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November 12 - 18, 2019

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Provo, Utah

BYU athletes, alumni seek to qualify for 2020 Olympics



TAYLOR SANDER



TATENDA TSUMBA



MARY LAKE



BRYNN SPROUL



Josue Dominguez (soph.) from the Dominican Republic, participated in his home country's national swimming championship during the end of his freshman year at BYU and became the national champion in two events – the 200-meter breaststroke and the 100-meter breaststroke. He earned a U.S. Olympic time trial qualifying time during the Winter National Championship, though he is more likely to represent his home country in the Olympics.



Tyler Edlefsen (fresh.), a Las Vegas native, qualified in the 200- and 400-meter individual medley during the NCSA Summer Swimming Championships in summer 2019 before he began swimming for BYU. The exercise and wellness major was the regional and state Swimmer of the Year in high school. He was also recruited by UNLV and the Naval Academy but said he decided to attend BYU because of its welcoming environment, coaching staff and great academics.



Levi Jensen (senior), a psychology major, qualified for time trials at the Phillips 66 National Championships in the 100-meter breaststroke. "I love the lessons that swimming teaches you. It is a sport where one body type is not always the ideal swimmer," Jensen said. "More important than one's biological factors is their work ethic and desire to succeed. I have seen that the one that holds on long enough will succeed."



Mary Lake (senior) is a Palm Springs, California, native who is currently playing her last year as libero for BYU women's volleyball. The senior competed on the U.S. Women's National Team over the summer and helped her team win gold in the FIVB Volleyball Nations League in a tough game against Brazil. Lake was the second youngest, and one of three collegiate athletes on the team.



Taylor Sander (alum) competed in the 2016 Rio Olympics and helped Team USA earn bronze. His team qualified for the 2020 Tokyo Olympics at the FIVB Olympic Qualification Tournament. Sander earned BYU's all-time single-match record for service aces (nine) and ended his collegiate career with an all-time record of 182. The four-time AVCA All-American is also No. 1 at BYU in career kills (1,743), career attempts (3,464), season attempts (1,021 in 2014) and season service aces (55 in 2014).



Jared Shaw (soph.) locked down a qualifying time in the 50-meter freestyle at the 2018 USA Swimming Futures Championship. The exercise major participated in student government and drama and lettered in baseball and track and field in high school. During his freshman year at BYU, he earned BYU's No. 3 all-time best spot in the 50 free with 19.80.



Payton Sorenson (alum) is BYU's No. 1 all-time best in 50- and 100-yard free, and BYU's No. 3 all-time best in 100-yard back. He qualified in both the 50- and 100-meter freestyle at the Phillips 66 National Championships during his senior year at BYU. "It has been a lifelong goal for me to qualify for the Olympics. Over the course of my collegiate career, I realized that I had a real shot."



Brynn Sproul (soph.) qualified for the Olympic trials during her freshman year at BYU, which has been a personal goal since she was a junior in high school. "When I saw the time I just could not believe it. I was just so so happy and relieved knowing I had done it. I was going to the Olympic trials. It taught me that I should never limit but believe in myself."



Connor Stirling (junior), 2013 and 2014 Academic All-American, was recruited by 10 colleges and was ranked as Arizona's top recruit. At the Arizona Long Course Senior Open Championships, Stirling qualified in the 50-meter freestyle. The finance major swam for BYU from 2015-16 then served in the Mexico Puebla North mission before returning to school and the swimming team in 2018.



Tatenda Tsumba (alum), represented his home country, Zimbabwe, in the 2016 Rio Olympics where he finished 69th in the 200-meter event. Tsumba made the national track team at 19. He transferred to BYU after attending a school in Ohio. Tsumba ran in the 2015 World Championships in Athletics held in Beijing, where he met Usain Bolt and Justin Gatlin. He trained with Bolt for three weeks before he made Zimbabwe's Olympic team.



Jared Ward (adjunct faculty), a statistics professor, ran in the 2016 Rio Olympics and finished in sixth. Ward qualified for Olympic trials when he finished eighth in the 2019 Boston Marathon with a personal best time of 2:09:25. His Boston Marathon time was two minutes faster than his 2016 Olympic time. The marathoner is married to Erica Christensen, a teammate from high school who was a hurdler for BYU in 2008.

UNIVERSE news briefs

FROM THE ASSOCIATED PRESS



Mexico community relocates after attack

A Utah man, who helped get his mother and other family members safely out of northern Mexico after nine people were killed in an apparent ambush, said that most fled to Arizona with whatever they could fit in their cars and trucks and they'll likely never return.

More than 100 people left their rural community in northern Mexico on Nov. 9 in an 18-vehicle caravan after the attack Nov. 4 in which nine women and children were killed by what authorities say were hit men from drug cartels.



Political victory for Navajo Nation

Voters rejected a ballot proposition in Utah that reignited a fierce dispute over Navajo voting rights and could have led to the expansion of a three-person county commission controlled by the tribe.

The measure lost by just 153 votes in San Juan County, which overlaps Navajo Nation, according to results posted Nov. 8.

The campaign highlighted long-simmering tensions between Native Americans and white residents.



Impeachment in the digital age

When the House impeachment inquiry of President Donald Trump begins its public phase on Nov. 13, people will be watching on screens large and small. Many are likely to be watching the proceedings on multiple screens, with real-time reinforcement of their preexisting views of Trump on social media platforms.

In the Watergate era, there was no Fox News or nationally prominent conservative talk radio shows, which today are favored by many of Trump's supporters.



Bloomberg teases presidential candidacy

There are many questions surrounding Michael Bloomberg's potential presidential candidacy. Whether he'll have enough money to sustain a lengthy and bruising campaign is not one of them.

The billionaire former New York City mayor opened the door this week to a potential Democratic White House bid, prompting an avalanche of criticism from would-be rivals who say he wants to use his vast wealth to buy the presidency.



Disney to release new streaming service

Disney will sprinkle pixie dust on the streaming arena Nov. 12, as its Disney Plus service debuts with an arsenal of franchises including Marvel and Star Wars, original series with a built-in fan base and a cheap price.

The \$7-a-month commercial-free service is poised to set the standard for other services like WarnerMedia's HBO Max and NBCUniversal's Peacock, as media companies behind hit TV shows and movies seek to siphon subscription revenue now going to Netflix and other streaming giants.

Provo residents elect new City Council members

By THOMAS MADRIGAL

Bill Fillmore, Travis Hoban, Shannon Ellsworth and David Shipley were announced as Provo City Council's newest members on Tuesday, Nov. 5, according to unofficial election results. Below is a look at the new candidates and their goals for the upcoming year as city council members.

Shannon Ellsworth

Shannon Ellsworth was the youngest candidate to win a seat as a city council member. She is also the only woman who was elected in this year's elections. She will be representing District 3.

Ellsworth graduated with an MBA from BYU in April and has worked in various positions throughout Utah with local and government organizations. While she is a fifth generation resident, she hopes to better the lives of all sorts of people living in Utah through

her service.

"People should know that I'm accessible," Ellsworth said. "I want to hear their concerns and I really hope they'll show up for council meetings and engage—commenting online is not enough."

Bill Fillmore

Bill Fillmore played a vital role in assisting residents with construction projects and buildings such as the Provo Recreation Center. More recently, Fillmore helped in passing Provo's recent bond regarding public safety.

Fillmore raised his eight children in Provo upon returning to Utah from back east. Fillmore met his wife at BYU while studying English literature and later obtained a law degree from the University of Chicago.

Fillmore formed the Fillmore Spencer LLC law firm in 1994. Since then, he has worked for The Church of Jesus Christ of Latter-day Saints, Chamber of Commerce, Provo School District and other local

organizations.

Travis Hoban

Travis Hoban was elected to represent District 4. Hoban works in the tech industry at an office where he manages over 140 employees. Hoban obtained his bachelor's at BYU and later went on to earn his master's from the University of Utah.

His main priorities as a City Council member are strengthening neighborhoods, ensuring smart growth for the city of Provo and making Provo more business-friendly through sensible spending, according to his campaign website.

David Shipley

New city-wide council member David Shipley has lived in Provo with his wife and children for the past several years. Shipley graduated from BYU with an MBA and a master's in financial planning.

With his background in financial planning, Shipley hopes to encourage better sustainability of future projects and better represent the community regardless of background, according to his campaign website.

He hopes the people of Provo understand that every resident's voice matters.

Shannon Ellsworth to take seat as Provo's youngest City Council member

By THOMAS MADRIGAL

Shannon Ellsworth will be the youngest and only female member of the Provo City Council come January 2020, according to election results.

She will be joined by Bill Fillmore, Travis Hoban and David Shipley as the council's newest members.

Although Ellsworth was the only woman to win a seat, she was one of three running in this year's elections alongside Valerie Paxman in District 4 and Janae Moss in the city-wide race.

In addition to being the only woman voted into the City Council, Ellsworth is also the youngest member. At 30, she is approximately 30 years younger than the average City Council member. She said this isn't something that made her any less confident though.

"I was not intimidated," Ellsworth said.

Ellsworth has worked and served in various departments throughout Utah including the Governor's Rural Partnership Board and Provo's Planning Commission. She was also the project manager and policy specialist for Slate County Consulting. She said her various job titles helped her prepare to take a seat on the city council.

Her motivation for running came primarily from wanting to give a voice to communities she felt were being underrepresented.

She said she recognizes that she may not be different from the majority of Provo's population in terms of race and



Preston Crawley

Shannon Ellsworth stands outside of the Provo City Council Chambers on Friday, Nov. 8. Ellsworth is the youngest city council member in Provo history.

religion, but that she won't let that stop her from being a voice for those who are different from her.

"I hope I can help populations that don't look like me or go to my church," she said.

Involving students in local politics is another priority for Ellsworth. She graduated from BYU with an MBA in April, and she cited a strong desire to include students in her work.

"We need young people to be involved," she said. "I really believe (students) can make a difference."

Robin Roberts, who ran

against Ellsworth, said he enjoyed the campaign race. Despite Roberts' loss to Ellsworth, he said there was no contention and he is content with the decision made.

"I don't think there was a bad candidate," he said. "There (were) all good people running."

Given Ellsworth's age and diverse experience, Roberts said he thinks she will adapt well to her new position.

"It's time for the young people to step up and do their thing," Roberts said. "She'll do a great job."

