

Women's Conference Edition

Schedule and map on **Page 8**



Savannah Hopkinson

Sisters Michelle D. Craig, Bonnie H. Cordon and Becky Craven of the Young Women general presidency of The Church of Jesus Christ of Latter-day Saints speak during BYU Women's Conference in 2018.

THE UNIVERSE

Serving the Brigham Young University Community

universe.byu.edu
April 30 - May 6, 2019

[f](#) [t](#) [@](#) UniverseBYU
Brigham Young University
Provo, Utah



Savannah Hopkinson

Almost 15,000 women attend Women's Conference each year. This year's event features keynote speakers Elder D. Todd Christofferson and his wife, Katherine, among other speakers, many of whom are members of the Relief Society, Young Women's and Primary general presidencies. Women who attend are able to listen to speakers and also participate in service projects that provide items to those in need around the world.

Annual Women's Conference 44 years in the making

By RACHEL KEELER

BYU Women's Conference began as a small group of students but has grown over the years to become a broadcast event with almost 15,000 women in attendance.

The conference was originally an Associated Students of Brigham Young University Women's Office event that was planned and attended by a small group of BYU students in 1975.

Then-university-President Dallin H. Oaks and Church commissioner Jeffrey R. Holland realized the growing importance of discussing women's issues in a forum setting and encouraged the expansion of the conference to all women of the Church three years after its conception.

Women's Conference since has become a large two-day event. The event is held every year on BYU's

campus, typically the week after graduation.

Because BYU is large enough to accommodate so many, registration is not limited and walk on registration is available in addition to online advanced registration, according to BYU Conferences and Workshops assistant program administrator Lorelie Sander.

University dorms in Helaman Halls, Heritage Halls and Wyview Park are used to house the sisters attending the conference.

Sander said the Women's Conference committee and service subcommittee begin organizing and planning as early as August or September.

An official statement coined in 1986 by university President Jeffrey R. Holland guides the purpose of each Women's Conference.

"To provide a rich experience for women — young and old, married and single, mothers and daughters — (in) a conference content full of intellectual stimulation, cultural enrichment and

spiritual affirmation," President Holland said.

The committees use this to plan the conference theme and choose session topics, presenters, musical numbers and service projects that will happen during the two-day event.

The event is advertised through various social media accounts, emails, printed materials and by word of mouth.

"The best advertising is done by sisters who have attended Women's Conference before and who share their stories and invite their friends and family to come with them," Sander said.

About 1,200 volunteers help run the event. According to Sander, these volunteers include committee and subcommittee members, building hosts, hospitality and service team project leaders and service team members.

This year's conference will feature Elder D. Todd Christofferson of the Quorum of the Twelve Apostles and his wife, Katherine, as concluding

speakers. Members of the Relief Society, Young Women and Primary general presidencies and boards, along with others who bring a diversity of experiences, make up the more than 160 presenters and speakers at the conference, according to Sander.

Seventy sessions are held in the largest lecture rooms and venues in the Marriott Center, Harris Fine Arts Center, Wilkinson Student Center, Hinckley Center, Joseph Smith Building and BYU Conference Center. Sessions in the Conference Center will be given in Spanish.

The opening and closing sessions take place in the Marriott Center with the Friday morning general session and closing session being live streamed on ChurchofJesusChrist.org in English, Spanish and Portuguese.

This year's conference will be celebrating its 20th anniversary of service activities and will be hosting its first ever Sister to Sister event.

In honor of the anniversary, those

attending the conference will complete 20 projects producing a variety of items that will benefit the community including 225,000 meal kits and 22,000 backpacks filled with school supplies.

"Completed items will be donated to approximately 90 agencies throughout the state of Utah, including schools, hospitals, homeless shelters, elderly care facilities, crisis nurseries, veterans associations and homes for the mentally ill," Sanders said.

The Sister to Sister event will be held during the Friday general session of the conference and moderated by Sister Sheri L. Dew with a panel of the Relief Society, Young Women and Primary general presidents: Sister Jean B. Bingham, Sister Bonnie H. Cordon and Sister Joy D. Jones.

Sanders said the event will be similar to the Face to Face events the Church hosts for the youth. The general presidents will answer questions submitted online or by email from sisters around the world.

RELIGIOUS FREEDOM ANNUAL REVIEW

JUNE 19-20, 2019 • BRIGHAM YOUNG UNIVERSITY

Free for all students and BYU faculty and staff

BYU LAW
INTERNATIONAL CENTER FOR LAW AND RELIGION STUDIES

REGISTER ONLINE

religiousfreedom.byu.edu/

EARLY-BIRD REGISTRATION ENDS: MAY 4

WHEATLEY INSTITUTION



PATRICK KEARON



KRISTINA ARRIAGA



Claire Gentry

Sione Takitaki looks onward as the Cougars lifted their record to 4-3 on the season in Provo against Hawaii on Oct. 13, 2018.

Cleveland Browns draft Sione Takitaki with 80th pick in the NFL draft

By AARON FITZNER

Star BYU linebacker Sione Takitaki has found his new home.

Instead of a donning the blue and white this upcoming fall, the 230-pound linebacker will put on a brown and white jersey and join the Cleveland Browns on the gridiron.

Despite a rough start to his college career that included being thrown off the team as a freshman for a dorm room fight and having to sit out for a full season due to a misdemeanor charge in 2016, Takitaki was able to mature and find his balance as a Cougar. Becoming an incredible inspiration and role

model, Takitaki made himself into a leader, being named a team captain in 2018. He had a standout senior campaign for the Cougars which included 74 solo tackles and 9 tackles for loss. His season total of 118 tackles was good enough to be recognized among the top 50 tacklers in the nation, ranking 31st among all defenders in total tackles.

The native of Fontana, California, turned his career around and appeared in every game over his final two seasons. He was named to the All-Bowl Team in 2018 after leading all defensive players in the nation with 18 total tackles in his bowl game. In addition, Takitaki was the only BYU representative at the 2018 NFL combine. He was

the fifth linebacker to be taken in the 2019 draft.

Takitaki joins an exciting Browns team that has high hopes for the 2019-20 season after years of dismal performances and teams that left fans in an array. Cleveland has been unable to put together a winning campaign in 12 straight years, and only twice in the last 25 years have the Browns boasted a record of .500. The 2019-20 roster is all but sure to change this pattern.

Cleveland is led by former first overall pick Myles Garrett, in addition to Christian Kirksey, Damarious Randall, Jamie Collins, and Denzel Ward. Takitaki will look to help the Browns become one of the league's best defensive squads.

Campus News



Ainsley Rose Romero



Moremi Hamblin



Bruna Goncalves



Aaron Shirley

COLLEGE OF Fine Arts and Communications

BYU graphic design senior **Ainsley Rose Romero** won CommandX, a national graphic design competition consisting of students and graduates of top rate design schools and companies. Romero was chosen to compete out of hundreds of candidates. CommandX gave contestants a week to create and present four creative briefs. Given 24 hours, finalists created a dating app which they presented to a live audience and panel of judges. Romero's presentations blew away her judges and peers, garnering her the win. She won an all-expense paid trip to the conference, a cash prize and national recognition for her work.

COLLEGE OF Life Sciences

Recent graduate **Moremi Hamblin** used her inspiration from her mother to propel her college degree. After growing up in Lagos, Nigeria, and watching her mother as a teacher encourage other women to seek out

education, Hamblin moved to the United States to receive her bachelor's degree at BYU. Here, she studied public health. While pursuing her major, Hamblin was enrolled in the Honors Program and worked with Dr. Keoni Kauw at his research lab studying Alzheimer's disease genetics. Hamblin went on to receive the 2019 College of Life Sciences Undergraduate Research Award for her hard work and dedication. "I want to be able to go back to Nigeria and share what I know," Hamblin said.

DAVID O. MCKAY School of Education

Bruna Goncalves recently graduated BYU with a bachelor's degree in special education, leaving behind research gathered by a BYU team that taught children with autism or other intellectual disabilities conversation skills. The participants practiced these skills with an animated fish named Marla. Children with autism and other intellectual disabilities tend to enjoy animated characters, and this made it easier to learn from and talk with the

avatar. Marla could move her head and mouth and was equipped with a camera and microphone so that researchers could respond to and teach the participants in real time. Participants not only showed growth in conversations with Marla but when children their own age were brought in to hold a conversation with the participants, they found significant improvement in that area as well.

MARRIOTT School of Business

A BYU MPA student was recognized by the The Doyle W. Buckwalter Award. **Aaron Shirley** won the award. The Buckwalter Award chooses students who have received express values from their internships and have furthered their understanding of these values by sharing their experience with others. Shirley held two internships at the Utah Office of the State Auditor and Sandy City Hall. "The most important thing I learned from my internship was the ability to get key stakeholders in projects to buy into my vision," Shirley said.

Sisters share their journey to musical success

By JESSICA SMITH

Olivia Bray said she can't remember the first song she ever wrote.

"I think what happened was I saw my sister writing music, and I thought, 'Oh, writing music is what we do,'" she said. "That was the natural process of growing up. I became a teenager, and I started writing music. I thought that's what a human does."

Olivia and her older sister, Chloe Bray, are singers and songwriters attending BYU. The sisters formed a band together, Chloe Olivia, after Olivia returned from her mission in the Oregon Portland Mission a year ago.

They released their first single, a song called "Gilded," on May 18, 2018. Over the past year, the pair has gained over 60 thousand Spotify followers from 63 different countries, and "Gilded" was streamed over 100 thousand times. Their latest single, "Cold Floor," dropped March 22.

Chloe said she wrote her first song at the age of 10. It was called "Miracles."

The sisters' mother, Gale Bray, recalled her amazement at Chloe's first written song.

"I didn't believe she had written it because it was so beautiful and well-constructed, and the lyrics were so outstanding," Gale said. "It was then I knew that Chloe was a songwriter. At just 10, 11, 12, I couldn't believe the maturity of her lyrics."

When Gale and her husband, Christopher, were first married, she said one of the first purchases they made despite being poor was a piano for their small apartment. From the very beginning, Gale said, her children had access to music. They'd play together as a family.

Chloe and Olivia said it was their mom who began posting videos of her daughters to a YouTube account to share with friends.

Olivia said it wasn't long before the views rose exponentially from 100 to 20,000 views since 2008. Today, the channel maintains over 10,000 subscribers.

"It is funny because it was booming, and we were getting so many views, but I never paid attention to numbers at all," Chloe said. "It wasn't until after my mission that I was thinking, 'Dang, we actually had quite a following.'"

Chloe and Olivia focused individually on their own songwriting throughout their teenage years, teaming up together from time to time for duets.

Olivia said she drew inspiration from anything and everything that made her feel something. But it wasn't until the family moved from Oklahoma to Arizona in 2012 that Olivia felt her songwriting began to flourish.

"I went through a really rough time of not having any friends," she said.



Jessica Smith

After developing their musical interests individually, Chloe and Olivia Bray have come together to form a sister band.

Olivia said she would spend Friday and Saturday nights learning to play the guitar and piano and would practice for hours each week. Olivia said she averaged about three songs per week during this time, because she didn't know what else to do.

"I look back now and realize that was my golden age," she said. "I read so many books, and it brought so many emotions and colors and ideas to say different things."

Chloe agreed.

"Music was a lifesaver during those high school adolescent years," she said. "I always had a sense of self because I had this unique talent that I could throw myself into."

Chloe and Olivia said coming to Provo introduced them to new experiences that rounded out their talent. Chloe explained BYU offered her the opportunity to collaborate with other musicians on campus who taught her more about the production process.

"I've worked with people who play different instruments that bring a new element to my music," Chloe said. "There are so many creatives here. That's something I love about Provo." Chloe released her first EP in 2013 by the name of "Nomadic Melodies" just before she left for a mission in Italy.

Olivia took a songwriting class her first year at BYU despite having written songs herself for over seven years.

While developing their interests separately, the two said they always mused about working together, but it never really took off. It wasn't until Olivia left on her mission that Chloe began to suggest in her emails that they team up when she returned.

Olivia said she believes their missions prepared them to be the kind of people they needed to be to do music together. The distance, she said, only brought them closer together.

"We learned to live with somebody else and to focus on somebody else's needs," Olivia said.

"I'm not sure we would have become a band together had we not gone on our missions."

One of the first things the sisters did when they formed their band was create an Instagram account to promote their music. Their feed features release dates of new singles, performance recordings and a link to purchase band merchandise. Today, the page has more than 5,000 followers.

"Unless you hire a publicist, you are your own publicist," Olivia said, detailing the hours it takes to take pictures, send them to blogs and get the word out about their craft.

Chloe said social media has connected her and Olivia to producers, photographers and someone to do mixing and mastering for their music. The overall process of releasing a song independently requires hours of preparation and work.

Right now the pair said their focus is on developing a brand and style that they can one day present to a label that will share their same vision. Once they feel the focus can shift from content creation to live performances, Chloe said, the public can expect to see them performing locally in places with an intimate setting like Velour, Kilby Court and The Boxcar Studios.

Olivia said performing live is one of the most vulnerable positions for her to be in. She said there's a complete difference between being in the studio and having the space to write and create and displaying what she's created to people standing right in front of her.

When people react with love for what they're hearing, the connection Chloe and Olivia said they feel to their audience is unlike any other.

"It really does mean so much," Chloe said. "Even one person telling us, 'I relate to that,' means the world to us."

