

New lives

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THE UNIVERSE

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Provo, Utah

Rivalry results – BYU tops Utah, Utah State and Boise State in Fall semester sports

By AARON FITZNER

A loss to Utah in football and basketball didn't stop BYU from dominating in athletics between the University of Utah, Utah State University and Boise State University. With a national championship in track, a ranked season in soccer and volleyball and the highest ranking in basketball, BYU athletics leads the way for sports among the four rivals.

Because of a national title in men's cross country, a second-place finish in women's cross country and a fifth-place finish in soccer, the Division I Learfield IMG College Director's Cup has BYU athletics ranked fourth in the country behind Virginia, Michigan and Stanford. Boise State comes in at No. 23 in IMG Director's Cup results and ranks second among the four rivals, while Utah sits at No. 43 and Utah State ranks No. 66.

Men's sports

BYU football succumbed to Utah 30-12 in the season opener while beating Utah State 42-14 and Boise State 28-25, while the Broncos also laid down a beating on the Aggies in the form of a 51-26 win. BYU's win over Boise State would mark the only loss of the regular season for the Broncos, dropping them to No. 19 overall.

Ranking the football teams, Utah finished ranked No. 11 overall with an 11-2 regular-season record, while No. 19 Boise State finished the regular season schedule at 12-1 but saw itself on the receiving end of a 38-7 Washington beatdown, dropping its record to 12-2.

BYU posted a 7-6 record with wins over both Boise State and Utah State, but it can be assumed that Boise State is likely better than BYU, especially given its ranking. Utah State also finished with a 7-6 record after losing its bowl game 51-41 to a relatively underwhelming Kent State University team that ranked No. 63 among scoring offenses and No. 121 among defensive yards allowed. This game marked the seventh time that the Aggies allowed more than 30 points in a game this season, largely thanks to quarterback Jordan Love, who threw 17 interceptions on the season.

BYU basketball dropped a pair of overtime games to both Boise State and Utah State, but anyone that watched the games would know that the lack of Yoeli Childs' presence had drastic effects on the game. Childs left the game against Utah with 15 minutes remaining after experiencing cramping in both legs, and Utah was able to storm back from a 16-point deficit without Childs in the



Hannah Miner

The BYU men's basketball bench celebrates after TJ Haws dunked the ball over a Weber State defender on Dec. 22, 2019.

game. The game would have had a drastically different outcome had Childs been able to play the whole game, much like the overtime loss to Boise State where Childs was still serving his nine-game suspension.

BYU basketball is currently the highest-ranked team in the state of Utah at No. 31, while also the highest-ranked among the four rivals. The once-celebratory Aggies ranked No. 17 in the country to start the season, but that ranking disappeared into the abyss with losses to Saint Mary's University and BYU, dropping the school to No. 49. Utah currently sits at No. 64 in the rankings, while Boise State lags behind at No. 112.

The BYU men's cross country team took home the national title in November, making BYU the clear favorite among the four rivalry schools. The Runnin' Utes ironically don't have a men's cross country team, so they'll be left out of this conversation, but the Utah State men's cross country team finished 16th at nationals while Boise State placed 21st.

Rounding out the last men's sport

that has overlap between these four rivalry schools is golf. BYU, again, is the clear victor in this category as the Cougars have the No. 1 golfer in the country in the form of Peter Kuest and own the No. 4 spot among golf teams in the nation. Looking way down the list, Utah ranks No. 57, with Mitchell Schow, ranked No. 166, owning the title of top golfer at the University of Utah. Boise State follows with a No. 79 ranking and its top golfer, Skyler Eubank, being ranked No. 177. Even further down the list are the Aggies at No. 155, but you would have to look even deeper to find its top golfer as golfstat.com doesn't list any Utah State golfers in the top 250.

Women's sports

BYU women's soccer ran the table among the four rivals and most of the NCAA for much of the soccer season, making it to the NCAA round of eight before losing its first game of the season. BYU played Utah during the regular season and came away with a 2-0 win, and a win over Boise State would come in the first round of the NCAA tournament as the Cougars ended the

Broncos' season.

Utah State women's soccer was able to grind out a win against Boise State despite being outshot 19-5, but Utah proved to be too much for USU as they walked away with a 3-0 win. Despite beating Boise State, the 8-10-1 Aggies were the only of the four rival teams to miss the NCAA tournament, while Boise State and Utah were both on the receiving end of lopsided losses to Duke and BYU, respectively, in the first round of the tournament.

Utah volleyball made it farther than BYU, Boise State and Utah State, losing to Stanford in the third round of the NCAA tournament. Utah knocked BYU out of the tournament in the Smith Fieldhouse to end BYU's season, while Boise State and Utah State both failed to make it past the regular season.

Utah State had, statistically, one of the most dismal volleyball seasons that a team could have, starting the season 0-14, including posting an 0-4 record in a tournament it hosted in Logan, before finishing with a 2-28 record. Though Boise State didn't make the NCAA tournament, it still turned in



Addie Blacker

The BYU women's soccer team ranked highest among the four rivals, finishing the season with a No. 5 ranking.

a respectable 18-12 record, which was good enough for a berth in the NIT tournament.

The BYU women's cross country team was bested only by Arkansas as they captured the national runner-up title at the NCAA championships. Utah and Boise State finished No. 16 and No. 17, respectively, while Utah State lagged way behind without even qualifying for the national championships.

BYU women's basketball has gone 1-2 against its three rivals, but a win over Utah State helped drop the Aggies record well-below .500 at 5-8, while the Cougars lost to both Utah and Boise State. Boise State and Utah don't play one another this season while the Broncos and Aggies won't face each other until conference play begins.

All-in-all, BYU athletics proved supreme over its rivalry foes during the 2019 Fall semester. With a national first and second-place finish in cross country, the No. 1 golfer in the country and a top-5 golf team, a top-5 team in soccer, the highest-ranked basketball team and no teams that are the weakest of the four rivals, BYU men's and women's sports teams have earned their Division I Learfield IMG College Director's Cup ranking.

2020 Utah Legislature Session to discuss Utah Inland Port, tax reformation, infrastructure

By ANNA MORGAN

The Utah 2020 General Legislative Session is scheduled to begin Monday, Jan. 27. Issues Utahn's should be aware of include infrastructure, tax reformation and environmental policy.

Utah lawmakers will meet for the annual 45-day session to discuss issues affecting residents' quality of life. The Utah legislature is composed of 104 seats — 29 senators and 75 representatives.

Richard Thorn, president of Associated General Contractors of Utah, the leading association for the commercial construction industry in the state, frequently deals with legislative work to ensure Utah construction projects are up to code. Those associated with the Associated General Contractors of Utah are required to stay up to date on the legislation affecting the construction industry. "There are approximately a thousand pieces of legislation that are introduced in the Senate and House each year," Thorn said.

A major topic during the upcoming session will be Utah infrastructure. As the fourth-fastest growing state in America, Utah is experiencing infrastructural growing pains. Thorn is optimistic that

the state legislature will be able to come up with solutions to these growing pains.

"Utah is positioned extraordinarily well for future growth; our economy is on solid ground, and I believe the Utah legislature is investing in the future," Thorn said.

As the Utah population grows, tax reform proposals have been brought to the table, including a controversial bill that was passed on Dec. 12. Groups across the state, however, have pushed for a referendum on the law, which lowers the state income tax rate, provides tax breaks to low- and moderate-income residents, increases the state sales tax on food to 4.85% and adds an expected 10 cent increase to each gallon of gas.

Organizers said they submitted signed petitions to the lieutenant governor's office, which oversees the state elections office. Utah Legislative Watch, Utah Tax Reform Coalition, United Women's Forum and Citizens for Tax Fairness are among the groups opposing the new tax law.

"This is not a Republican revolt. This is a Utahns revolts," said Fred Cox, a former Republican legislator who helped organize the petition effort. Brett Hastings, director of Utah Legislative Watch, said the groups opposing the tax law change view the referendum as an



Associated Press

The floor of the Utah House of Representatives during the first day of the Utah legislative session on Jan. 28 2019, in Salt Lake City.

integral part of government checks and balances. "This referendum is in essence a vote of no confidence in our Legislature and in our governor, at least on this question of tax reform," he said.

Utah Senate President Stuart Adams said the goal with tax reform issues is to get it right to stabilize Utah's economy for years to come.

"We are working towards a comprehensive solution to stabilize the state budget in a way that benefits all Utahns," Adams said.

As tax reform influences the allocated budget for education, Hillyard said the quality of education among Utah children is most important, although

there has yet to be a new funding plan presented.

Hillyard said there are many issues that feed into the topic of education, such as funding for school counselors, concern about teacher salaries and ensuring kids are prepared before entering the next grade. Adams said he believes the topic of education will be an interesting discussion in the 2020 session.

"Education is a large component — from K-12 educational programs to apprenticeships to innovative education models. Utah can and should lead the nation," Adams said.

Another area where the Utah legislature will direct its attention this session

is Utah's environment. This includes consideration for a Tier 3 system of national vehicle-and-fuel standards established by the EPA. This system will require Utah to become clean by pushing for cars that cause less pollution and make it possible for petroleum refiners to create a clean solution for gasoline.

Rep. Stewart Barlow, R-Fruit Heights, said the growing pains that come from a rapidly growing population and better environmental standards will help ensure a clean Utah for future residents.

"These (Tier 3) standards will benefit Utah's environment and incentivize companies to upgrade their fuels," Barlow said.

Another discussion that will affect Utah's economic and environmental health is the Utah Inland Port. Protestors worry it will cause damage to Utah's environment, while port authorities have addressed protestors' concerns by implementing 21st-century technologies to reduce, if not eliminate, environmental impacts.

To stay updated on these and other topics within the legislature, Hillyard recommends visiting le.utah.gov to see legislative web pages, bills and the final decisions.

Contributing: Associated Press

UNIVERSE news briefs

FROM THE ASSOCIATED PRESS



U.S. officials brace for response to military strike

Emotions remain tense in Iran after President Donald Trump ordered a Jan. 2 strike that killed Gen. Qassem Soleimani, the head of Iran's elite Quds Force.

Soleimani's death sparked protests and large displays of anger and grief. As Iran's public mourning period comes to a close, U.S. officials say they anticipate an attack in the near future.

While officials say American intelligence isn't clear on whether Iran's latest military moves are to prepare for an offensive strike.



Citizenship data to be shared with Census

The Department of Homeland Security is agreeing to share citizenship information – including a person's alien identification number, country of birth and date of naturalization or naturalization application – with the U.S. Census Bureau as part of Trump's order to collect data on who is a citizen.

The department is awaiting word on whether it will be allowed to release information on asylum and refugee applicants, which typically is prohibited from being disclosed.



Americans favor NCAA athletes endorsements

According to a recent poll from The Associated Press-NORC Center for Public Affairs Research, two-thirds of Americans support the NCAA allowing college athletes to cash in on their names, images and likenesses. Support is especially high among young adults.

The poll comes after the NCAA board of governors voted to permit athletes to benefit from their names, images and likenesses, and directed its 1,100 member schools to have legislation ready for implementation by January 2021.