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ZooWho

ZooWho employees, from left, BYU student Seth Bair, BYU student Bridget Nistler, ZooWho CEO Sean Bair, BYU student Taylor Holbrook, UVU student Daniel Tovar, UVU student Hunter Davis and BYU student Claire Shaner.

Provo-based app encourages friendships

By EMMA BENSON

The average American knows 600 people, according to The New York Times.

But how well does one really know them?

In May 2018, Sean Bair was on his way to meet a friend when he realized he had forgotten the names of his friend's children, though he'd met them numerous times. Embarrassed, Bair quickly called his wife for help so he could avoid a potentially awkward situation.

That's when he realized there had to be an easier way to remember a simple piece of information like a friend's child's name.

When Bair returned home, he drew up his idea on his daughter's 20-foot dance studio mirror — then decided to take a risk by venturing into the world of app creation and financing it all himself.

"Every business is a risk," he said. "You have to trust your instincts."

Bair and his team released the first version of the app ZooWho on Sept. 16.

"The whole intent was to allow me to quickly capture details about people that I just met, or even people I'd known for a while — things that are important to them," he said.

Bair said he had tried using notes in his phone to keep track of details about other people. "It just wasn't the right tech to help me advance and be better."

ZooWho allows users to record information about family, friends and business associates in one central location, which enables users to nurture their relationships through active engagement, according to the website.

The app's features include a map of friends' locations across the U.S., a notes section to record important information about contacts and their goals and a calendar to track notable events. ZooWho also allows users to send a message, email or call contacts through the app.

The app even sends users reminders of events like upcoming birthdays and allows users to purchase gifts through the app.



Claire Shaner

CEO Sean Bair works in his office with the ZooWho app pulled up on his phone

"Anniversaries, baptisms, bar mitzvahs, you name it," Bair said. "Really, any sort of event can be captured."

Bair said another reason he created ZooWho is because social media often contributes to surface-level interactions, rather than nurturing relationships. Though Facebook does remind users of important birthdays and other events, Bair said the heads-up is typically the day of, and writing on their "feed" with 30 other people is insincere and doesn't advance relationships.

BYU public relations student and ZooWho product marketing manager Claire Shaner agreed that social media does not facilitate meaningful relationships.

"There are so many ways to connect through social media, and technology has made it easy to get in touch with somebody. But because it's so easy, it's often superficial," she said.

Shaner said she believes ZooWho will "help people come closer together." She is a ZooWho user herself, and said the app reminded her of her dad's birthday with plenty of

notice so she could send him a card on time.

BYU public relations student Jenna Dalton said she has memory loss, but ZooWho helps her remember important facts about the people she's close with.

"I really like it because I love my friends and my family and getting gifts for people," she said. "Having a central app where I can put all that information has been super helpful."

Dalton said she even talked about ZooWho in a church presentation and cited it as a way to advance ministering. She also noted that the app can help college students be more organized.

"At BYU, there are so many students, and we have so many different connections in our ward and places we live and jobs and classes. ... We know people from so many different ways that it's hard to keep track of who likes what or who does what," she said. "So having an app where I can put all that is super helpful."

ZooWho is available for free on the Apple App Store and Google Play.

New Provo airport terminal expected to benefit economy



Scott Baylon

Provo Mayor Michelle Kaufusi, Federal Aviation Administration representatives and Utah officials participate in the ground-breaking of a new terminal at the Provo Airport.

By KARINA ANDREW

State, county and city officials broke ground for a new airport terminal at the Provo Municipal Airport Wednesday, Nov. 6. Utah politicians joined Provo Mayor Michelle Kaufusi in setting off a small explosion on the groundbreaking site, which erupted in red, white and blue smoke.

The multimillion-dollar project will add four gates to the Provo Airport, which will result in various benefits to the local economy.

Utah County Commissioner Chairman Bill Lee estimated the economic growth this project will generate will equal \$300 million.

Kaufusi said this growth will happen as the

construction and operation of the new terminal creates jobs in Provo and as the increase in flights supports local businesses.

"Provo City is taking flight," Kaufusi said.

Lt. Gov. Spencer Cox said the growth isn't limited to Provo as economic experts have been impressed by the steady economic growth throughout the state.

Investing in infrastructure, Cox said, is a sure way to maintain growth that future generations will continue to reap the benefits of.

"What's happening today — what's happening in Utah County — will be a game-changer for all of us," Cox said.

Groundbreaking speakers also celebrated the convenience Utah County residents

will enjoy at the airport because of the changes. A new terminal, according to Kaufusi, means shorter baggage and security lines, less crowded parking and lowered overall costs.

Provo Airport Manager Steve Gleason also noted that more flights leaving from the Provo airport will save more Utah County residents the drive to or from Salt Lake City.

"When you land in Provo, you realize you're 15 minutes away from your bed," he said.

This sentiment reflects Kaufusi's primary hope with the terminal project: that it will increase the sense of community in the city.

"We want your Provo airport experience to mimic our Provo City slogan," Kaufusi said. "Welcome home."

TODAY

PERFORMANCE DEVOTIONAL
Tuesday, November 12,
11:05 a.m., Marriott Center

This event will be broadcast to the JSB Auditorium.



BYU'S COLLEGE OF FINE ARTS AND COMMUNICATIONS is home to the largest and most versatile dance department in the United States. For more than 50 years, BYU students have shared a spirit of joy with people worldwide through the creative expression of dance. Performances strive to strengthen and support members of the Church in distant lands and can also be seen on campus throughout the year.

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Personal finance education critical for confidence in adulthood

By MORGAN MARCH

Sarah Boyce left her hometown in Indiana and came to BYU excited for the opportunities that awaited her academically and socially. She had recently opened her first bank account and received her first debit card. She lived on campus, had a meal plan and had a scholarship to help pay for tuition. She was positive that she would succeed as an independent college student.

However, Boyce ran out of money by February of her freshman year and had to borrow enough money from her parents to get her through the remaining three months of the semester.

"Even though I was pretty independent in high school, there was a realization when I came to college about all the things I didn't pay for before like laundry, housing and food," Boyce said.

Now a junior, Boyce said she wishes she had been better prepared for the financial responsibilities that come with adulthood and college life.

High school students often dream of becoming an adult and heading off to college, but newly independent students don't always fully realize the significant strain that adult responsibilities might have on their wallet. This is only magnified without a proper education in personal finances — whether that omission occurred at home or in school.

"Being taught about these things would have increased my confidence level," Boyce said. "It wouldn't have been as stressful or as terrifying. I don't think people get the help they're entitled to because they just don't know how to get that help."

According to a 2018 study by the Council for Economic Education, only 17 states in the U.S. require high school students to enroll in and complete a personal finance course. The number of states that require such a course has not increased since 2016.

"Utah high school students need to take a financial literacy class to graduate," Dana Adcock, a BYU family life adjunct professor, said. "This class helps them navigate topics like credit, debt, managing money and saving money."



Morgan March

BYU senior Amy Wilson uses one of the ATMs located outside the Wilkinson Student Center. Wilson, like other students, has learned more about personal finances during her time at BYU.

The class is to be taken during students' junior or senior year. According to the Utah State Board of Education, while enrolled in the finance course, "students will gain the information and skills to implement a life-long plan for financial success."

The class covers topics such as basic economics, personal financial goals, income, investment strategies, budgeting, credit scores and more. Once the course is completed, students can work towards earning a certification.

"As a member of the school board, I support all efforts to educate every student in an appropriate way," said Sara Hacken, an Alpine School District school board member. "That would certainly include the life skills classes that we offer at the district."

Although states like Utah are striving to help students cultivate the skills they will need after they leave high school,

there are 33 states that do not require personal finance courses in high school.

However, college students who were not required to take a finance class or did not have access to these classes in high school can still take college courses to learn to be financially independent. Colleges across the country offer personal or family finance classes to help students learn the basics of money management, taxes, investing and other topics.

The BYU Financial Fitness Center is designed to help students of all ages and circumstances, including those getting married, expecting a child, graduating from college, heading to graduate school or considering taking out more student loans.

From tax help to retirement planning, students can meet with financial fitness counselors who will help guide them in these financial decisions and questions.

In addition to the Financial Fitness Center, located in A-166 ASB, the BYU School of Family Life offers a family finance class — SFL 260 — to help students learn about smart money practices and help them take control of their personal finances.

Throughout the class, students not only learn basic concepts like budgeting, but also complex concepts like buying a home or planning for retirement. Other topics like credit, taxes, insurance and investing are also covered.

These topics are often unfamiliar or uncomfortable to students who have not received proper instruction about personal finances from their previous schooling or teaching at home.

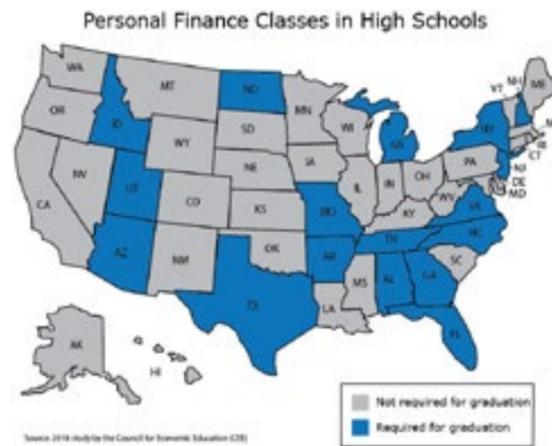
"I am astounded at how little students know about finances at the beginning of the class and how much they learn during the class," said Jeff Hill, associate director of family studies. "I have received countless emails thanking me, especially when it came to big financial decisions like buying a car or a house."

In order to give students real-life experience with handling finances, many homework assignments in SFL 260 require students to practice the concepts learned in class with their own money. Some of these practical homework assignments include creating a budget, documenting a personal net-worth statement and creating a savings plan to purchase an item of the student's choice.

"I ask my students how much they have learned and about the skills they have developed at the end of the semester. Most of them report learning a great deal," said BYU professor of family finances Jeff Dew. "It's gratifying to have a student tell me that they are in a more financially stable place — or even just more happy — because they know how to manage their money now."

Dew said a basic understanding of financial principles is essential for students to have freedom in their lives.

"When we understand and live sound financial management principles, we are more free to act both now and in the future," Dew said. "It also has to do with having a stable financial situation. Sound financial management behaviors promote stability. Although we might not become the next millionaire, we will have a more secure financial situation."



Morgan March

According to a 2018 study by the Council for Economic Education, only 17 states in the U.S. require high school students to enroll in and complete a personal finance course.