Olivia agreed. "If they like your songwriting," Olivia said, "They like a part of your soul."

THE UNIVERSE

Serving the Brigham Young University Community

April 30 - May 6, 2019 ■ Volume 72, Issue 32 ■ universe.byu.edu
152 BRMB, BYU, Provo, Utah 84602

EDITOR
Lauren Lethbridge

ONLINE EDITOR
Colton Anderson

OPINION EDITOR
Karina Andrew

SENIOR REPORTERS
Jenna Alton
Aaron Fitzner
Josh Carter

PHOTOGRAPHERS
Ty Mullen
Mary Wall
Nikki Wilson
Riley Scoresby

FIELD PRODUCER
Joseph Carson

EDITORIAL DESIGNERS
Allie Jones
Amanda Lund

GRAPHIC DESIGNERS

Jacob Baker
Sophie Myers

SPECIAL SECTIONS
Matthew Bennett

PRODUCTION ASSISTANT
Jordan Sterling

MARKETING
Madison Everett
Alena Black

ADVERTISING SALES
Eric Forbush
Michael Wade
Connor Poulsen
Lexi Carley

ACCOUNTING
Taylor Bennett

PROFESSIONAL STAFF

DIRECTOR
Steve Fidel

BUSINESS MANAGER
Ellen Hernandez

DESIGN MANAGER

Warren Bingham

NEWSROOM MANAGER
Carrie Moore

FACULTY ADVISER
Kris Boyle

The Universe is a product of The Daily Universe and is an official publication of Brigham Young University and is produced as a cooperative enterprise of students and faculty. It is published as a laboratory newspaper by the College of Fine Arts and Communications and the School of Communications under the direction of a professional management staff.

The Universe is published weekly except during vacation periods. The opinions expressed do not necessarily reflect the views of the student body, faculty, university administration, Board of Trustees or The Church of Jesus Christ of Latter-day Saints. Copyright 2019 Brigham Young University.



For more news, including audio and video, visit universe.byu.edu

[f](https://www.facebook.com/UniverseBYU) [i](https://www.instagram.com/UniverseBYU) [t](https://www.tiktok.com/@UniverseBYU) @UniverseBYU
letters@byu.edu
News 801-422-2957
Advertising & Circulation 801-422-7102

Dance Works

THE DANCER'S STORE

LARGEST SELECTION OF BALLROOM AND POINTE SHOES IN UTAH

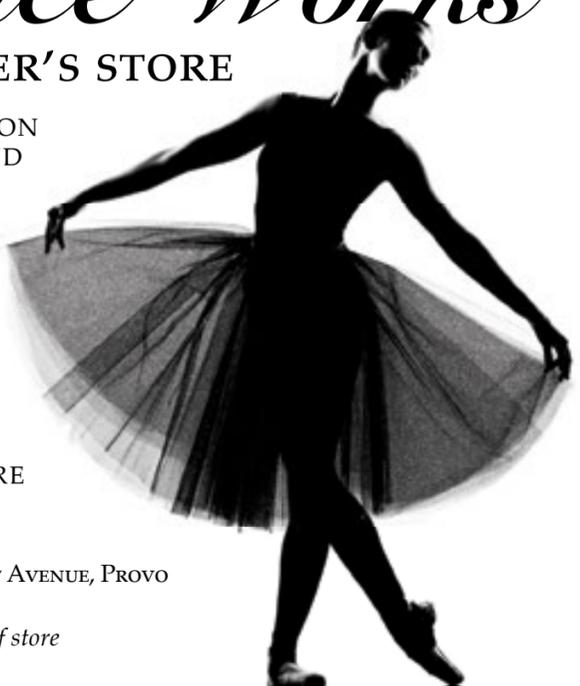
VOTED TOP 100 DANCE STORE IN THE NATION

STUDENT, GROUP AND TEACHER DISCOUNTS

#1 SPECIALTY STORE IN UTAH COUNTY

3228 NORTH UNIVERSITY AVENUE, PROVO
801-375-4622

Bus stop right in front of store



BYU alumna creates kids products to encourage healthy eating

By MADISON EVERETT

Ann Earl was feeding her three children fresh pears one day when she noticed they weren't eating the peels. She started describing antioxidants to her 4-year-old daughter as the "good guys" that go after the "bad guys" in her body.

"It was like a light went on in her head," Ann said. "She ate every last bite of the peel. I realized I might be onto something here. At the next meal, I explained the benefits of carrots, and she happily ate some proclaiming, 'Look, I can see better!'"

As a graduate of the BYU exercise science undergraduate and master's programs, Earl discovered her passion for teaching her young children to eat healthily. Earl took a leap into the entrepreneurial world to start her business, Healthy Kiddos, even with three young kids begging for her attention.

Earl, along with her husband, Adam, have five young children: Ellie, Jensen, Alice, with new twins Brigham and Gwendolyn. Ann said her family is the highest priority in her life and nothing could change that.

"(Ann) values her family," said the Earls' neighbor Cindy Smith. "She is sincere in her faith and lives it to the fullest every day. I admire her for her drive to always do more."

According to her husband, Ann Earl has always had a passion for healthy living.

"She will take recipes and sometimes — I call it — 'healthify' them," Adam Earl said. "She'll take out the butter and put in applesauce. She is definitely passionate about that sort of thing."

After Ann Earl's experience with the fruit peels, her kids kept asking about the nutrients in the fruits and vegetables they were eating. Ann Earl said it was difficult for her to remember everything and bringing out her phone to do a quick Google search

wasn't always the most practical option.

Ann Earl searched for a product she could buy to have around at dinner to educate her kids about healthy foods, but she quickly discovered such a product did not exist.

"My husband suggested I come up with a product that would provide information for moms and caretakers to help even picky eaters improve their eating habits," Ann Earl said.

Adam Earl remembers thinking, "If there's a market, why not create a product ourselves?"

Shortly after this experience, the Earls did everything they could to bring their product to the table. After many late nights of brainstorming, the Earls decided to create two different products: reusable plates and flashcards.

The Earls had barely finished their product when they had some new neighbors over for dinner. Ann Earl brought up the plates at the end of the meal. As it turned out, their neighbors, the Smiths, happened to be meeting with a former senior vice president of Walmart the next day and asked if they could take the plates to show him.

"My husband and I have been in the retail business going on 40 years," Cindy Smith said. "When we saw the plates for the first time, we knew we could take them to Walmart's new manufacturers' show and they would be well received — and they were."

As Smith predicted, the product was a hit with Walmart, which launched the Earls' entrepreneurial journey with Healthy Kiddos.

The mission of Healthy Kiddos, according to Ann Earl, is to give kids a reason to eat healthily. Each one of their products is built around that mission and details the vitamins and health benefits of particular fruits or vegetables.

There are six different fruit plates and six different vegetable plates. The plastic plates are dishwasher safe and BPA-free. The flashcards come in a pack

of 24, with 12 vegetables and 12 fruits. Healthy Kiddos products can be found online at Walmart and Amazon.

Ann Earl faced the feat of starting her own business without any business background, but her husband is a graduate of the BYU MBA program. Ann Earl has expertise in the product's subject, and Adam Earl is more entrepreneurial minded.

Despite the demands she faces, Ann Earl said she continues to keep her priorities aligned with her values.

"Family is my first priority," Ann Earl said. "If something comes up with my kids, that is always going to take precedence. We try to keep things as normal as possible."

Adam Earl said he thought they would be much further along in the process than they currently are.

"With all those setbacks, you can see why people throw in the towel," Adam said. "But Ann has the tenacity to stick to it. Things get tough, and she is not afraid of doing tough things and sticking to it, even when we got knocked down a time or two."

Ann Earl said she felt joy after hearing from customers that her product is helping their kids finally eat fruits and vegetables.

"That's really rewarding for me," Ann said. "I really believe in the power of good nutrition and overall health. I don't believe in forcing kids to eat something, but when they are choosing it, that's when it is really exciting."

Ann Earl said Healthy Kiddos' success didn't come overnight, and it took longer than expected to get where they are now with their company and sales.

"Now we are able to appreciate really consistent sales on Amazon, but it took a lot longer to get here than we anticipated," Ann Earl said. "Be patient through the process, and don't give up, even when you make a big failure. If you believe in what you're doing, keep pressing on."



Ann Earl uses the Healthy Kiddos flashcards and plates to educate her kids on how to eat healthily.



Cute comfy clothes for women of all sizes
MODESTMOLLY.COM
 Modest Molly Boutique @ModestMollyBoutique

Pick up a copy of the latest products from your favorite WOMEN'S CONFERENCE PRESENTERS

CALEE REED
 BELIEVER \$14.98

THE BONNER
 FAMILY EP \$6.99

CITY OF ENOCH
 LAMB AND LION \$14.98

NATHAN PACHECO
 MY PRAYER \$14.98

THE NASHVILLE
 TRIBUTE BAND
 THE WORD \$14.98

JULIE B. BECK
 JOY IN THE
 COVENANT \$19.99

BORN
 WORLD \$10.99
 BRAD WILCOX
 BORN TO CHANGE
 THE WORLD

STRENGTHEN
 ONE ANOTHER
 IN THE LORD \$19.99
 TALKS FROM THE 2018
 BYU WOMEN'S CONFERENCE

Available today at the **BYU store** your local **Deseret Book** or online at **DeseretBook.com**

BYU golf champion reflects on growth, career

By NATALIE ORR

Senior Rose Huang can see her name written in four different columns in the BYU golf individual record book for her final year with the golf team: record low for 18, 36 and 72 holes, as well as the best average score over the course of a season.

Huang lived in China until the age of 4, where she became involved in gymnastics and swimming. Her parents both received scholarships to BYU-Hawaii, causing the family to make the move to the U.S.

"My parents got a special scholarship, so that was the main reason," Huang said. "None of us are members of the Church, but the opportunity opened up."

Huang joined a junior development golf program at the age of 8 and showed natural ability early on.

"Golf clicked with me really well from the beginning, and things just escalated from there," Huang said.

This talent led her to make golf her priority. While the other sports brought Huang joy, the challenges that accompanied golf gave her a deeper sense of satisfaction.

"I really like competing with golf because I invested a lot more time and energy into it, and I tended to see bigger improvements," Huang said.

Huang said this time and energy is required because of the deeper learning curve golf has compared to other sports.



Jaren Wilkey/BYU Photo

Rose Huang, by the end of her junior year, was named to the 2017-18 All-WCC Women's Golf First Team.

"For long periods of time, you don't see any improvement at all, even though you do everything that you're supposed to do," Huang said. "It's very mentally challenging to push through the plateaus."

When it came time to commit to a Division I NCAA team, she considered other schools like Gonzaga, Northwestern University, University of Oregon and Pepperdine. Ultimately, the culture of BYU's golf team and the campus won her over during her visit as a high school junior.

"I really loved coach

Carrie and the girls on the team," Huang said. "And the business school was a really big draw for me."

Now a senior double majoring in global supply management and food science, Huang says she did not feel intimidated about the idea of attending a school affiliated with The Church of Jesus Christ of Latter-day Saints. Growing up near BYU-Hawaii, Huang knew about and lived the Honor Code standards growing up. She claims BYU stands out in a good way.

"It's definitely different, but I enjoy it because it's a safer environment and I feel that people here are a lot nicer," Huang said.

She officially joined the BYU golf roster in 2015 and said she felt a positive connection to BYU women's golf head coach

Carrie Roberts and her coaching style from the very start. According to Huang, Roberts' strategy differs from others, as she makes her athletes work for their answers.

"She wants us to find answers instead of giving them to us, forcing us to think for ourselves," Huang said.

Huang initially struggled with her nerves as a freshman, realizing her performance would affect her entire team.

"I feel like I have become mentally tougher in the sense in that I was so nervous for tournaments at the beginning," Huang said. "Now I can perform a lot better under pressure because I've become more resilient."

She accustomed to the pressure and took first place at the 2018 WCC Golf Championships. Aside from the recognition and legacy she has created for herself at BYU, Huang's years playing golf have taught her how to get the most out of life.

"It helped me to be more mentally aware because you can't coast through anything," Huang said. "You have to be engaged, and I think golf has really taught me how to do that."

Roberts said she is saddened by Huang's departure as Huang uses her final year of NCAA eligibility this season after the two spent four years together.

"She came in and was the last piece of the puzzle for us and helped us win three conference championships," Roberts said. "She's been one of the best players to come through BYU golf."

Far from burnt out, Huang plans to play golf following her graduation in Winter 2020.

"I can't get enough. I wish I had more time with the team and playing competitive college golf," Huang said. "It's challenging and never gets easier, and I feel like it's a never ending motivation to keep getting better."



Ty Mullen

Camdyn Roberts, the BYU Dunk Team's first female member, dunks the ball during practice.

Dunk Team gains first female member

By ROBERT JAMIAS

The BYU Dunk Team's eye-catching stunts have become a crowd favorite during basketball halftime shows.

The team looks a little different this year. That's because flying high with the team is its first-ever female member, Camdyn Roberts.

Roberts joined the team this year to help improve the reach of the Cougar Strong Program, which sends the dunk team to elementary schools around the state where the team performs hoping to inspire young students to improve themselves socially, physically and mentally. The program was created by dunk team coach Dave Eberhard.

Roberts, a former pole vaulter, first came into contact with the BYU Dunk Team when Eberhard was searching for prospective team members.