Unique sex-abuse suit filed against Boy Scouts

A team of lawyers filed a lawsuit in federal court in Washington, D.C., seeking to establish the nation's capital as a venue for men to sue the Boy Scouts of America for allegedly failing to protect them from long-ago sexual abuse at the hands of scoutmasters and other leaders.

The plaintiffs' lawyers contend that federal court in Washington is an appropriate venue for such a lawsuit because the Boy Scouts were incorporated there in 1910 and obtained a congressional charter in 1916.



Unclear impeachment schedule upsets campaigns

Uncertainty over when the Senate will begin President Donald Trump's impeachment trial is complicating crunch-time campaigning for the five Democratic senators seeking the White House.

Sens. Elizabeth Warren of Massachusetts, Bernie Sanders of Vermont, Amy Klobuchar of Minnesota, Cory Booker of New Jersey and Michael Bennet of Colorado are facing the prospect of having to return to Washington to sit as jurors if proceedings begin.



Associated Press

In this Oct. 11, 2019 photo, Thomas Wright speaks at press conference at Kingsbury Hall in Salt Lake City.

Former Utah GOP chair joins crowded governor race

ASSOCIATED PRESS

A former chair of the Utah Republican party became the latest candidate to enter the race for governor on Jan. 2.

Thomas Wright said in a Facebook post that no other candidates have "the right mix of experience along with imagination and energy," that he believes the state needs.

Wright is the president and principal broker of Summit Sotheby's International Realty, served as party chair from 2011 through 2013 and is a member of the Republican National Committee. He has not, however, held public office before, something he said is a strength.

"This is a time to reach out beyond government to

find answers," he wrote. His announcement highlighted issues like education, air quality, and the prosperity of the state, including rural areas that may be left behind by an otherwise strong economy.

He joins a crowded field vying for the GOP nomination that includes former governor Jon Huntsman Jr., current Lt. Gov. Spencer Cox, Salt Lake County member Aimee Winder Newton and businessman Jeff Burningham.

Other possible Republican candidates reportedly include former Utah House Speaker Greg Hughes and U.S. Rep. Rob Bishop.

Democrat Zachery Moses is also in the race.

Current Gov. Gary Herbert has said he does not plan to seek a third term.

Social media news consumption becoming more popular with younger generations

By NATALIE BAUGH

News platforms are rapidly changing and social media is the latest platform that makes news more accessible.

BYU communications professor Quint Randle researches digital news and said this trend has both pros and cons.

One benefit is that people can engage with one another and spread information very quickly.

However, Randle said people follow different news outlets depending on their opinions and what views they trust and that people are more likely to trust the news that they choose to consume, or in this case, follow on social media.

He added that people may be more skeptical of the news because now consumers have the ability to create and curate news.

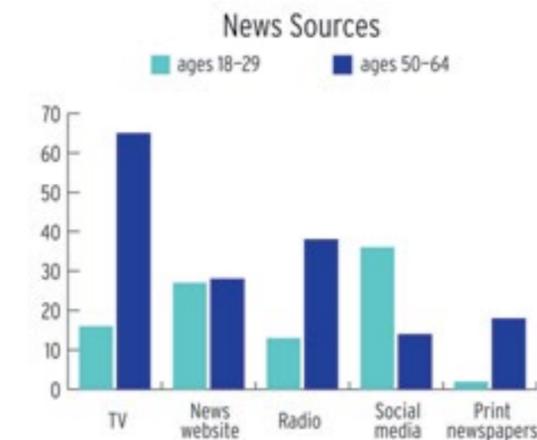
"(News) used to be high entry, now anybody can create news," he said, adding that it can be helpful when people take news and make it simple for others to understand.

According to Randle, students are less informed with the news, so it has become less of a conversational topic. He said that, in general, there are downfalls to not consuming news.

"I don't think you can make correct decisions in a democracy or informed decisions about a lot of things if you don't have information," Randle said.

A 2018 Pew Research study found that more Americans are getting their news on social media rather than print newspapers.

In the past, news media was



Camilla Brinton

A 2018 survey by Pew Research Center shows the younger generation starting to consume more news on social media. The statistics show that TV and radio news are still popular with older generations.

mostly on television and in print newspapers, but since the internet started, it is now more digital and transitioning to social media. Television and print still remain a popular news source for older Americans, according to Pew Research. Adults ages 18-29 are consuming more news due to the rise in popularity of social media platforms.

"Younger Americans are also unique in that they don't rely on one platform in the way that the majority of their elders rely on TV," the study stated.

BYU news media alumna Madison Heaps has recognized the rapid change of news going to social media.

In the summer of 2017, Heaps wanted to get experience for her major but needed somewhere to start before landing an internship. She created Minute with Mads, a news Instagram account

that helps people stay informed and better understand the news in a more accessible way.

She initially thought the account would be a summer resume-builder experience, but two years later, she continues to run Minute with Mads.

Heaps said she has to be personable on social media, even if it is a news account. For example, she shares behind-the-scenes posts about her life and how she manages the account. On occasion, she posts pictures of her and her husband, such as when she posted about her pregnancy.

She is grateful that this account is a resource for people if they have questions about the news.

"I get DMs all the time from people saying 'I have better conversations with my husband, I have better conversations with my kids because I understand

the news better,'" Heaps said.

Not only does Heaps get to use her news reporting skills, but she also loves how running the account allows her to have a creative outlet and connect with people.

"I try to keep it pretty well-rounded just to give everybody a taste of what is happening in every category or industry," Heaps said.

She said if people hate the news, then they're doing it wrong. What she knows now that she wishes she knew sooner is that there is not a "right way" to consume news, but that the right way is for each individual to find a way they like to access it.

"The news can be terrifying and overwhelming," Heaps said, "but the news can help you feel so connected to the world in a way that nothing else can."

She suggests watching TV, subscribing to a paper or magazine or following a few different news pages on Instagram or Twitter.

Heaps has learned a lot from running her news account and said TV and print news will not die but that social media will just become another platform for news.

The news world on social media is growing. Heaps thinks that although social media news is becoming more popular, breaking news will always be on TV and investigative journalism from outlets like The New York Times will keep print alive.

Just like Heaps uses the news as a way to connect with people, she thinks that people should be informed so they can be more connected.

"Staying informed that way will help you feel better connected to the world you're living in and the people around you," she said.

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Utah refugees respond to Trump administration policies, navigate new lives in Utah

By KARINA ANDREW

Mutolera Karama Kabaka remembers weeks spent lost and hungry in the wilderness of Congo.

His father, the mayor of their hometown, had been caught supplying both rebels and the military government with food, clothing and money in an attempt to keep either entity from harming his people. Kabaka's parents were killed and his siblings were kidnapped. With only the clothes on his back, \$20 in his pocket and dangerous rebels hunting him, Kabaka ran.

"After I ran away, I started suffering," he said.

Kabaka is just one of many refugees who has since resettled in Utah. The state has always been home to refugees, noted Utah Gov. Gary Herbert in his recent letter to President Donald Trump.

"We empathize deeply with individuals and groups who have been forced from their homes and we love giving them a new home and a new life," Herbert wrote in the letter.

The letter came in response to the Trump administration's reduction in refugee acceptance rates. The Pew Research Center reported that the United States plans to admit only 18,000 refugees in fiscal year 2020, the lowest cap the country has had in decades. The U.S. admitted 30,000 refugees in 2019. Herbert called on Trump to send more refugees to Utah.

"I encourage you to allow us to accept more international refugees in Utah," Herbert wrote. "We know the need has not decreased and are eager to see the number of admittances rise again."

Resettlement

The refugee resettlement process is often long and complex. Every refugee's journey is different, but many end up in refugee camps in places close to their home countries, such as Kabaka, who made his way to a refugee camp in Uganda. From these camps, refugees may be resettled in other countries, including the United States.

The United Nations assists refugees seeking resettlement. U.S. officers review each refugee's case and perform a background check. If the refugee is cleared, he or she must also get a medical check and an orientation about the country and state before travelling to the U.S.

Getting on the list of refugees

who will be resettled in the U.S. is mostly a matter of luck, according to Leonard Bagalwa, founder and executive director of Utah Valley Refugees. He first came to Utah as a refugee from Congo after being kidnapped and forced to join the military at age 17. Bagalwa ran away in 1997 and spent time in refugee camps in Malawi and Zimbabwe before coming to the U.S. in 2004.

Bagalwa said corruption in refugee camps has a significant influence over who will end up on the list to be resettled in the U.S. Refugees who have money or connections with camp leaders find their way onto the list, while others might wait in the camps for decades.

Kabaka stayed in the Ugandan refugee camp for 15 years. There, he met and married his wife and was reunited with his brother — but this camp, too, had its problems.

"In the refugee camp, everything is corruption," Kabaka explained.

He was thrilled when he and his family were finally admitted to the U.S.

"In the plane, I tried to do this," Kabaka said, miming pinching himself as if to check if he was dreaming. "It's me, really! Yes! I didn't believe."

Life in Utah

The lucky few who get chosen and vetted to live in the U.S. don't often choose where in the country they will live if they make it here. When a refugee arrives in Utah, he or she might find the local environment to be different from what they expected or have experienced.

"The culture is shocking here. Completely shocking," Bagalwa said.

Culture and language barriers can be huge obstacles for refugees looking to rebuild stable lives. Emily Ostler, a BYU international relations student and former president of the BYU Refugee Empowerment Club, said many refugees arrive with degrees and skills but have trouble finding high-paying, enjoyable employment because they don't speak English.

The language barrier and subsequent challenges it produces affect the local community's perception of refugees.

"I think there's a tendency for us to dumb down refugees and to not give them as much of a chance with regards to their intelligence and what they have to teach us," Ostler said. She encouraged Utahns to abandon the notion that broken English indicates a lack of

intelligence.

Bagalwa described how frustrating it was for him to have people make assumptions about his work ethic based on his refugee background.

"I'm not a lazy person. I work hard. I do two jobs. I have a family I feed and I never go on government (welfare programs). I have a home. I contribute. I'm not lazy," he said.

Francis Badibanga first arrived in Utah three years ago from Congo. He agreed that the cultural and lingual barriers make life in the U.S. difficult but is grateful he and his family can live here in peace. He said he doesn't want people here to think of him as a refugee because that isn't how he defines himself.

"Everybody is from some place," he said. "I think God wanted me to come here. Most people call me a refugee, but for me, I think not."

Trump administration policies

Culture and language unfamiliarity aren't the only factors that contribute to a negative perception of refugees. Carolina Núñez, associate dean of BYU's J. Reuben Clark Law School and immigration law professor, said current administration rhetoric is also a barrier to accepting refugees in the community.

