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Student humanitarian organization expands

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September 3 - 9, 2019

THE UNIVERSE

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Provo, Utah

Interning with NASA

By LAUREN LETHBRIDGE

NASA astronaut Sunita Williams has spent 321 days, 17 hours and 15 minutes in outer space. On April 12, Williams attended the 2019 Rover Challenge at the Marshall Space Flight Center in Huntsville, Alabama. Josh Ross, a BYU mechanical engineering student, was an intern at the center and a volunteer at the event. The two met and shook hands.

This was just one of the unique things Ross experienced as an intern at NASA's center in Huntsville.

After doing five straight semesters of school, Ross said he was starting to hit his limit. "It was starting to take all the joy out of engineering for me," he said.

Ross said he decided to look for something else to do for a semester break. He said he knew fewer people wanted to get internships during the fall and winter semesters. "The great way to get experience is to try and get it when no one else wants it," he said. So he applied to 15 NASA internships and got three interviews.

A day after his interview, NASA offered him an internship in Huntsville. "I knew I wanted to do something real, and it's just so cool to think I'm with NASA," Ross said.

When his internship was supposed to begin, and Ross had driven the 2,019 miles from Provo to Huntsville, he was met with a government shut down and couldn't work.

Ross said he decided to use his time as best he could. On Martin Luther King Jr. Day, he drove to Birmingham, Alabama.

"It was cool to be in the city where those things actually happened on a day where we celebrate a leader of the civil rights movement."

The government shutdown ended on January 28, 2019, and work resumed at NASA. "It was kind of chaos for a good two or three weeks," said Ross, who began working January 31 on the Mars Ascent Vehicle, a rocket that will



Josh Ross

BYU student Josh Ross completed an internship with NASA. Here, he stands in front of his 3D-printed CAD model of the Space Launch System.

be sent to Mars to return with soil and rock samples to study. A similarly-named vehicle is depicted in the 2015 movie, "The Martian" starring Matt Damon.

Ross specifically worked on structural analysis. He built models using the finite element method and used models to find the moments of inertia, centers of gravity and loads on the MAV during key mission phases, including Earth launch and Mars entry, descent and landing. The results of Ross' analysis were used to determine key characteristics of the vehicle and make adjustments to it.

When Ross' work on the MAV seemed to be coming to an end, his mentor tasked him with making a CAD model of the Space Launch System. The model Ross made is 3D-printed on

a 1:100 scale, connected magnetically and stands about three-and-a-half feet tall.

While living in Alabama, Ross did not only spend his time crunching numbers and building computer models of rockets, he also sang.

"I try and look for music in everything that I do. Even if I'm doing NASA stuff, music is still a priority."

Ross received vocal lessons and sang in three separate choirs, two of which were associated with local stakes in Madison and Huntsville, and the local university, University of Alabama Huntsville. While participating in these choirs, Ross was accompanied by a military band and also performed a solo recital.

Ross' time at NASA covered some landmark events like the historic

March 26 meeting of the National Space Council where Mike Pence announced NASA's new program Artemis, which will eventually launch humans to the moon.

"With the Apollo mission, it was kind of a one-and-done thing. We went to the moon to prove that we could, and then we didn't have any reason to go back. But Artemis is about going back to the moon to stay," Ross said.

Artemis-1 will be the first flight of the SLS, the same rocket Ross created a 3D-model for and is set to launch in late 2020.

"Having now worked in the industry for a little bit and gotten a taste of what engineers do, I now know without a doubt that I want to be a mechanical engineer," Ross said. "I belong among engineers."

A student's guide to internships

By KARINA ANDREW

Second in a series

Editor's note: The Daily Universe is examining details of internships since BYU emphasizes and encourages experiential learning through opportunities such as internships.

Finding an internship can be an overwhelming process for college students. Over 100 BYU majors require internships to graduate, meaning thousands of students have to navigate the logistics and legalities every year.

Each BYU department provides an internship coordinator to help students understand the unique requirements for their programs, but there are some logistical items that all prospective interns must manage.

Finding an internship

International internship coordinator Malcolm Botto said the first step for the prospective intern is to talk to their academic advisor or department internship coordinator. The coordinator will have resources for finding internships in the appropriate field and will likely already be aware of many opportunities.

Many departments sponsor domestic and international internship programs. For these programs, the prospective intern need only fill out an application, which can be accessed on the Kennedy Center website.

If none of the available programs fit the student's needs or interests, the student may find their own internship through a research process similar to a job search. Internship coordinators and local experience providers can help students find internships in their field.

Registering for credit

If the student needs their internship to count toward their major, the internship must last for the length of a term or semester, and the student must receive credit. Botto said that the student will work with the internship coordinator to register for credit which "validates (the) academic rigor" of the internship they have chosen.

Once the student has accepted an internship, they must fill out an Internship Registration and Management System application and get their internship approved by their department and the Academic Internship Office. Once the application is approved, the student can register for credit.

Funding

Whether they intern through a BYU program or an internship they have found themselves, most interns will need to manage and fund their own travel and housing. Other expenses include tuition, application fees and personal expenses. For interns going abroad, tuition includes the cost of international health insurance. Scholarships often apply to tuition costs during the internship semester.

Botto encouraged students to ask their departments for funding. BYU delegates a lot of funding available to experiential learning, especially for international experiences. Students just need to ask for it, he said.

To qualify for experiential learning funding, the student needs to register their internship as an individual experience through the Kennedy Center website. If their internship meets the criteria, they may be approved for funding through their department.

Preparation

Botto recommended students prepare for their internship by taking relevant courses and participating in related community events in the semesters leading up to the internship and familiarizing themselves with the local language if they are interning abroad.

"Research as much as you can, be flexible, and (have) a positive outlook on things," Botto said. "Our motto is 'expand your world.' I think these experiences really help do that, but it really depends on the student's initiative and desire."

Navigating Provo without a car

By JOSEPH CARSON

Do you really need a car in Provo? Maybe you don't have a car, or maybe you do and can't decide if you should bring it back to Provo in the fall. Gas is expensive. Repairs are expensive. Parking passes are expensive. Finding parking in Provo is one of the nine rings in Dante's Inferno. Plus, you care about the environment, right?

It's becoming easier and easier to get around Provo without a car, and BYU students especially have so many options beyond just bumming rides off of friends. Here are four car-alternatives that are better for your health, your wallet and the environment:

Walking

It appears that 93% of all single student housing in the BYU Housing Guide is within one mile, or about a 20 minute walk, of the Harold B. Lee Library on campus. That is the time it takes to listen to "The Git Up" by Blanco Brown about six times. Or, I guess, the length of one General Conference talk.

Cycling

This is perhaps the most fun option on this list and my personal favorite. Biking around Provo is super convenient. There are bike racks everywhere, and there are all sorts of resources for cyclists around town. To top it all off, it's also great exercise. No one ever got toned thighs from driving a car. Here are some places to check out if you want to get into cycling.

- Deseret Industries (1415 N. State St.).



Addie Blacker

BYU ID cards can be used to swipe on and off all UTA buses and trains.

Here you can get used bikes ranging in price from \$25 to \$75. Who knows what you might find? These second-hand bikes might require some TLC, which brings me to my next point:

- **The Provo Bicycle Collective** (397 E. 200 North). For the cost of \$10 an hour, you can bring your janky old bike in and repair it yourself, which for me means asking the staff every thirty seconds if I'm doing it right. You can also purchase refurbished old bikes here for \$100 to \$350, and it's a great place to volunteer!
- **KSL Classifieds** is a great place to search too. I found bikes ranging in price from \$20 to more than \$4000, so use discretion.
- **BYU Bike Sharing** is a great option too.

For fall and winter, the price per semester is \$45, which includes a bicycle, lock and free maintenance. Pick ups and returns are done at BYU Outdoors Unlimited, everything else is taken care of on the website.

One thing about helmets: seriously, wear one. You won't need one until you do. The data varies, but some sources show that 83% of people killed in bike accidents weren't wearing helmets. They can't protect against everything, but could save your life.

E-scooters and bike sharing

"Spin" electric scooters from company Zagster (similar to the Lime and Bird scooters in Salt Lake City) are now available around Provo. Shared bicycles are coming in a few months too.

According to Austin Taylor, Provo parking and sustainability coordinator, Zagster rolled out a couple hundred of the scooters on launch day and will scale up to 500 over the next couple months. The scooters cost \$1 to start and 15 cents per minute of riding.

Public transportation

Utah has a nice public transportation

system. UTA is efficient, cheap and clean. The full range of UTA service includes the bus system, TRAX rail line, FrontRunner train and even some light rail streetcars and a ski bus system. You can get almost anywhere along the Wasatch front, from Ogden to Santaquin, for very little money. And with your BYU student ID, it's completely free.

The easiest way to find public transportation routes is by using Google Maps. After putting in your destination, click the 'transit' tab that looks like a little train and you should be able to narrow your search by when you want to depart or arrive. You can even specify what types of public transit you prefer.

You can find all the bus and train schedules and specific regional maps here. This map specifically covers Utah County, including the areas around BYU and UVU.

Using the bus and trains is as simple as tapping your student ID on the panels located on buses or at train stations. You should hear a beep. Remember, tap on, tap off.

Some places where UTA can take you include the Provo Airport, Provo Towne Centre, The Shops At Riverwoods, both temples, Costco and even buses up to the ski resorts in the winter. Using the FrontRunner train, you can get to downtown Salt Lake, the Salt Lake City International Airport, Lagoon and more.

Whether or not you're totally ready to ditch your car, alternative methods of transportation can be inexpensive, healthy and even a little fun.

UNIVERSE news briefs

FROM THE ASSOCIATED PRESS



Utah County has first female chief investigator

The first woman to hold the position of chief investigator at the Utah County Attorney's Office is hoping to be a mentor to other women working in law enforcement after she worked her way from a corrections officer to deputy to her new post over nearly three decades, the Daily Herald reported.

Patty Johnston was selected by Utah County Attorney David Leavitt after she served in law enforcement for 26 years and was an investigator with the division for almost 15 years.



Dozens feared dead in California dive-boat fire

As many as 33 people are feared dead, according to the Coast Guard, after a dive boat caught fire before dawn Sept. 2 off the Southern California coast.

Five people were rescued and Lt. Cmdr. Matthew Kroll told The Associated Press the Coast Guard was searching for others who may have been able to escape the fire by jumping from the boat. The fire broke out aboard the dive boat Conception on the final day of a Labor Day weekend cruise to the Channel Islands.



