

General Conference

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THE UNIVERSE

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Preston Crawley

Yoeli Childs fields questions from BYU Sports Nation's Spencer Linton. The interview between Childs and Linton was coordinated by the men's basketball program's sports information director.

How COVID-19 has affected sports communications staff

By SYDNEY FLEMING

The COVID-19 pandemic has caused major disruptions in the sports world, from the NCAA canceling all winter and spring sports to professional leagues suspending seasons indefinitely.

A sports information director (SID) has many different responsibilities, as they usually work for specific teams, not a general company like ESPN.

They also prepare game notes and provide stats and storylines for upcoming games or in preparation for awards.

The SID might also dabble in the marketing aspect of sports by promoting the team, whether for a highly anticipated matchup or to get a specific player nominated for an award.

The sports world wouldn't turn without these individuals pulling the strings behind the scenes, helping to create the perfect season. But in recent weeks, the COVID-19 virus has evolved from an epidemic to a pandemic, and sports is among the many industries severely affected.

The sports world usually has a lot on its plate from March to June. This year's March Madness was scheduled to begin on Thursday, Mar. 19, but in light of the pandemic, the NCAA has not only canceled the NCAA tournament but also all remaining NCAA winter and spring sporting events.

In the meantime, the sports world is on standby as the COVID-19 virus runs its course. Kyle Chilton, the media relations director for BYU men's basketball,

had been preparing for BYU's first NCAA tournament appearance since 2015. BYU was coming off a historic regular season, finishing the season ranked in the AP Top 25 for the first time since 2011, falling in at No. 18, giving the team an NCAA berth and the communications staff a longer working season.

Despite a disappointing end to one of the best BYU basketball seasons in recent memory, Chilton remains optimistic.

"I went from getting ready for what would hopefully have been a long NCAA Tournament run and all of the business and excitement that comes with that to now recapping what was a great season that ended too early," Chilton said. "We're having to get creative in figuring out how to function as a staff as we all work from home, but I think we've adjusted well."

Chilton said that while he has already been working from home for the past

week, BYU's athletic department officially shut down all facilities for two weeks on Mar. 18, which means any meeting or conferences will have to be done remotely.

BYU's sporting events schedule is relatively unknown as of now. Sporting events could pick up with BYU's annual football media day that is held each summer, typically in June, or could begin with football's fall camp in August.

The COVID-19 virus has also affected students who intern as SIDs. These students get to experience what full-time SIDs do for smaller sports. Senior Katherine Carling's internship with BYU athletics got cut short after the virus turned into a pandemic, but she is looking on the bright side of things.

"I've been working here for two years, so luckily I've been able to meet most of my goals," Carling said. "But I had two feature stories in the works and now they won't be released due to

the shutdown and because we can't get photoshoots done."

Carling said that while it has been rough having everything shut down abruptly, the interns can easily finish their work from home. Both Chilton and the interns are now working on getting recaps out for each sport since all of the winter and spring seasons were canceled.

While Chilton recaps a bigger sport like men's basketball, Carling is tasked with summing up the men's tennis season even though the team had over a month of play left on its schedule.

The sports world may have come crashing down on itself, but the SIDs still have work to do in closing out the old and looking forward to the new. No one knows how long COVID-19 will wreak havoc, but those in BYU athletics will still be working and preparing for the new wave of sports with the hope that the sports world will soon be up and running.

Seeking revelation to survive the 'blizzard-like' moments of life

IF ANY OF YOU LACK WISDOM

First in series

By MORGAN MARCH

While Paul and Amy Hatch had anticipated cold weather, they didn't expect the sudden blizzard that rolled through the small town of Palmyra during their weekend visit — giving them a view of the village that few visitors ever see.

The Sacred Grove, the location of Joseph Smith's first vision in 1820, looked drastically different from movies they had seen depicting the early stages of the restoration of The Church of Jesus Christ of Latter-day Saints. Instead of vibrant green leaves glimmering in the sunlight, there were barren trees covered in snow.

As the Hatch family walked the land where Joseph Smith grew up, Amy thought about what the young farm boy must have been experiencing exactly 200 years prior.

Joseph Smith was in the dead of winter searching for answers to deep questions about his standing before God. However, he was about to experience both a literal and a spiritual spring,

where warmth, light and understanding were given to him.

"In all of our lives, we're sometimes on the brink of restoration," Amy said. "Sometimes it just feels like a blizzard outside, and we're not getting the answers we want. We're right at the start of something that is going to be revelatory and will change our lives."

Amy acknowledges how difficult it can be to wait out the blizzard-like moments in life when heaven seems to be quiet, but she is confident in the Lord's awareness of individuals in their own personal storms.

"Answers do come," Amy said. "This place — more than any other — testifies that God does hear us, and He does answer our prayers. I really do believe that He answers every question that we have, even if it's not how we suspect. I don't think Joseph expected the answer that he got."

Just as Joseph Smith was an ordinary boy who received a life-changing answer in a seemingly insignificant location, Paul feels that each person can have their own "Sacred Grove" moments wherever they may be.

"I love that in Church history, both ancient and modern, there are places like the dusty roads of Jerusalem or a grove of trees — places that aren't too significant," Paul said. "But we view them as holy places because the Lord was there and walked them or visited



Karmen Kodia UNIVERSE PLUS

Paul and Amy Hatch with their two-month-old son, David, visit the Book of Mormon Historic Publication Site. They believe sacred experiences with deity can happen to anyone who diligently seeks help from the Lord. Scan the photo with the Universe Plus app to see a video interview with Paul and Amy.

them."

Throughout his life, Paul has had questions that he knew could only be answered by God. He recalls how amazing it has been to receive these answers in locations that are seemingly unimportant or ordinary but have become life-altering to him now.

"I can think back on places like airport terminals or classrooms or my desk at work or my bedside that aren't significant places but to me are holy and

special because the Lord visited them," Paul said. "I think it is important for us to realize that a visitation from the Lord's spirit is no less personal than the Lord's appearance to Joseph Smith in the Grove."

Paul believes that these sacred experiences with deity can happen to anyone who is willing to turn to the Lord and work diligently to find the answer — just like Joseph Smith did as a young boy in 1820.

"Two hundred years ago, he was searching and seeking. I think there are people out there who are in this similar stage of wintry confusion and seeking, and I can honestly tell them that the Lord has a 'Sacred Grove' experience waiting for them," Paul said. "If they'll just keep seeking and being patient with the Lord and pressing forward, the Lord will bring that to them."

Next: Asking of God and finding acceptance.

Prepping for General Conference

A look at Church changes under President Nelson

By EMMA BENSON

The Church of Jesus Christ of Latter-day Saints has seen a remarkable number of historic changes since President Russell M. Nelson was set apart as the 17th prophet and president of the Church on Jan. 14, 2018.

“Wait until next year, and then the next year. Eat your vitamin pills. Get some rest. It’s going to be exciting,” said President Nelson said during an interview while on one of his global ministry tours in 2018.

President Nelson has kept members worldwide on their toes by regularly announcing notable changes to Church policies, programs and temples. According to some members on social media, these changes have been preparing members of the Church for their current circumstances during the COVID-19 pandemic.

Facebook user Tiffany Barker posted a list that has gone around different social media platforms that compares some of the changes made with recent events and announcements related to the pandemic, such as the move to home-centered learning and the cancellation of church meetings worldwide.

“We are so blessed to have the prophet leading and guiding us in these last days. I know he is led by our loving Heavenly Father and Jesus Christ,” Barker said in the post.

