

Countdown to football season



Jaren Wilkey/BYU Photo

Zach Wilson rolls right and looks downfield during the first day of Fall camp. Player and team predictions are starting to roll in.

By AARON FITZNER

Neil Pau'u to redshirt 2019 season

Wide receiver Neil Pau'u will redshirt the 2019 season after pleading guilty to impaired driving in July. Though not participating in this year's fall camp, Pau'u will come back to the team as a junior in 2020 and will still be enrolled in classes at BYU during the 2019-20 academic year, but he will not be participating in any games for

BYU in 2019.

Pau'u finished the 2018 season with 216 total yards on 18 receptions in 13 games. He also had a touchdown reception against Utah on Nov. 24. His longest reception was a 48-yard catch against Western Michigan in the Famous Idaho Potato Bowl on Dec. 21.

Joe Tukuafu returns to BYU

Tukuafu has a unique story regarding his NCAA eligibility coming into the 2019 season, but he will be ready and eligible to play football for the Cougars this season. Tukuafu signed

a national letter of intent with Utah State before his mission, but upon returning home from Argentina, Utah State refused to release Tukuafu from his letter of intent. This forced him to redshirt the 2017 season before also sitting out the 2018 season.

The 6-foot-4, 265-pound tight end adds depth to a star-studded tight-end lineup that features Matt Bushman, Moroni Laulu-Pututau and Kyle Griffiths.

"He's a tight end. He has an 87 jersey right now," head coach Kalani Sitake said. "We'll need his presence on the

line of scrimmage."

Kavika Fonua makes move from running back to linebacker

Fonua is set to make the move from running back to linebacker, Sitake announced. This announcement comes because of the high number of running backs in the system for BYU. Kalani Sitake also said that Fonua's previous experience as a safety and a linebacker will make it an easier transition for the junior.

See FOOTBALL on Page 2



Hannah Barnes

Foster Love will host weekly after-school activities for foster children and children with foster siblings.

Y-Serve launches new program to help foster families

By KARINA ANDREW

BYU graduate students Hannah Barnes and Katie Hart are reaching out to local foster families through their new Y-serve program, Foster Love. The program, set to launch this fall, will host weekly after-school activities for foster children and children with foster siblings.

"It's the first program of its kind at BYU," said Barnes, creator and executive director of Foster Love.

The kids will meet on campus with program directors and BYU-certified volunteers every Wednesday from 4 to 5:30 p.m. Admission to the activities will be granted weekly.

"We're making it very flexible for parents to be a part of this program," Barnes said. Foster parents receiving notifications from the program can choose to sign up for any weeks they want without committing to the entire semester.

Hart said psychiatrists who have studied kids in foster care assisted in designing meaningful activities to help the kids have fun, learn social skills and build connections. As a former foster care child herself, Hart acknowledged the value such activities have for these kids.

"It would have been neat for me in that spot to come somewhere and have a little bit of an outlet," she said. "My vision of (Foster Love) is giving foster kids a safe place where they can come and build connections and gain relationships with other people that are in similar situation and have an outlet to just have fun and be normal."

Barnes also has connections to the foster care community. Her parents adopted her from China when she was 13 months old. Though she was adopted into a loving and supportive family, she recognized the hardships present in the foster and adopted community.

"I have a really special place in my heart for children who have been adopted or who are in foster care because I don't have biological parents that I know," Barnes said. "I feel like it's my duty to give back because I've been so blessed with the family I have and the opportunities I've been given."

Barnes volunteered with other organizations that advocate for foster kids and at-risk youth, including CASA and Together We Rise. She said her volunteer experiences were positive, but she realized there wasn't a local organization where foster kids could connect and have fun. Together with Utah Foster Care, Barnes created the program and pitched it to Y-Serve.

After Barnes presented a budget, risk management plan and program details, the Dean of Student Life officially approved Foster Love last winter semester. Barnes connected with Hart on LinkedIn while developing the program. Hart, who also has previous experience mentoring at-risk youth, accepted Barnes's invitation to be a program director for Foster Love.

Barnes said that BYU has a unique community of volunteers and resources, making it the perfect community for Foster Love.

Foster Love is currently recruiting foster families to participate in this fall's activities. As for Barnes and Hart, the two doctoral accounting students said they want to use their skills and careers to continue advocating for foster care and working with struggling children.

Hawaiians work to save language

By SAHALIE DONALDSON

Second in a series

Why indigenous languages like Hawaiian dying out

The Hawaiian language is not the only indigenous language that has been nearly pushed into extinction.

According to Mark James, a professor at BYU-Hawaii specializing in foreign language instruction methodology, there are somewhere between 6,000 and 7,000 languages currently spoken on Earth — many of which come straight from the heart of the Pacific Islands.

The issue is that 96 percent of the world's population only speak about 4 percent of these languages.

This means the majority of languages are at risk of extinction, James said, citing global powers, disease, modern convenience and colonialism as some of the biggest threats.

"It's just really difficult to live isolated from the rest of the world today — that used to be possible, now it takes government force to actually protect people from the rest of the global world," he explained. "It's easy to swallow up small populations that speak a certain language."

The reality is that indigenous languages are dying out quickly and few things can be done to save them, James said.

He cited Easter Island as an example; the majority of people there were removed from the island and brought to the South American coast to work as slaves in the 1860s. The older people, the guardians of both culture and



Sahalie Donaldson

Mark James in his office at BYU-Hawaii campus. James said there are currently 6,000-7,000 languages spoken on Earth.

language, either didn't survive the journey or slavery and now Easter language is a mere shadow of what it was 150 years ago, he said.

"That would be relevant to Hawaii, where 80 to 90 percent of the population was wiped out within 100 years of the discovery of the islands," James said. "You have fewer speakers and they are less capable of defending their culture, their practices and their languages because of their relatively fewer numbers."

Colonial power, disease and destruction combined with the forces of public education from the colonial power begins to gradually hegemonize people's minds, he explained. Pretty soon parents become convinced they

shouldn't speak their native language at home anymore — rather they should be pushing some language of the future, whatever that may be.

"There aren't very many people who can actually withstand that kind of pressure and there are very few cases where a dying language has reversed, revitalized and reestablished — Hebrew being one," James said.

Why people should care about linguistic diversity

Most people are convinced that biodiversity matters, according to James. The question is whether or not the metaphor transfers well to linguistic diversity.

He thinks it does. There are reasons

scientists and linguists are convinced that preserving languages is vital to human advancement.

"Linguists would say they want to preserve as many as possible because every time they discover a characteristic which is universal across languages we learn something about how the human brain operates or prefers to organize or view the world," James said. Multilingual people are often more sensitive and intuitive to the people they talk to than their monolingual counterparts, he added.

The question is whether governments can be convinced, he said. Without government involvement, programs like Hawaiian Language Immersion schools aren't going to be enough to save a dying language.

Governments have access to money and money can be used to leverage media, which convinces people the value their native languages, he said citing websites, games and television programs as examples.

"If you can't get major players like Beyonce or whoever to come on board and sing or perform in more than one language, then being multilingual isn't going to be cool. If you can't make it cool, relevant and fun then you aren't going to be able to convince the young people to get onboard," James said. "It all comes down to money and willpower."

What being a parent to a Hawaiian Language Immersion student is like

Kamoa'e Walk, a Hawaiian Studies professor at BYU-Hawaii, has been closely tied to the immersion schools since their inception.

See HAWAIIANS on Page 3v

UNIVERSE news briefs

FROM THE ASSOCIATED PRESS



Utah won't get funding for partial Medicaid boost

President Donald Trump's administration has rejected Utah's planned request for enhanced federal funding for partial expansion of its Medicaid program.

A statement released Aug. 3 by Gov. Gary Herbert, Senate President Stuart Adams and House Speaker Brad Wilson, all Republicans, said the White House told Utah officials late Aug. 2 that the state's waiver request awaiting formal submission wouldn't be approved.

The statement expressed disappointment.



Trump vows action after shootings

President Donald Trump on Aug. 5 condemned weekend shootings in Texas and Ohio as barbaric crimes "against all humanity" and called for bipartisan cooperation to respond to an epidemic of gun violence. He blamed mental illness and video games but made no mention of more limits on sales of firearms.

Trump said he wanted legislation providing "strong background checks" for gun users, though he has reneged on previous promises after mass attacks. He offered few details.



NFL writer Don Banks dies at 56

Don Banks, a longtime NFL writer who worked at Sports Illustrated for 16 years, has died after covering the Pro Football Hall of Fame inductions in Canton, Ohio. He was 56.

Paramedics on Aug. 4 were called to his hotel, where he was pronounced dead. No cause was given.

Banks covered pro football for more than three decades. He recently was hired by the Las Vegas Review-Journal, and his first story for the newspaper was published hours before his death.



Mariah Carey records new song for ABC's 'mixed-ish'

Mariah Carey has recorded a new song that will debut as the theme of ABC's "black-ish" spinoff.

ABC announced Aug. 5 that Carey has co-written and sings the theme music to "mixed-ish." Carey says in a statement that she loves the show's pilot.

Carey says she has wanted to collaborate with "black-ish's" creators for some time, and providing music for a show focused on a biracial woman like herself is a natural fit.



UK joins US Strait of Hormuz mission

Britain said Aug. 5 it would join a U.S.-led naval security mission in the Strait of Hormuz, where Iran's seizure of merchant vessels has raised tensions with the West. Earlier, Iran's foreign minister lambasted recent U.S. financial sanctions against him, calling the move a "failure" for diplomacy.

Iranian Foreign Minister Mohammad Javad Zarif told reporters in Tehran that "imposing sanctions against a foreign minister means failure" for any efforts at negotiations.