Saudi-led airstrikes kill over 100

Yemeni medics said on Sept. 2 they pulled dozens of bodies from the rubble of a Houthis rebel-run detention center that was hit a day earlier by Saudi-led coalition airstrikes, killing over 100 people and wounding dozens.

It was the deadliest such attack so far this year in a stalemated four-year war that's claimed tens of thousands of lives, thrust millions to the brink of famine and spawned the world's worst humanitarian crisis.

By the afternoon, 86 bodies had been pulled.



Global leaders cooperate on 5G technology

The U.S. and Poland signed an agreement on Sept. 2 to cooperate on new 5G technology amid growing concerns about Chinese telecommunications giant Huawei.

Vice President Mike Pence and Polish Prime Minister Mateusz Morawiecki signed the deal in Warsaw, where Pence is filling in for President Donald Trump. The signing comes amid a global battle between the U.S. and Huawei, the world's biggest maker of network infrastructure equipment, over network security.



Hong Kong boycotts first day of school

Clad in gas masks along with their formal white school uniforms, students in Hong Kong boycotted the first day of classes Monday as part of a citywide strike following a violent weekend of demonstrations. High school students added gas masks, goggles and hard hats to their traditional uniforms, while university pupils crowded into a square at the Chinese University of Hong Kong. Workers also participated in their own rally at a public park, braving strong winds and storm clouds as a typhoon threatened.

Organization offers trips despite voluntourism debate

By EMMA BENSON

Josh Brazier originally started the Kaiizen Foundation as a T-shirt company in Southern California, where he was born and raised. "I thought it would be like a surf, outdoorsy company that would donate to causes," he said.

But his perspective changed entirely when, while he was attending BYU in 2004, the Indian Ocean tsunami hit. It was one of the deadliest natural disasters in history. Brazier and his friends, including BYU alum Josh Budinger, decided to organize benefit concerts to aid those in need, turning Kaiizen from a for-profit company into a nonprofit. They started collecting donations and planned a trip down to the El Sauzal Orphanage in Baja, Mexico, in February 2005. Brazier said they fell in love with the kids.

After returning from that exploratory trip, they decided to plan an actual humanitarian

trip to Mexico, and 65 people volunteered. "After that, it just took off," Brazier said. "We started taking 60 people, then 90 people, and our biggest trip was about 171 people spread out over five orphanages. And then we started expanding to different countries."

The Kaiizen Foundation offers opportunities for volunteers to participate in projects abroad, including Mexico, India, Eswatini (formally known as Swaziland), and Peru. These trips occur mostly during the summer but also throughout other parts of the year. Since Brazier's first trip, Kaiizen has led over 100 trips and thousands of volunteers around the world.

As the executive director, Brazier coordinates all the projects — as a volunteer. He still has a full time job. "Everything we do is for the kids," Brazier said. "We're an all-volunteer project. So after all these years, we're able to use our money and our resources for the betterment of the kids. It kind of keeps us grounded in a very simple way."

The word "Kaiizen" comes from a Japanese word meaning "constant improvement." Brazier said he gave the foundation the name because he realized he couldn't solve all the world's problems in one swoop. So the organization took on the aim to do better — little by little. "We have a dual mission in the sense that, yes, we help out vulnerable and orphaned children all around the world," Brazier said.

"One of our main priorities is to have our volunteers who come on our trips have their eyes opened and better themselves and better their communities when they get home."

Despite the good that Kaiizen and similar groups do, there is still an ongoing debate on the effectiveness of volunteering abroad. Some argue that voluntourism — a brand of volunteering involving international travel — does more harm than good, and volunteers should focus on serving their own community rather than traveling to serve in foreign communities for only a week or two.

Brazier said he's aware of the criticisms, but still feels it's extremely important for volunteers to get outside of the United States and see what life is like for other people and connect with them.

He said rather than coming in with his own ideas, every humanitarian trip is guided and planned by the community they serve. "I set up trips that let the community teach us about what they do best, their best practices, and what they need, and we come and assist," he said. "We always hire people on the ground to help us — we don't take away jobs from people."

Some of Kaiizen's recent projects include building a school and community center and



Kaiizen Foundation

Volunteer Paige Stodtmeister plays with a boy at an orphanage in Baja, Mexico, where the Kaiizen Foundation frequently organizes volunteer trips.

refurbishing about 100 desks in Eswatini and constructing a fish farm in India to help community members become more self-reliant.

Brazier said they also support the Moyer Center in Eswatini, which aids hundreds of orphans and vulnerable children. They also helped start Eswatini's first male mentoring project, which is now nationwide in Eswatini and is expanding to other countries. Brazier said they have ongoing relationships with people in the places they go because of their consistency in serving those same places. "We're not in it just to take the Instagram

photo or the Snapchat or Facebook post. We're in it for the long run," he said.

BYU student Daniel Stodtmeister has been involved with Kaiizen since he was 15 years old. He is the program director for the Mexico trips, which Brazier explained was the introductory trip for volunteers to learn about service work in hopes of helping volunteers become more involved. "I genuinely feel like it's a family," Stodtmeister said. "And that's what we try to portray to (the kids), that we're not just coming to visit them and play with them and have fun in a (developing country)

and then leave, but we always let them know that we're coming back."

Brazier always tells volunteers they have 36 hours after a trip to make the experience into something lasting by helping others and keeping the momentum going. He said over 4,000 volunteers have gone around the world with Kaiizen in the last 15 years and they have had their eyes opened. These people can think about life differently and make an impact on their communities or in their families, he said.

See TRIPS on Page 4

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September 3-9, 2019 • Volume 73, Issue 1 • universe.byu.edu
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The Universe is published weekly except during vacation periods.

The opinions expressed do not necessarily reflect the views of the student body, faculty, university administration, Board of Trustees or The Church of Jesus Christ of Latter-day Saints.

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Mexico's new drug war may be worse than old one

ASSOCIATED PRESS

COATZACOALCOS, Mexico — Mexico's drug war appears to be back — and it may be worse this time around than in the bloody years of the government's 2006-2012 offensive against drug cartels.

Back then, the worst of the violence was confined to a few cities. Now it is spread out throughout the country. Once it was not uncommon for gangs to kill adults but leave children unharmed. Now, the killing of children alongside their parents has become all too frequent.

Perhaps the most disconcerting change: Bloody cartel violence outraged Mexicans and captured international attention for the drug war, which saw 27,000 homicides during its peak in 2011. Today, even though the number of Mexico's homicides soared to near 35,000 last year, the bloodshed seems to draw less attention and indignation.

It has all left many Mexicans wondering which way to turn.

That was evident this week in Coatzacoalcos, an oil industry city in the Gulf coast state of Veracruz where residents say gangs have been fighting over turf and extorting business owners with threats of violence. Late Tuesday, suspected members of the Jalisco cartel showed up at the Caballo Blanco nightclub, blocked its exits and set a fire that killed 28 people trapped inside, apparently because the owner had either refused to make extortion payments or sold drugs from another gang.

Vanessa Galindo Blas lost her common-law husband, Erick Hernández Enriquez, to the blaze. Both were natives of Coatzacoalcos, but had been discussing moving away.

"We had talked about leaving here for somewhere safer, so our kids could have a better future," Galindo Blas said Thursday as she stretched her hands out over Erick's bare metal coffin. On it rested a photo of him wearing an "I Love Coatzacoalcos" T-shirt.

But they could never agree on a place to move, in part because violence is now a problem across much of Mexico, so no place is really safe.

From 2006 to 2012, much of the drug war killing occurred in a string of northern Mexico cities — Ciudad Juarez, Tijuana, Culiacan, Reynosa and Nuevo Laredo. "Now it is more dispersed, and that also makes it harder to control," said Alejandro Hope, a



Associated Press

National Guard soldiers block access to a road as they stand guard outside the local headquarters of the federal attorney general's office, in Coatzacoalcos, Veracruz state, Mexico, on Friday, Aug. 30, 2019.

security analyst in Mexico.

But counting down all the similarities — deadly arson attacks, bodies left piled in heaps or hung from overpasses, massacres at parties, beheading videos posted on social media — the parallels between now and then are all too clear. "It's like deja vu all over again," said Hope.

Another disturbing trend is that young children are being gunned down by killers targeting adults. The Sinaloa and Juarez cartels once prided themselves on their targeted killings, which riddled intended targets with bullets while leaving family members untouched.

Now, children are being killed with chilling frequency. In June, a young boy was killed along with his father in Sonora state. In July, a 10-year-old was killed during a robbery in Puebla state. In August, gunmen burst into a home in Ciudad Juarez and fired 123 bullets that killed three girls, aged 14, 13 and 4, along with an adult male who apparently was the real target.

Two years ago, Coatzacoalcos made headlines across Mexico when a man, his wife and three young children were gunned down by a drug cartel. In contrast, the shooting of the three Ciudad Juarez girls drew less attention.

"It seems like we are becoming accustomed to this, to people killing children. I don't want to become accustomed to that," said Lenit Enriquez Orozco, an activist in Coatzacoalcos.

Her brother, Jonith Enriquez Orozco, has been missing since he was abducted on Sept. 25, 2015. There has been no trace of him since, even though her group, the Mothers' Collective of Searchers, has hunted for traces in clandestine burial grounds across

Veracruz.

Hope notes Mexico has a lamentable record in investigating and prosecuting killings — over 90 percent of crime go unpunished.

"The risk involved in killing a man, or killing his whole family, is the same," the analyst said. Under that logic, wiping out an entire family "has its advantages.

It is more intimidating, it is easier to carry out, and it makes escaping easier."

The relentless violence has numbed many people.

In 2010, gunmen burst into a party of high school students in Ciudad Juarez's Villas de Salvarcar neighborhood, killing 15 in what appeared to have been a case of mistaken identity.

The bloodbath provoked large, angry street protests and a visit by an apologetic President Felipe Calderón.

This year, in April, gunmen burst into a party in Minatitlan, near Coatzacoalcos, and killed 14 people. Days later, a few dozen people held a subdued peace march.

Hope attributes the muted response to new President Andrés Manuel López Obrador's high approval ratings, topping 70% in some polls nine months into his term. Such ratings "tend to intimidate expressions of indignation," Hope said.

Many Mexicans also are willing to give López Obrador the benefit of the doubt as even the president acknowledges that violent crime is the most serious challenge he faces.