Children and youth

In May 2018, the Church announced a new children and youth initiative to replace the previous programs, including Scouting, Personal Progress, Duty to God and Faith in God. The decision also led to the conclusion of the Church’s extensive relationship with the Boy Scouts of America. The children and youth program launched

in January and is designed to help strengthen faith in Jesus Christ.

Home-centered gospel study

During the opening session of the October 2018 General Conference, President Nelson announced a new home-centered teaching initiative in an effort to balance gospel instruction at home and at church. Part of this initiative included the change from a three-hour to a two-hour Sunday church block and the implementation of the “Come, Follow Me” lesson manuals for home study.

Ministering

President Nelson announced during the April 2018 General Conference that the home and visiting teaching programs would be replaced with a “newer, holier approach to caring for and ministering to others.”

“Effective ministering efforts are enabled by the innate gifts of the sisters and by the incomparable power of the priesthood. We all need such protection from the cunning wiles of the adversary,” President Nelson said following the announcement.

Policy changes

In February 2019, the First Presidency and the Quorum of the Twelve Apostles announced that full-time missionaries worldwide could communicate with their families weekly via phone call, text message and video chat in addition to letters and email.

During the leadership session of the April 2019 General Conference, the First Presidency announced that children of LGBT parents may be baptized without First Presidency approval. Five months later, President Nelson spoke to thousands during a BYU devotional at the Marriott Center. During his address, the prophet explained



President Nelson and his wife, Wendy, greet BYU faculty and staff at a Sept. 2019 devotional. President Nelson has announced many historic and notable changes to Church policies and programs since he was set apart in Jan. 2018. Scan the photo with the *Universe Plus* app to read a Spanish translation of the story.



the motives behind the 2015 and 2019 Church policy changes regarding LGBT individuals.

“Though it may not have looked this way to some, the 2015 and 2019 policy adjustments on this matter were both motivated by love — the love of our Heavenly Father for His children and the love of the Brethren for those whom we serve,” President Nelson said during his address. “Because we feel the depth of God’s love for His children, we care deeply about every child of God, regardless of age, personal circumstances, gender, sexual orientation or other unique challenges.”

There were additional significant Church policy changes

made in 2019. The First Presidency announced in May 2019 that couples no longer have to wait one year to be sealed in a temple after being married civilly.

“We anticipate that this change will provide more opportunities for families to come together in love and unity during the special time of marriage and sealing of a man and woman,” the First Presidency said in a letter regarding the policy change.

The prophet also announced a momentous change just a few days before the October 2019 General Conference that allows women and children to act as witnesses for Church ordinances such as baptisms and temple

sealings.

Temples

During his tenure, President Nelson has announced 35 new temples in various locations around the world, and a renovation of a pioneer-era temples, including the Salt Lake and St. George.

During the closing session of the October 2019 General Conference, President Nelson announced revisions to the temple recommend questions.

Quorums and auxiliary groups

During the priesthood session of the April 2018 General Conference, President Nelson

announced that the elders quorums and high priests groups would be combined.

President Nelson and other Church leaders also announced changes to the Young Men and Young Women programs during the October 2019 General Conference. Those changes included dissolving the ward Young Men presidencies to allow for a closer tie between the young men and the bishopric, reorganizing Young Women classes and revising the theme. Sister Bonnie Cordon, Young Women general president, announced the retirement of the names “Beehive,” “Mia Maid” and “Laurel” for different age groups to shift to the unified name of “Young Women.”

Members eagerly anticipate General Conference

By KENZIE HOLBROOK

Many BYU students and Church members dealing with restrictions due to the COVID-19 outbreak are discussing what changes might occur at April 2020 General Conference, coming up the first weekend of April.

Last October, members of The Church of Jesus Christ of Latter-day Saints around the world heard President Russell M. Nelson say “General Conference next April will be different from any previous conference.”

When President Nelson made that announcement, few could

have imagined the Conference Center’s closure to the public, recorded music from the Choir at Temple Square and “social distancing” for church leaders who will speak, with conference proceedings now scheduled to take place in a different location than anticipated.

BYU student Brooklyn Hatch from Fruit Heights, Utah, said despite not having a gathering in the Conference Center, she doesn’t feel like there will be anything especially different. She said there will be an emphasized focus on the restoration of the gospel.

Courtney Gaddes, a BYU student from Birmingham, Alabama, said she thinks there

will be more revelation and policy changes announced.

Gaddes said she is hoping the Church will lower the age for sister missionaries to serve.

BYU student Jason Tenney from Boulder City, Nevada, said he doesn’t think there will be much different about the conference itself but there’s a possibility of an important announcement being made.

“Maybe something to change with missions; maybe electronic missions or mission length or something like that,” Tenney said.

Utah State University Arrington Chair of Mormon History Patrick Mason said, “I’d love to hear how the

Church hopes to mobilize its members and other resources to help alleviate the effects of the pandemic wherever possible.”

He also said he is anticipating announcements of changes to the missionary program such as variable lengths of service, multiple options for types of missions and more emphasis on service as opposed to tracting.

“I’m fairly certain that will happen at some point, but whether it’s at this conference no one knows.”

BYU sophomore Brittany Jones said she thinks conference will be fairly normal despite the lack of a live audience.

“What will make it different is the Spirit that people feel and the answers that they receive due to their preparation for conference following the prophet’s counsel,” Jones said. Jones said she believes there will also be a lot of talk about the Second Coming.

“I’m not expecting them to give a specific date or anything, but it’s close and they know it,” said Jones. “I just want them to talk about the signs that have been fulfilled and the ones that we are still waiting for.”

BYU student Ryan Fenn from Rancho Cucamonga, California, said he hopes to find peace in the messages shared in General Conference.

“With so much going on with COVID-19, I really just want to hear from our leaders and find comfort in the things they have to say,” Fenn said. “I think so many people, including myself, need that right now.”

BYU psychology professor Tricia Merkle said conference will be an uplifting and inspiring event.

“I predict that it will allow me to feel of the Lord’s love and also encourage me to reflect on changes that I can make so that I can better follow the example of Jesus Christ,” Merkle said.



The Church of Jesus Christ of Latter-day Saints
A screenshot from President Russell M. Nelson’s YouTube video.

President Nelson’s message of hope trends on YouTube

By KENZIE HOLBROOK

President Russell M. Nelson shared a message of hope to people across the world during the outbreak of the coronavirus.

The video was posted on YouTube on March 14 and now has over 1 million views and over 3,000 comments, several being from non-members and even non-religious people.

YouTube user A Stranger Here said they haven’t been active in the Church or very religious at all for many years. “But I gotta say this is one occasion when I can’t help but feel this man is inspired.”

User pererai said at 95 years old, President Nelson is in the target age for the disease, but is still praying for others. “HE is praying for ME,” the user said. “I hope to be half the man he is one day.”

Pearl Price said they had never heard of The Church of Jesus Christ of Latter-day Saints, but they want to learn more.

“This video makes me think that even though I struggle with same-sex attraction, I should learn more,” they said.

Another user, OcculiMortis, said the video was “awesome.”

“I left the church many years ago, but to hear the church prophet deliver a message like this in a time of strife, way cool,” OcculiMortis said.

YouTube user Chadwin Smith said he loved hearing the message of peace and hope during this time of uncertainty. “We need more videos like this instead of all the doom and gloom the media is spreading.”

User Deep hug said even though she is Jewish, the video is exactly what she needed to hear. “Thank you for bringing some light into this world.”

Another user, Anirudh Kashikar, said they are atheist but thought it was a lovely message. “I personally feel president Nelson was genuinely interested in helping everyone and spreading this lovely message.”

