

Toddlers and technology: Raising children in the generation of tech

By JENNA ALTON

Part one of two

Even before you step foot into Morgan Meyers' Riverton home, it's clear toddlers live here.

Toys in bright primary colors line the front porch, and little hand and fingerprints coat the glass front door. The fingerprints belong to Landon, Meyers' 4-year-old son, and Elise, her 3-year-old daughter.

The home tells the same story as you enter. The front room's focal point isn't a television or fireplace — it's a large children's tent in the shape of a shark. Meyers says her kids have been on a "Baby Shark" kick recently, and their grandfather insisted on the tent.

"There's a lot of fun to it," Meyers said about parenting two toddlers so close in age. "But it is hectic and crazy and a little..."

She pauses, looking for the right words to describe it. "You kind of feel like you're living in a tornado."

Scattered books crowd the home's main level — under the couch, in the tent, on the kitchen floor. They're part of the Meyers' extensive book collection. Next to one pile of books lies a blue plastic bowl with an uneaten chicken nugget, and the stairs to the basement are lined with plastic Easter eggs.

While her kids nap, Meyers talks about the intentional nature of her parenting. The books and toys aren't just part of a mess — they're part of Meyers' effort to limit her kids' screen time. She worries about the effects of screen time on her children's development, even if sometimes it's easier to plop them down in front of the TV.

"I think I struggle with the balance," Meyers admitted. "It's, 'This is good. It's encouraging good things. It's educational. It's good for my mental health, to be totally honest.' But at what point is it no longer good? You



Jenna Alton
Morgan Meyers reads with her 4-year-old son, Landon, in their Riverton home. Meyers tries to have books and toys available to help limit her children's screen time.

have to find that balance and say, 'OK, do you know what? We're done. We are done.'"

Like Meyers, parents around the country are struggling to find and maintain the right screen time balance in an age when tablets, mobile phones and televisions dominate. A 2017 Common Sense Media report found 98% of American children 8 and under live in a home with a mobile device, and mobile media time tripled between 2011 and 2017.

The majority of U.S. children spend significantly more time in front of screens than recommended, incurring potentially negative effects on their development, relationships and

behavior, along with long-term side effects that are still unknown.

Parents can avoid these negative side effects, however, and help their children build healthy, beneficial relationships with media by changing a few key screen time habits, according to experts.

Minimizing screen time

The American Academy of Pediatrics released updated screen time recommendations in 2016, which include avoiding screen media altogether for children younger than 18 months and limiting screen use to one hour per day in children ages 2 to 5 years. When children do watch media, the academy

adds, it should be high-quality programming they co-view with their parents.

However, these recommendations aren't currently a reality among American parents, at least on average.

A February JAMA Pediatrics study found daily screen time for children 2 and under averaged about 3 hours per day in 2014, a significant increase from the 1997 average of 1.3 hours a day for the same age group. Children ages 3 to 5 didn't have a significant change between 1997 and 2014 — during both years, they averaged almost 2.5 hours a day.

See *TECH* on Page 8

Speakers say religion can create safe communities

By KARINA ANDREW

One third of Americans report being chronically lonely and one half of Americans express that no one truly knows them. National suicide rates have risen, while religious participation has declined, according to social scientist David Brooks.

The marketization of everything from personal recreation to dating creates the "illusion of infinite choice." This surplus of perceived options can overwhelm and isolate, said Shadi Hamid, who was a panelist at the Religious Freedom Annual Review on June 20.

A stable community can counteract the harmful effects of mass marketization, added fellow panelist R. R. Reno. Communities provide norms and value sets that assist in decision-making, Reno said.

Though religion fulfills this community function for many, it can remain isolating for certain marginalized groups. Other panels at the Review discussed ways in which religion can still function as a safe, stabilizing community for these groups — if those belonging to religious communities choose to foster inclusion and understanding.

Women

A panel of women representing various religions agreed that the infantilization of religious women is harmful to the conversations surrounding women's rights and religious freedom.

"There is a notion out there that religion itself — organized religion in its various forms — is anti-woman," said panelist Ashley McGuire, a senior fellow with the Catholic Association. "I think that this sets back the cause of religious liberty, and I think it undermines religious women."

McGuire further explained religious women often say their passion for their beliefs motivates them to lead the fight for religious liberty.

Panelist Sahar Aziz agreed, citing misconceptions around the hijab and religiously-motivated violence as examples of this harmful notion. She said the vast majority of Muslim women choose to wear the hijab as a demonstration of their devotion to God, and much of the violence western news outlets cover are extreme cases, not the norm.

Aziz said American Muslim women are more concerned about violence from white supremacist groups than from men of their own faith.

An increase in religious freedom education will do more to protect women of faith than a misdirected campaign to free women from organized religion altogether, said panelist Tina Ramirez.

Ramirez said she participated in a study in which students who showed a willingness to discriminate against women receiving education were taught about religious freedom. After a few lessons, Ramirez said those same students changed their opinions entirely and respected women's right to education.

LGBT

For the LGBT community, the language of religious freedom often "is used as a vehicle to obscure discrimination," said panelist Sarah Langford.

Other panelists affirmed that phrases such as "hate the sin, love the sinner" are damaging. Panelist Ben Schilaty, an openly gay Latter-day Saint, recalled how painful it was to read fellow Latter-day Saints' hurtful comments posted online following the Supreme Court decision to legalize gay marriage.

Panelist Billy Kluttz added saying "LGBT issues" is also offensive. "We're not issues," he said. "We're people."

Kluttz, a gay, Presbyterian pastor, said the experiences resulting from this kind of language are awkward and dehumanizing.

See *SAFE* on Page 3

Freedom Festival introduces new activities

By KIMBERLY PETERSEN

Provo's America's Freedom Festival is offering new events this year like a nighttime hot air balloon light show, a colonial-era wedding and performances by Keith Urban and Chuck Norris.

Thousands of volunteers staple streamers to floats and don colonial costumes in preparation for the festival. In just a few days Provo will come alive to celebrate America's freedom with lots of food, fun activities and hundreds of people from all over the country.

Dating back to the 1870s, this Freedom Festival has been recognized as one of America's biggest and best patriotic celebrations.

Freedom Awards Gala

The festivities officially begin on July 2 with the Freedom Awards Gala.

This year's awards ceremony will honor the family of Major Brent Taylor, Christel Sawatze Foreman, Tommy Asher and Commander Don L. Lind.

According to the festival's website, those honored this year have given meaning and depth to the word "freedom," which took "them (those honored) from the pages of a dictionary into our hearts and souls."

The gala is an opportunity for the community to give back to those who have sacrificed to defend their country. The Freedom Awards Gala will be at 6:30 p.m. at the Utah Valley Convention Center in Provo. Tickets for this event are no longer available.

Fine Art Show

As part of Freedom Days, visitors can attend a free art show at the



Tammy Palmquist
A volunteer shows young kids different items used in the colonial era during the Colonial Heritage Festival in Provo.

Historic Utah County Courthouse on July 3 from 5-9 p.m. and July 4 from 11 a.m.-6 p.m.

This year's show will display the original artwork of about 22 artists, some nationally acclaimed. Visitors can also see live demonstrations and purchase original and printed works. Coordinators of the event said this art is an important part of Utah heritage.

Clog America

Clog America will be performing

on July 3 at 7 p.m. at the Orchard at University Place and will be joined by local performing groups at 4 p.m.

Clog America is in its 28th year of touring as U.S. Goodwill Ambassadors, and is America's premier folk dance ensemble. The group has represented the U.S. in prestigious international folk festivals throughout the world.

Freedom Run

If clogging inspires people to get up

and move, they can join hundreds of others in the Freedom Run on July 4 at 7 a.m. beginning at Kiwanis Park in Provo.

This year approximately 5,500 runners will participate in the 5K, 10K or the Mayor's 1-mile fun run.

Best way to run? Dress patriotic and have fun. Runners are encouraged to deck themselves in patriotic colors, patterns and themes.

See *FESTIVAL* on Page 8

UNIVERSE news briefs

FROM THE ASSOCIATED PRESS



Trump steps into history as he offers hand to Kim

President Donald Trump and North Korea's Kim Jong Un met at the heavily fortified Demilitarized Zone on June 30 and agreed to revive talks on the pariah nation's nuclear program. Trump, pressing his bid for a legacy-defining deal, became the first sitting American leader to step into North Korea.

What was intended to be an impromptu exchange of pleasantries turned into a 50-minute meeting, another historic first in the year-long rapprochement between the two nations.



Protesters in Hong Kong break into legislature

Hundreds of protesters in Hong Kong swarmed into the legislature's main building July 1, tearing down portraits of legislative leaders and spray-painting pro-democracy slogans on the walls of the main chamber as frustration over a lack of response from the administration to opposition demands boiled over.

Police carrying riot shields and firing tear gas moved in shortly after midnight to clear surrounding streets but appeared to have paused outside the legislative building.

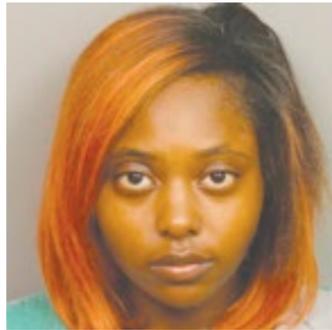


Steve Harvey to cover students' college costs

Talk show host, comedian and game show host Steve Harvey has committed to covering the college costs for eight incoming freshmen at his alma mater in Ohio.

