everton said. "It was to help us loosen up and remind us to have a good time."

In addition to Everton, Berg and Meek, original "Studio C" cast members Matthew Meese, Whitney Call, Stacey Harky, James Perry, Jeremy Warner, Jason Gray and Natalie Madsen joined the sketch comedy show in 2012 after meeting in Divine Comedy, another BYU-based sketch comedy group.

Meek said he and his fellow comedians once performed an early show for just two people — Madsen's parents.

"So we've come a long way since then," Meek said.

Everton said one of her favorite "Studio C" memories was when Gray performed an impression of Elder Dieter F. Uchtdorf in front of Elder Uchtdorf, his

wife and a large audience.

"Elder Uchtdorf stood up during the show and clapped. Jason is very, very good with impressions," Everton said.

The original cast members have been preparing the launch of JK! Studios, an online digital comedy network, with five new shows to be released in January 2019.

"I don't think we could have pulled it off if it wasn't 10 of us together," Meek said.

Before JK! Studios, members of "Studio C" were planning for their futures individually. Everton said she had plans to move to California to continue her career in comedy.

"We kicked around the idea (JK! Studios) for a long time, but we just didn't have the confidence to pull through with it. But it happened, and it's happening fast," Berg said.

Berg, Everton and Meek talked about the flexibility and potential with JK! Studios.

JK! Studios, unlike "Studio C," will include not only sketch comedy but sitcoms, podcasts and reality shows. "No one will watch anything (else) ever again," Meek joked.

Berg also talked about a sitcom the members of JK! Studios are currently working on.

"I've never seen anything like it before. It's going to be really fresh. The comedy feels very unique to me," he said.

The shows will be of varying lengths with room to grow. The members plan to pivot and tailor each show to make sure they provide content viewers would like to see.

As the cast members work together on



Justin Hackworth, Lexie Flickinger

Top: Original "Studio C" cast members will launch JK! Studios in January.

Right: Original "Studio C" members Adam Berg, Mallory Everton and Stephen Meek are pictured on the BYU campus Sept. 21.

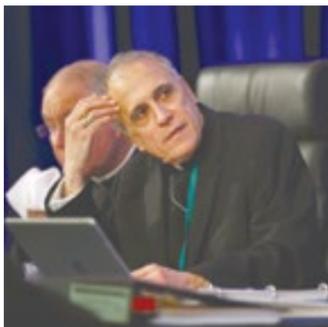
their new journey, they share a unified vision for JK! Studios.

"A lot of people gravitate towards 'Studio C' because they think there's some sort of magic behind it, and I would just say that it's just us as a group. It's our friendship. And that unity translates on screen," Meek said. "JK! Studios is still us and will continue on a lot longer."



UNIVERSE news briefs

FROM THE ASSOCIATED PRESS



Bishops delay votes to combat sexual abuse crisis

At the Vatican's insistence, U.S. Catholic bishops abruptly postponed plans Monday, Nov. 12, to vote on proposed new steps to address the clergy sex abuse crisis roiling the church.

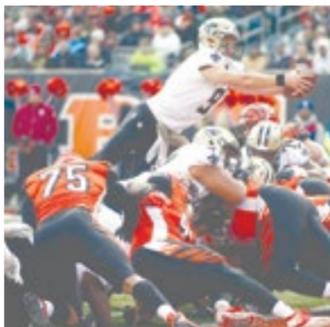
Cardinal Daniel DiNardo of Galveston-Houston, the president of the U.S. Conference of Catholic Bishops, said he was told on the eve of the bishop's national meeting to delay action until after a Vatican-convened global meeting on sex abuse in February. "We are not ourselves happy about this," DiNardo told reporters.



Migrant caravan moving to Guadalajara

Several thousand Central American migrants marked a month on the road Monday, Nov. 12, as they hitched rides to the Mexican city of Guadalajara and toward the U.S. border.

Most appear to be taking the Pacific coast route northward to the border city of Tijuana, 1,550 miles away. The migrants have traveled 1,200 miles since they started out in Honduras. Whereas they previously suffered from the heat on their journey, they now trek to highways wrapped in blankets to fend off the morning chill.



Bengals fire defensive coordinator after rout

The Bengals fired defensive coordinator Teryl Austin on Monday, Nov. 12, a day after a 51-14 loss to the Saints, putting head coach Marvin Lewis in charge of trying to resuscitate a historically bad unit.

New Orleans scored on every possession except the last one - when it took a knee while in field-goal range - during its rout at Paul Brown Stadium, prompting the Bengals (5-4) to fire a coordinator in-season for the second year in a row.



Spider-Man creator Stan Lee dies at 95

Stan Lee, the creative dynamo who revolutionized the comic book and introduced human frailties in Marvel superheroes such as Spider-Man, the Fantastic Four and the Incredible Hulk, died Nov. 12. He was 95.

Lee died at Cedars-Sinai Medical Center in Los Angeles, according to Kirk Schenck, an attorney for Lee's daughter, J.C. Lee. As the top writer at Marvel Comics and later as its publisher, Lee was widely considered the architect of the contemporary comic book.



Liz Cheney is ready for Republican leadership

Liz Cheney is seeking the position of GOP conference chair, which would put her at the forefront of the House GOP's communications strategy when Democrats take over the chamber in January. House Republicans are looking for a more forceful approach to communications.

If she succeeds, Cheney will be the only woman in House Republican leadership - and follow in the footsteps of her father, former Vice President Dick Cheney, who won the same post more than 30 years ago.

Campus News



Joseph Price



Tim McLain



Isaac Calvert



Mary Williams, second from right

COLLEGE OF Family, Home and Social Sciences

BYU professor **Joseph Price** co-authored a study in the "Journal of Urban Economics" that suggests Uber may increase public transit. Price and his team researched Uber's effect on transit ridership from 2000-15 in more than 200 cities and found that, on average, Uber's presence initially increased ridership by 1.38 percent. After two years, ridership increased by 5 percent. Price suggests transit agencies start embracing and collaborating with Uber stating, "The more we integrate across platforms, the more you'll see people considering public transit as an option."

MARRIOTT SCHOOL OF Business

The U.S. News and World Report ranked the BYU accounting program No. 2 in the nation. The Marriott School of Business as a whole was ranked No. 35 for best undergraduate business programs on the National University level. The school also placed in other categories, including No. 18 in entrepreneurship, No. 20 in international business and No. 36 in finance. BYU, as a university, ranked No. 3 for graduates with the least debt, No. 11 for best value and No. 66 for best national university.

IRA A. FULTON COLLEGE OF Engineering

BYU mechanical engineering professor **Tim McLain**, along with other researchers, is working to create a new breed of drones that can navigate without GPS. The fixed-wing UAVs replace GPS by using technology such as cameras, sensors and inertial measurement devices for navigation. During testing, the UAV flew 1,800 meters in two and a half minutes and the team found its location with less than a 3 percent margin of error. The research will continue with funding from both the military and the Center for Unmanned Aircraft Systems.

DAVID O. MCKAY SCHOOL OF Education

Isaac Calvert began his position as an assistant professor in the Department of Educational Leadership and Foundations (EdLF) at the David O. McKay School of Education this fall. This semester, Calvert is teaching a foundations of education class which he designed himself.

COLLEGE OF Nursing

A new BYU Signature Scholarship supported by Mountain View Hospital has been named after associate

professor **Mary Williams**, Ph.D. Williams has served on the Mountain View Hospital Board of Directors since 2000 and as chair since 2008. She has also been a faculty member of the BYU College of Nursing for 40 years. Kevin Johnson, CEO of Mountain View Hospital, said the scholarship title has been given to Williams for her "tireless service, support and the insights and inspiration she brings to our hospital and community." The Mary Williams BYU Signature Scholarship will fund senior nursing students for a four-year program.

COLLEGE OF Fine Arts and Communications

Out of 1,269 entries, BYU students and faculty won gold for their theatre season posters and an excellence award for the 2017-18 CFAC Faith+Works lecture series posters at the University and College Designers Association Competition. Only five gold awards were given out. As a collaborative and yearly collective process, students and faculty decide on specific imagery, concepts, coloring and fonts to create a cohesive collection of theatre season posters while still maintaining uniqueness and individuality.

Fall brings a color show to campus



Ty Mullen

BYU freshman Rachel Dike studies by the testing center while surrounded by fall colors.



Ty Mullen

As Thanksgiving approaches, fall colors surround the BYU campus.



Ty Mullen

BYU students walk south of campus with fall foliage decorates the view.

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(BG-1)

'Age is just a number' for 80-year-old alum

By BRITTANY SALINAS

Basketball is not just a hobby for 80-year-old Gary Griffin — it's helped him form years of memories, friends and good health.

Griffin, a retired BYU faculty member specializing in digital publishing, said he has played basketball every Monday, Wednesday and Friday in the Richards Building on the BYU campus for the last 40 years without fail.