"When I stopped doing track, Dave contacted my old pole vault coach," Roberts said. "Dunking, pole vault, gymnastics, diving — all that kind of stuff is really closely related."

Although Roberts has not been on the team for very long, she has already made an impact on her teammates. Senior dunk team member Zak Potts said his new teammate's intrinsic motivation and ability

to improve quickly have helped to pave the way for future team members.

"She's picked it up really quickly and she's super motivated," Potts said. "Not only has she come a long way herself, but she's encouraged other girls to come and try out, which I think is pretty cool. I think it will help to expand the program to include more people and get more people involved."

Roberts said Eberhard originally brought her on the team as a way of giving young girls the team meets a role model to look up to within the formerly all-male team.

Eberhard said Roberts greatly inspired many of the young girls who attended a recent performance.

"They were so excited that she was there," Eberhard said. "Those little girls were just super excited and like, 'Hey, we can be anything that we want to be.'"

Speaking about the same performance, Roberts said she was able to see the impact her appearance made on the girls. She had the opportunity to talk with a teacher and some of the girls after the performance. The teacher asked the girls about their favorite part of the performance.

"This little girl points to me and she says, 'You can do everything that the boys can do,'" Roberts said.

A Woman with a Will

Welcome to BYU Women's Conference! We're Sandy and Jim Cook, and we're volunteer chairs for the Jesse and Amanda Knight Society at Brigham Young University.

If you are interested in carrying your legacy forward at Brigham Young University, it's not too early to do so. The Jesse and Amanda Knight Society provides a simple way for you to contribute and join, regardless of what phase of life you are in, by including BYU in your

- will
- annuity
- retirement account
- trust
- life insurance policy
- POD account

There are no dues, and disclosing the amount of your donation is optional (though helpful).

As members, you'll be invited to a special luncheon each year with the university president and other special guests. We'd love

it if you could join us! We encourage you to become a part of this wonderful society and rub shoulders with others who embrace the vision of BYU.

If you have a moment between Women's Conference sessions, please call 801-356-5251 or email legacy@ChurchofJesusChrist.org. You can also visit give.byu.edu/knight to learn more about being a member. We look forward to hearing from you soon.

Sincerely,

SANDY AND JIM COOK
Knight Society Chairs

P.S. Call for a brochure. We're happy to have it hand delivered to you at BYU Women's Conference.



Sister Missionary Mall

Come check out our brand new store - 2 doors down from Missionary Mall!
222 E University Pkwy in Orem

Largest Selection of Sister Missionary Shoes Anywhere

Get 10% Off your Entire Purchase!*

*When you present your Women's Conference badge. Excludes shoes, bags, and luggage. In Store Only, not valid online. Expires 5/4/2019.



20% Off*

One Item Worth \$50 or More

*Excluding regular price shoes and bags. Valid at Sister Missionary Mall only. Not valid online. Limit 1 per customer. Coupon must be surrendered at time of purchase. Expires 5/4/2019.



MISSIONARY MALL

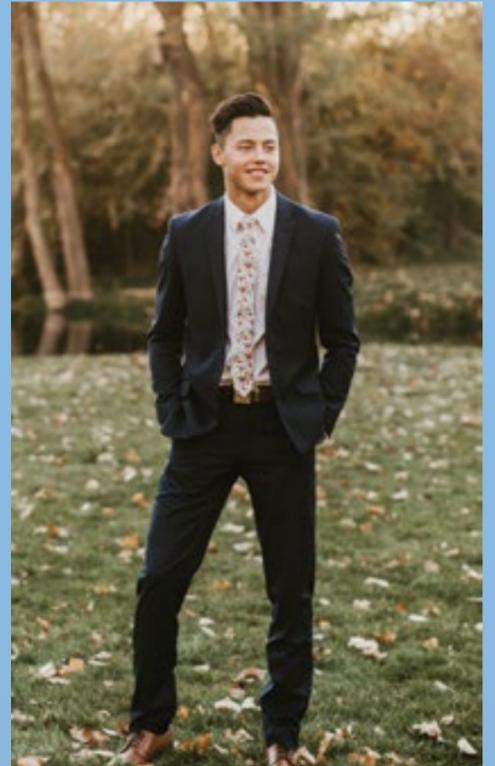
WE ARE MISSION GRADE

VISIT OUR STORE: 220 E UNIVERSITY PKWY IN OREM

FREE TIE*

WITH THE PURCHASE OF A WHITE SHIRT

*EXCLUDING DAZI TIES. VALID AT MISSIONARY MALL ONLY. NOT VALID ONLINE. LIMIT ONE PER CUSTOMER. COUPON MUST BE SURRENDERED AT TIME OF PURCHASE. EXPIRES 5/4/2019.



Missionary Mall Outlet Store

940 S 2000 W in Springville

Lots of great bargains on shoes and discontinued items!

\$20 Gift Certificate

on \$50 or More*

*At Missionary Mall Outlet location only. Not valid online. Limit one per customer. Coupon must be surrendered at time of purchase. Expires 5/4/2019.



All Stores Open 24/7 Online at MissionaryMall.org

Sisters reunite on track team

By NATALIE ORR

Lauren Ellsworth remembers the last time she ran a relay race with her sister, Alena, before attending BYU.

It was 2014, and the sisters were teammates at Highland High School. The team was behind Desert Vista High School in the relay when Lauren passed the baton to her anchor, who was able to make up the difference and secure the state championship.

The winning relay four years previous, one that Alena said was an actual photo finish, foreshadowed a successful future for the sisters. In the duo's first college distance medley relay together at BYU on Jan. 5, they helped set a school record of 10:56:51, which was later beat on March 8, 2019 at the NCAA Indoor Track and Field Championships.

Juniors Erica Birk-Jarvis and Whittni Orton were also included in the BYU distance medley relay team. The record surpassed the previous school record of 10:56.73, which was set at the 2009 NCAA Indoor Track and Field Championships, by .22 seconds.

Running has been an active part of the sisters' lives since a young age. Ironically, middle-school-aged Lauren originally favored cross country, disregarding track altogether.

"I avoided track at all costs," Lauren said. "I thought it was boring and preferred long distance running."

Lauren's hard feelings against short-distance running were softened in high school when a boy encouraged her to give it a try.

"He said, 'You have to, you're too good not to run, and all the guys take off their shirts, you gotta do it,'" Lauren said. "I decided to try out for one day,



Lauren Ellsworth

From left, Whittni Orton, Alena Ellsworth, Lauren Ellsworth and Erika Birk-Jarvis of the BYU women's distance medley relay team pose with coach Diljeet Taylor after beating the school's record on Jan. 5.

and it was actually good."

During what would be Lauren's final track season as a junior, Alena entered high school, giving them a chance to race together. That would be the sisters' only high school track season together.

Lauren attended a trek activity her senior year that mimicked the trail hiked by early pioneers. The activity resulted in an ACL tear that would end her high school track career. Luckily, she had become Arizona's high school girls record holder in the 800-meter with a time of 2:07 prior to her injury.

"It was a bummer because it was her last year there so we weren't able to run together," Alena said. "She came out to practices, but she wasn't on the relays with me, so it wasn't as fun."

Just one week after the

accident, Lauren visited BYU for her official visit with former track and field head coach Patrick Shane.

"No one knew that my knee was torn," Lauren said. "We were doing the tour of campus and we were going to go up the RB stairs and I just thought, 'Well, this is going to hurt.'"

Doctors repaired her ACL in October 2014 and cautioned her to wait until April to run to allow her to heal prior to starting her college running career.

The following fall, Lauren returned from her running hiatus and officially became a Cougar. She left for her 18-month mission for The Church of Jesus Christ of Latter-day Saints in the Iowa Des Moines Mission after her freshman year. She continued to run without hindrance on her mission until just three months in

when she tore her meniscus.

"I slipped on some ice in Missouri," Lauren said. "I knew I hurt myself because I couldn't bend it or straighten it all the way."

This injury resulted in surgery and a visit from her mother and grandmother. She wanted to stay on her mission and started teaching lessons again just days after her procedure.

"I ended up staying out on the mission thanks to a lot of miracles," Lauren said.

After her surgery in March 2017, she decided to take a year off from running — her longest break yet.

"I tried to go run on the mission, but I had a lot of problems," Lauren said. "So, I decided to not run until I got home."

Meanwhile, after hearing

positive comments from Lauren and reviewing Alena's high school accomplishments, BYU's new track and field associate head coach Diljeet Taylor extended the invitation to Alena to run for BYU.

"I was recruiting her sister, knowing that Lauren was going to be coming home from her mission," Taylor said. "I sold it like, 'It could be the Ellsworth sisters at BYU.'"

Alena found herself unsure about which race to make her specialty, but ultimately chose the 800, accepting Taylor's offer. This decision came because she knew she could rely on Lauren's motivation during training.

"I decided that I wanted to go for the 800-meter because I'd be able to run with Lauren in the group," Alena said. "If I had gone with the 400-meter, I wouldn't have been able to run with her."

Lauren arrived home from her mission in March 2018 and instantly started to train, hoping to make a good impression on her new coach.

"I was in decent shape, but running in Arizona is hot, so my summer consisted of me going back and forth about whether to run or skip it that day," Lauren said. "Coming back from a mission is harder than coming back from an injury."

Taylor said it was an easy transition for Lauren to come back to BYU because of the culture change the team had initiated. Alena said this new culture focuses on providing love and encouragement to the team.

"For Lauren to come in and see what we had done in the couple of years that she was gone, I think it was easy for her to buy into the new culture," Taylor said.

In addition, Lauren said she feels her effort in practices has improved because of Taylor's motto.

"Taylor's motto is 'look good, feel good, run good,'" Lauren said. "If you see us on the track, we have makeup on. It's funny; she'll look at you and know whether you're going to run fast or not."

The sisters' success did not falter after they broke the school record in their first college meet. The team earned 14th place at the NCAA Indoor Track and Field Championships on March 8 — BYU's best team finish since 2012. The distance medley relay team, including Lauren, snagged a second place finish, beating the school record yet again with a 10:54.14.

"It's so ironic because in the DMR, the Ellsworth sisters set the school record," Taylor said. "It's a cool thing because that's how I sold it to Alena."

Alena said running with her sister is her favorite pastime. She believes their sibling relationship works in their favor and not against them, allowing them to test their limits.

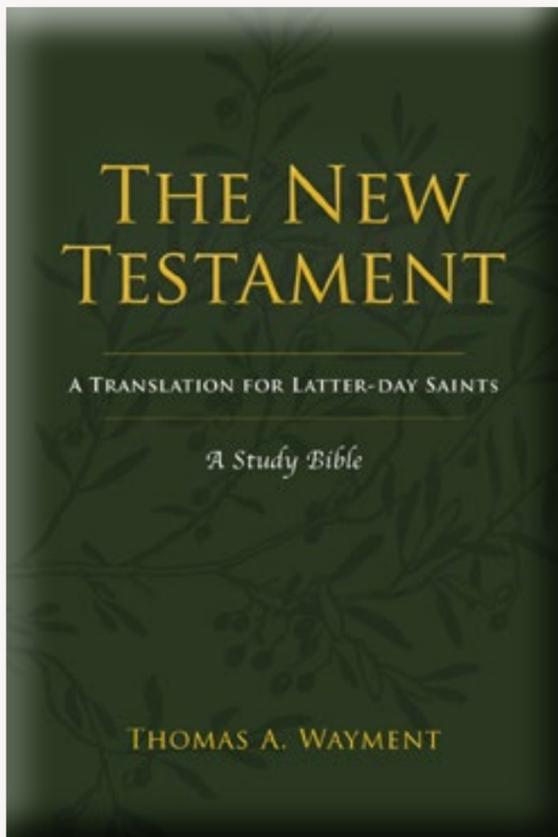
"I just get so much more energy from Lauren," Alena said. "She pushes me in my strengths, and I push her in her strengths, and we are both getting better together."

Not only does Alena enjoy having Lauren back on the team, Taylor said she believes they would be incomplete without each other's motivation.

"For me as a coach, it's nice to see that they complement and bring out the best in each other, rather than compete against each other all the time," Taylor said. "It's a very good mix."

Taylor said she looks forward to watching the sisters continue in the nursing program and contribute to both the track and cross country teams in the coming years.

"I love their toughness," Taylor said. "They have so much grit, and it's very exciting to watch. They feed off each other. It's competitive, but it's contained competitiveness."



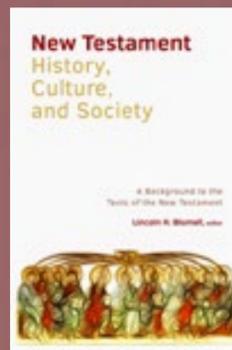
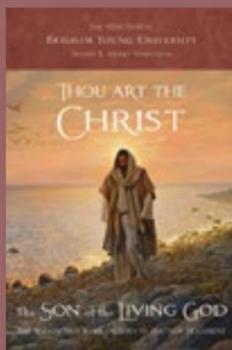
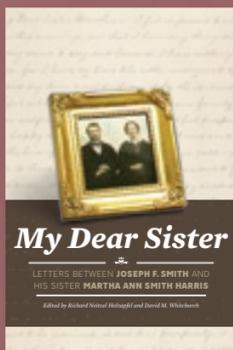
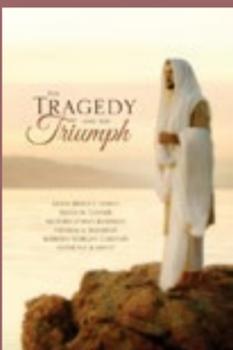
THE NEW TESTAMENT

A Translation for Latter-day Saints

This new translation is the perfect addition to your New Testament study this year. Translated from the best available Greek manuscripts, this volume renders the New Testament text into modern English and is sensitive to Latter-day Saint beliefs and practices. This translation is readable and accessible for a wide range of readers.