To the extent possible, López Obrador has avoided violent confrontations with gangs that were often blamed for spawning violence during Calderón's 2006-2012 administration. López Obrador has even personally congratulated troops who allowed themselves to be abducted and disarmed by vigilante groups

that are often linked to cartels.

He insists his go-slow policies of reducing youth unemployment will eventually solve the root causes of the problem better than declaring another frontal offensive against drug cartels.

Carlos Ángel Ortiz is one of those who doesn't fault López Obrador.

"It is like the president says, 'Only the people can save the people,'" Ortiz said as he made plans to bury his niece, Xóchitl Irineo Gomez, a dancer at the nightclub who died of smoke inhalation, leaving behind a son and a daughter ages 7 and 3.

The poor provide López Obrador's base, and it is that group who suffers the most from crime. Irineo Gomez was the sole support of not only her children, but her elderly parents. Erick Hernández Enriquez left little behind for his family aside from a modest, three-room cinder-block house.

"There are a lot of empty houses in Coatzacoalcos, a lot of people have left," said Maria Fabiola Davila, a civic activist. "Those who can afford it move to another country."

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BRAVO! Patti Lupone

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Join two-time Tony Award winner and Broadway legend Patti Lupone for a very special evening of music and conversation. In *Don't Monkey with Broadway*, she explores her lifelong love affair with Broadway and her concern for what the Great White Way is becoming today.



Sat., Sept. 7, 7:30 p.m.
de Jong Concert Hall



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This treasured season opener features performances by BYU Ballroom Dance Company, Contemporary Dance Theatre, International Folk Dance Ensemble, Living Legends, and Theatre Ballet.

Thurs.-Sat., Sept. 19-21, 7:30 p.m.
Sat., Sept. 21, 11:00 a.m. & 2:00 p.m.
de Jong Concert Hall



Student Work:

Dr. Faustus

Thurs.-Sat., Sept. 19-21, 7:30 p.m.
Sat., Sept. 21, 2:00 p.m.
Nelke Theatre



Greek Theatre:

Prometheus Bound

Mon., Sept. 23, 5:00 p.m.
de Jong Concert Hall



BYU Instrumental Showcase

Fri., Sept. 27, 7:30 p.m.
de Jong Concert Hall

BRAVO! No Tenors Allowed:
Thomas Hampson & Luca Pisaroni
Tues., Oct. 1, 7:30 p.m.
de Jong Concert Hall

Jazz Showcase
Wed., Oct. 2, 7:30 p.m.
de Jong Concert Hall

Choir Showcase
Thurs., Oct. 3, 7:30 p.m.
de Jong Concert Hall

All events are ticketed.

BYU arts



Ryann Woods

BYU student Ryann Woods paints a mural with other volunteers at an orphanage in Baja, Mexico.

TRIPS

Humanitarian group navigates voluntourism

Continued from Page 2

That momentum has evidently made a difference. Brazier noted that many projects have been started by former volunteers, both in their own communities and abroad. BYU student Ashlyn Bacon said her experience with Kaiizen in Mexico helped her realize the little things count.

You just really get to bond with the kids," she said. "And you actually build

relationships but also feel like you're doing more for them."

After Bacon's first trip with Kaiizen, she wanted to get more involved — so she applied to be an intern. Interns meet monthly to plan the trips and recruit volunteers.

Interns for the Mexico trips also lead the projects, like doing art with the kids, building a wall around the orphanage to keep it up to code, painting murals, and so on. BYU graphic design student Ryann Woods has been on several Mexico trips with Kaiizen and helps paint murals on the orphanage walls. Woods said she enjoys artistry that can bring hope to the children.

I really do think it makes a difference to have beautiful things in their space and

just have something to dream about and look towards and impact them," she said. Kaiizen tries to support the local businesses where they serve by buying supplies like paint and tools from the shops and eating from local vendors.

Bacon said she thinks college students may be hesitant to get involved with organizations like Kaiizen because of the seemingly tedious process to sign up. But once people realize the simplicity of getting involved, she said, it becomes more realistic. She stressed it's not necessary to know the language before going.

"We just want people to get involved, and we have plenty of projects and ways for people to get involved," said Brazier.



Jordan Ellsworth

Jordan Ellsworth shows a VR app he made using a program called Unity. He believes VR uses will explode over the next few years.

Grad student uses mixed reality to improve education

By KIMBERLY PETERSEN

BYU graduate student Jordan Ellsworth said he believes mixed reality, or the merging of real and virtual worlds, should be more prevalent in education. "It's important to understand things in a three-dimensional way," he said.

Ellsworth graduated in mechanical engineering and his master's thesis is focused on using mixed reality in engineering education. Ellsworth said engineering education seems like the best place to apply virtual reality and augmented reality to help students both see and feel how things are interacting.

Virtual reality is a computer-generated simulation of a three-dimensional image or environment that can be interacted with using special equipment.

"For instance," Ellsworth said, "I can't perform a medical procedure on somebody without serious consequences if I do it wrong, but if I'm doing it in virtual reality or augmented reality and I make a mistake, I can get feedback, and I'm not harming anyone." He also said virtual reality can help when testing the structural integrity of a building.

Ellsworth said there's no computer program that can replicate the virtual reality experience. Ellsworth explained that virtual reality simulations allow students to stand next to a structure they've built, walk around it, and become more invested in solving any structural issues it may have. "It's valuable to bring work and science and engineering into the real world," he said.

Ellsworth is working on creating an immersive 3D experience for his master's project that will teach an engineering principle that is hard to visualize, such as stress, moments or other forces on objects. "I want to hopefully inspire people to look to this technology as an educational tool in the future," Ellsworth said.

While education is the goal, Ellsworth acknowledged that



Jordan Ellsworth

Jordan Ellsworth wears an Oculus VR headset to simulate being in a garage with a model of a car.

virtual reality gaming could be a helpful way to teach students. He said people may not be too interested in an educational simulation, but if that simulation is turned into a game, more people want to try it.

"Gaming brings people together in a powerful way," he said. "VR gaming is especially unique because not only are you going on adventures and doing things that you wouldn't do in the normal world, but you get to experience a different place." He explained that the technology for virtual reality gaming is getting better and the equipment is becoming more affordable.

"I think in the next few years virtual reality is going to explode," he said. "And I think it's going to be a great technology, and people are going to find applications that no one's really imagined for it."

Hunter Goodall, owner of Provo's Virtual Experience, agrees. "Virtual reality gaming can have so many educational benefits," he said. "I've started looking into educational and healthcare simulators like surgery simulators that we can start adding to our store so that people can learn about it."

Goodall also said his store recently added a space game that allows players to be an astronaut.

One of the objects of the game is to climb out of a shuttle in space and fix a satellite. "There's some really cool things that you can learn from virtual reality, and I'm excited to start exploring those aspects and incorporating some of those things in my store," Goodall said.

Goodall purchased Virtual Experience earlier this year with the intention to keep the experience of virtual reality gaming fun, family-friendly and now, educational. Goodall said that when guests come into the store and try out virtual reality for the first time, they are blown away by their experience.

"My mother-in-law came in and we put her on one of our games," he said. "And before she tried it, she watched others play and said, 'Oh whatever, this is just another video game.' So I told her to put on the headset, and she put it on and was shocked. It's incredible how powerful the brain is to turn that virtual world into reality. It's just wild."

The world of mixed reality is growing as the technology keeps improving, and people like Ellsworth and Goodall believe people will begin to see more opportunities to learn and experience the world through a virtual reality headset.

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Balancing classes with a part-time job

By JENNA ALTON

The price of tuition, textbooks, rent and groceries adds up fast, leading some students to consider on-campus or other part-time employment during their college careers. According to BYU Student Employment Office manager Jenifer Jarvis, about half of BYU students have a campus job and many have more than one.

Although part-time work may be necessary, it can be a balancing act to manage the demands of both work and school.

Research is mixed on whether part-time employment affects a student's academic performance. A 2012 study published in the *Journal of Further and Higher Education* found a negative relationship between hours worked and GPA, but a 2013 study done in Slovenia found "modest employment activity" doesn't harm students' academic performance.

Jarvis said she's seen that part-time work can actually benefit a student's academic performance as it helps students schedule their time wisely and practice self-discipline.

She, along with some BYU student employees, offered their tips for students who want to work and study at the same time.

Prioritize school

Although jobs can be beneficial, students ultimately come to BYU to learn, not work. If your job is negatively affecting your education, it may be time to reevaluate your job or how many hours you work.

Chase Jackman is a neuroscience major who has worked at the BYU School of Education's TEC Lab for two years. He said he sometimes has to spend his weekends studying or doing schoolwork to make sure he can balance his responsibilities.

"You just have to make sure that you get all your schoolwork done," Jackman said. "It may mean that ... you have to not go



Nicole Peterson

The campus Student Employment Office offers help to students seeking on-campus employment.

hang out with friends Friday, Saturday nights and do stuff. You have to get with a study group or even just come on campus and study yourself."

Putting school first may mean you miss out on social opportunities, extra sleep or leisure time, especially if you're also balancing a job.

Understand and honor your capabilities

Jarvis emphasized that students need to learn and understand their capabilities to know what they can individually handle when it comes to work and school. Many times, she said, students can handle more than they think they can.

"I think it's a good idea to test the waters on what you like or could handle for the next little while and kind of (your) capabilities. Like, 'OK, I'm capable of this. And maybe I don't want to do quite all of that,'" Jarvis said.

While some campus jobs offer up to 20 hours a week, Jarvis said others only require a few hours a week. She added that campus employers understand that students' first priority is school and are willing to work with students to strike a good balance.

Junior Katherine McCafferty

works at the Chick-fil-A on campus. She suggested that students decide how many hours to work each week by analyzing the free time they have leftover after classes and schoolwork.

How many hours you can comfortably work depends on yourself, your study habits, your classes and the nature of your job. Jackman recommended finding a job that isn't overly time-consuming.

"Don't overstretch yourself," Jackman said. "Yes, you might have to cut some stuff out even if you do find a job, but you still can overstretch yourself if you work too much."

Get an on-campus job

Jarvis said on-campus jobs can be more convenient and flexible than off-campus jobs, making it easier for students to schedule work into their busy days.

According to Jarvis, the environment in on-campus jobs is generally positive and promotes social interaction with other students and supervisors. She added that on-campus jobs can help enrich a student's academic experience and resume even if the job isn't directly related to a student's course of study.