FOOTBALL

Notes from fall camp

Continued from Page 1

Once the No. 9 overall prospect in the state of Utah, Fonua made 24 solo tackles and 38 total tackles in his first two seasons before redshirting in 2017. Fonua suffered an ankle injury in spring camp in 2018 that kept him out of action for the entire season. The majority of his days as a safety came in high school, having been named the No. 76 safety prospect in the nation by Scout.com.

Offensive line continues to turn heads

One exciting addition to the 2019 BYU football team is a strong offensive line. BYU gave up 29 sacks last year for a combined loss of 204 yards. But the offensive line is poised for a bounce back this season.

Headed by James Empey, Tristen Hoge and Brady Christensen, the offensive line looks as if it could be as good as it's ever been. Empey made the NCAA Division I All-Freshman team in 2019, Hoge is back after a monster season and Christensen has his first year of NCAA football under his belt. The three of them have been repeatedly praised in fall camp by both players and coaches, so expect this unit to give Zach Wilson plenty of time and open field.

Draft hopeful Khyiris Tonga sheds weight

Tonga told BYU Sports Nation that he has lost 30 pounds since the 2018 fall camp. Weighing in at his goal weight of 220 pounds this year, Tonga says he has faster feet and quicker acceleration.

Tonga has already been named to the watch list for the Bronko Nagurski Trophy, an



Jaren Wilkey/BYU Photo

Matt Bushman catches a pass on July 31. Bushman was recently named to the Walter Camp watch list, the award given to the NCAA's Player of the Year.

award given to the nation's top defensive player. Tonga tallied 20 solo tackles and 30 total tackles last season, with 4.5 tackles for loss.

BYU a top school for combined football and basketball programs

The NCAA March Madness Twitter account released its rankings for the universities with the best combined football and basketball programs in the nation on Aug. 1, and BYU ranked No. 16. Notable names listed above BYU were No. 7 Utah, No. 9 Tennessee and No. 15 Washington — all teams that

BYU will face during the 2019 football season.

BYU football jersey schedule announced

The Cougars are set to don their royal blue jerseys in their season opener against Utah, as announced on July 31. The royal blue jerseys will be worn for six games during the 2019 season, the navy jerseys will be worn three times and the white jerseys will be worn twice. There will be a whiteout game against Washington on Sept. 21, and it's unknown what jerseys will be worn during the Cougars' final game of the season on Nov. 30 against San Diego State.

Marathon training for beginners

By RACHEL KEELER



It is said that someone can go from their couch to marathon ready in just six months — so why not you?

Running a marathon is a big feat, and it's recommended to do smaller races along the way to prepare yourself, but getting into marathon shape is possible.

The website Runner's World, which was suggested by BYU track and field head coach Ed Eyestone, says to not worry about beating a certain time if you are a beginner running marathons. The best thing you can do is create a plan focused on getting through the course and crossing the finish line.

Eyestone, also an Olympic marathoner, said that no matter where you are in the stages of running, the best thing anyone can do to prepare for a marathon is to be consistent and patient.

"If you are consistent in your running, whether its four or five times a week, you are going to experience success," Eyestone said. "You may not be breaking the tape, but you'll be able to walk the next day."

Here are some steps to take you from your comfy apartment couch to the finish line of your first marathon.

Create a plan (you won't regret it)

Creating a plan is key to keeping you on track. It helps you calculate how much you will need to run each week and how to pace those runs. If you don't know where to start in making a plan, there are different websites with plans for runners whether they be a beginner, intermediate or pro at marathoning. Runner's World has plans, pace-setting recommendations and other tips for runners.

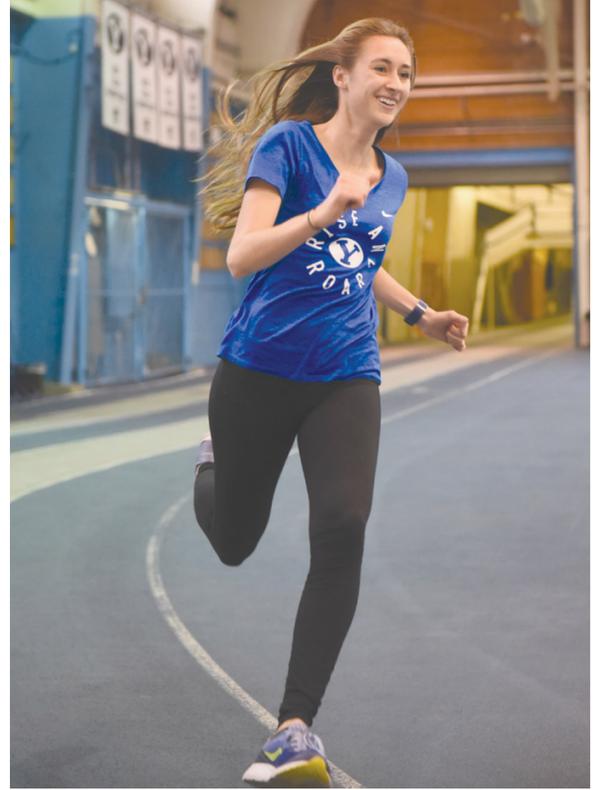
The 10% rule (known as 10PR)

Be excited and motivated, but don't try to go too fast in your training. Trying to do too much too quickly can cause injury, fatigue or sickness. The rule of thumb is that every week or few weeks you should be increasing your daily runs by 10%.

If you are running 10 miles a week, then run 11 miles the next week and then 12 the next. It may seem like a snail's pace but it is actually building more endurance and strength than trying to jump to 16 miles right away. It allows your body to transition smoothly into your training.

One long run weekly

You may be thinking, "Aren't I already running long distances every day?" Yes, and you're doing



Lauren Lethbridge

BYU senior Michaela Tanne takes advantage of BYU's indoor track and weight room to stay fit, exercise and train for future races. Scan the photo with the *Universe Plus* app to read a Portuguese translation of this story.

a great job! But this is different. Eyestone said one of the best ways to prepare for race day is to do a long run once each week that is one-and-a-half to two times the distance of your regular runs.

"Over time, build that long run up until you're running two and a half to three hours on your legs, just to get used to time on your legs," Eyestone said. "Even if you're only covering 15 miles during those three hours, when you've tapered a little bit and carb-loaded properly, you'll be able to get through."

Apply the 10PR to these long runs too. If your long run is 14 miles one week, then the next will be 15 miles, then 16 miles and so on. Being on your legs for an extended period of time is what will help you pull through on race day.

Fuel the fire

What you eat during training is just as important as training. To sustain energy throughout the course of your long runs, and eventually that marathon you're training for, it's crucial to give your body the fuel it needs. Runner's World offers suggestions for what you should eat before, during and after your run if its longer than 60 minutes.

Before

Eat 50 grams of high-carb, low-fiber food at least an hour before your run. This allows your body to digest the food so there aren't any stomach problems during your exercise.

During

Fuel up on carbohydrates during your run. Don't go crazy though. Eat 30 to 60 grams of carbs per hour of your exercise, usually spreading out to every 20 minutes. A TrainingPeaks' training article suggested some smaller foods that offer good carb intake during a workout include bananas, energy bars and even jelly beans.

After

"Eating a mix of carbs and protein within 30 to 60 minutes post-run is crucial because it helps speed your body's recovery," Emily Abbate from Runner's World said. Depending on the difficulty of your run, you will consume more carbs and protein.

Remember that hydration is extremely important. Be drinking water before, during and after your workouts and throughout the day.

Get out there and run

These are just some of the basics when training for a marathon. The main takeaways from this article are to be aware of what your body needs — listen to it — be consistent and always stay hydrated.

This guide isn't comprehensive, but there are plenty of running websites, such as Runner's World and TrainingPeaks, that give more in-depth descriptions of interval training, specific workouts, meals and appropriate gear.

THE UNIVERSE

Serving the Brigham Young University Community

August 6-12, 2019 • Volume 72, Issue 47 • universe.byu.edu
152 BRMB, BYU, Provo, Utah 84602

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The Universe is a product of The Daily Universe and is an official publication of Brigham Young University and is produced as a cooperative enterprise of students and faculty. It is published as a laboratory newspaper by the College of Fine Arts and Communications and the School of Communications under the direction of a professional management staff.

The Universe is published weekly except during vacation periods.

The opinions expressed do not necessarily reflect the views of the student body, faculty, university administration, Board of Trustees or The Church of Jesus Christ of Latter-day Saints.

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New Pioneer Children's Memorial inspires reflection



Calvin Petersen

The Pioneer Children's Memorial at This is the Place Heritage Park serves as a reminder of the great sacrifices made by pioneers that helped build Utah.

By KIM PETERSON

President M. Russell Ballard, Acting President of the Quorum of the Twelve Apostles of The Church of Jesus Christ of Latter-day Saints, dedicated a new Pioneer Children's Memorial at This is the Place Heritage Park on July 20. The memorial was built as a tribute to the hundreds of pioneer children who died crossing the plains.

This \$4 million project, funded by private donors, features more than 20 life-size bronze sculptures and 17 stones, each ranging from 10 to 15 feet tall with 660 names of pioneer children who died carved into them.

The project began several years ago when a reporter approached Lane Summerhays, President of Days of '47, and asked, "Why do you do this Children's Parade?" The Days of '47 celebration has included a Children's parade for years, but the reporter's question gave Summerhays pause as he thought about the reason for it. "We do it," he said, "to try and remember these children, especially the children who lost their lives making that trek." Over the next couple of years, every participant in the Children's Parade received the name of a child who had died crossing the plains.