President Nelson also invited members and non-members alike to participate in a worldwide fast on Sunday, March 29, on behalf of everyone who has been affected by the COVID-19 pandemic and for healing throughout the world.

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Graduating seniors impacted by COVID-19 cancellations

By ALICIA MATSUURA

College graduation is considered to be a milestone moment for many. But the COVID-19 pandemic is forcing this year's BYU seniors to grapple with how missing out on graduation is impacting them in the present and will impact them in the future.

Keena Kleven is a graduating senior from Mt. Pleasant, Utah, studying illustration at BYU. Kleven said the impacts of COVID-19 has greatly affected her senior capstone project and plans after graduation.

"In the BFA illustration major, we work for years on our senior capstone project, researching and putting in hours and hours of art," Kleven said. "After we destroyed ourselves getting it done for the March deadline, the art reception show was announced that it would be canceled."

The main reception night is when art students meet representatives from companies and make connections for future jobs.

"Being in the art field, it's not the best career to have when the economy plummets. Studios have been closing, companies aren't hiring," Kleven said. "Even after things start to calm down, the world doesn't just heal overnight. It takes time to build things back up and get the economy working well again, and people's priorities aren't art when things get financially rough."

Kleven also had plans to graduate the same time as her sister, who has been in and out of the hospital while trying to get her degree.

"This was finally the year she could graduate, and I could do it with her. We will still get our diplomas, which is nice, it's just



BYU graduates line up on campus. Graduating seniors this year are missing out on the milestone of graduation due to the COVID-19 pandemic. Scan the photo with the **Universe Plus** app to read a Spanish translation of the story.

BYU Photo



a bummer that we won't get that college graduation experience."

Despite the setbacks caused by COVID-19, Kleven said she's been able to get through it by reminding herself that this time will pass.

"It's not the end of the world and things will be OK," Kleven said. "It's just gonna take a little time, but tomorrow will come and we will get through this. It also really helps having great roommates and friends that are here to support and love each other."

Emily Hughes is also a graduating senior who's had to deal with the impacts of a canceled capstone project after years of dedicated work. The theatre arts

studies major had to direct a 35-minute stage production and has been working on the script for nearly two years.

"We got the email regarding how the rest of the semester would be going on March 12 one week before my show was set to perform," Hughes said. "It not only affected me, but my cast and crew of over 20 people. I was the only one getting class credit for this, everyone else was volunteering their time and talents to this project since we started meeting in January."

As far as canceled graduation ceremonies go Hughes is trying to recognize the positive side of the situation.

"My parents and in-laws were

planning on flying in from North Carolina and California, respectively," Hughes said. "I suppose it's a good thing the ceremonies were canceled since I would've had to find extra tickets for everyone."

Hughes is also concerned about her plans after graduating. She was planning on stage managing a show with An Other Theatre Company in Provo.

"Not only was the show cancelled, but the director we'd hired is currently being held under quarantine in NYC where she lives," Hughes said. "After graduation, I'm mostly working as a freelance-theatre maker, so with all the recent closures, I'm basically out of work in my

field."

Donna Jo Smith, a 60-year-old nontraditional student, was scheduled to graduate this April with her son Logan Smith.

"I paced my graduation so my son and I could graduate and walk together," Smith said. "I just thought it'd be very memorable and make it that much more special."

A canceled graduation ceremony is not going to stop this mother and son duo from commemorating this important milestone. Smith still plans on purchasing a cap and gown and taking photos with her son by the Brigham Young statue and the BYU sign.

"I think that provides a

memory that will solidify the experience," Smith said. "It's something that's traditional and we're not losing out on that tradition. I think we're going to do that, ham it up and make lemonade out of lemons."

Despite the unexpected ending to her BYU career, Smith said she loved every moment of her time at the university.

"It has been so awesome to come back and be in the university environment because there's so much energy on campus with the professors and students. Plus, I would always joke about how my new best friends are 20!"

Smith first enrolled as a university student in 1978 and worked on completing her GEs. She left because she didn't know what to study, but returned in 1981 to work as an employee and take night classes. She came back again as a full-time student in 1985 and even applied for graduation, but after the premature birth of her last child, she chose to forego finishing her classes to care for her baby. After raising her five children, she decided it was time to go back to college.

"My husband always supported me in my desire to go back to college," Smith said. "I've been getting a lot of questions like, 'Are you going to grad school? Are you going to get a job in your field?' The answer is no, it was just a life goal of mine to finish what I've started so long ago."

Smith said it's heartbreaking to see her classmates also miss walking at graduation — a memory that she said caps off the entire college experience.

"While I'm saddened at not having a graduation experience, or not being able to say goodbye to my professors, I feel bad for the younger people that it will maybe affect more," Smith said. "But we will pull through and it's going to be OK."

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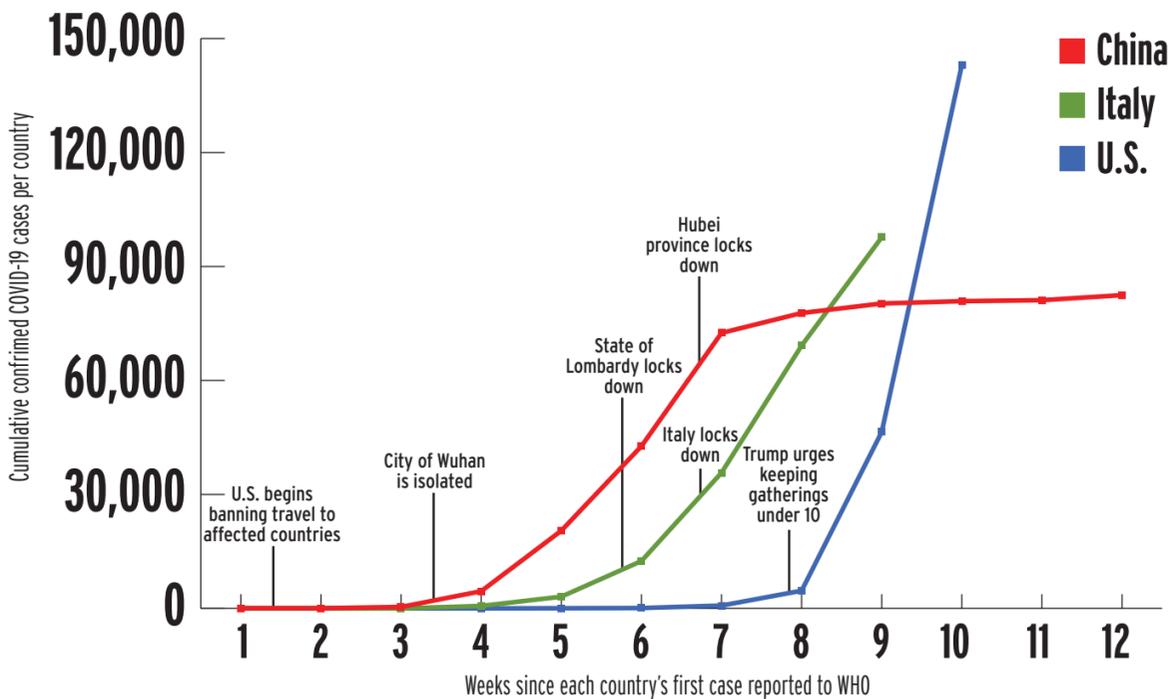
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COVID-19 OUTBREAK

Outbreak updates



Trump signs \$2.2T stimulus after swift congressional votes

ASSOCIATED PRESS

WASHINGTON — President Donald Trump signed an unprecedented \$2.2 trillion economic rescue package into law after swift and near-unanimous action by Congress to support businesses, rush resources to overburdened health care providers and help struggling families during the deepening coronavirus epidemic.