Kent State University said in a release that The Steve & Marjorie Harvey Foundation has worked with Kent State University to provide scholarships of about \$23,000 per student.

The scholarships are in memory of Devin Moore, a Kent State student who died in 2017 while playing basketball at a university center.



Lawyers say fetal death charges 'unjust'

Attorneys for an Alabama woman indicted for manslaughter after she lost her fetus when she was shot filed a motion Monday to dismiss the charges, calling them "completely unreasonable and unjust." The district attorney's office has not yet decided whether to prosecute.

Marshae Jones was five months pregnant when 23-year-old Ebony Jemison shot her in the stomach during an argument, authorities said.

Lawyers defending Jones filed a motion to dismiss in a Jefferson County court.



Durant, Irving make Nets the talk of the town

The Brooklyn Nets agreed to deals with superstars Kevin Durant and Kyrie Irving as part of a sensational start to free agency, giving the longtime No. 2 team in New York top billing in the Big Apple.

They landed two of the top players available, both perennial All-Stars and NBA champions, and they weren't finished. They also added DeAndre Jordan, who played with Durant and Irving on the 2016 U.S. Olympic team that won the gold medal, and veteran swingman Garrett Temple.



Mormon Newsroom

In June 2019, the church announced they will be changing the monthly cost of missions to \$500, effective July 1, 2020.

Full-time mission cost rising to \$500 a month

By JENNA ALTON

The cost of serving a full-time mission for The Church of Jesus Christ of Latter-day Saints will increase to \$500 per month starting July 1, 2020, according to a First Presidency letter sent to Church leaders.

The change, which is an increase from the current mission cost of \$400 per month, will apply to missionaries serving from Australia, Austria, Belgium, Canada, Denmark, France, Finland, Germany, Iceland, Ireland, Italy, Japan, the Netherlands, Norway, Switzerland, Sweden, the United Kingdom and the United States.

The mission cost will remain at \$400 per month or the local equivalent for missionaries from all other countries. According to the letter, this is the first increase in mission price since 2003.

"We love and are most grateful for the many young men and young women who answer the call to serve the Lord as full-time missionaries and express appreciation of those who support them," the letter says. "We know that many sacrifice greatly to help share our Heavenly Father's love and the Savior's restored gospel."

The announcement comes shortly after a mission leadership seminar held at the Missionary Training Center from

June 23-25.

During the seminar, Elder Neil L. Andersen of the Quorum of the Twelve Apostles introduced a new missionary handbook, according to the Church Newsroom.

The new handbook, which will replace the current 2010 version, is called "Missionary Standards for Disciples of Jesus Christ" and will be available to all missionaries later this year.

Elder Andersen said the handbook "is an invitation to obedience, with more words of the Savior, more meaningful scripture references, and an opening letter from the First Presidency and the Quorum of the Twelve."

Did university fail to act before student was killed?



Associated Press

Matthew and Jill McCluskey, parents of Lauren McCluskey, hug after speaking during a news conference on June 27 in Salt Lake City.

ASSOCIATED PRESS

The family of a University of Utah student shot on campus sued the institution on June 27, saying officials refused to take responsibility for missing chances to prevent her death despite multiple reports to police.

Lauren McCluskey's parents said they hope the suit can help protect other women at risk of dating violence on college campuses. Track athlete McCluskey, 21, was fatally shot Oct. 22, 2018, after she broke up with her boyfriend of a month because he lied about his name, age and status as a sex offender.

University officials missed warning signs of dating violence and made no effort to end the harassment or bar the killer, Melvin Shawn Rowland, from being on campus, the lawsuit claims.

Jill McCluskey teared up during a news conference as she recalled her daughter's efforts to reach university police. The lawsuit alleges her daughter reached out to campus police more than 20 times to report concerns about Rowland. Her friends also reported concerns to dormitory officials, the lawsuit said.

"They tried to minimize her and have her go away, they were not caring, they were not helpful," she said.

The family is seeking \$56 million in damages but say any money would go to a trust designed to improve campus safety.

University of Utah President Ruth Watkins said in a statement that college would respond to the lawsuit through the court system but expressed "deep sorrow" for McCluskey's death.

"While there are differences in how we would characterize some of the events leading to Lauren's tragic murder, let me say again that we share the McCluskey family's commitment to improving campus safety," Watkins said.

An independent review commissioned by the university found multiple missed warning signs before she was found shot in a car, but Watkins has insisted there's no reason to believe Rowland could have been stopped. Rowland, 37, killed himself after gunning down McCluskey as she returned from a night class, authorities said.

The university has pledged to act on the report's findings, but authorities didn't discipline anyone.

Matthew McCluskey, the woman's father, said the university has chosen a path of "defensiveness, denial and no accountability."

Reports about Rowland began more than a month before her death, when her friends told housing officials he was controlling and talking about guns. That report never made it to police because of technical problems submitting it and concerns about overstepping into Lauren McCluskey's private life.

Ten days later, her mother called university police saying she was worried about her daughter's safety and requesting an officer accompany Lauren McCluskey as she got her car back from her ex-boyfriend.

On Oct. 12, she told university police that Rowland's friends appeared to be trying to lure her off campus into a trap with fake texts. In the subsequent days, she reported he was extorting her by threatening to post compromising photos of her online.

He later left a message posing as a police officer in an apparent attempt to get her to leave her university apartment, but that report also did not appear to raise serious alarm.

She was told at one point there was little officers could do without a direct physical threat. Investigators did not discover that he was a recent parolee and sex offender.

Campus police "refused to respond to the reports based on the assumption that Lauren, like most women, was unreasonable, hysterical, hypersensitive, paranoid, overreacting to the situation and not being truthful," the lawsuit alleges.

The university has said it takes the case seriously, and pledged to run more-frequent checks that identify ex-convicts. They've also promised to fix police understaffing by hiring more officers and increasing training, as well as streamlining communications between housing officials and police.

THE UNIVERSE

Serving the Brigham Young University Community

July 2-8, 2019 • Volume 72, Issue 42 • universe.byu.edu
152 BRMB, BYU, Provo, Utah 84602

EDITOR
Lauren Lethbridge

ONLINE EDITOR
Colton Anderson

OPINION EDITOR
Karina Andrew

SENIOR REPORTERS
Jenna Alton
Aaron Fitzner
Emma Benson

PHOTOGRAPHERS
Hannah Miner
Mary Wall
Nikki Wilson
Addie Blacker

FIELD PRODUCER
Joseph Carson

GRAPHIC DESIGNERS
Jacob Baker
Sophie Parmley

EDITORIAL DESIGNERS
Amanda Lund

SPECIAL SECTIONS
Matthew Bennett

CIRCULATION
Brandon Wiscombe
Kate Mckeller

MARKETING
Madison Everett
Alena Black
Lance Revoir

ADVERTISING SALES
Eric Forbush
Michael Wade
Connor Poulsen
Lexi Carley

ACCOUNTING
Taylor Bennett

PROFESSIONAL STAFF

DIRECTOR
Steve Fidel

BUSINESS MANAGER
Ellen Hernandez

DESIGN MANAGER
Warren Bingham

NEWSROOM MANAGER
Carrie Moore

FACULTY ADVISER
Kris Boyle

The Universe is a product of The Daily Universe and is an official publication of Brigham Young University and is produced as a cooperative enterprise of students and faculty. It is published as a laboratory newspaper by the College of Fine Arts and Communications and the School of Communications under the direction of a professional management staff.

The Universe is published weekly except during vacation periods.

The opinions expressed do not necessarily reflect the views of the student body, faculty, university administration, Board of Trustees or The Church of Jesus Christ of Latter-day Saints. Copyright 2019 Brigham Young University.



For more news, including audio and video, visit
universe.byu.edu

@UniverseBYU
letters@byu.edu

News 801-422-2957
Advertising & Circulation 801-422-7102

INDIA PALACE
AUTHENTIC CUISINE OF INDIA

JOIN US FOR OUR LUNCH BUFFET!

WINNER
BEST OF STATE
2015, 2016, 2017,
2018, 2019

India Palace
98 W Center St, Provo
801-373-7200

1086 W South Jordan Pkwy
Suite 111, South Jordan
801-302-0777
www.indiapalaceutah.com

Running for life: Lessons learned on the road to recovery

By MADDIE MEHR

The starting gun fires and thousands of runners surge forward, powered by adrenaline, fueled by stories.

It's the morning of the 2018 American Fork Canyon Run Against Cancer, and for the past two hours, runners layered up against the chill morning have run through their pre-race routines. Anxious athletes have wrapped themselves up in the thin space blankets provided for them in their race packets as they wait for the sun to slip over the mouth of the canyon and chase away the chill of the pre-dawn summer morning.

But now the moment has arrived and the mob of runners leaves the starting line, and everyone is running for a reason.

Ashley Parks is no exception. In September 2016, at just 31 years old, Parks was diagnosed with stage IV breast cancer. The American Fork Canyon Run, hosted annually by Intermountain Healthcare Cancer Centers, is important to her because the proceeds go to support local cancer patients in Utah County, helping with medical bills and other associated costs.

Not long ago, Parks was one of those cancer patients. She said her experiences as a cancer survivor help her run with compassion, patience and faith, not only in the race in American Fork Canyon but in the race of life.