"You learn different programs, you just learn to be a part of a team, you learn to do projects, you learn what a job is about," Jarvis said. "You learn, 'Do I like sitting in an office? Do I like working on the grounds? Do I like a more active position? What works for me?' It gives you time to try out things."

Jarvis added that work supervisors can serve as student mentors to guide students, act as references on resumes and provide letters of recommendation.

Ben Gordon, who currently works at the BYU Store, has worked several on-campus jobs throughout his time at BYU. He said the biggest draw to working on campus is the convenient location.

"The job is right next to your classes, so you can quickly go in between the two," Gordon said.

Practice self-discipline and manage your time wisely

Jarvis said part-time work can help a student's transition into adulthood by teaching them self-discipline and how to manage time wisely. A job can help students get out of bed in the morning, she said, or waste less time because they know they have responsibilities to fulfill.

"It just kind of sets the tone for the rest of your day and the things you have to do during the week," Jarvis said. "It gives you structure."

If you want to do well in school while also working, it's necessary to stay up to date with assignments and avoid putting off larger projects or readings until the last minute. Consistently spending time on your schoolwork is key.

Gordon said that, in his experience, balancing work and school requires a lot of planning.

"If you're going to work and go to school at the same time, you just have to make sure that you have time for everything else, and you have to set that time aside because it will eat up quite a bit of your time to do both," Gordon said.

Electric bikes will soon hum along national park trails

ASSOCIATED PRESS

WASHINGTON — Motorized electric bicycles may soon be humming along serene trails in national parks and other public lands nationwide. It's part of a new Trump administration order — hotly opposed by many outdoors groups — that will allow e-bikes on every federal trail where a regular bike can go.

Sales of the bikes, powered by both pedals and battery-driven small motors, are booming, and some aging or less fit people have sought the rule change. It will allow them to whirr up and down biking trails in the country's roughly 400 national parks and other federally managed backcountry areas.

Interior Secretary David Bernhardt signed the order without fanfare Thursday, classifying e-bikes as non-motorized bikes.

The e-bikes "make bicycle travel easier and more efficient, and they provide an option for people who want to ride a bicycle but might not otherwise do so because of physical fitness, age, disability or convenience," National Park Service Deputy Director P. Daniel Smith said in a statement Friday.

Welcoming the change in Bar Harbor, Maine, on Friday, Gordon Goodwin, 69, said he and his wife look forward to riding the 57 miles (92 kilometers) of carriage paths that meander throughout Acadia National Park.

But more than 50 hiking, horse-riding and other outdoor and conservation associations, including the Appalachian Trail Conservancy and Pacific Crest Trail Association, objected in a July letter to the Interior Department. They say the administration is fundamentally changing the nature of national parks with little or no public notice or study.

E-bikes are the fastest-growing segment of the bicycle

industry, with U.S. sales jumping 72% to \$144 million last year, according to the NPD Group, which tracks bike sales. The motorized bikes are popular with commuters and aging baby boomers who might not otherwise get out on a bicycle.

The bikes, which can cost \$2,000 or more, combine the frame of a regular bike with lightweight batteries and electric motors.

Interior's order allows motorized bikes that can go up to 28 mph to be classified as regular bikes. The Interior statement said riders must use the motor only to boost their pedaling on the trails, and not zip along on motor power alone.

The National Park Service said in a statement that public comment would be sought as it works to develop a revised rule on bicycle use.

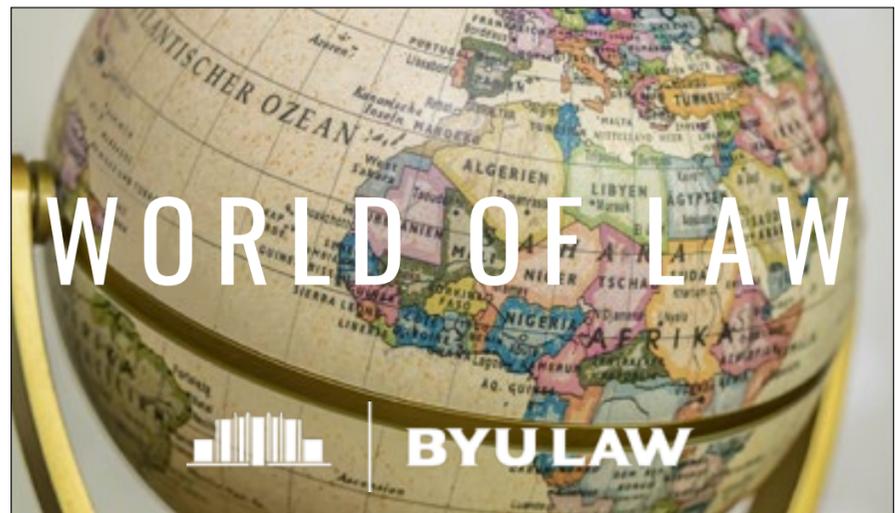
Ashley Korenblat, an advocate for preserving public lands and CEO of Western Spirit Cycling in Moab, Utah, saw several upsides.

E-bikes could lead to fewer cars at congested national parks, she said. The bikes are quiet, not much faster than regular bikes and allow people who otherwise couldn't physically ride to go cycling.

Adam Gariepy, manager of the Bar Harbor Bicycle Shop, said Friday he's "tentatively happy" about the new rules. But he has reservations because some e-bikes like his can reach around 28 mph, he said. That speed could be dangerous on trails that have a mix of bicycle riders, horses and carriages, hikers, families and pets.

"It's a two-edged sword. It'll be great for older folks who are afraid of the hills and want to continue riding. But there should be some speed limit with them," he said.

Park Service Deputy Director Smith said the parks "should be responsive to visitors' interest in using this new technology wherever it is safe and appropriate to do."



September 11, 2019

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Here's what you should know

In Provo

By LAUREN LETHBRIDGE

Electric scooters arrived, a fire blazed, some construction began and other construction continued in Provo this summer.

Provo partnered with the company Zagster and released 200 Spin scooters and 100 bikes into the city on Aug. 9. The scooters, which cost \$1 to activate and 15 cents per minute, stop working on Provo and Provo City Center Temple grounds and on the BYU campus. Three hundred more scooters will be added in the coming months.

On July 29, more than 100 firefighters worked to put out a blaze named the Alaska Fire.

The human-caused fire burned over 489 acres in southeast Provo near Oregon and Alaska avenues. It quickly burned uphill and did not result in any evacuations.

Provo City closed 500 West and parts of Center Street to install a new storm drain and pave the road in concrete. The previous storm drains were decades old and in need of replacement, according to Utah Department of Transportation communications manager Geoff Dupaix. Some roads reopened mid-August, but construction remains on Bulldog Blvd. and 5th West and will have various completion dates through 2020 to improve sidewalks, driveways and landscaping, replace water lines and add bike lanes and raised medians.

With the Honor Code

By RACHEL KEELER

The BYU Honor Code Office made changes to its procedures following a student-led demonstration conducted on campus on April 12.

Honor Code Office director Kevin Utt released a statement on May 14 announcing the first of many changes made to Honor Code Office procedures. It stated students will be notified immediately regarding why they have been asked to come to the Honor Code Office.

Many groups pressing for reform said it was not enough. Two months later, the BYU Honor Code Office updated its website with new procedures and student resources.

There is now a statement of good faith, which will presume the student to not be in violation of an Honor Code policy unless the student accepts responsibility or the investigation determines a violation did occur.



Sam Bigelow

From left: Jonny Tollestrup, Abigail Mather and Lindsay Leavitt protest Honor Code Office procedures at a Restore Honor demonstration outside the J. Reuben Clark Law Building on April 12.

Students are now able to bring someone such as a friend, faculty member or staff member

to accompany them to an Honor Code Office meeting.

Students will also have the option to appeal any Honor Code action if the student feels it was not supported by facts, the action was too harsh, the Honor Code Office was biased or new information became available that may change the findings.

Honor Code Office employees will now be called administrators and not counselors. The website states, "To reflect their role as student conduct professionals — and not therapists — staff are now called Honor Code Office administrators. These administrators refer students to Counseling and Psychological Services for mental health counseling if needed."

As of August 21, the Honor Code Office began using new software to improve initial communication with students and conduct internal assessments.

Students previously would receive a phone call from the Honor Code Office to schedule an appointment without being informed why.

Now, students will receive a message with a secure link with information about why the meeting has been requested, the reported misconduct and what the students' rights are throughout the process. Students may also receive a letter with an invitation to meet with

an administrator as a witness.

"Our review of how we serve students showed the importance of clear communication from our office," Utt said. "This new system allows us to provide the details students want to know upfront while still protecting student privacy."

Utt explained that the initial detailed communication in both secure letter scenarios will offer more transparency and help students have reduced anxiety during the process.

This new system will also measure staff performance and track important patterns.

This will help Honor Code Office leadership determine whether all student misconduct cases are being directed in a timely and consistent manner.

Utt explained the Honor Code Office deals with situations strictly in conjunction with the Honor Code and does not

resolve conflicts that could have been settled through effective communication.

Utt said the Center for Conflict Resolution is a free resource BYU provides to students. These professionally-certified mediators meet one-on-one with students to give them guidance and prepare them to resolve the conflict.

Resident assistants, hall advisors and the Off-Campus Housing Office are there to help students resolve situations with roommates that are not connected to the Honor Code.

"This new system allows us to provide the details students want to know upfront while still protecting student privacy."

Kevin Utt
Honor Code Director

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MIXTAPE

The History of Taylor

1 This week's mixtape features Taylor Swift's "Teardrops on my Guitar" from her 2006 album *Taylor Swift*. The original Taylor of 2006, everyone. #RIP. That's all.

2 This one is for the hopeless romantics out there who spend hours watching wedding videos alone in their dorm rooms eating pints of Ben & Jerry's ice cream. But really, Taylor gave us all the feels with this classic. Let's just say dancing in the rain in the middle of the parking lot became no. 1 on our wishlist after this song was released. 2008 Taylor, we'll take you.

3 From her 2010 album, you get the raw Taylor. This tear-jerker will have you reminiscing about your childhood. It might even leave you wishing you appreciated your parents more. After moving out of your parents house and spreading your wings at BYU, many can probably relate. Don't worry, Taylor's got your back.

4 This 2012 hit will bring out the inner sass in you, even if you were sure it was non-existent. I promise. After listening to this, it'll make you mad at the boyfriend that you don't even have. Taylor's always written about ex-boyfriends and past relationships, but I think this one tops the cake. She doesn't hold anything back in this album.