"I have never had a blue Monday and am never down on Sunday afternoon because I think: 'Basketball,'" Griffin said during a match-up on Oct. 17 in the Richards Building.

BYU computer science professor Ryan Farrell said he has known Griffin for about 30 years and has enjoyed Griffin's example and positivity.

"He is a great guy on and off the court," Farrell said. "It's just amazing that he keeps up with everything physically and always says, 'Good try,' or things like that to lift people up."

Griffin said he has been around long enough to see many changes at BYU, from the construction of the new Richards Building in the '60s to the teammates he has played with over time.

"I played with his father, Howard Christensen," Griffin said, pointing out Devin Christensen — a computer support representative at the Kennedy Center — on the basketball court. "I played with his dad 30 years ago, and I'm on the second generation of players here and keep up with a lot of these guys who are the same age as my seven children."

Griffin said his active lifestyle might be a blessing from genetics since his mother lived to be 104 and his aunt lived to be 102. He said he also thanks his grandmother, Maude Amy Mae Davis, for moving from Ohio to Missouri with her family in a covered wagon in the late 1880s.

"My grandmother was the



Gary Griffin passes the ball while playing basketball in the Richards Building on Nov. 5. Griffin, a retired faculty member, plays basketball on the BYU campus three times a week with BYU faculty members half his age. Scan the *Universe Plus* app for a Portuguese translation of the story.

15th child," Griffin said. "I have wondered, 'Where might I be had the Davis family only had 14 children?'"

BYU alum and building care staff member Kenneth Stillwell said Griffin is passionate about the sport and has played with BYU basketball players like Tyler Haws and Elijah Bryant when they were still undergraduate students.

"Many people decided they've aged out of their hobbies, but he's determined that age is just a number and doesn't determine what you can do," Stillwell said.

Stillwell said Griffin has taught him how to live a healthy, joyful lifestyle.

"What I have learned from him is endurance," Stillwell said. "That balance is healthy and you can keep going if you have

something to look forward to in life."

Griffin also said he owns a "Jimmer basketball" signed by former BYU basketball players, including a more recent signature from Tyler Haws.

Griffin said being chosen in February 1992 for a basketball halftime shootout was another highlight in his BYU basketball fandom.

"I had 30 seconds to shoot three shots and half-court attempts to win two snowmobiles," Griffin said. "I missed both half-court shots, but received two tickets to fly anywhere through Southwest Airlines, plus a cellphone and dinner for two at Chuck-A-Rama."

Griffin said the fellowship of a friend helped direct his path towards coming to BYU, where

"It's quite a brotherhood — a fellowship. I played with a lot of BYU basketball players, coaches and even former athletes have played with us here."

Kenneth Stillwell
BYU alum and building care staff

he worked in prepress and later digital publishing.

"A friend of mine baptized me at end of my junior year in high school," Griffin said, mentioning that he worked for his friend's mother at a small newspaper. "I've worked in printing my whole life since then. I wouldn't be here if it weren't for the church, and that's the important thing."

Griffin said he and his wife's 2008–09 mission in Palmyra was one of the most memorable moments of his church service. He said making the most of the time given is another reason he has enjoyed a fulfilling life.

"People are concerned about going on a mission or their son going on a mission for two years — two years fly by," Griffin said. "If you're here on campus, make use of that time. You may regret going on to other things and not taking advantage of what you have here."

Griffin said he values the time he has placed into basketball and feels lucky to be part of the basketball community at BYU.

"It's quite a brotherhood — a fellowship," Griffin said. "I played with a lot of BYU basketball players, coaches and even some of the former athletes have played with us here. For a little guy like me, it's a special privilege."

Utah State University

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Laboratory Technician II - Spanish Fork, Utah USU - Extension Site

This position is at the Utah Veterinary Diagnostic Laboratory located in Spanish Fork, Utah. This individual will split their time between front office duties and serology technical duties.

Responsibilities:

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 - Accession cases, release cases, communicate results to clients
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 - Perform Brucella ovis and piroplasmosis testing on Tuesdays and Thursdays
 - Primary technician doing bovine and small ruminant pregnancy testing
 - Primary technician doing bovine brucellosis testing
 - Back-up technician for plate agglutination tests (avian) and Avian Influenza AGID
 - Calibrate plate readers yearly
 - Record refrigerator temperatures daily
 - Take several serology proficiency tests annually
 - Fill up pipette tip dispensers and other tasks such as wash dishes, help keep lab area clean
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 - Assist in microbiology section if needed

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TODAY

UNIVERSITY DEVOTIONAL
Tuesday, November 13,
11:05 a.m., Marriott Center

This event will be broadcast to the JSB Auditorium.



Elder Shayne M. Bowen

General Authority Seventy

Elder Shayne M. Bowen was sustained as a General Authority Seventy in April 2006. He previously had been serving as an Area Seventy in the Idaho Area. From 2006 to 2010 he served in the presidency of the South America South Area. From 2010 to 2014 he served at Church headquarters in various capacities. From 2014 to 2018, he served in the Philippines Area presidency.

Currently Elder Bowen is serving as a counselor in the North America Southeast Area presidency, assistant executive director of the Self-Reliance Services/PEF Committee, and as a member of the Family History Committee.

Elder Bowen graduated with a BA in English and a minor in

Spanish from BYU. He studied insurance and finance at the American College, becoming a chartered life underwriter in 1984 and a chartered financial consultant in 1999. Elder Bowen pursued a career in insurance, owning and operating his own agency.

Elder Bowen has served in a number of Church callings, including full-time missionary in the Chile Santiago Mission, president of the Spain Barcelona Mission (2000–2003), stake president twice, high counselor, bishop, high priests group instructor, elders quorum president, and Varsity Scout leader.

He and his wife, Lynette Mortensen, are the parents of seven children, one of whom is deceased.

Selected speeches available at speeches.byu.edu.

NEXT: UNIVERSITY FORUM

Christine Porath,
Associate Professor,
McDonough School of Business,
Georgetown University



November 27, 11:05 a.m.
Marriott Center
PLAN NOW TO ATTEND.

BYU tops charts at NCAA Mountain Regionals



Rachel Keeler

BYU women's cross country team members join in a huddle to celebrate after the NCAA Mountain Regional Championship at the East Bay Golf Course on Nov. 9. The BYU men's and women's cross country team took the No. 2 and No. 3 spots as a team at the championships.

Campus Events

Tuesday, Nov. 13

- Devotional: Elder Shayne M. Bowen, General Authority Seventy, Marriott Center, 11:05 a.m.
- Memory and Erasure in the Story of the West: Or, Where Have all the Muslims Gone? 238 HRCB, noon.
- BYU Cougar Marching Band, de Jong Concert Hall, 7:30 p.m.
- Free Live Animal Show – Adaptations, Bean Museum, 7:30-8:15 p.m.
- Syncopation (formerly BYU Jazz Voices), Madsen Recital Hall, 7:30 p.m.

Wednesday, Nov. 14

- Banish the Impoverished Past: The Predicament of the Abandoned Urban Poor in China, 238 HRCB, noon.
- Male Premarital Class: BYU Student Health Center, 1-3 p.m.
- Hymn Sing, 4420 HBLL, 6 p.m.
- GSS Women's Forum, Hinckley Center, 6:30-8:30 p.m.
- The Emmeline B. Wells Diaries, Reynolds Auditorium HBLL 1060, 7 p.m.
- BRAVO! Karina Gauvin, soprano.

Madsen Recital Hall, 7:30 p.m.

- BYU Jazz Ensemble, de Jong Concert Hall, 7:30 p.m.
- Devotional for Prospective Missionaries, WSC Ballroom, 7:30 p.m.
- Free Live Animal Show – Utah's Diversity, Bean Museum, 7:30-8:15 p.m.

Thursday, Nov. 15

- Chauncy Harris Lecture, 250 KBML, 11 a.m.-noon.
- CM & FPM Seminar: What you can do with an MRED? Location TBA, 11 a.m.
- Library Fall Concert Series, 1060 HBLL Auditorium, noon.
- Final Cut Film Festival, Pardoe Theatre, 7 p.m., 9 p.m.
- BYU Philharmonic, de Jong Concert Hall, 7:30 p.m.

Friday, Nov. 16

- Final Cut Film Festival, Pardoe Theatre, 7 p.m.
- Ballet Showcase, Dance Studio Theatre, 169 RB, 7:30 p.m.
- BYU Synthesis, de Jong Concert Hall, 7:30 p.m.

Film Festival, Pardoe Theatre, 9 p.m.

Saturday, Nov. 17

- Female Premarital Class, BYU Student Health Center, 9 a.m.-noon.
- Ballet Showcase, Dance Studio Theatre, 169 RB, 2 p.m., 7:30 p.m.
- Free Live Animal Show – Vertebrate Variety, Bean Museum, 1-1:45 p.m., 3-3:45 p.m.
- Final Cut Film Festival, Pardoe Theatre, 7 p.m., 9 p.m.
- BYU Synthesis, de Jong Concert Hall, 7:30 p.m.