Running with perspective

Parks said she first discovered a grape-sized lump in her breast in the shower, but she had initially thought it was no big deal, assuming it was just a cyst. "I kind of felt like a drama queen even bringing it up to (my husband) Aaron," she said.

Over a month later, when she finally went in for a mammogram, the doctors found that the lump was solid. Cysts



Ashley Parks

Ashley Parks holds flowers after completing chemotherapy.

are typically filled with liquid. The doctor performed a biopsy, promising results in a few days.

The call came around 5:45 on a Friday, Parks said. She and her four young children had just returned from a swimming trip with their cousins and were getting started on a late dinner. It was past business hours, so no one was expecting the doctor when the phone rang, Parks said. After apologizing for having to deliver the news in such an impersonal way, he confirmed her worst fears. "I'm sorry," he said. "But it is cancer."

"I walked into one of my kids' bedrooms," Parks said, "because it was quiet in there. And I started crying right away."

She said her husband came in and saw the look on her face. "At that point, I held the phone out or maybe I put (the doctor) on speaker, I can't remember. We just talked to him for like an hour."

The bedtime routine was quieter that night at the Parks home. When her children were not listening or were going too slow with their kitchen clean up assignments, Parks said she and her husband just looked at each other as if to say, "There's



Ashley Parks

Ashley Parks stands with her husband and their four children.

no way we're gonna be frustrated with our kids."

Today, Parks said she is a more patient mom because of what she went through. She said it's easier to overlook the simple mistakes of those around her because she knows that time is short.

"I just try to treat every moment like it's my do-over," she said. "I just think, 'If this was my second chance of doing this, how would I respond?'"

Running with compassion

Parks said she was amazed at how the drugs destroyed her body once she began chemotherapy. She said the treatment dried out her skin, and her nose became so dry that it was cracked and full of bloody scabs making it hard for her to breathe. Her eyes dried out, blurring her vision. Her mouth erupted with raw, painful

said somehow, with her bloody, scabby nose, her low ability to breathe and her severely limited vision, she felt well enough to make it.

During fast and testimony meeting, a visitor stood up and shared her testimony about a relative who had received her cancer results, and they were negative. "She was crying about what a blessing it was, and I was just so bugged," Parks said. "I knew that I needed to have a good attitude, I just did not need to be hearing about how someone miraculously did not have cancer."

Many people she knew approached her, wanting to share stories about friends and relatives who had suffered through various types of the disease, but, despite understanding the need for people to relate, Parks said it wasn't helpful. What did help, she said, was when people stopped trying to relate and simply acted in small but powerful ways to help relieve stress.

Her two aunts, both in their 70s, came each week to pick up her laundry. Even though it was becoming hard for them to walk, they would painstakingly lower the heavy loaded baskets down each of the front porch steps. One of her sisters brought her ice chips and mint to cool the sores in her mouth. She received so many packages in the mail from concerned family and friends that her 7-year-old daughter Kate exclaimed, "Having cancer is fun!"

Parks said before having cancer, when she heard someone was going through a hard time, she would think, "That's too bad," and maybe include them in her prayers for a few days. Today, she said, she is quicker to act. "Anything you can do to relieve stress, any

amount of stress, from someone who's going through something hard, is beneficial," she emphasizes. "So don't ask, 'What can I do?' and don't wonder. Just do something."

Running with faith

Those who know Parks noticed she still had optimism in the face of her cancer. "I remember her being so sick, yet she would still smile and still had her sense of humor," said Erica Goulding, her visiting teacher at the time. "She didn't sugarcoat things, but never complained about what she was going through."

Parks attributes her optimism to her faith in Jesus Christ. "I know that the reason my heart was happy when it should have been sad is because I relied on my Savior."

Looking forward, Parks says she doesn't know what the future holds. Traces of cancer could be discovered in her body down the road. Still, she says she finds confidence in the fact that in her greatest moments of need God did not desert her. "I know I have felt, especially during the time when I was going through chemotherapy, the love of my Father in Heaven, and I felt like He was giving me what I needed to make it to the next step."

On June 22, Parks once again found herself at the AF Canyon Run Against Cancer. The Parks family received \$300 in gas and grocery cards during her cancer treatments, and she said it makes her feel good knowing that she can support families in a similar situation. "I'm excited to be well enough to do it," she said. "I just want to make the most of every moment that I have, and doing this race helps me remember that. Doing this race helps me remember how far I've come."

BYU grad uses billboard to search for love

By JOSEPH CARSON

The dating climate in Provo is unique, and many people looking for love usually turn to dating apps like Mutual and Tinder or their young single adult wards.

Not Braden Sharp. Inspired by the recent "LDS Millionaire" billboards and buoyed by a bonus at work, Sharp, a 2017 graduate of Brigham Young University, took out ad space on two billboards along I-15 to advertise something unexpected — himself.

The billboards say "If the millionaire doesn't work out, here's your chance to settle for much, much less," and at the top share a link to his website.



Addie Blacker

A billboard located near the Pleasant Grove exit of I-15 shows an ad created by BYU grad Braden Sharp looking for a date. Scan the photo with the **Universe Plus** app to listen to an interview with Braden.

The billboards have been up since June 3 and are expected to come down soon. Sharp said

the response has been overwhelming and has worked "surprisingly well."

his religious practice.

"How much of myself can I share, and how many qualifiers do I need to give so that people will still respect me?" Schilaty asked.

The panelists called upon straight allies within the religious community to create safe, loving spaces in their congregations.

The key, according to Schilaty, is listening and seeking to understand rather than to be understood. Every congregation has LGBT members with whom to interact and include, said Klutzz.

"If you think you don't know and love someone in your life who is LGBTQ, then perhaps it's time to do some honest self-evaluation about why you haven't made yourself a safe space for them to volunteer that to you," Langford said.

Panelist Benjamin Marcus expressed a desire to see greater

institutional efforts to help LGBT people of faith.

"Churches have a responsibility to provide structural safety nets for those who are traumatized," Marcus said, naming mental health services, healthcare services and provisions for homeless LGBT youth as just a few examples of what those safety nets might include.

Diverse dialogue

Diversity and inclusion will inevitably invite an array of contrasting ideas. However, according to Hamid, diverse communities need not fear disagreement — in fact, bringing together disagreeing parties to engage in respectful dialogue can foster understanding and growth.

"You can't exercise hospitality unless you have a home, and the home needs to be built," Reno said.

SAFE

Religion can provide safety

Continued from Page 1

Other panelists agreed saying these experiences create difficulties when trying to identify safe spaces, especially among their religious communities.

"It's very interesting to constantly be in a space where you have to understand how to filter or reframe what parts of your life you're going to share with someone," Langford said.

Schilaty said he had to justify his LGBT identity to his religious community and justify his religious beliefs to his LGBT community, especially since he chooses to abstain from homosexual relationships as part of

TODAY

UNIVERSITY DEVOTIONAL
Tuesday, July 2, 11:05 a.m.
de Jong Concert Hall

This event will also be broadcast to the JSB Auditorium.



Christopher E. Crowe
BYU Professor of English

Chris Crowe, a professor of English, has been teaching at BYU since 1993. Prior to that he taught four years at BYU-Hawaii, three years at Himeji Dokkyo University (Japan), and ten years at his high school alma mater: McClintock High School in Tempe, Arizona. In addition to his award-winning three novels and 13 books on a variety of topics, he has published 85 articles and a handful of short stories and poems.

Professor Crowe has been the recipient of a Maeser Excellence in Teaching Award, the Nan Osmond

Grass Professorship in English, and a Maeser Excellence in Research and Creative Arts Award. He teaches courses in young adult literature, creative writing, and English education and has traveled around the country to speak about the Emmett Till case.

A convert to the Church, he married his high school sweetheart, Elizabeth. They are the parents of four children and have eight grandchildren. Chris and Elizabeth live in Provo, where he serves as the first counselor in the Edgemont South Stake presidency.

Selected speeches available at speeches.byu.edu.

NEXT: UNIVERSITY DEVOTIONAL

AMY TANNER
Associate Teaching Professor;
Mathematics Education



July 9, 11:05 a.m.
de Jong Concert Hall

PLAN NOW TO ATTEND.

Rock star: After 'Free Solo,' climber unsure of next journey

ASSOCIATED PRESS

Rock climber Alex Honnold meticulously chalked his hands before pulling himself up to the thin ledge inside the climate-controlled climbing gym. He dangled by his finger tips for a bit and then fell back to the bouncy mat.

Nice and safe. No heart-pounding fear of a 3,000-foot drop, either.

In the aftermath of the Academy Award winning documentary "Free Solo," Honnold is trying to get a grip on his sudden fame (he's recognized everywhere), his image (he's not really that aloof) and most of all what exactly he does next to top that spine-tingling feat.

His realization: Maybe his 2017 ropeless climb of El Capitan in Yosemite National Park that's chronicled in the film just might be the summit of his career. Maybe his cliff-hanger sequel doesn't exist.

If so, he's at peace. These days, he's content taking a less treacherous path inside climbing gyms.

"Everybody already thinks I've done the best thing I'll ever do," Honnold said in a recent interview as young climbers gawked, pointed and stared at him before a competition at Earth Treks Englewood in Colorado. "So I don't feel any obligation to top that. Even if I did top it, there would never be a better film about it. It will never be documented in a better way. It's just not possible to make a better film than that. So it's like, 'Cool — a-once-in-a-lifetime kind of thing.' It's like, 'Let's move on.'"