"It brought a whole new level of awareness and meaning to that parade," Summerhays said. But he, along with Days of '47 executive Vice President Greg James, thought they should do something more — something year-round that could bring remembrance to the people of Utah.

"We live in a wonderful place, and there's a reason we're here, and there are a lot of people that sacrificed a lot so that we can be here," Summerhays said. "Imagine those pioneer parents who saw a better life in America and made the very difficult decision to leave everything they had to lead their children to a better life. But, instead, they led them to their death. No grave markers — sometimes shallow graves laid on top of icy ground. But there could be a place with a headstone that honors those children."

During a Days of '47 board meeting, Summerhays and James decided there should be a memorial to honor these children. They approached Melvin L. Bashore, a BYU researcher who co-authored a paper titled "Mortality on the Mormon Trail, 1847-1868." Bashore had done extensive research and had a database of 660 confirmed children who had died along the trail.

After gathering the information, it was time to select a location for the memorial. This is the Place Heritage Park seemed like a clear choice. Summerhays approached Ellis Ivory, the park's Executive Director, about erecting the memorial there.

According to Summerhays, Ivory responded, "You know,

people are coming up here all the time wanting to do things at the park, and the answer is always, 'no,' but in this instance, this is something that needs to be done" Ivory, of Ivory Homes, has been at This is the Place for the last 13 years. "I love the park" he said, "and it's a lot more fun than building homes."

Speaking of constructing the Pioneer Children's Memorial at the park, Ivory said, "it was a very important tribute that we needed to pay to those children and the pioneers in general."

Almost two years later, Nielson Valentiner, who was one of the main architects for the Rome Italy Temple, conceptualized the monument. Summerhays thought there needed to be stones with the children's names engraved on them and scenes representing the pioneers crossing the plains. The plan was finalized with six bronze scenes and 47 pieces of art.

Once the project was conceptualized and underway, the many hands working on it realized the memorial would be no small feat. Ivory said they weren't even sure where to put the memorial at first "Then one day" he said, "I walked out to where the memorial is now and saw all the thick scrub oak. It just seemed like such a natural place." With that direction, crews got to work.

"(Ellis Ivory) had construction crews in there all Winter long preparing the ground," Summerhays said. Ivory's team trimmed back the trees and made a path. They also buried a 42 thousand gallon tank at the bottom of the hill to recirculate water back up the hill to flow through the memorial.

They also installed video boards and audio recordings that tell the stories of pioneer children and families who crossed the plains and those who died trying. The stories were put together by Glen Rawson, who also did the audio presentations at the memorial. Rawson and Dennis Lyman co-produced "Saints" and "The Joseph Smith Papers." At the memorial, guests can push a button at each statue scene and hear actors, sometimes voiced by children, tell the stories.

The larger-than-life sculptures had to be done right in order to tell a compelling story, architect Nielson Valentiner said. Valentiner said that during conceptualization he thought of two artists with around 40 years of bronze casting and sculpting experience to do the job — husband and wife Roger and Stefanie Hunt.

The duo took on the project with less than a year to complete it. The goal was to have the memorial finished by Pioneer Day of 2019. Roger Hunt commented that the project was something that would normally take three to four years of work. In order to meet their fast-approaching deadline, the Hunts worked six days a week, from morning to evening, for almost a year.

Roger Hunt explained that for this project, he and his wife

produced the pieces in clay, then the pieces would go through a process at the Metal Arts Foundry in Lehi to be cast into bronze. Despite the deadline and difficult task laid before them, Roger Hunt said he and his wife were pleased with the results and "felt blessed from on high."

"We are astonished that we got the privilege to do this," Roger Hunt said, "Artists always yearn for the opportunity to do a big piece, to get a monument or something. And usually that's two or three figures or a single figure, and you pat yourself on the back. We got to do over 20 bigger-than-life figures. And we're not world-famous artists or anything, but the architect just had a feeling that we were the ones that should do it."

Once the pieces were complete, cranes lifted the bronze statues into place at This is the Place Heritage Park.

"What ties it together was Ellis and his various groups with the landscape," Stefanie Hunt said. "So often, if you go get a painting on a wall without a frame, it really isn't as effective. We produced the painting, but Ellis gave it a frame with the exquisite setting. What they did with the work that we created — it is monumental."

Reflecting on the finished memorial, Roger Hunt said, "A lot of people lost parents, a lot of parents lost children and all of us in this state and in the Church are indebted to those people. It's really easy to forget that we're reaping the rewards and benefits of their labors and their hard work and their sacrifice. The aim of the park is to simply remember that what we live with and tend to take for granted was hard-won. Our hope is that what we've done will stir people's hearts simply to remember those who came before them."

Once the bronze statues were in place amid the beautiful scenery of trees, grass and a meandering river, the large stones with the pioneer children names were placed.

Once they were in place, the entire memorial was ready for dedication. Along with President Ballard, other members of the Quorum of the Twelve including Elder Dieter F. Uchtdorf, Elder Jeffrey R. Holland and Elder Gerrit W. Gong attended the dedication. The area president, general Primary president and the governor attended as well. Ivory noted how great it was to have so much representation from both the Church and the community. Around 1,200 people came to the dedication.

"Maybe the best thing (about the dedication) was the One Boy's Choir who sang, "Pioneer Children were Quick to Obey," Ivory said. The theme of the song is that the children of today can be pioneers too. "Part of our objective is to have young people try to understand that there is something more to life than the little tool in their hands that they operate with their thumb. We owe Utah's growth to the pioneers," Ivory said.

HAWAIIANS

Saving a language

Continued from Page 1

He and his wife were already on what he described as their own path to use the Hawaiian language in their home when the program became available to the public.

At this point immersion schools were sparse and the closest was over an hour and a half away from their home in Hau'ula, but they still enrolled their children.

Walk's wife is a Hawaiian immersion teacher at Kahuku High, a school on Oahu's North Shore, and he advocated for the immersion program's expansion.

"For my wife and I, it was part of a larger picture of us wanting to use language as a means of reconnecting to our cultural heritage to our kupona — ancestors — and continuing the legacy that they left for us," Walk said. "But it's been challenging."

He explained that his children struggled going to school at first. They recognized that they were a minority at their school. The majority of the other kids opted not to go through the program, instead shuffling through the larger, widely accepted English curriculum.

They recognized that the world outside of their classroom largely did not speak Hawaiian, Walk said, though eventually their trepidations shifted to pride once they realized how this helped them connect to their cultural roots.

Like Wright and Krug, Walk cited lack of curriculum as another challenge.

"If we had the money and the resources and the bodies to say 'hey we need 100 people to come in and develop curriculum,' we might be able to do that, but those 100 people would be coming out of classes and then we wouldn't have teachers," he explained.

One of the issues is that the

THERE ARE BETWEEN 6,000 - 7,000 LANGUAGES SPOKEN ON EARTH.

96% of the population speaks 4% of those languages

ABOUT ONE LANGUAGE DIES OUT EACH WEEK

Sahalie Donaldson

Hawaiians working to preserve their language know they face formidable challenges.

Hawaiian language is in the early stages of revival. Most Hawaiian Language Immersion teachers are second-language learners who learned from second-language learners, and so on and so forth, Walk said pointing out that Hawaiian is no longer intact like it was 100 years ago. This creates problems even of itself.

He recalled moments in which he and his wife debated withdrawing their children from the program and homeschooling them instead. In the end they chose to push through it, and Walk said they are glad they did.

He pointed out that one of the best parts about the immersion program is parent involvement. Parents want to be engaged in their child's education because it is their culture too, Walk said.

Whether immersion programs are enough to save the Hawaiian language

Walk believes immersion programs are not enough to save the language — not even close. Efforts need to begin with the entire family.

"I look at it as not just a revival of language, but a revival of Hawaiians," he said. "We've carved out that niche

right now and now we need to go back and look at how we can support the families better in acquiring the language and using the language as the primary language in the home."

Long before the Department of Education approved the Hawaiian Language Immersion program, there was trepidation from the community about Hawaiians, Walk said pointing out the legal and political issues tied into this ranging from the illegal overthrow in 1893 to the lack of funding in immersion schools now.

"I think in some respects it is a political movement, but it was not based on a political movement. I don't think it is a language movement either although language is involved in it and culture is involved in it too," Walk said. "This is a movement about people — Hawaiian people, native Hawaiian people, kanaka maoli, whatever you want to call it — its about us helping ourselves to become better people, better citizens and so forth."

Having seen how the immersion program plays a role in his children's lives and in his own, Walk said he knows his language is worth fighting for. He plans to continue doing so.

TODAY

UNIVERSITY DEVOTIONAL
Tuesday, August 6, 11:05 a.m.
de Jong Concert Hall

This event will also be broadcast to the JSB Auditorium.



Pamela S. Musil

*Professor and Associate Chair,
BYU Department of Dance*

Pamela S. Musil, MA, is professor of dance and associate chair in the BYU Department of Dance, teaching contemporary dance, dance kinesiology, and dance pedagogy courses. A certified level 2 Franklin Method Educator, her scholarship spans grades 7-12 and post-secondary dance education and addresses issues related to dance literacy, education, gender, and age.

Her work is found in the *Journal of Dance Education*, *Research in Dance Education*,

Arts Education Policy Review, *Arts Education and Literacies*, *Dance and Gender*, and *Case Studies in Dance Education*: *Ethical Dimensions of Humanizing Dance Pedagogy*. Musil serves on the editorial board for the *Journal of Dance Education*.

She and her husband, David, have four children, eight grandchildren, and one great-grandchild. She currently serves as a Relief Society teacher in the Spanish Fork Crosswinds First Ward.

Selected speeches available at speeches.byu.edu.