Acting with unity and resolve unseen since the 9/11 attacks, Washington moved urgently to stem an economic free fall caused by widespread restrictions meant to slow the spread of the virus that have shuttered schools, closed businesses and

brought American life in many places to a virtual standstill.

“This will deliver urgently needed relief,” Trump said as he signed the bill Friday in the Oval Office, flanked only by Republican lawmakers. He thanked members of both parties for putting Americans “first.”

The House gave near-unanimous approval by voice vote after an impassioned session conducted along the social distancing guidelines imposed by the crisis. Many lawmakers sped to Washington to participate — their numbers swollen after a maverick Republican signaled he’d try to force a roll call vote — though dozens of others remained safely in their home districts.

The number of confirmed cases in China, Italy and the U.S. since the first reported cases in each country, respectively. As China starts to get the outbreak under control, after nearly two months of strict quarantine, some suggest other countries should use a similar response.

Ben Daniel

Church announces closure of all temples

By LAUREN LETHBRIDGE

The Church of Jesus Christ of Latter-day Saints closed all temples as of March 25 after briefly limiting gatherings to fewer than 10 people and only performing living ordinances. The day before, only 48 of 168 temples were open.

“This is a temporary adjustment, and we look forward to the day when temples will reopen,” says a press release

sent out to all Church members and published on Church Newsroom.

Temple staff will contact patrons to cancel existing appointments and will encourage them to reschedule any ordinances once temples reopen.

The temple closures have impacted many who planned on getting married in the next few months.

The Church did not specify a time when they expect temples will reopen.

Utah task force announces COVID-19 economic response plan

By SYDNEE GONZALEZ & SPENCER MCWILLIAMS

Utah Gov. Gary Herbert and leaders of the state coronavirus task force released “Utah Leads Together,” a government plan to diminish the economic hardships resulting from COVID-19, on March 24.

The plan has three phases — urgent, stabilization and recovery — which are aimed at helping businesses balance the

wellbeing of employees with planning for continuing operations. The plan also is focused on ensuring that measures to protect public health are balanced with economic recovery.

“This dynamic plan provides a vision for Utah’s economic rebound as we carefully address the public health emergency before us,” Herbert said in a message to Utahns. “The plan aims to eventually return Utah to the record-setting economic growth it enjoyed before the pandemic.”

Trump extends virus guidelines, braces US for big death toll

ASSOCIATED PRESS

WASHINGTON — Bracing the nation for a coronavirus death toll that could exceed 100,000 people, President Donald Trump extended restrictive social distancing guidelines through April, bowing to public health experts who presented him with even more dire projections for the expanding coronavirus pandemic.

It was a stark shift in tone by the Republican president, who only days ago mused about the country reopening in a few weeks. From the Rose Garden, he said his Easter revival hopes had only been “aspirational.”

The initial 15-day period of social distancing urged by the federal government expires Monday, and Trump had expressed interest in relaxing the national guidelines at least in parts of the country less afflicted by the pandemic. He instead decided to extend them through April 30, a tacit acknowledgment he’d been too optimistic. Many states and local governments have stiffer controls in place on mobility and gatherings.

Trump’s impulse to reopen the country met a sober reality check from the government’s top infectious disease expert who said the U.S. could experience more than 100,000 deaths and millions of infections.

Outside the outbreak



Meghan to narrate Disney nature film in first post-royal job

Meghan, the Duchess of Sussex, has her first post-royal job: narrating a Disney documentary about elephants. Disney announced Thursday, March 26, that the duchess is lending her voice to “Elephant,” to be released April 3 on the Disney+ streaming service. It’s one of a series of animal- and nature-themed features released to mark Earth Month. The film follows an elephant family on a 1,000-mile (1,600-kilometer) journey across the Kalahari Desert.



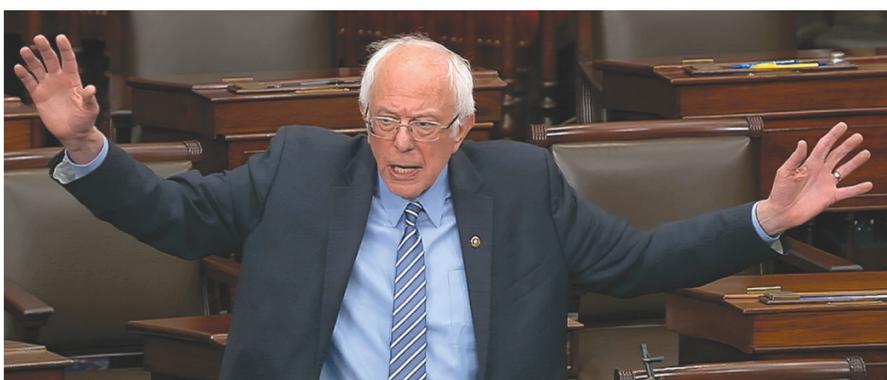
A defiant Maduro threatens ‘cowboy’ Trump after drug charge

Venezuelan President Nicolás Maduro stood defiant in the face of a \$15 million bounty by the U.S. to face drug trafficking charges, calling Donald Trump a “racist cowboy” and warning that he is ready to fight by whatever means necessary should the U.S. dare to invade. Maduro’s remarks came after the U.S. announced sweeping indictments against the socialist leader and several members of his inner circle for allegedly converting Venezuela into a criminal enterprise.



New Zealand mosque gunman pleads guilty to murder, terrorism

Brenton Harrison Tarrant, who committed the worst atrocity in New Zealand’s modern history when he slaughtered 51 worshippers at two Christchurch mosques, unexpectedly pleaded guilty to all charges Thursday, March 26. The sudden turn in the case took survivors and relatives by surprise and brought relief to people across New Zealand. Many had feared Tarrant would try to use his trial as a platform to promote white supremacist views he published before the attacks.



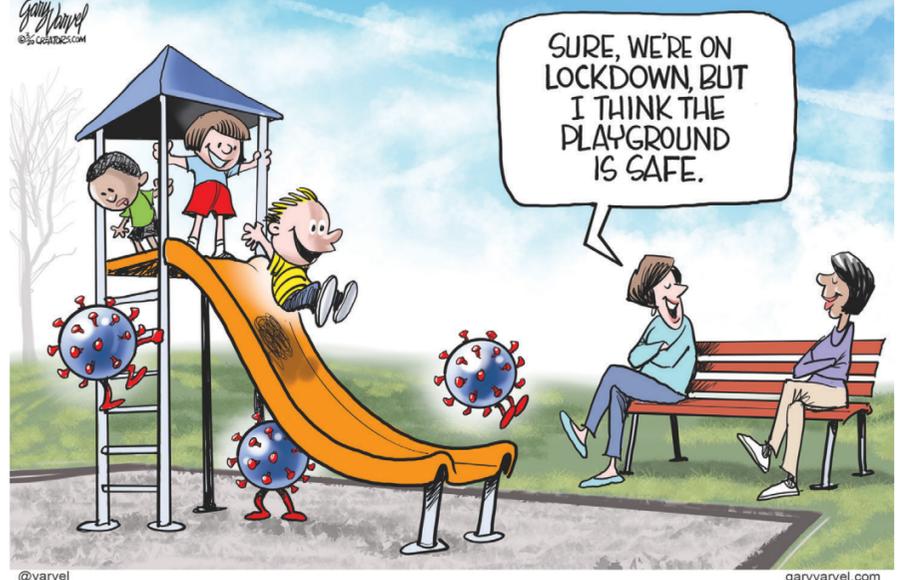
Bernie Sanders awarded 16 of Utah’s 29 Democratic delegates

Presidential candidate Bernie Sanders claimed 16 of Utah’s 29 delegates to the Democratic National Convention. The Utah Democratic Party announced the result Tuesday, March 23, formalizing the Vermont senator’s victory in the state’s primary election earlier on March 3. Former Vice President Joe Biden gained seven delegates, while former New York Gov. Michael Bloomberg and Massachusetts Sen. Elizabeth Warren tied with three delegates. Biden has become the clear front-runner in the Democratic nomination race. Bloomberg and Warren have dropped out of the race.