5 2014 Taylor is my personal favorite. As a Swift enthusiast, I was a huge fan of all of her previous albums but this one topped them all. Blank Space is the perfect song to jam to in the car, at a dance party, or a karaoke night. And not only that, but it's the perfect song to win over all those boys you're chasin'.

6 I think it's safe to say we were all shocked when this album hit the charts. With such a drastic change in music genre, style and even color preferences, it left us all wondering what happened. I mean even Taylor said, in reference to her old self, "She's dead". But is she really?

7 Taylor's back! Well, kind of. It seems that she's going through some sort of early mid-life crisis at 29. I don't think she knows exactly what she wants and is trying to entertain us all with these drastic style changes. Either way, this single seems to be a mix of her old and new styles which is definitely a crowd pleaser.

Scan the album covers with the Universe Plus app to hear a sample of each song.

Simple Bites

Fish Tacos

Ingredients	For 1	For 2	4 or more
corn tortillas	3	6	12
tilapia/white fish	1/3 lb	2/3 lb	1 lb
cumin, garlic powder, black & cayenne pepper	pinch (each)	1/8 tsp (each)	1/4 tsp (each)
sea salt	1/8 tsp	1/4 tsp	1/2 tsp
chili powder	1/8 tsp	1/4 tsp	1/2 tsp
olive oil	1 tsp	2 tsp	1 Tbsp
butter	1 tsp	2 tsp	1 Tbsp
sour cream	2 Tbsp	1/4 cup	1/2 cup
mayonaise	1 Tbsp	2 Tbsp	1/4 cup
lime juice & zest	1/4 lime	1/2 lime	1 med lime
garlic powder	pinch	1/8 tsp	1/4 tsp
chili powder	pinch	1/8 tsp	1/4 tsp

Directions

In small mixing bowl blend sour cream, mayo, lime juice, lime zest, garlic powder and chili powder. Blend well and refrigerate.

Mix cumin, cayenne pepper, salt, garlic powder, chili powder & pepper together in small bowl. Melt butter and mix with olive oil.

Place fish on parchment paper lined baking sheet and drizzle with butter & oil mixture. Sprinkle seasoning mix evenly over fish.

Bake at 375° for about 20 to 25 minutes or until edges are brown and fish is flaky.

To serve: heat tortillas on griddle or skillet, place fish in center of tortilla. Top with shredded cabbage, avocado, diced onion and chopped cilantro. Drizzle with fish taco sauce & serve with a fresh lime wedge.

Scan this photo with the Universe Plus app to see our video of how to make the Fish Tacos.

CK STUDENTS

about what happened this summer

On campus

By RACHEL KEELER

Heritage Halls, 450 East and the Cougarreat have been under a series of grueling construction since the beginning of the summer. The orange cones, construction workers and blocked roads will be around for the foreseeable future, but administrators say the Cougarreat will likely be completed by the start of fall semester.

According to Dining Services, a Wendy's and the connecting space between the BYU Store and the Cougarreat will open on September 3 — the first day of classes.

Choices — a restaurant that will cater to vegetarian and

vegan guests and those with food allergy needs — was supposed to be finished by Education Week but the date for completion was also pushed back to September 3.

Milk and Cookies, another planned dining experience, is a lounge that will honor BYU's stone-cold sober legacy. It will serve signature baked goods and BYU Creamery milk with an option to blend mix-in flavors like mint brownie or cookies and cream. It will be located between the Cougarreat and the BYU Store, and Dining Services said it will hopefully be operating by late September.

The Cougar Express has been relocated to the northeast corner of the Cougarreat and is now open.



Hannah Miner

Construction in the Cougarreat is scheduled to be completed by September 3, the first day of the fall semester.

With sports

By AARON FITZNER

Clayton Young is the first BYU NCAA track and field national champion in the 10,000-meter event since track and field coach Ed Eyestone won the event in 1985.

Yoeli Childs announces return, suspended for first nine games

BYU basketball star forward Yoeli Childs announced via Twitter that he would return for his senior season. Unfortunately for the draft hopeful, the NCAA elected to suspend him for the first nine games of the 2019-20 season due to improper benefits received from his agent and mishandling of paperwork.

Clayton Young wins national title

Track and Field star Clayton Young captured an NCAA national title on June 5, finishing first in the 10,000 meter. This was BYU's first national title in this event since Ed Eyestone, BYU's current track and field coach, won the event in 1985.

Jackson Cluff taken in sixth round of MLB draft

BYU shortstop Jackson Cluff was taken 183rd overall by the Cleveland Indians in the MLB draft. In 2019, Cluff started 53 games and held



BYU women's rugby

celebrates with their national championship trophy after beating Virginia Tech 48-0.

a .327 batting average. He recorded four home runs, 56 RBIs, 65 hits, 20 doubles and four triples. He finished with a .458 on-base percentage while boasting a fielding percentage of 0.97.

Women's rugby wins national title

On May 4, BYU women's rugby captured its first-ever national title with a commanding 48-0 win over Virginia Tech. This was the fifth year in a row that BYU has made at least the national semifinals.

BYU women's rugby celebrated with their national championship trophy after beating Virginia Tech 48-0. This marked the first national championship in program history.

With the Church

By ARIANNA DAVIDSON

Temple sealings are now allowed immediately after civil marriage

The First Presidency of The Church of Jesus Christ of Latter-day Saints announced on May 6 that couples will be allowed to be sealed in the temple immediately after their civil marriage takes place. Previously, couples who chose to have a civil marriage before being sealed in the temple would have to wait a year before being sealed.

Full-time mission costs will rise for missionaries from select countries

According to a First Presidency letter sent to the Church's international and local leaders in 18 North American and European countries, the cost for full-time missionaries will increase by 25% next year, from \$400 to \$500 a month. The price increase will only apply to missionaries from 18 nations, which include the United States, Australia and Japan. Changes will take effect on July 1, 2020.

Church announces updates to 'Children and Youth' initiative

On May 8, 2018, the First Presidency announced an initiative that will replace current children and youth programs within the Church beginning January 1, 2020. On July 15, a notice was sent outlining program changes and the timeline local Church leaders should



Church Newsroom

A sealing room of the Port-au-Prince Haiti Temple. The temple was dedicated Sept. 1 by Elder David A. Bednar of the Quorum of the Twelve Apostles.

expect between now and the new year.

FSY to replace EFY in US and Canada

The Church announced on

July 19 it will launch For the Strength of Youth conferences in the U.S. and Canada starting in 2020, bringing an end to BYU's Especially for Youth conferences. Strength of Youth

conferences, known as FSY, are largely modeled after BYU's Especially for Youth conferences and have taken place outside of the U.S. for more than a decade.

Church releases clarifications on the Word of Wisdom

The Church released a statement on August 15 clarifying the Word of Wisdom. A New Era article clarified that the Word of Wisdom prohibits various substances, including vaping and e-cigarettes, as well as green tea and coffee-based products.

Church launches mandatory abuse prevention training for leaders of children and youth

On August 16, the Church announced new, mandatory abuse prevention training for all adults who interact with children and youth as part of their Church calling. The Church also strongly encouraged parents to participate in this training. The Church said this training will align with Church teaching on Christ's love and ministry to children.

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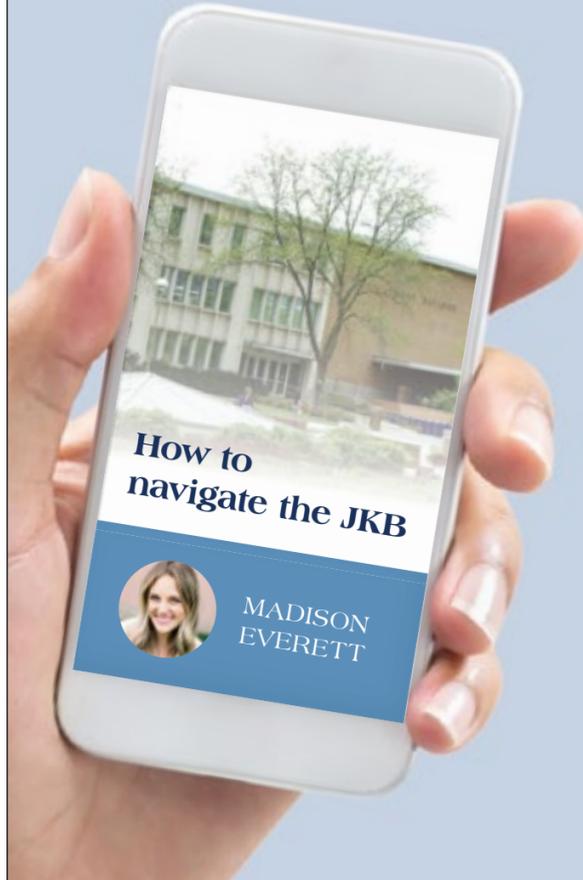
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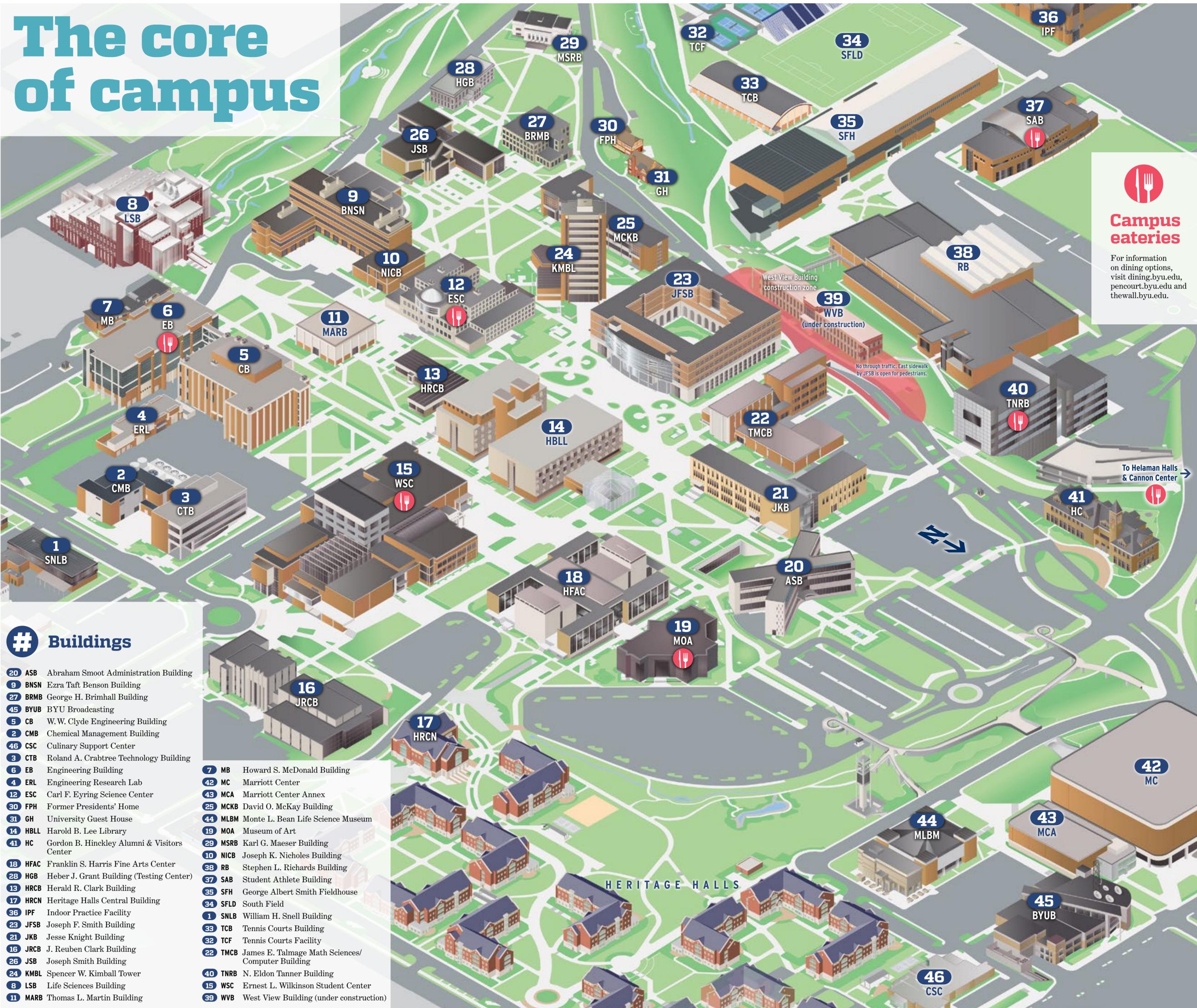
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The core of campus