Monday, Nov. 19

- Library Fall Concert Series, 1060 HBLL Auditorium, 10 a.m.
- Free Live Animal Show – Vertebrate Variety, Bean Museum, 6:30 p.m.-7:15 p.m.
- Planetarium Show, N465 ESC, 7 p.m.
- FHE: Anatomy and the Spirit, The Education in Zion Gallery, JFSB, 7-7:30 p.m., 7:30-8 p.m., 8-8:30 p.m.
- Free Live Animal Show – Adaptations, Bean Museum, 7:30-8:15 p.m.

Women of Color club aims for a more diverse campus



The Kennedy Center

From left: Women of Color vice president Déborah Aléxis, club secretary Delirio Juárez and club member Kristalynn Appiah answered questions and shared their experiences on the BYU campus.

By BRITTANY SALINAS

BYU psychology major Kristalynn Appiah said she recently met a friend's roommate who was nice, but suddenly made efforts to introduce Appiah to others based on the color of her skin.

"My brother loves black people so you should meet him," Appiah said as she recounted the roommate's comments. "She immediately calls her brother and his friends to say 'I just wanted you to come over and meet this girl because she is black and you served in Detroit.'"

Appiah, a Bountiful, Utah, native, said she has never visited Detroit and struggled to know how to react to the situation — a situation she occasionally finds herself in since attending BYU.

Appiah said sometimes her experiences on campus talking with white students are "normal" and other times they are "interesting."

A discussion panel called "Navigating a Homogeneous Campus" was held on Oct. 31 at the Kennedy Center, where members of the BYU Women of Color club answered questions and shared their experiences of being an individual of color at a predominantly white school.

The Women of Color club began in Fall 2017 and is one of BYU's 14 recognized cultural or international clubs. There are 78 members in the Women of Color club, a 35 percent increase from last year, according to Women of Color club president Losa Smith.

Smith said the purpose of the club is to offer a place where women of color can be themselves and learn how to handle situations and topics concerning race.

"We provide a space for women of color to exist in their authenticity, to educate

themselves on the general person of color experience in America," Smith said. "We provide a space for women of color to feel empowered to have potentially difficult conversations with their family, friends, acquaintances and professors about any of the topics we discuss."

The Women of Color club has held a range of activities over the past year, from gathering together to admire the lyrical work of Beyoncé to hosting a lecture series and inviting guest speakers to discuss women and diversity.

Club secretary Delirio Juárez said the club has been a safe place where she feels connected and welcomed by others.

"I went to different clubs looking for people who thought like me and looking for people who looked like me where I could share my experiences," Juárez said. "And now, by being in the Women of Color club, that is something that I hope to do for other women of color as well."

Smith said the club tries to create academic opportunities and address topics club members want to discuss, such as institutional racism, tokenization and microaggressions. The Women of Color club also addresses topics concerning mental and emotional health, self-compassion and self-expression, according to Smith.

Women of Color vice president Déborah Aléxis said she hopes BYU will become more inclusive by educating students and addressing different issues, such as the lack of diversity in campus artwork.

Aléxis said there was a painting previously presented in an art show in the HFAC with a line of angels who were all white.

"So what do people think heaven is like, where our color and our experiences are completely erased, and we all just become less of it?" Alexis said.

"Heavenly Father took the time to create black and brown

people. We're like this for a reason, so that's not going to go away. I think that's something that's overlooked and that's not talked about."

At the discussion panel, members of the Women of Color club said a solution to develop a more inclusive campus environment is to learn and become open to more diverse experiences.

"Just becoming more educated, you will naturally start to form those types of relationships and become more exposed to different ideas and different people because you're putting yourself in that space," Juárez said to the audience. "But it takes work on your part to be able to do that."

UVU illustration major Courtney Heidreich attended the discussion panel and said she agreed with the suggestions shared.

"As white people, it's important that we learn and become informed," Heidreich said after the event. "Because if we don't know and act ourselves, the change will never happen."

Global Women's Studies Coordinator and event moderator Valerie Hegstrom said the Women of Color club is inspiring because of how important it is for individuals to take part in making a more diverse campus.

"They did a great job. They were honest, and some of the stories shared were shocking," Hegstrom said. "The people listening, they are what make a difference. I really would just like to see more diversity on campus. I know it would be such a blessing."

Smith said she hopes the Women of Color club will continue to be a place where women of color can feel comfortable and at home in the future.

"I see all of the women of color on campus being aware that our club exists as a place for them to exist, to get educated on things that affect them personally and feel empowered to be their best selves," Smith said.

AVOCADO BLACK BEAN CORN SALSA



Simple Bites

	For 1	For 2	4 or more	
	1	2	4	fresh avocado
	1/2 cup	3/4 cup	1 can	black beans
	1.2 cup	3/4 cup	1 cup	frozen corn, thawed
	1 large	2 large	4 large	tomatoes
	1/4	1/2	1	medium white onion
	1 tbsp	2 tbsp	1/4 cup	fresh cilantro
	1 small	1 medium	1-2 large	fresh jalapeño pepper
	1/2	1/2	1	fresh lime

Open can and rinse black beans, set aside.
 Finely dice onion and place in large mixing bowl.
 Remove seeds from jalapeño pepper, dice and add to onion.
 Dice tomatoes and add to mixture.
 Chop cilantro and add to mixture.
 Dice avocado and add to mixture.
 Squeeze lime juice over mixture and add garlic salt.
 Add black beans and corn.
 Season with garlic salt.
 Mix until thoroughly blended.
 Refrigerate. Serve cold with tortilla chips.
 Store in airtight container in refrigerator. Will last 2-3 days.



Scan the photo with the Universe Plus app to see a video demonstrating how to make this recipe.



Police Beat

BYU

CRIMINAL MISCHIEF

Nov. 6 – Officers located graffiti in a tunnel near the Ellsworth Building.

THEFT

Nov. 5 – A bicycle secured with a cable lock was reported stolen from Wyview Park.

Nov. 5 – A bicycle secured with a cable lock was reported stolen

from the racks near the Smith Fieldhouse.

SEXUAL ASSAULT

Nov. 9 – An individual reported a sexual assault that occurred on Oct. 30 in a parking lot in the southwest corner of campus, near the tennis courts.

Orem

DRUGS

Nov. 6 – An unconscious heroin

user was brought in after he was found at a local gas station.

Nov. 6 – A couple was arrested after being found in possession of meth, MDMA and marijuana.

THEFT

Nov. 6 – Two juveniles were apprehended after attempting to shoplift from Kohl's, and two women were apprehended after attempting to shoplift from Target.

The Institute for the Future of Law Practice is accepting applications for its skills boot camp and internship program beginning Nov. 1, 2018. For information visit www.FutureLawPractice.org.

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BYU Store creating new, nostalgic Sweet Stop

By KENDRA WISE

The BYU Store is getting a facelift this year with renovations throughout the main level.

The first major renovation is hard to miss. On the west side of the store, near the Twilight Zone, is a wooden tunnel blocking off where the children's book section used to be. This section of the store is being replaced with a new candy shop.

Candy has always been important to BYU Store customers, according to BYU Store Director Mark Clegg.

"BYU fudge and chocolate cinnamon bears are iconic to the BYU Store and placed directly in the center of the store," he said. "Candy has always been a focal point."

High volumes of candy sales within the store have caused recurring traffic problems due to the candy counter's location, according to Clegg.

"Traffic was occurring frequently at that pinch point of the BYU Store where the candy counter is, and I always felt there could be a better way to keep candy as a focal point, but find a solution for those pinch points," he said.

Clegg planned to redesign the candy counter experience at the BYU Store since becoming director in July 2015. After doing some research into the history of the candy counter at BYU, Clegg struck gold.

"So much of retail is finding what used to resonate and bringing it back. After doing a little research, I found that the very first BYU candy store was called the 'Sweet Stop,'" Clegg said. "I



Mark Clegg

The BYU Store goes back to its roots with a new candy shop inspired by BYU's original Sweet Stop shop. The shop is expected to be finished by the end of November.

was up in Salt Lake, and I went into a store called Lolli and Pops, and I suddenly felt like this is what I had in my head for the store."

BYU's original "Sweet Stop" will be back and better than ever, according to Clegg.

"What is under construction right now will be that cool, nostalgic candy store. It will have all the candy we carry now and, in addition to that, a whole new line of chocolates," Clegg said. "The candy

shop will have a metal tin roof, white columns, a brand new wrap-around fudge counter with double the size candy cases that we have now and mosaic white floors."

The new candy section will feel modern while still harkening back to old-fashioned BYU, according to Clegg.

BYU student and store employee Matthew Heath said he is excited about the renovations taking place and thinks they will be a positive change

for the BYU Store culture. "I think it will be a great throwback to BYU's roots, helping students remember and alumni reconnect with the Y," Heath said. "It will add a great social environment to the bookstore."