Ford recalls 268K cars in North America to fix door latches

Ford is recalling more than 268,000 cars in North America to fix doors that could open unexpectedly or may not close. The recall covers the 2014 through 2016 Ford Fusion and Lincoln MKZ, and the 2014 and 2015 Ford Fiesta. Cars in Mexico, U.S. territories and 16 states, including Utah, are affected. Ford says it’s not aware of any crashes or injuries caused by the problem. Dealers will replace the side door latches. Owners will be notified starting May 4.



When you work at a bank and 2 guys with mask come in but they're just robbing the place



When you are laughing at the CoronaVirus memes but the laughing suddenly turns into coughing



Sneezing 2 months ago: Bless you!



This reboot looks scarier than the original



Tweet Beat

#BYU #BYUprobs

Want to see your tweet in print? Tweet something about life around you with #BYUprobs or #BYU and hopefully it makes the cut.

Leave comments at universe.byu.edu or @UniverseBYU

@hankrsmith

Congratulations to Generation Z for living through 3 decades:

2000-2010
2010-2020
March

@phiamenina

my new favorite words are, "according to the cdc..."

@ChannyMill

If you ever doused your body in Axe Dark Temptation (chocolate) body spray in 6th or 7th grade, congrats you're immune from the coronavirus

@ben_asplund

coronavirus is bringing out my domestic side and i don't know how i feel about it

@aliahdomino

You might live in Utah if a drive through soda shop is considered an "essential business" during a global pandemic.

@woooooolley

like i know the persecution of the saints sucked and all but im glad they all settled in utah rather than missouri like can u imagine having to go to byu but it's also in the midwest?

@akkerr12

Quarantine day8 (?): lets see just how much bread I can eat

@sydnie_clarah

day 10 of isolation: it's been 6 months since I've kissed a boy, I don't remember what it's like

@haileyhullinger

just found out this semester has a pass/ fail option if you don't want a grade to hurt your GPA ... econ 110... eat your heart out

@joewheat27

Dating me has similar symptoms to COVID-19:

- I'll make you feel like you're hot
- Chills
- Shortness of Breath
- You'll probably get over me in 14 days

@joslynempey96

Zoom has a way of exposing the people that ~troll~ on the internet in their free time.

@theGC_

I stay home for my grandma, Betty White, Russel M. Nelson, and the queen of England

@BjaminWood

Just think of how many BYU students are violating the beard ban right now. #quarantinelife

@TheStakeClerk

Guys, I just finished Netflix. Now what?

@poetickate

me going into quarantine: im ONLY going to eat food i already have, gotta be financially responsible
governor herbert: i encourage utahns to eat out three times a week
my bank account: here am i, send me

@Amijaw

"I also tore my pants."
"RIP."

"Exactly."
Even a global pandemic won't stop us making terrible puns.

@HeardAtBYU

@kylecoug

I miss sports so much that I drove to LaVell Edwards Stadium today and listened to the fight song on repeat for 15-minutes.

@ttoll_15

corona has taught me that even in the most dire of situations I still do not have it in me to "go for a run"

Tweets are unedited.

READERS' FORUM

Spending time outdoors

Lately (as I'm sure is the case with most people), I have been spending quite a bit of time indoors playing video games, bingeing shows and watching movies. With the hysteria that COVID-19 has produced worldwide, I fear that many people have fallen into my poor habits of staying indoors constantly doing activities that truly do not provide good health as a consequence of social distancing.

In a way, it's ironic that we are now avoiding practices that improve the quality of our life to stay healthy. It's time to get back outside and engage in healthy activities. I'm not suggesting that we all go to our local parks and join in groups of more than 10 people, but just try and do more outdoor activities.

With friends and family you can go on a walk, a bike ride, a hike or visit a lake and fish; just don't stay indoors all day. There are plenty of healthy, outdoor activities that can be reasonably done without endangering others. It will be better not only for your own health and sanity but also for your families and friends.

—Bronson Duckworth
Las Vegas, Nevada

Two effective ways to make quarantine productive

During these hectic times, it may be hard to find a spare moment to relax and actually benefit from the nationwide stay-at-home mandate. But, how can we (college students) make the most of this seemingly tedious necessity?

First off, find some time to be alone and really get stuff done.

It is surprisingly relaxing to barricade yourself in your room, plop down on your couch or just sit at your kitchen table for a couple of hours and start planning and doing. "Idle" and "college" are two words that cannot coexist in the same sentence unless used in completely different contexts. Use this time to really think about what needs to get done, plan out how you

will get the things done that need to get done, and then carry out your master plan of action without distractions. Try putting your phone on "do not disturb mode" or, better yet, turn it off for a couple of hours. You'll be surprised how much will get done and better yet, your online assignments will be mostly or all completed for the day!

Secondly, take necessary breaks. It is impossible to work 24/7, and if you think it is possible, you are doing yourself a disservice. The human body needs time to relax and just think about nothing for a few minutes. Reserve small intervals of about 30-45 minutes within your study regiment to watch a TV show, read a book or just think about life. Then get back to work and you'll be surprised at your increased level of productivity!

—Andrew Miner
Redlands, California

We are not alone

The world, especially right now, is a difficult place. Viruses, unemployment, stock market crashes and more make you reflect on what really matters. At the root of it all are humans just trying to survive. That is what we have been doing for centuries, but it seems like we sometimes make our lives more difficult than they need be.

During this time of hardship, I hope we can remember that we all feel the same feelings — anxiety, sadness, fear and loneliness. We are not alone. We are united by a common theme of humanity. Deep down we are all just people; no matter what color, race, ethnicity or social status, we all need kindness.

We all need love. We all need hope. So, let this time be a starting point for us to look outside ourselves, to realize that there is a bigger picture than all the problems we create. Sometimes we need a shocking reminder of how human we are and how we rely so much on each other. Let this be a pledge you make from here on out, to show compassion to others because after all, aren't we all human?

—Andrea Moore
St Louis, Missouri

OPINION OUTPOST

The Opinion Outpost features opinions and commentary on the latest hot topics from state and national news sources.

Handling the stimulus package

The relief package, perhaps best described as an emergency care package, should help the country manage the tough days ahead, even as it should help the economy recover when the virus is gone.

That does not mean, however, that the bill should escape careful scrutiny, nor that it should escape close monitoring to ensure proper controls are in place or that hard-hit people and businesses are not left to suffer unduly. Even in a nation used to running large deficits, \$2 trillion is a lot of money to carefully track.

—Editorial Board
Deseret News

Locked out of a virtual classroom

America came face to face with the festering problem of digital inequality when most of the country responded to the coronavirus pandemic by shutting elementary and high schools that serve more than 50 million children.

Even before the shutdown, an estimated 12 million children were having difficulty completing routine homework assignments — not to mention writing research papers — because they lacked the home internet access their better-off classmates take for granted.

—Editorial Board
The New York Times

2020 census

To state the obvious, there's never a good time for a pandemic. But among the things that make

this a particularly bad time is that the United States is in the middle not only of a presidential election, but of the decennial census.