NEXT: CAMPUS EDUCATION WEEK DEVOTIONAL

ELDER GARY E. STEVENSON
*Member of the
Quorum of the Twelve*



August 20, 11:10 a.m.
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PLAN NOW TO ATTEND.

Nifty nooks for napping



By COLTON ANDERSON

A full eight hours of slumber often eludes college students. Whether it's because of a late-night study session or because we dove a few episodes too deep into the latest Netflix series, we often find ourselves looking to catch a few Zs between classes.

Luckily, there are places scattered across the BYU campus that afford students the chance to nap between classes. Students generally value napping locations that are quiet, comfortable and private. We've done the dirty work so you don't have to; here, in no particular order, are some of the best places on campus for napping.

Maeser Building



Arianna Davidson

Honors Program Lounge in the MSRB basement

The Maeser Building is a quiet, outlying location situated in the southwest corner of campus that doesn't often attract crowds. As such, it can be a perfect spot to catch a quick nap. The building may be dedicated to Honors Program classes and students, but anyone is free to explore it in search of a place to nap. You'll find comfortable chairs throughout the building, some more private than others. The Honors Program Lounge, located in the basement, offers a small, secluded study spot where people may occasionally be found napping.

Kimball Quad



Arianna Davidson

Inside the cluster of trees just east of the Tree of Wisdom

If you like the idea of napping outside but also value privacy, this hidden gem might be just what you're looking for. Situated inside a cluster of pine trees by the Benson Building and the Joseph Smith Building is an opening almost entirely hidden from the outside. The area is completely covered, so it is hidden from onlookers and offers plenty of shade. The drawback here is that a bed of pine needles covers the ground, so something like a blanket or a jacket to lie on is a must.

Harold B. Lee Library



Arianna Davidson

The Reading Room on the second floor of the HBLL

The often-crowded library offers several havens for students in need of rest. Cubicles on its upper floors offer some privacy, albeit some less-than-comfortable seating. Situated a floor below the ground level of the HBLL is the Reading Room, a large, open area filled with dozens of study tables and couches. If you're not too averse to napping in the open, there's a large couch in the middle where students may be found reading or napping. The room is large, open and often crowded, so if you prefer something a little more private, the Reading Room provides that as well. Situated off to the side behind the bookshelves you'll find several nooks, each with a few comfortable chairs and ottomans where you can catch a quality nap.

Joseph F. Smith Building



Arianna Davidson

Lounges located on all upper floors of the building

Despite its relatively central campus location, the JFSB offers many quiet places for tired students to find some much-needed rest. The building's Education in Zion Gallery, located on the second floor, offers an especially quiet area with comfortable seating, but small, guided groups occasionally pass through. The second, third and fourth floors each have lounges on all four sides. Though the basement is full of classrooms and lecture halls, you won't find crowds of students traveling between classes on these upper levels as they are mostly populated by offices. The largest of these lounges can be found on the fourth floor's east hallway. Quiet, comfortable and fairly private, these JFSB lounges are great for napping.

Wilkinson Student Center



Arianna Davidson

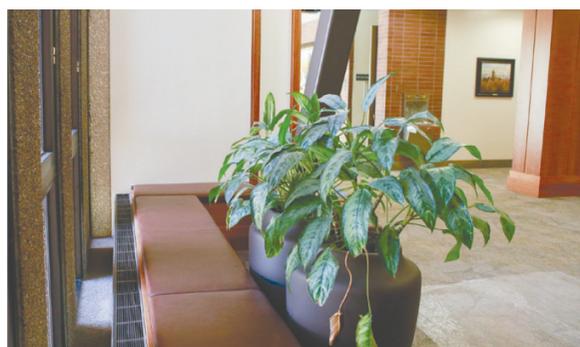
First-level lounges

The WSC is one of the most crowded buildings on campus, yet some of its more secluded corners may provide some peace and quiet. While the main and upper levels are crowded with the BYU Store, Cougarreat and an assortment of busy rooms, the first floor is typically quieter and offers a more out-of-the-way destination for those seeking to nap. Three first-floor lounges supply the best napping spaces. The first gives plenty of couches and is located by the Multicultural Student Services office found at 1320 WSC. The Traditions Lounge, located between The Wall and the Bowling & Games Center, lends rows of couches and recliners in a somewhat more populated area. The Den can be found at the bottom of the WSC's southern staircase and offers another option with comfortable seating, if more foot traffic.

Empty classrooms

When all else fails, an unclaimed empty classroom may offer an adequate place to nap. Finding such a classroom can be pretty hit-and-miss, but you may have more success at some times than others as classes are only taught on Monday and Wednesday or Tuesday and Thursday. Thursday at 11 a.m. is likely your best bet, because there are no classes at 11 because of weekly Tuesday devotionals. Empty classrooms are also easier to find on Fridays because some classes, particularly religion classes, are only taught on Monday and Wednesday, leaving their classrooms empty on Friday. Whatever the case, it may be worth finding empty classrooms that align with your schedule so that you have a place to turn to when in need. The downside is that even if you find a classroom that is consistently available, people may on occasion need it for academic purposes, so finding an empty classroom is never a sure thing.

J. Reuben Clark Building



Arianna Davidson

Hunter Law Library

Most BYU students never have a reason to find themselves in the JRCB — even the initialized nickname may sound foreign to the average student. Dedicated to BYU Law, the building sits a little out of the way on the east edge of campus but is perhaps not too far out of the way for a student seeking a peaceful place for some quality shut-eye. The Hunter Law Library housed here is far quieter than the main library on campus, and comfortable seating can be found throughout the rest of the building as well.

Talmage Building



Arianna Davidson

Southeast stairwell on the ground floor

Often filled with overworked math and computer science students, the Talmage Building might not be the first place one would think to find a quiet place to nap. The benches and chairs that line the halls are usually full of students studying and working on projects, leaving little room for quiet or privacy. But nestled in the building's southeast stairwell is a couch. Though it appears a bit out of place, it might offer some solitude for students seeking an out-of-the-way place to nap.

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When selling your contract, include pictures

Pick up Housing Guide for more tips!



2019 edition available on racks throughout campus.

Mother's lounges



Arianna Davidson

In women's bathrooms around campus

This one is not for the men, but if you are a woman on campus, you are likely already familiar with the existence of several mother's lounges. Fortunately, nursing mothers and tired students both share the need for privacy, quiet and comfort, so they double as a haven for those looking for some rest. Some are quieter than others, so you'll have to do your own digging to find the best for your needs. Just be sure to be considerate of those mothers who are most in need.

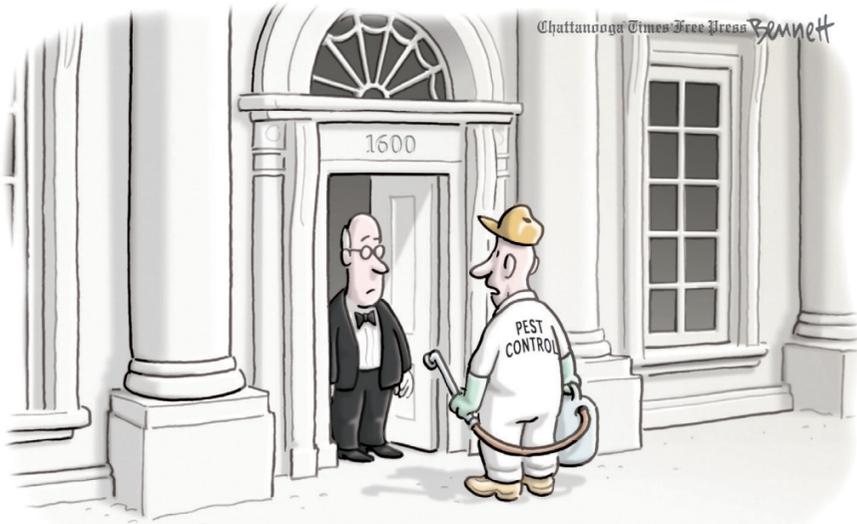
Benson Building



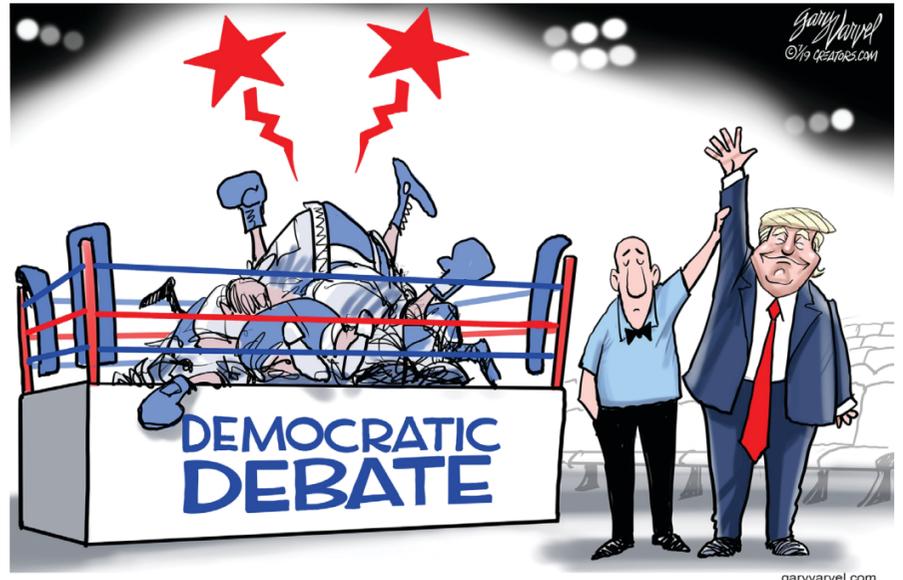
Arianna Davidson

Under the display cases off of the main east-west hallway

This location may not be ideal, but it ought to do the trick in a pinch. It may not be the most comfortable or private place to catch some Zs, but if you slouch against the wall underneath the display cases, passersby will struggle to distinguish your napping from studying. You'll also likely not find yourself alone, as the area is often filled with students studying or napping between classes.