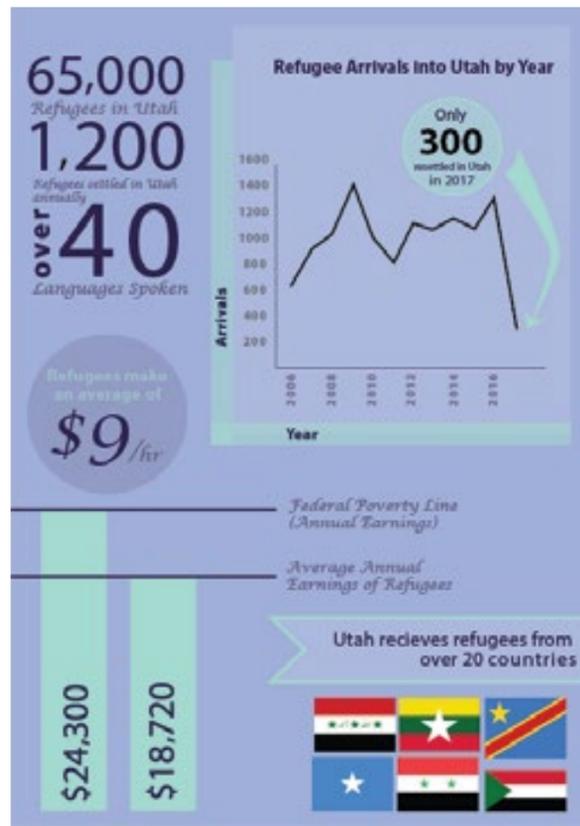
"There's a lot of anti-refugee rhetoric to contend with," Núñez said. "I think that any refugee community right now would be concerned about what we're hearing from the Trump administration."

On Jan. 27, 2017, Trump signed Executive Order 13769, titled "Protecting the Nation from Foreign Terrorist Entry into the United States." The order suspended the issuing of visas to applicants from certain countries, including an indefinite suspension on Somalia. The order also briefly suspended all refugee resettlement in the United States.

"Proper controls are vital, as many refugees come from countries that are known sources of terrorism," reads a recent White House fact sheet on the Trump administration's refugee policies.

Aden Batar, immigration and refugee resettlement director for Catholic Community Services of Utah, came to Utah as a refugee from Somalia. He refuted the implication that terrorists might hide among refugees, noting that refugees are often the ones running away from terrorists.

"Things like that are not what the refugees are," Batar said. "Refugees are people that have been victimized, people that have been persecuted, people that are



Refugees are part of a diverse population in Utah, but resettlement rates have been dropping as a result of Trump administration policies. Statistics data is from the Utah Refugee Connection, Community Action Provo and the University of Utah's Kem C. Gardner Policy Institute.

escaping violence and trying to create a safe place so they can raise their families and their children. They're not terrorists."

He added that the U.S.'s intense vetting system would be impossible to breach, leaving Americans with no reason to fear terrorist attacks from refugees.

Trump also cited concerns about false asylum claims as one of his primary reasons for cracking down on border control.

"The biggest loophole drawing

illegal aliens to our borders is the use of fraudulent or meritless asylum claims to gain entry into our great country," Trump said, asserting that these people are taught by lawyers to find a Border Patrol agent and claim asylum without knowing what the phrase means.

Bagalwa said the negative political rhetoric surrounding refugees bleeds into his interactions with community members as they absorb and project racist

ideologies. The discrimination against refugees in Utah County, he said, is systemic, engrained deeply into the culture and legal processes.

"When someone discriminates against me in my neighborhood, I don't care because I know that it's not his fault — it's the system's fault," he said.

Kabaka reported that he, too, has experienced racial profiling since arriving in Utah, specifically from police officers.

Building community

According to Bagalwa, there are more good, accepting people here in Utah than discriminatory people. He said he's grateful to be an American, to live in a place where he and his family can have peace.

He encouraged Utahns to get close to the refugee community — to be a friend to refugees, to volunteer with refugee organizations and to advocate for them in the community.

"When you hear their story, you will appreciate your own life and be willing to help them because you understand them," he said.

Bagalwa, Kabaka, Batar and Badibanga are only a small sampling of the diverse refugee community that has found a home in Utah. Gov. Herbert expressed the hope that as the requested refugees arrive, Utahns will continue to reach out to make this state a home for refugees.

"Those refugees who resettle in Utah become integrated and accepted into our communities. They become productive employees and responsible citizens. They become contributors in our schools, churches and other civic institutions, even helping serve more recent refugees and thus generating a beautiful cycle of charity," Herbert wrote. "This marvelous compassion is simply embedded into our state's culture."

TODAY

UNIVERSITY DEVOTIONAL
Tuesday, January 7,
11:05 a.m., Marriott Center

This event will be broadcast to the JSB Auditorium.



President Kevin J. Worthen
Sister Peggy Worthen

Brigham Young University has framed much of Kevin J. Worthen's life. From a childhood fascination with Cougar sports to his years as a student, professor, and administrator, the 13th president of BYU has been inspired by the mission and ideals of the university.

Born and raised in Carbon County, Utah, President Worthen received an associate degree at the College of Eastern Utah, where he was a co-captain of the basketball team. At BYU he received a bachelor's degree in political science and a juris doctor degree before leaving in 1982 to clerk for Judge Malcolm R. Wilkey of the D.C. Circuit Court and then for Justice Byron R. White of the U.S. Supreme Court. After a brief career at a law firm, Worthen returned to BYU in 1987 as a law

professor. He was dean of the Law School for four years before being named BYU's advancement vice president in 2008. In May 2014 he became president of the university.

President Worthen has been a bishop and stake president and currently serves as an Area Seventy. He dated and married Peggy Sealey after his mission to Monterrey, Mexico. When the last of their children started school, Sister Worthen began pursuing a degree in English at BYU, graduating in 2003. She is known for her sense of humor, abundant energy, and a variety of interests, from sewing to hiking to reading. She has filled numerous Church assignments, including many years as a Young Women camp leader. The Worthens have three children and six grandchildren.

Selected speeches available at speeches.byu.edu

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Late heroics give Hawaii win over BYU

By ROBERT JAMIAS

The University of Hawaii defeated BYU 38-34 at the SoFi Hawaii Bowl in Honolulu on Dec. 24, 2019.

The visiting BYU football team captains presented the UH football team captains with leis before the coin toss, which BYU won.

There were early frustrations on offense for both teams. BYU's first possession saw quarterback Zach Wilson unable to complete many passes.

Eventually UH built up steam with receptions by wide receivers JoJo Ward and Jared Smart. UH quarterback Cole McDonald completed a pass from the 10-yard line to Smart for the first touchdown of the game.

Before the end of the quarter, Hawaii had three receivers who had accumulated over 1000 yards this season: Cedric Byrd, Smart and Ward.

BYU's first push was quickly squashed by an interception from Hawaii's Khoury Bethley before McDonald completed a pass to Smart for another Hawaii touchdown.

BYU began to build up momentum with Wilson completing multiple first-down passes that resulted in BYU's first touchdown being scored on a run by fellow BYU sophomore Lopini Katoa.

UH fired back with a 58-yard reception by Smart, ending the first quarter deep inside Cougar territory.

At the start of the second quarter, UH capitalized on the favorable position, with McDonald running it in. Due to controversy, though, it had to be done twice as the first touchdown was called back.

BYU's ensuing drive started with a one-yard completion to Matt Bushman before the



Zach Wilson hurdles over defender Cortez Davis during BYU's 30-34 loss to Hawaii. Wilson had 274 yards and two interceptions.

BYU Photo

Cougars marched down the field. A one-yard run courtesy of Wilson brought BYU within one touchdown of the Rainbow Warriors, bringing the score to 21-14 UH.

Hawaii's McDonald completed another 47-yard pass, but BYU's defense managed to sack the Hawaii quarterback to regain some lost footing.

On the next play, BYU's Zac Dawe was able to sack the Hawaii quarterback, and UH was forced to attempt a field goal. However, the ball was originally thought to be stripped then recovered by Dawe, which would have forced a turnover. The ruling on the field was overturned, and Hawaii converted on the field goal.

BYU wide receiver Micah

Simon was able to complete BYU's following drive with an 11-yard run before Jake Oldroyd converted the extra point to shrink the score gap to 24-21 UH.

The first penalty of the game would be given to UH on its following drive, a five-yard penalty on a false start by Darius Muasau.

UH scored once again with a completion to Jason-Matthew Sharsh to increase its lead to 31-21. Wilson was sacked by Derek Thomas for a three-yard loss after yet another penalty against UH, and BYU was forced to settle for a field goal in its response to the Hawaii touchdown after a series of unsuccessful passes, bringing the score to 31-24 UH.

BYU opened the third quarter strong with a push deep into UH territory and a touchdown carried through by Wilson. A successful conversion tied the score at 31-31.

After its third drive into UH territory, BYU nearly scored another touchdown but was stopped after Wilson was hit in the air in an attempt to jump over the defense, causing a fumble that was recovered by UH.

BYU forced a punt from UH to change possession of the ball, then pushed deep into Hawaii territory once again and the quarter ended with BYU approaching UH's goal line.

BYU's defense ramped up in the third quarter, which BYU senior Trajan Pili credited to a return to the game plan.

"We just went back to doing what we were supposed to be doing in the second half," Pili said.

The start of the fourth quarter saw BYU take the lead for the first time after UH forced the Cougars to settle for a field goal. The score was 34-31 BYU.

The Warriors fought back with McDonald completing 46-yard pass to Ward. BYU's defense held, forcing UH to make an unsuccessful field goal attempt and returning the ball to BYU's hands.

BYU's Tyler Allgeier made a 36-yard run on the ensuing drive, followed by a run by Wilson.

BYU was penalized for the first time in the game when Jackson McChesney was called

for a false start. This call was followed up by yet another call against UH when Davis Cortez was penalized for pass interference.

After a turnover gave Hawaii possession of the ball, BYU's defense held as sophomore Alema Pilimai cut through Hawaii's offensive line to score a sack on the Warriors' quarterback, which forced the Warriors to punt.

The Warrior defense kept the Cougars from gaining momentum, and BYU was forced to punt on its following drive.

McDonald completed two passes to Nick Mardner — a 48-yard pass followed by another for a touchdown, bringing the Warriors ahead once again with a score of 38-34. McDonald passed for 493 yards, the second-highest in the event's history, only exceeded by former Hawaii quarterback Colt Brennan's 559 yards. McDonald passed nearly double Wilson's 274 yards.

BYU's hopes of coming back late in the quarter were ended after Bethley intercepted a pass by Wilson.

Though spirits were somber after the defeat, there were a few highlights of the game, including the longest ball carry of the game by BYU's Aleva Hifo, who credited his team with his success.

"It had to do with the ten guys in front of me," Hifo said.

Reflecting on the game, BYU football head coach Kalani Sitake said that it was the big plays that forced BYU to fall behind the opposition.

"The big plays were the issue, we missed a lot of big plays," Sitake said. "I have to do a better job as a coach and make sure that the players can capitalize on those big plays."

Sitake also had a few compliments for the victors. He said opposing quarterback McDonald was NFL-ready.

Students say year-long housing contracts cause difficulty

By THOMAS MADRIGAL

Students say a shift from academic-year housing contracts to full-year contracts imposes financial burdens and limits their ability to pursue internships, field studies and study abroad programs that their majors require or encourage.

Evan Jones, a web developer for BYU On-campus Housing, said that out of the approximately 33,000 students who attend BYU, 4,000 live in Helaman Halls, Heritage Halls or Wyview and approximately 1,000 live in BYU family housing.