Combatting rising student debt through finance education, loans

By MORGAN MARCH

Only 17 states in the U.S. require high school students to take a financial literacy class to graduate. Pennsylvania is one of the 33 states that does not require this, nor does the state have standard testing for personal financial education.

However, Pennsylvania has recently moved towards allowing students to count up to one credit of personal finance credit toward graduation requirements for social studies, math, business education or family and consumer science. A bill is currently moving through the state legislature to make the change.

The move comes after state officials learned Pennsylvania has the second-highest average student loan debt per student in the U.S., according to Forbes. On average, each student in Pennsylvania owes \$36,854 in student loans.

The survey also shows that Utah has the lowest average student debt per person in the U.S. at \$18,838. Even so, student debt has been steadily rising for decades across the U.S.

Undergraduate students who received their bachelor's degree during the 2016-2017 school year borrowed an average of \$28,500 to pay for their schooling, according to the College Board. The total amount borrowed has increased by 3% from those who received their bachelor's degree during the 2011-2012 school year, and that figure has continued to climb.

As the trend continues upward, there has been a lot of chatter, especially on social media, blaming the lack of personal finance education that takes place in high schools and colleges across the country.

Although personal finance education could lead to a better understanding of wiser financial practices, experts say that education alone may not be enough to keep students out of debt.

"A lot of our money behaviors are driven by emotion — not just knowledge," said BYU family finances professor Jeff Dew. "So while personal finance education could help a student understand alternatives to debt and the problems that debt can bring, unless they also have a thrifty mindset or attitude, the education alone may not help them avoid debt."

Both personal finance education and the practical implementation of skills and habits are key to avoiding debt.

Student debt isn't the only financial worry young people face while attending college. Other kinds of debt may include car loans, credit card debt and consumer loans. Regardless of the kind of debt incurred, it can pose a serious threat to one's financial security.

Research shows debt not only puts a strain on an individual's wallet, but is also known to affect mental, emotional and social well-being.

"Research is clear that debt is associated with higher levels of stress, anxiety and depression, working more hours than one would like to work and even greater relationship conflict," Dew said.

While debt can have a negative impact on personal well-being, student loans allow students to access graduate schools that would not be possible otherwise.

The most common type of student loans offered by the government are direct subsidized and unsubsidized loans.

Subsidized loans are intended to help undergraduates, and interest does not begin accruing until the student has dropped below half-time enrollment for at least six months. The government pays the interest while the student is in school.

Unsubsidized loans are available to help undergraduate and graduate students, but interest begins accruing at disbursement.

Students are able to apply for federal student loans, as well as federal grants, through the Free Application for Federal Student Aid.



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Simple Bites

Recipe Column

Ingredients

	For 1	For 2	For 4
Baby carrots	1 cup	2 cups	4 cups
Butter	1 tbsp	2 tbsp	1/4 cup
Brown sugar	2 tbsp	1/4 cup	1/2 cup
Salt	1/2 tsp	1 tsp	2 tsp

Directions:
Slice baby carrots in half lengthwise, place in pot. Add butter, brown sugar and salt, stir slightly. Cover and cook over medium heat stirring periodically. Carrots will be soft when poked with a fork when done. Drain excess juice. Serve hot.



This week:
Glazed Carrots

Scan this photo with the **UNIVERSE PLUS** app to see our video of how to make the curry chicken.

Utah cities say those who mine public records for data should pay more

By ANNA MORGAN

SALT LAKE CITY — Officials from the Utah League of Cities and Towns say that the state's public records law needs to be amended to require "frequent requesters" and commercial users to pay more for requests because large record requests strain local budgets.

"The city is doing research for commercial benefits at taxpayers' expense," Cameron Diehl, executive director of the Utah League of Cities and Towns, told a legislative committee on Oct. 16.

Utah's public records law, known as GRAMA, outlines who has access to records and how the law is enforced. The statute aims to balance a citizen's right to access government records with individuals' constitutional rights of privacy when the government gathers personal data.

Generally, the law only requires requesters to pay for charges of making copies of records and also allows fee waivers for those acting in the public interest. Who is eligible for waivers is decided by the government entity fulfilling a records request and can vary according to the county and state.

City officials want lawmakers

to make a distinction in rates for those who gather the data and then resell it or repurpose it for profit. Opponents argue this opens the door for the government to decide who does and who doesn't receive favored treatment under the law. Linda Petersen, president of the Utah Foundation of Open Government, believes that favoritism will be hard to avoid.

"If it's purely a commercial need, it should get less priority in terms of getting free records. The public interest or public impact should always be given the higher priority," Petersen said.

As large requests for public records can strain government entities, Diehl said he believes that there are two issues the public and lawmakers need to be aware of.

"The two main topics of concern are excessive GRAMA requests and the concept of data mining," Diehl said.

During the Legislature's Government Operations Interim Committee meeting, Diehl explained that the term "excessive GRAMA requests" is not defined in state law. Because of this, Diehl proposed adding legislation that addresses the scope, volume and frequency of GRAMA requests.

Diehl said this has become an issue since the number of



Dani Jardine

Lawmakers visit outside the House of Representatives chamber in the Utah State Capitol. Excessive public records requests have the Utah League of Cities and Towns concerned with the scope, volume and frequency of such requests.

GRAMA requests began to increase around the state. For example, an individual in Stockton, a town near Tooele with less than 1,000 people, asked for all zoning ordinances from 1900 to the present day, forcing town officials to spend tax dollars to respond to the records request.

The exact number of tax dollars spent on excessive GRAMA requests cannot be clearly determined because the total cost depends on the scope of requests and who is included in the request. All requests and costs vary by scope and request of the jurisdiction.

Not only have some GRAMA

requests become excessive, but they also have led officials to believe individuals have been using the GRAMA process to get public documents to further commercial interests, making the government a research arm of private businesses.

"There have been multiple cities that have received

requests for all the building permits related to pools so that this company could then follow-up with these new pool owners within the city to try and sell them a product," Diehl said.

The Utah Media Coalition — made up of the state's newspapers, broadcast outlets and journalism organizations — has opposed moves in the past to have the government designate "good and bad" records requesters.

"It's going to be difficult. Commercial needs should get less priority in terms of getting free records over something that concerns the public. Waivers should be available in such instances," Petersen said.

There is currently no bill proposal for the board to consider. However, Diehl explained that he took the time to address the committee to see if they would be interested in pursuing the conversation further and keeping the dialogue going.

"I hope the media coalition can see that there is a problem that needs to be addressed and I hope that the public and the Legislature understand that the media coalition has a legitimate, genuine interest in ensuring transparency of public operations," committee chairman Sen. Daniel Thatcher, R-West Valley City, said at the meeting.

BYU alum designs metro-style biking paths for Provo

By KARINA ANDREW

BYU alum Matt Wilcox designed a plan to make biking in Provo easy, safe and colorful. He noticed the difficulties of traveling by bike while studying urban planning at BYU five years ago and planned a protected bike route to counter issues Provo bikers face.

Wilcox's idea is to build painted bike lanes that correspond to colored lines, much like a public transit map. These clearly marked lanes in a functional network could make biking safer and easier, especially for inexperienced bikers.

"This is an easy way to get around," Wilcox said. "You

know that you'll be comfortable and safe when you're in this network."

One of Wilcox's biggest complaints about current Provo biking accommodations is that inconsistent access to bike lanes make the city difficult and dangerous to navigate.

"I felt like bike networks are not as coherent and complete like a road network," he said. "There's never a moment when you're driving your car and all of a sudden the road disappears for three blocks until you get to another road."

Provo resident and biking community member Scott Houghton expressed excitement about the project.

"I think it will help a lot of people who are wanting to ride

their bikes but don't know how or where they can ride. Provo is a city that is perfect for bike commuters, but the infrastructure is lacking," Houghton said. "This bike map is a really great tool."

The plan, which Wilcox has named the Provo Line, is just one of three Provo-based biking projects Wilcox is designing as part of his master's degree studies at the Harvard Graduate School of Design. He plans to present his ideas to the Provo City Council.

Austin Taylor, parking and sustainability coordinator for Provo, said it would be difficult to implement colored bike lanes because of national standards restricting the number of painted markings allowed on city streets.

"It's probably not going to lead

to anything physical, anything on the ground," Taylor said, adding potentially high costs as another hindrance to the project.

Despite these hurdles, Wilcox said he remains optimistic that the city council will find his ideas and designs useful, even if they can't implement them in their entirety.

Wilcox plans to work for his family business, which designs communities and builds homes, after finishing his master's degree. Though he no longer lives in Provo, he said he wants to stay involved with any of his projects that might go forward in the city.

"I'm irrationally still interested in Provo's development," he said.



Matt Wilcox

Matt Wilcox's passion for biking inspired him to design safe, easy-to-navigate bike routes for Provo.

MIXTAPE

Australians

"Babes"
Hockey Dad
Dreamin

Hockey Dad brings a fuzz-pop twist to the Australian punk scene. Formed by two friends out of the small coastal town of Windang, Australia in New South Wales, Hockey Dad is an example of the power of a classic two-piece (guitar and drums) punk group.

This week:

Connor

"Once You Know"
Good Morning
Shawcross

"Sagan-Indiana"
Camp Cope
How to Socialise & Make Friends

Often times when foreigners sing, their accent is nearly lost in their singing voice, however this is not the case with Camp Cope. The voice of singer and front-woman, Georgia McDonald (aka Georgia Maq), is aggressive, powerful, and flaunts her Australian accent. Along with the unique vocals, Camp Cope sets themselves apart with punchy, standout basslines which refresh the world of bass-forgotten music.

Scan the album covers with the Universe Plus app to hear a sample of each song.

BYU ARTS

byuarts.com | (801) 422-2981

BYU Cougar Marching Band

Join the Cougar Marching Band for the loudest concert on campus! The show features fan favorites, songs from the season's half-time shows, and more.

Tues., Nov. 12, 7:30 p.m.
de Jong Concert Hall

Jazz Ensemble

BYU Jazz Ensemble's "Stompin' at the Savoy!" will be a fun night full of rhythm and good music, including works by legendary jazz artists Duke Ellington, Glen Miller, and Count Basie.