VISIT US AT rsc.byu.edu

AVAILABLE IN THE BYU STORE OR WHEREVER LATTER-DAY SAINT BOOKS ARE SOLD



BYU RELIGIOUS STUDIES CENTER



IS YOUR LOVED ONE TRAPPED BY PORNOGRAPHY ADDICTION?

“Finally, I feel free from the shame and chains of this terrible addiction. Please tell everyone there is hope.”

—Josh, age 29

“Hello! I just want you to know how much I appreciate everything you’ve done to help me and our family! Today is 1 year since my husband graduated Desert Solace and I’ve been thinking a lot today about how far both of us have come in that time! I am SO grateful for learning what true recovery is and how to not just incorporate that into our lives but really make recovery part of us and our family!! I am a very different person/wife/mom/friend etc and I have learned what joy is and how to create it! And thank you so much for everything you did for the retreat! And for being open, honest, and vulnerable! I admire you and your journey so much! The retreat was one of the most amazing experiences of my life-I will be sending the money to Mark this week for the next one!!”

—A Happy Wife

“I’m feeling so blessed to be a part of this group, and had it not been for trudging through the lowest of lows, I wouldn’t be here. Rather than focusing on the bitterness and victim-hood of the situation, I’m starting to see the silver linings. That’s a big step for me!

—Megan, Client Spouse



Desert Solace

Recovery Is Possible

Desert Solace Residential Recovery Center in St. George, Utah serves individuals, families and marriages suffering from the devastating effects of pornography and sex addiction. Desert Solace offers an inpatient treatment program. Let us help your family find peace again. Call today and let the process of healing begin.

Call 435-817-1351 or visit desertsolace.com.

2019 WOMEN'S CONFERENCE SCHEDULE

THURSDAY

9-10:15 A.M. Opening Session: "Seek this Jesus"
Julie B. Beck

MC MARRIOTT CENTER

BUILDING	ROOM	11 A.M. - NOON	12:30 - 1:30 P.M.	2 - 3 P.M.
MC MARRIOTT CENTER		Hope in His Will: Waiting Upon the Lord Becky Thomas Eyre, Becky Craven	Women Making History in The Church of Jesus Christ of Latter-day Saints Joy D. Jones, Lisa L. Harkness, Cristina B. Franco	Endowed with Priesthood Power Jean B. Bingham, Sharon Eubank, Reyna I. Aburto
CONF CONFERENCE CENTER	2254	Who Is My Neighbor? Nicki Broby, Jenessa MacPherson	When a Spouse Leaves the Faith Darlene Glazier, DeAnn Sadleir	Ministering Because We Love Him Janice James Ahuna, Carol Hudson
	2260	Utilizar los fracasos de la vida para crecer y hallar felicidad Violeta Mijares, Gigi Turley	Fortalecer a nuestros hijos para que sirvan en el batallón de jóvenes Ana Pesqueira, Renée Costa	El poder habilitador de Jesucristo Grace González, Olimpia Okamura
HC HINCKLEY CENTER	Assembly Hall	"Yea, and as Often as My People Repent Will I Forgive Them" (Mosiah 26:30) Susan Mullen, Tom Mullen	Choosing to Stay Scott Miller, Emily Snyder	Righteous Responsiveness Chelsea Chipman, Filomena Teixeira
HFAC HARRIS FINE ARTS CENTER	de Jong Concert Hall	The Light of the Holy Ghost: Our Constant Companion Carolyn Billings, Karen Hepworth	Understanding and Teaching the Power of the Temple Endowment Kristee Roach, Rebecca Mehr	Finding Joy Amidst Adversity Elaine S. Marshall, Dana J. Wright
	Madsen Recital Hall	Reassuring and Showing Others the Way Back into the Fold Yvette Arts, Michael Goodman	Loving a Child Who Has Left the Gospel Path Jodi M. Chowen, Karen Jackson White	The Miracle of Forgiveness and Reconciliation Stan Benfell, Melanie Sandgren
	Pardoe Theatre	Receiving Spiritual Guidance and Being Part of the Solution Eloise Fugal, Rebecca Hunter	The Godhead: Providing Peace, Guidance, and Assurances Jeanne Burgon, Christopher Kirkland	Obtaining a Deep and Lasting Conversion through Home Gospel Study Jennifer Lund, Jon Lund
JSB JOSEPH SMITH BUILDING	Auditorium	Parenting Children with Depression and Anxiety Courtney Merrill Moffat, Kara Cattani	Take Time to Be Holy Barbara Bradshaw, Jana Staples	The Enabling Power of Jesus Christ Jodie Stratford, Nolan Crabb
SFH SMITH FIELDHOUSE		Effectively Dealing with Stress: Growth or Discouragement Kristen C. Betts, Mary Kennington	You Are Enough! Dianne Nielsen, Laurel Christensen Day	Never beyond the Reach of His Divine Love Diane Done Adair, Hilary Weeks
HCEB HARMAN BUILDING	Ballroom	Supporting Those with Mental Illness Amanda Harrison, Marleen Williams	Overcoming Substance Abuse through the Strength of the Savior Lisa Tensmeyer Hansen, David Erekson	Help and Hope for Single Parents Tanya Nelson, Brent Scharman
WSC WILKINSON STUDENT CENTER	Ballroom	No One Else Can Do What a Righteous Woman Can Do Claudia Hamilton, Dana Wiest	He Did Speak Peace and Give Assurance to Our Souls Janet Rowley, Mary Williams	Being a Contributing and Full Partner in Marriage Molly Wetzel, Jeff Wetzel
	Varsity Theatre	Family History: It's About Time Allison Hertig, Jenny Ashcraft	"How Great Will Be Your Joy" (D&C 18:16) Lolly Osguthorpe, Russell Osguthorpe	"Swiftly Fly the Years" (Fiddler on the Roof) Sylvia Hansen, JoAnn Henrikson
	3220-3224	"The Heart of Her Husband Doth Safely Trust in Her" (Proverbs 31:1) Cindy Cosgrave, Michael Cosgrave	Answering Sincere Questions about the Gospel of Jesus Christ J. Spencer Fluhman, Liz Darger	The Powerful, Unheralded Work of Mothers Dianne Bauman, Stephanie Treanor

3:45 - 5 P.M. General Session: Preparing for, Receiving and Acting on Revelation
Rebecca Pinegar

FRIDAY

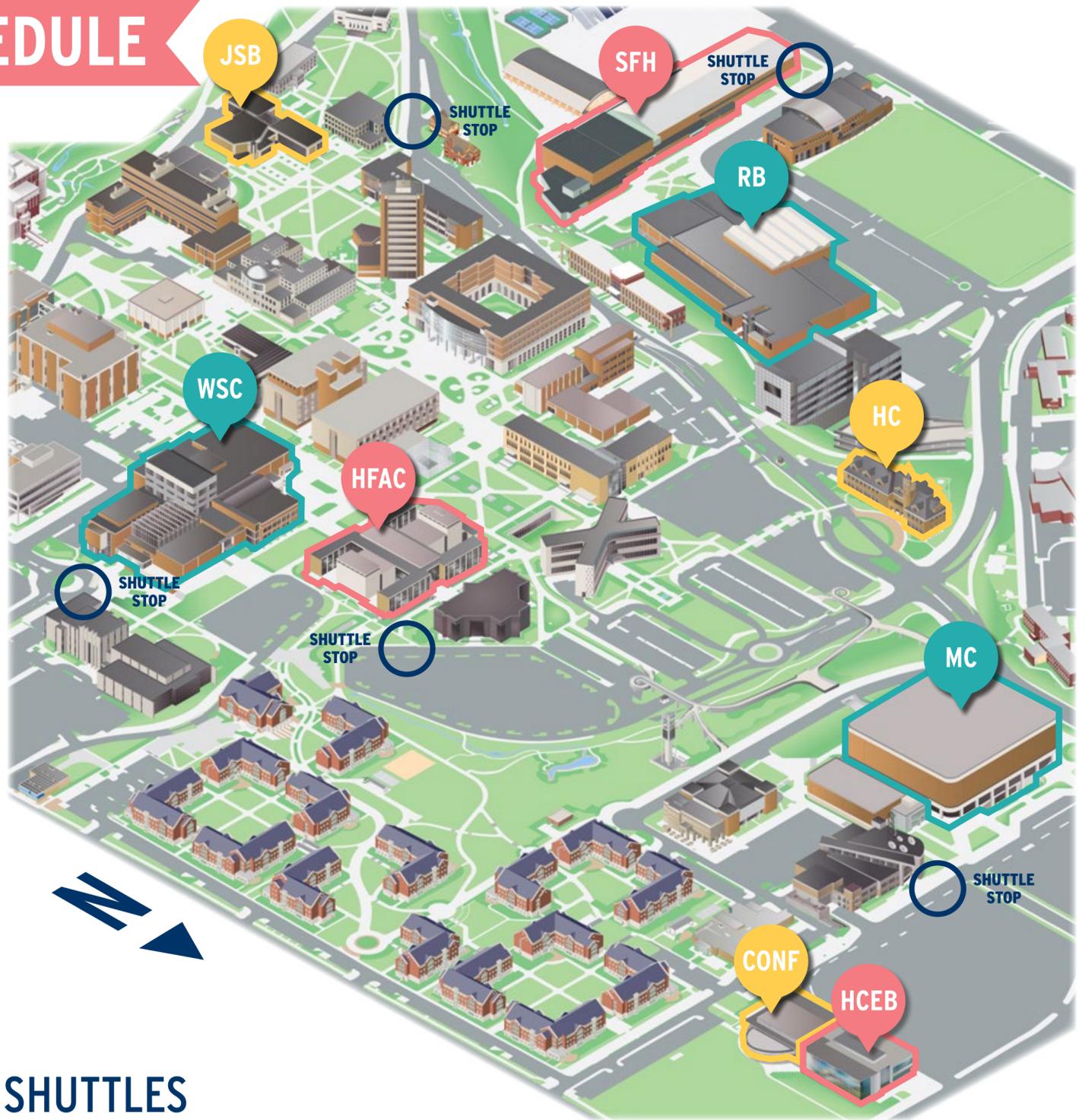
9-10:15 A.M. General Session: Sister to Sister Event
Jean B. Bingham, Bonnie H. Cordon and Joy D. Jones

MC MARRIOTT CENTER

BUILDING	ROOM	11 A.M. - NOON	12:30 - 1:30 P.M.	2 - 3 P.M.
MC MARRIOTT CENTER		Establishing a Christ-Centered Home through Gospel Teaching Martha Darger Carrington, Tyler Griffin	True Joy: A Gift for the Faithful Jean A. Stevens, Michelle D. Craig	Trust in God and in His Grace Van Gessel, Cecilia M. Peek
CONF CONFERENCE CENTER	2254	Listening to Understand: Communication and Bridging the Generation Gap Cheri Wright, Lori Bagley Burt	Managing the Influence of Social Media Candice Calder Andrus, Emily Orchard	Protecting Children from Pornography Deanna Lambson, Jennifer Brinkerhoff Platt
	2260	Establecer un hogar centrado en Cristo Tsukie Chacon Hoyos, Cynthia Whitworth	Recibir revelación a medida que oramos, meditamos y deliberamos juntos en consejo Sonia Kidman, Enrique Kidman	Entender y enseñar el poder de la investidura del templo Mabel Gill Del Pino, Gloria Stallings
HC HINCKLEY CENTER	Assembly Hall	The Prophet Leads Us to Jesus Christ Sara Jones, Rosalie Ringwood	Stay on the Covenant Path Jennifer Kearon, Mindy Booth Baxter	Active in the Gospel or Busy in the Church Mary Jo Smith, Tracy Browning
HFAC HARRIS FINE ARTS CENTER	de Jong Concert Hall	To Take His Name upon Us Ally Isom, Lori Newbold	Pray, Ponder, and Counsel Together Diane Strong-Krause, Michelle King	Fostering Greater Personal Worship Lita Giddins, Kevin Giddins
	Madsen Recital Hall	Using Life's Failures to Grow and Find Happiness Julie Poole, Lyle J. Burrup	Education: "Seek Learning, Even by Study and Also by Faith" (D&C 88:118) Nicole Holley Bay, Renata Forste	Strengthen the Lord's Youth Battalion Denise Daniels, Laren Hawkins
	Pardoe Theatre	Strength and Peace in Scripture Study Janae Cox, Marcie Jessee	Remembering Our Divine Identity Janelle Bond, Jessica Mullen	We Are the Architects of Our Own Happiness Sabrina Godfrey, Bryan G. Hopkins
JSB JOSEPH SMITH BUILDING	Auditorium	Choosing to Be All In Cathy Nixon, Lee Anne Pope	Anger Is Not an Expression of Strength Ben Ogles, Lori Draper	Finding Jesus Christ in the Book of Mormon Lenore Lillywhite, Mary K. Oscarson
SFH SMITH FIELDHOUSE		Choosing to Be Kind Cheryl Gerdy, Mary Ellen Edmunds	"Cast Not Away Therefore Your Confidence" (Hebrews 10:35) Steven M. Gentry, Rickelle Richards	Teaching Children to Recognize the Spirit Tiffany Zarbock, Brad Wilcox
HCEB HARMAN BUILDING	Ballroom	Staying Close to the Lord When a Marriage Ends Andrea Merriman, Debra McClendon	Understanding the LGBTQ and SSA Community: Included in Our Circle of Love Deb Hutchins, Blake Fisher	Suicide: Healing and Hope Laura A. Dahl, Clint Hobbs
WSC WILKINSON STUDENT CENTER	Ballroom	I Have Dwelt in the Spirit of Prayer Dori Bowman, Lisa Clayton	"And We Did Take Courage" (Alma 58:12) Caroline Clayton Clark, Tiffany Savage	Bear with Mine Infirmities Debbie Field, Amy A. Wright
	Varsity Theatre	Sacred Sabbath: Holy Day, Joyful Day Joy Herring, Tonya Johnson	Choose Your Consequences, Use Agency in Your Favor Carolyn H. Howard, Dr. Ronald E. Bartholomew	Faithful Transitions Aubrey Potter Darger, Claudia P. Summerhays
	3220-3224	Obedience: The Lifeblood of Faith Steve Crandall, Jody Moore	Nurturing and Connecting with Your Spouse Linsey Maxson, Tyler Maxson	"Fear Thou Not; For I Am with Thee" (Isaiah 41:10) Kristin Gerdy Kyle, Stephanie Palmer

