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THE UNIVERSE

Serving the Brigham Young University Community

BYU women's soccer brings its historic season to the Elite Eight

By AARON FITZNER

BYU women's soccer will advance to the Elite Eight after defeating North Carolina State 3-0 on South Field on Nov. 23. This will be the team's third-ever trip to the Elite Eight and their first since 2012.

BYU has had ownership or co-ownership of the WCC title in seven of the eight seasons that women's soccer has been a member of the conference. They now stand as the lone representative of the WCC with Santa Clara losing out in the third round of the tournament. BYU women's soccer head coach Jennifer Rockwood has captured a conference title in 16 of her 25 years as coach and has brought 20 of her 25 teams to the NCAA tournament.

BYU now sits at 21-0-1 on the season and remains the only undefeated NCAA Division I women's soccer program in the country. These 21 wins place the 2019 squad in a tie for second place among all BYU teams for single-season wins, just one behind the 22 wins recorded by the 1996 women's soccer team.

The 2019 squad's 80 goals and counting are good enough to rank third among all BYU women's soccer teams, and the most since 2000 when the Cougars scored 87 times. BYU has now outscored its opponents 80-10 while recording 14 shutouts — the most since 2015, tied for second-most among all BYU women's soccer teams.

BYU has been firing on all cylinders this season with senior Elise Flake contributing 20 goals and counting, giving her a tie for fourth-most among all BYU goal-scorers and the most since 1998 when Shauna Rohbock tallied 24. Mikayla Colohan also sees her name in the BYU record books with



Addie Blacker

BYU head coach Jennifer Rockwood celebrates with her team after a 3-0 win over NC State in the round of 16 on Nov. 23 at South Field. This is the first time the women's soccer team has advanced to the Elite Eight since 2012.

16 goals so far during the 2019 season, putting her in a 12th place tie with Michele Vasconcelos on the single-season goals record list.

BYU goalkeepers have combined for a 0.47 goals against average in 2019, the fifth-best average in program history and lowest since 2015 when they recorded a 0.42 goal against average. Sabrina Davis leads the way for BYU

goalkeepers with a 0.54 goals against average, good enough for 10th on the all-time goals against average list.

BYU has scored 12 goals through the first three rounds of this year's NCAA tournament while only allowing one, giving them a +11 goal differential. No. 1 ranked Stanford is the only team with a better goal differential than BYU through the first three rounds of

the NCAA tournament with a +21. Fifteen of those goals came in Stanford's 15-0 win over Prairie View A&M.

Stanford topped No. 18 Penn State 2-0 in its round of 16 game on Nov. 24 to advance to the Elite Eight. The two-goal differential tells a much different story than what actually occurred on the pitch as Stanford fired 35 shots towards Penn State's goalkeeper

Amanda Dennis, with 14 of those shots finding the target. Penn State wasn't able to fire a shot near the Stanford goalkeeper until the 84th minute, but the Nittany Lions ended the game without a single shot on target.

BYU and Stanford will face off in the Elite Eight on Nov. 29 at 4 p.m. at Stanford's Cagan Stadium as BYU looks to continue its historic season.

Students embark on an adventure with Dungeons and Dragons

By NATALIE BAUGH

Playing imagination games as a child helps develop creative skills and is a way to have fun. BYU students continue to engage their imaginations by playing Dungeons and Dragons.

Dungeons and Dragons, also known as D&D, is a role-playing game that can take place in any location as the only required materials are imagination and dice.

Some students at BYU love D&D because it is a hobby they and their friends enjoy. Elizabeth Hocker, a BYU pre-industrial design student, grew up loving fantasy and got into D&D in high school.

"I think it's a fun opportunity to step outside of yourself and solve problems, make jokes, have fun, be the hero and be the one who slays the dragon, even if it is pretend," Hocker said. "I get to immerse myself in fantasy."

Hocker grew up watching her older brother go to the local comic shop and play D&D. When she was 14 years old, she begged him to take her. She played almost every week, sometimes twice a week, at the comic shop all throughout high school.

"Playing D&D through high school has taught me how to interact with people in positive ways and how to achieve my goals and learn problem-solving," Hocker said. "It gives people the opportunity to expand their horizons and think about situations they don't normally encounter."

Hocker has played with all her siblings. She even created her own campaign world to play D&D in, complete with a map, magic, elves and orcs.

When she came to college, Hocker looked for groups to join and recently started attending a D&D game at Dragon's Keep, a comic book store in Provo that provides a place for people to make new friends and play D&D.



Preston Crawley

Elizabeth Hocker, center, looks in the Dungeons and Dragons manual to figure out part of the game on Oct. 23 in the basement of Dragon's Keep in Provo.

Mechanical engineering student Jordan Penfold and his friends meet at Dragon's Keep each Wednesday evening to play.

To start playing Dungeons and Dragons, Penfold suggests working with someone who already knows how to play.

Penfold said the first step is to create a character, then to join a group of other characters led by a dungeon master. The dungeon master creates a world where each character can act as they wish.

D&D is played with a group of at least three or four people. Each person acts as their character and rolls dice to determine how strong their skills are. The dungeon master guides the

characters through a storyline — also known as a campaign in D&D terms — with different sets of adventures, challenges and events.

"It's like a choose-your-own-adventure story," Penfold said. "You'll be told an environment and then have to decide what to do."

Each campaign is different and the dungeon master is in charge of creating a setting and a challenge. These campaigns can last for months, and groups meet weekly for at least three hours.

Biology student Robin Crepeau started playing D&D when she was 17. She did not play her first year at BYU but listened to podcasts about D&D and decided to start her own group on

campus. She is the dungeon master on Mondays and plays in a group on Saturday.

"It's a fun way to hang out with my friends. That's why I do it," Crepeau said.

D&D can be played with little props and figurines, and on occasion, groups dress up. Crepeau had everyone come in costume for a one-time Halloween campaign, for example.

Crepeau introduced a lot of her friends from her study abroad to D&D and now they form her Monday group.

Claire Murray, Crepeau's friend and a special education student, started playing in August and really enjoys D&D.

"I think the hook is just the funny

situations we get ourselves into and the entertainment factor," Murray said. "It's never boring."

The game is focused on the dungeon master's story and what each character decides to do. Murray explained that to make certain decisions, players can ask questions to figure out if their decisions are good.

Players say their proposed action and then roll the dice. The higher the dice, the better the action's outcome. Rolling lower dice makes the action unfold differently from what the dice roller wanted to happen.

"I think people like to pretend because we won't ever get to do some of the things that happen in the campaigns," Murray said. "We experience life in a way we won't normally be able to — but without risk because you are just pretending."

Andrew Welker, a senior studying international relations, has been playing D&D for a little over a year. He said it's fun to use his imagination with friends.

He said there's a few things BYU students should know about their peers who play D&D.

"It's not weird to play and it's a lot more simple than people think or than people try to make it," Welker said.

Penfold has learned many things playing D&D, too. The biggest thing for him is interacting with others.

"It's great for teamwork and cooperation and for thinking outside the box and problem-solving. It's great for building your imagination," Penfold said.

These BYU students all expressed their gratitude for the chance to play D&D and have fun with their friends. Penfold likes to use D&D as an escape and enjoys being a hero in some other world.

"Everyone should at least try it once if they like fantasy, sci-fi or using their imagination, and if you like it, there's always people looking for groups to play in," Penfold said.

UNIVERSE news briefs

FROM THE ASSOCIATED PRESS



New Tesla 'Cybertruck' shows flaws

The much-hyped unveiling of Tesla's electric truck went off script Nov. 21 when supposedly unbreakable window glass splintered twice.

The failed stunt came just after CEO Elon Musk bragged about the strength of "Tesla Armor Glass" on the wedge-shaped "Cybertruck."

On a Los Angeles-area stage with Musk, Tesla design chief Franz von Holzhausen hurled a softball-sized metal ball at the driver's side window to demonstrate the strength of the glass. It shattered.



Domestic violence gets national attention in France

Sylvia. Dalila. Aminata. Céline. Julie. Their names are plastered on buildings across France, calling attention to their shared fate: Each was killed, allegedly by a current or former partner.

More than 130 women have died from domestic violence this year alone in France.