Wed., Nov. 13, 7:30 p.m.
de Jong Concert Hall

A Wilder Night: Three Short Plays by Thornton Wilder

Nov. 13-16, 20-23, 7:30 p.m.
Nov. 16, 23, 2:00 p.m.
Margretts Theatre

Wildcat

Fri.-Sat., Nov. 15-16, all day
Wilkinson Student Center Ballroom

Syncopation

Fri., Nov. 15, 7:30 p.m.
Madsen Recital Hall

Much Ado About Nothing

Nov. 15-16, 20-23, Dec. 4-7, 7:30 p.m.
Nov. 16, 23, Dec. 7, 2:00 p.m.
Pardoe Theatre

Ballet Showcase Company

Sat., Nov. 16, 7:30 p.m.
Dance Studio Theatre, Richards Building

BYU Singers, Concert Choir, and Baroque Ensemble

Sat., Nov. 16, 7:30 p.m.
de Jong Concert Hall

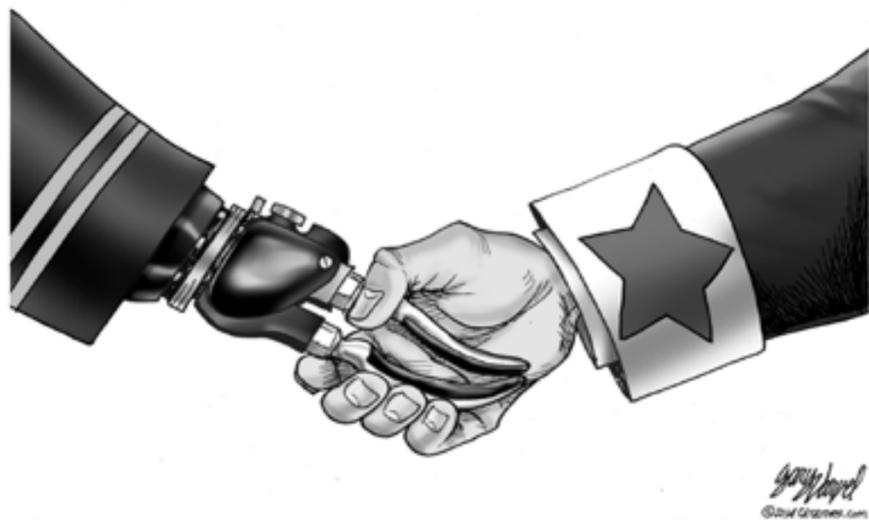
All events are ticketed.

BYUarts



Chattanooga Times Free Press/Bennett

Thank a Veteran



garyherbert.com

Tweet Beat

#BYU #BYUprobs

Want to see your tweet in print? Tweet something about life around you with #BYUprobs or #BYU and hopefully it makes the cut.

Leave comments at universe.byu.edu or @UniverseBYU

@chloemcew

@HeardAtBYU "Dwight is the assistant to the supreme overlord" #TheOffice

@emmajwalton

Boy: hi I just wanted to say that you're really cute

Girl: a—

Boy: "pointing to her hand" and I see that you're married but

Girl: I'm engaged

@HeardAtBYU

@glitr_4_bkfst

Person a: "I'm scared of fractions"

Person b: "I'm scared of everything."

Fractions, word problems, math, failure, boyfriends."

@HeardAtBYU

@hailbop_11

"I don't actually *want* to be a polygamist"

@HeardAtBYU

@kyra_marriner

"Go buy some full fat yogurt to get yourself to thanksgiving" -my prof @HeardAtBYU

@Jessica92643002

@HeardAtBYU "calling names to come get food at Chick-fil-A" #Wingardium Leviosa?"

@sydsimps12

Guy 1: "How are you, man?"

Guy 2: "Pretty good. I started donating plasma yesterday."

1: "Oh? How's that?"

2: "It's some sweet moolah."

@HeardAtBYU

@AaronJustvig

(From acting class, presented without context)

Student: "In my head I can't realistically imagine cuddling rotten commies."

@heyrahele1326

"if girls can't wear short shorts then guys can't have unibrows" @HeardAtBYU

@EmmyLjo

"On Mutual you have more options. Why do you think my NCMO count is so high?"

@HeardAtBYU

@_bakergirl1

teacher: "while holding an old book, a page comes out" "...Well be careful passing the book around. This is how we lose plain and precious things"

@HeardAtBYU @byuprofessors

@kay_wallet

"Saturdays are for the boys and Sundays are for the brethren" -a kid in my music ed class

@gracerlange

"My husband doesn't like Disneyland. He's only been as a child though so I'm going to make him go as an adult and he will like it, or he'll need to find a new wife." @HeardAtBYU

@SarahGashler

Prayer for the basketball home opener:

"We are grateful to participate in the gift of Sport"

@HeardAtBYU

@lucyannnk

"the number of chihuahuas I slapped with a Book of Mormon while on my mission was UNREAL"

@HeardAtBYU

@itsamymiller

Saw this guy walking around campus with a big poster on him featuring the Internet Explorer logo... And I was like "huh, Halloween was four days ago, he's a little slow..." and then I GOT IT.

AND THIS KID IS A GENIUS. @HeardAtBYU

@jordtay26

Hello yes, I am at BYU to only learn everything I've already been taught in primary. Please do not expose me to other ideas and perspectives. That's not what a college is for.

@thecolorhannah

That sloth scene in Zootopia, but instead of the DMV, it's the Subway at BYU

@taylor_dixon_

a dude showing his friend a girl he likes:

"here's her instagram"

friend: "she has http://churchofjesuschrist.org in her bio?? oh so she's THAT kind of mormon. good luck dude."

@HeardAtBYU

@JbKnockout

as a child i thought i'd have to deal with the bermuda triangle a lot more than i have in my adult life

@fremlo_

My ward is having a munch and mingle after church, is it possible to munch and not mingle? Asking for a friend

Tweets are unedited

Restricted access on campus

It was the first day of school, and students shuffled hastily into the classroom. I found myself engaged and actively participating in the class discussion. I looked up to observe my peers. Some were browsing the internet on their personal computers, scrolling through Instagram pictures on their cell phones, texting or just daydreaming. Regardless, I tried to stay focused. I never thought an influence like this could distract me; however, I eventually found myself pulling out my own phone and doing the same.

In an article titled "How Social Media can affect College Students and their Mental Health," the author explains, "One of the biggest challenges college students face today is struggling with mental health." The greatest challenge is the struggle to concentrate and use time wisely. While universities continue providing students with unrestricted WiFi access, students have the freedom to choose between learning or continuing to scroll, swiping and double tapping on the personal electronic devices they are chained to.

We are responsible for our education, our lives and what we do with them. Unless we can find a way to change our habits, promote healthy lifestyles and make an effective change in the classroom, it will be hard to excel academically and maintain a healthy balance in our lives. Students and teachers would benefit from limiting access to web pages and social media sites on campus. Ratings, education, participation and productivity would rise and professors would find gratification with higher participating audiences.

—Finn Kirk
Salt Lake City, Utah

Regaining control through therapy

I realized something quickly into my college career: college is overwhelming. Endless reading, constant due dates, making new friends, countless rejections from girls, following the Honor Code. I was feeling lots of stress, but I wasn't finding ways to relieve it. I had heard about Counseling and Psychological Services here on campus, and I tried it out. I went into a walk-in appointment and the counselor listened to my problems and helped me deal with all the built-up stress in my life.

We, as college students, need to use counseling to manage the stress of life and face our problems. There is a stigma that therapy is just for those struggling with mental health problems. But that isn't true — counseling can be an outlet for all college students. The University of Kansas's research tells that counseling helps people identify where their stresses and struggles are coming from, and then how to manage and deal with them. Counselors show you there is hope, while

teaching you skills for managing stress and facing your problems.

Attending therapy doesn't mean life will suddenly become easy. The hard days and the struggles are still there, but counseling is an enabler. It enables you to take control of your life. You will no longer be controlled by your stresses or your problems. Instead, you will recognize them for what they are and use the necessary skills to move past them. You may still be hesitant to try out counseling because you are a poor college student, but that doesn't need to stop you. BYU offers free appointments with a counselor at CAPS. You can call to get on the waitlist for CAPS, but if you really need help like I did, you can go to a walk-in appointment.

I'm not saying that we all need to go to counseling every week for the rest of our lives. We all have different needs. Sometimes it only takes a couple of visits, but those visits can change your life like it changed mine. It gave me control. So, go and take control of your life by meeting with a counselor.

—Harrison Stephan
Nampa, Idaho

Standardized testing: a necessary evil

Standardized testing has become an increasingly regular part of our education today. We have all experienced these stressful situations before, which raises the question: why are we continuing to allow others to suffer like we did? Through choosing to only focus on the negative aspects of these tests, many fail to see that standardized testing can actually benefit students' education.

Standardized testing allows students to show how well they perform on a timed, academic exam. Results from standardized tests allow students to show how well they compare to other students academically on an equal and fair battlefield. They also allow schools to make changes, if necessary, to their curriculum and how they teach, improving education system for the students.

Although standardized tests have many benefits, many argue that they cause too much stress, having negative effects on the brain. But there is just simply not another method of testing that could accomplish what standardized testing does in such an efficient manner.

So how can students reap the benefits of standardized tests without suffering from all the stress and anxiety that comes with them? Many students view standardized tests as a one-try-only thing, but these tests can be taken more than once with the opportunity to improve each time. By changing how we view these tests to something more positive, instead of the end-all view we all gravitate toward, we can change that stress into success.

—KD Salmon
Alberta, Canada

OPINION OUTPOST

The Opinion Outpost features opinions and commentary on the latest hot topics from state and national news sources.

Funding education

It says something about the state of the Democratic presidential race that a \$500 billion college affordability plan might be considered modest and incremental. In fact, we would argue that South Bend, Ind., Mayor Pete Buttigieg's new education proposal is both more affordable and more progressive than the other, more expensive ones out there; indeed, more progressive because it is more affordable and better targeted.

—Editorial Board
The Washington Post

Taxing the rich

The specific proposals by (Senator Elizabeth) Warren and

one of her rivals, Senator Bernie Sanders, to impose a new federal tax on wealth are innovations that require careful consideration.

But a necessary part of the solution is to collect more from those Americans who have the most.

And there is little evidence to justify (Bill) Gates's concern that tax increases ... would meaningfully discourage innovation, investment or economic growth.

—Editorial Board
The New York Times

Veterans Day

This year, Veterans Day comes only two days after the 30th anniversary of the fall of the Berlin Wall. That's a happy coincidence.