'Somebody reported an infestation of racists.'



garyvarvel.com

Tweet Beat

#BYU #BYUprobs

Want to see your tweet in print? Tweet something about life around you with #BYUprobs or #BYU and hopefully it makes the cut.

Leave comments at universe.byu.edu or @UniverseBYU

@LatterdayLikes

"Ugh Utah drivers are the worst!" he texts as he makes a left turn onto University Parkway

@emma_kronmiller

called to serve in the area 51 north mission leaving september 20th!!!! so excited!

@shanniej18

Tbh as I'm writing my religion paper I'm kinda glad the church put more emphasis on the whole name because the Church of Jesus Christ of Latter-day Saints take up a lot more of my word count than the Mormon church

@hattie_jeann

"I haven't cried today but that might just be because I've been busy and haven't had time."

@AdamBroud

What if instead of knocking doors, mormon missionaries all just became Uber drivers

@poetickate

the hymn "each life that touches ours for good" is like if wicked took place in relief society

@LatterdayLikes

mom can you pick me up people are doing recreational activities that aren't wholesome

@totscheetos

My boyfriend not only has more Twitter followers but ALSO a cooler car than Kirby Heybourne. I think we know who the REAL Utah celebrity is here

@emma_kronmiller

nothing is worse than a freshly returned missionary's idea of what good music is

@fremlo_

Which one of you is going to let me live with you during homeless week

@aubrey031018

the only reason I want to fall in love and get married is so I can start the part of my life where I get to be boring I'm tired of trying to be fun

@Dan_TheSwede

I dabbled while sneezing at work I expect a promotion any time

@_ellahansenn

"You've got your threeV's of the basic provo bro: Vivint, Vasa, and Village" @HeardAtBYU

@thornock_gabby

"My dream is to live in an apartment with my bros for all of eternity" @HeardAtBYU

@HannahAntillon

goes on consistent dates for 4 months w/ one girl

goes on multiple trips with same girl

meets said girl's parents

makes long term promises to this girl

cant commit to being exclusive

denies all feelings

Am I talking about Jed or any Provo guy ever?

#bachelorettefinale

@HumansSayThings

"Triple dog dares are part of Satan's plan because they violate agency. You can't walk away from one of those."

@daliajimenez

"no cap i'm going to be the best football player this school has ever seen" - a 17yo 150lbs sports camp kid

@HeardAtBYU

@jennalinds

Someone: did you have a hard time adjusting after your mission

Me: "Remembers that when my parents came to pick me up Chvrches came on the car radio and I literally smashed my face onto the speaker to minimize the distance between the music and my brain" no

@dmarie_829

Said in fast and testimony today: "Kirkland temple... wait that's Costco.. I mean Kirtland temple."

@HeardAtBYU

@_ellahansenn

"The can't ask you to teach a lesson if you don't go to church so..."

@HeardAtBYU

@AS_Phelps

To celebrate Harry Potter's birthday today I am in my room, making no noise and pretending I don't exist

@LatterdayLikes

#ImOldEnoughToRemember when church was 3 WHOLE HOURS LONG

@BasicProvoBro

"Because of Joseph Smith we have munch and mingle. I'm grateful to him for that."

Tweets are unedited

READERS' FORUM

Spring ring or spring fling?

When I got into BYU, I could almost guarantee that telling someone about my acceptance would lead to the following question in some form: "When do you plan on getting married?" I heard jokes about the "spring ring," and people made guesses of how short of a time I would be here before meeting someone, dating them and getting engaged.

While I want to find the love of my life, my eternal companion and my soulmate, I want to do it on my own time. I want to be free of peer pressure or cultural influence that would make me feel like I had to get married before I was ready.

I think people should date longer before getting engaged. By extending the timeline beyond what is typical at BYU, individuals are allowed to focus more on creating genuine relationships and love rather than rushing into something only to regret it later. This means dating different people and dating people longer. Dating someone allows you to get to know someone without a countdown to marriage or a rush to get married. Dating removes a lot of pressure and will let you build a genuine friendship and relationship before you say "I do." So I ask, what's the harm in waiting — in spending more time learning about each other before you spend forever together? If they are the one, they are the one. Patience and time will only prove that to you further.

—Allie Melanson
Austin, Texas

Expectations in relationships

In my personal experience with relationships, I have found that people get into relationships with too high of expectations. The majority of people expect too much out of their partner and fail to realize the importance of what their significant other is doing for the relationship. I believe that you should be thankful for what you receive from that person.

It is never good to go into a relationship expecting too much from someone. For me, expecting nothing from someone is the best thing to do because you don't have to worry about what they're going to do.

About four years ago, I was in a relationship for two years because I didn't expect a lot from her, and she didn't expect a lot from me, either. We first met in junior high, and we were friends in the blink of an eye; then friends turned to close friends, and shortly after, we started a healthy relationship. We told each other everything, even the bad news. At the end of the day, we were both thankful that we would tell each other everything, no matter how bad it was. Coming up on a successful two years, I still didn't have unrealistic expectations for our relationship.

High expectations are poison to a relationship like kryptonite is to Superman. The best advice I have is not to expect the world from your partner and to be thankful for what they do for you.

—Keanu Hill
Eules, Texas

IN OUR OPINION

Superficial conversation

"Hey, how are you?"
"Good, how are you?"
"Good, just working and going to school."
"Cool, well I'll see you around."
I've heard and talked through this conversation more times than I can count. It's a simple dialogue that demonstrates our need to connect with other human beings. But here's the sad truth: it means nothing. This poor excuse for a conversation is so superficial, we never actually make a connection.

As a communications major, I've learned that human connection is crucial to understanding, growth and experiencing real, lasting love. However, I think many of us, myself included, never get past this casual phase of conversation. Why? Because it's easy and safe. But I've come to learn that breaking out of this casual phase is essential to forming real and lasting relationships.

Dating and making friends can be hard. But they're supposed to be. Relationships are difficult to form and maintain because they require effort beyond the superficial. Every date I'd been on before I met my husband started out the same way: Where was I from? What was I studying in school? What was my favorite food? What music did I listen to?

Now hold on and relax! I'm not saying to necessarily have those deep, meaningful conversations on a first date; some things are private and special or even sacred to you! But try to delve a little deeper once you've gotten those outer-shell questions out of the way. After asking where they work, ask them where they really want to work, and why. After asking them their favorite food, ask them why they love that food and if they'd ever want to travel to the country where that food originated. Think deeper people!

Dating and relationships become so much more rich and enjoyable when we really get to know a person. And the more we get to know them, oftentimes, the more we care about them and genuinely want to ask, "Hey, how are you doing today?"

So, if we're all swimming in over our heads with school, work, family and relationship struggles, why don't we talk about them? If we all have meaningful things to share, why don't we share them? Why don't we take the time to listen more?

Superficial conversations are useless in making connections. So let's try to move past "how are ya" and "doing fine thanks" and actually get to know someone.

—Kim Peterson
Daily Universe Senior Reporter

OPINION OUTPOST

The Opinion Outpost features opinions and commentary on the latest hot topics from national news sources.

Environmentalism

In 2018, 164 defenders of the land and environment were killed, with the Philippines of the brutal President Rodrigo Duterte taking over from Brazil as the deadliest place to resist rapacious developers and governments. That was less than the 201 killed in the previous year, but it was hardly an improvement.

There are solutions, there are well-researched strategies, there are innumerable organizations and people anxious to rescue the Earth. Yet at every turn, they run up against destructive industries and callous politicians prepared to resort to any means to continue despoiling the planet.

—Editorial Board
The New York Times

Realistic healthcare

Policy proposals should meet a baseline degree of factual plausibility — a bar that the Medicare-for-all plan that Bernie Sanders and Elizabeth Warren favor does not clear. John Delaney pointed out correctly that the numbers behind the proposal do not compute: The senators cannot deliver a system that provides more benefits than other single-payer systems while preserving the level of care and access that insured Americans currently enjoy.

The next president should have a vision of progress for the nation that is expansive and inspiring. It also should be grounded in mathematical and political reality.

—Editorial Board
The Washington Post

Polarized parties

Many individuals are

reluctant to engage in even a casual one-to-one exchange of opinions. Researchers are discovering that in this environment, people tend to speak their minds only among those of like mind, and as a result, sweeping and inaccurate stereotypes arise regarding the opinions and attitudes of those "on the other side."

People have come to think that those who align with another party have backgrounds and opinions that are radically different from their own, when in reality, they have much more in common, even on hot-button issues.

—Editorial Board
Deseret News

Gun control

After a weekend of numbing carnage — at least 30 dead and more than 50 injured in mass shootings in El Paso and Dayton, Ohio, — President Trump stepped forward Aug. 5 with

a tweet calling for a bilateral embrace of "strong background checks," whatever that means, and "perhaps marrying this legislation with desperately needed immigration reform."

So in the space of a single tweet the president called for laughably light legislative changes and then turned his message to outrageously cynical politics. What does immigration reform have to do with mass shootings? Trump infamously sees everything in

terms of a deal, so it shouldn't surprise us that he would seek to gain a political advantage in his fight to reduce immigration by trading on the bodies of the dead.

—Editorial Board
Los Angeles Times

Proposition 3

Proposition 3. That was the ballot initiative, passed last November, in which a majority of Utah voters told the state to

stop fooling around and accept, without strings, conditions or exceptions, the full expansion of Medicaid authorized by the federal Affordable Care Act.