However, BYU student Rebecca Shippen said she feels the timing of construction is inconvenient.

"I don't really know why they would need a sweet shop right now. I feel like maybe it's



Ty Mullen

With the new Sweet Stop under construction, students' current pathway through the BYU Store is through this tunnel. Construction on the main level of the store is expected to be finished by April 2019.

something they should do during the summer when there are fewer students," Shippen said.

According to Clegg, the Sweet Stop candy shop should be finished by the end of November.

The rest of the main level renovations will include a new interactive learning discovery zone that will take the current location of women's fashion in the southeast corner of the store. It will include all children's and adult books, moving books back to the main level of the store from

their previous location on the third floor.

"It will feel like your neighborhood bookstore with features that immerse every customer in the spirit of the Y. It will be an interactive, family-centered learning environment," Clegg said.

The middle of the store where the candy counter is now will be replaced with a new legacy collection highlighting different iconic BYU experiences to help customers "connect with the spirit of the Y," Clegg said.

High school students prepare for BYU admissions

By LAUREN LETHBRIDGE

BYU admits around 50 percent of applicants every year, according to BYU Communications Media Relations Manager Todd Hollingshead. The total number of enrolled freshmen was 5,440 in 2017, and the number increases with each year.

BYU freshmen's average GPA and ACT scores have also continued to increase, with the average ACT being 29.5 and the GPA being 3.86, according to Hollingshead.

BYU Admissions released a series of videos this year debunking popular BYU admittance myths that have circulated for the past few years among students.

One myth BYU Admissions cited pertained to the advantage of having higher test scores. According to Admissions, neither high nor low ACT scores guarantee anything in the admissions process.

BYU looks at service and character when reviewing applications. According to BYU spokesperson Natalie Ipson, BYU reviews applications

focusing on BYU's aims. Prospective students must include a biographical essay, high school transcript, test scores, an ecclesiastical endorsement and a recommendation.

The last part of the application process requires three essays, two of which must be about extracurricular activities the applicant has participated in, according to BYU's admissions website.

Ipson said the applications process is constantly being revised and updated, though there are no significant

changes to this upcoming year's process.

Alyssa Whipple, a senior from Lehi High School, said she wrote about participating in her high school's marching band. Marching band taught her teamwork and PRIDE, an acronym for passion, respect, integrity, dedication and excellence.

"I also talked about being in student council and how that gave me a lot of leadership and service opportunities to reach outside myself," Whipple said.

Whipple said it has been difficult to find the time to sit down

and go through the extensive application and essays for BYU.

Beth Hodgson, a senior from Whitney High School in California, expressed the same view. Though the application takes time, she said she wants to attend BYU.

"BYU is a school that is in line with my morals and standards and has a lot of helpful programs and opportunities," Hodgson said.

Students from high schools all over the country and throughout the world are currently working on their BYU applications, which are due by

Dec. 15.

Hollingshead said the state of Utah submits the most applications with California, Idaho, Texas and Arizona close behind.

Though BYU's population is primarily made up of members of The Church of Jesus Christ of Latter-day Saints, about 440 students currently attend who do not identify as members. Out of those 440, about one-fifth are freshman, Hollingshead said.

Fall 2019 acceptance letters are expected to be sent out through YMessage on BYU's website on Feb. 18, 2019.



MIXTAPE

"New Music"



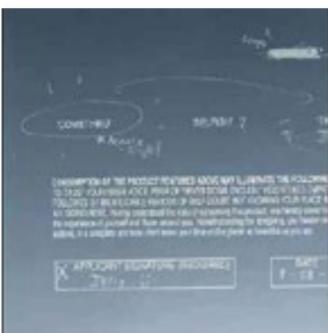
"Cool Again"
Shoffy
Cool Again

In 2016, Shoffy (real name Alex Shoffler) was working as a financial analyst in Beverly Hills by day and producing music by night, when he realized that he was making more money from his music career than he was at his day job. Deciding to quit his analyst position, he went home to his \$80 audio interface that he had purchased used on eBay and the Rode mic/Midi keyboard that his parents had purchased for him at the age of 14, and began working full-time as a musician. Best known for his 2016 hit "Takes My Body Higher", "Cool Again" is Shoffy's latest release and builds on his electro R&B style that incorporates indie pop and down-tempo undertones.



"Empty Space"
James Arthur
Empty Space

The 2012 winner of Britain's "X Factor" television show, James Arthur has followed up that success by releasing hit after hit online. Arthur is currently recognized as the 11th most listened to artist on Spotify in the world. Arthur's newest song, "Empty Space" is a heartbreaking apology about losing someone you love and the struggle that ensues to replace the void that they leave in your life. Replete with honest, poignant lyrics and accentuated by his distinct vocals with a guitar-heavy backing, "Empty Space" is sure to be a huge hit this fall.



"comethru"
Jeremy Zucker
comethru

At the age of 22, Jeremy Zucker is not only a recent graduate from Colorado College's molecular biology program, but also a budding music star. Beginning with Apple's "GarageBand" computer program in grade school, then SoundCloud and Spotify in college, Zucker's music career has officially transformed from a New Jersey bedroom operation to a national event with him going on tour/collaborating with the likes of Lauv & Blackbear. His latest release, "comethru", is Zucker's smooth, bright musical response to how he felt leaving college and returning home to NJ.

This week:



Scan the album covers with the Universe Plus app to hear a sample of each song.



BYU ARTS

byuarts.com | 801-422-2981

BRAVO! Karina Gauvin

Recognized for her work in baroque music and for her mastery of Handel repertoire, Canadian soprano Karina Gauvin knows how to rivet an audience in opera and concert performance. She has received numerous prestigious distinctions, and audiences across North America and throughout Europe are awed by "her powerfully dramatic voice with all its shades of color and vocal agility" (Toronto Concert Reviews).

Wed., Nov. 14, 7:30 p.m.
Madsen Recital Hall



BYU Syncopation

Known for their evocative storytelling and lyric interpretation, BYU Syncopation (formerly BYU Jazz Voices) creates complex harmonies, tight grooves, improvisation, and a unique combination of vocalists and instrumentalists. Featuring guest artists Rosana Eckert and Corey Christiansen.

Tues., Nov. 13, 7:30 p.m.
Madsen Recital Hall



BYU Jazz Ensemble

Wed., Nov. 14, 7:30 p.m.
de Jong Concert Hall

BYU Cougar Marching Band

Tues., Nov. 13, 7:30 p.m.
de Jong Concert Hall

BYU Philharmonic

Thurs., Nov. 15, 7:30 p.m.
de Jong Concert Hall

Final Cut Film Festival

Thurs.-Sat., Nov. 15-17, 7:00 & 9:00 p.m.
Pardoe Theatre

Radium Girls

Nov 16-17, 28-30, 7:30 p.m.
Dec 1, 4-8, 7:30 p.m.
Nov 17, Dec 1, 2:00 p.m.
Margetts Theatre

BYU Synthesis

Fri.-Sat., Nov. 16-17, 7:30 p.m.
de Jong Concert Hall

All events are ticketed.

BYUarts



Tweet Beat

#BYU #BYUprobs

Want to see your tweet in print? Tweet something about life around you with #BYUprobs or #BYU and hopefully it makes the cut.

Leave comments at universe.byu.edu or @UniverseBYU

@k_toone
SOS a girl next to me in class is using an iPhone 4 do you think it's contagious

@ImTheBrock
steps on scale

@Lexual_
Offended but not surprised

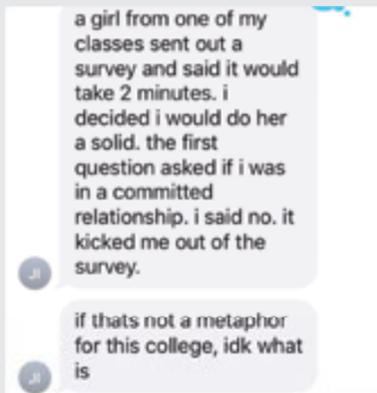
@poetickate
which essential oil will get rid of all the construction

@lindsonline
"once a kid in my class gave a 45 minute prayer to avoid the seminary test."
"that's no prayer—that's a filibuster!"

@AdelineYorgason
"How's school going?"
"Good. I'm kind of drowning but it's fine."
"Pretty sure this is the only acceptable response at this point in the semester. If you aren't drowning you aren't doing it right."
@HeardAtBYU

@Miss_amyjojo
"You're meeting his dog? That's basically a marriage proposal!"
@HeardAtBYU

@itsbobbah
I feel this text from my friend on a spiritual level @HeardAtBYU



@AmoNickk
i hope they get married

@jablonski023
This girl in my bio lecture fell asleep and the guy beside her took her clicker and answered all the question so she still got credit

@thekwakuel
one taught me love
one taught me patience
one taught me pain



@elizajlo
@HeardAtBYU "freshman hill"
Girl 1: you can borrow my engagement ring?? I brought it to keep the boys away!? But I mean clearly that didn't work hahahaha.
Girl 2: ...