This leaves 28,000 students, or 85% of the student population, seeking housing off campus. Many off campus housing options only offer year round contracts.

The Lodges at Glenwood, The Branbury, The Riviera, King Henry and Alpine Village are among those that switched to year-long contracts. Collectively, these complexes house

around 4,000 residents, or 14% of single BYU students living in off-campus housing, all locked into year-long contracts.

BYU student Allison Giles is one of the thousands of single students affected by the financial commitment of a year-long housing contract.

"This school promotes us going to get internships and going to further our education in other places, but then we can't sell our contracts and it just puts everyone in a huge bind," Giles said.

After landing a summer job in California, Giles attempted to sell her year-long contract at an all-women's housing unit in Provo, an experience she called unpleasant.

She said she received little help from management but eventually found someone who was willing to buy her contract. After paying the \$150 transfer fee, Giles thought she was in the clear.

She was shocked to find that when the buyer didn't move into the apartment, Giles remained accountable for the contract

despite paying a fee to remove her name off the contract. After going to the property management company, Giles was eventually let out of the contract.

In comparison to other universities in the state of Utah, BYU housing is in the minority when it comes to year-long contracts.

UVU housing is similar to BYU given its proximity to Provo housing units. Although UVU students are not required to comply with the BYU housing guidelines, some complexes marketed as UVU housing still tailor their units to BYU housing guidelines. With the exception of students living at home or renting a house with month-to-month contracts, some of UVU's students are also affected by this year-long lease commitment.

Weber State University allows for academic-year contracts for their students, with contracts beginning in August and ending in April when the spring semester is over.

Utah State University also offers students the option to

purchase an academic-year contract, which traditionally lasts from August to May, and separate contracts for the summer. When students provide proof of marriage, missions or other programs that would require an early termination, residents are allowed out of their contract early and receive their deposit back.

Many BYU off-campus housing complexes do not allow students to receive their deposits back for early terminations in similar situations.

BYU sophomore Matthew Hunter tried selling his current contract because of his recent engagement. Because he gave management a 120-day notice, he was able to get out of the contract but will have to forfeit his deposit.

"It would be nice if they had some sort of deal for when you went away to do things or knew you weren't going to be there," Hunter said.

He said having spring-summer contracts, which last from May until the end of August, would relieve students of the

stress of having to sell contracts they don't want or need.

The BYU housing contract allows residents out of their contracts under certain circumstances, including marriage, graduation, a mission or a required internship.

Riviera Apartments Leasing Specialist Tatum Guymon said within the past couple years, the apartment complex switched from semester-long contracts to year-round contracts.

She said like many off-campus housing units, they offer early termination for anyone who will be getting an internship, going on a mission, getting married or enlisting in the military.

"I am really grateful for this option, especially for missionaries," Guymon said. "I think this should've been implemented a long time ago."

In all these scenarios, the deposit of the resident moving out is not refunded because it is still considered an early termination of the contract.

BYU student Julianna Brown

said she would rather have her deposit taken away than have to pay rent for an apartment she wouldn't be using. "It seems fair considering that you are ending your contract early."

Jennifer Sappenfield, a leasing agent at The Branbury, said The Branbury's switch from fall-winter contracts to year-long contracts came from their corporate offices. She said because more complexes made the switch, The Branbury jumped on board starting this academic year.

BYU Off-Campus Housing manager Pat Newman said if there are problems students feel they cannot resolve with their landlords, those at the Off-Campus Housing Office try to find resolutions for the students in certain situations.

"If a student has attempted to address the concerns with the management, they can come to us for advice on how to address the issue. If the concern is not able to be addressed on that level, the student has the option to go to the Center for Conflict Resolution," Newman said.

Simple Bites

Recipe Column

Ingredients	For 1	For 2	For 4
Frozen breaded chicken nuggets	6 pieces	12 pieces	24 pieces
Soy sauce	2 tbsp	1/8 cup	1/4 cup
Grated ginger	1 tsp	2 tsp	1 tbsp
Sesame oil	1 tsp	2 tsp	1 tbsp
Brown sugar	2 tsp	1 tbsp	2 tbsp
Rice vinegar	2 tbsp	1/8 cup	1/4 cup
Minced garlic	1/4 tsp	1/2 tsp	1 tsp
Cornstarch	1 tsp	2 tsp	1 tbsp
Sesame seeds	1/2 tsp	1 tsp	2 tsp
Honey	2 tbsp	1/8 cup	1/4 cup
Vegetable oil	1/4 cup	1/2 cup	1 cup

Directions

In a small bowl whisk soy sauce, ginger, sesame oil, brown sugar, vinegar, garlic, cornstarch & honey. Blend well.

Microwave nuggets on a small plate for about 1 minute.

Heat vegetable oil in skillet. Add nuggets and saute until golden

brown and crispy. Drain excess oil from skillet.

Pour the sesame sauce mixture over chicken and continue to cook. Stir periodically to keep from sticking to bottom of pan. Cook until mixture is thick and sticky.

Serve over rice or with your favorite veggies.

This week: **Easy Sesame Chicken**

Year-end violence highlights danger of worshipping

ASSOCIATED PRESS

NEW YORK — When a machete-wielding attacker walked into a rabbi's home in Monsey, New York, during Hanukkah and a gunman fired on worshippers at a Texas church 14 hours later, the two congregations in different regions of the country joined a growing list of faith communities that have come under attack in the U.S.

It is a group that crosses denominations and geography and has companions around the world. The frequency of attacks has faith leaders and law enforcement grappling with how to protect people when they are at their most vulnerable.

FBI hate crime statistics show that incidents in churches, synagogues, temples and mosques increased 34.8% between 2014 and 2018, the last year for which FBI data is available.

"For a person bent on hate crime against a particular religion or race, you go to a place where you know a lot of people in that group will be congregating — and vulnerable," said James Alan Fox, a criminologist at Boston's Northeastern University. "One place you can go to find people of a certain religion is where they worship." Most congregations, he said, do not have security.

Three of the deadliest attacks on congregation members have occurred since June 2015, when a gunman killed nine people at Emanuel African Methodist Episcopal Church in Charleston, South Carolina, according to a database compiled by The Associated Press, USA TODAY and Northeastern University. The database includes attacks where four or more victims are killed.

However, the database wouldn't include the most recent attacks that have refocused attention on the security vulnerabilities at religious institutions.

The FBI's hate crime



In this Monday, Dec. 30, 2019, file photo, church and community members, including Matt Pacholczyk, left, and his wife, Faith Pacholczyk, stand outside West Freeway Church of Christ for a candlelight vigil in White Settlement, Texas.

Associated Press

highlights list a number of crimes, including a Colorado plot to blow up a synagogue, an Oregon man sentenced to federal prison for targeting a Catholic Church and two guilty pleas in the bombing of an Islamic Center in Minnesota where congregants were worshipping in the mosque.

A five-year compilation of AP reports showed the frequency of attacks countrywide.

Recent stories included the stabbing of an Orthodox Jewish man as he approached the driveway of his synagogue in Monsey in November 2019, as well as a Las Vegas incident where a suspect torched a Buddhist temple, then shot toward at least one monk fleeing the

fire. The data is definitive enough that the FBI invited faith leaders to its Washington, D.C., headquarters last June to discuss how to protect themselves and their congregants from bias-based attacks.

Mark Whitlock Jr., pastor of Reid Temple AME Church in Glenn Dale, Maryland, said his own staff and volunteers have met five times in the last month to discuss safety.

"Our first responsibility is to make sure our congregants have faith in God and second, that they are safe," Whitlock said. "We must not create an environment of fear but we also must not fail to recognize things do happen and evil is

present."

Reid has a paid security staff of about 20 who wear uniforms and are armed. There are volunteers as well, made up of former and current federal agents, law enforcement officers and military who also provide security, Whitlock said.

Even with the protection, he is watchful. On a Sunday, he was in the pulpit and saw the security force reacting to something. They explained later it was a stranger they wanted to identify.

"When you're looking at thousands of people and you see your security force walking around, your mind begins to wonder," he said.

The new spate of

anti-Semitic attacks has added to the sense of urgency that's been felt by Jewish security experts since the 2018 massacre at Pittsburgh's Tree of Life synagogue, where 11 people were killed.

"The greatest adversary we truly face is not an external threat, it's a sense of denial," said Michael Masters, national director of the Secure Community Network. It was formed by leading Jewish organizations in 2004 to coordinate a response to security threats.

"The conversation prior to Pittsburgh was whether safety and security was necessary," Masters said. "Now it's a question of how do we effectuate that — there's now a reality

that these events can happen anywhere."

Sunday's attack in White Settlement, Texas, in which the gunman was shot dead by a highly trained leader of the church's security team, came barely two years after more than two dozen people were killed at a church in Sutherland Springs, Texas. That remains the deadliest shooting at a house of worship in the U.S. in modern times.

The two Texas attacks have heightened worries among churchgoers in neighboring Oklahoma, said the Rev. Derrek Belase, a former police officer turned pastor who coordinates security training for the more than 480 United Methodist churches in Oklahoma.

"Texas is close to home for us," Belase said. "People see it on the news and think, 'That could be us.'"

Under Oklahoma law, houses of worship are among the places where adults are allowed to carry firearms, whether concealed or openly. Churches may ask worshippers not to bring guns with them, but Belase says that's not a common request.

When Belase is advising churches on security, his core recommendations are to work in tandem with local law enforcement, be wary of for-profit security consultants, and be sure that members of any church security team are thoroughly trained.

The security team leader in White Settlement "wasn't just a guy with a gun," Belase said. "He was trained to do that."

Pardeep Singh Kaleka, executive director of the Interfaith Conference of Greater Milwaukee, said his own Sikh temple has armed guards and an evacuation plan, the result of a 2012 attack in Oak Creek, Wisconsin, that killed six worshippers, including his father. He said the conference members talk regularly about how to prevent the next tragedy. "All faiths want to remain open, Buddhists, Sikhs, Muslims, Jews, Christians, but you also have to be vigilant and institute safety protocols."



MIXTAPE
New Year, New Me

This week:



Alena



"Break Free"
Ariana Grande, Zedd
My Everything

Time to break free of those old habits and start on your New Years resolutions! Whether it's going to the gym, drinking more water, or watching less Netflix, it's time to get a move on your goals and crush them! There's no better time than the start of a new year and a new semester. Remember, like Ariana Grande says, you're stronger than you've ever been before!

Even though resolutions are hard to keep, it's important to stick to them! Even if you gave up on your resolution last year, this is the year to show that you're still standing and willing to try again. Elton John never disappoints with his catchy choruses and upbeat verses, and you can't help but smile when you listen to his music. So, play this song, get up, and go crush those goals.



"I'm Still Standing"
Elton John
Too Low for Zero



"Try Everything"
Shakira
Zootopia

There's no better time to try something new than at the beginning of the year! Try a sport you've never played before or learn something new. Resolutions are the perfect jumpstart to push you to do something you've always wanted to do. "Try Everything" is the perfect motivational track that will get you moving and thinking about all the cool things you can try this year.