European Union studies show France has a higher rate of domestic violence than most of its European peers. And frustrated activists have drawn national attention to a problem President Emmanuel Macron has called "France's shame."



California rules on tax return disclosure

President Donald Trump does not have to disclose his tax returns to appear as a candidate on California's primary ballot next spring, the state Supreme Court ruled unanimously Nov. 21.

The law, the first of its kind in the nation and aimed squarely at Trump, violates a specification of the state constitution calling for an "inclusive open presidential primary ballot," the court said.

Trump has broken with tradition among presidential candidates by refusing to disclose his financial information.



California school shooter used unregistered gun

The 16-year-old boy who fatally shot two fellow students and wounded three others last week at a Southern California high school used an unregistered, untraceable "ghost gun," Los Angeles County Sheriff Alex Villanueva said on Thursday.

California has among the strictest gun laws in the country.

However, they are based on traditional firearms that are made by manufacturers and labeled so ownership can be traced.



Coldplay holds off on global tour

The British band Coldplay has decided not to launch a global tour because of environmental concerns.

Frontman Chris Martin told the BBC Nov. 21 that the band is not going on tour to promote its latest album because it wants to determine how a tour can be beneficial to the environment.

He said: "We would be disappointed if it's not carbon neutral."

The album "Everyday Life" was released on Nov. 22.

Student says her return to BYU is a miracle after leg paralysis in Brazil

By KENNA COLTON

Monique McDown was serving a mission for The Church of Jesus Christ of Latter-day Saints in Brazil when a hit-and-run accident left her right leg paralyzed. She said her faith and persistence gave her the strength necessary to walk again.

McDown was born in New Mexico and is the youngest of four kids, but for the past eight years, she has lived in Dallas. McDown said she had always wanted to attend BYU, as all of her family are alumni. She was accepted into the university in 2016, and later that year was accepted into the public relations program.

Near the end of her freshman year, McDown considered going on a mission.

"I wasn't planning on a mission," she said. "I loved being at college and absolutely didn't want to leave, but I had a feeling. If I was going to do it for me, it would be a personal decision. I turned in my papers alone and then told the family when my assignment came. It wasn't because of pressure or because anyone else wanted me to. It was for me."

McDown's mother is from Brazil, which confirmed McDown's resolve to serve when she received her call to serve in Brazil.

About six months into her mission, on a warm Sunday afternoon in 2018, McDown had just eaten lunch with her companion, and they had begun to walk down a nearly vacant road.

"I remember looking over and

thinking we should move over as much as we can," she said. "Brazil doesn't have sidewalks."

The pair was on the side of the road when a car revved its engine loudly. According to McDown, the sound was the last thing she remembers. The front left corner of the car came in and hit McDown going 40 miles an hour, splaying her over the vehicle until she finally fell back.

"I remember looking around; the car stopped. We made eye contact, and he sped off as fast as he could," she said.

Despite the severity of the crash, McDown was not yet paralyzed. The two women called another member of the Church, who didn't pick up. They looked at each other as they realized they had to find a way to walk home.

"That was the largest miracle," McDown said. "Even more than the feeling in my leg right now."

The walk back to their apartment in Brazil wasn't short. A few months after returning home from the accident, McDown retraced the path where she had limped home for closure. She found the distance they had walked back to their home was actually miles.

"There were angels carrying me home," she said. "That was the last time I ever walked like that. Once we got back to the house, we saw blood trickling down my leg. It became a reality. The pain started and I went unconscious for an hour and a half. I woke up in a hospital."

The hospital discharged McDown after just four hours. Luckily, she had broken no bones but the health care providers



Monique McDown

Monique McDown is back at BYU after suffering an injury on her mission that resulted in paralysis.

didn't know how to diagnose her. McDown only felt numbness in her thigh at first.

McDown continued serving her mission on crutches and a wheelchair for a few days after the incident until her mission president told her she needed to go home.

"Everything felt like it was going to go back to normal," McDown said. "Until the numbness reached my toes. My leg was cold and purple." McDown

was in contact with U.S. doctors overseas at this time who told her she should go home immediately and that her condition could be life-threatening.

McDown was flown back to the U.S., where she underwent various tests in a Texas hospital.

"This is where they realized my leg was paralyzed," she said. "It got to the point where the doctors said, 'There is nothing more we can do,' and, 'This is how it's going to be from now on.'"

There were no developments for a year. Internal bleeding and spine damage had occurred on impact, but the more visible injury was her leg.

"When I hit my year mark of the accident, there was no progress. I had accepted it and learned to be happy with it," McDown said. "But in the hospital after the accident, before I knew I was paralyzed, I decided I would not let this trial ruin me. Everyone was trying to be cautious about letting me know my condition. But I decided I would become better through it."

Throughout all of her challenges, McDown remained hopeful. "It happened for a reason. If I'm not supposed to be on my mission, then there's a reason I'm here. I just have to find it. I accepted being paralyzed and had accepted it for the rest of my life. I gained so much joy through this whole experience. I don't need two working legs when I gained such a strong testimony."

Many have asked McDown if she regrets going on a mission. To this, she said, "You can only see physically what I've lost. I wish people could see my heart and what I've gained through this."

McDown's friends value her tenacity. A friend and close confidant of McDown's, Martha Montagnoli said of her, "Monique is the real deal. She is truly lovely inside and out, and her faith and testimony are a powerful inspiration to me. The way she has handled this devastating trial brings me to tears of admiration and love."

Montagnoli also said McDown does not blame her situation on anyone but walks the higher

road, reacting with love.

A little after the year mark of the accident, McDown started feeling some movement in her leg and went to see her doctors.

"At first, they said they were phantom pains," McDown said. "I thought, 'Why are you ruining this for me? I'm just going to work as hard as I can, and that'll prove it's better.'"

McDown did even more physical therapy and started to develop more strength in her leg and started to successfully move it.

"Not only did it stay," she said of her success, "but it got a little stronger. It's just a tiny bit of progress, but it is a world of difference for me."

McDown began using walking technology after she started regaining feeling in her leg.

"News stations came over wanting to see the miracle," McDown said. "It's not negative. I want this to be a happy thing. It's been pretty positive, and they've included stuff about BYU and my church. It's been really cool. I don't need my name tag to be doing missionary work."

Wonderful things are happening for McDown, and she said her life is definitely changing. She continues to look forward to working in the public relations field and has returned to BYU to finish her degree. Because of her miracle, she's been asked to speak and share her experience.

"I've been hesitant because it's so personal to me, but I want to be back on my two feet, walking and feeling like Monique McDown again," she said. "I'm a little bit stubborn, and I'm not going to stop until I start walking again."

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Swift moonwalks past Michael Jackson's record

ASSOCIATED PRESS

Taylor Swift has moonwalked past Michael Jackson's record at the 2019 American Music Awards, taking home six honors including artist of the year and artist of the decade.

The pop star, who walked into Nov. 24's show with 23 AMAs, surpassed the King of Pop's 24 wins at the fan-voted show. She rambled onstage as she won the final award of the night — artist of the year — and repeatedly thanked her fans for always showing up — during both the good and bad times.

"This year has been a lot of good, a lot of really complicated, so behalf of my family and me, thank you so much for being there and caring," said Swift, who now has 29 AMAs.

It was a family affair at the AMAs: Swift's father and teary-eyed mom sang along as the singer performed a medley of her



Associated Press

Taylor Swift, winner of the artist of the decade award, performs a medley at the American Music Awards.

hit songs — a performance Swift said in a Nov. 15 social media post was put in jeopardy by Scott Borchetta and Scooter Braun, the owners of her master recordings.

She didn't mention the men during her acceptance speeches at the Microsoft Theater in Los Angeles, but this did thank her new label for allowing her to freely express herself as an artist.

"This album really felt like a new beginning, and I also really

love my record label, Universal and Republic. Monte Lipman, Lucian Grainge, thank you for being so generous to me and allowing me to make whatever music I want to make." Swift said after winning favorite pop/rock album for "Lover," her first album not released on Borchetta's Big Machine Label Group. "As a songwriter it's so thrilling to me that I get to keep doing that."