@VainHarriet
BYU Testing Center be like:
"I'm all about that face, 'bout that face, no stubble."
#alsomynewdatingmantra
@HeardAtBYU @byutesting

@byu_fhss
"Everyone on campus seems really stressed with mid-terms." [Long pause before anyone responds.] "Actually, it's crunch time for our intramural soccer team and we have a real chance of making it." -FHSS Student College Council meeting @HeardAtBYU

@molly_moo_who
Dude 1: Are you gonna wait for her?
Dude 2: I am
Dude 1: That's what they all say
@HeardAtBYU

@HutchSchenewark
(Group playing Heads Up)
Girl 1- When you find someone attractive you go into their...
Girl 2- their house!!!
Girl 1- NO their DM's! @HeardAtBYU

@shelbyosaurus
"Yeah my first date from mutual I got proposed to" @HeardAtBYU

Tweets are unedited

GUEST OPINION

Discussions on diversity

There have been many recent efforts to increase diversity, but it seems more like a checklist rather than true and sincere interest.

I feel the word diversity has become more about division and separation between people than about positive change.

Being a minority student on the BYU campus is difficult. And I did not know how difficult being a minority was when I applied to BYU.

I sent in my application to BYU and I was nervous like many others. I worked hard in high school and felt confident in my application. When I received my acceptance letter, I was filled with joy. I remember sharing the news with one of my childhood friends and she said, "Oh, it's because you're Navajo."

That statement instantly stripped the excitement I had and a wave of guilt hit me. It made me question my intellect and the hard work I put into the application. But I tried to forget about the comment and focus on going to BYU.

I thought BYU would welcome me with open arms and I would finally be accepted for my whole self. I thought BYU is a church school and in the mission statement it says, "students at BYU should receive a broad university education ... which will help students think clearly, communicate effectively, understand important ideas in their own cultural tradition as well as that of others." I wanted to learn about other cultures and broaden my education. I was ready to embrace my culture and share it with others.

However, when I came to BYU, it was not what I imagined because I felt a racial separation. I entered class my freshman year, and I watched my classmates engulf in conversations as if they had known each other for years. They asked about their hometowns, upbringing, and even exchanged

phone numbers. But when it came to me, they simply asked what my name was and where I was from then moved on to the next person. After a couple weeks, I began to feel lonely. I did not like class. I saw my roommates go on multiple dates and talk for hours about boys. I felt I could not talk to anyone because it seemed like no one understood what I was feeling.

One day in class the topic of immigration came up. I was writing notes and the professor called my name to see if I had anything to add to the conversation. I did not know what to say because I am not an immigrant nor are my ancestors. I am full-blooded Navajo but because of the color of my skin, I became the spokesperson for all people of color.

I went to my dorm and thought more about the rest of the semester and my time at BYU.

My time at BYU has been hard. I am working on numerous projects to help minority students feel more welcomed and included at BYU. I have worked with many students and heard their stories and it is heartbreaking to hear their stories. All the students I have talked to faced a similar story with friends, school or church.

One positive experience I had in class was about a controversial topic concerning Native Americans. The professor opened class to a discussion and I was scared. I didn't know how my peers would respond and I was afraid of hurtful comments. To my surprise, my peers were sincerely curious. They asked respectful questions and stood up for the Native American views. I felt safe and comfortable to share my thoughts and I felt genuinely happy because I did not feel alone.

Diversity needs to change from division and separation to unity and respect.
—Erin Tapahe, BYU communications major

READERS' FORUM

Puppy Barn

According to a survey from the UCLA Higher Education Institute, 69 percent of first year college students report feeling homesick. I was included in that 69 percent. I soon went in search of a place where I could just hold a dog to alleviate my homesickness, and I came across Puppy Barn.

My experience is not unique. That intense, immediate response of your heart melting after seeing a tiny, big-eyed puppy is always the reaction you will feel when walking into one of their locations.

Puppy Barn is not a pet store. A pet store is a location where dogs are put into cages behind glass windows, isolated and alone. It has been psychologically proven that this messes with dogs minds. Luckily, Puppy Barn places dogs together.

According to Maslow's hierarchy of needs, in

order to survive — once physical needs are met — a sense of belonging and love is also needed. The motto of Puppy Barn is "home-to-home," suggesting they help provide dogs with an environment that makes adjusting easier when they are adopted. Because of Puppy Barn, 7,000 puppies have been adopted since 2014.

It is indisputable that these locations are made with an environment of care and love for each and every puppy in it. It is an environment in which puppies are kept clean and safe.

The benefits at Puppy Barn are endless — they help reduce stress, they are mood-lifting and they provide you with a smile and a healthy dog.

—Ashtyn Chipman
Boston, Massachusetts

OPINION OUTPOST

The Opinion Outpost features opinions and commentary on the latest hot topics from national news sources.

Direct democracy

Despite this relatively jam-packed ballot, Utah still does not appear to be headed toward California-style direct democracy. The state maintains a high bar for getting proposed laws on the ballot. What voters did accomplish, however, was to send a message to lawmakers that they intend to impose the will of the people in situations where they feel repeatedly ignored.

—Editorial Board
Deseret News

Abortion

The Texas state Legislature has been relentless in its efforts to stop women from exercising their legal right to an abortion. When the Supreme Court tossed out the state's onerous requirements for abortion

clinics and providers in 2016, the statehouse just kept churning out other restrictions, both absurd (such as the requirement that fetal remains be buried or cremated, which has also been struck down) and serious. The 5th Circuit should see a restriction on this common and safe second-trimester procedure as onerous and unlawful, and uphold the injunction.
—Editorial Board
Los Angeles Times

Voting machines

New machines and updated software would make election infrastructure safer, and the Department of Homeland Security's efforts this election cycle to monitor states' systems for malicious traffic should also continue. But electronic voting systems, from machines to digital poll books to tabulators, will always be vulnerable as enemies become more sophisticated. The surest answer would be a law from Congress, similar to the Secure Elections Act currently stalled in the Senate, to

mandate that states maintain a voter-verified paper record to pair with any electronic one.

—Editorial Board
The Washington Post

Gun control

This is not to say that this issue is no longer a core element in the endless red-blue culture war. And the NRA, which remains a rich, powerful force in our political system, certainly intends to keep it that way.

—Editorial Board
The New York Times

Global hunger

The Utah Department of Agriculture and Food calls (Jon) Takemoto and (Tom) Chang's work "a monumental discovery" that will "lead to a number of solutions for farmers in Utah and across the globe." It is also another example of USU's continued leadership in agricultural research. The two scientists are to be commended for their groundbreaking work,

and USTAR (Utah Science and Research initiative) deserves praise for recognizing the importance of and funding the effort. Advancing research in the name of combating a problem as critical as global hunger is among the most important commitments the scientific community can make.

—Editorial Board
Deseret News

San Juan County

The state of Utah absolutely owes it to San Juan County residents to give this legitimately elected government every tool

of support. We're here because the state allowed the county to systematically deny equal representation for decades. One way to help would be to negotiate a settlement to the Bears Ears National Monument lawsuit with the five tribes that pushed for it.

—Editorial Board
The Salt Lake Tribune

Trump and the press

Mr. Trump has amply demonstrated his inability to deal with criticism or tough questions in

any way other than to immediately, angrily and crudely counterattack. Mr. Acosta has regularly provoked the president to fury, and he did so again on Wednesday with questions about the Central American migrant "caravan" and the Russia investigation. Anger is one thing, but in suspending Mr. Acosta's press credential, Mr. Trump signaled that in his view, asking hard questions — the most basic function of a reporter — disqualifies journalists from attending White House briefings.

—Editorial Board
The New York Times

WE WANT TO HEAR FROM YOU

The Universe encourages students, faculty and BYU staff to add their voice to ours by writing letters to the editor and guest editorials, or by submitting editorial cartoons.

- All letters should be submitted by email to universe.ideas@gmail.com. The topic of the letter should be included in the subject line.
- Letters should also include the author's name, hometown (for students), campus position (for faculty and staff) and phone number. Anonymous letters will

- not be published.
- Letters should be no more than 250 words and may be edited for length, clarity or style.
- Guest editorials should be 500 to 700 words and are encouraged from individuals with professional or academic expertise on the topic.
- Opinion editor Riley Waldman can be reached at universe.ideas@gmail.com.

BYU plans to appeal NCAA's Nick Emery crackdown

BYU Athletics calls sanctions disappointing

By CAITLYN LARSEN
ALLDREDGE

The NCAA announced on Nov. 9 that Brigham Young University's men's basketball team has been put on probation for two more years and is required to vacate 47 wins from the past two seasons. In addition, BYU will forfeit a scholarship, all due to extra benefits from boosters given to guard Nick Emery.