The world-changing events of that day highlighted the value of freedom and liberty, but it also brought to focus the great sacrifices of selfless veterans who have carried out

battles in the name of freedom throughout the history of the United States.

... Freedom is indeed not free, and the price of our freedom should be known.

—Editorial Board
Deseret News

Cartel violence

With U.S. funding and other assistance, the Mexican military fought violent drug cartels for more than a decade. Despite that, Mexico is now an even more dangerous and violent place, a fact driven home by the most recent attack. The country's homicide rate reached record highs this year.

Even setting aside the sensitive issue of Mexican sovereignty, it's hard to see how U.S. troops could "quickly and efficiently" end a problem that has been plaguing Mexico for decades.

—Editorial Board
Los Angeles Times

Utah refugees

Gary Herbert has not averted the deaths of millions in a nuclear conflagration. But a letter the Utah governor sent last week in answer to a communication from the current president is likely to save the lives of thousands of desperate people from around the world.

The governor noted that Utah has taken in a great many refugees in the past, seen them become hard-working

members of society, and would be willing to take in many more in the future.

—Editorial Board
The Salt Lake Tribune

Whistleblower identity

Let's just say that the whistleblower who raised alerts about President Trump's misconduct this summer turns out to be a nose-picking Communist who double parks.

Would it really make any difference?

The answer is no — the facts are the facts, no matter who reported them. But the very act of outing the whistle-blower, no matter who he or she is, definitely would make a difference — by severely undermining the credibility of a whistleblower system designed to protect government workers who come forward to report waste or wrongdoing.

—Editorial Board
The Boston Globe

WE WANT TO HEAR FROM YOU

The Universe encourages students, faculty and BYU staff to add their voice to ours by writing letters to the editor and guest editorials, or by submitting editorial cartoons.

• All letters should be submitted by email to universe.ideas@gmail.com. The topic of the letter should be included in the subject line.

• Letters should also include the author's name, hometown (for students), campus position (for faculty and staff) and phone number. Anonymous letters will

not be published.

• Letters should be no more than 250 words and may be edited for length, clarity or style.

• Guest editorials should be 500 to 700 words and are encouraged from individuals with professional or academic expertise on the topic.

• Original cartoons are also welcome.

Opinion editor Karina Andrew can be reached at universe.ideas@gmail.com.

McKenna Miller on relationship, recovering from injury

By ASHLEY JORGENSEN

A group of friends gathered together for a game night in typical Provo fashion. McKenna Miller attended to get to know one specific person — Alex Ah Sue. In fact, the whole game night was orchestrated by Miller and her teammate Kennedy Eschenberg to give them a chance to meet.

Miller had seen Ah Sue around, and her interest was piqued when she heard he was single. She talked to Kennedy, who talked to her then-boyfriend Zach Eschenberg, and he reached out to Ah Sue. The spark was immediate for Miller, but it took a little longer for Ah Sue to realize he felt the same way.

It wasn't until Miller attended an indoor beach tournament Ah Sue was playing in that he began seeing her as more than a friend. Once the tournament ended, the two spent the rest of the day together with friends. Their story soon had a plot twist.

They began dating in April 2018 and got engaged in November of the same year, a week before Miller landed wrong during a game and tore her ACL. The injury forced her to sit out the rest of the 2018 season.

Miller said she experienced all of the stages of grief within minutes of the injury. She was devastated but took the time to help others feel good when they reached out to her.

"She is such a happy person, so it was really sad to see her going through that injury because for the first couple of days, she was in so much pain and kind of gloomy," Ah Sue said. "After she got over that initial pain, she still found ways to make others happy."

Fast forward to the 2019-20 season, and there is no sign of Miller's injury except for the brace strapped to her leg. The volleyball player attributed her quick recovery to her fear of missing out. She said sitting out for everything was harder than powering through recovery.

"I think I was kind of stubborn," Miller said. "I knew I didn't want to redshirt. I wanted to play my senior year with this team. I hated sitting out. It was just a FOMO kind of thing.



Hannah Miner

McKenna Miller prepares to receive a serve in Oct. 1 game against Loyola Marymount.

I hated having to shag at practice and watch everyone get better while I was learning how to walk again. That kind of motivated me. I was just tired of sitting out and not being included."

Miller tried to stay strong around her friends during practice, but she said she sometimes had to break down and express her frustrations to Ah Sue who understood how mentally and physically draining volleyball can be through his own experiences

on the BYU men's volleyball team. Miller said Ah Sue became her emotional punching bag and that she couldn't imagine going through the recovery process without his help.

The couple got married in May 2019, and McKenna made her return to the court on Aug. 30. Her teammates, including libero Mary Lake, were happy to welcome Miller back. Miller and Lake are both seniors this year. They started together and had



Hannah Miner

McKenna Miller, left, celebrates with teammates Mary Lake and Kennedy Eschenberg after scoring a point in a game against Weber State on Sept. 7.

hopes of finishing their BYU volleyball careers together.

"I'm just happy to be out there again with McKenna," Lake said. "She's an amazing volleyball player and it feels natural to be playing with her again."

Now that Miller is traveling with the team again, the couple faces a new set of challenges. The BYU men's volleyball team schedule is the opposite of the women's. When Miller is done traveling, Ah Sue begins.

Their daily schedules are the opposite too. The men's team practices from noon to 3 p.m., and the women's team practice starts immediately after and runs until 6 p.m. Between their two schedules, they say it is hard to find time to spend together.

Although volleyball creates challenges, their shared love of the sport also bonds them. Miller said it's nice to have someone who understands when she talks about practices and specific sets they run. They also try to support each other when their teams are in season.

"Emotionally, you know how hard it is sometimes in the season with everything, so it's nice when I'm in season because he's super supportive and helpful, and I hope when he's in season, I'm as helpful as he is," Miller said.

Miller and Ah Sue make an effort to attend every home game the other has. Miller said she bought a jersey with Ah Sue's number on it to wear. She said she has always enjoyed the men's volleyball games, but they are more stressful now.

This season is Miller's last at BYU. She is considering going pro, if possible, with Ah Sue still in school for two more years. Her backup plan is to become a dental hygienist with her exercise and wellness major. She said she is trying to keep her options open, but for now, she is going to give her last season at BYU everything she's got.

As of Nov. 11, Miller has 1,372 kills in her BYU career with 323 from the 2019 season. This season she has also has 80 digs, 43 blocks and 11 assists.

Identical twins prompt double take, push each other

By EMILY ANDERSEN

Spectators are sweating in the hot sun as they watch exhausted young men running with all their might, fighting against the heat. Friends and parents cheer while coaches stand to the side and remind the athletes what they're here for.

One by one, the runners come across the finish line. Panting, one runner stops to face the next finisher. A bystander does a double-take, questioning why one of the runners crossed the finish line twice. Garrett and Jacob Stanford just smile and congratulate each other on a race well done.

Jacob and Garrett Stanford are identical twin runners and freshmen on BYU's cross-country team. They're witty and ambitious in both team and school settings, according to cross-country coach Ed Eyestone.

"We were able to watch them over the course of their junior and senior year (of high school), and they were performing, hitting the types of times and standards that we typically look for," Eyestone said. "They're just amazing students, as well."

The brothers are redshirting on the cross-country team this year, meaning they are practicing and running with the team but their scores aren't contributing to the team's statistics this year. College athletes are allowed four years on the team, but they have five available years to use, so redshirting their first year can be a great way for athletes to get to know the style of the team and improve their running in order to be stronger contributors in the future, according to Eyestone.

The brothers from Carlsbad,



Sierra Phipps

Stanford brothers Garrett, third from left, and Jacob, fourth from right, run with other members of the BYU cross-country team at practice as they prepare for their next meet.

California, have been running cross-country since a friend introduced them to the sport in seventh grade. Bill Vice, the head coach at their high school, La Costa Canyon, said they were the top two runners on the team.

In the 2018 California state cross-country championship, the duo's last high school cross-country meet, Jacob finished fifth and Garrett finished

ninth in their division. They were the second and third runners from their team to cross the finish line, which contributed to the La Costa Canyon Mavericks taking second overall.

Concerning differences in their running style, the twins said they run almost at the same level, though they do have different strengths. Jacob typically does better in cross-country

running, while Garrett shines more in track and field. Even with their differences, they often find themselves finishing within seconds of each other, and it can be hard for others to tell who is who.

"I had to check the color of their shoes for races to tell them apart, although when it got tough, Garrett did develop a facial expression that

resembled Popeye the Sailor Man," Vice said.

The twins said that even though the sport naturally comes with a lot of competition, they prefer to be in it together. They said they try to run next to each other whenever possible so they can push each other to do better.

"It's more fun doing things as a twin, I think. It'd be wasting what being a twin is if you didn't do stuff together," Garrett said.

Working together to improve is a skill that the twins have also been able to apply to life outside of running. While in high school, Garrett and Jacob created an app called "Hay Bales 2," which is based around their cross-country team at La Costa Canyon High School. In the game, runners from the team are characters who have to escape from different things that chase them while jumping over hay bales.

"It was really fun to emphasize the team culture of our high school," Jacob said. "It was definitely like a tribute to the team that we had."

Vice added that the app was a big part of carrying on the culture and traditions that the team had.

"They probably know more about our team history than I do," Vice said.

The twins are currently undecided majors but said that both have been looking into the computer science major, hoping to put to use some of the skills they acquired building their app.

As far as their goals in cross-country, they said they're just happy to be on the team and excited to see where it takes them.

Through it all, the Stanford twins stick together. "We try to run not against each other, but with each other," Jacob said.

Volleyball fans dedicate hours to team, uplift Cougars

By ASHLEY JORGENSEN

It was the third set. BYU men's volleyball was behind 14-9 when Craig and Lorraine Lybbert wandered into the Smith Fieldhouse for the first time on Feb. 12, 1993. The couple had recently moved into the area and was driving the streets in search of something to do. They saw something was going on in the Smith Fieldhouse and decided to check it out. The building was packed, but the Lybberts found seats on the upper level on the north side and settled in to see what all the excitement was about.

In the pre-rally era game, the Cougars had already lost the first two sets to Pepperdine, so this was their last chance if they wanted to take home a win for the night. It was set point for Pepperdine, but BYU held on and made a major comeback. BYU won the third set and the following two sets to take home a win for the evening (3-2).