Hospital psychiatric wards now like prisons, some say

ASSOCIATED PRESS

HARTFORD, Conn. — New safety standards aimed at limiting suicide risks have led to overhauls inside hospitals around the country, with psychiatric facilities and wards removing bathroom doors, stripping artwork from walls and requiring patients to wear paper gowns instead of their own clothes.

The changes have forced costly renovations and caused a backlash, with some critics contending they've made hospital rooms feel more like jail cells.

Regulators say the new guidelines leave room to protect patient dignity and privacy, but many hospital officials tasked with updating facilities and their procedures say they've gone too far.

"I think we are moving toward a very prison-like system," said Patricia Rehmer, president of the Behavioral Health Network for Hartford HealthCare, which operates Hartford Hospital. "We try and make it comfortable, we try and have as many things available as we can, but it's not easy."

New suicide prevention requirements took effect on July 1 on orders of The Joint Commission, an agency that works with the Centers for Medicaid and Medicare Services and accredits the vast majority of the country's psychiatric hospitals.

A 2018 report by The Joint Commission Journal on Quality and Patient Safety found an estimated 49 to 65 hospital suicides happen annually. The report was described as the first data-driven estimate of inpatient suicides per year in hospitals.

In general, now pictures cannot be hung on walls, doors on bathrooms are either removed or replaced with polystyrene foam doors, and remotes are removed for televisions that are now secured behind plastic glass. Ceiling tiles and door handles must be replaced with risk-resistant ones along with special types of beds and sheets.

"We're buying the same furniture and plumbing fixtures as prisons and jails," said Dr. Bruce Schwartz, president of the American Psychiatric Association, adding that the requirements are creating harsher environments in psychiatric facilities.

Several organizations with the Michigan Health and Hospital Association have struggled to comply with the new requirements in the timeframe expected by The Joint Commission, said Laura Appel, the association's senior vice president and chief innovation officer. She said empty rooms may be safer but they're also significantly less comfortable.

"The lack of doors means an insult to patient privacy," she said.

Mental health advocates have raised concerns that less comfortable environments for patients could be less healthy.

Michaela Fissel, executive director of Advocacy Unlimited, said hospitals could make the settings more homelike and comfortable by adding yoga or music and letting patients wear their own clothes instead of a paper garment.

One patient, Cheyenne Wilson, said she felt as though she were in solitary confinement when she was admitted to Hartford Hospital's psychiatric unit for half a day when she was experiencing suicidal ideation. She said she had her belongings taken and searched and was told to get dressed in a paper garment.

"They took my clothes away and made me get dressed behind a curtain, not even in another room," she said.

Her father, Beresford Wilson, co-chairs the Connecticut Behavioral Health Partnership Oversight Council. He raised his daughter's experience at a September meeting and said



Patricia Rehmer, left, Hartford HealthCare Behavioral Health Network president, talks with state Rep. Mike Demicco, D-Farmington, at the Legislative Office Building in Hartford, Conn. on Oct. 10. Rehmer said new rules related to patient suicide restrict patient dignity and freedom.

it had too much of a punitive feeling.

"I think to make the experience as normal as possible when the person is under that distress, what they are looking for is normalcy as much as possible, not restriction or confinement," he said.

After her experience in the emergency unit, he said his daughter was given a therapy referral and has been taking classes to become a certified nurse assistant.

Dr. Charles Herrick, chair of psychiatry for the Western Connecticut Health Network, said the changes can make patients feel more depressed and can demoralize them.

"If you perceive the environment as a prison, and prisons are a place of punishment, then you can't help but think you are being punished, whether consciously or unconsciously," he said.

In response to criticism of the new guidelines, Joint Commission officials say they believe hospitals should be able to protect patient dignity and privacy while meeting safety standards.

"Balancing privacy and safety is always an important factor when caring for patients at-risk," the agency said in a prepared statement. "It is vital for organizations to develop procedures to ensure that individuals are regularly reassessed so the level of security/monitoring implemented is appropriate for the assessed level of risk."

The cost of renovating spaces and buying new equipment is another reason some hospitals have objected to the new requirements.

Partly citing such costs, two hospitals in Ohio and Wyoming



A painting sits above a couch at the office of the nonprofit Advocacy Unlimited in New Britain, Conn. The nonprofit organization works with people dealing with mental health issues, addiction and homelessness, among other traumas.

closed their psychiatric units within the past couple of years. Officials from both hospitals declined to comment.

Thomas Jefferson University Hospital in Philadelphia had to remove bathroom doors in two-person rooms in its psychiatric ward, according to Dr. Kenneth Certa, a professor of psychiatry at the university's Sidney Kimmel Medical College. He said that meant removing one person from the room for privacy concerns — and that decreases the number of people who can be helped at a given time.

Certa also said the hospital also had to purchase safety

sensors for about 48 doors, costing \$785,600 in total.

On average, the length of stay for psychiatric patients is seven to 10 days, according to the American Psychiatric Association.

A movement away from institutionalization over the last half century has led to community-based mental health services replacing long stays in psychiatric hospitals. That same trend has also coincided with larger numbers of mentally ill people becoming homeless or incarcerated, where they receive little treatment, or none at all.

Hong Kong protester won't surrender

ASSOCIATED PRESS

HONG KONG — Pale and thin, a teenager wandered the nearly deserted campus of Hong Kong Polytechnic University at about 1 a.m. Nov. 20. He wrapped his arms around his body but it was unclear whether it was to ward off the cold or to reassure himself.

Only a handful of protesters remain at "Poly U," which hundreds occupied for several days, fighting pitched battles with police in surrounding streets. Authorities have cut off the campus and arrest anyone who comes out, at least 700 since Nov. 17.

The teen is one of the holdouts. He figured he had slept about 10 hours in total since arriving five days earlier. He said he had eaten only two biscuits all day because his mind was too distracted, obsessed with one thought: How am I going to get out?

The campus takeovers were the latest escalation in an anti-government movement that has divided the city for more than five months. The protesters' demands include fully democratic elections and an investigation into alleged police brutality in cracking down on the demonstrations.

The teen arrived at Polytechnic late in the week of Nov. 11, heeding a call for support from protesters who were occupying five major universities in Hong Kong. It was Nov. 14 or 15, the days and nights have become such a blur that he kept asking an interviewer what day it currently was.

Like many protesters, he spoke on condition of anonymity, fearing arrest, and would only appear on camera with his face covered.

In his mind, as for many others, the police have become as big a problem as the government.

Riot officers began raining tear gas on the defense line outside the university Nov. 16, before battering them repeatedly with water cannons and tear gas on Nov. 17.

The teen jumped into the fray. He joined others wielding umbrellas, they call them "shields", and taking the full brunt of the often pepper-sprayed bursts of water.

Three times he faced the

barrages, dashing inside the campus stronghold after each attack to wash off the stinging water, change his clothes and return for the next round.

"I was at the very front," he said. "It hit me straight on and I was soaked. If I hadn't been wearing a jacket, my whole body would have felt like it was burning. Just my lower body really stung, and the water also got all over my face and into my eyes."

It's one of the roles of front-line protesters, who engage the police directly. Wearing gas masks, they throw homemade gasoline bombs and snuff out tear gas canisters to keep the police at bay.

He acknowledges that others are likely to see their actions as aggressive, the police call them law-breaking rioters, but he says their role is important because the government didn't back down when hundreds of thousands of people peacefully marched in the streets in the summer.

"If it was just the peaceful protests, it wouldn't succeed," he said. "Already back in June, we saw that it was just peaceful protests, and the government wouldn't listen."

By Nov. 17, police had begun to approach from all directions, setting up a cordon around the area. They warned that everyone inside would be subject to arrest.

Some protesters tried escaping on Nov. 18 and 19; most were caught or ran back to campus. The government offered to let those under 18 leave without facing immediate arrest, though their identification information would be taken down and they could be charged later.

Worried relatives reached out to their children. The teen got messages from his parents, his stepmother and others asking him to give up. Police allowed religious leaders onto campus to make similar pleas.

Others turned themselves in. The teen wasn't swayed. He said he prefers to fight with all the strength he has. Surrendering would show he had given up the fight and agrees with the government and the police, he said.

"Even if you get arrested or die, you know that you've tried your best and you've got no regrets," he said. And so he waits, as the hours turn into days, with less and less company around him.