Scan the album covers with the Universe Plus app to hear a sample of each song and to submit your own music reviews.



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Contemporary Voices: Play Readings From Award-Winning Scripts

Join us for an evening of script-in-hand readings of the best of contemporary American theatre and engage with the work of master playwrights.

Suffrage by Jenifer Nii
The Humans by Stephen Karam
Vanya and Sonia and Masha and Spike by Christopher Durang

Jan. 9-11, 16-18, 7:30 p.m.
Nelke Theatre



BYU Vocal Point

Emmy Award-winning Vocal Point, BYU's world-renowned all-vocal ensemble, pushes the limits of contemporary a cappella by combining tight harmonies, out-of-this-world vocal percussion, and crisp choreography to deliver high-energy performances.

Fri.-Sat., Jan. 10-11, 7:30 p.m.
de Jong Concert Hall



Swan Lake: BYU Theatre Ballet & BYU Philharmonic
Thurs.-Sat., Jan. 23-25, 7:30 p.m.
Sat., Jan 25, 2:00 p.m.
de Jong Concert Hall



BYU Young Company: Hamlet
Feb. 5-7, 12-14, 7:00 p.m.
Feb. 8, 15, 2:00 p.m. & 4:00 p.m.
Nelke Theatre



Jazz Ensemble and Syncopation
Wed., Feb. 5, 7:30 p.m.
de Jong Concert Hall

Contemporary Dance in Concert
Thurs.-Sat., Feb. 6-8, 7:30 p.m.
Sat., Feb. 8, 2:00 p.m.
Pardoe Theatre

Living Legends
Fri.-Sat., Feb. 14-15, 7:30 p.m.
de Jong Concert Hall

Opera Scenes
Wed.-Sat., Feb. 19-22, 7:30 p.m.
Madsen Recital Hall

All events are ticketed.



Global air crash deaths fall by more than half in 2019

ASSOCIATED PRESS

FRANKFURT — The number of deaths in major air crashes around the globe fell by more than half in 2019, according to a report by an aviation consulting firm.

The To70 consultancy said that 257 people died in eight fatal accidents in 2019. That compares to 534 deaths in 13 fatal accidents in 2018.

The 2019 death toll rose in late December after a Bek Air Fokker 100 crashed Dec. 26 on takeoff in Kazakhstan, killing 12 people. The worst crash of 2019 involved an Ethiopian Airlines Boeing 737 MAX plane that crashed March 10, 2019, killing 157 people.

The report said fatal accidents in 2018 and 2019 that led to the grounding of Boeing's 737 MAX raised questions about how aviation authorities approve aviation designs derived from older ones, and about how much pilot training is needed on new systems.

The group said it expects the



Associated Press

In this file photo dated Monday, March 11, 2019, rescuers work at the scene of an Ethiopian Airlines plane crash south of Addis Ababa, Ethiopia.

737 MAX to eventually gain permission to fly again this year.

The report said the fatal accident rate for large planes in commercial air transport fell to 0.18 fatal accidents per million flights in 2019 from 0.30 accidents per million flights in 2018. That means there was one fatal accident for

every 5.58 million flights.

The firm's annual compilation of accident statistics stressed that aviation needs to keep its focus on the basics of having well-designed and well-constructed aircraft flown by well-trained crews.

Last year may have seen fewer deaths but did not equal the historic low of 2017, which

saw only two fatal accidents, involving regional turboprops, that resulted in the loss of 13 lives.

This report is based on crashes involving larger aircraft used for most commercial passenger flights. It excludes accidents involving small planes, military flights, cargo flights and helicopters.

As more women run for office, child care remains a hurdle

ASSOCIATED PRESS

SALT LAKE CITY — When Kimberly Dudik ran for her fourth term in the Montana House, state officials told her she could not use campaign money to pay for child care for her four young children.

She is now running for attorney general and is trying to visit a big chunk of the sprawling state, spending hours on the road. That means she needs even more help picking up her kids at school and day care when she's away and her husband has a late night at the office.

"It just seems behind the times," Dudik, whose family is living off her husband's income and savings from her work as a lawyer. "When it was a man campaigning, the woman was traditionally the one to stay home and take care of the children. There is not someone home just taking care of the kids."

Experts predict a large number of women will again run for office in 2020 like they did in 2018, and child care remains a hurdle for many of them.

A congressional candidate in New York successfully petitioned the Federal Election Commission in 2018 to allow campaign money to help cover child care costs. But it applies only to those running for federal office.

That leaves women in many states who are running for the legislature, statewide positions like attorney general or local offices to find another way to pay for child care as they campaign, which often requires night and weekend work.

Only six states have laws specifically allowing campaign money to be used for child care. Five states are considering it. In most states, including Montana, the law is silent on the issue and up to interpretation by agencies or boards. Agencies in at least nine states have allowed child care to be a campaign-related expense, but those decisions are not law and could be reversed.

Utah is among the states that passed a gender-neutral child care expense law, which went into effect last May. Sponsored by Republican state Rep. Craig Hall, it easily passed the GOP-dominated legislature.

Luz Escamilla was one of the first candidates to use it as she campaigned to become the first Latina mayor of Salt Lake City. Escamilla had to take time off from her full-time banking job to knock on doors and shake hands as she made her case to voters.

Without a paycheck, it was hard to cover the cost of child care for her two youngest daughters. After the law was passed, she used about \$1,500 in campaign cash over two months to help pay for it. The extra time she could spend campaigning helped propel her to a spot in the general election, though she lost in November.

"Full-time campaigning during the summer with toddlers, it makes it really difficult," Escamilla said, adding of the law: "It was a great tool in our toolbox."

Lawmakers in Minnesota added child care as an allowable expense in 2018, while Colorado, New York, New Hampshire and California passed laws in 2019.

Before Colorado allowed campaign cash to be used for child care, Amber McReynolds, a former chief elections official in Denver, was contemplating a bid for statewide office in 2017. The costs of child care were a considerable concern as a single mother of two young children.

For that and other reasons, McReynolds decided against running.

"When we look at the statistics in terms of representatives in Congress or statewide office and you don't see single moms in that category, that's why," said McReynolds, who's CEO of a nonprofit. "The

circumstances are just that much more difficult when you are in politics."

The policy also can help fathers running for office in families where both parents work.

Jean Sinzdak, associate director of the Center for American Women and Politics at Rutgers University, said the record number of women who ran for office in 2018 has helped drive the issue. Still, lawmakers in a number of states have resisted the change.

In Tennessee, the sponsor of a measure to add child care to the list of approved campaign expenses faced a skeptical audience during a subcommittee hearing last spring.

"If they aren't running for office because they can't find child care, how are they going to do the job down here?" asked state Rep. John Crawford, a Republican from Kingsport, Tennessee.

The sponsor, Democratic state Rep. Jason Powell, said he introduced the proposal after people he tried to recruit to run for City Council in Nashville declined because child care needs kept them from campaigning.

"I hate that people in our state feel like they can't run for office because they may or may not be able to use their campaign funds for a child care expense," Powell said.

The measure failed to advance after a split vote of the all-male subcommittee.

In Louisiana, Democratic state House candidate Morgan Lamandre had her request denied by the state ethics board even though it allowed a Republican man to claim campaign-related child care expenses in 2000. Members, who were not on the panel two decades ago and didn't have to follow the previous decision, said they were concerned it could be abused.

After a backlash, the board reversed itself.

While she's used campaign funds to pay for child care a few times, Lamandre said it's not a panacea for smaller races where candidates might have to choose between paying a baby-sitter or buying basics like lawn signs.

"It's helpful, but it's not a slam-dunk," she said.

Liuba Grechen-Shirley, who unsuccessfully ran for Congress on eastern Long Island and whose FEC petition led to child care expenses being allowed for federal candidates, started a group called Vote Mama to help mothers running for public office and hopes one day the expense is allowed in every state.

States now considering proposals include New Jersey, Illinois, Ohio, Rhode Island and Massachusetts.

Caitlin Clarkson Pereira tried a similar approach to Grechen-Shirley's, but ended up suing Connecticut after a board denied her request. She was told she couldn't use campaign money to pay for child care for her young daughter during her state House race in 2018, which she ultimately lost.

Connecticut officials cited a program that allows candidates to tap taxpayer money after they raise a certain amount on their own. With public money involved, the state says child care should be considered a personal expense.

Pereira argued that it should be considered as necessary as meals or travel.

"This is the time to remove the roadblocks that are clearly in the way of parents and families being able to run for office," she said.

Despite an eleventh-hour push last year by Connecticut Gov. Ned Lamont, lawmakers failed to pass the policy.

Dudik, the Montana candidate, said the lack of these laws shows the need to have more women in power so policies can be changed.

"If we want more women running for office, we need to make allowances to make that a reality and not just give lip service to it," she said.

"Leave nothing for tomorrow which can be done today."

—ABRAHAM LINCOLN

The deadline for updating your residential address is **January 13.**

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OFF CAMPUS HOUSING OFFICE

C-141 ASB

Former BYU football player sheds light on mental illness in athletes

By ASHLEY JORGENSEN

It's Tuesday afternoon. Tanner Mangum sits in a downtown Salt Lake City office recording and editing his podcast, "Maybe the Best of Things: A Podcast with Tanner Mangum," where he discusses mental health.

A few years ago, he would not have pictured himself doing this — especially as a hobby — but after discovering through personal experience the importance of mental health, Mangum decided to create a podcast where he and others could share their stories in an effort to help society understand mental illness.

Mangum's mental health journey began during a football game. It was fourth down with one second left on the clock and the Cougars were behind 28-27. BYU's starting quarterback, Taysom Hill, was out with a season-ending injury. Hopes for BYU coming home with a win were low, but freshman quarterback Mangum wasn't ready to give up yet on the first game of his college career.

At the last second, Mangum threw a 42-yard Hail Mary. The ball flew to the end zone, Mitch Mathews made the catch and the Cougars brought home a win for their first game of the 2015 season.

Mangum threw a second game-winning Hail Mary one week later. The Cougars were 2-0 for the season, and the quarterback found himself standing in the national spotlight.

Mangum had returned from his Latter-day Saint mission merely three months prior to the two plays that jump-started his college football career. He had to make the difficult transition from serving as a missionary to playing college football with the pressure of the entire nation watching.

He started struggling with anxiety in spring 2016, though he didn't know it at the time. Many aspects of his life weren't going according to plan. Mangum became the backup quarterback when Taysom Hill recovered from his injury and went through a break up. He was trying to balance his stressful schedule while also presenting a "perfect" front to the public. His anxiety led to depression.

Athletes and mental illness

Mangum isn't the only athlete who has struggled with anxiety and depression. The 2015 NCAA GOALS study found that about 30% of college athletes



Arrianna Davis

Tanner Mangum is interviewed by ESPN after the crowd rushed the field in the game against BSU Sept. 13, 2015.

have experienced mental health issues and felt overwhelmed.

College athletes face mental illness at about the same rate as the general student population, according to Tom Golightly, the associate clinical director for BYU Counseling and Psychological Services. Golightly said while the rate is similar, the impact is different. Mental illness affects athletes' academic and athletic performance. When they don't perform well athletically, their ability to pay for school is threatened. More than two-thirds of student-athletes would be unable to afford tuition if they quit their sport, according to the study.