3:45 - 5 P.M. Closing Session
Elder D. Todd Christofferson and Kathy Christofferson

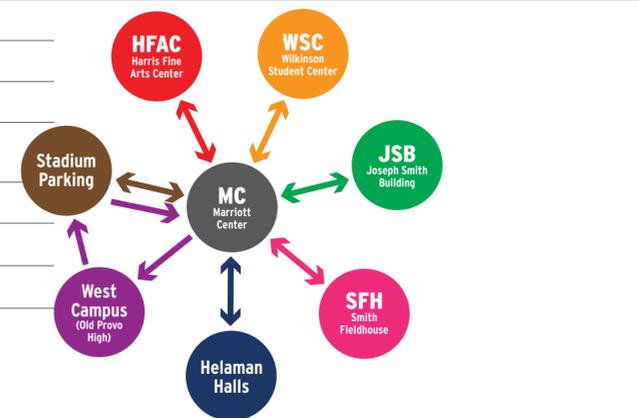
MC MARRIOTT CENTER



SHUTTLES

Designed for those who need extra help navigating the distances of campus locations. Shuttles run in a constant loop. On-call routes run to Wyview and Bulldog lots. The call number is posted in the sign in lot.

ROUTES	STOPS	Thurs. & Fri. 7:30 - 9:30 a.m.	Thurs. & Fri. 9:30 a.m. - 4 p.m.	Thurs. Only 4 - 11 p.m.	Fri. Only 4 - 6 p.m.
PINK	MC to SFH to MC	✓	✓	✓	✓
BLUE	MC to Helaman Halls to MC	✓	✓	✓	✓
PURPLE	MC to West Campus (Old Provo High) to Stadium Parking to MC	✓	✓	✓	✓
BROWN	MC to Stadium Parking to MC	✓	✓	✓	✓
RED	MC to HFAC to MC		✓		
GREEN	MC to near JSB to MC		✓		
ORANGE	MC to WSC to MC (vans only)		✓	✓ 4 - 8 p.m.	



PROJECTS & SERVICE

TAKE, MAKE AND RETURN PROJECTS

Pick up a project kit before the conference starts, and return it to the Marriott Center or to any Women's Conference information desk on Friday between noon and 2 p.m.

BUILDING	PROJECT KITS
MC MARRIOTT CENTER	Boy & Girl Courage Capes Christmas Stockings Fleece Scarves & Hats Greeting Cards Infant Fleece Blankets Pocket Hearts Teddy Bears Wheelchair/Walker Bags

EVENING PROJECTS

BUILDING	ROOM	THURSDAY, 5 - 8 P.M.
SFH SMITH FIELDHOUSE	The hospitality team will direct you to the appropriate rooms.	Autism Caterpillars Birthday Bags Fleece Blankets Happy Pillows Magic Yarn Project Wigs School Supply Kits Meal Kits
RB RICHARDS BUILDING		

Mothers push for changes in College of Nursing

By BRITTANY SALINAS

Several students in the College of Nursing program have shared concerns over balancing course demands and family life and are requesting more accommodations for young mothers through the program.

"It can be difficult to be a mother and a student," BYU nursing student Micaela Adamson Newbold said. "I do my very best to still do quality work, but, ultimately, caring for my son and my family will always come first. I feel torn when I feel pressured to put school first."

Four mothers were asked to leave the annual College of Nursing Scholarly Works Conference in October for bringing their children to the mandatory event, according to Newbold. The incident led student moms in the nursing program to discuss the difficulty of balancing college demands with family life, and led the College of Nursing to discuss possible accommodations in the future.

Newbold, who was asked to leave the conference with her 4-month-old son, said the conference took place at a different time than regularly scheduled classes and she was therefore unable to find childcare. When asked to leave the required event, Newbold said she worried about the effect the absence would have on her grade.

"Thankfully, my teacher did give me credit for the amount of time that I was able to attend the conference," Newbold said. "Situations like these just make it very stressful when I am doing all I can as a mother and a student."

Jeff Peery, the head of public relations for the BYU College of Nursing, said the nursing program's student handbook states infants and children are not allowed in class lectures, lab or conferences. The policy has been in place for the last 20 years to avoid class distractions or health concerns for the



Lyndsy Miller

BYU nursing student Lyndsy Miller poses with daughter Hope and husband, Dallin. Miller said she hopes to encourage accommodations in the College of Nursing to help students who feel prompted to start families in the future.

children, according to Peery.

"Every student has reviewed and acknowledged to have read the undergraduate student handbook," Peery said.

Nursing student Lyndsy Miller said being asked to leave the conference was "the tip of the iceberg" of other experiences she and other young mothers have faced in the nursing program.

Miller said she was stressed to complete finals before her 6-month-old daughter's birth and knows other young mothers in the nursing program who have to defer up to a year after having a child in the middle of a semester.

Miller said she has received counsel about excused absences and medical leave for pregnancy under Title IX and said it may need to be reviewed by the College of Nursing.

"Girls that may get pregnant in the future and happen to give birth in the middle of the semester don't have much of a choice," Miller said. "They have to defer because there's no makeup, no

leniency whatsoever."

College of Nursing Dean Patricia Ravert said the nursing program encourages students with health concerns or who are struggling to handle the course load to take fewer credits and still graduate.

"Like engineering or any other difficult major, it will just take you longer to graduate," Ravert said. "If you needed to defer a semester or partial semesters, we accommodate and encourage it because we want 100 percent of our students to graduate and leave as prepared to be a registered nurse."

College of Nursing Associate Dean Katreena Merrill said work in the nursing program is difficult to make up because the course material and hands-on experience are challenging to replicate.

"When a student doesn't attend, they may have a very difficult time catching up," Merrill said. "We send students out in clinical to work to see a surgery or how to work with a patient who's had a heart attack. Those

are just things you can't replicate. You can't say, 'Oh, I'm sorry that you missed. Here's a one-page paper to make it up.' It's not the same."

Miller said she believes more accommodations and resources are needed through the College of Nursing.

One changing station was installed into the KMBL this year and one room in the College of Nursing office is temporarily offered for mothers to pump or breastfeed between classes, according to Ravert.

Ravert said she has submitted a request to look into available space for nursing lounges and changing stations and plans to discuss possible accommodations with faculty in the College of Nursing.

University Communications Media Relations Manager Todd Hollingshead said he was unaware of similar requests made by other colleges or departments on campus.

Merrill said being a student and mother is possible, but it's the student's responsibility to prepare and consider childcare. The ultimate goal of the College of Nursing is helping students transition to work in the real world, according to Merrill.

"What we're modeling is professional behavior," Merrill said. "I would rather tell a student at the university level it's not appropriate to bring your child to a professional conference than have that student make the same mistake in the work setting."

Newbold said she hopes accommodations and a change in conversation will help change views about being a mother and student in the College of Nursing.

"I don't expect special treatment because I am a mom, but I wish that I heard more encouraging words about starting and supporting families from my peers, teachers and administrators in the nursing program," Newbold said. "It is not impossible to be a student and a parent. We just need to help and support and encourage each other."



Ty Mullen

Graduates, family and friends celebrate together following commencement.

Commencement honors BYU graduates

By COLTON ANDERSON

The BYU campus was once again filled with excited, gown-clad graduates and proud parents.

This year's graduation saw 6,960 students from 10 different colleges receive degrees, according to BYU. This marked an increase from BYU's April 2018 class of 6,297 graduates.

Of this year's graduates, 5,626 received bachelor's degrees, 1,077 received master's degrees and 257 received doctoral degrees. Graduates in this year's class came from 66 foreign countries and every state but Delaware. The territories of Guam and American Samoa were also represented.

The average age of this year's graduates was 27.8, according to BYU: bachelor's degree graduates averaged 24.2 years old, master's degrees degree graduates averaged 29.7 years old and doctoral degrees graduates averaged 32.5 years old. The oldest graduate in the class was 71 years old. The graduating class was 52.9% male and 47.1% female.

The best-represented college was the College of Family,

Home and Social Sciences with 1,135 graduates comprising 20.17% of the class. Other colleges represented by graduates were as follows:

- College of Life Sciences: 998 graduates (17.73%)
 - Marriott School of Business: 961 graduates (17.08%)
 - Ira A. Fulton College of Engineering: 606 graduates (10.77%)
 - College of Fine Arts and Communications: 519 graduates (9.22%)
 - College of Physical and Mathematical Sciences: 501 graduates (8.91%)
 - College of Humanities: 427 graduates (7.59%)
 - David O. McKay School of Education: 264 graduates (4.69%)
 - College of Nursing: 120 graduates (2.13%)
 - International and Area Studies: 95 graduates (1.69%)
- BYU moved to a single annual commencement ceremony this year. Announced in August, BYU said the change would facilitate a more enjoyable experience for graduates. "A single commencement ceremony will better provide a quality commencement experience for all graduating students, guests, faculty and administration," the BYU news release reads.

hydangea

poppy

petunia

MOD White

ModWhite offers modest special occasion dresses and set for the modern woman. Perfect pieces for temple, church, or special events.

www.modwhite.com
 #modwhite
 @shopmodwhite

chip

It's not women's conference without a treat

Come try Utah's best cookie.

Or we'll deliver them right to you, warm and fresh.

www.chipcookies.co | @chipcookiesco
 159 W 500 N, Provo

Student navigates motherhood, obesity and leans into serving others

By MAXWELL ATWOOD

Rachel Berry said she has always felt that she was destined to be a mother. For her birthday as a young child, her mother drove her to a Memphis baby doll factory that was modeled after a hospital, where she could pick out her own doll and name it. She said there was a pretend doctor there to help her name the child and sign the birth certificate.

Berry says a sense of motherhood has driven her in every aspect of her life. She is currently pursuing a bachelor's degree in behavioral science and hopes to eventually pursue a master's degree in social work and own an adoption agency.

However, Berry's journey of self-discovery hasn't been easy.

Berry was born in the tiny town of Sarah, Mississippi.

"Mississippi is like going back in time 40 years — the education isn't great and they still paddle kids," Berry said.

Berry said she was almost paddled by her second grade teacher but talked her way out of it by profusely apologizing.

"The rule at home was if you get paddled at school, you get paddled at home," Berry said. "So we knew that if we did anything at school, we would get the belt at home, so I didn't have any friends because I didn't want to get in trouble for talking."

In 2006, Berry's family decided to make the move to Utah, where one of the missionaries who had taught her parents lived.

Even though the transition was difficult, Berry said she was excited to leave Mississippi behind.

"I didn't have any friends; I couldn't leave the house. So, I liked it because I honestly felt like it was freedom," Berry said.

Berry's southern accent followed her from Mississippi



Rachel Berry

Rachel Berry says the hope of motherhood motivates her to serve others.

to Utah, and she remembers being constantly teased for the way she talked and pronounced certain words.

Another aspect of Berry's life that followed her to Utah was her life long struggle with obesity.

She said she remembers going to doctor after doctor because her parents wanted to find a reason for her obesity. She said she internalized this as a child and felt there was something wrong with her, but she couldn't control it.

Junior high and high school proved to be the hardest time for Berry. She said the most bullying occurred during these years.

"PE was the worst because people would say, 'We don't want the fat girl on our team.

She's going to bring us down,' and things like that," Berry said.

Berry was rushed to the hospital during her junior year of high school to discover that one of her ovaries had twisted and died and needed to be removed immediately. She later learned this was because she had polycystic ovarian syndrome.

"That was hard," Berry said, "because when you're 16 you have all these views for your future, and then it's just all crushed."

Berry said she had to think about things teenagers shouldn't have to concern themselves with. The doctors informed her she had half the chance to ever get pregnant, and because she was obese, it was half of that chance.

After graduating high school, Berry decided she wanted to attend Utah Valley University and study elementary education.

But Berry never made it to the first day of class.

Somewhere between high school graduation and the first day of class, she gave up on her dream and got a minimum wage job and decided to do that for the rest of her life.