The NCAA investigation found Emery was given over \$12,000 in extra benefits. Among those benefits were cash, meals, rounds of golf, vacations and the use of a car. In an earlier decision made by the NCAA, Emery is to be suspended for the first nine games of the 2018-19 season.

A fine of \$5,000 and reduction of one men's basketball scholarship was offered by BYU as self-penalties, but the NCAA did not feel that was enough. It followed those penalties with a report stating it is vacating all wins in which Emery played over the last two seasons (47). BYU will be placed on a two-year probation and recruiting restrictions will also be placed on the team.

The NCAA committee claimed BYU had an advantage of an ineligible player for two years, and the committee is concerned over the level of unmonitored access boosters had to the student athlete.

In a statement issued by head coach Dave Rose, he voiced his disapproval with the NCAA's decision.

"I'm very disappointed with today's NCAA ruling," Rose said prior to the game against UVU on Nov. 9. "I strongly support the university's plan to appeal the decision. That being said, my focus is on our team and tonight's game with Utah Valley."



Ari Davis

Nick Emery drives to the net in the game against Pepperdine on Jan. 19, 2017. Emery withdrew from school last year and will return this upcoming season after sitting out the first nine games.

BYU Athletics posted a response from the university about the announcement. "We are disappointed with the decision announced today by the NCAA Committee on Infractions (COI). The COI review is the result of a BYU self-report to the NCAA. From the beginning, BYU has considered the possible

infractions a serious matter, and we have cooperated in every way with the NCAA review," the statement reads. "There was no institutional knowledge of or involvement in the infractions. In fact, the NCAA found that Coach Rose promotes an atmosphere of compliance and monitors the program."

The statement also says that the NCAA hasn't issued a similar requirement of vacating games, like it has for BYU, in cases "where the COI found there was no institutional knowledge of or involvement in the violation by either the coaching staff or other university personnel."

The statement explains that BYU plans to appeal the NCAA decision, mentioning that this is the "most severe vacation-of-record penalty" imposed in NCAA Division 1 basketball history in which there wasn't any "knowledge or involvement" of the incident on the part of the institution.



BYU Photo

Coach Ed Eyestone, left, is pictured with Connor McMillan, Rory Linkletter and Kramer Morton at All-Regions on Nov. 10, 2017.

Former Olympians continue success as coaches

By RACHEL KEELER

BYU is known for a variety of things such as its religious commitments, subsidized tuition and athletic programs. However, something not often recognized about the university is the number of Olympians who call BYU their alma mater.

There have been 75 Cougar athletes, in 12 different sports, who have competed in the Olympic games. From these 75 athletes, three have come back to BYU to coach in their respective sport: coach Ed Eyestone of the men's cross country team, coach Niklas Arrhenius of the track and field throwing team, and coach Guard Young of the women's gymnastics team.

Ed Eyestone (1988, 1992)

Eyestone is a two-time U.S.

Olympian marathon runner. Eyestone competed in the 1988 games in Seoul, South Korea, placing 29th with a time of 2:19:09. He also ran in the 1992 games in Barcelona, Spain, placing 13th with a time of 2:15:23. Eyestone was inducted into the BYU Hall of Fame in 1998.

Niklas Arrhenius (2008)

Arrhenius, a discus and shot put thrower, represented Sweden in the 2008 Olympics held in Beijing, China. He took 32nd in the discus throw with a distance of 58.22 meters.

Guard Young (2004)

Young was a three-time member of the U.S. men's gymnastics team. Young competed in the 2004 Olympic games in Athens, Greece, where he helped the U.S. team win silver. Young was inducted into the BYU Athletic Hall of Fame in 2010.

Arrhenius is the most recent

international competitor, making an appearance in London at the World Championships in 2017. Young and Eyestone are no longer competing at an international level, but Eyestone said he still views himself as an Olympian.

"The Olympic (Association) has a saying, 'Never former, never past, once an Olympian always an Olympian,'" Eyestone said.

These Olympians are now coaching at BYU full time and are inspiring their athletes each day through their examples.

According to Eyestone, he had been planning on coaching since the beginning, and once the opportunity arose to be an assistant coach at Weber State and then head coach at BYU, he took it. "It was a pretty easy decision (to coach)," Eyestone said. "(You) learn more about the sport and come up with other things to help other people accomplish their dreams."

Olympian, stats professor fastest American in NYC Marathon

By ABIGAIL KEENAN

Jared Ward, a 2016 Olympian and BYU professor, didn't know if he'd even be competing for the 2018 New York City Marathon due to a pulled hamstring.

After calling the race director and speaking with him, he decided that despite the imperfect lead up to the marathon, he would race anyway.

When asked what made the little bit of difference to finish, Ward said his mindset was better this year. His best marathon was in the Rio Olympics, where he completed his event in 2:11:30, but his 2:12:24 time this past Saturday is what placed him sixth overall and first among all American competitors.

His decreasing mile average worried him leading into the last stretch of the race, but he said he relied on energy and team support for the mental fuel.

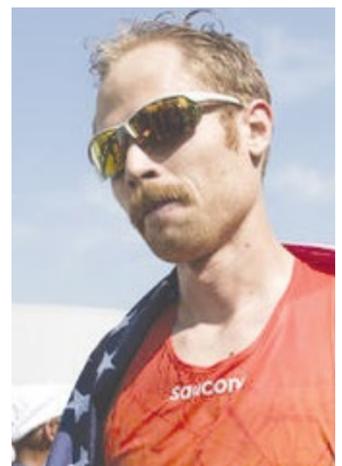
"I was counting on the crowd's (energy) carrying me through those high miles. They were absolutely amazing," Ward said.

The legendary big city course starts on Staten Island and makes its way up through Brooklyn. It then crosses the Queensboro Bridge before making its way over to Manhattan, finishing on the southern end of Central Park.

Ward not only competes for his own personal growth but competes for those who have helped him throughout his years of competition.

"One thing I learned going through the last Olympic cycle was the idea of going out and giving the race my best for all the people who had sacrificed for me to have the opportunity," Ward said.

With endless amounts of help with personal trainers, nutritionists and sponsors, Ward continually expressed gratitude to his team and



Associated Press

Jared Ward walks from the finish line with a United States flag on his back during the U.S. Olympic marathon trials, Saturday, Feb. 13, 2016, in Los Angeles.

community who let him go out and compete.

Preparing for this run, Ward trained alongside BYU's cross country team who is currently ranked No. 2 in the nation.

"The team has some great runners that really help me with the faster training," Ward said.

Ward still trains alongside his former coach and the current director of BYU track and field and head cross country coach, Ed Eyestone. Eyestone is also a former Olympian, competing in both the 1988 Seoul Olympic Games and the 1992 Barcelona Olympic Games.

Since this race attention won't last forever, Ward said he already has his eyes set on the 2020 Olympics. Though he doesn't know exactly what the future holds, he said, "I love teaching and running, and as long as I can continue to do both, I likely will."



Associated Press

Tennessee Titans running back Dion Lewis (33) is tackled by New England Patriots middle linebacker Kyle Van Noy (53) during Tennessee's 34-10 win over New England on Sunday, Nov. 11, 2018, in Nashville, Tenn.

Cougar alumni rack up tackle stats

By JACKSON PAYNE

Kyle Van Noy (2010-13): Van Noy recorded a career-high 13 total tackles in New England's surprising 34-10 loss to the Tennessee Titans. Van Noy currently ranks first on the Patriots and 11th in the AFC with 66 total tackles.

Taysom Hill (2012-16): Hill ran four times for 24 yards, recorded a special teams tackle and lined up at tight end on several occasions. In addition, he nearly threw a touchdown on a jump pass trick play

(similar to the types of passes that Tim Tebow would throw) until the receiver dropped the ball. Hill's Saints routed the Cincinnati Bengals 51-14 and currently sit atop the NFL power rankings.



Daniel Sorensen (2008, 11-13): The Chiefs strong safety made his first appearance of the season following a knee

injury. He recorded five total tackles in a 26-14 win over the Arizona Cardinals.

Ezekiel Ansah (2010-12): The Lions defensive end made one tackle in a 34-22 loss to the Chicago Bears.

Michael Davis (2013-16): The linebacker-turned-cornerback earned the start for the Chargers, recording four tackles and a pass deflection in a 20-6 victory over the Oakland Raiders.

Jamaal Williams (2012-16): Williams ran three times for three yards in a 31-12 Packers victory over the Miami Dolphins.

Women's volleyball team grateful for record-breaking fan attendance



Abigail Keenan

BYU fans cheer at the BYU-Utah game on Sept. 13. BYU fans have helped set multiple attendance records at home and on the road this season.

By JOSH CARTER

It's no secret there has been a buzz surrounding the #1 BYU women's volleyball team this season.

The volleyball team has an undefeated record and is ranked No. 1 for the first time since 1986. With these records, fan attendance has been breaking records this season not only at the Smith Fieldhouse but also on the road.