Move on to what? That's his hang-up.

There's no new endeavor he's eyeing. Perhaps, at 33, he's proceeding through life with a little more caution. He's dating the same person he was in the film — Sanni McCandless — and has a house in Las Vegas.

"So far, I haven't been taking the same kind of risks in



Associated Press

Professional rock climber Alex Honnold sits on the padded floor at the Earth Treks gym in Englewood, Colorado. Honnold is trying to get a grip on life in the aftermath of the Academy Award winning documentary "Free Solo."

climbing, but it has more to do with opportunity," Honnold said. "I've been promoting the film and not out climbing crazy mountains all the time. We'll see."

In the film, Honnold took an MRI of his brain to see how he responds to fear. Turns out, fear didn't seem to faze him. Still, there was one poignant scene after he halted an attempt to scale El Capitan, when producer Jimmy Chin commented, "it's reassuring that Spock has nerves" — an ode to the stoic nature of the Star Trek character.

Undeterred, Honnold remained persistent. It's just one of the takeaways from the documentary — a tunnel vision that drove him and sometimes made him come across as aloof. Especially in his blossoming relationship with McCandless.

"People come out of it thinking I'm super cold, but you've got to keep it in context. Whereas when we first started dating, the relationship was much less important to me than this climbing goal I'd been holding on to for the last nine years," Honnold explained. "Everybody comes out of the film taking what they

want. They cherry-pick the lesson they want, cherry-pick the personality traits they want. Everybody chooses their own adventure."

Around the climbing community, Honnold remains a polarizing figure. That's due in part to his free soloing ways, which is when a climber doesn't use any ropes, harnesses or other protective equipment and is forced to rely on their own strength. He's got numerous free-soloing firsts under his belt. But nothing quite like scaling El Capitan, a feat he accomplished in just under four hours.

For the record, he doesn't have a death wish. He diligently trained for the danger-filled climb that included sections called Freeblast (precariously smooth), Monster Offwidth (shimmying his way up a vertical crack) and Boulder Problem (executing a karate-kick move to reach a toe hold).

"That's why I spent two years practicing, to make sure I wouldn't fall off and die," said Honnold, who has a foundation dedicated to supporting solar energy and serves on the board of a company that operates indoor climbing facilities (El Cap). "If I

didn't care, I would've gone the first day and rolled the dice."

Ashima Shiraishi, a teenager who's become one of the big names in climbing, said she watched the documentary on a plane and felt, well, "terrified."

"Free soloing? I can't," said Shiraishi, who figures to be in the medal mix as climbing makes its debut at the Tokyo Olympics next summer. "It's a different world."

Should anyone want to follow his lead, his advice would be basic: Be careful.

"It's a very long, personal journey," Honnold said. "If someone wants to spend the time and dedicate themselves to the process, more power to them — as long as they do it slow and carefully."

To promote the film directed by Elizabeth Chai Vasarhelyi and Chin, Honnold traveled around for months, which meant putting his outdoor climbing pursuits on the backburner. Along the way, he met some big names — Prince William, actor Bradley Cooper — and lost some privacy. He's constantly recognized on subways, in grocery stores and of course anywhere he climbs.

He recently went back to Yosemite, but didn't dare venture out too much in public because, "I've got serious anxiety," he said.

While hiking in the area, Honnold overheard a group in front of him actually discussing the movie. Then, he sped right by them.

"They're like, 'That's the guy!'" Honnold recounted. "As I'm hiking by, they're like, 'Did you get him on the 'GoPro?'"

That's just his reality now.

So is this: Making the most of his training sessions at climbing gyms. He invents challenges for himself, like attaching heavy weights around his waist and suspending himself from a ledge by his fingers.

Any chance of another free solo ascent of El Capitan?

"If I had a reason to. If I was excited," Honnold said. "Because I know I can now."

Online learning provides opportunities for students abroad

By RACHEL ROSSETTE

Across the world in Uruguay, Martin Cornelli sat with his head in his hands and wept. Though he had just received the joyous news of the pregnancy of his wife, he had no idea how he was going to support his growing family.

"I had no idea what I was

going to do. I was able to find work here and there to support my wife and I, but a baby? There was no way," he said.

Due to his family's economic circumstance, Cornelli had never even considered attending college. He had to drop out of school at an early age to support his family, but without a degree, he had trouble finding a steady job as an adult.

"All of the colleges in

Uruguay are expensive, and I couldn't even dream of attending," Cornelli said. He lived in the shadow of his fears, he said until one Sunday, he heard about BYU-Pathway Worldwide.

BYU-Pathway Worldwide is an entity of The Church of Jesus Christ of Latter-day Saints that provides education for Church members across the globe. Originally organized in 2012, BYU-Pathway became an affordable and flexible option for members of the Church who didn't have the time or resources to attend a traditional college.

BYU-Pathway Worldwide acts as a stepping stone to

obtaining a bachelor's degree. In partnership with Brigham Young University-Idaho, individuals who successfully complete PathwayConnect are automatically accepted into BYU-Idaho online.

PathwayConnect is a one-year college preparatory program that includes a religion class and a real-world skills class that prepares students for their education at BYU-Idaho.

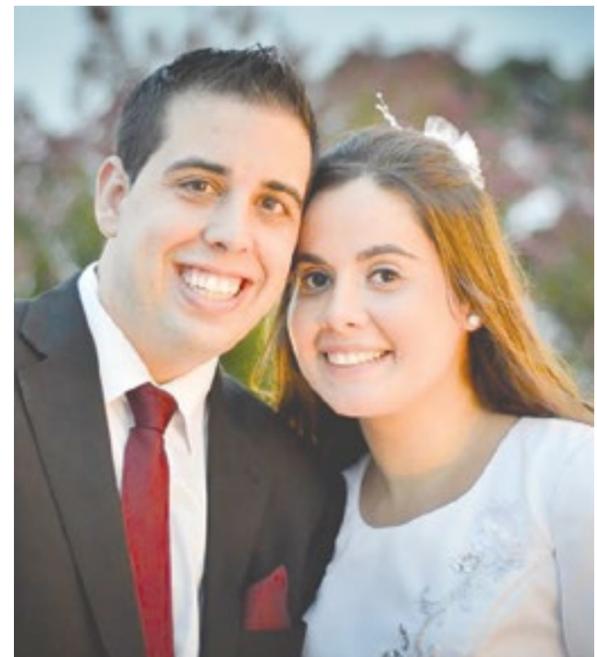
"We take for granted a lot of the opportunities we're given. Many people are born into poverty and can only dream of getting a college education. BYU-Pathway Worldwide enables these people to actually have the chance to earn a degree. For us, it may not seem like a big deal, but to them, it will change their whole world," said Breanne Sua, editor at BYU-Pathway Worldwide.

This was especially true for Cornelli, who wouldn't have been able to support his family if it weren't for BYU-Pathway Worldwide. He decided to pursue a degree in programming, something he said he had always been interested in but never had the money to afford.

Cornelli found strength in his relationship with the Lord though learning English was difficult and the course was challenging. "God is the greatest programmer of them all," he said. "It strengthened my testimony. There was power in the course itself, aside from the academic program. It was a spiritual power."

Like Cornelli, many young men and women are never given the opportunity to receive a college degree. That means there are families struggling and suffering because of a lack of education in their respective countries.

For this reason, BYU-Pathway Worldwide implemented a new scholarship for returned



Martin Cornelli

Martin Cornelli and his wife, Silvia, on their wedding day. Cornelli said BYU-Pathway Worldwide is to thank for the fact that he can provide for his family.

missionaries. This scholarship program allows returned missionaries to receive a 50% tuition discount for PathwayConnect.

Brian Ashton, vice-president of field operations for BYU-Pathway Worldwide, said, "Most returned missionaries never get a college degree. If they were to graduate with a degree, it would make a huge difference. This has the potential to change the whole Church. With every area asking to be involved, we could have hundreds of thousands of students. From those will come bishops, Relief Society presidents, stake leaders, and General Authorities."

This scholarship is currently only being offered to

returned missionaries in Brazil and the Caribbean, but the plan is to offer all returned missionaries this opportunity in the future.

Eventually, Cornelli was able to complete PathwayConnect and begin his studies with BYU-Idaho Online. He said he has found a stable job that he loves and that he makes more than enough money to sustain his family.

"I wouldn't be here today with wife and beautiful daughter if it weren't for BYU-Pathway Worldwide. Because of them, I'm able to be the husband and father my family deserves. I feel confident, safe and grateful for the opportunity I have to support my family," he said.

ENGAGEMENT SETS
OVER 3,000 SOLD
50% OFF!!
customjewelrydirect.com



ADVICE ON HOW TO BE A GREAT EX-PARTNER,
JUST LIKE THE MOST WELL-KNOWN EX-PLANET.

Read about it in TWO Magazine.
Current edition on racks around campus now.






Tweet Beat

#BYU #BYUprobs

Want to see your tweet in print? Tweet something about life around you with #BYUprobs or #BYU and hopefully it makes the cut.

Leave comments at universe.byu.edu or @UniverseBYU

@bigbluepuddle

My professor just made a joke by referencing Taylor Swift's "Endgame" instead of the second highest-grossing movie every and I'm—

@byuprofessors

@RosemaryCard

Never suppress a generous thought. UNLESS you're a LDS girl making baked goods for your ward crush... again.