Berry said this was the lowest point of her life.

She was the heaviest she had ever been, she realized that she might never have kids, she stopped going to church, she didn't want to be a teacher anymore and she didn't care about the direction her life was going.

Berry said a big turning point for her was getting a new job and starting to make more friends. She said her friend Maddie Anderson had a significant impact on her and the decisions she was making.

Berry said Anderson was different from her in that she had goals and knew what she wanted to do with her life. Berry said she was drawn to Anderson's goals and direction.

"After that, I started to hang out with a different group of people and started to figure out I wasn't worthless and I did have purpose and that I wasn't defined by my obesity," Berry said.

Eventually, Berry re-enrolled in school, which she attributed to her weight loss, which influenced many of her decisions.

Looking forward, Berry said she still has hopes of one day being a mother. She said that even if she is not able to have children of her own, she will definitely adopt or foster.

"I want to be able to connect with a child and hear them and be there for them when no one else is," Berry said.

Berry dreams of one day owning her own adoption agency and working with

foster children. She said she believes nurture plays a big part in a child's development and wants to provide children with circumstances that will help them flourish.

Alyssa Berry is Rachel's sister-in-law and mother to Rachel's niece, Reese. Alyssa remembers first meeting Rachel when she started dating her brother and noticed she was kind to everyone.

"My favorite thing about Rachel is when she wants something, she goes out and gets it. She knows what she wants, and she doesn't let fear stand in her way," Alyssa said. "She works really hard and is a good example to me of independence and courage."

Alyssa said Rachel is a good listener and gives great advice. She said she is not afraid to speak her mind and will tell

you what other people might be afraid to say.

Alyssa also said she is impressed with the way Rachel treats Reese.

"Rachel is the best aunt," Alyssa said. "One thing I really love is that she has always made sure she only speaks to Reese with positivity and respect. She's a strong example of feminism to Reese and a very good teacher."

Rachel said she has high hopes for how she will raise her own kids and what they will achieve.

"I want them to be healthy. And that sounds awful, but I don't want them to experience half the things that I had to," Rachel said. "I want them to be confident and hardworking and feel like they can do anything regardless of what others say about them."



Utah Quilting & Sewing Marketplace

May 2-4 2019

WWW.UQSMSHOW.COM
Thurs and Fri 10am-6pm
Sat 10am-4pm

Mountain America Expo Center
9575 State St, Sandy, UT 84070

\$2 OFF your ONE-DAY Admission

Admission \$12, Ages 3 and under free

Bring this coupon for discount. One coupon per person.
Cannot be combined with other coupon.

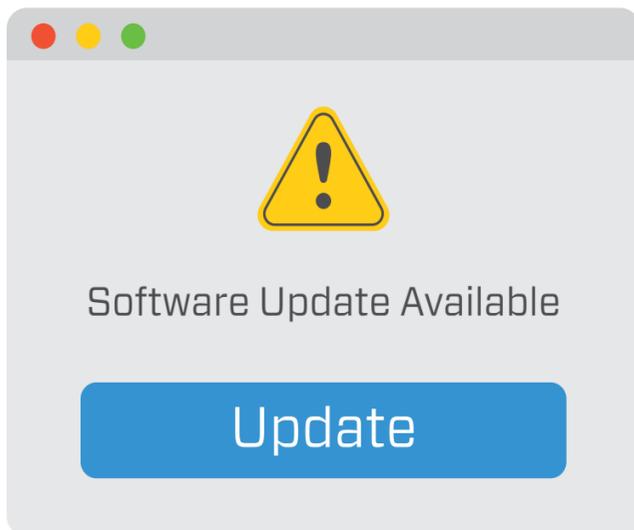


WIN ME
For details please see website



WIN ME

You wouldn't go all term without a software update.



Why go without an **updated residential address?**

Spring students

Update your residential address by **May 7** at och.byu.edu to avoid being charged a fee.

A reminder from the **BYU Off Campus Housing Office**
och.byu.edu

Women's Conference Tours at the MOA

Join us for special, 20-minute tours of current MOA exhibitions during Women's Conference!

THURSDAY, MAY 2
10:30 - 10:50 AM

MOA Director Mark Magleby — *Carl Bloch's Christ Healing the Sick at the Pool of Bethesda*

FRIDAY, MAY 3
10:30 - 10:50 AM

MOA Curator Janalee Emmer — *Windswept and Where the River Widens*

BYU women alumni influence

SISTER WENDY WATSON NELSON

Born: Raymond, Alberta, Canada

BYU connection: Sister Nelson received her master's degree in marriage and family therapy from BYU in 1975. She worked as a professor in the School of Family Life from 1993 to May 2006. She served as chair of BYU Women's Conference for 1999 and 2000.

Church leadership: Sister Nelson married then-Elder Russell M. Nelson April 6, 2006, in the Salt Lake Temple. She has served as a stake Relief Society president and stake Primary president.



Church Newsroom

SISTER JEAN B. BINGHAM

Born: Provo, Utah

BYU connection: Sister Bingham received an associate degree from BYU in addition to receiving a bachelor's degree and master's degree from National Louis University. She met her husband while they were students at BYU.

Church leadership: Sister Bingham has been serving as the 17th general president of the Relief Society since April 2017. Before her call to the Relief Society, she served as first counselor in the Primary general presidency and on the Primary general board. Sister Bingham also served as an early-morning seminary teacher and ordinance worker in the Chicago Illinois Temple.



Church Newsroom

SISTER BONNIE H. CORDON

Born: Idaho Falls, Idaho

BYU connection: Sister Cordon received her bachelor's degree in education from BYU. She met her husband when they were both BYU students.

Church leadership: Sister Cordon has served as the Young Women general president since March 2018. She served as a full-time missionary in Lisbon, Portugal, and later served another mission with her husband, who presided over the Brazil Curitiba Mission.



Church Newsroom

SISTER MARGARET D. NADAULD

Born: Manti, Utah

BYU connection: Sister Nadauld graduated from BYU with a degree in speech and English. Professionally, Sister Nadauld taught high school English in Salt Lake City and Boston.

Church leadership: Sister Nadauld served as the Young Women general president from 1997 to 2002. She also served on the Relief Society general board and in five Young Women ward presidencies. Outside of the Church, she served as president of the Freedom Foundation at Valley Forge and vice president of the Utah Chapter of American Mothers, Inc.



Busath Photography

SISTER MARGARET S. LIFFERTH

Born: Washington, D.C.

BYU connection: Sister Liffertth graduated from BYU with a degree in English. She later worked as a docent in the Museum of Church History and Art.

Church leadership: Sister Liffertth served as the first counselor in the Primary general presidency from April 2005 to April 2010. She previously served as a member of the Primary general board. After she was released from the presidency, she served a mission with her husband in Melbourne, Australia, from 2010 to 2013, where her husband was the mission president.



Universe archives

SISTER LINDA S. REEVES

Born: Los Angeles, California

BYU connection: Sister Reeves received her bachelor's degree in special education from BYU. She met her husband while they were both BYU students.

Church leadership: Sister Reeves served as the first counselor in the Relief Society general presidency from April 2012 to April 2017. She also served in the California Riverside Mission from 2008 to 2011 with her husband, who was the mission president.



Church Newsroom

SISTER ELAINE S. DALTON

Born: Ogden, Utah

BYU connection: Sister Dalton received her bachelor's degree in English from BYU.

Church leadership: Sister Dalton served as the Young Women general president from 2008 to 2013. Before her call as president, she served as second counselor and later as first counselor in the Young Women general presidency to Sister Susan W. Tanner.



Church Newsroom

SISTER SYDNEY S. REYNOLDS

Born: Burbank, California

BYU connection: Sister Reynolds graduated from BYU with a bachelor's degree in history, a minor in political science and a teaching certificate in secondary education.

Church leadership: Sister Reynolds served as first counselor in the Primary general presidency from 1999 to 2005, before which she served on the Primary general board.



Church Newsroom

SISTER COLEEN K. MENLOVE

Born: Salt Lake City, Utah

BYU connection: Sister Menlove received her bachelor's degree in elementary education at the University of Utah and then received her master's degree in education at BYU.

Church leadership: Sister Menlove was the 10th Primary general president and served from 1999 to 2005.



Busath Photography

SISTER SHARON G. LARSEN

Born: Cardston, Alberta, Canada

BYU connection: Sister Larsen attended University of Alberta in Edmonton before transferring to BYU, where she earned her degree in elementary education.

Church leadership: Sister Larsen served as the second counselor in the Young Women general presidency from 1997 to 2002.



Universe archives

SISTER BECKY CRAVEN

Born: Chardon, Ohio

BYU connection: Sister Craven received her bachelor's degree in interior design from BYU. She met her husband when she was a BYU student.

Church leadership: Sister Craven has served as the second counselor in the Young Women general presidency since March 2018. She previously served as an ordinance worker in the Bountiful Utah Temple. Sister Craven and her husband also served in the North Carolina Charlotte Mission, where her husband was president.



Church Newsroom

SISTER BARBARA THOMPSON

Born: San Luis Obispo, California

BYU Connection: Sister Thompson studied social work at BYU before getting a master's degree in social work from the University of Utah.

Church Leadership: Sister Thompson served as second counselor in the Relief Society general presidency from 2007 to 2012. Before serving in the Relief Society presidency, Sister Thompson was executive director of an international assessment center for abused and neglected children.



Church Newsroom

SISTER SHARON EUBANK

Born: Redding, California

BYU connection: Sister Eubank received her bachelor's degree in English from BYU.

Church leadership: Sister Eubank was called as the first counselor in the Relief Society general presidency in April 2017 after serving on the Relief Society general board from 2009 to 2012. She has worked for the Church Welfare Department since 1998 and was appointed as the director of LDS Charities in 2011, a role she continues along with her Church calling.



Church Newsroom

SISTER SILVIA H. ALLRED

Born: San Salvador, El Salvador

BYU connection: Sister Allred attended BYU, the University of Arizona and the General Francisco Marzan Institute in El Salvador. She has worked as an elementary school teacher and an MTC Spanish language instructor.

Church leadership: Sister Allred served as first counselor in the Relief Society general presidency from 2007 to 2012.



Church Newsroom

SISTER MICHELLE D. CRAIG

Born: Provo, Utah

BYU connection: Sister Craig received her bachelor's degree in elementary education from BYU.

Church leadership: Sister Craig currently serves as the first counselor in the Young Women general presidency. She's previously served as a member of the Primary general board, a gospel doctrine teacher and an ordinance worker in the Provo Utah Temple.



Church Newsroom

SISTER BONNIE L. OSCARSON

Born: Salt Lake City, Utah

BYU connection: Sister Oscarson studied commercial art at BYU and later returned to get her bachelor's degree in British and American literature.

Church leadership: Sister Oscarson served as the Young Women general president from 2013 to 2018. Sister Oscarson had previously served as matron of the Stockholm Sweden Temple.



Church Newsroom

SISTER MARY R. DURHAM

Born: Portsmouth, Virginia

BYU connection: Sister Durham attended BYU on a dance scholarship.

Church leadership: Sister Durham served as the second counselor in the Primary general presidency from 2015 to 2018. Before joining the general presidency, Sister Durham had served on the Primary general board since 2000.



Church Newsroom

SISTER CHERYL C. LANT

Born: Provo, Utah

BYU connection: Sister Lant studied early childhood development at BYU.

Church leadership: Sister Lant served as the Primary general president from 2005 to 2010. She served previously on the Primary general board.



Busath Photography

21st century church auxiliaries

SISTER MARY N. COOK

Born: Midvale, Utah

BYU connection: Sister Cook received her bachelor's degree, master's degree and education specialist degree from BYU. Her bachelor's and master's degrees were both in speech pathology and audiology.

Church leadership: Sister Cook served as second counselor in the Young Women general presidency from 2007 to 2008 and first counselor in the presidency from 2008 to 2013. She also served on the Young Women general board and served a mission with her husband, who presided over the Mongolian Ulaanbaatar Mission.



Church Newsroom

SISTER SUSAN W. TANNER

Born: Granger, Utah

BYU connection: Sister Tanner graduated from BYU with a degree in humanities. She met her husband while she was a BYU student. She currently serves as BYU-Hawaii's first lady.

Church leadership: Sister Tanner served as the Young Women general president from 2002 to 2008.



Universe archives

SISTER MARY ELLEN W. SMOOT

Born: Ogden, Utah

BYU connection: Sister Smoot received her bachelor's degree at Utah State University, attended law school at BYU and received a master's degree in management science from Stanford University.

Church leadership: Sister Smoot was the 13th general president of the Relief Society serving from 1997 to 2002.



Busath Photography

SISTER LISA L. HARKNESS

Born: Los Angeles, California

BYU connection: Sister Harkness double majored at BYU, receiving her bachelor's degree in political science and secondary teaching and a minor in Spanish. She worked as a docent at the Monte L. Bean Life Science Museum as a BYU student.

Church leadership: Sister Harkness is currently serving as the first counselor in the Primary general presidency. She was called in March 2018 after serving on the Primary general board since September 2017.



Church Newsroom

SISTER SHERI L. DEW

Born: Ulysses, Kansas

BYU connection: Sister Dew studied at BYU, receiving a bachelor's degree in history with an emphasis in American religious history. She served on the National Advisory Council of BYU's Marriott School of Business.