"I feel like every game I leave from, the crowd could not have been more loud," libero Mary Lake said. "But then the next game we have they're even louder. They just bring so much energy."

The top two most attended games in BYU women's volleyball program history happened this season, with the highest being against Utah on Sept. 13, with 5,472 fans in attendance — shattering the previous record of 4,672 set in 2016.

BYU fans later came close to the record in a match against San Diego on Oct. 5, with a total attendance of 5,082.

"With all the energy in here, it's just crazy fun," outside hitter Roni Jones-Perry said after the match against Santa Clara on Nov. 6. "I honestly don't think I've ever been in a game that's ever been that loud. Our fans were awesome tonight, I'm super grateful for them for coming out."

The Smith Fieldhouse, built in 1951, has been home to the



women's volleyball program ever since it came into existence in 1969. Although several other college volleyball programs share stadiums with their basketball programs, the smaller size of the Smith Fieldhouse creates a unique environment where it can get loud.

"Our crowd is amazing," Lake said. "I was talking with one of the San Diego girls (after our match on Nov. 2) and she said that they couldn't even hear the plays that they were calling. Our crowd has a big influence on the game."

Dallen Aquino, a BYU student from Neward, California, talked about how exciting it's been to watch the team from the ROC section this season.

"It's been fun just to see how well they play and to feel all the energy here at the Smith Fieldhouse," Aquino said.

BYU fans have not only showed up to the Cougars' games at the Smith Fieldhouse

but to their road games as well.

When BYU traveled to face Portland on Oct. 25, the game — with 2,259 fans in attendance — was the most attended game in Portland women's volleyball history, largely in part to the BYU fans in the area.

Setter Lyndie Haddock-Eppich talked about the impact that having fans on the road has on the team.

"It just goes to show how much BYU is loved by anyone out there," Haddock-Eppich said. "Just being able to go anywhere and trust that there are going to be fans there for us makes it a little bit easier for us. A lot of times there are more fans for us in those gyms than for the other teams, so it's an advantage for us for sure."

The Cougars are only three games away from recording a perfect season as they now travel to California to play a trio of matches on Nov. 15, Nov. 17 and Nov. 20 to end the season.



Simple Bites

LOADED POTATO CHEESE SOUP

	For 1	For 2	4 or more	
	1 large	2 large	4 large	potatoes
	1 large	2 large	4 large	carrots
	1 stalk	2 stalk	4 stalk	celery
	1/2	3/4	1	onion
	1 cup	2 cups	4 cups	chicken stock
	1 cup	2 cups	4 cups	whole milk
	2 tbsp	1/2 stick	1 stick	butter or margarine
	1 tbsp	2tbsp	1/4 cup	flour
	2-3 strips	3-4 strips	5-6 strips	bacon
	2 tbsp	1/4 cup	1/2 cup	chopped parsley
	1 cup	2 cups	4 cups	sharp cheddar cheese
	1 tbsp	2 tbsp	4 tbsp	salt and pepper

Garnish as desired:
sour cream
chopped green onion
crispy bacon
cheddar cheese

- Peel and dice potatoes and carrots.
- Place in large pot, cover with water and bring to boil.
- Cook until potatoes and carrots are soft.
- Drain and set aside.
- In small skillet, cook bacon until crisp.
- Remove from pan and place on paper towel lined plate.
- Dice bacon when cool.
- Peel and dice onion and celery.
- In a large pot (can be the same one used before) melt butter.
- Add diced onion and celery. Sauté until onion is clear.
- Season with salt and pepper.
- Add flour and stir.
- Add chicken stock and whisk until smooth.
- Season with additional salt and pepper if desired.
- Reduce heat and add milk, stirring constantly.
- Add cooked potatoes and carrots, mixing well.
- Add bacon, parsley and cheese.
- Stir well until cheese is melted and soup is creamy.
- Serve hot topped with your favorite garnishes.

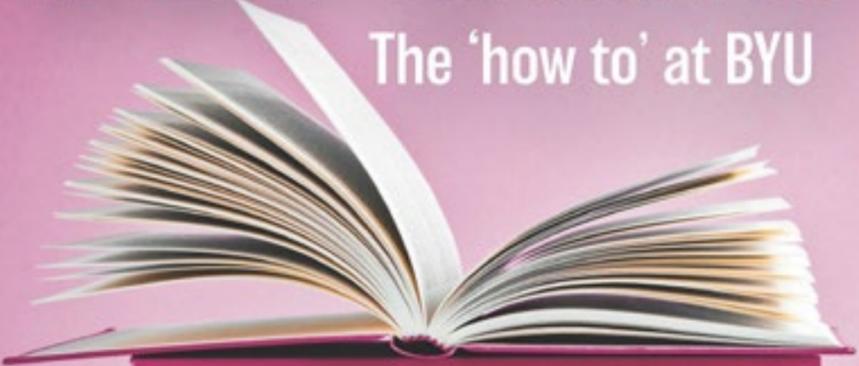


Scan the photos with the Universe Plus app to see a video demonstrating how to make this recipe.



#BYU hacks

The 'how to' at BYU



HOW TO
FIND A
FREE DATE

Scan the books with the Universe Plus app to view the hack!



Dilbert®

I NEED A MORE ERGONOMIC OFFICE CHAIR. LET ME CHECK THE BUDGET.

HMM... NOPE. WE DON'T HAVE A BUDGET FOR MAKING WHINY EMPLOYEES HAPPY.

MY CURRENT CHAIR HURTS MY BACK. IT'S NO PICNIC FOR THE CHAIR EITHER.

I WANT YOU TO TAKE OVER TED'S SOFTWARE UPGRADE. CAN YOU FINISH THAT IN A WEEK?

ARE YOU KIDDING? IT WILL TAKE A WEEK JUST TO BAD-MOUTH HIS EXISTING CODE TO EVERYONE WITHIN WALKING DISTANCE.

IS THAT PART NECESSARY? LIKE WATER TO A FISH.

Peanuts®

????? MY HANDS AREN'T SHAKING????

I'M NOT DIZZY ANY MORE... MY STOMACH DOESN'T HURT. I'M ACTUALLY HUNGRY!

I MADE IT THROUGH THE WEEKEND WITHOUT MY BLANKET! I DID IT! I DID IT!

AND I DID IT MY WAY!!

SWEET, DARLING, DEAR SISTER... GUESS WHAT...

I'VE BROKEN THE BLANKET HABIT! I MADE IT THROUGH THE WEEKEND WITHOUT MY BLANKET! I DID IT! I DID IT!

AND I DID IT MY WAY!!

THAT'S THE SCREAMING AND SHOUTING AND POUNDING ON THE GROUND AND MAKING A FOOL OUT OF YOURSELF WAY...

Garfield®

HAPPY MONDAY!

THIS IS THE BEST DAY EVER!

AND, IN CASE YOU MISSED IT, THIS IS CALLED "SARCASM"

I'M NICE

ASK ALMOST ANYBODY

Pickles®

YOU DON'T HAVE A MUSTACHE IN THIS PICTURE, GRAMPA.

AND IN OTHER PICTURES YOU DO HAVE A MUSTACHE.

YOU ARE VERY OBSERVANT, NELSON. LET ME TELL YOU A LITTLE-KNOWN FACT ABOUT MYSELF...

IN EVERY PICTURE EVER TAKEN OF ME, I EITHER HAVE A MUSTACHE OR I DON'T HAVE A MUSTACHE.

WHERE ARE YOU GOING?

WHY DO YOU ASK ME THAT EVERY TIME I STAND UP?

I DON'T KNOW WHY. IS THERE ANYTHING WRONG WITH CARING WHERE YOU'RE GOING?

YES, IT ALWAYS MAKES ME FORGET WHERE I WAS GOING!

Non Sequitur®

I GUESS THE COURTS ARE SERIOUS ABOUT CRACKING DOWN ON NUISANCE SUITS

YOUR LAWYER MUST BE ON A LEASH

Zits®

IN MY OPINION, "HAMLET" IS A REVENGE PLAY

EXCELLENT INSIGHT, PIERCE...

...BUT NOT FOR A CALCULUS PROBLEM.

WAIT—WHAT PERIOD IS THIS?

Sudoku

Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at universe.byu.edu/sudoku.

4	2	9				6	8		5				3				8	8	5						1	3	7	8							3	4
4			7	8				2	9	2					6	1		1		3	7				2	5			2					7	1	
1			9					7	8		9		6		5			4			9							5					8	2		
	4		3	2	5		9			7	3	8	4					9	7	4	8				4		5	3								
		5	9		6	3			6						5					8						9							3			
	9		8	1	7		4			4	6	5	7				1	5	6	3						1	9					4				
3			6				5		1	5	4		7				6		3					7	5											
5		1	4				9		4	9		5	6			4	6	3		9				8	4		7					9				
8	2					1	6		3			9			4	5	2			7	8			3	2		6	5								

Your New BYU Target is Now Open.