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Much Ado About Nothing

Shakespeare's most beloved comedy, presented in a modern-day transformation of the Globe Theatre! Filled with brilliant banter, *Much Ado About Nothing* is a sharp look at human nature—and the transformative power of love.

Dec. 4-7, 7:30 p.m.
Dec. 7, 2:00 p.m.
Pardoe Theatre



Music Dance Theatre Workshop: Rump

This fractured fairy tale follows the adventures of Rump, a young man who discovers that sometimes the greatest gifts come with the most terrible curses. Told inventively through an a cappella musical score, this workshop performance is an exciting world premiere.

Dec. 5-7, 7:30 p.m.
Dec. 7, 2:00 p.m.
Nelke Theatre



University Strings and Orchestra

Tues., Dec. 3, 7:30 p.m.
de Jong Concert Hall



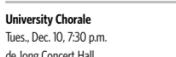
Christmas Around the World

Fri., Dec. 6, 10:00 a.m. and 7:30 p.m.
Sat., Dec. 7, 2:00 p.m. and 7:30 p.m.
Marriott Center



Celebration of Christmas

Fri.-Sat., Dec. 6-7, 7:30 p.m.
Sat. Dec. 7, 3:00 p.m.
de Jong Concert Hall



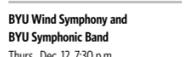
University Choral

Tues., Dec. 10, 7:30 p.m.
de Jong Concert Hall



BYU Symphony Orchestra

Wed., Dec. 11, 7:30 p.m.
de Jong Concert Hall



BYU Wind Symphony and BYU Symphonic Band

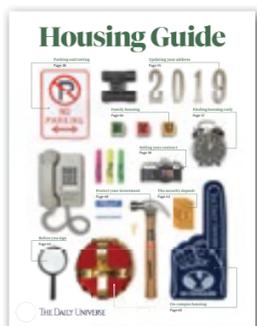
Thurs., Dec. 12, 7:30 p.m.
de Jong Concert Hall

All events are ticketed.

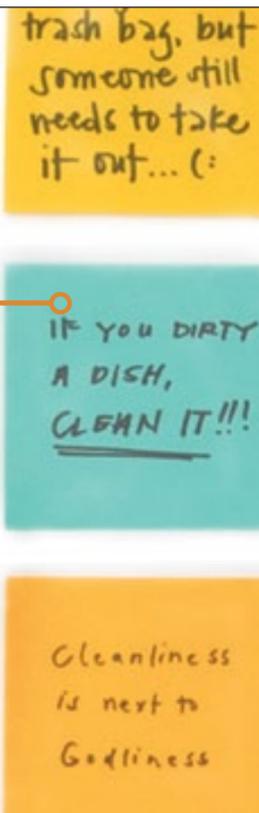
BYUarts

Passive-aggressive notes from your roommates?

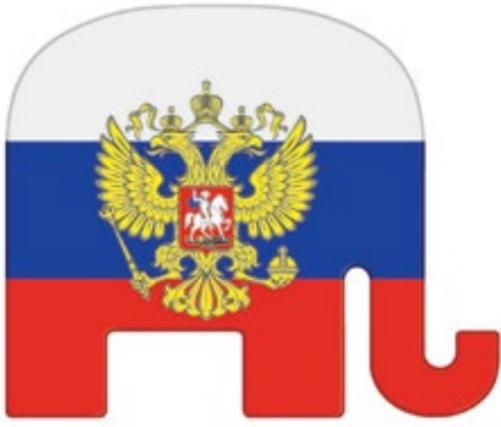
Pick up Housing Guide to learn more about conflict resolution.



2019 edition available on racks throughout campus.



Bennett Challanaga Times Free Press



Mr. Schiff's Neighborhood



Tweet Beat

#BYU #BYUprobs

Want to see your tweet in print? Tweet something about life around you with #BYUprobs or #BYU and hopefully it makes the cut.

Leave comments at universe.byu.edu or @UniverseBYU

@AlyssaNielson3

"You've got the intelligence of a lima bean, brother!" @HeardAtBYU

@mynameistiff

A girl passing me, talking on the phone: "I think I'm a brick. That was given sentence." Same girl same. @HeardAtBYU

@phiamenina

"let's get married!" @HeardAtBYU @karriharris98

@autumndaun

"Mathematicians had interesting lives, they got pigeons drunk!" @HeardAtBYU @byuprofessors

@adelineenicolee

Guy answers phone before lecture: "hey what's cookin good lookin' wat." @HeardAtBYU

@cassie2n

Girl: "Hey you can't ride your skateboard on campus!" Dude: "as he skates away" "What? I can't hear u" @HeardAtBYU

@ashley_gootee

"Rubrics allow me to not have empathy for students" @byuprofessors @HeardAtBYU

@addiebellon

"I friendzoned our ministering brother so I don't know if he'll come over anymore" @HeardAtBYU

@ben_ginger64

"in class" "that clip reminds me of something Thanos said..." @HeardAtBYU

@akkerr12

Today as I was walking out of class this kid turned to his friend & said "bro, I just want to tell you something. I'm so freaking grateful for you." It was one of the purest interactions I've ever seen. @HeardAtBYU

@polisciboy

@HeardAtBYU "I don't have time to write a paper I need to save Christmas"

@RachelWhitcomb

"Do you know how many birds I've seen?" @HeardAtBYU

@MadisonJoyBe

@HeardAtBYU in freshman YSA... "In the wise words of shia labeouf, 'JUST DO IT'"

@Littleldslady

Guy 1: "gotta go buy a ring" They discuss how he's only been home from his mission 3 months and when the wedding might be etc. at the end of the convo. Guy 2: "That's why engaged women are still on the market." #Wowsuchagoodfriend @HeardAtBYU

@tristan_mcafee

"Guys! Did you know that Spotify just dropped the Frozen 2 album?!" @HeardAtBYU

@gracerlange

Some might think the hardest part about living in a ward full of recently returned missionaries is that they all want to get married ASAP but really it's that testimony meeting is just an hour of RMs taking turns trying to convert me to a religion I already believe in @HeardAtBYU

@stars_on_parade

There is, without a doubt, enough time to get everything done this week. I will, without a doubt, somehow waste it all and scramble at the last minute. Without a doubt

@glitr_4_bkfst

"Bob Dylan is a prophet, I don't care." -My Women's Studies Prof @HeardAtBYU @byuprofessors

@LatterdayLikes

Lehi: "Jerusalem will be destroyed! You must repent of your sins!" Laman and Lemuel, in sync: "ok boomer"

@jessienoelle

"So my sister just got married and her husband is taking her name because it's Byers and it reminds him of Stranger Things." @HeardAtBYU

@grantlofgreen

"professor hands exams back" "the good thing is that there was no evidence of academic dishonesty" @HeardAtBYU

@JessVandy12

girl to her friend- "MY EFY COW FROM 2016 HAS A GIRLFRIEND. LIKE. WHAT THE HECK." @HeardAtBYU

Tweets are unedited

READERS' FORUM

Protecting our students

Many love Utah winters, with the crisp air and beautiful snow-capped mountains. While the snow is beautiful to look at and use for skiing or snowboarding, the precipitation is much less enjoyable to deal with for those having to walk up to campus on Freshman Hill. The ground becomes icy and there is no way, beyond grasping at snow-covered branches, to reclaim one's balance. Freshman Hill needs hand railings on the edges of the path in order to protect the countless students who use the hill to get to their classes.

Freshman Hill isn't pleasant in any season, but in winter, it's more than an annoyance — it is a real safety hazard. With the constant freezing temperatures and precipitation, the hill becomes icy and can stay that way for days. One BYU alumni, Will Gates, recalls an experience he had during his freshman year: "I once saw a kid trying to get up the hill step wrong and then slide back down 5 or so feet." Many students at BYU are from parts of the country where winters are not very harsh and therefore as freshmen, they have never had to tread on snow or ice before. This inexperience, paired with an objectively difficult walk, makes for a very challenging and dangerous route to class.

It's clear that the current conditions of Freshman Hill are not safe enough to protect the many students who use it during the long winter months. Unless handrails are constructed, countless students will continue to slip and fall or skip class altogether, which I sincerely hope is not a goal for BYU administration. The solution to this safety issue is clear: handrails are a needed addition to Freshman Hill in order to protect the safety of thousands of students coming onto our campus.