Church leadership: Sister Dew served as second counselor in the Relief Society general presidency from 1997 to 2002 as the first single woman to serve as a general Church officer. She works as the CEO of Deseret Book Company and Executive Vice President of Deseret Management Corporation. She wrote the biographies of President Ezra Taft Benson, President Gordon B. Hinckley and President Russell M. Nelson.



Universe archives

SISTER CHERYL A. ESPLIN

Born: Lovell, Wyoming

BYU connection: Sister Esplin graduated from BYU with her bachelor's degree in elementary education.

Church leadership: Sister Esplin is the first counselor in the Primary general presidency. She previously served on the Primary general board and with her husband, who presided over the North Carolina Raleigh Mission.



Church Newsroom

SISTER JULIE B. BECK

Born: Granger, Utah

BYU connection: Sister Beck graduated from Dixie College and BYU.

Church leadership: Sister Beck served as the Relief Society general president from 2007 to 2012. Before her calling as president, she served on the Young Women general board and as first counselor in the Young Women general presidency.



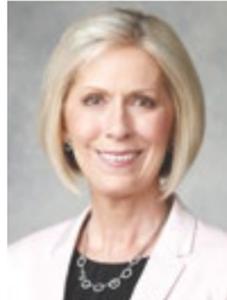
Universe archives

SISTER JOY D. JONES

Born: The Dalles, Oregon

BYU connection: Sister Jones received an associate of science degree in family living from BYU. She met her husband when they were both BYU students.

Church leadership: Sister Jones is the 13th general Primary president. She also served on the Primary general board for six years and assisted in the Draper Utah Temple open house in 2009.



Church Newsroom

SISTER ANN M. DIBB

Born: Salt Lake City, Utah

BYU connection: Sister Dibb graduated from BYU with a bachelor's degree in elementary education.

Church leadership: Sister Dibb served as the second counselor in the Young Women general presidency from 2008 to 2013 and as a member of the Young Women general board.



Church Newsroom

PART TIME WORK

Looking for hardworking, motivated, detail-oriented female to join our house cleaning team!
10-20 hours a week
Contact Amber: (801) 360 - 0986



ADVICE ON HOW TO BE A GREAT EX-PARTNER, JUST LIKE THE MOST WELL-KNOWN EX-PLANET.

Read about it in TWO Magazine.
Current edition on racks around campus now.



Gender stereotypes feed wage inequality

By LAURIE BRADSHAW

Spring Cullen is passionate about her education at BYU. She loves her field. She loves overcoming its challenges and finds satisfaction in a job well done; she loves to learn and research. Beyond graduation, Cullen has goals to teach and instill her passion in others.

This doesn't sound too out of the ordinary. Like hundreds of thousands of BYU students before her, Cullen has found her passion. Still, she is an anomaly; unlike many women in Utah, she is planning to work in computer science — a largely male-dominated field.

According to research done by the Utah Department of Workforce Services, men in Utah dominate in fields such as computers and mathematics, architecture, engineering and management. By contrast, women dominate the fields of personal care and service, education and office and administrative support — all lower-paying jobs than the male-dominated fields.

Cullen said she doesn't let the small number of women in her program get her down.

"As the classes get higher up, there's less females in the classes," she said. "At first that was hard, because you'll walk into a room, and you'll see that you're the only girl there, but to be honest, it's not a big deal. Most of it's all, in your head. Once you realize no one else really cares, and they're not focusing on that, then it's normal."

Reports have shown Utah ranks last in the nation when it comes to equal pay, and some experts believe the low pay of women-dominated jobs contributes heavily to the issue. According to Susan Madsen, founder of the Utah Women and Leadership Project, the wage gap is largely cultural.

"Things are changing, but (people) still go down to their



Laurie Bradshaw

Students work in a computer science lab in the Talmage Building. Men in Utah dominate in fields such as computers and mathematics, architecture, engineering and management.

biases, and that is that women should be teachers or social workers or nurses," Madsen said. "They're really not open to the STEM fields, or even business."

Robbyn Scribner, assistant director of the Utah Women and Leadership Project, added many women don't know all the options available to them.

"There are a lot of young women who don't really have a sense of the wide variety of careers that are out there," Scribner said.

Scribner added these numbers add to the poverty rates among Utah women.

"We have so many women living in poverty in the state," she said. "This is due partly to the fact that too many girls were taught they didn't need to get an education or prepare for a career. As we work to find ways to support women at work, they are better prepared to support their families and contribute to their communities."

These stereotypes are reflected in the education choices of many BYU students. Of the 1,144 undergraduate students in the BYU David O. McKay School of Education, only 37 are male — a mere 3%. These numbers are even higher than Utah's average of 71% of

educators being female.

The numbers of undergraduate students in BYU's computer science program are equally telling: of the 1,115 computer science majors at BYU, 158 are female. This means women only account for roughly 14% of computer science majors.

Christoffer Loderup is a student in the BYU School of Family Life, another female-dominated major at BYU. According to statistics from the School of Family Life, only 10% of the school's students are male. Loderup believes there are multiple factors behind the lack of men in his program.

"The stereotype is that men are logical and women are emotional," he said. "When men are shown as emotional, they're portrayed as weak."

Loderup also listed societal pressures and concerns about a job's salary as reasons men shy away from female-dominated majors. He admitted he has felt judged at times for choosing the School of Family Life.

"It's not a blunt, direct, 'What are you doing with your life,' but that's the implied message that I get, just from body language," he said. "Most people don't know exactly what to say."

Scribner said children start internalizing these stereotypes

at an early age.

"It's a complicated issue," she said. "We know that at early ages, girls and boys are equally interested in math; they're equally interested in science. But once they start hitting the end years of elementary school and the early years of junior high, that starts to shift a little bit. Boys are being raised with the mindset that they will need to provide for a family — they're going to have to choose a career that's going to pay well. Girls are being taught that whatever they're going to do is just going to be an add-on."

Madsen believes if more women enter leadership roles in both politics and business, Utah's work environment will become more inclusive.

"We have to raise our aspirations as women to want to lead," Madsen said.

Scribner added that although Utah is making progress, the state still has a long way to go.

"Especially with social change, the needle moves slowly," she said. "We recognize as we see progress, we will count those as wins, but we know that deeper, lasting change is going to take some time. We just have to keep moving forward and doing our best."



Laurie Bradshaw

Angela Jones is a graduate of BYU's computer science program and is now a mentor with the Women's Initiative.

Computer science department seeks inclusiveness

By LAURIE BRADSHAW

Leadership in the BYU Department of Computer Science recently organized a Women's Initiative to make the major more inclusive. Jennifer Bonnett, an academic adviser for computer science graduates, has run the Women's Initiative Committee since its conception in 2017.

"The primary goal that we have is to integrate the men and the women in the department to try and make it a more inclusive culture," Bonnett said.

To accomplish this, the initiative has organized events for both men and women that give students the chance to work and serve together so they can get to know each other better.

In addition to fostering inclusiveness, the initiative is also working to ensure that women have the resources they need within the program.

Angela Jones, a BYU computer science graduate, now works with the Women's Initiative to help "mentor, recruit and retain" students. Her own experience helps her understand the struggles that female computer science students face. She said

her own class had only three women. "It's very isolating," she said. "That's the biggest problem."

The initiative is also focusing on long-term goals. Over Summer 2018, it hosted "Girls Code," a camp that teaches programming skills to girls ages 8-11.

"One of the reasons why we initiated Girls Code was to expose younger women at a much earlier age; junior high tends to be the point where girls start to fall away from STEM," Bonnett said.

Jones noted that many women may not realize how flexible a career in computer science can be.

"I think the real answer is to have people know how cool computer science can be, and what a great option it is," she said. "People can work from home. It's super flexible; it's super creative. With computer science, with the demand right now, it's just so huge. You can pretty much do anything you want to."

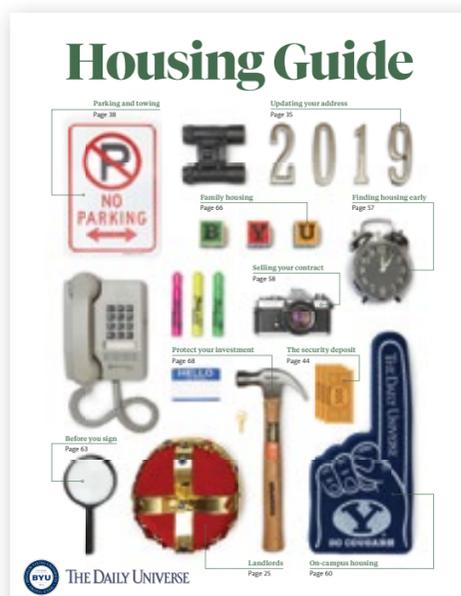
Jones also said a variety of people in computer science can only strengthen the field.

"If we can diversify who comes to the program, everyone will be better," she said. "The whole program will be better."



Know what you're agreeing to

Pick up Housing Guide for tips on understanding your housing contract.

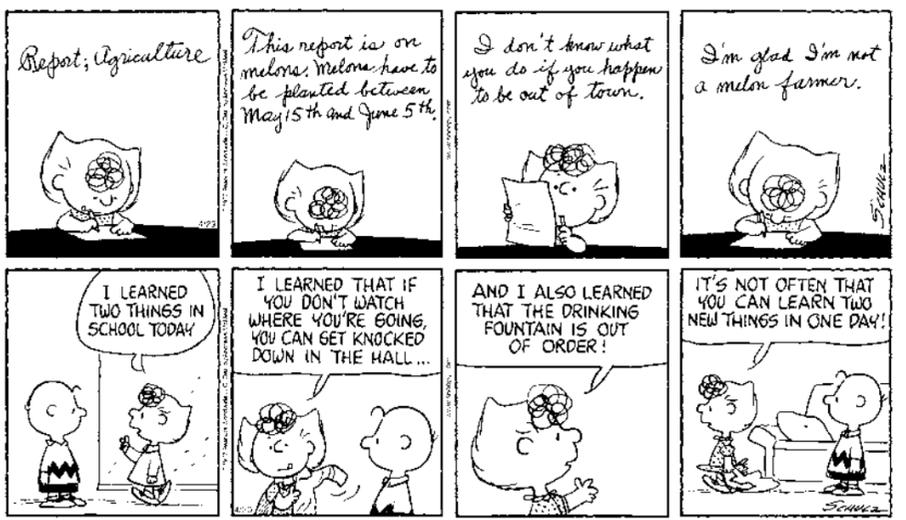


New 2019 edition available on racks throughout campus.