Athletes are less likely to seek help for mental illness

"The national trend is that athletes have a resistance to counseling or therapy, or even medication that general population students don't always have," Golightly said.

The same study showed that Division I student-athletes spend an average of 34 hours a week devoted to athletics, 38.5 hours a week devoted to academics and about 40% of Division I student-athletes worry about their ability to keep up with

school while in season. Many athletes don't have time to socialize, relax, visit family or seek help.

The stigma surrounding mental illness is another issue that prevents athletes from seeking help. Athletes are in the spotlight and are expected to be tough, so they may not seek help. Mangum said he experienced these pressures.

"I started to shut down," Mangum said. "I lost a lot of motivation. I lost my enthusiasm, my passion for life, and then I went into this dark place where I wasn't feeling like myself. I didn't want to spend time with friends and family like I usually did. I wanted to isolate myself and be alone in my room and not think about anything else."

Mangum said he tried to act like everything was fine when he was in public. He didn't want anyone to know he was struggling because males, especially football players, are supposed to be tough. He thought that talking about it would be seen as a sign of weakness, so he didn't tell his family or friends. For months, he suffered in silence.

Mangum said many athletes suffer longer than necessary because of their

resistance to seeking help. Now, more than ever, athletes like Mangum and his friend Isaiah Kaufusi are speaking up and encouraging others to seek help.

"It's OK, you don't need to hide and dig yourself into this hole," Kaufusi said. "It's OK to be vulnerable and open. It's OK to talk to people and get help. I've had occasions where you just need somebody to talk to."

Help is available

Golightly and his team are available to athletes and can treat a variety of mental health obstacles. He said about one in three or four athletes at BYU seeks help at some point in the semester, which is about average for schools with more psychological services dedicated to student-athletes. BYU faculty, advisers and coaches have made an increased effort to make BYU a safe place to discuss mental health.

"They're treatable conditions," Golightly said. "To continue suffering in silence for something that's treatable is heartbreaking. Getting them (athletes) to that right spot and seeing that treatment can be done, it can be effective."

Golightly said therapy is not the only thing that can help with mental illness. Sometimes medication is necessary, and sometimes positive social interactions can help. A lifestyle including a healthy diet and good sleep habits can also make a positive impact. Seeking help can aid athletes in finding the right plan of action so they can begin feeling at peace again.

Supporting someone with mental illness

Sometimes family members or friends can speak up and encourage loved ones to seek help.

Mangum's mom confronted him and convinced him to consult a therapist. Through therapy, medication and self-care, he was able to start feeling like himself again, and he learned that having a mental illness doesn't make you weak.

Mangum opened up to his sister, Kaufusi and Golightly about his struggles. Kaufusi said he, Mangum and their friend Matt Hadley spent many nights after practices or games talking.

"I've always felt very close to Tanner," Kaufusi said. "He and I could have very serious conversations. I was really open with him through text. I always reminded him that I was there for him."

Kaufusi said being aware of the people around you, being empathetic and acting as a catalyst can put people in a position to help.

Using mental illness as a source of strength

After six months of treatment, Mangum noticed other people at BYU sharing their stories, so in 2017 he began to share his publicly.

Mangum knew the difference that seeking help could make, so he started using his football platform to spread awareness for mental illness.

"It was really rewarding and fulfilling to know that by me sharing my story, I can make an impact on someone else's life," Mangum said. "By just being real and vulnerable, I could impact someone in a positive way, so it just became this passion of mine. Now I always want to be an advocate and encourage others to get help."

Fast forward to 2020 — Mangum is a BYU graduate, a husband, father, podcaster producer and works at Nike. He said although his battle with mental health was difficult, he is grateful for it because it opened his eyes to others and shaped him into the man he is today.

From positivity to proactivity – the sports psychological breakthrough

By CHELSEA KERN

Top BYU men's tennis player Sean Hill faced a serious dilemma at the beginning of 2018 — his left wrist grew weak with tendonitis, and then his right wrist followed suit. It took him nine months of recovery before he could play to the best of his ability.

Hill said that while the physical obstacle affected his performance, in the end, it was the mental barrier he had to overcome that affected his game more than his disadvantaged wrists.

"I feel like it's underestimated, the mental aspect of the game," Hill said.

He is not the first one to recognize the importance of a strong mentality.

As early as the first Olympics in 776 B.C., athletes have correlated training both their bodies and minds for the largest physical competition in the world. In order to perform at the arduous level required, the contestants understood the need to be in balance with both their minds and their bodies to be considered a laudable competition.

BYU sports psychologist and human performance consultant Craig Manning agrees with the idea that great performance requires a strong mentality but takes it a step farther. He advises his various clients — BYU sports teams, the Milwaukee Bucks and more — to look beyond upholding a positive mentality in adversity, and instead, focus on learning how to endure through hardship with a new mental tactic: proactive thinking.

While Manning was an excellent

athlete in the late 1980s, he said when it came time for a competition, he would get in the way of himself and not meet his expectations.

"If I look back, I was mentally weak in a sense. I wasn't really in control of my mind. I was such a deep thinker; I was always overthinking everything," Manning said.

After his professional tennis career, Manning went on to receive his bachelor's and master's degrees in psychology, as well as earning his doctorate in sports psychology. He said his desire to obtain further education came from his fascination for understanding the secret to an athlete's success and that it was during this time that his passion for understanding the physical effects of the internal thoughts in an athlete evolved.

With enhanced technology and a greater knowledge of the complex human brain, Manning found the difference between mediocre athletes and great athletes, and he said it has little to do with maintaining a positive state of mind through the process.

Manning said while he practiced under this type of thinking, fallacious optimism is actually the downfall of most athletes, as the body and mind undergo cognitive dissonance or a contradiction within the mind that causes chaos and mental discomfort.

The past belief of neglecting feelings such as panic, stress or disappointment, Manning said, seemed to be harming players, rather than helping them.

"When you lie to yourself, your mind is kind of searching for answers in that moment and creating stress. And so what's happening is instead of being

positive, we want to be proactive," Manning said.

He added that a proactive mindset differs from positive thinking as it is actively engaged with the situation at hand and helps alleviate the stress factor by problem solving and encountering a solution. Instead of allowing for a perpetuating "spiral of lies," Manning said proactivity will help athletes fully move forward.

Former 1978-84 NBA player Jeff Judkins said he has seen a dramatic increase in the emphasis of a strong mentality within the athletic field. While the mental aspect of the game was rarely talked about during his time as a professional athlete, Judkins is convinced that the illumination of the subject is a "very, very positive thing."

As the current head women's basketball coach at BYU, Judkins said identifying mental obstacles before the season begins helps promote confidence within the players and gives them the resources to help maintain a strong mental game.

Judkins said before the 2019-20 season, each of the women on the basketball team met with their team psychologist to talk about the potential stressors that weigh heavily on an athlete's mind. While the topic affecting them may be sports-related (such as an injury or lack of confidence during a game) this could also include academic struggles, relationship conflicts or lack of emotional support.

These in-depth conversations with a psychologist present an opportunity for the athletes to create a proactive approach to their personal mental barrier.



Associated Press

BYU tight end Moroni Lualu-Pututau is helped up after he went down with an injury during the first half of an NCAA college football game against Washington, Sept. 29, 2018, in Seattle.

With new data confirming the essential part a strong mentality holds in athletic performances, Judkins said he could foresee a greater need for psychologists in a more intimate manner.

"When I came to BYU, there was one sports psychologist and he was part-time," Judkins said. "Now there's three full-time, and I think this generation is more into talking about the mental part of the game."

Judkins said while we are still in the premature stages of fully understanding the capability the mental

game can have on an athlete's performance, he believes there will soon be a need to have a coach with a background in psychology that is continually with the team. The coach's primary responsibility would be to help the teammates retain a proactive state of mind.

"I didn't go to school to learn it. And so as a coach, I have to push that off to somebody else," Judkins said. "Like I didn't go into weights, I didn't go into training, so now it's becoming another coach that can help the athletes out."

Current and former BYU athletes share path to professional sports

By CHELSEA KERN

Corbin Kaufusi declined yet again.

As a student at Timpview High School, it was difficult for his friends to understand why he wouldn't be able to stay out late on a warm summer night — they were on vacation after all — but the aspiring football star had yet another early morning practice and couldn't afford to be tired the following day.

Just like Corbin, former Cougars who have turned their collegiate careers into professional accolades say the key to their success has come through sacrifice and passion for their sport.

Social sacrifice

Holly Parkinson Hasler was 12 years old when she moved eight states away from her family of seven.

While the move from New Jersey to Florida was difficult, it enabled her to practice in a sunny location with pristine conditions all year round — an essential factor for an up-and-coming tennis player.

For three years, Hasler would live with a friend as she attended a Florida tennis academy.

This separation, along with missing school dances, family ski trips and even her high school graduation, were sacrifices made to dedicate optimal time and commitment to her all-encompassing goal: the U.S. Open.

Her dream was realized in 1997 when, just after one year of attending BYU, Hasler halted her academics and entered into the professional tennis world.

Hasler's success on the court deemed her the winner of six International Tennis

Federation singles titles from 1997-2002, an international personal ranking of No. 83 in 2000 and an inductment into the Utah Tennis Hall of Fame in 2017.

Hasler continues her legacy today as the BYU women's tennis head coach.

"Although there were sacrifices, I was blessed with opportunities most kids my age only dreamed of having," Hasler said.

Financial sacrifice

Current BYU student Peter Kuest began leisurely playing golf in the seventh grade while he waited for the baseball and soccer seasons to begin. Little did Peter know he would become the No. 1 U.S. collegiate golfer in the nation in 2019.

The 5-foot-11 senior began competitive play at a later start than most professional athletes, but soon channeled all of his energy into golf after heavy recruitment from his high school coach. Because of his physical stature, Peter felt he had a better shot of playing on a varsity team if he were to trade in his soccer cleats for a shiny new putter.

Peter was ranked a Division I PING All-American during his junior year and was named the No. 1 golfer in the nation by the NCAA for the 2019-20 season. He plans to go professional after he graduates in April.

The largest sacrifice Peter saw throughout his athletic career wasn't the forfeited social events, but rather the financial sacrifice he watched his parents make for him over the years.

Instead of using the summer to get a job and save money, Peter said he was expected to use his time wisely on the golf course and enhance his game. This was the tradeoff the family



Jaren Wilkey/BYU Photo

Peter Kuest looks down the fairway on his follow through. Kuest is currently the most decorated athlete at BYU.

accepted.

Mother and father, Cindy and Pete Kuest, said they knew their boy had potential to be an athlete at a young age.

"He had the desire and determination to perfect whatever he set his mind to," Cindy said. "Peter would put in more time and work harder than any of his teammates. He did this without us pushing him and it always paid off."

While the couple owns a small business in Fresno, California, they said they have budgeted wisely to fully support their children's dreams. Instead of forgoing golf tournaments, the family made it a point to make "mini" family vacations out of Peter's golf tournaments. They established golf as a special part of their family life.