The problem with pausing the census process, though, is that doing so could affect the population count, particularly in California, where the breadth of our geography (from crowded coasts to sparsely populated deserts and mountainous regions) and immigrant population (about 1 in 4 residents were born in another country) pose significant challenges to census-takers.

—Editorial Board
The Los Angeles Times

Telemedicine

Long before the coronavirus outbreak, health care providers and policy makers saw promise in telemedicine.

Providing care by phone or video call can be a way to reach

patients in underserved areas — and, potentially, to save money in the health care system.

Now, by necessity, telemedicine is getting a huge unexpected test run. If this experiment works, it should accelerate the acceptance of remote health care after the pandemic subsides.

Of course, if this emergency exposes flaws in telemedicine, the state needs to learn that, too. It may not prove appropriate or ideal for some patients or some illnesses. But when the crisis

abates, policies and regulations should stay flexible enough to keep using technology to increase access to health care for the most vulnerable populations.

—Editorial Board
The Boston Globe

New leadership

Mr. Trump says he feels like a "wartime president."

The most important thing he can do now is to manage the pandemic as if in wartime: put it

in the hands of commanders who know how to fight it.

The president needs to draw from the country's rich and talented pool of seasoned experts. He should immediately put someone in charge of the ongoing first wave, which may yet last for many weeks, and he should name a second person to begin planning for the transition period that follows, an immensely complex task. Then he should get out of their way.

—Editorial Board
The Washington Post

WE WANT TO HEAR FROM YOU

The Universe encourages students, faculty and BYU staff to add their voice to ours by writing letters to the editor and guest editorials, or by submitting editorial cartoons.

- All letters should be submitted by email to universe.ideas@gmail.com. The topic of the letter should be included in the subject line.
- Letters should also include the author's name, hometown (for students), campus position (for faculty and staff) and phone number. Anonymous letters will

- not be published.
 - Letters should be no more than 250 words and may be edited for length, clarity or style.
 - Guest editorials should be 500 to 700 words and are encouraged from individuals with professional or academic expertise on the topic.
 - Original cartoons are also welcome.
- Opinion editor Spencer McWilliams can be reached at universe.ideas@gmail.com.

Off-season to-do list: What to expect from BYU men's basketball in 2020-21

By SYDNEY FLEMING

The COVID-19 pandemic wiped away all hopes of seeing BYU in its first March Madness appearance since 2015, leaving a to-do list for the lengthened off-season.

While fans can expect things to change as the year progresses, here are some things that need to be addressed.

Potential NBA draft entries

BYU's team is loaded with shooters that could go pro if given the right opportunities. First is the Cougars' power forward Yoeli Childs, who averaged 22.2 points and 9.0 rebounds per game. The Cougars played a total of 13 games without Childs with a record of 7-7. After Childs returned, BYU had a 17-1 record, with its lone one-point loss against San Francisco.

Childs' impact was especially felt against Gonzaga on senior night when he added 28 points and 10 rebounds to aid BYU in the win. He also had 38 points 14 rebounds against Pepperdine the following week in his last regular-season outing as a Cougar.

Another possible draft pick is Jake Toolson, one of the most versatile players on BYU's team. Toolson proved many times during the season that he could shoot from anywhere on the court. Toolson's strongest asset is his three-point shooting, as he leads the team shooting 47.0% from behind the arc and is tied at No. 1 in the nation.

Toolson aided the team when it mattered the most. Two of his most impressive games were against two of BYU's biggest opponents: Gonzaga and Saint Mary's. He scored 24 points in the overtime loss at Saint Mary's and 17 points against the nationally-ranked Zags, shooting five for nine from behind the arc.

Holes in the lineup

The Cougars have some big shoes to fill this next season as they try to keep up the momentum started by Pope and the 2019-20 team. The "Big Three," composed of Childs, Toolson and TJ Haws, led the team in scoring and will leave a gaping hole in BYU's lineup.



Hannah Miner

Senior Yoeli Childs dunks the ball in historic Feb. 22 game against Gonzaga. With the "Big Three" graduating, the Cougars face tough lineup decisions next season.

Prominent bench players Zac Seljaas and Dalton Nixon will also leave next year.

This has been a season of praise when it came to senior leadership, but the Cougars will need some fresh faces to give life to next year's roster, especially since only two players from this year's starting lineup will return next season: Alex Barcello and Kolby Lee.

At the beginning of the season when 2019 WAC Player of the Year Toolson followed Pope to BYU, former UVU players Richard Harward and Wyatt Lowell also made the move across the valley. Due to NCAA transfer rules, the two had to sit out for the 2020 season.

Harward averaged 7.0 points and 5.0

rebounds per game during the 2018-19 season, while Lowell averaged 4.6 points and 2.6 rebounds. With more playing time, fans could see these two transfers make a big impact next season.

Six-foot-10 Lowell and 6-foot-11 Harward will bring much-needed size to the Cougars lineup. At 6-foot-9, Kolby Lee was the tallest starter on BYU's team, which is undersized compare to other top WCC teams like Gonzaga and Saint Mary's, which had a combination of eight players that stood 6 feet or taller. BYU ranked No. 287 in the nation in rebounds per game, with size playing a large factor.

Also to make an impact is 6-foot-9

Gavin Baxter, who sat out the majority of the 2020 season due to a torn labrum in his shoulder. Cougar fans only got to see Baxter in a few games this season, but they can expect to see him get more playing time next season.

Baxter averaged 4.0 points and 2.8 rebounds as a freshman for the Cougars in the 2018-19 season. Gonzaga transfer Jesse Wade is in the same boat, as he has been injured for the past two seasons.

Another potential starter is freshman Trevin Knell, who saw the court a few times this season. His season-high was nine points against Montana Tech, shooting four for six from the field in 12 minutes of play. He also got playing

time against a higher-caliber Virginia Tech, shooting two for four from behind the arc and adding six points in his 11 minutes of play.

The roster as we know it now will change, but these few players could vie for the three starting positions left behind. Fans can expect to see familiar faces again next seasons, especially that of Barcello, Lee, Baxter and sophomore Connor Harding. But with so many players leaving, the team's future looks uncertain.

Room for improvement

BYU's offensive output grabbed the attention of sports fans and analysts alike, as it made a complete flip from offensive play last season. ESPN college basketball analyst Jay Bilas said that with BYU's nationally No. 1 ranked three-point shooting, "BYU is built for March."

BYU averaged 79.6 points per game, shooting 50% from the field and 42.2% from behind the arc. The Cougars had three players averaging more than 14 points per game, with four players of the starting rotation shooting better than 45% from three. Adding to the team's impressive shooting was 17.4 assists per game, which earned it a No. 5 national ranking. BYU also ranks No. 2 in the nation in assists-to-turnover ratio at 1.57.

In contrast, BYU's defense was only average, at least compared to its offense — and their opponents certainly didn't have a difficult time scoring. BYU let its opponents score 43.8% of field goals, which led to BYU's No. 225 ranking in the NCAA. The team also allowed its opponents to score 68.4 points per game, causing BYU to rank No. 149 in the country.

Pope constantly stressed the importance of defense over the season and vowed to keep working and moving forward despite setbacks.

The Cougars had a successful season overall, at least in terms of finishing high in national ranks and becoming a "lock" for the NCAA tournament that never had the chance to play out. While the 2019-20 season was historic in its own right, Pope said all his team can do now is move on and prepare for the future.