@glitr_4_bkfst

@HeardAtBYU from an efy kid: "I'm third best, but I'm still humble bro"

@CollegeStudent

Trying to do something memorable this summer so I can use it as my fun fact during syllabus week

@ShelbyHintz

The most BYU thing I ever did was make and Mail baked goods to a boy doing summer sales.

@LatterdayLikes

I think the girl who made three Chick-fil-A jokes in her sacrament meeting talk forgot that they are uh Closed on Sundays

@basicprovbro

"I've been in this ward for 4 months now and I honesty don't really like anyone in it, but an angel did come to me and say I need to stay in it because this is where I will meet my eternal companion"

@fremlo

one like and I'll drop my only class this term

@mendozer97

Construction in Provo is really just one big escape room that I can't ever get out of

@kaleniewienie

Okay is Luke P. a Provo boy???

@swimmerlucy963

So yesterday I had to get set up as an admin on my machine at work so my boss and I went up to the IT people and the dude who did it for me had 2 monitors: one had a window of a Dungeons and Dragons Youtube video and the other one had a window of the scriptures. #byuprobs

@madsdavis7

"I don't want to say anything on campus cause I'm worried someone will hear it and then tweet about it on @HeardAtBYU" -my husband, after asking him why he wasn't talking while walking to the car

@gingergarey15

"Last night I woke up at midnight to my wife shaving my mustache off" @HeardAtBYU

@LatterdayLikes

Sometimes you find others on Mutual who want to get to know you But most of the time you find girls who simply plug their Instagram knowing that random guys will be desperate enough to go follow them for no other reason besides their appearance

@ellen_but

For every mention of marriage at church today I will donate \$1 to a democratic presidential candidate.

@miklayla

this just in.. guy speaking in my ward: "i'm 27 years old, and to avoid the conversation i had with my roommates and FHE sisters at the beginning of the semester... there is nothing wrong with me." @HeardAtBYU

@iammclovinlife

Imagine marrying someone and then finding out they play the piano in the wilk #byuprobs

Tweets are unedited

IN OUR OPINION

PSA: Pedestrians have the right-of-way in Utah

I would have been hit by a car this week if I was not an aware pedestrian.

Like I do every day as I walk home from my campus job at The Daily Universe, I patiently waited at the intersection at University and 800 North, got the "walk symbol," looked both ways and crossed.

By the time my 8-months-pregnant self had only waddled a little more than halfway through the crosswalk — and when I still had the "walk" symbol, mind you — a car in the left turn lane turned into the crosswalk, forcing me to back up to avoid getting hit.

As the car passed me, it was clear the driver was 100% oblivious to the fact that he had almost hit a pedestrian in a crosswalk. I tried to make eye contact with him, but he was too busy eating fast food and trying to drive at the same time.

I wish I could say this experience is isolated or unusual, but that's not the case. I walk quite a bit each day and try my best to be aware, but Provo drivers rarely return the favor. Despite the fact

that Utah law mandates that drivers yield the right-of-way to pedestrians in crosswalks, it's not the norm for drivers to give me my pedestrian right-of-way; it's the exception.

This is especially ironic when considering that we live in Utah, where the state government and special interest groups are constantly encouraging residents to drive less for the sake of air quality. The state can invest millions in public transit and initiatives, but if pedestrians don't feel safe walking from point A to point B, all that effort is in vain.

Yes, pedestrians are responsible for being aware and alert, but drivers are responsible for the same. Driving a 2-ton vehicle is a big responsibility. If you're too distracted to check each side of the crosswalk and follow the law to give pedestrians the right-of-way, you're too distracted to be driving, period.

—Jenna Alton

Daily Universe Senior Reporter



Unsplash

OPINION OUTPOST

The Opinion Outpost features opinions and commentary on the latest hot topics from national news sources.

Border crisis

Children are being held in horrible conditions at Customs and Border Protection facilities along the U.S. border.

Some House Democrats have come out against additional funding because they think it will help advance the administration's detention policies. Such thinking is irresponsible; children are hurting. Congress should provide the needed resources.

First and foremost, Trump is responsible. The U.S. government should be capable of providing toothbrushes, soap, showers and safe and humane shelter for these most vulnerable human beings.

—Editorial Board
The Washington Post

Census citizenship question

In a win for good government, the Supreme Court on Thursday refused to give its full imprimatur to the Trump administration's irresponsible decision to add a citizenship question to the 2020 census

form.

The justices deserve credit for sending the case back for more thoughtful decision-making. After oral arguments in April, many court watchers expected that they would repeat the mistake of the court's travel ban ruling and ignore the Trump administration's evident bad faith. Fortunately, they were wiser this time around.

—Editorial Board
The New York Times

Welfare

Welfare assistance in the United States remains a contentious topic. Academic research shows that labeling recipients as lazy or undeserving has dramatic, even dire, consequences on poverty alleviation and the distribution of welfare assistance. We believe there is a better way.

Welfare funding in all states should revert back to cash assistance to the poor. The focus should be on helping people lift themselves, not on loosely related programs that do nothing to address the core problem.

—Editorial Board
Deseret News

LGBT community

We understand being LGBTQ in Utah County can seem

difficult, and we are grateful there is an LGBTQ community in Utah County to begin with. We want all voices to be a part of Utah Valley, and we hope that no one feels like their voice cannot be included in civic, political and other discussions locally.

We believe Utah County has made strides in acceptance and welcoming of the LGBTQ community. But we also know more work can always be done.

We hope that all, including those of the LGBTQ community, feel that Utah County is a place they may call home and can live their lives as they choose.

—Editorial Board
Daily Herald

Uranium

News that the Trump Administration may require the U.S. nuclear industry to use at least 25% American uranium is raising prospects and suspicions in southern Utah.

Uranium is a widely available commodity being propped up by one president who may not be around in two years. If an honest market is allowed to return for U.S. nuclear plants, we'll be in bust times again.

Even in our carbon-conscious era when nuclear energy is getting a second look, the uranium game is still for gamblers. And the odds look worse

in a region now known more for its splendor than its isotopes.

—Editorial Board
The Salt Lake Tribune

Democratic debates

With this week's two highly anticipated debates, the huge field of candidates for the 2020 Democratic presidential nomination will begin in earnest what will be a long process of presenting themselves to potential voters.

Of course, Democratic aspirants need to do more than denounce Trump and promise to do better. The candidates also need to convince voters that they would be able to address the problems that preceded Trump's election. The next president must work effectively with the legislative branch,

including with members of the other party.

—Editorial Board
Los Angeles Times

Gerrymandering

The Supreme Court on Thursday refused to serve as an arbiter for what counts as extreme partisan gerrymandering, opening the door for politicians of both parties essentially to pick their voters, disfavoring parties that are not in power. The decision is anathema to America's democratic ideals.

The two cases that the Supreme Court decided — or, rather, refused to decide — had offered the justices an opportunity to declare that courts have a duty to safeguard American democracy, whichever side is

trying to rig it.

—Editorial Board
The New York Times

Iran

The United States is uncomfortably close to a military confrontation with Iran. Although Trump's hawkish advisers are urging military action against Iran, air strikes or a broader war is both unnecessary and unwise.

The president clearly doesn't want a military conflict, however, and that instinct is right. Still, if he's to avoid war, Trump must see the bigger picture. Instead of bending Iran to his will, his maximum-pressure policy has caused that nation to lash out.

—Editorial Board
The Boston Globe

WE WANT TO HEAR FROM YOU

The Universe encourages students, faculty and BYU staff to add their voice to ours by writing letters to the editor and guest editorials, or by submitting editorial cartoons.

- All letters should be submitted by email to universe.ideas@gmail.com. The topic of the letter should be included in the subject line.
- Letters should also include the author's name, hometown (for students), campus position (for faculty and staff) and phone number.

Anonymous letters will not be published.

- Letters should be no more than 250 words and may be edited for length, clarity or style.
 - Guest editorials should be 500 to 700 words and are encouraged from individuals with professional or academic expertise on the topic.
 - Original cartoons are also welcome.
- Opinion editor Karina Andrew can be reached at universe.ideas@gmail.com.

Lopini Katoa finds himself in unique territory heading into his sophomore season

By AARON FITZNER

Lopini Katoa impressed during his rookie season, notching eight touchdowns on 5.57 yards per carry. The sophomore running back already has the tools to be a star for BYU football, and he now finds himself in a unique position as he will be looked upon to be a leader in 2019 with only a single season of NCAA experience on his resume. He is the only returning running back that played significant minutes for BYU during the 2018 season.

Like any freshman, Katoa was astonished by the spotlight of playing football for BYU — the lights, the media, the program itself, everything. When he first came onto the field, Katoa said he remembers his nervousness disappearing. He felt the energy of game day as he went through the tunnel and was ready to go when he hit the field. He wished he could have just jumped right into the game rather than having to worry about all of the warm-up routines.

His first experience with the media came after BYU beat McNeese State on Sept. 22. Katoa ran for 64 yards and tallied two touchdowns on the afternoon. After the game, Katoa was one of the players selected to answer questions from the media.

"It was crazy, I'm used to changing and going home with my family," Katoa said. "Sitting there, they had all the stats laid out, they told me exactly what I did and everything, it was a new experience to me."