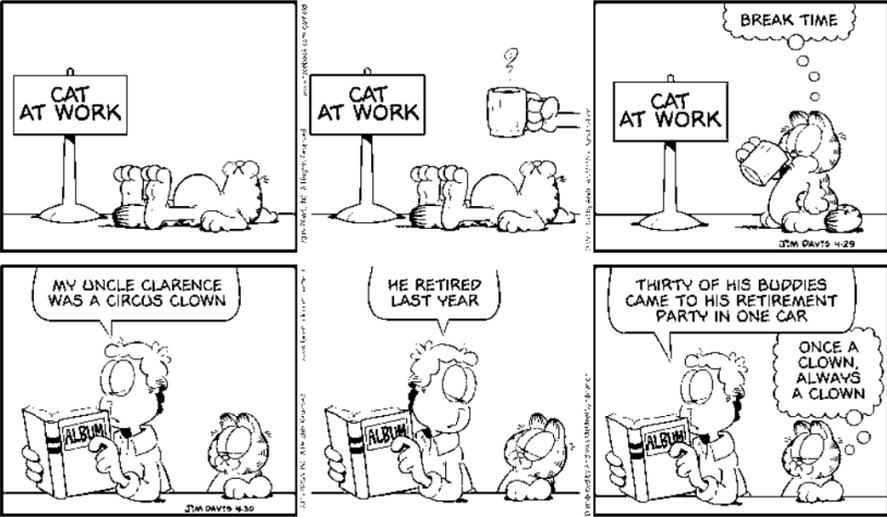
Dilbert®



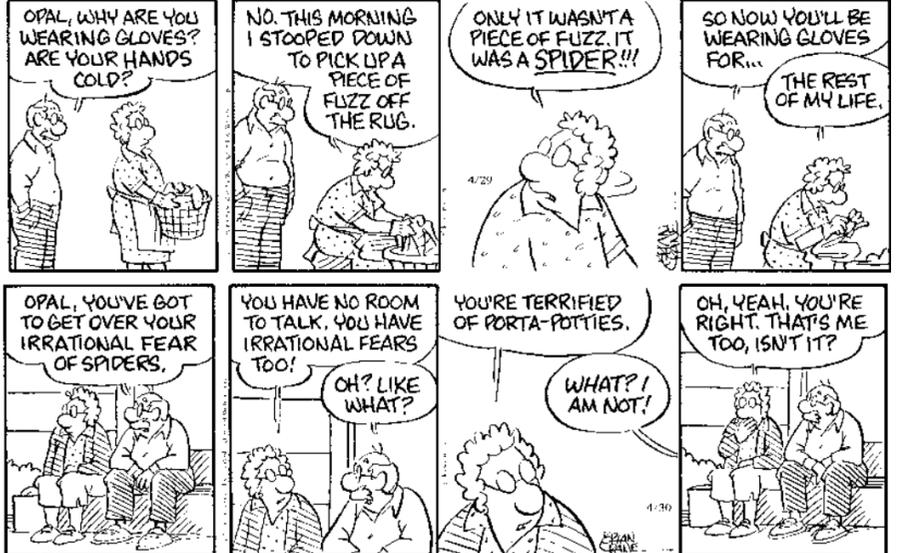
Peanuts®



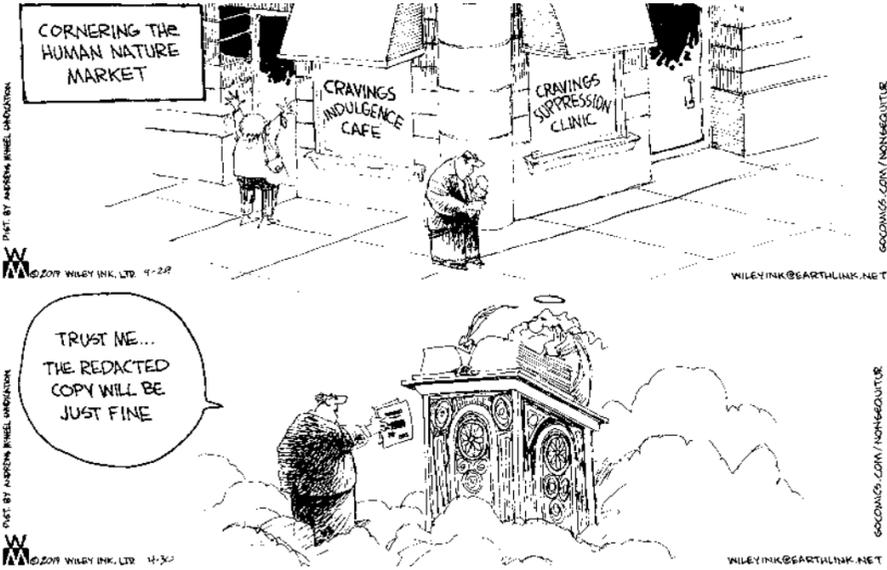
Garfield®



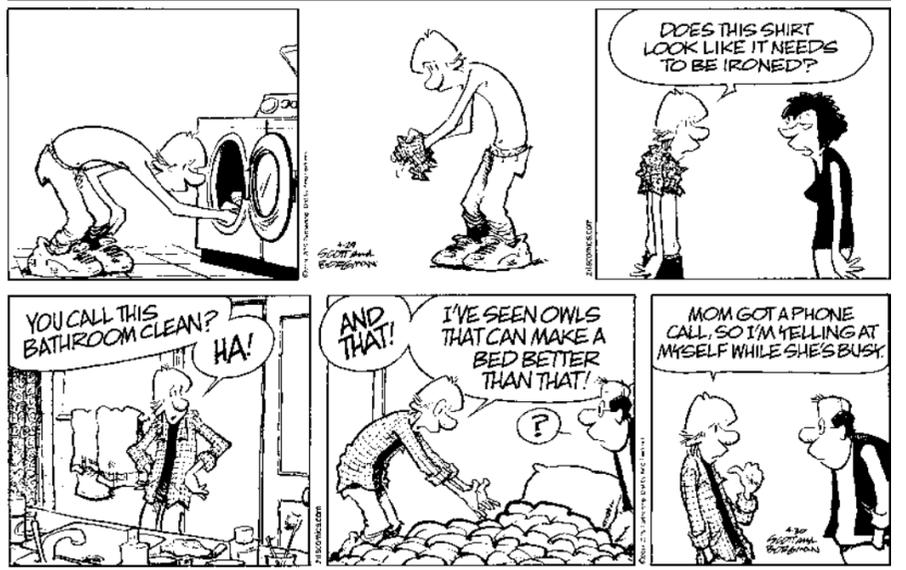
Pickles®



Non Sequitur®



Zits®



Sudoku

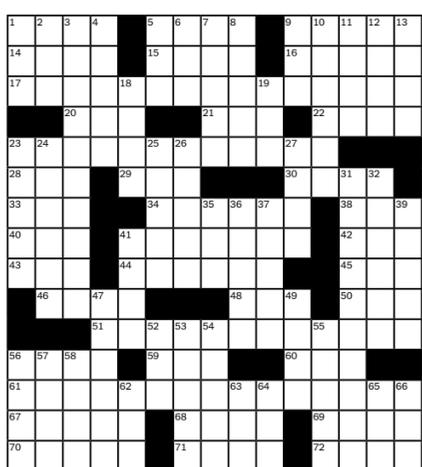
Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at universe.byu.edu/sudoku.

		8	7	6						6		2		7					7	2	6					1	4					9	8	
	6					7			1	5				3	8					7	4								7				3	
3			6	1	2			9				1	7					8	5		1	7				2		5	9					
	5	3		2						1	5	3						6		7		8					5	6			8			
6	7	1		4	5		3		2	6		1		5			2		8	1		6				9					3			
	3	2		1						5	9	7					7		6		9					8					7	2		
4		2	9	5			6				9	5					4	2		3	5										7	8	2	
	8						3		3	9				4	6											9						4		
		2	6	4					4			8		1				6	8	7					7	2					4		1	

The New York Times Crossword

Edited by Will Shortz No. 0325

- ACROSS**
- After-bath powder
 - Mexican "dollar"
 - "Holy moly!"
 - "Young Frankenstein" assistant
 - ___ and crafts
 - Corporate giant in a 2001 bankruptcy
 - Tito Puentecy's specialty
 - China's Mao ___-tung
 - Fleming who created James Bond
 - "Wishing won't make ___"
 - Material that's spotted at a fashion show?
 - Matterhorn or Mont Blanc
 - Golfer's goal
 - Slippery fishes
 - "___ favor, señor"
 - Mothers, informally
 - ___ Lingus (carrier to Dublin)
 - Big name in newswires
 - Area of a basketball court near the basket
 - Lead-in to "la-la"
 - Candy that's not in-dispensable?
 - Like the hooves of wild horses
 - Kind of tide
 - What children should be (but not heard), they say
 - Dove's sound
 - 12 on a grandfather clock
 - Rocket's takeoff point
 - "Right away!"
 - So-so
 - Sound from a goat
 - Court case, e.g.
 - Get a grip on
 - What you might use to get a grip on something
 - Prime draft category
 - "Hair" dos
 - Composer Satie
 - Corvette Stingray feature
- DOWN**
- "Shop ___ You Drop" (old game show)
 - Turkish title
 - Mega Millions jackpot
 - Invigorating, as autumn air
 - Mushy baby food
 - Before, in poetry
 - Take it all off
 - Felix's partner on "The Odd Couple"
 - "Affirmative"
 - Kind of inspection
 - Habeas corpus, e.g.
 - Arboretums: trees :: ___: animals
 - The "A" in A.D.
 - Kind of tide
 - Prefix with cycle
 - Drink, like a cat or dog
 - Gets hitched in haste
 - San ___ (San Francisco suburb)
 - Sketches
 - Bird's home
 - Wall covering that's washable with soap and water
 - Neighbor of Croatia
 - Speed abbr.
 - Person who sponges
 - "Same here"
 - Like a dangerous raccoon
 - Medieval drudge
 - Roman moon goddess
 - Food thickener
 - Texas city on the Rio Grande
 - "I guess the joke's ___"
 - Diamond head?
 - Chutzpah
 - Group singing hymns
 - Gal of "Wonder Woman"
 - Bit of pond growth
 - Medieval drudge
 - Old records ... or a hint for this puzzle's seven longest answers
 - Long-running CBS forensic series
 - Hair-raising cry
 - Prefix with conservative
 - Dental problem that braces can fix



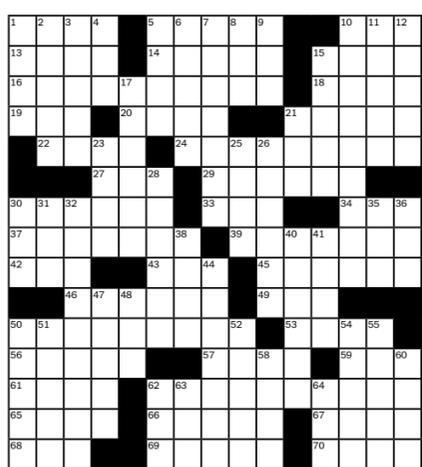
Puzzle by Kevin Christian and Andrea Carla Michaels

Online subscriptions: Today's puzzle and more than 7,000 past puzzles, nytimes.com/crosswords (\$39.95 a year).
Read about and comment on each puzzle: nytimes.com/wordplay.

The New York Times Crossword

Edited by Will Shortz No. 0326

- ACROSS**
- *Like carols and cantatas
 - Moon ___ (apt anagram of ASTRONOMER)
 - Breathing room
 - Put a limit on
 - Mayberry moppet of 1960s TV
 - Tissue layers
 - "What ___ we here?"
 - *Grand Prix locale
 - Country west of Afghanistan
 - Ambient music pioneer Brian
 - Used a doorbell
 - Scarecrow's desire in "The Wizard of Oz"
 - Canadian gas brand
 - *"You're beautiful," in Paris
 - Words of commitment
 - Seasickness, e.g.
 - Moon ___ (apt anagram of ASTRONOMER)
 - Tax ID
 - Stat for cleanup hitters
 - **"Yay for us!"
 - *Uma of "Kill Bill"
 - "Groovy!"
 - Where Slovakia and Slovenia are: Abbr.
 - Herbs with licorice-flavored seeds
 - Rustic shelter
 - One of the Kennedys
 - *Friend of Robin Hood
 - Bulletproof garment
 - Many, casually
 - Toy in windy weather
 - Original N.Y.C. subway line
 - Move like mud
 - Start of the baseball season ... or what the start of each starred clue is?
 - Lines on a road map: Abbr.
 - Cappuccino cousin
 - Fraction of a bushel
 - Half-___ (do in a perfunctory way)
 - Gave medicine in modern slang
 - *Fill to excess
- DOWN**
- A handful of
 - Slightly ahead
 - Spanish boys
 - Figure out
 - Pet lover's org.
 - Nursery buy
 - 7 Pellet projectors
 - Cartoon collectible
 - That: Sp.
 - Sources of urban noise pollution
 - Be useful to
 - Tubular pasta
 - Newcomer at the office
 - Like beaches during storms
 - Small pellets
 - Voice of the Apple Watch
 - Dawn's direction
 - "The Nutcracker" skirt
 - Lopsided
 - Theme park feature
 - Houston N.B.A. team
 - Makes more bearable
 - Coaching great Parseghian
 - Trees and shrubs
 - Alex Haley epic
 - Kunta of 51-Down
 - Half of a 45
 - Stretch of land
 - Headed for overtime
 - Little squirt
 - Like Mother Hubbard
 - Kung ___ chicken
 - Chatty travel companion



Puzzle by Zhouqin Burnikel

Online subscriptions: Today's puzzle and more than 7,000 past puzzles, nytimes.com/crosswords (\$39.95 a year).
Read about and comment on each puzzle: nytimes.com/wordplay.

ANSWER TO PREVIOUS PUZZLE

S	A	I	N	T	K	E	D	S	I	C	E	D	
A	P	N	E	A	T	A	I	L	M	A	R	A	
P	L	A	I	N	T	O	S	E	E	P	R	I	M
S	I	N	G	E	W	E	U	S	O	P	E	N	
T	E	H	R	A	N	S	T	A	L	E			
S	A	M	L	A	H	D	I	D	A	H			
L	T	S	G	O	B	A	G	S	T	I	N	A	
O	H	A	R	E	R	A	D	E	E	T	S		
L	A	N	E	P	I	C	N	I	C	M	E	H	
A	I	M	S	H	I	G	H	O	T				
A	C	U	T	E	F	A	N	A	R	T			
S	P	R	I	G	S	D	O	H	M	O	O	D	
O	L	I	N	T	H	E	R	O	Y	A	L	W	
F	O	N	D	O	U	S	T	E	L	L	E	N	
T	W	O	S	P	E	K	E	S	E	E	D	S	

ANSWER TO PREVIOUS PUZZLE

C	A	P	S	L	O	O	M	U	N	F	A	I	R	
O	C	T	A	H	E	D	R	A	S	E	I	S	M	O
E	A	S	A	S	A	B	C	M	O	S	D	E	F	
D	I	D	S	T	S	A	R	A	C	O	A	L		
W	H	A	M	F	L	E	I	G	H	I	N			
D	J	K	H	A	L	E	W	E	I	G	H			
R	E	N	O	T	A	U	S	A	R	R	I	D		
I	D	O	F	I	L	M	N	O	I	R	E	R	A	
P	I	X	I	E	B	O	N	N	L	U	A	U		
N	E	R	O	B	A	C	K	U	P	Q	B			
P	R	S	T	U	N	T	T	A	R	S				
R	I	O	T	P	E	E	L	A	T	T	W	O		
U	V	W	A	V	E	X	Y	Z	A	F	F	A	I	R
G	O	E	T	H	E	A	R	I	S	T	O	T	L	E
S	T	R	E	S	S	S	A	P	S	R	A	T	S	

SAVE *the* DATE

MAY 11, 2019



Celebrate Mothers

SATURDAY

MAY 11, 2019

IVC

1055 N. 300 W.

STE. 308, Provo

9 a.m. - 3 p.m.

RELIEVE
MOM'S LEG
PAIN

iVein.com

CALL TO REGISTER FOR A
VEIN SCREENING TODAY!

801.921.7110