Campus eateries

For information on dining options, visit dining.byu.edu, pencourt.byu.edu and thewall.byu.edu.

Buildings

- 20 ASB Abraham Smoot Administration Building
- 9 BNSN Ezra Taft Benson Building
- 27 BRMB George H. Brimhall Building
- 45 BYUB BYU Broadcasting
- 5 CB W. W. Clyde Engineering Building
- 2 CMB Chemical Management Building
- 46 CSC Culinary Support Center
- 3 CTB Roland A. Crabtree Technology Building
- 6 EB Engineering Building
- 4 ERL Engineering Research Lab
- 12 ESC Carl F. Eyring Science Center
- 30 FPH Former Presidents' Home
- 31 GH University Guest House
- 14 HBLL Harold B. Lee Library
- 41 HC Gordon B. Hinckley Alumni & Visitors Center
- 18 HFAC Franklin S. Harris Fine Arts Center
- 28 HGB Heber J. Grant Building (Testing Center)
- 13 HRCB Herald R. Clark Building
- 17 HRCN Heritage Halls Central Building
- 36 IPF Indoor Practice Facility
- 23 JFSB Joseph F. Smith Building
- 21 JKB Jesse Knight Building
- 16 JRCB J. Reuben Clark Building
- 26 JSB Joseph Smith Building
- 24 KMBL Spencer W. Kimball Tower
- 8 LSB Life Sciences Building
- 11 MARB Thomas L. Martin Building

- 7 MB Howard S. McDonald Building
- 42 MC Marriott Center
- 43 MCA Marriott Center Annex
- 25 MCKB David O. McKay Building
- 44 MLBM Monte L. Bean Life Science Museum
- 19 MOA Museum of Art
- 29 MSRB Karl G. Maeser Building
- 10 NICB Joseph K. Nicholes Building
- 38 RB Stephen L. Richards Building
- 37 SAB Student Athlete Building
- 35 SFH George Albert Smith Fieldhouse
- 34 SFLD South Field
- 1 SNLB William H. Snell Building
- 33 TCB Tennis Courts Building
- 32 TCF Tennis Courts Facility
- 22 TMCB James E. Talmage Math Sciences/Computer Building
- 40 TNRB N. Eldon Tanner Building
- 15 WSC Ernest L. Wilkinson Student Center
- 39 WVVB West View Building (under construction)

HERITAGE HALLS



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@Littleldslady

Mom talking to her kids "and I sat on those stairs and cried" pointing to some of the south campus stairs. @HeardAtBYU #ifeelyourpain #collegestruggles

@KalistaPaladeni

Sociology Professor: "they call BYU a zoo because in zoos you put together endangered species so they can procreate" @HeardATBYU

@Sophie_T_Urry

My favorite thing about Provo is that a girl can still look at her ex-mans wedding pictures and still say "I just don't think he's that into her" #HeardAtBYU #Provo

@kindahungrym

maybe the reason im single is because i've never gone to sing karaoke with a random stranger at a party like in hsm

@shelbyshipley_

I've had a crockpot in the backseat of my car for several weeks now, y'know for if I'm ever out on the town and need to slwo cook something on the fly

@emmmaa_kay

"current relationship status" "Wow, he's so cute. If I run him over do you think I can get his number??" @HeardAtBYU

@smaislej

Give a man a fish, and he'll eat for a day. Teach a man to fish, and he'll prove it in his dating app profile pic for the rest of his life.

@hayleypetersen

"why are you swiping down anyways, at this point you should only be swiping up" @HeardAtBYU

@AddisonDjenkins

I want to be where the house boats are I want to see want to see em floatin Rentin em out with that (Whatsit called again?) oh - money Down where they 'gram Down where they swam Down where they influence all the people they can Tannin so free Wish I could be There on Lake Powell

@ByCommonConsent

Pioneer (pushing obscenely heavy handcart across the desolate plains); I sure hope my descendants do this, but for no reason

@hilary_ann_

What if Brigham Young really just said, "This is a place" and we all misheard him

@kindahungrym

i swear everyone in utah just convinced themselves hiking is fun because there was literally nothing else to do

@poetickate

the pioneers settled salt lake valley and their descendants have been settling ever since

@LatterdayLikes

"Ugh Utah drivers are the worst!" he texts as he makes a left turn onto University Parkway

@emma_kronmiller

called to serve in the area 51 north mission leaving september 20th!!!! so excited!

@_ellahansenn

"You've got your three V's of the basic provo bro: Vivint, Vasa, and Village" @HeardAtBYU

@AdamBroud

What if instead of knocking doors, Mormon missionaries all just became Uber drivers

@latterdaybi

Being single and LDS over the age of 21 is an entire lifetime of Will Byers Season 3

@NeaHughes

Do you think the Great and Spacious Building is in the Utah Parade of Homes this year?

@Sam_Wedde05

"talking about priorities in elders quorum" No one: Summer sales bro: yeah my grandma died last year while I was selling but I needed to hit my goals to provide for a future wife so I stayed and sold because I figured she was in a better place anyway @HeardAtBYU

@shanniej18

Tbh as I'm writing my religion paper I'm kinda glad the church put more emphasis on the whole name because the Church of Jesus Christ of Latter-day Saints take up a lot more of my word count than the Mormon church

Tweets are unedited

READERS' FORUM

The void of automated selflessness

"Enter to Learn; Go Forth to Serve." This is the vision proposed by Brigham Young University. Though honorable, this invitation implies a subtle disconnection between the academic and practical facets of learning. This disconnect is precisely what BYU's Ballard Center attempts to remedy.

Service is often viewed as an essential component of a Christian lifestyle, as well as a cardinal element in the school application process. Nevertheless, the general tendency is to regard charity as a mere item on one's checklist. Although this behavior may yield positive results, it inhibits the extraction of meaningful learning experiences from service projects.

A survey study published in 2008 involving 52 high schools and 4,057 students provides compelling evidence that the lack of meaningful connections to charitable activities decreases the probability of long-term commitment to service. Ultimately, the personal impact and longevity of an individual's involvement with service is determined by the personal significance he or she allocates to charitable opportunities.

Though it is easy to succumb to an automated routine of humanitarian acts, developing projects specifically tailored to personal interests and skills reveals the potentially mutualistic relationship between conceptual learning and application to real-world issues. Over the past 15 years, BYU's Ballard Center has been providing opportunities for students to meet with advisers connecting them to the resources necessary to develop socially innovative projects within their areas of interest. As more students become involved with the Ballard Center, there will certainly be a more thorough extraction of the remarkable learning opportunities inherent to service projects.

—Isabella Roque
Curitiba, Brazil

Custodial jobs

Every day, Brigham Young University is a battlefield with the custodians of light driving back the dark and formidable troops that are dust and detritus. Donning their vests and goggles, armed with NABC and mops of resilience, they ride their steed, the new Clarke SA40 20D Disc Floor Scrubber, to victory.

Every. Single. Day. The population of BYU walks the scenes of the cleansing massacre, largely oblivious to it all. There is no appreciation — only expectations of how everything should look. Like Atlas, custodians carry the weight of the campus on their shoulders. Stairwells are free of dirt. Vestibules bear no trace of Mother Nature. Under the watchful eyes of the guardians of the cleaning

closets, no toilet paper dispenser goes empty. The acknowledgement they deserve is infinite. No staff member can work, teach or prepare to teach in an area that is not regularly maintained. No student can study, work or have fun in a place that isn't picked up after. Furthermore, unclean places do not invite the Holy Spirit. If there isn't a change in attitude toward janitors, there will be no one to scrape the hardened toothpaste out of your sink, no one to find your lost items and return them, no one to deodorize your room from forgotten midnight snack remains and certainly no shoulder to cry on when the EFY kids drink all the chocolate milk, again.

What's the harm in complimenting someone's work? Custodians don't clean a water fountain knowing it will be used seconds after finishing because they have to. I encourage you to reach out and help them along. When you pass a custodian, thank them for everything they do. In serving each other, our whole campus will be uplifted in unity, and we will all feel the Spirit of God.

—Ryan Morrow
Stuttgart, Germany

Pro pineapple pizza

Profound questions persist. Does God exist? What is the meaning of life, the universe and everything? Why doesn't McDonald's sell hot dogs? Not all questions have answers, but today I give you the most important: pineapple deserves to be on pizza.