BYU men's tennis player Jack Barnett returns home to Australia amidst the COVID-19 outbreak

By EMILY STRONG

International tennis player Jack Barnett found his way back home to the sunshine coast of Australia after the university announced its shift to all online classes on March 12 due to the worldwide COVID-19 outbreak.

The freshman was in the midst of his season with a 9-8 singles record and 6-7 doubles record. Barnett showed his calm prowess under pressure clinching the game winning match over George Washington and sealing the 4-0 sweep against rival Utah during the season. Barnett also earned the accolade of being named WCC Player of the Week after defeating a senior from University of Denver and winning the only singles point for BYU in that match.

The end of his 2020 season was abrupt as COVID-19 started to quickly spread throughout the country which left many of BYU's conference matches unplayed and many BYU athletes feeling discouraged.

"We were really just getting started and had so much more to complete for as the season went on so it felt depressing that we weren't able to fully see the end result," Barnett said.

Barnett travelled back to his home in Australia where there are now 4,361 confirmed cases and 17 deaths as of March 30, according to the Johns Hopkins Coronavirus Resource Center. As an Australian citizen, the freshman had no issues getting back into the country, but since returning home the borders of Australia have been shut down for all non-citizens. Barnett said everyday the government is taking new measures to ensure the safety and health of its citizens during these unprecedented times.

"Right now, they are requiring that all people travelling back to Australia from overseas self-isolate themselves for 14 days, so right now I am stuck at



Hannah Miner

Jack Barnett practices with the BYU men's tennis team. Barnett, from Australia, decided to return home because of the COVID-19 pandemic.

home," Barnett said. "So far, it has been quite boring just sitting around all day, but obviously as a young person who could potentially have the virus while not having symptoms then spread it, I have to take the right precautions."

Although Barnett is now home with his family, when the worldwide pandemic started spreading exponentially, he was still residing in Provo.

"It was a little daunting being

away from home and not knowing the impacts on my family and how they were dealing with it," Barnett said. "I think not overthinking the situation and just being smart about it was what I was able to do and just making sure that my family were also making the right decisions."

The worldwide total of COVID-19 cases has climbed to 777,286 as of March 20, with the U.S. leading with

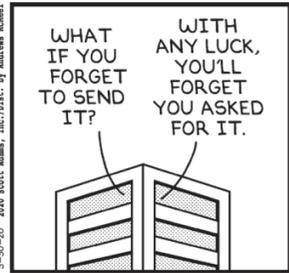
160,020 cases, according to the Johns Hopkins Resource Center. As the global pandemic continues to spread, the challenge of flattening the curve and slowing the spread of the virus has become a top priority for public health officials everywhere. Across the United States, the Centers for Disease Control and Prevention have asked people to practice social distancing, with more severe locations like the state of California

going under lockdown.

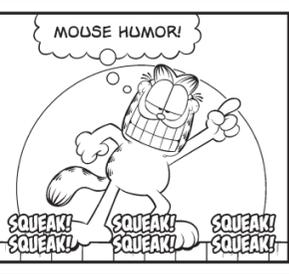
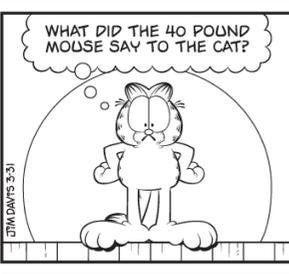
Barnett is set to return to play for BYU for future seasons, but is still emotional about the end of his first season as a Cougar.

"I think the cancellation of our season was something that had to be done, but it was quite sad that it had to end the way it did," Barnett said. "For the seniors, it was for sure a tough time as they had goals that weren't achieved."

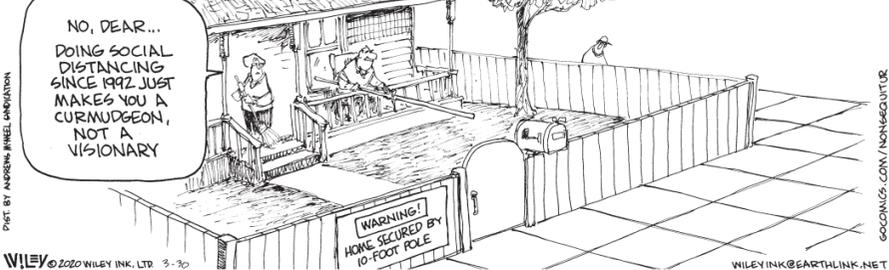
Dilbert®



Garfield®



Non Sequitur®



Peanuts®



Pickles®



Zits®



Sudoku

Use the numbers 1-9 once in each row, column and marked grid of 9. Puzzles increase in difficulty from left to right. Solutions are at universe.byu.edu/sudoku.

6	5	7	9	4				
	7	2		1	3			
9	3				8	5		
		5	4					
4							3	
		3	7					
3	8			9	2			
	5	9		6	7			
7	1	6	3	8				

1								3
	4							9
		6	2	7	3	1		
		2	1	3	5	6		
		8	6		2	5		
		1	4	8	7	2		
		3	8	5	4	9		
		5					2	
8								7

1	9			5	6			
		3	9					
7			5			3		
	6	7	9	5		3		
		5	6	8	7			
	7	4	1	3	6			
5			6			2		
		9	7					
4	8			6	9			

						1	7			4
						4	3	2		
						5	1			
						5	9			6
						9	4	2	6	5
						6	3	2		
								9	3	
							5		8	7
						6	1			9

The New York Times Crossword

- Edited by Will Shortz No. 0224
- ACROSS**
- 1 Like show horses' hooves
 - 5 Twisted person
 - 10 ___ constrictor
 - 13 One of the 12 tribes of Israel
 - 14 At full speed, in nautical lingo
 - 15 Back of a horse
 - 16 Persia, nowadays
 - 17 Jules who wrote "Journey to the Center of the Earth"
 - 18 Mars' counterpart, in Greek myth
 - 19 Cop's canine companion
 - 21 What a door swings on
 - 22 Where many drafters were sent in the '60s
 - 23 Workers with a daily grind?
 - 25 Opposite of a purebred
 - 29 Sets of points, in math
 - 30 W.W. II German sub
 - 31 Falling grades
 - 33 Crosby, Stills, & Young
 - 37 Where roots take hold
 - 38 Ancient Greek meeting place
 - 39 Arts-and-crafts supply
 - 40 Menial worker
 - 41 Wise one
 - 42 Unmitigated
 - 43 Make turbulent
 - 45 Toss back tequila, perhaps
 - 47 Direct clashes
 - 51 Like the hours shortly after midnight
 - 52 Swimming (in)
 - 53 Starts shooting
 - 58 Antidrug agent, informally
 - 59 What a pet may be transported in
 - 60 Weaving machine
 - 61 Device for recording shows
 - 62 Many a waiter around Hollywood
 - 63 Tiny bit
 - 64 Consumed
 - 65 Ones anxious to take driver's ed, typically
 - 66 Like venison that's been sitting awhile
- DOWN**
- 1 ___ of the tongue
 - 2 Odysseus, in the "Odyssey"
 - 3 Track shape
 - 4 Having a meal under the stars, e.g.
 - 5 "Hel-l-l!"
 - 6 Chatted on the internet, for short
 - 7 Tree with edible pods
 - 8 Ninth-century English monarch known as "the Great"
 - 9 Telephone button that doesn't have letters
 - 10 Singed
 - 11 Letter after phi, chi, psi ...
 - 12 Church recesses
 - 15 Activity depicted in a famous 2/23/1945 photograph ... and in three of this puzzle's answers
 - 20 Supermarket vehicle
 - 21 Juice drink brand with a hyphen in its name
 - 24 Civil rights activist Parks
 - 25 Dishevel
 - 26 Instrument with a brief solo in Beethoven's Fifth
 - 27 Black: Fr.
 - 28 What a law that hasn't been repealed still has
 - 32 Typical London weather
 - 34 ___ sax
 - 35 Tallow source
 - 36 That woman's
 - 38 "Yeah, I'm real sure!"
 - 42 Puts to work
 - 44 "Nice one!"
 - 46 Ones named in deeds
 - 47 Orange or grape drink brand
 - 48 Be in store for
 - 49 Do the honors with the turkey
 - 50 Flurry
 - 54 Boys' school near Windsor
 - 55 Tiny bit
 - 56 Place on a Clue board
 - 57 Award shaped like a winged woman
 - 59 Tabby