"We were hooked that night," BYU volleyball fan Craig Lybbert said. He said he enjoyed the faster pace of volleyball. Craig and Lorraine Lybbert have made a special effort to attend every home BYU volleyball game since that February night in 1993, even if it means arriving early to get their favorite seats.

On Saturdays, Craig was known to arrive up to 10 hours before a game. His extra time at the Smith Fieldhouse gave him the opportunity to get to know the teams and coaches over the years including some of the parents of the current BYU women's volleyball team.

"Now we've got the kids of a lot of these players that we followed very closely," Craig said. "Morgan and Whitney's mom



Ari Davis: Martin Wright holds up an ace sign at a BYU women's volleyball game.

was a great volleyball player, so we're close to them and their parents."

The couple has also played an important part in the recruiting process. Over the years, potential non-Latter-day Saint recruits have specifically been seated next to the Lybberts during volleyball games.

Felipe de Brito Ferreira, the current BYU men's team middle blocker, was seated next to the Lybberts when he was considering playing for BYU. Since Ferreira joined the team, Craig has taken photos during matches for the player to send home to his family in Brazil.

It wasn't until the 2019 BYU men's volleyball season that the Lybberts first received assigned seats in recognition of their dedication to the men's and women's teams. They still arrive early out of habit, but they don't have to block out their entire Saturday whenever BYU has a game. Craig can be seen standing in the back row of the lower level on the north end of the court, right in front of the screen, with his arms folded. He intently watches every play. Lorraine prefers to sit but also watches the game closely.

The Lybberts aren't BYU volleyball's only superfans.



Craig Lybbert: Lorraine and Craig Lybbert stand with two generations of BYU women's volleyball players. Left to right: Whitney Bower, Lorraine Lybbert, Craig Lybbert, Caroline Bower and Morgan Bower.

Martin Wright sits on the upper level on the north end of the court. At the beginning of every home match, he shouts, "Eat 'em up Cougars," directly after the prayer. This is a tradition he started at basketball games when he was a BYU undergrad.

"The only quiet time is right after the prayer, so I do it right after," Wright said. "The players wait for it and expect it. You notice when the new freshmen come that they don't know that, but throughout the season everybody gets quiet right after the prayer."

Wright is also known as "ace man." He created signs to

celebrate every BYU ace, and holds them for the crowd to see.

"It is the fastest point in any sport if you think about it," Wright said. "There's no recognition for it. It goes unrecognized."

Recently, Wright added orange OPK (overpass kill) signs, which he hangs in-line with his ace signs. He said he created the new signs in recognition of the middles because they don't serve.

The loyal fan has attended every BYU volleyball game he could in the last seven years. He plans a trip every year to travel with the teams for an away game. Last year he

traveled to Portland for a women's volleyball game.

The Lybberts and Wright pointed out other fans who have supported BYU for years and said they chose volleyball as their favorite sport because of the fun atmosphere in the Smith Fieldhouse during volleyball games, the fast pace and the kindness of the volleyball players. In return, the volleyball players have expressed their gratitude for loyal fans.

"The fans are awesome," outside hitter Madelyn Robinson said. "You can feel the energy. It's nice being home because everyone is lifting you up a little bit."

Cougars share a prayer with their on-field rivals



Addie Blacker: Players from BYU and Liberty gather together in prayer following the game played on Nov. 9.

By EMILY ANDERSEN

BYU football joined the Liberty Flames in taking a knee for a prayer after beating them 31-24.

The teams were shaking hands in the middle of the field after the game on Nov. 9 when Liberty started preparing to take a knee.

"We felt like it was going to be good for us to share in that moment. They invited us to have a word of prayer with them and I thought it was a pretty cool moment," BYU football head coach Kalani Sitake said.

Liberty is an evangelical Christian university and, like BYU, it is not part of an official conference. Sitake said he was impressed with the entire team, both by how well they played and by how well they treated BYU, and that the prayer was a great way to finish that game.

"It was nice to share the field and have a word of prayer in the middle of the field with them. I thought that was something really special, having two schools that are based on Christian values and everything," Sitake said.

This was the first time the two independent schools have played each other in football,

and the Flames showed a surprising amount of sportsmanship, according to defensive back Austin Lee.

"It threw me off from surprise, you know — you usually don't do that," Lee said.

Despite the tough competition, neither team was antagonistic towards the other, and Lee said that he appreciated the way the game was played.

"I thought it was very cool. It shows a lot about their character and their team and their standards," Lee said.

Sitake agreed and said that Liberty's fans should be proud of the way that their team played in this unique game between two Christian teams.

THERE ARE MORE THAN

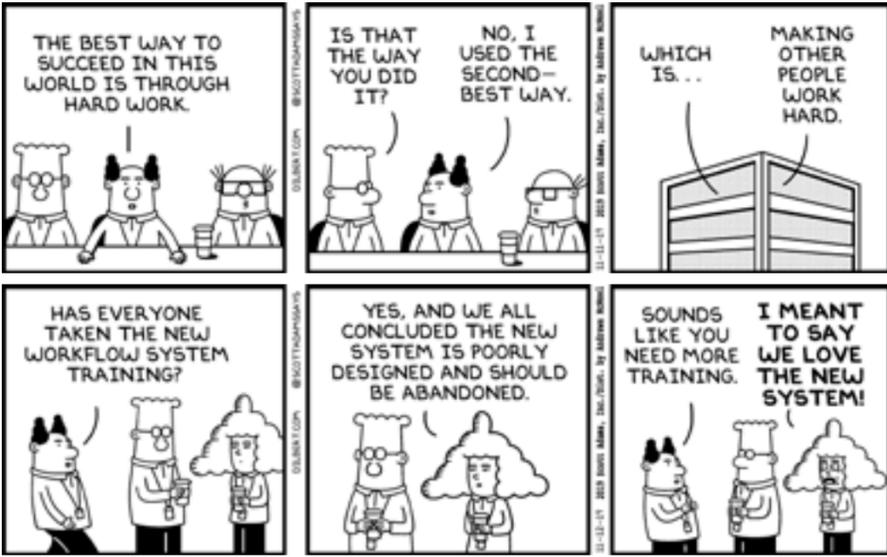
TWO

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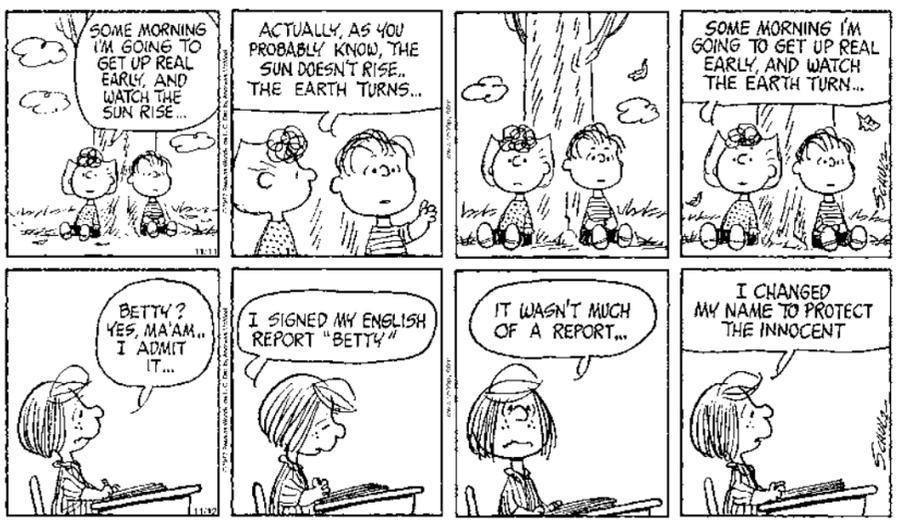
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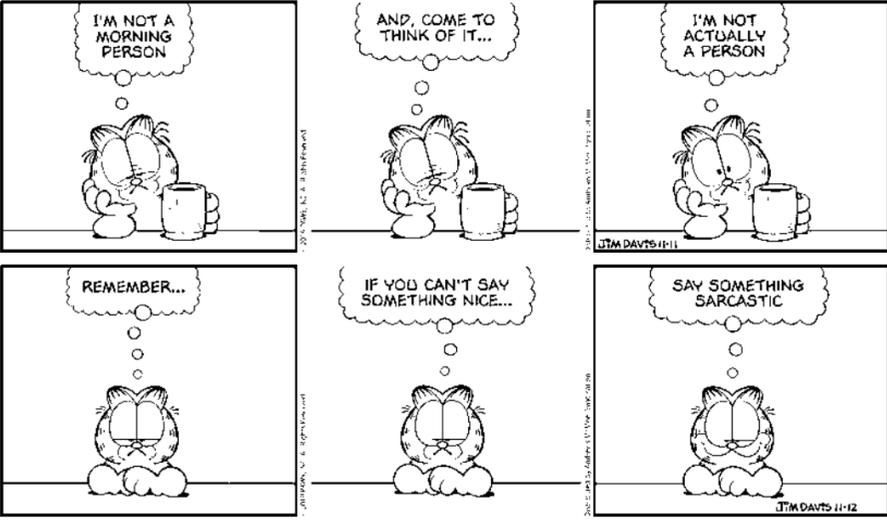
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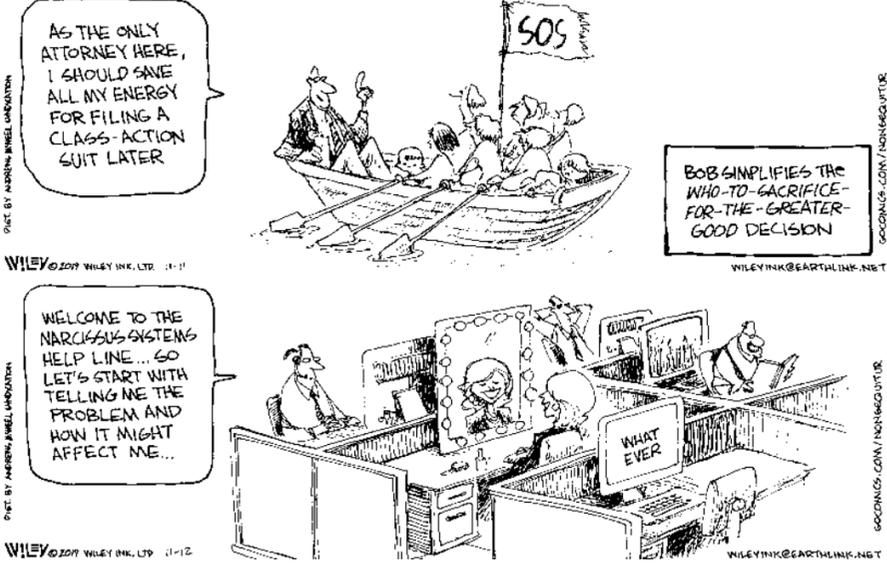
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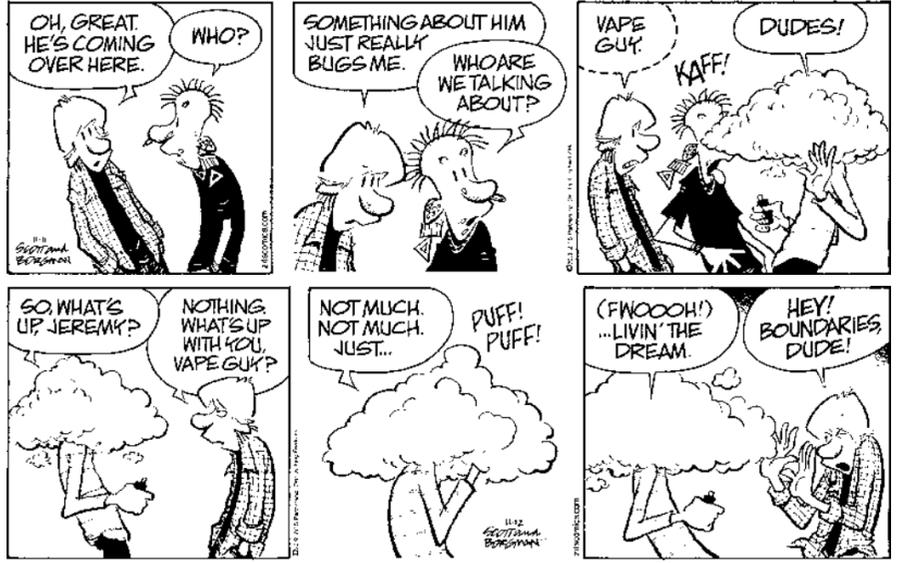
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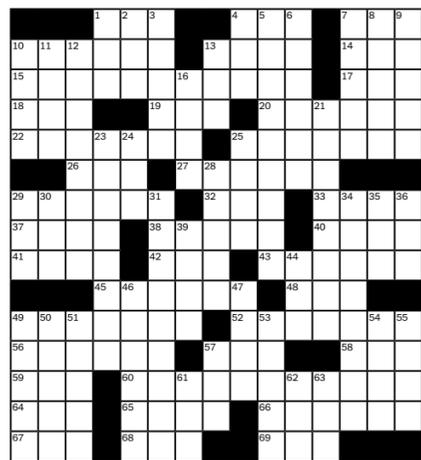
Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at universe.byu.edu/sudoku.