"We did have one very important rule, though. Whatever they decide to do, they must give it one hundred percent and we will give one hundred percent,"

Cindy said. "That not only meant financial support, but it meant time and dedication on everyone's part."

Physical sacrifice

BYU alumnus Bronson Kaufusi suffered from a torn ACL, a broken ankle and countless lacerations, bruises and strains on the football field. The current New York Jets defensive end said to achieve his dream, his body has taken a beating.

"You learn to play through a lot of pain," Bronson said.

Bronson analyzes injuries with the end result in mind. If the injury will heal up within a few weeks, the 6-foot-8 football player said he will keep playing.

"Something really bad has to happen for me to come off of the field," Bronson said.

Bronson's passion for football began at an early age. As a student at Timpview High School in Provo, the defensive end was well-known for his talent,

having 70 tackles and nine-and-a-half sacks in his junior year alone.

His senior season was cut short when Bronson tore his ACL. It was his first major injury on the football field.

Even with the minor setback, Bronson was ranked as the No. 1 Utah recruit and went on to play for BYU. The Cougar defensive standout finished his BYU career ranked No. 3 in tackles for loss and second all-time in sacks.

The Baltimore Ravens picked up Bronson in the third round of the NFL draft in 2016. Unfortunately, he broke his ankle during training camp and didn't play his rookie season.

Bronson was later traded to the New York Jets in September 2018 and continues to remain optimistic despite injuries.

"I think that it's always hard, but it's good for you because you build a lot of character," Bronson said. "It's something that

might not go your way, but you always come back stronger."

Dedication

BYU women's volleyball coach Heather Olmstead played as a professional libero on the United States' team, as well as on a European team in 2002-03. After a quick two years in the pro league, Olmstead switched her focus as an assistant and then head coach of BYU women's volleyball team.

Olmstead has helped various volleyball players play at higher levels, including current BYU player Mary Lake, who played with Team USA in 2018.

"I think that you can definitely see some of the girls that already know they want to go professional. They see it a little bit more as a job," Olmstead said. "I definitely see a little bit more drive and desire when they know that they're going to play after."

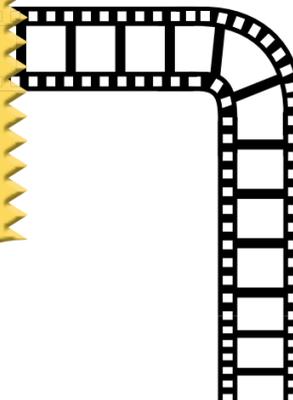
Olmstead said the differences between those who go professional and those who don't is they tend to have more focus and passion for the game.

Corbin Kaufusi, younger brother of Bronson Kaufusi, agreed.

"To be honest, after going through the process (of becoming a professional athlete), I think a lot more people could do it if they were truly dedicated to the cause," Corbin said.

The lineman now plays alongside his brother with the New York Jets for the first time since 2009. Corbin said amidst all social, relationship and financial sacrifices he has made, he wouldn't change his opportunity in the NFL for anything else.

"Once you've tasted what it's like to play or make big plays," Corbin said. "You just always kind of remember that, and you're like, 'I want to get that feeling more.'"



Can't decide what to watch? TWO many of us have been there.



Fear not! Page 28 of the new edition of TWO is here to save your movie night.

Pick up the newest edition of TWO on racks around campus.

Dilbert®

THIS ISN'T WHAT I WANTED. IT IS, UNLESS YOU GAVE ME THE WRONG SPECS.

I ASSUMED YOU WOULD USE YOUR COMMON SENSE TO KNOW WHAT I WANTED.

DID YOUR COMMON SENSE HELP YOU MAKE THAT ASSUMPTION?

MY BOSS IS ACCUSING ME OF NOT KNOWING WHAT HE WAS THINKING.

I NEED YOU TO BE MY LAWYER AND HANDLE MY APPEAL TO THE COURT OF STUPIDITY.

COURT OF STUPIDITY

THE COURT RULES IN FAVOR OF THE BAILIFF.

Peanuts®

"THIS IS YOUR THIRD NOTICE! YOU OWE ME SIX DOLLARS FOR WHAT YOU BROKE AT MY NEW YEAR'S PARTY!"

SO PAY UP!!

MEOW!!

CATS HAVE THE RIGHT IDEA!

WHAT DO YOU DO WITH TWO FRIENDS WHO ARE HAVING A MISUNDERSTANDING?

STRAIGHTEN THEM OUT! SHOW 'EM WHERE THEY'VE GONE WRONG!! TELL 'EM TO SHAPE UP!!!

IS THAT GOOD PSYCHOLOGY?

IN STRICT MEDICAL TERMS IT'S CALLED 'BUTTING IN'!

Garfield®

WE ALL HAVE TIMES WHEN WE JUST CAN'T GET STARTED.

LIKE, FOR INSTANCE, JANUARY.

WHAT WORRIES YOU, GARFIELD?

OH, YOU KNOW...

MY MORTALITY... PESTILENCE...

I'M WORRIED ABOUT THE ROBOT UPRISING.

WELL, THERE WILL BE NO SLEEPING FOR ME TONIGHT.

Pickles®

GRAMPA, YOU SAID YOU'D TAKE ME TO THE PARK.

THAT'S RIGHT, AND I WILL.

WHEN?

WHEN THE WEATHER'S NICE AND MY FEET AREN'T BOTHERING ME. JUST WAIT AND BE PATIENT.

WAITING ISN'T REALLY MY THING... YOU KNOW?

LET'S YOU AND ME MOSEY INTO THE KITCHEN AND FIND SOMETHING TO EAT.

HOW DO YOU MOSEY, GRAMPA?

TO MOSEY YOU JUST LEISURELY POKE ALONG WITHOUT A CARE.

YOU BOYS BETTER NOT BE EATING MY CUPCAKES!

NOW WE HIGHTAIL IT. THAT'S THE OPPOSITE OF MOSEYING.

Non Sequitur®

GRUMBLE GRUMBLE HOW STUPID!!

WHY DO YOU KEEP READING THE NEWS IF IT JUST IRRITATES YOU, DADDY?

BECAUSE IGNORANCE IS FERTILIZER FOR TYRANNY, KATE... IT'S OUR CIVIC DUTY TO STAY INFORMED.

BUT IT JUST MAKES YOU GRUMPY ALL THE TIME NOW.

YOU'RE RIGHT... I NEED TO TAKE A BREAK FROM THE NEWS AND BLISS OUT FOR A WHILE.

OK... BAD CHOICE OF A DISTRACTION TO IMPROVE MY MOOD.

TO BE NEWSLESSLY CONTINUED.

GOOD MORNIN', DEAR. WHAT'S NEW?

I HAVE NO IDEA, AND I HOPE TO KEEP IT THAT WAY FOR A LONG TIME.

UH... WHAT D'YA MEAN, JOE?

IT'S AN NEWS BLACKOUT RESOLUTION. FROM NON ON, NO NEWS IS GOOD NEWS.

EVERYTHING IS SO STUPID NOW, I JUST WANT TO BLISS OUT, BLOCKING THE NEWS NOISE.

THAT'S WHAT EMPARARA ESPERANTO IS COUNTIN' ON PEOPLE DOIN'.

UH... WHO'S E.M.P.?

WAIT... NO... DON'T TELL ME...

RESOLUTIONS AH SO HARD TO KEEP.

TO BE RELUCTANTLY CONTINUED.

Zits®

HOW FAR IS IT TO CHICAGO?

ABOUT THREE HUNDRED MILES.

SO, ROUGHLY FIVE HOURS?

I GUESS SO.

WHY?

I'M JUST WONDERING IF WE SHOULD BE RATIONING FOOD YET.

PASS ME THAT BARREL OF SLIM JIMS.

HOW MUCH LONGER?

A COUPLE OF HOURS OR SO, DEPENDING.

DEPENDING ON WHAT?

WHUM P!

WEATHER, SAY.

Chicago

Sudoku

Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at universe.byu.edu/sudoku.

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The New York Times Crossword

Edited by Will Shortz No. 1202

ACROSS

- Process of childbirth
- Mountains seen in "The Sound of Music"
- Adjusts lengthwise, as a skirt
- Manage to dodge
- "I'll ___" ("Try me")
- Impulse
- Hurt in the bullring
- Scrabble or Monopoly
- Be obligated to
- Set on fire
- Curly and Shemp's fellow Stooge
- Syncopated Latin dances
- Rational selves, to Freud
- Place to set a baby or a napkin
- Nigerian princes offering you money, probably
- Craving companionship
- Assn. like Oxfam or Doctors Without Borders
- Degs. for entrepreneurs
- milk (source of Roquefort cheese)
- Pretend
- High cry at doggie day care
- High point
- High point
- Fearsome figure of folklore
- Flat tire's need
- Prepare to take, as a test
- Helps with a heist
- Piper's son who stole a pig in a nursery rhyme
- Tennis great Roddick
- Morse code O's have three of them
- Grp. of medical providers
- Othello, e.g.
- Cotton gin inventor Whitney
- Learns about through books
- Flowed out, as the tide
- All tidied up
- Painful to the touch
- Vestige
- Many an Eastern European
- Sean Penn and Guy Ritchie, to Madonna
- Puts into categories
- Kids' construction bricks
- Statement of affirmation
- Smallest possible amount
- Beethoven's "to Joy"
- W.W. I fighter pilot who is Snoopy's fantasy opponent
- Shortened word, for short
- Classic actor who played Mr. Potter in "It's a Wonderful Life"
- School grp. for moms and dads
- Church talks
- Colossal
- Distinctive stretch of time
- Film studio with a roaring lion
- "Get it?"
- Spoonful of medicine, e.g.