—Rachel Gates
Springfield, Virginia

Fashion should reflect all women's body types

At a glance, shopping is viewed as a fun experience all women supposedly enjoy. But sadly, often women come away from a shopping trip whether it be online or in the store, discouraged, because the way the clothes look on the model may look very different than what they look like on our own bodies. From a young age, girls are constantly exposed to the same "ideal body," in the media as well as even their Barbie toys. Subconsciously this creates the perception that only the ideal shape is, "beautiful." Today more than ever this way of thinking is amplified due to young teens having more access to the internet and social media, causing major insecurities.

We as consumers should want models to represent the images of women who are evident in our society, because size 0 is not the social norm. We should be able to see ourselves in these women. Consumers can do their part in helping stop this epidemic by supporting brands that use models of all shapes and sizes this holiday season. Already, there are numerous companies around the world doing their best to try and fix this problem, a few being Aerie, Anthropology, Outdoor Voices, and more! As brands and their models begin to be portrayed by a diversity of sizes, women will be more able to see themselves in a position of societal beauty. In return, many of their insecurities brought on by previous modeling standards will begin to diminish.

Too often we see women fixated on achieving the ideal body image and going to great lengths to do so. "Beauty is in the eyes of the beholder." Do not let this beholder be society, but rather yourself.

—Madeline Giles
Mission Viejo, California

IN OUR OPINION

Dependency on distraction

Thousands of BYU students walk around campus with a phone in their hand and music in their ears, every day. Modern-day prophets and apostles have warned us many times about the dangers of distractions, but I personally did not realize its strong influence until recently.

I had the assignment this past week to avoid using any type of media for a day. This included social media, movies and music. Listening to music while walking around campus, doing the dishes or making food has become second nature, and without being able to listen I learned how truly dependent I am on distraction.

Without media telling me what to think, I came to realize how loud my thoughts were — thoughts of comparisons and grades, thoughts that I was not enough or was not doing enough.

I have become wholly reliant on music to drown out those thoughts instead of my facing them and figuring them out.

It is so easy to pull out a phone and get onto one of many apps that will cover the clamor in our heads, but the advantages that come from this are only temporary. As President Russell M. Nelson stated when inviting Church members to a social media fast almost two years ago, we should try to "disengage from a constant reliance on social media."

I encourage everyone to take out their earbuds while walking around campus, listen to the sounds of your surroundings and let thoughts naturally come. Face the world rather than using media as a tool to escape from it. Learn how to quell your negative thoughts without using music or media to do it for you, because there is no way to overcome adverse thoughts without direct confrontation.

—Alessandra Harris
Universe Editorial Assistant

OPINION OUTPOST

The Opinion Outpost features opinions and commentary on the latest hot topics from state and national news sources.

War crimes

Militaries long ago adopted procedures to ensure that those who don the uniform can do so with honor and then remove it with pride. One of the pillars of that framework is the military justice system; another is societal taboos against aberrant behavior.

President Trump threatened both those pillars by pardoning Clint Lorange, a former Army officer serving a 19-year sentence for murdering two civilians, and Maj. Mathew Golsteyn, accused of killing an unarmed Afghan, and by reversing the demotion of Chief Petty Officer Edward Gallagher, the subject of a high-profile war crimes trial.

—Editorial Board
The New York Times

Privacy laws

Congress has been promising federal privacy legislation for a year now and producing little more than a hodgepodge of conflicting piecemeal proposals. Now, at long last, one party's leadership has stepped up to put the muscle of its caucus behind ... a loose set of principles.

Senate Democrats under Charles E. Schumer (D-N.Y.) unveiled this week what is basically a wish list for a bill-to-be, supported by the ranking members of the four relevant committees.

—Editorial Board
The Washington Post

Abortion

Earlier this week, the Democratic Attorneys General Association announced that it will no longer provide financial support for anti-abortion Democratic candidates for attorney general.

If you want cash, you must "publicly" support abortion access.

... This latest maneuver will undoubtedly demoralize many voters who are still holding on to the quickly vanishing patches of ideological middle ground.

—Editorial Board
Deseret News

Environment

The United Nations' Environment Program released a rather dire report Wednesday concluding that by 2030, global production of fossil fuels — extracted coal, oil and natural gas — would be more than double what we can safely consume if we hope to limit the most severe impacts from human-caused global warming.

In other words, rather than adopting policies and practices to slow the rise in global temperatures, humanity is essentially continuing on the same

suicidal course it's been on for decades.

—Editorial Board
Los Angeles Times

Pollution

It's almost inversion season. Time for thoughts and prayers.

In what is now an annual tradition, the pollution-prone season of December and January will spark the usual pronouncements from all quarters: Our air is hurting us, and it must be improved.

And, just as predictably, the

people in charge will wholeheartedly agree, and then proceed to avoid significant advances.

—Editorial Board
The Salt Lake Tribune

Ukraine

Over the last two weeks, in sworn testimony from experienced public servants with no political axes to grind, the American people have learned that President Trump orchestrated a scheme to extract what he called a "favor" from a foreign leader

by withholding a White House meeting and hundreds of millions of dollars in military aid, against his own administration's policy and the bipartisan wishes of Congress.

And yet the details of the Ukraine story — involving veiled threats, Latin phrases, less genteel "Trumpspeak" and "irregular channels" of diplomacy — don't map neatly onto some Americans' idea of obvious wrongdoing.

—Editorial Board
The New York Times

WE WANT TO HEAR FROM YOU

The Universe encourages students, faculty and BYU staff to add their voice to ours by writing letters to the editor and guest editorials, or by submitting editorial cartoons.

- All letters should be submitted by email to universe.ideas@gmail.com. The topic of the letter should be included in the subject line.
- Letters should also include the author's name, hometown (for students), campus position (for faculty and staff) and phone number. Anonymous letters will

- not be published.
 - Letters should be no more than 250 words and may be edited for length, clarity or style.
 - Guest editorials should be 500 to 700 words and are encouraged from individuals with professional or academic expertise on the topic.
 - Original cartoons are also welcome.
- Opinion editor Karina Andrew can be reached at universe.ideas@gmail.com.

How athletes qualify for the Olympics

By ASHLEY JORGENSEN

Qualifying for the Olympics does not guarantee an athlete a spot on a team. For the 11 BYU affiliates who have met qualifying standards, the process of possibly becoming an Olympian has just begun. In most cases, the athletes won't know if they made the team until about two weeks before the Olympics begin.

Tokyo is hosting the Olympics for the first time since 1964. The Olympics will run from July 24 to Aug. 9, 2020, but countries are not required to announce their official teams until early July, and dates vary based on the sport. For the 2020 Olympic Games, five sports have been added, to bring the total to 33. These new sports include baseball and softball, karate, skateboarding, sport climbing and surfing.

The number of athletes countries are allowed to bring for each event is limited. Each Olympic sport has an international committee that sets worldwide qualifying requirements. Larger countries, like the United States, often have more qualifiers than open spots on their teams, so they must narrow down the list until they meet the required number.

The United States holds Olympic trials in June to find its top qualifiers. In smaller countries, most athletes who qualify make it onto the Olympic roster.

BYU affiliated athletes could possibly compete in track and field, swimming and volleyball in Tokyo. The process to qualify and make the Olympic roster for each of these sports varies.

Track and field

The track and field qualifying process changed to a two-tiered system where athletes can qualify by first meeting a time requirement, then the remaining spots will be assigned by



Hannah Miner

Mary Lake, one of 11 Olympic qualifiers affiliated with BYU, is currently playing in her last collegiate season before possibly going pro.

world-ranking.

World-ranking is assigned based on strength of time and status of meet. Runners in the 10,000-meter race are rated on their two best results. For a 5,000-meter race, athletes are ranked on their top three scores, and athletes in events up to 1,500 meters are rated

on their best five results in a 12-month time period. Marathoners have a longer window than any other race, an 18-month window, and their ratings are based on their two best results. They can also qualify by finishing in the top 10 of a World Marathon Major, like the Boston Marathon.

The time requirements were updated to be more difficult, and the quota for each race is smaller than in past years.