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The New York Times Crossword

Edited by Will Shortz No. 1007

- ACROSS**
- 1 Choose
 - 4 Prominent items in sports bars
 - 7 "Pepper's Lonely Hearts Club Band"
 - 10 Spring jauntily
 - 13 Painful injury, in totspeak
 - 14 "Say again?"
 - 15 Place for ferns and pine needles
 - 17 Opposite of departure: Abbr.
 - 18 Basketball one-pointers: Abbr.
 - 19 Bathroom towel support
 - 20 The "L" of N.F.L.
 - 22 Philosopher who wrote "Disobedience is the true foundation of liberty"
 - 25 Skillful handling of a situation
 - 26 This very instant
 - 27 Filmmaker Rob
 - 29 Church bell sounds
 - 32 Bird: Prefix
 - 33 Poetic tributes
 - 37 Leaning Tower city
 - 38 Trickles slowly
 - 40 iPhone voice
 - 41 Abbr. at the top of an office memo
 - 42 Unordained
 - 43 Middle part of an insect's body
 - 45 Transports for tots
 - 48 Ginger
 - 49 Stories in installments
 - 52 Often-lost camera part
 - 56 "Right," slangily
 - 57 Start of the Lord's Prayer
 - 58 Election Day in the U.S.: Abbr.
- DOWN**
- 1 Products pioneered by IBM
 - 3 Prefix with -hedron
 - 4 Orchestra's concertmaster, usually
 - 6 Peaceful
 - 7 Makes love to, à la Austin Powers
 - 8 Experts
 - 9 Sound of failure
 - 11 I.R.A.
 - 12 Flame thrower?
 - 13 Outdated
 - 16 Most deodorants, once
 - 19 Sauvignon blanc, e.g.
 - 20 Some Down answers in this puzzle
 - 24 Corner key on a keyboard
 - 25 Remove from power
 - 26 Snack for Bugs Bunny
 - 27 To the ___ degree
 - 28 Home of the Empire State Bldg.
 - 29 Golf peg
 - 31 Style of house or dressing
 - 32 Put up, as a house
 - 33 Acorn producers
 - 34 Solo in the "Star Wars" saga
 - 35 Betrays, as to the cops
 - 36 Talk trashed?
 - 37 "To be or not to be ...": e.g.
 - 38 Be
 - 39 Style of house or dressing
 - 40 Put up, as a house
 - 41 Little brother, stereotypically
 - 42 Bit of horse feed
 - 43 The Trojans of the Pac-12 Conf.
 - 44 Issa of HBO's "Insecure"
 - 45 Valuable rock



PUZZLE BY KEIRAN KING

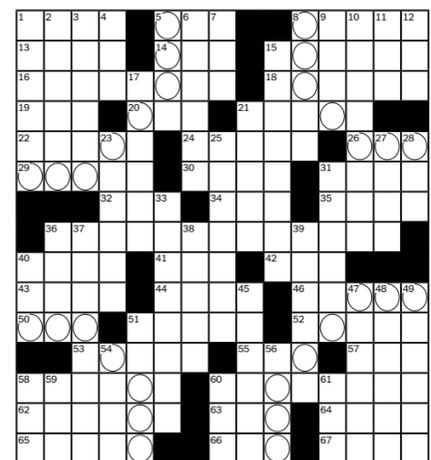
- 23 With 35-Down, literary period known for flowery poetry
- 24 Ram's mate
- 25 See 23-Down
- 28 "Straight Outta Compton" rapper, 1988
- 29 Many an I.R.S. employee
- 30 Chart-topper
- 31 "To be or not to be ...": e.g.
- 34 Person who calls "Action!"
- 35 See 23-Down
- 36
- 39 Acorn producers
- 44 Solo in the "Star Wars" saga
- 46 Betrays, as to the cops
- 47 Talk trashed?
- 49
- 50 Be
- 51 Style of house or dressing
- 53 Put up, as a house
- 54 Hertz rental
- 55 Little brother, stereotypically
- 57 Bit of horse feed
- 61 The Trojans of the Pac-12 Conf.
- 62 Issa of HBO's "Insecure"
- 63 Valuable rock

Online subscriptions: Today's puzzle and more than 7,000 past puzzles, nytimes.com/crosswords (\$39.95 a year). Read about and comment on each puzzle: nytimes.com/wordplay.

The New York Times Crossword

Edited by Will Shortz No. 1008

- ACROSS**
- 1 Home squatters?
 - 5 Air-quality org.
 - 8 Supposed makers of Keebler cookies
 - 13 Remove the peel from
 - 14 Like most sushi fish
 - 15 Mark who won the 1998 Masters
 - 16 Spray-painting tools
 - 18 Looked hard (at)
 - 19 Info on an airline website, for short
 - 20 Skirt's edge
 - 21 Artist Matisse
 - 22 Pace
 - 24 Employee of the Month, e.g.
 - 26 Local govt. official
 - 29 Flavor
 - 30 It's not everything, per a saying
 - 31 Letter-shaped girder
 - 32 Translation of "je suis" or "yo soy"
 - 34 After all expenses
 - 35 Lotion additive
 - 36 Items guided by brooms in the Winter Olympics ... or a hint to this puzzle's theme
 - 40 [Gasp!]
 - 41 Note between fa and la
 - 42 Taylor (clothing chain)
 - 43 Engrossed
 - 44 Alternatives to Levi's
 - 46 Utter, biblically
 - 50 "Buen ___" (Spanish greeting)
 - 51 First extra inning
 - 52 "Fingers crossed ..."
 - 53 Repeated lyric in a 1987 Michael Jackson #1 hit
 - 55 Back, in a boat
 - 57 "___ got it!"
 - 58 Sentence ender
 - 60 Give the heebie-jeebies
 - 62 Entertainers Miller and Close
 - 63 Archery asset
 - 64 "Are not!" comeback
 - 65 Helped
 - 66 Plaint during shearing
 - 67 Battle of Normandy locale
- DOWN**
- 1 Underdog's feats
 - 2 Kathy with the #1 country hit "Eighteen Wheels and a Dozen Roses"
 - 3 Speaker booster
 - 4 Many a pres. candidate
 - 5 The "E" in HOMES
 - 6 Las ___, Canary Islands
 - 7 Cries meaning "How cu-u-ute!"
 - 8 Fix, as text
 - 9 Sinister look
 - 10 The "x" or "y" in 2x + 3y = 15
 - 11 Before, to a bard
 - 12 Bummed
 - 15 Many a Gilbert and Sullivan work
 - 17 Beethoven's "___" Symphony
 - 21 Puts through a cruel initiation
 - 23 "Murder on the Orient Express" detective
 - 25 It turns up at the edge of a plane
 - 27 Vietnam neighbor
 - 28 "The Chronic" rapper, informally
 - 31 "___ Montana"
 - 33 Isn't totally straight with
 - 36 Tea variety
 - 37 Matchless
 - 38 What a Möbius strip has
 - 39 Like some job training
 - 40 Chicago airport code
 - 45 Islamic law based on the Quran
 - 47 Cellist at Obama's first inauguration
 - 48 Other half
 - 49 Early German
 - 51 Long-term security, for short
 - 54 Not yours
 - 56 Disaster relief org.
 - 58 Org. offering member instruction, of course!
 - 59 ___ Lilly (pharmaceutical giant)
 - 60 One in line at an airport
 - 61 Campaign-fundng grp.