Bulldog & State

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The New York Times Crossword

Edited by Will Shortz No. 1008

ACROSS

- Something up one's sleeve?
- To's opposite
- Fool
- Fashion designer Geoffrey
- Four-star review
- "Lovely" Beatles girl
- Anode or cathode
- Onetime leader of Iran
- Former Disney C.E.O. Michael
- Antlered animal
- Land for O'Connor or O'Casey
- Unspoken but understood
- Iconic San Francisco bridge
- Chanel of perfume fame
- Response to "Who wants to go?"
- In order that one might
- Jewel
- Where to find the ends of 17-, 27-, 50- and 65-Across
- Vinyl records, for short
- Hester of "The Scarlet Letter"
- "Water Under the Bridge" singer, 2016
- Frozen dessert franchise
- Steinbeck novel set in Monterey
- Admission of perjury
- Daytime store window sign
- Candy from a dispenser
- Urban-Champaign students
- Frozen dessert franchise
- Rock music boosters

DOWN

- ___ and flows
- Jacob's first wife, in the Bible
- Software version for testing
- Discreetly, informally
- Tiny
- Cooking in a pan with oil
- "Confound it!"
- Place to cook a turkey
- The first "T" of TNT
- Relative of alcopop
- Like this type
- Address, as a listener
- Bride strap
- Action star originally known as Laurence Tureaud
- Team race
- Make a scene?
- Band's booking
- "You ___ me one"

ANSWER TO PREVIOUS PUZZLE

LAPWD AFLAC SWAB
 AREAS MIAMI MICE
 DRAMATISPERSONAE
 EAR HIGH CORGIAE
 SULTANOFBRUNEI
 IRT ROOS SNUB
 SUNDAY YAW GRO
 THEEND ISNIGHT
 ANA DOH NEATER
 GORP SOBA LXI
 FIGHTINGILLINI
 ASASET GENE XER
 BATTLEOFTHESINAI
 LMAO TRUER SOARS
 YELL LENNY NYSE

The New York Times Crossword

Edited by Will Shortz No. 1008

ACROSS

- Sends to eternal punishment
- Apple desktop
- Kind of tide
- Kindle purchase
- Greek goddess of Earth
- "Free Willy" creature
- Easter hopper
- Not mine alone
- Platypus feature
- Coined phrase?
- Bob who won the 2016 Nobel Prize in Literature
- What a kitten is picked up by
- Something Linus carries in "Peanuts"
- Buds
- What it takes to tango
- Canine, e.g.
- 2016 Best Supporting Actor winner Mahershala
- Collections for afternoon socials
- Reticent
- Ballet dancer in "Fantasia"
- Regal initialism
- Physics prereq., maybe
- "Just as I expected!"
- "The Giving ___"
- (Shel Silverstein title)
- Civil rights leader Medgar
- 2016 Best Picture nominee ... or a hint to the circled letters in 20-, 25- and 43-Across
- Frozen yogurt mix-in
- West Bank-based grp.
- Make clothing
- Ingredient in a Manhattan
- "Quaking" tree
- Excessively
- Distinctive feature of Mr. Spock
- Look that might "shoot daggers"
- Abbr. ending a company name
- Genetic stuff
- Actress ___ Flynn Boyle
- Long-legged wader
- Offering now discontinued by most discount carriers
- Cut (down)
- Keep the sauce from congealing, say
- Un distinguished
- "Beowulf," e.g.
- Loud noise
- Pride parade inits.
- Kit ___ bar

PUZZLE BY JACOB STULBERG

Online subscriptions: Today's puzzle and more than 7,000 past puzzles, nytimes.com/crosswords (\$39.95 a year).
 Read about and comment on each puzzle: nytimes.com/wordplay.

The New York Times Crossword

Edited by Will Shortz No. 1009

ACROSS

- Item cut up for a salad, informally
- Dental care brand
- Tilt
- "That makes perfect sense now!"
- Crude carrier
- "SportsCenter" ainer
- Unauthorized disclosure
- "Be prepared," for example
- One at a coming-out party, briefly
- Dhabi
- Wallet alternatives
- Puzzle
- Astor Astin of "Pitch Perfect"
- Composer Stravinsky
- Island east of Lanai
- Website with a lot of home pages?
- Laid-back
- Mock Spanish expression of disapproval
- The Emerald Isle
- Rights org.
- It can be greased
- Wed
- Footwear for a dandy
- "What's the ___?" (slangy "How's it going?")
- Longtime Yankees manager Joe
- Triage sites, for short
- Dinosaur in the Super Mario world
- Passover brisket seasoning
- Anesthetics of old
- Parsley, sage, rosemary and ___ ("Scarborough Fair" lyric)
- Remote location?
- It may wind up at the side of a house
- Annoys
- Profound
- Company whose how-to manuals lack words
- Tentatively schedule, with "in"
- Say no to
- Tennis do-over
- "Dude!"

ANSWER TO PREVIOUS PUZZLE

DARNS ISMS LASS
 ORION STEP OWEN
 BIGCOMPANY VEGA
 BOOHOO GUIDEDOG
 STRETCH GUS
 HAIIRGREASE
 NAM BASTE EARED
 SCALE FIG STOLE
 FARAD USERS DAN
 WICKEDNINE
 EGO TAGALOG
 MAKEGOOD DEFUSE
 UBER FROZENUNCE
 SIRI USNA TOGAS
 ETRIE SOAP STERE

The New York Times Crossword

Edited by Will Shortz No. 1009

ACROSS

- Item cut up for a salad, informally
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PUZZLE BY NATAN LAST, ANDY KRAVIS AND THE J.A.S.A. CROSSWORD CLASS

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'Let's Talk Trash' initiative encourages healthy eating, reducing food waste

Save some green by going green

By CIERA KUESER

BYU associate professor Pauline Williams and the U.S. Department of Agriculture's Center for Nutrition Policy and Promotion's project Choose My Plate created an initiative called "Let's Talk Trash" to help people save money and combat food waste.

The majority of the initiative's resources were created for students by BYU dietetic interns under Williams' supervision.

Choose My Plate reported over 90 billion pounds of food is wasted each year — 123 times the weight of the Empire State Building. People waste about \$370 worth of food per person each year.

"Let's Talk Trash" provides ways to be more mindful with use of food and trash. These include planning and saving, being food safe, checking for quality, setting storage reminders, being organized, repurposing, donating and recycling or composting.

The Choose My Plate project provides information about healthy living and eating practices. Choose My Plate



Ty Mullen illustration

Americans waste about \$370 worth of food per person each year, according to the U.S. Department of Agriculture's Center for Nutrition Policy and Promotion.

provides daily nutrition tips, portion size guidelines and other resources.

Registered dietitian

nutritionist Tara Orr acknowledged the lack of education available on food waste.

"It's a learning curve. We don't learn everything immediately. You're going to prepare meals, and you're going to have food waste, but learning each time from that is what's important," Orr said.

Becoming more aware of what gets thrown away will not only help reduce landfill contribution, Orr said, but will help students save money.

Choose My Plate and registered dietitian Williams created several tips to help

students save money and conserve landfill space.

Williams encouraged students to plan out their meals for the week and use food already in the pantry. She said looking in the pantry before making a list of meals for the week will help students buy food items they will actually use.

According to Williams, another way students can save money and food is by repurposing leftovers.

"Get creative with the extras. There are a lot more options than you think," Williams said.

Choose My Plate encourages students to reuse their leftovers in recipes, citing broccoli stems in a salad or overripe fruit in a smoothie as examples.

Williams also advised students to freeze their extra food. "Sometimes you make a bit too much soup and would rather not eat it for every meal until it's gone. Instead of tossing it, freeze it and thaw it for a delicious meal later," Orr said.

Many college students don't have enough time to cook and end up settling for less nutritious alternatives instead, Orr

said. Doing so can impair academic performance and cause health defects.

BYU dietetics student Hannah Morgan said students should cook more nutritious meals.

"A well-balanced diet is important to the health of anyone, including students. Bad eating habits can lead to a number of nutrient deficiencies. These include both short-term and long-term health defects," said Morgan.

In addition, Orr suggested students put more effort into recycling and composting scraps. Potato peels, egg shells and banana peels along with other organic materials can be composted into soil, Orr said.

Provo City's recycling website provides information and resources to utilize recycling and composting services. Students who do not have access to the curbside recycle program can take their items to drop-off recycling sites in Provo.

Williams and her team of dietetic interns also created a cookbook called "How to Eat Healthy on a Budget" for university students who want to save money and stay healthy.

Additionally, the cookbook includes corresponding videos that show how to make some of the dishes.

Amanda Meir, a dietetics intern and current graduate student, worked on the videos under Williams' supervision.

"I didn't know these resources existed until I did this internship during my undergrad. BYU has tons of resources, and the financial fitness center can help you," Meir said.

Meir said her team is continuing to research dietetics in hopes of helping more students see that it's possible to eat healthy on a budget.

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