BYU statistics adjunct professor Jared Ward qualified by finishing eighth at the Boston Marathon and will compete in the U.S. Olympic trials on Feb 29, 2020.

Swimming

Swimmers only qualify for the Olympics when they meet the time requirements at a FINA approved swim meet, like Winter Nationals. Single athletes have until June 29, 2020, to qualify. Relay athletes have until May 22, 2020.

Athletes can qualify in multiple events but can only compete in the U.S. Olympic trials for races they have qualifying times for. At the trials, everyone swims at least once. After the first round, the top 16 swimmers of each event will move on to the semi-finals. Then the top eight move-on to the finals. The top two swimmers in each event will make the U.S. Olympic team.

Each country can only bring 26 men and 26 women to the Olympics for swimming. More than 1,000 swimmers have qualified for Team USA's swimming team, six of whom are affiliated with BYU. The U.S. Olympic swimming team will be finalized on July 6, 2020.

Volleyball

Volleyball isn't timed or measured, so the process to qualify is different from swimming or track and field. Volleyball players are added to a pool that coaches choose from to nominate the official team and replacements.

Priority is given to athletes with experience on the national team. Volleyball players are evaluated on their efficiency in six areas: attacking, blocking, digging, setting, serving and passing. The order of importance in those areas depends on the position the player holds on the team. Players are also evaluated on teamwork, attitude, versatility, maturity and how well they take direction from coaches.

Mary Lake and Taylor Sander were added to the pool when they competed on Team USA. Team USA volleyball will announce its nominated team and replacements on or before July 2, 2020.

BYU women's coach turns tennis legacy into coaching success

By CHELSEA KERN

Butch Walts thought he had seen it all.

As a former professional tennis player — one who held a singles ranking of World No. 32 in 1979 and a doubles ranking of World No. 23 in 1984 — Walts said he had many people introduce themselves to him, hoping to persuade him to train their children. Although he figured Dan Parkinson was skewed in the description of his daughter, Holly, Walts agreed to watch the 15-year-old play.

This time, however, Walts was wrong.

"Honestly, from the very first time I hit tennis balls with her, I knew she had the potential to become a professional," Walts said. "It was that obvious."

Holly was a different kind of tennis player — she was dedicated, fast and felt a need to win. Although only a junior in high school during Walts' training, Holly held his same expectations for perfectionism. A trait, Walts said, that cannot be taught with ease.

The following years of her tennis play led Holly from top NCAA honors to professional rankings to her place as the current head coach of the BYU women's tennis team. She was named head coach in April 2018.

The success Holly achieved not only came from her upbringing, but also from the fact that she dedicated her life to the sport she loves. While Holly was among the handful of hopefuls who actually succeeded in fulfilling her sports related dreams, it was a broken wrist while on the brink of the Tennis World Tour that brought her to where she is now.

Holly was just 8 years old when she picked up her first tennis ball. Gripping her racquet, Holly felt that the footwork and eye coordination came almost too easy. She later credited these traits to her athletic genes passed down to her from her parents.

"(My father and I) went out and played and he was just kind of like, 'Whoa, we have got to get her in tennis,'" Holly said.

While various members of the Parkinson family received accolades in their own sport of choice — her sister an All-American gymnast and her brother a collegiate golfer — Holly said she was the only one drawn to tennis.

because of the family's belief in the value of sports, which drove each child to choose one sport early on and develop it throughout adolescence. Where most families enjoy resting and relaxing, Holly said her family held a "go, go, go" mentality, which led to success.

Growing up in chilly New Jersey, Holly said there was little opportunity to play the sport that she loved, so as a tween, Holly moved to Tampa, Fla., alone, where she would be able to play tennis year-round.

From seventh through 10th grade, Holly lived with a teammate's family in order to participate in a Florida tennis academy.

"Playing tennis at the level I did and knowing my goal was to someday play in the U.S. Open, my life was full of sacrifices," Holly said. "I missed school dances, family ski trips and even my high school graduation. Although there were sacrifices, I was blessed with opportunities most kids my age only dreamed of having."

During her junior year, 15-year-old Holly reunited with her family as they moved to Spring, Texas. It was here that she met Walts and trained with him until she reached the age of 18 and prepared herself for college.

Being the No. 1 recruit in the nation, Holly had offers from various universities around the U.S. In the end, Holly chose BYU instead of the top-ranked-tennis-school, the University of Florida, because of the school's religious values.

"I truly, in the end, sat down and I thought to myself, 'where am I going to be the most happy on the court, but also off the court?'" Holly said. "If I was to go to the University of Florida, which is ranked number one in the country and has the most national titles, and then tear my knee, would I be happy there?"

In 1997, Holly's contemplations led her to BYU where she was named the WAC Freshman of the Year and an ITA All-American.

Her collegiate experience was short-lived, however, when Holly decided to go pro after a short one-year term playing at BYU. During the summer, the young tennis player saw her professional ranking move to the world Top 300 in a one-month period.

Holly said the biggest reason she turned professional was a win at the ITA NCAA championship. The winner of this tournament was deemed a wild card, which qualified the player for the U.S. Open, the largest U.S. tournament of the year.



BYU Photo

Head coach Holly Parkinson Hasler started her tennis legacy at 8 years old. With dedication and hard work, Hasler began to play professionally when she was only 18 years old.

"I just thought, 'You know what, I can't turn this down,'" Holly said. "It's just too good of an opportunity to pass up."

With her professional career moving in a positive direction, Holly continued to rack up accolades.

The highs of her career include winning six International Tennis Federation singles titles in 1997-02 and ranking No. 83 in the world-wide Women's Tennis Association Top 100 in 2000.

While Holly's dream had become her reality, it was during her fifth year abroad on the Tennis World Tour that she started to question her happiness as a professional player.

As a member of The Church of Jesus Christ of Latter-day Saints, she said she felt dismayed by the fact she had never been part of a congregation and wondered how she would meet a future spouse.

While Holly enjoyed her time as a tennis professional, she said she began feeling lonely traveling abroad and wondered how long she would be able to keep up her long-distance competitions.

During that year, Holly broke her wrist and returned home to heal. Little did she know it would be during this time of recuperation that she would meet her future husband, Blair Hasler.

"Honestly, it was kind of a blessing," Holly said.



Holly Parkinson Hasler

23-year-old Holly Parkinson Hasler played in the U.S. Open after winning the ITA NCAA tournament in July 2002.

Blair said that even though Holly's athletic credentials were impressive, he was most captured by her testimony and the fact that she lived her religion daily. He mentioned that her nickname in the tennis world happened to be "Stormin'," short for "Stormin' Mormon."

Holly and Blair were married and shared their honeymoon on tour at the World TeamTennis in 2002. It was only when Holly became pregnant with their first child that her professional career came to a close. Blair said Holly has never looked back.

"She was going to go back on the tour and then just (happened) to get pregnant," Blair said. "She flipped the switch like that. There was no question, she was done. She wanted to be a mom."

Holly can still be seen on the court coaching the BYU women's tennis team

or her own two boys, 14-year-old Caden and 6-year-old Bryson.

BYU assistant coach Dillon Porter said he is excited to work with Holly for the coming 2019-20 season.

"As a player, she was intense with her work ethic," Porter said. As a coach, he said she demands hard work ethic. She's passionate and competitive about winning, which has created higher expectations for the women on the team.

Porter claimed that while Holly's personal career may be over, her legacy will continue on with her sons and the players she teaches on the BYU women's tennis team.

"College coaching is by far the next best thing to professional tennis," Holly said of her new position at BYU. "It's fun to get a combination of everything that I used to be doing."

'Medicare for All' plan reignites health care clash

ASSOCIATED PRESS

WASHINGTON — Elizabeth Warren's proposal to gradually move the country to a government-funded health care system has further inflamed the debate over "Medicare for All."

The Massachusetts senator announced Nov. 15 that her administration would immediately build on existing laws, including the Affordable Care Act, to expand access to health care while taking up to three years to fully implement Medicare for All. That attempt to thread the political needle has roiled her more moderate rivals, who say she's waffling, while worrying some on the left, who see Warren's commitment to a single-payer system wavering.