But wait, said Gov. Gary Herbert and the Utah Legislature. We don't want to do the decent, economically sensible and legally greased thing. We want to come up a plan that is plainly inferior, because we don't like the whole idea.

—Editorial Board
The Salt Lake Tribune

WE WANT TO HEAR FROM YOU

The Universe encourages students, faculty and BYU staff to add their voice to ours by writing letters to the editor and guest editorials, or by submitting editorial cartoons.

- All letters should be submitted by email to universe.ideas@gmail.com. The topic of the letter should be included in the subject line.
- Letters should also include the author's name, hometown (for students), campus position (for faculty and staff) and phone number. Anonymous letters will

- not be published.
 - Letters should be no more than 300 words and may be edited for length, clarity or style.
 - Guest editorials should be 500 to 700 words and are encouraged from individuals with professional or academic expertise on the topic.
 - Original cartoons are also welcome.
- Opinion editor Karina Andrew can be reached at universe.ideas@gmail.com.

MLB jerseys: Authentic or knockoff?

By AARON FITZNER

Knockoff MLB jerseys are cheaper than the authentic option, but manufacturers of knockoffs cut corners to keep prices low, and the final product will be a lesser replica of what your favorite players wear. By spending a little more money, you can wear what your favorite players wear, regardless of your baseball skills.

When looking to spot a knockoff, first look at the MLB logo found above the player name on the back of the jersey. Companies that produce knockoff jerseys have a hard time matching the MLB patches that are found on authentic jerseys. This patch should feature a silhouette of a baseball player with a baseball directly to the left of the player. The majority of the background of this patch is blue, however, the corner of the patch on the top right-hand side is red. This patch should have rounded edges that are connected by straight lines, forming a rectangle. Make sure that the patch itself is not faded, the colors should be vibrant.

Another easy way to spot the difference between authentic and knockoff jerseys is simply by looking at the color of the jersey. Knockoff jerseys tend to be discolored, usually darker than authentic jerseys. Before buying your jersey, research what you are wanting to purchase so you can see what color it is supposed to be.

When comparing the names and numbers on the back of jerseys, notice that authentic jerseys are stitched. Some knockoff jerseys will come with names and numbers that are heat-pressed vinyl. In most cases, each letter and number will have more than one layer of coloring, so multiple colors are stacked on one another to form the letters and numbers.

On the bottom left corner of the front of the jersey, you will find the official Majestic patch. This patch will say, "engineered exclusively for," along the top and, "Major League Baseball,"



Addie Blacker

Authentic MLB jerseys are easily distinguishable from knockoffs. Always look for Majestic branding before purchasing your baseball jerseys.

along the bottom. The middle of this tag will differ depending on what type of jersey you bought, but it will either say "authentic" or "Majestic."

In addition to the Majestic patch found on the bottom of the jersey, another Majestic patch will be featured on the left sleeve of the jersey. This patch is fabric, not vinyl, and is sewn, not printed, onto the fabric of the jersey.

The sizing can be found on the jersey's neckline. Make sure that your jersey has the Majestic logo, along with an MLB logo with "genuine merchandise" printed underneath. This tag has three sections, a section for the Majestic logo, a second section for the

"genuine merchandise" and a third section for the sizing. Each section is separated by a vertical line.

There are two main types of Majestic MLB jerseys, Authentic and Cool Base. Cool Base jerseys look just like what the players wear but are manufactured with different materials and tailored to a more generic body type. The Authentic line of jerseys is manufactured just like the jerseys players wear, with the same fit and fabric. Both jerseys are licensed by the MLB, so don't let the word "authentic" fool you.

Cool Base jerseys will generally run about \$120, whereas authentic jerseys are priced around \$250.



Addie Blacker

Cool Base MLB jerseys will always have a licensing tag on the front of the jersey. Look near the waistline for this tag.



Addie Blacker

The MLB patch is a multicolored patch that features a silhouette of a baseball player with a baseball to the players left.

US will win Olympic medal count, but at what cost?

ASSOCIATED PRESS

DENVER — For decades, the question at the Summer Olympics hasn't been whether the United States will top the medals table, but by how much.

If anyone on U.S. soil has a problem with that — and given the headlines of the last few years, plenty of people do — well, imagine the alternative.

Item No. 4 under the heading "Purposes" in the 1978 law that created the U.S. Olympic Committee is the mandate for the federation to construct "the most competent ... representation possible in each event of the Olympic Games, the Paralympic Games and Pan-American Games."

That's a long-winded way of saying "win lots of medals," and since the break up of the Soviet Union, nobody has come close to winning as many as the U.S.

But after being criticized by abuse victims, athletes' representatives, lawmakers and a couple of blue-ribbon panels for adhering too closely to a "money-for-medals" prototype that served the U.S. well on the playing field, new leaders at the USOC are trying to reshape their mission. They want the new USOC to focus more fully on the overall welfare of athletes instead of simply what they can contribute to the win column.

It's a work in progress, and how well that overhaul melds with the USOC's core mission of winning medals will come into sharp focus starting a year from Thursday, when the first champions are crowned at the Tokyo Olympics.

Gracenote Sports projects the United States to win 126 medals — a number that would beat second-place China by 45 and outpace the total from 2016 by five (There are more medals at stake next year because of added sports).

If the ultimate number falls short of that target — or whatever internal targets the USOC has set for itself — expect some second-guessing about the wisdom of its newly reconstituted vision. If the number swells too large — well, expect some second-guessing in that case, too.

Regardless, the bottom line remains unchanged from what it's been for years: Fourth-place finishers and inspirational stories are nice, but NBC and U.S. sponsors also want to see some winners for



Associated Press

Members of the United States women's water polo team celebrate with their gold medals after winning their match against Italy at the 2016 Summer Olympics in Rio de Janeiro, Brazil. The USOC is moving away from its "money-for-medals" past.

all those billions they fork over.

"People are buying the Olympics before they know the results, but historically, Team USA has been extraordinarily competitive," said Dan Lovinger, NBC's executive vice president of advertising sales. "We expect them to be again."

A no-win situation for the USOC?

It might seem that way if you pay attention to what's been happening in the boardrooms in the wake of Larry Nassar and a number of abuse cases that have led to a near-complete turnover of the USOC's top staff — an overhaul many critics say hasn't gone far enough.

Once the torch is lit, however, the public pays attention to the scoreboard, not the meetings.

Though Michael Phelps is gone, the U.S. swimming team, led by Katie

Ledecky, looks like a good bet to dominate as it always does.

With Jamaica's Usain Bolt out of the mix, there are few roadblocks in the way of the Americans grabbing 30 medals in track and field.

And through all the trouble and turmoil in gymnastics, Simone Biles is expected to be back and there aren't any countries narrowing the gap with the United States.

A look at some of the marquee sports — and other spots where the U.S. is expected to rake it in:

Gymnastics

While the state of USA Gymnastics as a national governing body remains very much in flux — the organization filed for bankruptcy late last year in an effort to ward off a decertification effort by the

USOC — the chasm between the women's Olympic program and the rest of the world remains as large as ever thanks to Biles. The American women won eight of the 18 medals available at the 2018 world championships, with Biles having a hand in six of them. The U.S. won the team final by nearly nine points (8.932), more than double the gap between second-place Russia and eighth-place Germany (4.426).

Track and field

This sport will have issues clawing its way into the mainstream with Bolt on the sideline. But that doesn't add up to trouble for the U.S. In fact, quite the opposite. With the 100 and 200 up for grabs again, Noah Lyles and Christian Coleman will be in the mix — along with defending world champion Justin

Galatin — to be the world's next Olympic sprint champions. On the women's side, 400-meter hurdler Sydney McLaughlin is a name to watch. And don't forget about Allyson Felix, who will be 34 in 2020. She's one medal shy of tying Carl Lewis for most of any U.S. track and field athlete.

Swimming

For the first time since 2000, Phelps won't be competing. The most decorated athlete in Olympic history with 28 medals, including 23 gold, retired after Rio. Ledecky is the star of the U.S. team, which is still in transition in the post-Phelps era, but should do just fine in a sport that awards more medals than any sport this side of track.

Beach volleyball

The Americans have two of the top four teams in the world in the women's Olympic qualification race, and are a threat to claim two medals. Five-time Olympian (and three time beach gold medalist) Kerri Walsh Jennings is attempting to qualify for Tokyo with her third different partner.

Basketball

The U.S. men will return to the site of their only loss under Mike Krzyzewski, way back in 2006 in the world championships. But don't count on another surprise. With unmatched depth, the Americans have been able to reload with stars, while the veterans from powers such as Spain and Argentina have moved on and not been replaced. The women haven't lost a game at the Olympics since 1992, and won their eight games in 2016 by an average of 37 points.

Around the village

The Williams sisters love the Olympics, and the U.S. women have other medal-worthy contenders, including Sloane Stephens and Madison Keys. ... The U.S. currently has eight of the top 12 in the men's golf rankings. But a maximum of four can represent any single country. ... Skateboarding is dominated by Americans, which should make the qualifying contests more competitive than the Olympics themselves. ... Grace-note projects the U.S. winning medals in 30 sports, which would break the record of 28 that it tied in 2016.

Dilbert®

Panel 1: I'VE DECIDED TO ADOPT A KID FROM ELBONIA SO I'LL HAVE BETTER EXCUSES FOR MISSING WORK.

Panel 2: YOUR PLAN IS IMMORAL, UNCARING, AND SOCIALLY IRRESPONSIBLE.

Panel 3: NO ONE IS SAYING IT WON'T WORK.