Establishing himself as a dual-threat running back will be key for BYU's offense during the 2019 season. As a freshman, Katoa recorded 20 catches for 114 yards, average 5.7 yards per catch. In addition to his stats through the air, Katoa also ran for 423 yards on just 76 attempts. His longest run of the season came in his final game as a freshman, recording a 50-yard run on top of eight touchdowns against New Mexico State on



Addie Blacker

Lopini Katoa laughs as he answers media questions on June 18.

Nov. 17. He ran for a total of 155 yards that game, giving BYU fans a glimpse of what could become his routine stats in 2019.

With just a single year of collegiate football experiences under his belt, Katoa will be looked upon to be a leader for the team. Katoa played in 11 games for BYU last season, making him the most experienced running back returning for the Cougars. BYU lost three of its main running backs after the 2018 season — Squally Canada, Matt Hadley and Riley Burt — but gained two huge pieces when Rice graduate transfer Emmanuel Esukpa and South Carolina graduate transfer Ty'Son Williams decided to finish their collegiate football careers as Cougars.

The three running backs are business as usual — preparing to take on whatever workload is given to them, rather than having each athlete take on specific roles.



Jaren Wilkey/BYU Photo

Lopini Katoa snags a pass during the 2019 BYU spring camp. Katoa played a significant amount during the 2018 season.

"We're all just preparing to do it all," Katoa said. "If we can have two back sets or three back sets, that's what we've been talking about. I've been joking with Coach Steward that we should just put three running backs on the field at once."

Being a leader also means being humble, and Katoa understands there is still a lot he can learn, especially since there will be some level of mentoring with players that have already

played four seasons of NCAA football. Remaining teachable while being a teacher will be a key lesson for the sophomore running back.

"I've already learned from their work ethic and knowledge they bring to certain situations," Katoa said. "We go through our plays together and stuff. Fall camp will be a really good time to see them work and to see things I can learn from them. We can just build off each other."

One thing that will set Katoa apart as a leader, regardless of his class status, is knowing the playbook. Katoa said he wanted to know the offense and schemes for other positions so his coaches can put him wherever they need him. He said he has completely healed from all his injuries — he feels like he is bigger, faster and stronger, while surpassing all of his goals for strength conditioning prior to the start of the 2019 football season.

Jimmer to join the Golden State Warriors summer league roster



Associated Press

BYU guard Jimmer Fredette reacts after scoring during the second round of a NCAA tournament college basketball game. Scan the photo with the *Universe Plus* app to read a Portuguese translation of this story.

By AARON FITZNER

Former BYU star guard Jimmer Fredette has been named to the Golden State Warriors summer league roster, according to Warriors assistant general manager Larry Harris.

Jimmer Fredette signed a two-year contract with the Phoenix Suns on March 21 after playing three seasons in China. The former Naismith Men's Player of the Year was set to make just shy of \$2 million for the 2019-20 season with the Suns, but though nothing has been announced by the team, it seems he is no longer under contract with Phoenix.

Jimmer's contract came with a team option for the 2019-20 season, which means his salary was not guaranteed and he could be released at any

time. It seems the Suns are not picking up their team option on the former No. 10 overall pick, which allows him to join the Warriors' summer league roster.

The Warriors' summer league schedule is set to begin on July 1 in Sacramento, California. Jimmer and the Warriors will play the Kings, Lakers and Heat, with the chance of moving on to play in the knockout stages held in Cox Pavillion, home of the UNLV Runnin' Rebels, in Las Vegas. The consolation and knockout rounds begin on July 12.

Jimmer averaged 3.7 points and 1.3 assists per game while averaging 10.8 minutes of playing time with the Suns in 2019. Jimmer could find himself in a fitting setting with the Warriors as the team heavily relies on their 3-point shooting and quick ball movement.



BYU Photo

The Cougarettes wait to begin their performance in the Smith Fieldhouse.

New perspective Olympic sports could affect BYU

By AARON FITZNER

The 2020 Olympics is set to feature three new sports on its program — competitive climbing, surfing and skateboarding — while the 2024 Olympics could add break dancing into its schedule. Though an appearance from Tony Hawk or Alex Honnold may be a little far-fetched, there is a realistic possibility that BYU could feature more athletes participating in the events both on campus and in the Olympics.

Dancing has long been an area of interest at BYU. According to the BYU Department of Dance, over 4,000 students enroll in ballroom classes each year, making Ballroom the largest university program of its kind.

For the 2024 Olympics, all eyes point toward the Cougarettes when thinking about BYU breakdancing. The Cougarettes won double nationals in 2019, capturing gold in both the hip hop and

jazz divisions. Prior to 2019, the all-girl dance squad had won 17 national titles, solidifying the program as one of the top in the world and creating a culture of winning.

For the first time in program history, the Cougarettes represented the United States at the ICU World Cheerleading championships, finishing second behind Japan. With these accolades on their respective resumes, Cougarette dancers could be looked at to represent the United States at the 2024 Olympics in the breakdancing event. It should be noted, however, that the breakdancing event will consist of 16 individual dancers from around the world, so the Cougarettes will not be able to participate as a team.

Rock climbing classes are offered through BYU though there is not an official team at the university. If you are looking to get into rock climbing while attending BYU, enrolling in a rock climbing class would be a good start, but you can also join the outdoor

adventure club.

Skateboarding and surfing classes are not offered through BYU, but there is a surf and skate club at the university. In the past, the club has run events that taught technical skills, and trips have been organized to go surfing at nearby sand dunes.

The four new events — rock climbing, break dancing, surfing and skateboarding — are still in the preliminary stages regarding their inclusion in the 2024 Olympics. As of June 25, an official proposal was passed in favor of including these events during the Olympics that will take place in Paris, France. The International Olympic Committee will make its final decision on these events in December of 2020. Due to this announcement, no other sports can be included in the 2024 Olympics.

Enrollment for sports tends to increase when the sports make headlines, especially Olympic headlines, so expect this same pattern to occur for these Olympic sports.

Dilbert®

ARE YOU BUSY? YES.

WHEN SHOULD I CHECK BACK? WHEN I'M NOT BUSY.

WHEN ARE YOU NOT BUSY? WHENEVER THERE ARE NO WITNESSES.

MAYBE WE SHOULD CREATE A "CENTER OF EXCELLENCE."

WHAT EXACTLY DOES THAT MEAN? I THINK IT MEANS WHATEVER WE WANT IT TO MEAN.

THEN WHAT GOOD IS IT? LET'S NOT GET LOST IN THE WEEDS.

Peanuts®

WELL, HOW DO YOU LIKE HAVING A NEW BABY BROTHER?

OH, "RERUN" IS ALL RIGHT, I GUESS... ACTUALLY, I'D ALWAYS HOPED TO BE AN ONLY CHILD BUT IT'S TOO LATE FOR THAT NOW...

MAYBE IT'LL BE DIFFERENT WHEN YOU ALL GROW UP. MAYBE YOU'LL BECOME REAL CLOSE...

JOE FAMILY!

MY ALARM CLOCK DIDN'T GO OFF.

MAYBE I WOUND IT TOO TIGHT...

SOMETIMES, IF YOU WIND AN ALARM CLOCK TOO TIGHT, IT WON'T GO OFF.

WE'RE ALL A LITTLE THAT WAY!

Garfield®

SOMETIMES I'M ASLEEP...

AND SOMETIMES I'M AWAKE...

WISHING I WAS ASLEEP

GARFIELD, YOU NEED TO DO SOMETHING.

WE HAVE A BIG MICE PROBLEM.

REALLY?

ACCORDING TO THE MICE, WE HAVE A BIG JON PROBLEM.

Pickles®

I FEEL LIKE HAVING AN ADVENTURE.

WHAT KIND OF AN ADVENTURE?

ARE WE TALKING SKYDIVING, RIVER RAFTING, MOUNTAIN CLIMBING...?

NO, I'M THINKING OF GOING A WHOLE DAY WITHOUT TAKING A SINGLE PILL.

REMEMBER HOW I SAID IF I DIE FIRST I DON'T WANT YOU TO REMARRY?

YES.

WELL, I'VE CHANGED MY MIND. THAT WASN'T FAIR OF ME.

I DON'T WANT YOU TO BE ALONE. I JUST HAVE ONE REQUEST.

OH?

DON'T DO IT FOR LOVE THIS TIME. DO IT FOR MONEY.

Non Sequitur®

WHATCHA DOIN', JEFFREY?

READING A BOOK... "ABADDON CONSORTIUM"

SCI-FI STUFF, RIGHT?

UH... KINDA SOMETHING WRONG WITH THAT?

MEH... I JUST DON'T LIKE SCIENCE FICTION. HAVE YOU EVER READ ANY?

NO.

THEN HOW'D YOU FORM YOUR OPINION?

GUILTY BY GEEKY-BOY ASSOCIATION.

AH, YES... THE ALWAYS RELIABLE CABLE NEWS RESEARCH METHOD.

C'MON, DANAE... MANY OF THE GREATEST WORKS IN LITERATURE ARE SCIENCE FICTION.

IT'S STILL JUST WEIRD FANTASY STUFF TO ME.

EVERYTHING YOU TAKE FOR GRANTED TODAY WAS ONCE THOUGHT TO BE NOTHING BUT WEIRD SCIENCE FICTION FANTASY.

NOTHING YOU SAY WILL CHANGE MY MIND.