The divide could complicate plans by Democrats to turn health care into a winning issue in 2020. The party successfully took back control of the House last year by championing programs that ensure that people with preexisting medical conditions keep their insurance coverage while arguing that Republicans want to weaken such provisions. But the Medicare for All debate is more delicate as advocates including Warren grapple with concerns that a new government-run system won't provide the same quality of coverage as private insurance — and would be prohibitively expensive.

"The Medicare for All proposal has turned out to be a real deal-breaker in who gets the Democratic nomination," said Robert Blendon, a Harvard University School of Public

Health professor whose teaching responsibilities include courses on political strategy in health policy and public opinion polling. "This is not just another issue."

Warren's transition plan indicates she'd use her first 100 days as president to expand existing public health insurance options. That is closer to what has been supported by former Vice President Joe Biden and Mayor Pete Buttigieg of South Bend, Indiana. Both Democratic presidential candidates have criticized Medicare for All for wiping out private insurance — something they say many Americans aren't ready for.

Warren insists she's simply working to expand health insurance in the short term to people who don't have it while remaining committed to the full plan in the long run.

"My commitment to Medicare for All is all the way," Warren said while campaigning in Iowa Nov. 16 and 17.

Still, the transition signified a step toward pragmatism and an acknowledgement that the government has ways to expand health insurance coverage before embracing a universal system — something that would be difficult for any president to get through Congress. Consider that current entitlements, such as Social Security and Medicare, were phased in over years, not all at once.

"If she's looked at it and decides the sensible thing to do in order to not cause too much disruption in employment situations and within the medical system is to gear up over three years, she's probably right," said Cindy Wolf, a customer



Associated Press

Democratic presidential candidate Sen. Elizabeth Warren, D-Mass., speaks during a fundraiser for the Nevada Democratic Party, Sunday, Nov. 17, in Las Vegas.

service and shipping manager who attended the California state Democratic Convention on Saturday in Long Beach.

Still, the move may prove politically problematic for a candidate who has long decried others settling for consultant-driven campaigns seeking incremental changes at the expense of big ideas.

Vermont Sen. Bernie Sanders is the original architect of Medicare for All and has made fighting for it the centerpiece of his 2020 White House bid. He tweeted following the release of Warren's transition plan: "In my first week as president, we will introduce Medicare for All legislation."

Campaigning in Nevada on

Nov. 18, California Sen. Kamala Harris said, "I believe that government should not be in a position of taking away people's choice."

"Especially on one of the most intimate and personal decisions people can make," Harris said, "which is about how to address their health care needs."

The criticism from others was far sharper. Top Biden adviser Kate Bedingfield dismissed Warren's plan as "trying to muddy the waters" by offering "a full program of flips and twists." Buttigieg spokeswoman Lis Smith said it was a "transparently political attempt to paper over a very serious policy problem."

Warren rode a steady summer climb in the polls to become one of the primary field's front-runners — but no longer seems to be rising. Polls recently show her support stabilizing, though not dipping, as focus on her Medicare for All ideas intensifies.

The last two debates featured Warren failing to answer direct questions on whether she would be forced to raise middle class taxes to pay for the universal health care system she envisions. That set up a plan released two-plus weeks ago in which Warren vowed to generate \$20-plus trillion in new government revenue without increasing taxes on the middle class — but that's been decried

by critics who accuse Warren of underestimating how much Medicare for All would really cost.

And, though Warren never promised to begin working toward Medicare for All on Day 1 of her administration, the release of the transition plan, which spelled out that the process will take years, has unsettled some.

Una Lee Jost, a lawyer who was holding "Bernie" signs in Chinese and English at the California Democratic Convention, called any lengthy transition to Medicare for All "a serious concern."

"We should have implemented this decades ago," she said.

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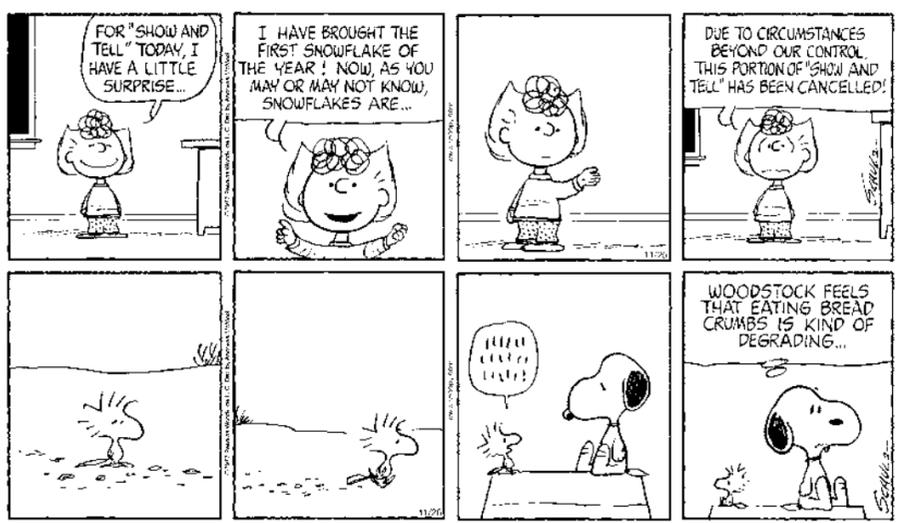


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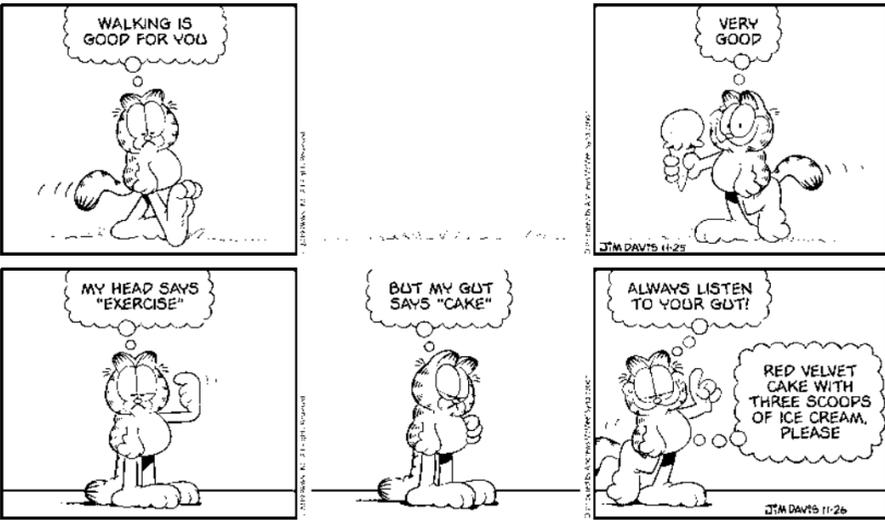
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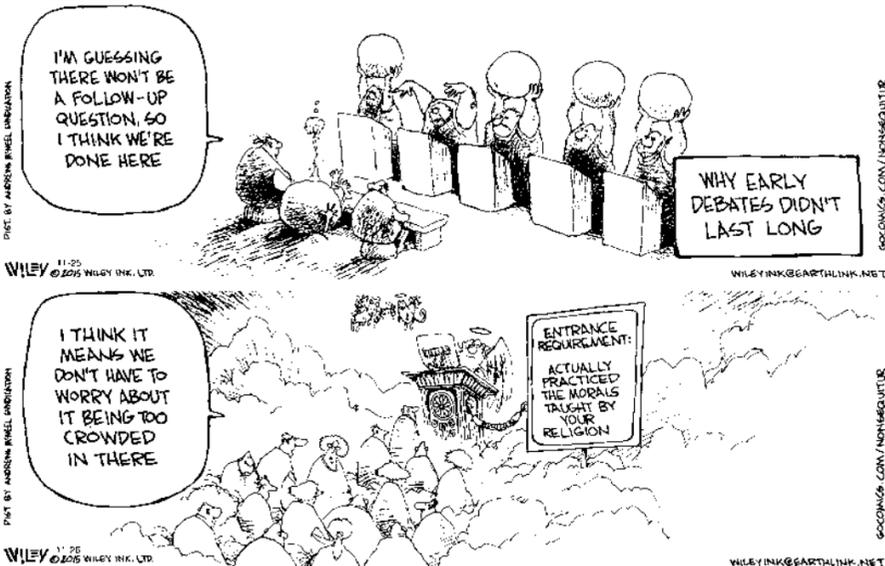
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Sudoku

Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at universe.byu.edu/sudoku.