Panel 4: GREAT! NOW I HAVE LOTS OF EXCUSES FOR MISSING WORK, AND I STILL LOOK LIKE A SAINT.

Panel 5: HOW'S IT WORKING OUT WITH THE ELBONTIAN BABY YOU ADOPTED?

Panel 6: WHAT KIND OF DAYCARE ARE YOU USING?

Panel 7: I JUST SPRINKLE CHEERIOS ON THE FLOOR AND LOCK THE DOOR.

Peanuts®

Panel 1: IF WE CAN WIN THIS GAME TODAY, WE WON'T FINISH IN LAST PLACE.

Panel 2: WELL, WITHOUT LUCY PLAYING, I THINK WE HAVE A CHANCE... I REALLY DO...

Panel 3: ISN'T IT NICE NOT HAVING HER AROUND? ISN'T IT NICE NOT HEARING HER VOICE?

Panel 4: ALL RIGHT, GET YOUR LUCKY-NUMBER SCORECARD RIGHT HERE!

Panel 5: THIS IS IT... IF WE GET THIS LAST GUY, WE WIN... IF HE HITS ONE, WE LOSE...

Panel 6: IT'S A HIGH FLY BALL TO SNOOPY... IF HE CATCHES IT, WE WIN!!

Panel 7: HEY! WHO'S THE SHORTSTOP WITH THE BIG NOSE?

Panel 8: BONG!

Garfield®

Panel 1: THREE MINUTES AND FORTY-FIVE SECONDS

Panel 2: THAT'S HOW LONG YOUR DIET LASTED

Panel 3: A NEW RECORD!

Panel 4: I ALWAYS FINISH WHAT I START

Panel 5: AND WHAT JON STARTS AS WELL

Panel 6: GET AWAY FROM MY STEAK

Pickles®

Panel 1: SO MY WIFE WAS BAKING COOKIES. WHITE CHOCOLATE CHIPS AND MACADAMIA NUTS.

Panel 2: THEY WERE FRESH OUT OF THE OVEN. SHE ASKED ME IF I WANTED ONE.

Panel 3: BEFORE I COULD ANSWER I HEARD A LOUD POP. MY BELT HAD SUDDENLY BROKEN AND MY PANTS FELL DOWN.

Panel 4: SOMETIMES THE UNIVERSE SENDS YOU UNMISTAKABLE MESSAGES.

Panel 5: GUESS WHAT I'VE GOT, ROSCOE. YEP, IT'S A CHICKEN NUGGET. DO YOU WANT IT?

Panel 6: I MEAN DO YOU REALLY, REALLY WANT IT?

Panel 7: WELL, THEN YOU KNOW THE RULE... YOU'LL HAVE TO BEG FOR IT.

Panel 8: DANG! THERE'S ALWAYS A CATCH!

Non Sequitur®

Panel 1: DADDY... WHAT WOULD YOU SAY IS THE SECRET FOR SUCCESS?

Panel 2: COMING UP WITH SOMETHING THAT FILLS A NEED AND PEOPLE REALLY WANT

Panel 3: WHAT IF YOUR THING IS ALREADY PERFECT?

Panel 4: THEN IT'S A MATTER OF MARKETING

Panel 5: WOO-HOO! I HAVE PERMISSION TO LIE!!

Panel 6: OH, WAIT... NO... I'M TALKING ABOUT AWARENESS OF...

Panel 7: OH, WAY TOO LATE, DADDY

Panel 8: WHAT ARE YOU WORKING ON?

Panel 9: A MARKETING STRATEGY FOR MY PERFECT PLAN

Panel 10: OH, MY... THAT'S SO COOL! THANK YOU!

Panel 11: YOU'RE WELCO..

Panel 12: IT HAS NOTHING TO DO WITH HORSES, LUCY

Panel 13: OH... SO THE BAR FOR PERFECTION HAS BEEN LOWERED, EH?

Panel 14: FORTUNATELY, YES

Zits®

Panel 1: A DOLLAR??

Panel 2: LEMONADE \$1.00

Panel 3: WHEN I WAS YOUR AGE, IT WAS FIFTY CENTS!

Panel 4: YOU JUST TOTALLY OLD-MANNED THAT KID.

Panel 5: AND YOU COULD RENT A MOVIE FOR \$2.99!

Panel 6: I JUST TOLD A KID THAT THINGS WERE DIFFERENT WHEN I WAS HIS AGE.

Panel 7: IT WAS WEIRD.

Panel 8: YOU'LL COME TO ENJOY IT.

Panel 9: I GUESS I SHOULD BUY SOME BLACK SOCKS AND SANDALS.

Sudoku

Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at universe.byu.edu/sudoku.

			9					
	4	3	6	1				
5	9	7	1	2	4			
3	5			9	1			
6								5
1	8			6	3			
2	1	6	4	7	8			
	7	9	5	3				
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1	5	6	4	9				
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		3	8					
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7	2	8	4	1	5			
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2	4	9	7					
	6							5
9	7		5					
3		4						1
		9	7	2				
7			3					5
			8					3
	2							8
		1	4	5	6			

The New York Times Crossword

Edited by Will Shortz No. 0701

- ACROSS**
- 1 Many flat screens
 - 6 "Red, white and blue" land, for short
 - 11 Zero, in soccer scores
 - 14 Quintet followed by "... and sometimes Y"
 - 15 Absolute minimum
 - 16 Rocks sent to a refinery
 - 17 Devil-may-care
 - 19 Piece of lawn
 - 20 Actor Guinness of "Star Wars"
 - 21 Fashion line?
 - 22 Summer romance, perhaps
 - 24 Town crier's cry
 - 28 Diamond great Ripken
 - 31 Gives a red card, in short
 - 32 Lerner's partner on Broadway
 - 33 Came (burrito filler)
 - 35 Broadband letters
 - 36 Touch
 - 39 Bar request ... or hint to the letters in the circles
 - 43 German auto sold mainly in Europe
 - 44 Reaction to a body blow
 - 45 Latches (onto)
 - 46 Élan
 - 48 Offering from Hertz or National
 - 50 Message-spewing program
 - 51 Rock drummer whose last name is the same as his band
 - 55 Gift recipient
- DOWN**
- 1 ___ funny (genuinely humorous)
 - 2 "You're on!"
 - 3 Goodyear product
 - 4 Give personal assurance (for)
 - 5 Total
 - 6 Belly aches?
 - 7 Run-down
 - 8 Crew blade
 - 9 The Seminoles of the A.C.C.
 - 10 Charge to get cash from a bank, say
 - 11 "Absolutely, positively not!"
 - 12 Humor with a twist
 - 13 Overhang
 - 18 Basketball's O'Neal, informally
 - 15 Eggs for fertilization
 - 17 Petri dish medium
 - 18 Hour after midnight
 - 19 Accessing, as a password-restricted website
 - 20 Race, as an engine
 - 21 Pick up the tab for
 - 22 Be of use
 - 23 Slice of time
 - 24 Dark wood
 - 25 Midler of "Beaches"
 - 26 Dutch cheese town
 - 27 Disney snow queen
 - 28 Wrestling maneuver
 - 29 G.I. garb, for short
 - 30 "Hurry!" on an order
 - 31 Body of water between France and Switzerland
 - 32 Of the highest quality
 - 33 ___ Jam records
 - 34 Falsetto-voiced Muppet
 - 35 For fear that
 - 36 Wee bit
 - 37 Lunchtime, often
 - 38 Fairy tale villain
 - 39 Gracefully thin
 - 40 Cause for a dental filling
 - 41 Computer science pioneer Turing
 - 42 Love to pieces
 - 43 Recluse
 - 44 Paul who played Crocodile Dundee
 - 45 Easily fooled
 - 46 Flying pest
 - 47 Going ___ (fighting)
 - 48 Part in a movie
 - 49 Space ball
 - 50 Nat ___ Wild (cable channel)
 - 51 Yammer

PUZZLE BY DAMON GULCZYNSKI

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The New York Times Crossword

Edited by Will Shortz No. 0702

- ACROSS**
- 1 Starting players
 - 6 Any classic vinyl record
 - 11 On the ___ (fleeing)
 - 14 Crown for Miss America
 - 15 Satellite signals
 - 16 ___ Jima
 - 17 Actor with the same initials as Michael Rezendes, his role in "Spotlight"
 - 19 Nuke
 - 20 Sloth, for example
 - 21 Have a go at
 - 22 Put in a tandoor
 - 23 ___ Mahal
 - 26 Citrus garnish in a mixed drink
 - 28 Used a rifle scope, say
 - 29 For fun
 - 31 See 49-Across
 - 33 Graphic representation of history
 - 35 Fake ID user, often
 - 36 Fruity drinks
 - 37 Image on the back of a dime
 - 39 Cell messenger
 - 41 Serpentine letter
 - 42 Strong string
 - 43 Floating mass in the North Atlantic
 - 45 Eye woe
 - 47 Regularness
 - 49 With 31-Across, actor with the same initials as Alfred Hitchcock, his role in "Hitchcock"
 - 52 Performer with a baton
 - 53 Construction girder
 - 54 Didn't do takeout at a restaurant
 - 56 Altar promise
 - 57 Like lumber
 - 58 Subj. involving telescopes or microscopes
 - 59 Army NCO
 - 61 Grassy field
 - 62 Actor with the same initials as Jake Blues, his role in "The Blues Brothers"
 - 67 Do the wrong thing
 - 68 Fall bloom
 - 69 Set of moral principles
 - 70 Former fast jet, in brief
 - 71 ___ nova (Brazilian music style)
 - 72 "So I was wrong"
- DOWN**
- 1 It's stuffed with dough
 - 2 Acapulco aunt
 - 3 Musical sense
 - 4 Temple cabinets
 - 5 ___ status (survey information)
 - 6 Not working
 - 7 Southpaw punches
 - 8 Lack
 - 9 How doodles are generally drawn
 - 10 What that is, in Tijuana
 - 11 Actress with the same initials as Linda Marolla, her role in "Arthur"
 - 12 Come to
 - 13 Relatives of scooters
 - 18 Oral only
 - 30 What "<" means
 - 32 Else
 - 34 "___ go brag!"
 - 38 \$100 bill, in slang
 - 40 Took a parabolic path
 - 44 Greek sandwich
 - 46 ___ Kippur
 - 48 Is sociable at a party
 - 49 A wide-body plane has two of them
 - 50 Cavs and Mavs, for example
 - 51 Billionaires' vessels
 - 55 Fork prongs
 - 58 Mediocre
 - 60 Ballerina's skirt
 - 62 Quick punch
 - 63 Bikini top
 - 64 That woman
 - 65 That man
 - 66 Rink surface

PUZZLE BY PETER GORDON

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Biden wrestles with his Obama problem

ASSOCIATED PRESS

WASHINGTON — Joe Biden came to the debate stage with stats and one-liners aimed at the feisty group of challengers. But the weapon he used the most was just two words: Barack Obama.