OK... HOW ABOUT THE TOP GROSSING FILMS EVERY YEAR ARE SCIENCE FICTION AND FANTASY MOVIES?

My soon-to-be Best-Seller and Major Movie Deal Chapter 1.

Zits®

TEENAGE GRUNT TRANSLATOR

TODAY'S GRUNT IS UMPH.

UMPH*

SPEAK UP JEREMY.

IT'S OKAY. I GOT IT.

*TRANSLATION: "GREAT MEAL, MOM. YOU ROCK!"

SWEET DAY.

YEAH, EXCEPT FOR THE DARK CLOUD.

WHAT DARK CLOUD?

SO WHY AREN'T YOU WORKING ON YOUR COLLEGE RESUMES?

THAT ONE.

Sudoku

Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at universe.byu.edu/sudoku.

1	3					5	8	
7			5	2	1			3
				3				
	5		7				9	
	7	1	8		9	3	2	
	2		6				8	
			8					
4			2	9	3			6
2	6						7	9

		5	9	6	4			
3	7	2		4	9		8	
7	1	8		5	6		3	
				4				
4		8	6	9	1		2	
6	3	5		8	2		1	
		2	3		1	7		

			4					
	1	9	2		3			
	6	8	1	7				
9	4			3	5			
5			6			7		
3	7			4	6			
	3	1	4	5				
5	7	6	2					
			5					

			4	8			9	
			3	5			7	
2				4	1			
					9	4		
4	9			1		3	2	
	5	6						
		9	8					6
7			1	2				
8			5	3				

The New York Times Crossword

Edited by Will Shortz No. 0527

ACROSS

- 1 -dandy
- 4 Tramps
- 9 Wild guess
- 13 "we having fun yet?"
- 14 Humdinger
- 15 BMW rival
- 16 What M.B.A.s enter upon graduation
- 19 On bended
- 20 Yoko who loved John Lennon
- 21 Spelling contest
- 22 Verbatim
- 27 Allows to expire
- 30 Slap the cuffs on
- 31 Prefix with friendly
- 32 Extra energy
- 35 Upper floor of a barn

DOWN

- 38 Canadian team in the N.B.A.
- 41 How music can be stored
- 42 Cause one's bedmate to use earplugs, say
- 43 "Moby-Dick" setting
- 44 Gluttonous type
- 46 Make a mess, as hot grease on a surface
- 48 Tale that might feature a haunted house
- 52 Christmas (Dec. 24)
- 53 - constrictor
- 54 "Hey! Over here!"
- 58 Kind of test ... and a hint to a word hidden three times each in 16-, 22-, 38- and 48-Across

ANSWER TO PREVIOUS PUZZLE

ANGAPE PACTS CAN
RELAX OLLIE LIE
DEBTECEILING ADO
ONEHOP NEWSMEN
RAE PATTI AUS
HACKYSACK
ROLF TAR ASSURE
OTOE HITIT ECIG
TOWNIE ARE DEBS
CHECKMARK
REN CESAR SPA
GODSENT PISTIL
AGE WESTERNWALL
TEC INURN SAMOA
EEK TEPID EMPTY

The New York Times Crossword

Edited by Will Shortz No. 0528

ACROSS

- 1 Elizabeth of cosmetics
- 6 Residents of London's 10 Downing St.
- 9 Walk proudly
- 14 "Go now!"
- 15 Singer Carly Jepsen
- 16 - bar (toffee candy)
- 17 Wander locally with no plans
- 19 Change
- 20 Blue Angels' org.
- 21 Basement of a castle, perhaps
- 23 Before, to bards
- 24 Little more than
- 26 Hitchcock movie with James Stewart and Grace Kelly
- 28 Purina alternative
- 30 Water under le pont
- 31 Unsettled feeling

DOWN

- 33 "Stars" (long-running show in which experts appraise and buy antiques)
- 36 Tuna holders
- 40 Backstage
- 43 Suffix with bachelor or kitchen
- 44 Visit at 2 a.m., say, as a fridge
- 45 John who's the subject of 2019's "Rocketman"
- 46 Place to get pampered
- 48 Food company with a sunburst in its logo
- 49 Final amount
- 55 Asia's Sea
- 58 Opposite of WSW
- 59 Weather-related game cancellation
- 61 Rx watchdog
- 62 It's a good thing

ANSWER TO PREVIOUS PUZZLE

TESLA ATIT TAGS
GRIEG CEDE DROP
IGNORETHAT PETE
FOG ERTE DANTE
LEAVESUNSAID
MALAISE IRAS
ICEIN UGG UAE
CHANGESHETWORLD
EEK DYE EASED
ARMYRECRUITS
WHOME ATMS MAO
MOOR BONUSTRACK
ANNA ODOR ABLER
NEST GENE GILDA

The New York Times Crossword

Edited by Will Shortz No. 0528

ACROSS

- 1 Photo display option
- 2 Find a second function for
- 3 "Hell, yeah!"
- 4 Work done while tethered to a space station, for short
- 5 Superbriny sort
- 6 Dried plum
- 7 Japanese comic art
- 8 Passover meal
- 9 Twain who sang "Man! I Feel Like a Woman!"
- 10 - Aviv
- 11 Assigned stars to
- 12 In (unborn)
- 13 Intentionally lost
- 18 Not just mine
- 22 Jesse of the 1936 Olympics
- 25 Like bunny slopes, among all ski runs

DOWN

- 64 Disagree ... or a hint to the starts of 17-, 26-, 40- and 49-Across
- 66 Street in "Perry Mason"
- 67 Basket part grabbed after slam-dunking
- 68 Prince Harry, to Prince George and Princess Charlotte
- 69 Suddenly stop, as an engine
- 70 Downed, as a sandwich
- 71 Have the wheel

ANSWER TO PREVIOUS PUZZLE

CHOCOLATE SPREAD
EVEREST, E.G.: ABBR.
HONEST
FINAL AMOUNT
GROUP WHOSE ACTIVITIES PICK UP IN SEPT.
TUNA TYPE
WHEN U.S. ELECTION RESULTS ARE USUALLY PUBLISHED: ABBR.
COMMUNICATE (WITH)

The New York Times Crossword

Edited by Will Shortz No. 0528

ACROSS

- 27 Chocolate spread
- 29 Everest, e.g.: Abbr.
- 31 Honest
- 32 Final amount
- 33 Group whose activities pick up in Sept.
- 34 Tuna type
- 35 When U.S. election results are usually published: Abbr.
- 37 Communicate (with)
- 38 Prefix with liberal
- 39 I.R.S. digits: Abbr.
- 41 Emmy genre
- 42 Co. leader
- 47 Website's access page
- 48 Book after Num.
- 49 Alternative to a door between rooms
- 50 Beginning
- 51 Nikola who invented the induction motor
- 52 Cooperative, balanced type, they say
- 53 Arctic people
- 54 Response to "Who broke this?!"
- 56 Confuse
- 57 Intense beam
- 60 Ergo
- 63 Right angle
- 65 Tonsillitis-treating doc

ANSWER TO PREVIOUS PUZZLE

CHOCOLATE SPREAD
EVEREST, E.G.: ABBR.
HONEST
FINAL AMOUNT
GROUP WHOSE ACTIVITIES PICK UP IN SEPT.
TUNA TYPE
WHEN U.S. ELECTION RESULTS ARE USUALLY PUBLISHED: ABBR.
COMMUNICATE (WITH)

Online subscriptions: Today's puzzle and more than 7,000 past puzzles, nytimes.com/crosswords (\$39.95 a year).
Read about and comment on each puzzle: nytimes.com/wordplay.

TECH

Parents should limit screen time for their children

Continued from Page 1

Dr. Yolanda Reid, lead author of the American Academy of Pediatrics technical report "Children and Adolescents and Digital Media," said the academy's recommendations come down to concerns about brain development and the displacement of other important developmental activities.

"I think parents may worry, 'Gee, should I get my child started on digital media, on screens, on games, on ebooks ... when they're younger so they don't fall behind?'" Reid said. "But the good news is that these media are so user friendly that your child will not fall behind. What we really care about in those first 18 to 24 months of life is ... (that) this is a time of great brain development, and we want to maximize that."

Reid recommended all parents use the academy's media time calculator and tool to create a personalized family media plan. She said the tool can give families an idea of what they need to do each day and then gauge what time is left for entertainment media.

When children spend time getting sufficient sleep, physical activity, real-world social contacts and complete schoolwork when applicable, according to Reid, there is rarely leftover time to spend using digital media.

"We don't want screen time to displace healthier activities," Reid said. "That's the bottom line."

When screen time does displace the important activities in a child's daily schedule, Reid said, that's when side-effects and physical risks come into play, including a sedentary lifestyle, an increased obesity risk and sleep problems.

However, Reid acknowledged

the discrepancy between recommendations and reality. She said she understands that sometimes, parents will use screens more than recommended or use them as babysitters.

"We don't want parents to feel guilty. We want parents to try to maximize the positive time they spend with their children and minimize the use of screen media as a babysitter, as a distractor, and recognize that there will be times where everybody kind of does this," she said. "But the more you minimize it, the more you interact with your child, even at less than one year, the more you'll be promoting their neurological and social and language development."

Screen time and early development

As a busy mother of two toddlers, Meyers admits that, almost any day, she'd rather just turn on the TV or a video game to keep her children entertained rather than dealing with the mess and hassle of Legos, books or crayons. But she also recognizes her kids act like "little robots" when they've spent too much time in front of a screen.