DOWN

- World ___ of Poker
- "Sheesh!"
- Observe Ramadan
- Prefix with plasm
- Businesses like the Kit Kat Klub in a hit musical
- Pointless
- Candied Thanksgiving servings
- Hullabaloo
- Opt for
- French fries and coleslaw, often
- Male buddy
- Modern viewing for couch potatoes
- Change for a five, say
- Many I.C.U. workers
- Long-bodied fish
- High bond rating
- Disease that causes a skin rash
- Supper

ANSWER TO PREVIOUS PUZZLE

BEARD KNEE EARS
 ARRAY ABEL ATOP
 NICKELBACK GOYA
 ACHE OUT ALLAN
 SILVERBELLS
 COSTAS BIAS
 ASTOR TEES COOS
 PLATINUM RECORDS
 NONE ALOT LUZON
 MBAS MOTORS
 TINPANALLEY
 AFOOT ALA JEDI
 MILL METALMUSIC
 PLIE ITEM INANE
 ALES TARA REUSE

The New York Times Crossword

Edited by Will Shortz No. 1203

ACROSS

- Bart who was the first Super Bowl M.V.P.
- In a funk
- Evita who was played by Madonna
- Civil rights leader Williams, who was an associate of Martin Luther King Jr.
- Piece of fiction
- Intent look
- Started the kitty
- Pebble in one's shoe, e.g.
- Inclination to follow the majority
- Sign of a theatrical hit
- Lead-in to "la-la"
- "Couldn't care less"
- Liturgical vestment
- Wonderland cake words
- News anchor Holt
- *Phones inadvertently
- Mother of Prince Harry
- Not worth ___ (valueless)
- Hazards on the links
- Prison at sea
- ___ Island Red (chicken)
- *Boy Scout handbook topic
- League of Nations city
- Soak one's bib
- Sounds of hesitation
- *Six-pack muscles
- Bit of body art
- Comics bark
- *One upstaging a star, say
- On and on and on ...
- One of two on some wedding cakes
- With 64-Across, performer who is like the words sounded out at the starts of the answers to the four starred clues
- Greeting in old Rome
- See 62-Across
- No longer in dreamland
- Barbie's beau
- V-formation flier
- Persian rulers
- Skin care product
- N.L. pennant winner in 2005 and A.L. pennant winner in 2017 and 2019
- Marsh plant
- Commercial that might have a jingle
- Punctuation that may mean "or"
- Nonstandard negative
- Bib overalls material
- Pumped up, so to speak
- Florida, e.g., to the French
- Took to one's heels
- "The Lord of the Rings" fiend
- Born, in Bordeaux
- Like Nash's lama
- Second chances, casually
- ___ Jacques"
- Give the ax
- Rain gutter site
- With the bow, musically
- "Selma" director DuVernay
- Wall Street index, with "the"
- Long of 2004's "Alfie"

ANSWER TO PREVIOUS PUZZLE

ABBA STEP PIBB
 SLUM ROMA AREAS
 AUTOMATION TEASE
 PETRI ATARI USE
 ANKLEMONITOR
 ANTLER BABY
 BAA ROYAL ETAS
 LANDSCAPE ARTIST
 ENDO WEDGE PTA
 ERIK EDISON
 ROMANGODDESS
 AFB ABHOR KOJAK
 STING JUICY PART
 PEKOE OSLO OKIE
 NEWS YELP DEAL

The New York Times Crossword

Edited by Will Shortz No. 1203

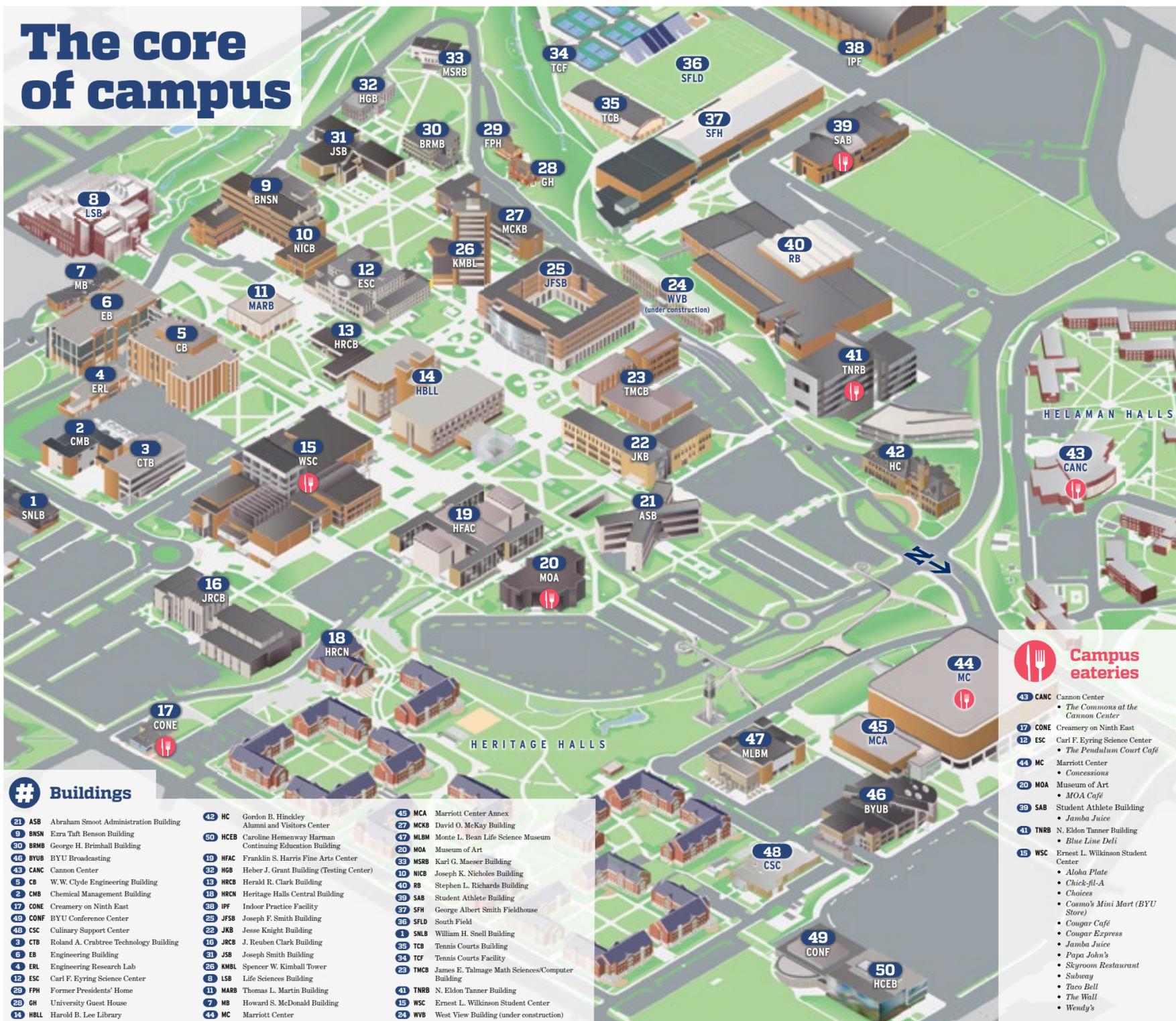
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 PEKOE OSLO OKIE
 NEWS YELP DEAL

The core of campus

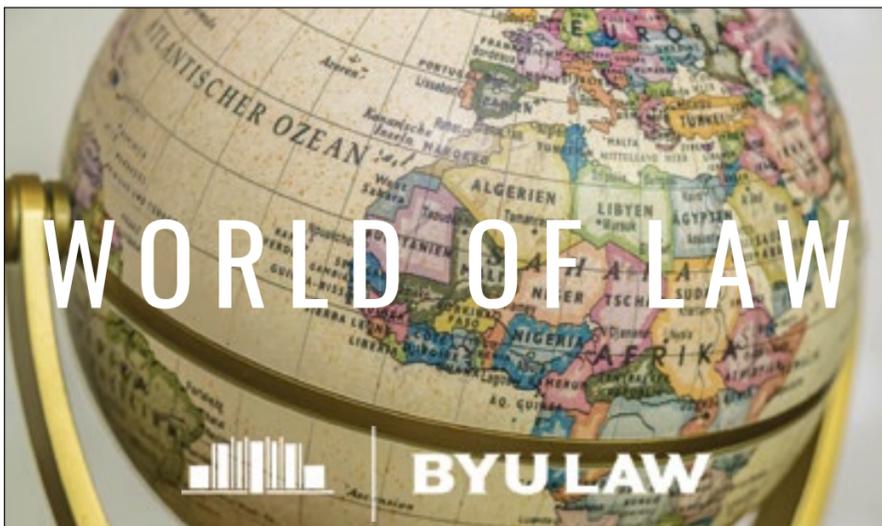


Buildings

- 21 ASB Abraham Smoot Administration Building
- 9 BNSN Ezra Taft Benson Building
- 30 BRMB George H. Brimhall Building
- 46 BYUB BYU Broadcasting
- 43 CANC Cannon Center
- 5 CB W.W. Clyde Engineering Building
- 2 CMB Chemical Management Building
- 17 CONE Creamery on Ninth East
- 49 CONF BYU Conference Center
- 48 CSC Culinary Support Center
- 3 CTB Roland A. Crabtree Technology Building
- 6 EB Engineering Building
- 4 ERL Engineering Research Lab
- 12 ESC Carl F. Eyring Science Center
- 29 FPH Former Presidents' Home
- 28 GH University Guest House
- 14 HBL Harold B. Lee Library
- 42 HC Gordon B. Hinekley Alumni and Visitors Center
- 50 HCEB Caroline Hemenway Harman Continuing Education Building
- 19 HFAC Franklin S. Harris Fine Arts Center
- 32 HGB Heber J. Grant Building (Testing Center)
- 13 HRCB Herald R. Clark Building
- 18 HRCN Heritage Halls Central Building
- 38 IPF Indoor Practice Facility
- 25 JFSB Joseph F. Smith Building
- 22 JKB Jesse Knight Building
- 16 JRCB J. Reuben Clark Building
- 31 JSB Joseph Smith Building
- 26 KMBL Spencer W. Kimball Tower
- 8 LSB Life Sciences Building
- 11 MARB Thomas L. Martin Building
- 7 MB Howard S. McDonald Building
- 44 MC Marriott Center
- 45 MCA Marriott Center Annex
- 27 MCKB David O. McKay Building
- 47 MLBM Monte L. Bean Life Science Museum
- 20 MOA Museum of Art
- 39 MSRB Karl G. Maeser Building
- 10 NICB Joseph K. Nicholes Building
- 40 RB Stephen L. Richards Building
- 39 SAB Student Athlete Building
- 37 SFH George Albert Smith Fieldhouse
- 36 SFLD South Field
- 1 SNLB William H. Snell Building
- 35 TCB Tennis Courts Building
- 34 TCF Tennis Courts Facility
- 23 TMCB James E. Talmage Math Sciences/Computer Building
- 41 TNRB N. Eldon Tanner Building
- 15 WSC Ernest L. Wilkinson Student Center
- 24 WVB West View Building (under construction)

Campus eateries

- 43 CANC Cannon Center
 - The Commons at the Cannon Center
- 17 CONE Creamery on Ninth East
 - The Pendulum Court Cafe
- 12 ESC Carl F. Eyring Science Center
 - The Pendulum Court Cafe
- 44 MC Marriott Center
 - Concessions
- 20 MOA Museum of Art
 - MOA Cafe
- 39 SAB Student Athlete Building
 - Jamba Juice
- 41 TNRB N. Eldon Tanner Building
 - Blue Line Deli
- 15 WSC Ernest L. Wilkinson Student Center
 - Aloha Plate
 - Chick-fil-A
 - Choices
 - Costco's Mini Mart (BYU Store)
 - Cougar Cafe
 - Cougar Express
 - Jamba Juice
 - Papa John's
 - Skyroom Restaurant
 - Subway
 - Taco Bell
 - The Wall
 - Wendy's



January 15, 2020

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Professor Dane Thorley
JRCB Room 472
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Professor Thorley is an Associate Professor of Law. His research explores how the rules, procedures, and practices currently utilized in the U.S. courtroom impact the behavior of judges, attorneys, and parties and how that behavior then influences the implementation and efficacy of those rules. In exploring these issues, he employs his training as a field experimentalist to conduct empirical evaluations that are both informed by the realities of the legal system and methodologically rigorous.

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