PUZZLE BY ROSS TRUDEAU

- 21 Puts through a cruel initiation
- 23 "Murder on the Orient Express" detective
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- 27 Vietnam neighbor
- 28 "The Chronic" rapper, informally
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Last victim of Mexico border killings buried

ASSOCIATED PRESS

COLONIA LEBARON, Mexico — Family and friends said goodbye Nov. 9 to the last victim of a cartel ambush that killed nine American women and children from a Mormon offshoot community in northern Mexico where cartels have disrupted an otherwise peaceful, rural existence.

In the attack Nov. 4, Christina Langford Johnson jumped out of her vehicle and waved her hands to show she was no threat. Children who survived the assault told family members she was shot anyway, twice in the heart. Her daughter Faith Marie Johnson, 7 months old, was found unharmed in a car seat.

Her funeral, the third in as many days, culminates an outpouring of grief in the closely knit community with family ties in two Mexican states and across the border in many western U.S. states.

What had been a largely tranquil existence in a fertile valley ringed by rugged mountains and desert scrub about 70 miles (112 kilometers) south of the border with Arizona became increasingly dangerous in recent years. Cartels exerted their power and battled each other in a region that is a drug smuggling hotbed.

More than 300 people overflowed the pews of the local church in LeBaron on Nov. 9, where white flowers spelled out “mommy” next to a heart of roses.

The victim’s mother, Amelia Langford, eulogized her daughter as a “mama hen” who was fiercely protective of her six children.

“Mexico was her paradise,” the mother said.

Others remembered Christina, who would have turned 32 this month, as a lover of nature, wildflowers and the piano. She and the other eight killed in a brutal attack Monday were dual U.S.-Mexican citizens, members of the twin Mormon offshoot communities of LeBaron in Chihuahua state and La Mora in the state of Sonora.

Mourners softly sang hymns while men used straps to lower



Associated Press

Family and friends attend the burial service of Christina Langford Johnson, victim of a cartel ambush, in Colonia LeBaron, Mexico, Nov. 9.

the simple wooden coffin into the ground.

Jeremiah Garret Langford, who presided over the funeral, thanked mourners who had traveled from La Mora, saying they had traversed “a war zone.”

La Mora, a hamlet of about 300 people where residents raise cattle and cultivate pomegranates, has been deeply scarred by the killings.

The attack occurred as the women traveled with their children to visit relatives. Some La Mora residents are now wondering whether they should stay or flee the cartel presence, a constant both there and around the sibling community of Colonia LeBaron on the other side of the Sierra Madre mountains.

A caravan of more than a dozen vehicles set out for Arizona on Saturday from La

Mora, carrying residents planning to leave Mexico for good. Others planned to depart in the coming days.

Steven Langford, a rancher who is Christina’s brother, said about 50 people had already left La Mora. But the father of 11 and former mayor of La Mora vowed to stay.

“There’s no way I’m leaving,” he said. “That’s my home, that’s my land.”

Many residents of the two communities that lie a five-hour, bone-jarring drive apart are related. The spread-out community traces its origins to the end of polygamy more than a century ago by The Church of Jesus Christ of Latter-Day Saints, forcing Mormon families in the U.S. with multiple wives to establish offshoots elsewhere.

Mexican officials said the attack may have been a case of mistaken identity, as the women and children traveled in SUVs similar to those used by cartel strongmen. But family members believe the caravan was intentionally targeted for reasons still unclear to them.

Some now fear retaliation from the cartels after Mexican officials made arrests in the wake of the murders. The governments of Chihuahua and Sonora said Nov. 8 that an “important number” of security agents had been deployed to the region since the “lamentable” attack, resulting in arrests and seizures of weapons, drugs and stolen vehicles.

The area around LeBaron is said to be under the thumb of a Juarez cartel-aligned gang known as La Linea. Around La Mora, it’s the Sinaloa cartel of convicted drug lord Joaquín “El Chapo” Guzmán, who is



Associated Press

Children shovel dirt into the grave of Christina Langford Johnson, victim of a cartel ambush, during a burial service in Colonia LeBaron, Nov. 9.

serving life in a Colorado maximum-security prison.

Multiple people said there is a tendency for members in the two communities to view the cartel in their own area as “the good guys,” who can be tolerated, and those on the other side as the bad ones, and vice versa. It’s a mentality that David Langford of La Mora excoriated this week at the funeral for his wife, Dawna, and young sons Trevor and Rogan, who were killed in the attack.

His sister, Leah Langford-Staddon, said her mother and another sister, Amy, were headed north toward Arizona on Nov. 9 with as many belongings as they could pack into their vehicles. They were traveling from La Mora in a caravan of more than a dozen vehicles, hoping the heavy military presence in the area since the killings would provide some safety over the dirt roads.

Their intention, she said, is to build a new community in the U.S.

“They spent the whole day yesterday packing. It was frantic,” she said by phone from

Tucson, where she is standing watch at a hospital that is treating five children wounded in the attack.

Langford-Staddon lives in Phoenix but was born and raised in La Mora, where the family rode horses near a big river and gazed at skies of endless stars at night. She describes her childhood as a “dream” and said La Mora was once “very, very peaceful.”

Now, she expects it to be a “ghost town.” Her sister and mother were among about 100 full-time residents still there.

Julián LeBarón, whose brother Benjamín was slain in 2009 after standing up to local thugs in LeBaron, said people regularly run across men with guns who stop them on the road and ask where they are going, sometimes offering to help.

“It’s almost like it’s so integrated in our community that everybody buys and sells or deals with these people on different levels,” LeBarón said.

“These people are murderers and if we tolerate crime in the hopes that it’s not going to happen to us, eventually it will,” he said.

Still teaching at 95, Jimmy Carter draws devotees to church

ASSOCIATED PRESS

PLAINS, GEORGIA — The pilgrims arrive early and from all over, gathering hours before daybreak in an old pecan grove that surrounds a country church. They come, they say, for a dose of simple decency and devotion wrapped up in a Bible lesson.

The teacher is the 39th president of the United States, Jimmy Carter.

Nearly four decades after he left office and despite a body that’s failing after 95 years, the nation’s oldest-ever ex-president still teaches Sunday school roughly twice a month at Maranatha Baptist Church in his tiny hometown of Plains. His message is unflinching about Jesus, not himself.

The church has only 30 or so members, but as many as 450 people attend any week Carter teaches. About 200 people fill the sanctuary, with pale-green walls and stained glass windows, and others gather in side rooms where the lesson is shown on TVs.

It’s nearly impossible to separate even an ex-president from politics, and some come because they’re Democrats who recall voting for Carter when he was elected in 1976. Almost uniformly, they’re dismayed by the tone of President Donald Trump and his Republican administration.

But Trump has only been in office since 2017 and Carter has been drawing crowds for years. Those who attended Carter’s most recent lesson on Nov. 3 said they just wanted to be in the presence of someone who seems kind, humble and godly despite having been a world leader.

“He’s a role model and an inspiration for both of us both in public service and in faith,”



Associated Press

Former President Jimmy Carter, the nation’s oldest-ever ex-president, teaches Sunday school at Maranatha Baptist Church.

said visitor Doug Kluth. He and his wife Ramona drove 2,400 miles (3,862 kilometers) round trip from their home in Columbus, Nebraska, to see Carter in person.

John and Sarah Dyer packed their four daughters, ages 2 through 12, into their Honda Pilot for the 1,700-mile (2,736-kilometer) round trip to Plains from suburban Chicago.

“To see a man who was once on top of the world choose to spend his twilight years lifting the world higher was inspirational to my family and I,” John Dyer wrote to the church’s pastor in a letter shared with The Associated Press.

Carter faced mockery for his Southern Baptist faith in 1976 when he said in a Playboy

magazine interview that he was guilty of adultery in his heart because he lusted after women. The soul-baring sentiment paralleled Jesus’ words in the Sermon on the Mount, but it came across as odd and narrow-minded to many.

These days, with a twice-divorced president who curses in public and once said he’d never asked God for forgiveness, Carter’s approach to life, with his wife of 73 years, Rosalynn, by his side, seems especially appealing to fans.

They say they admire Carter’s work to eradicate disease and monitor elections worldwide; the time he has spent helping build homes as a volunteer with Habitat for Humanity; and his advocacy for food

programs and rural health care in his home county. Many were touched by photos of a bruised-but-smiling Carter performing volunteer work after he fell and hit his head in October.

So they flock to Plains any week Maranatha Baptist posts on its website or Facebook page that Carter plans to teach.

Fray and Susan Carter of Russellville, Alabama, slept overnight in their car in the church parking lot to get a front-row view as Carter taught on his first Sunday back after falling and breaking his pelvis in October.

As recently as last year Carter would stand during his 45-minute lesson, but he now uses an electric lift chair at the front of the sanctuary as a

concession to age. He breaks into that familiar smile when he raises the seat so he can see the crowd over a wooden lectern. A cross made by Carter, a longtime woodworker, adorns the choir loft. He also made the wooden offering plates, which bear his initials on the bottom.

Carter’s lesson this day was on his belief in life after death. He ended the same way he always does, by challenging class members to do one nice thing for somebody over the next month.

“That’s what I think would make America a better country. It would make you a better person, right? And a better Christian,” Carter said. “Well, that’s the essence of my Sunday school lesson. Not anything fancy to it.

Just some personal things to think about.”

Visitors that day included people from multiple U.S. states plus Venezuela and Ecuador. Rarely a week goes by without someone from overseas in the crowd, said the Rev. Tony Lowden, Carter’s pastor.

The church was formed in 1977 from a split when another church refused to accept blacks as members. Lowden was hired in March as Maranatha’s first black pastor. On any given Sunday, Lowden said, the congregation is a “mix of everything.”

“It’s a melting pot of people who are looking for faith and looking for something that they can believe in,” Lowden said. After a cancer diagnosis in 2015 and three falls this year, it’s unclear how much longer Carter can continue to teach, but Lowden said he’s welcome as long as he’s able.

The crowd on the first Sunday in November included Chet Mulholland, an evangelical Christian from Wisconsin, and Joey and Sabrina Fretwell, faithful churchgoers from conservative Mississippi in the heart of the Deep South. The couple’s daughter attended a Trump rally in Tupelo, Mississippi, just two days before they drove to Plains to see Carter.

Sabrina Fretwell, 46, doesn’t really remember Carter’s presidency, but she recalls hours spent listening to her grandparents talk about Carter when she was a girl. That’s one reason she wanted to see the former president, she said, to somehow honor that time.

“I remember that warm feeling of sitting and listening to their conversations, and not being old enough to grab what they were talking about but knowing it was still important to them and knowing they admired the things he was doing,” she said.