On health care, immigration and civil rights, Biden deflected blows from Democrats by invoking the policies and the popularity of the first black president. When it worked, Biden argued forcefully for saving and improving on Obama's signature policies on health care or climate change. At other times, Biden risked appearing trapped in a past many in his party have moved beyond.

"It looks like one of us has learned the lessons of the past, and one of us hasn't," Julián Castro, Obama's housing and urban development secretary, said to Biden in a memorable tussle over the Obama administration's deportation of immigrants. Biden declined to criticize Obama's immigration policies. Castro, tapping into many liberals' deep frustration on the issue, was eager. "What we need are politicians that actually have some guts on this issue."

Such is the burden and the blessing of Obama for Biden. The former vice president owes his title and his front-runner status to the former president. But it's far from clear that running as an unwavering Obama loyalist is enough to inherit Obama's winning coalition of voters.

The base of the party has moved left since he moved out of the White House. As popular as Obama remains with Democrats, many of the young people, women and progressives who lined up for him are more than ready to turn the page. Biden showed Wednesday, July 30, he's not going to do it for them.

That is the tension that drove both nights of debates in Detroit between all 20 Democrats vying



Associated Press

President Barack Obama listens as Vice President Joe Biden speaks before signing the 21st Century Cures Act, Tuesday, Dec. 13, 2016, in the South Court Auditorium in the Eisenhower Executive Office Building on the White House complex in Washington, D.C.

to take on President Donald Trump. On Tuesday, July 29, the fight was between purists — Sens. Elizabeth Warren and Bernie Sanders — and a cast of lesser-known pragmatists. Warren and Sanders both argued for big ideas and bold plans — "Medicare for All," free college — while others pushed for plans they claimed were better grounded in reality.

On Wednesday, it showed through as nearly every Democrat on stage targeted Biden, the most prominent pragmatist there, piling on the attacks on his record and suggesting he should step aside for new ideas.

California Sen. Kamala Harris hit Biden for his health plan that preserves "Obamacare" and builds on it, arguing it didn't

go far enough and would leave millions uninsured. Both Castro and New York Mayor Bill de Blasio pressed Biden on deportations. When Biden declined to discuss his counsel to Obama on the matter, New Jersey Sen. Cory Booker cried foul.

"Mr. Vice President, you can't have it both ways. You invoke President Obama more than anybody in this campaign. You can't do it when it's convenient and then dodge it when it's not," he said.

When de Blasio asked Biden about his role in police brutality and civil rights issues, a frustrated Biden referred back to Obama again.

"I find it fascinating everybody is talking about how terrible I am on these issues," Biden

said. "Barack Obama knew exactly who I was. He had 10 lawyers do a background check on everything about me on civil rights and civil liberties, and he chose me, and he said it was the best decision he made."

That argument has been working for Biden with at least one key slice of the Democratic coalition. Polls show he has strong support among black voters, well ahead of Harris and Booker, the two black candidates in the race.

In South Carolina, where some two-thirds of the Democratic primary electorate is black, Biden has the support of 51% of African American Democratic voters, according to a recent Monmouth University poll. Harris landed at 12%.

But there may be limits for Biden in relying on his association with Obama. It's not enough for some young voters, including the young black voters Biden needs to push to the polls if he wants to avoid the fate of Hillary Clinton, another Obama loyalist.

"For a certain set of people, older black voters, Obama is golden. That's all you need to hear," said Branden Snyder, the 32-year-old executive director of Detroit Action, a group that organizes people of color. Snyder noted Obama campaigned for Clinton in Detroit, but the city still saw turnout drop and Michigan go for Trump. For voters roughly 45 and younger, "we've seen this before."

"The promises that were made, by and large, weren't met,"

he said, citing immigration and the uneven economic recovery that followed the housing crash. "We want the understanding of what will be different, of what your plan is."

Harris and other Democrats have tried to lay their own claim to Obama's legacy. Harris attacked Biden on his career before Obama, claiming the former president would not have sided with Biden in his opposition to federally mandated busing to desegregate schools, or in his willingness to work with segregationist senators.

"Had those segregationists had their way, I would not be a member of the United States Senate," Harris said. "Cory Booker would not be a member of the United States Senate. And Barack Obama would not have been in the position to nominate (Biden) to the title he now holds."

Biden's campaign says they have no concerns about his close alignment with the former president. On Thursday, he expressed bewilderment at the beating Obama's legacy took.

"I hope the next debate we can talk about our answers to fix the things that Trump has broken, not how Barack Obama made all these mistakes," Biden said. "He didn't. He didn't."

Biden's resistance to the party's leftward drift may help him win traction with other key pieces of Obama's winning coalition — white working-class and union voters who tend to be moderate on immigration and economic issues.

That may help explain Biden's most notable split from Obama — a break on trade policy. The former vice president declared Wednesday he would not rejoin Obama's massive Trans-Pacific Partnership trade deal as it was negotiated. He also suggested he would reject and renegotiate Trump's new version of the North American Free Trade Agreement.

Upon hearing that, de Blasio showed clear surprise: "I consider that a victory," he said.

Nuke plants' rescue jolts conservatives, environmentalists

ASSOCIATED PRESS

TOLEDO, Ohio — A financial rescue for Ohio's nuclear plants and two coal-fired plants that will force the state's residents and businesses to fork over roughly \$1.5 billion is galvanizing environmentalists and some conservatives.

Advocacy groups and investors, incensed by what they call a bailout and how it will diminish the state's natural gas and green energy options, are looking at mounting a campaign to overturn it and targeting Republicans who backed it. Organizations representing the state's seniors and manufacturing plants are upset, too.

The upheaval comes as the Trump administration continues with its pledge to boost the nuclear and coal industries by easing regulations and guaranteeing loans for two new commercial reactors. But the fallout in Ohio shows how attempting to influence the market can be risky and alienate a wide swath of voters.

Five states, including New York, Illinois and New Jersey, within the past three years have approved nuclear bailouts totaling at least \$13 billion, funded by new charges on electricity customers. But Ohio is the first under Republican control to do so. Unlike the other states, its plan also cuts away at incentives for wind and solar projects.

That's why so many groups came away upset.

The plan signed into law last week by Republican Gov. Mike DeWine calls for giving the state's two nuclear plants \$150 million a year through 2026.

The money will come from monthly surcharges of 85 cents for residential customers and up to \$2,400 for major industrial plants. Another statewide fee will be added for the two coal plants.

Those behind it say it will save several thousand jobs and protect the nuclear plants that



Associated Press

The Davis-Besse Nuclear Power Station in Oak Harbor, Ohio, is benefiting from a plan signed into law in July that will give the state's two nuclear plants \$150 million a year through 2026.

account for nearly all of Ohio's clean energy.

"From an environmental point of view we need to keep them; from an economic point of view and a jobs point of view, we need to keep them," DeWine said this week.

Although a majority of the Republican-controlled Legislature backed the proposal, plenty of conservatives felt it went too far, picking winners and losers in the free market.

Republican state Sen. Joe Uecker, said that he was against the auto industry bailout in 2008 under President Barack Obama and that he's against this one, too. He noted that the state didn't come to the aid of two coal plants that closed in the area of southern Ohio he represents.

Handing the nuclear plants a bailout, he said, will cost the state future investments in wind and solar and hurt the coal plants that aren't part of the bailout.

Akron-based FirstEnergy Solutions, which is going through bankruptcy reorganization, spent millions on lobbying and campaign contributions while it was trying to persuade federal and state officials to give the nuclear plants a lifeline.

Its team of lobbyists includes

a well-connected GOP fundraiser who dined with Trump last year as the company sought a bailout worth billions of dollars. Although it's not clear how much influence that meeting carried, the president later directed his administration to take steps to help coal and nuclear plants struggling to keep up with cheaper energy sources, calling it a matter of national and economic security.

An analysis from the Energy and Policy Institute, a utility watchdog that promotes renewable energy, found FirstEnergy Solutions spent \$3.75 million since March 2018 on lobbying, public relations and advertising in Ohio and Pennsylvania, where it also was seeking subsidies for its nuclear plants.

Dark money groups — some with ties to FirstEnergy Corp. — poured money into state races and months later lawmakers introduced their proposal to prop up the plants and stop them from closing.

But whether the subsidies for the nuclear plants stay around might not be known until next year as opponents already are collecting signatures in hopes of overturning the legislation in a statewide referendum.

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