4	6	3	7	2	5				6	1	5	2	9						8	3							5	3				8		
9								7	8		6			5					5	2	4	6						5	8	2				
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6		4	8		1					6			7				6	4	3	2		9	1		4	9			3					
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	2	8	1	6	4	9			1	2	8	9	4					9	1							7			6	4				

The New York Times Crossword

- Edited by Will Shortz No. 1021
- ACROSS**
- 1 "Monday Night Football" airer
 - 5 Letters on a rush order
 - 9 "The west wind whispered, / And touched the eyelids of spring: / Her eyes, / Primroses," for a classic example
 - 14 Entice
 - 15 Scantly dressed nightclub entertainer
 - 17 Is highly versed about something
 - 19 Chow chows and chihuahuas
 - 20 The "E" of E.S.L.: Abbr.
 - 21 Org. for which Edward Snowden once worked
 - 22 Trevor of "The Daily Show"
 - 24 Kirsten of "Spider-Man"
 - 26 Major athletic event along the Thames
 - 31 Puts frosting on
 - 32 Besmirch, as a reputation
 - 33 Alternative to Google Sheets
 - 35 Devotee
 - 36 Bases loaded ... or a hint to the contents of 17-, 26-, 44- and 56-Across
 - 39 Attempt
 - 40 Jong who wrote "Fear of Flying"
 - 42 Neither's partner
 - 43 Revolutionary Revere
 - 44 Bob Dylan album that he called "the closest I ever got to the sound I hear in my mind"
 - 48 The "P" of R.S.V.P.
 - 49 Furniture giant with a blue-and-yellow logo
 - 50 401(k) alternative
- DOWN**
- 1 Antlered animal
 - 2 What planets orbit
 - 3 In favor of
 - 4 Ones taking paternity leave for the first time
 - 5 Wide-eyed with excitement
 - 6 Daughters' counterparts
 - 7 Add years
 - 8 Wannabe
 - 9 Positions one's toes off the surfboard
 - 10 Singer DiFranco
 - 11 A blue compass, for the browser Safari
 - 12 Dolls seen near Barbies
 - 13 ___ Major (constellation)
 - 16 Disco singer Summer
 - 18 Manhattan neighborhood next to TriBeCa
 - 22 Like a diet that prohibits bread and pasta
 - 23 Low-scoring soccer win
 - 24 Lack the courage to
 - 25 Counterpart of "pls," in a text
 - 26 "To ___!" ("L'chaim!")
 - 27 To the ___ degree
 - 28 Mo. before April
 - 29 Component of gasoline
 - 30 Poet Pablo who won a Nobel in Literature
 - 34 Lovett of country music
 - 36 Marks left by swimsuits
 - 37 Long, long time
 - 38 Spherical shape
 - 41 Robber chaser, in a children's game
 - 43 ___ Go (2016 fad)
 - 45 Hunky-dory
 - 46 Number of days it took Phileas Fogg to go around the world
 - 47 Flower near a pad
 - 50 What "i" stands for in an analogy
 - 51 Continue one's military service
 - 52 Farm measure
 - 54 Of uncertain origin: Abbr.
 - 55 Wagers
 - 57 Green-lit
 - 58 Valuable rock
 - 59 Musician Yoko
 - 60 Longtime
 - 61 12/31, briefly

ANSWER TO PREVIOUS PUZZLE

C	A	R	D	S	D	E	F	Y	M	E	S	S
A	V	A	I	L	O	R	E	O	U	O	T	T
P	E	R	S	I	A	N	R	U	G	M	E	A
I	R	E	E	M	T	D	I	V	E	R	T	
T	A	B	R	A	G	S	E	N	N	U	I	
A	G	I	N	H	O	T	M	U	S	T	A	R
L	E	T	O	N	A	I	N	T	L	E	O	
C	B	S	S	A	I	L	Y	A	C	H	T	
F	L	I	G	H	T	D	E	C	K	P	A	I
C	A	D	R	E	D	U	N	E	P	R	O	
T	E	A	S	E	T	T	O	T	E	S	T	
S	H	A	M	M	A	K	E	T	H	E	C	U
P	E	R	M	I	R	I	S	E	M	O	T	E
A	R	M	Y	T	O	N	Y	R	U	D	E	R

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The New York Times Crossword

- Edited by Will Shortz No. 1022
- ACROSS**
- 1 Shape of a U.F.O.
 - 5 Unit in Ohm's law
 - 11 Consumer protection org.
 - 14 Seis + dos
 - 15 Howl of happiness
 - 16 Nightmare flier
 - 17 Comedian who'd make a good pyrotechnician?
 - 19 The Dolphins or the Heat, on scoreboards
 - 20 "___ or sugar?"
 - 21 Youngster
 - 22 Lady birds
 - 23 Completely smash
 - 24 Supermodel who'd make a good broker?
 - 26 ___ Baba
 - 27 It abuts the Fla. panhandle
 - 29 Shock
 - 30 Carded, informally
 - 32 University URL ender
 - 34 Boxes of 12
 - 35 Activist who'd make a good valet?
 - 39 Famous Greek moralizer
 - 42 Bit of immorality
 - 43 Word after "he" and "she"
 - 47 Milwaukee team
 - 50 Yoga surface
 - 52 "Who am ___ judge?"
 - 53 Rapper who'd make a good barber?
 - 55 Not kind
 - 57 Things counted on a diet: Abbr.
 - 58 Condiment at a cantina
 - 59 Cheese-covered bite
 - 60 Thomas Gray wrote one on Eton College
 - 61 Actor who'd make a good dry cleaner?
 - 64 --: Abbr.
 - 65 Reach
 - 66 Muppet with a smartphone friend named Smartie
 - 67 E.R. staffers
 - 68 Pretty much
 - 69 Farmer's purchase
- DOWN**
- 1 Frankfurter, informally
 - 2 Frigid
 - 3 Nickname for someone under five feet
 - 4 Asian peninsula
 - 5 "If I may say a few words ..."
 - 6 Swarm
 - 7 Sullen
 - 8 Headaches for coders
 - 9 Go off on
 - 10 Responses to mumbles
 - 11 Instigates
 - 12 Word repeated before "little star," in a nursery rhyme
 - 13 Parts of teaching schedules
 - 18 Fancy bash
 - 22 Pester
 - 23 ___ chi ch'uan
 - 24 "I'm do-o-one!"
 - 25 In town again
 - 28 Baux-de-Provence (French commune)
 - 31 Audibly overwhelms, with "out"
 - 33 Co. with brown trucks
 - 36 Grp. headquartered in Austria, which isn't a member
 - 37 Goals
 - 38 Essential molecule
 - 39 Run away (with)
 - 40 Device on which to get texts
 - 41 Steadiness on a ship
 - 44 Opening in a pet carrier
 - 45 "Put away your wallet!"
 - 46 Homer's cry
 - 48 Met, as a challenge
 - 49 Savvy
 - 51 Bangkok native
 - 54 Pasture noise
 - 56 Units of chains x furlongs
 - 59 Letters in a Big Apple address
 - 61 Awkward predicament
 - 62 1,000 G's
 - 63 Covering for a bald spot

ANSWER TO PREVIOUS PUZZLE

S	K	Y	A	G	E	N	A	P	A	S	T	A
H	O	E	T	U	N	E	D	H	A	R	P	E
E	A	T	M	A	N	T	O	M	A	N	T	A
E	L	T	E	R	U	T	A	N	T	I	C	
P	A	S	S	F	A	I	L	C	L	A	S	S
S	U	N	E	L	O	T	R	O	N			
E	S	C	O	R	T			U	N	D	O	A
R	O	E	B	E	E	P	B	E	E	P	C	O
I	N	N	Y	E	C	H		A	T	B	E	S
N	I	T	S	L	I	S	D	I	O			
C	A	T	C	H	A	S	C	A	T	C	H	C
U	M	A	M	I	A	H	I	R	A	K	E	
T	O	R	A	T	O	R	A	T	O	R	A	
U	V	U	L	A	S	S	H	R	E	W	E	L
B	I	S	O	N			H	E	A	D	S	L

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