"When you're forcing them to be reading books, to be playing hands-on with Legos, to be physically in their environment, physically interacting, they become a little bit more human," she said. "You get to see their personalities coming out, because they're not just sitting there glued to the screen that's telling them what to think and say and do and be. They're becoming their own little humans."

The crucial development that takes place during children's early years — when, in Meyers' words, they become their own little humans — happens when children interact with their environments and learn from their experiences, according to BYU human development professor Alex Jensen.

These learning opportunities can't be replicated by screens; in fact, screens often displace them.

Jensen said, for example, that young children develop their

language by listening to and interacting with other people talk, and they develop cognitively by learning hands-on about sizes and shapes.

"It's just teaching them all these things that are really foundational for all sorts of development later on, and when they're spending a lot of time with screens, they are not doing those things," Jensen said. "It's not that they can't learn them later, but they're really driven at that age to be doing those things."

The World Health Organization recommended in its 2019 report "Guidelines on Physical Activity, Sedentary Behavior and Sleep" that children should have no sedentary screen time until they're 2 years old. For 2 to 4-year-olds, the report says, sedentary screen time shouldn't exceed an hour a day, but "less is better."

Dr. Juana Willumsen, the WHO focal point for childhood obesity and physical activity, said the organization made these specific screen time recommendations while considering screen time as a sedentary activity. She said the evidence points to screen time's unfavorable effects on motor and cognitive development.

"That is what the recommendations really call for, to make sure that children within their day are not only physically active, but in the time that they are sedentary, that they're having those quality interactions that are so important for language development, emotional, psychosocial development, and especially in these young children who are learning so, so, so fast at this age," Willumsen said.

For children under 2, Willumsen said WHO found no health benefits for sedentary screen time. It's a time when language development is key, she said, and screen time at that age is associated with cognitive development issues.

Next week: How screen time affects a child's relationships and behavior and what the "right kind of screen time" looks like.



Associated Press

Takeru Kobayashi, of Nagano, Japan, center, competes in the Nathan's Famous Fourth of July International Hot Dog Eating contest in the Brooklyn borough of New York in 2005.

ESPN takes a gulp of competitive eater Kobayashi in new film

ASSOCIATED PRESS

Twinkies, pizza, hot dogs, even cow brains. If it can be eaten, chances are Takeru Kobayashi holds the world record for eating it.

The 41-year-old competitive eater has no problem consuming 62 slices of pizza in 12 minutes, or 337 chicken wings in a half hour. But seeing himself onscreen in the latest ESPN "30 for 30" documentary series, is a little harder to swallow.

In a recent interview with The Associated Press, Kobayashi said that while he was "honored" to be a part of the documentary "The Good, The Bad, The Hungry," he was also a little perplexed.

"I don't know exactly what's happening," Kobayashi said.

Then, through his translator, Kobayashi was able to go into more detail about why he was so self-conscious.

"I'm so embarrassed when I see myself in the film that I can't even watch it," he said.

Premiering July 2, the documentary comes two days before the annual Nathan's Famous International Hot Dog Eating Contest that brought Kobayashi to prominence in the competitive eating arena.

The documentary shows the rivalry between the six-time champion and current 11-time champion Joey Chestnut, who dethroned Kobayashi in 2007.

Holding 15 world records, the 128-pound Kobayashi explains his preparation for eating.

"I have to put something inside the stomach to make it expand, but it doesn't necessarily have to be food. I train with water. So, I'm not training for long periods of time by hauling food. I'm training with water expanding my stomach," Kobayashi said.

After a competition, it takes him about three days to recover.

"I feel so exhausted and so out

of breath," Kobayashi said referring to his stomach being over-extended, and the toll it takes on him.

"When my stomach becomes very full with that amount of food inside, the organs in my body begin to shift places. So, for example, my lungs get shifted up, and they can't expand. They have no room to expand. So, when I breathe, I become very short of breath. That's one of the main things that happens right after eating," he said.

Another thing is getting sick. But he says it's not something that happens as much as people think. "If I'm going to be sick, it happens right after."

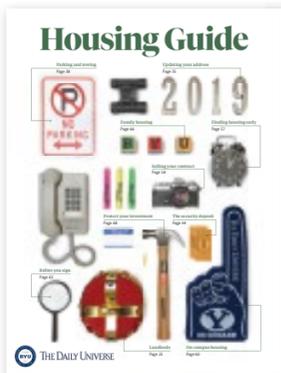
While he's eaten almost everything in competition from bunless hotdogs and rice balls to lobster rolls, one of the oddest is cow brains. He ate 57 of them, a total of 17.7 pounds. And did it in 15 minutes.

But there's one he loves to eat above all.

"I savor hot dogs," he said.

Tired of parking tickets?

Pick up Housing Guide for tips on parking in Provo.



2019 edition available on racks throughout campus.

FESTIVAL

Provo event brings old, new activities

Continued from Page 1

Balloon Fest

Gracing the skies again this year is the annual Balloon Fest with hot air balloons taking off from the Bulldog Field at 6 a.m. on July 3-6. Spectators can watch the 31 balloons inflate and take to the skies until they return back to solid ground at 8 a.m.

Balloons returning to the field with their pilots this year include the Road Runner, Tick Tock, Sumo Fiber, Coke, Smokey Bear, and Heart. A few of these balloons will be available for tethered rides (for kids 14 and under) on the BYU field by the old Provo High School.

Twenty-five volunteers work with the pilots on the tether field and are continually looking for extra help in sending off and securing the balloons. The committee that gathers the volunteers also arranges for the pilots to attend and participate. According to organizer Susan Bramble, the only reason the pilots come out every year "is because they love to fly."

Another draw for the pilots is the annual Hare and Hound Competition. The first balloon takes off as the "hare" and leads the other balloons to a marked spot where they attempt to drop bean bags. Spectators watch and cheer for the pilot that gets closest to the target.

A new addition to the balloon fest is a free nighttime spectacle: eight hot air balloons, like Chinese paper lanterns, all igniting their fire burners in synchronization to music. Bramble said this unique event is something everyone should experience.

It will take place on Friday, July 5, from 9-10 p.m. on intramural field on the west side of University Avenue near LaVell Edwards Stadium. Guests can watch the balloons inflate at 8:30 p.m.

Colonial Heritage Festival

Get blasted back in time by the boom of black powder cannons at the Colonial Heritage Festival where volunteers "bring history face-to-face" with colonial reenactments, historical demonstrations and food.

This authentic colonial village will be open to the public from July 4-6 from 9 a.m.-6 p.m. at the SCERA Park in Orem. Colonial Heritage Festival founder Greg Hardy said the festival gives people "a personal view of what it was like to live during the Revolutionary period."

Forty-eight hours before the event, 150 volunteers from all over the country set up the village, which includes both a British and an American military encampment and a frontier area with around 60 booths demonstrating how to make brooms, pottery, clothing and bread. Once the village comes to life, guests can interact with the volunteers, learn about American history, witness black powder demonstrations and attend a realistic colonial children's school.

Chairperson Kim Gardner said people will "come away with a newfound love and appreciation for the people that have helped our country grow to what it is now and the sacrifices they made and the hard work that was put into it. We take so much for granted."

Bre Cornell, a chairperson for the event, announced the new programming that will accompany this year's many activities already available.

These new programs will highlight different cultures and backgrounds in order to help attendees understand different perspectives of history. Visitors will also be able to speak and interact with actors portraying the Founding Fathers. Guests may even spot founder Greg Hardy portraying Benjamin Franklin.

And if that isn't enough, this year's guests can take part in an actual wedding. Meagan Pinales and Edward Burns, who got engaged last year at the festival, are come back to tie the knot. And none other than George

Washington will officiate the ceremony. Guests can witness the nuptials and be a part of the old-fashioned celebration on July 5 at 2 p.m. in the American Camp.

The Grand Parade

Preparation for The Grand Parade starts in early January as ideas are passed around and entry applications are created. As one of the most highly anticipated events at the Freedom Festival in Provo, the parade committee members work tirelessly to make it perfect.

Fast forward just days before the event, locals are beginning to stake out their spots to get a good view of the floats and performers.

On July 4 at 9 a.m., the parade will follow the same route it's taken for the last 10 years down University Avenue and Center Street in Provo. This year's theme is "America the Beautiful." Organizer Terry Kennard said they chose this theme in honor of the beauty of the nation's people in addition to America's physical beauty.

Joining this year's parade are over 400 participants and upwards of 2,000 volunteers. Spectators can expect to see 24 floats, 11 marching bands, 15 equestrian units, 9 helium balloons, 45 vintage military vehicles and 21 dignitaries as well as other various entries.

Stadium of Fire

The largest event of the Freedom Festival happens on July 4 at 8 p.m. at LaVell Edwards Stadium in Provo. Stadium of Fire has been around for 31 years and always includes performances by stars like The Osmonds, The Beach Boys, Carrie Underwood, Kelly Clarkson and OneRepublic.

This year an anticipated 50,000 guests will filter into the stadium to watch the newly-crowned 2019 ACM Entertainer of the Year, Keith Urban, perform. Also performing will be actor Chuck Norris.

Later that evening, the sky will explode with the largest stadium fireworks display in America followed by a free family street dance party.