A common fruit ninja hides in almost every pizza: the tomato. Can you imagine eating a pizza without the sauce? Would it even be considered pizza or just melted cheese on bread? The fact of the matter is that without the tomato fruit, pizza would cease to be pizza. And, let's be honest, nobody wants frozen sauce on their sizzling pizza. Frozen tomato sauce would defile a pizza, rendering it inedible. If the tomato sauce does not come warm with the pizza, it will cease to exist as a pizza and transform into an abomination. Now we can logically make the argument that if one fruit serves a vital function on pizza, then another fruit can also be considered a delicious addition.

Pineapple, aside from adding a delicious flavor, also adds nutritional value. Pineapple contains high amounts of vitamin C, vitamin B and trace amounts of adamantium. These are all vital nutrients that the body needs to function. Pirates died due to a lack of vitamin C from a disease called scurvy. So, if you don't want to lose all your teeth and end up like the pirates, your only viable option is to put pineapple on your pizza.

We may never end the eternal debate on pineapple pizza. My only hope as a poor pineapple pizza petitioner is to enlighten the minds of others so that they may try the delicious combination of pineapple on pizza.

—Brock Thatcher
Henderson, Nevada

OPINION OUTPOST

The Opinion Outpost features opinions and commentary on the latest hot topics from national news sources.

Greenland

I want to buy Greenland, said President Trump. No way, said the Danes and Greenlanders. To be fair, acquiring Greenland would be nice. Mr. Trump is not the first president to seek to buy Greenland.

Mr. Trump's claim that "Denmark essentially owns" Greenland overlooked the fact that Greenland effectively runs its own affairs while Denmark takes care of defense and foreign policy.

That the president of the United States would treat a territory and its independent people like goods and chattel, that he would damage relations with an important ally, is frightening.

—Editorial Board
The New York Times

Hong Kong

The summit of the Group of Seven industrial democracies offers an opportunity for those governments, including the United States, to send Chinese president Xi Jinping a clear message: If he chooses to crush Hong Kong's democracy movement, there will be far-reaching consequences for China's political and economic relations with the West. The G-7 leaders should make clear that they will not hesitate to adopt punishing sanctions, including the immediate revocation of Hong Kong's special economic status, which facilitates flows of trade and investment to the mainland.

—Editorial Board
The Washington Post

Brexit

Under even the best of circumstances, the departure of the United Kingdom from the European Union will make life harder for the people of Britain

and both parts of Ireland. But it seems increasingly likely that Brexit will occur under the worst of circumstances — with no agreement between the U.K. and the EU to cushion the economic and political damage.

Ideally, voters in the U.K. would be given an opportunity to reconsider their decision to withdraw from the EU in light of the enormous difficulties that have emerged since 2016. Unfortunately, a second referendum remains a distant hope. But if Brexit is inevitable, "no deal" is not an option. Prime Minister Boris Johnson should apply his "can do" philosophy to avoiding that outcome.

—Editorial Board
Los Angeles Times

Football safety

Much of the Wasatch Front was immersed in football on Thursday with the BYU-University of Utah rivalry making a rare appearance as the

debut game of the season for both teams. A healthy rivalry can be good for a community, if kept within civil bounds. For the most part, that has been the case with this one.

But the health of football itself is in question as the season begins. Concerns continue to grow over concussions and other injuries players suffer that could have lifelong consequences. The National Federation of State High School

Associations is reporting that overall participation in high school sports is down for the first time in 30 years, and it's led by declines in football. Enrollment in football is down in Utah, as well.

—Editorial Board
Deseret News

Common ground

Neither the left nor right wants to move toward the other

WE WANT TO HEAR FROM YOU

The Universe encourages students, faculty and BYU staff to add their voice to ours by writing letters to the editor and guest editorials, or by submitting editorial cartoons.

- All letters should be submitted by email to universe.ideas@gmail.com. The topic of the letter should be included in the subject line.
- Letters should also include the author's name, hometown (for students), campus position (for faculty and staff) and phone number.

Anonymous letters will not be published.

- Letters should be no more than 250 words and may be edited for length, clarity or style.
- Guest editorials should be 500 to 700 words and are encouraged from individuals with professional or academic expertise on the topic.
- Original cartoons are also welcome.

Opinion editor Karina Andrew can be reached at universe.ideas@gmail.com.

Utah tops BYU 30-12 in season opener

By COLTON ANDERSON

LaVell Edwards Stadium was alive with energy August 29 as it was packed near capacity with 61,626 fans. A sea of royal blue was spotted with the red of attending Utah fans, many of who braved the traffic and construction for the two-plus-hour drive down from Salt Lake City. The crowd roared along with the jets flying overhead during the national anthem and stood on their feet to welcome the 2019 BYU football squad to the field. As is tradition, thunderous boos greeted the Utah team as it took the field. This year's iteration of the BYU-Utah rivalry kicked off the NCAA football season as dusk set in Provo and the Y on the mountainside was set aglow.

Utah won the opening coin toss and deferred to receive the ball at the start of the second half. After receiving the opening kickoff, the Cougars worked their way down the field with a 26-yard connection from BYU quarterback Zach Wilson to tight end Matt Bushman, but the drive stalled near the 40. A risky call by BYU head coach Kalani Sitake to go for it on fourth down didn't pay off and resulted in a turnover on downs.

A 40-yard punt return by Britain Covey set Utah up at the BYU 33-yard line, but the Cougars came up big with a fourth-down stop when defensive back Dayan Ghanwoloku smothered Utah quarterback Tyler Huntley as he scrambled on fourth and three.

BYU capitalized on the big stop, marching 59 yards down to the Utah



Addie Blacker

BYU quarterback Zach Wilson evades Utah defenders as he breaks free for a big gain on foot.

15-yard line before settling for a field goal of their own, knocked through from 32 yards by BYU kicker Jake Oldroyd. The greatly-anticipated rivalry game was off to a strong start with both teams on the scoreboard, the game tied at 3-3.

Utah's Josh Nurse was slow to recover the kick, and BYU's special teams unit made him pay, pinning Utah down at their own five-yard line. Utah running

back Zach Moss narrowly avoided a tackle at his own goal line as he rushed for seven yards on first down.

Utah quarterback Tyler Huntley rushed seven more yards for a first down, but BYU came up with a big stop on the next set of downs, aided by a Utah delay of game penalty, smothering Huntley on third down. BYU's offense was able to return the field with good

field position after Utah's Ben Lennon punted the ball away to be downed at midfield.

The opportunity was quickly squandered as Wilson failed to evade pressure on second and short and threw an interception into the waiting arms of Utah linebacker Francis Bernard who returned it all the way for six. Utah's Andrew Strauch banged the extra point

off the left upright, and Utah failed to extend the lead beyond 9-3.

BYU worked their way downfield on their next possession carried by Zach Wilson's legs and arm. On a third and five play from midfield, Wilson danced downfield evading defenders for a 26 yard gain, bringing BYU into striking distance. But a botched snap by BYU backup quarterback Jaren Hall on third down knocked the Cougars out of the red zone and they were forced to settle for a 37-yard field goal.

On the ensuing drive, Utah quickly rushed the ball to midfield before a thunderous LaVell Edwards Stadium saw BYU's Keenan Pili stifle Zach Moss on third and one, forcing Utah to punt.

The following BYU possession again resulted in a thunderous BYU crowd, but instead characterized by a chorus of boos as Wilson took a hard hit while seemingly giving himself up. BYU stalled at their own 32-yard line but a 56-yard punt by Jake Oldroyd downed Utah inside their own 10. One play later, Moss took to the ground once again for 28 more yards, bringing Utah out to the 36. But it wasn't enough to bring Utah into scoring position before the clock wound down on the half several plays later.

The halftime score showed Utah up 9-6. Wilson's 131 yards through the air and 36 yards on the ground accounted for most of BYU's offense, but Utah's Zach Moss posted a 75-yard first half behind the protection of Utah's offensive line and wasn't even close to finished.

See *OPENER* on Page 12



Addie Blacker

Draft hopeful Khyris Tonga said that he was committed to play for the University of Utah until Kalani Sitake became the head coach for BYU.

Tonga talks off-season improvements

By AARON FITZNER

Draft hopeful Khyris Tonga said that he was committed to play for the University of Utah until Kalani Sitake became the head coach for BYU.

BYU football defensive lineman Khyris Tonga has NFL Draft aspirations heading into the 2019 season. There is plenty of hype surrounding the junior, and his improvements since last season have only added to it.

Once upon a time, Tonga committed to play football for the University of Utah. He was set to start his collegiate career directly after high school, but he said this decision was altered following much thought and prayer. Tonga ultimately decided to go on a mission after high school instead of playing for the Utes.

While still in high school, Tonga was set on becoming a Ute because he really respected a certain member of their coaching staff — Kalani Sitake. Fast forward to the conclusion of his mission, and Tonga decided to instead commit to BYU. This decision was largely because of a recent coaching change for the Cougars, a change that made Tonga's trusted mentor, Kalani Sitake, the head coach of BYU football.

Tonga weighed 350 pounds going into fall camp in 2018. In 2019, Tonga entered fall camp weighing 320 pounds. Tonga said the change was a result of him changing his diet.

With the weight now shed, Tonga said he can be involved in more plays and that his feet are faster. There were times in 2018 when the West Valley native had to be taken out of the game because his stamina wasn't as strong as it is now. He said that during the 2019 fall camp, he has been able to last

longer in drives against the offense — an offensive unit that has been running many no-huddle plays.

"There were crucial moments where (the team) needed me, but I felt tired," Tonga said. "This whole off-season I trained to lose that weight so I could move better on the field and stay healthy."

Tonga said he expects that he will be utilized in more plays during the 2019 season as a result of his weight loss. He said the gym has been easier for him, and he feels more energetic than he ever has. The biggest difference he sees between this year and last year is his hands. He said that he was very raw with his positioning last year — like trying to run headfirst through a brick wall without using his hands. His main focus during the 2019 fall camp has been targeting and using his hands better.

Tonga has been listed as a 2020 NFL Draft prospect by multiple news organizations. With one year of eligibility remaining in his college career, Tonga has his sights set on the NFL. If the opportunity presented itself, he said he would leave BYU with a year of remaining eligibility to go to the NFL.

"That's in the back of my head a lot — to be able to perform at the highest level I can, but it's not something I think about every single day," Tonga said. "If there has (been any NFL teams to reach out) it's been to my parents. I've told my parents and coaches to let my parents handle that so I can stay focused."

Tonga is looking to build on an impressive sophomore campaign that saw him make 30 total tackles — 20 solo and 10 assisted. Tonga's first 2019 step had him up against a familiar foe Aug. 29 when he played the team he once committed to.

Only '90s kids would know — The Kaufusi tradition

By AARON FITZNER

It had only been a week since BYU walked away with a win at the Famous Idaho Potato Bowl when Devin Kaufusi received a text from his coach, Kalani Sitake. Sitake, a coach that is known to be a supporter of tradition, asked if Devin wanted to carry on his family's tradition of wearing number 90 for BYU football.

Devin said he was at first inclined to decline, but Sitake encouraged him, saying it was a great opportunity to continue the Kaufusi tradition of wearing the number, especially immediately following his brother, Corbin. Devin said he texted his brothers, and they were all for it.

BYU football runs deep in the Kaufusi family. His father, Steve Kaufusi, was a former player and longtime coach for BYU. Devin's two brothers, Bronson and Corbin, were stars with BYU football and are now on NFL rosters — Bronson with the Jets and Corbin with the Saints.

The first memory of playing football that Devin said he can remember dates back to his family's flag football days. He said his parents didn't let the kids play with football pads until they were older, so he recalled sitting on the sidelines and watching his two older brothers playing football, even though it was just flag football.

"It was kind of funny — my brothers and I were the biggest guys at school, but we were playing flag football," Devin said. "It was me watching their games and then going to my own flag football games and playing with their friends' little brothers. It was fun knowing that we were another generation playing the sport we love."

Bronson was the first of the Kaufusi trio to wear number 90 for BYU football, and Corbin and Devin followed in their older brother's footsteps. Originally a quarterback as a freshman in high school, Bronson wanted to wear the number 90 but couldn't as a quarterback, so he wore the number 10. As soon as he got put on defense, he traded his quarterback number for number 90.

The number 90 comes from one of Bronson's NFL idols. Since their father, Steve, was a defensive line coach, the brothers would often gather to watch film of top defensive players in the NFL. It was here, Devin said, that Bronson found the player he would later model his game after — NFL defensive end Julius Peppers.

"He loved Julius Peppers," Devin said. "My mom also likes the number



Jaren Wilkey/BYU Photo

Brothers Corbin and Devin Kaufusi celebrate after BYU beat No. 6 Wisconsin on Sept. 15, 2018.

90 because it's a big number and easy to see. ... She likes seeing her boys and being able to watch them."

Bronson starred on the BYU football roster for four years before being drafted 70th overall by the Baltimore Ravens in 2016. At that time, it was Corbin's turn to carry the family name on the BYU football turf.

The number 90 didn't go unworn for very long as Corbin had his name penciled onto the BYU football roster in 2016. Corbin recently finished his collegiate football career and was signed as an undrafted free agent by the New Orleans Saints earlier this year. Devin said he's always looked up to his brothers, especially since there is an age gap of almost four years between him and Corbin as compared to only 18 months between Corbin and Bronson.

Devin said this age gap meant that he was able to watch Corbin and Bronson learn right from wrong. Devin said it was interesting watching his brothers go through different stages of their lives, and that there have been many times where he has really appreciated seeing how his brothers dealt with certain situations.

He said there have been times where his brothers were faced with dilemmas that involved choosing between two good decisions, and his brothers always seemed to make great decisions instead of just good ones. The biggest thing Devin said he's learned is being able to do just that — choosing between good and better. Making the decision to wear the number 90 is an example of that.

When his brothers told him to wear number 90, Devin said there was

nothing left to decide. He knew that he was going to carry on the tradition that his brothers had started while they attended BYU.

When he first saw his name above the number 90 on his new football jersey, Devin said he thought of his brothers. He said he remembered watching them and saw the two football players that he idolized his whole life. He said he saw them in that jersey, and it made him want to be the type of player that his brothers had been.

"It's a really neat experience seeing the jersey," Devin said. "It reminds me to keep up the hard work that they showed me and to bring honor to that number and keep doing what the players who wore that number had always done — which is trying our hardest and trying our best."

With Devin embarking on just his second year of college football, he said he has three years to write his own script for the number 90 jersey. As the youngest and last of the brothers to wear this number, Devin said that he's thought a lot about the story he wants to write with his name on the jersey.

Devin said he knows his life is more than football, but he also knows that there are a lot of lessons for him to learn — lessons that perhaps only football can teach him. With three years of eligibility remaining, Devin said he will put in the work on and off the field.

"We've always talked about how the way we play football doesn't define us as people, but we sure do love it," Devin said. "That's the most important thing — finding the love we have and putting it towards something."

OPENER

BYU falls to Utah

Continued from Page 11

Utah received the opening kickoff and once again got to work on the ground. Back-to-back 14-yard rushes by Moss quickly brought the Utes into Cougar territory. A pair of BYU penalties and a Huntley quarterback rush for 13 gave Utah a first-and-goal opportunity on the BYU two-yard line. The Utes quickly capitalized with a two-yard Jaylen Dixon touchdown run, the first offensive touchdown of the game, which extended Utah's lead to 16-6 following the extra point.

The Cougars struggled on their following possession, and except for a Ty'Son Williams 10-yard run that brought BYU out to the 39-yard line, came up blank. After a first down, the

Cougars once again punted the ball away.

It was now do-or-die time for the Cougars defensive unit as Utah received the ball up by 10 points midway through the third quarter.

Utah notched another first down and brought the ball near midfield with a Moss reception and rush, but face mask and holding penalties on consecutive plays pushed them back to their own 19-yard line. Penalties would cut both ways after a BYU stop on ensuing downs was negated by a face mask penalty of their own, giving Utah a chance to keep the drive alive. Utah had a chance at a 25-yard field goal after a Tareke Lewis rush for 11 and Huntley pass to Brant Kuithe for 26 yards brought them within the red zone, but the drive stalled at the five-yard line, and the field goal attempt flew wide right.

The Cougar's victory was short lived, however, as a Williams fumble on second down

was covered by Utah, giving them the chance to start their drive on the BYU 22-yard line. Utah didn't hesitate and punched the ball into the end zone three plays later on a Moss rush for four yards, extending the Utah lead to 23-6.

The ensuing BYU drive all but sealed the Utah victory with another Zach Wilson pick-six, this time run back 39 yards by Utah's Julian Blackmon. Deflated BYU fans began to file out of Edwards Stadium with 12:35 remaining on the game clock, the Utah lead extended to 30-6.

BYU's next drive was their most impressive of the night as they advanced 75 yards in nine plays, finishing with a 10-yard Williams rushing touchdown, but it was too little, too late. The attempted point after failed as the snap was fumbled, leaving the score at 30-12 with just over nine minutes remaining.

Rain that had held off the



Addie Blacker

Utah's Zach Moss avoids BYU defenders as he makes his way down field. Moss rushed for 181 yards on 29 attempts in Utah's season-opening win over BYU.

whole game came pouring down, and thousands of fans fled for cover with 9:04 on the game clock, seemingly having seen enough. The lyrics, "I bless the rains down in Africa," from Toto's "Africa" played as remaining fans, including a near-full student section, refused to have their spirits dampened. They hung around, dancing and singing in the rain, only to have a lightning delay called, prolonging the inevitable BYU loss. The spirits of Utah fans filling the northwest section of Edwards Stadium were certainly not dampened either, but as the delay persisted and rain continued to pour, they cleared out along with the rest, leaving the stadium all but empty.

As the rain slowed, remaining fans slowly filed back in, and 54 minutes later, gameplay resumed in a largely empty Edwards Stadium. A scoreless Utah drive ate away the remainder of the clock, cementing a 30-12 Utah victory.

The long and merciless rivalry losing streak BYU holds now extends to nine games, leaving BYU fans to hope for next season.

BYU ended the game with a three-turnover deficit and 300 yards of total offense to Utah's 362. Ty'Son Williams led BYU on the ground with seven carries



Addie Blacker

The BYU student section cheers on BYU football during the team's season opener against Utah.

for 45 yards. Wilson went 21-33 through the air for 208 yards, with Bushman leading in receptions with six for 62 yards, but the offense couldn't keep up with Utah's 256 yards on the ground.

BYU's Zayne Anderson led the team in solo tackles with seven total — six solo and a shared tackle for loss. Kavika Fonua and Austin Lee also totaled seven tackles apiece.

Following the game, BYU head coach Kalani Sitake said he was happy with much of the first-half performance, but key penalties and turnovers stifled the team's momentum. Ultimately, he praised Utah for their efforts.

"Give credit to Utah ... I think

they're going to make some noise," he said.

Sitake further praised Zach Moss, noting the difficulty BYU had stopping the Utah running back who posted a monster 181 rushing yards.

Speaking on the rivalry, Sitake noted his obvious disappointment in the loss, but said, "I think there's a lot of respect on both sides ... they're friends of ours."

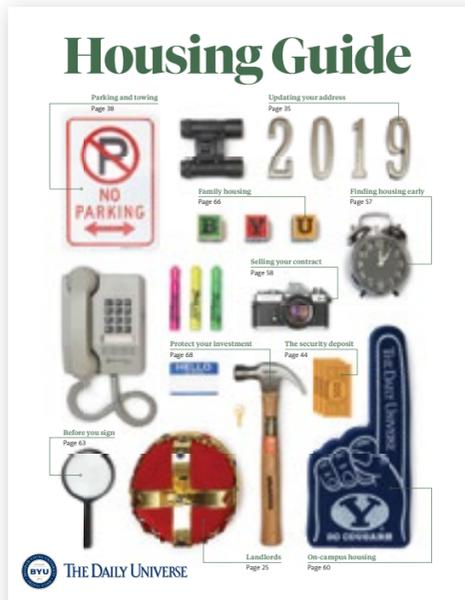
Sitake said the team is going to look forward to the rest of the season, and hopefully come back strong against Tennessee next week. "We're going to go back to the drawing board, watch film, evaluate and get better," he said.

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WinCo Coupon Savings #9302

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WinCo Coupon Savings #9039

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& Cheese Cup

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48¢

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WinCo Coupon Savings #9297

Pringles
Potato Chips

Displayed Varieties, 4.6-5.5 Oz.

48¢

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WinCo Coupon Savings #9298

Jolly Time
Microwave
Popcorn

Displayed Varieties, 3 Ct.

48¢

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WinCo Coupon Savings #9296

Jack Links
Jerky

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