ANSWER TO PREVIOUS PUZZLE

PUP	ANGER	OVENS
ASL	TULSA	PEKOE
LAURABUSH	ELENA	
SITU	BEE	ARC
ROSALYNN	CARTER	
TRY	OH	SORRY
EPIC	GOTO	AME
MICHELLE	OBAMA	
FOX	MODS	ALPS
EJECTOR	SRO	
HILLARY	CLINTON	
ANY	LOX	OVUM
AGING	BETTY	FORD
GECKO	BATHE	ISS
AMES	CROSS	DEE

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The New York Times Crossword

- Edited by Will Shortz No. 0225
- ACROSS**
- 1 Polio vaccine developer Salk
 - 6 The "S" of S.U.V.
 - 11 Glasgow gal
 - 15 Get in touch with
 - 16 Mistake
 - 17 From the start
 - 18 Connected set of rooms in a hotel
 - 19 Frank ___, Al Capone henchman
 - 20 "Veni, ___, vici"
 - 21 International competition for countries that boycotted the 1984 Summer Olympics [Texas]
 - 24 "Quite true"
 - 25 Edmonton's hockey team
 - 26 Theme of "To Kill a Mockingbird" and "Do the Right Thing"
 - 29 Jazzy Fitzgerald
 - 30 Sphere
 - 31 45 1/2-carat gem at the National Museum of Natural History [Rhode Island]
 - 38 Time in Boston when it's midnight in Austin
 - 41 Impose, as a tax
 - 42 Shopping binge
 - 43 QB's downfield throw [Wisconsin]
 - 46 Michael of "S.N.L."
 - 47 ___-Ball (carnival attraction)
 - 48 Corsage flower
 - 51 Growth on a tree
 - 54 Place for tugboats
 - 57 Companies that have big market shares [Utah]
 - 61 Drug cop
 - 62 Helped out
 - 63 Preliminary races
 - 65 Furry critter in "Return of the Jedi"
 - 66 Vehicle with 18 tyres, maybe
 - 67 Sleep problem
 - 68 Pils with a donkey party logo
 - 69 & 70 What the first word of each long Across answer is vis-à-vis the bracketed place in its clue
- DOWN**
- 1 Upper-class members: Abbr.
 - 2 "Why do the French have only one egg for breakfast? Because one egg is an ___ (old joke)"
 - 3 Brand to use "if you dare wear short shorts"
 - 4 When Hamlet gives his "To be, or not to be" soliloquy
 - 5 500 things in a ream
 - 6 Transmits
 - 7 Strait-laced person
 - 8 Big name in lawn care
 - 9 Indian flatbread
 - 10 North African city in the lyrics to the "Marines' Hymn"
 - 11 Blobby light popular in the 1960s-'70s
 - 12 Japanese cartoon style
 - 13 Meal with the Four Questions
 - 14 ___ Army knife
 - 22 "Mrs. Frisby and the Rats of ..." (Robert C. O'Brien children's book)
 - 23 Large lizards of the Southwest
 - 26 Upper part of the mouth
 - 27 Florence's river
 - 28 Person who might say "10-4, good buddy"
 - 29 "Grand" brand of ice cream
 - 32 Ye ___ Shoppe
 - 33 Liveliness
 - 34 Longoria of "Desperate Housewives"
 - 35 Theater sect. near the stage
 - 36 Fruity soda brand
 - 37 Homeowner's document
 - 39 Phrase akin to "Darn it all!"
 - 40 Manufactures
 - 44 Cars for vacationers
 - 45 Japanese noodles
 - 49 Hillary ___ Clinton
 - 50 Sleazeball
 - 51 Queued (up)
 - 52 Really impressed
 - 53 PC spinner
 - 54 Freshwater polyp
 - 55 Paying attention
 - 56 Change from artificial blond back to brunet, say
 - 58 Prison uprising
 - 59 Rave's partner
 - 60 "Leave as is," to a proofreader
 - 64 ___ Paulo, Brazil

ANSWER TO PREVIOUS PUZZLE

ARTS	MUY	ABSORB
IDEALIST	CRIMEA	
GARDENED	RECALL	
REWED	TIE	HIE
AHA	DOTARD	BAER
CARE	ORA	SENDS
TRIAGE	DICTA	
PARALEL	PARKS	
BRIAN	UNDEAD	
DPLS	BCE	SORE
REED	BAYONG	SAW
AYN	IAN	LEAPT
MONADS	TEARLESS	
ATOLLS	CERBERUS	
SENSEI	UNS	AISEA

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 - 68 Pils with a donkey party logo
 - 69 & 70 What the first word of each long Across answer is vis-à-vis the bracketed place in its clue
- DOWN**
- 1 Upper-class members: Abbr.
 - 2 "Why do the French have only one egg for breakfast? Because one egg is an ___ (old joke)"
 - 3 Brand to use "if you dare wear short shorts"
 - 4 When Hamlet gives his "To be, or not to be" soliloquy
 - 5 500 things in a ream
 - 6 Transmits
 - 7 Strait-laced person
 - 8 Big name in lawn care
 - 9 Indian flatbread
 - 10 North African city in the lyrics to the "Marines' Hymn"
 - 11 Blobby light popular in the 1960s-'70s
 - 12 Japanese cartoon style
 - 13 Meal with the Four Questions
 - 14 ___ Army knife
 - 22 "Mrs. Frisby and the Rats of ..." (Robert C. O'Brien children's book)
 - 23 Large lizards of the Southwest
 - 26 Upper part of the mouth
 - 27 Florence's river
 - 28 Person who might say "10-4, good buddy"
 - 29 "Grand" brand of ice cream
 - 32 Ye ___ Shoppe
 - 33 Liveliness
 - 34 Longoria of "Desperate Housewives"
 - 35 Theater sect. near the stage
 - 36 Fruity soda brand
 - 37 Homeowner's document
 - 39 Phrase akin to "Darn it all!"
 - 40 Manufactures
 - 44 Cars for vacationers
 - 45 Japanese noodles
 - 49 Hillary ___ Clinton
 - 50 Sleazeball
 - 51 Queued (up)
 - 52 Really impressed
 - 53 PC spinner
 - 54 Freshwater polyp
 - 55 Paying attention
 - 56 Change from artificial blond back to brunet, say
 - 58 Prison uprising
 - 59 Rave's partner
 - 60 "Leave as is," to a proofreader
 - 64 ___ Paulo, Brazil

ANSWER TO PREVIOUS PUZZLE

ARTS	MUY	ABSORB
IDEALIST	CRIMEA	
GARDENED	RECALL	
REWED	TIE	HIE
AHA	DOTARD	BAER
CARE	ORA	SENDS
TRIAGE	DICTA	
PARALEL	PARKS	
BRIAN	UNDEAD	
DPLS	BCE	SORE
REED	BAYONG	SAW
AYN	IAN	LEAPT
MONADS	TEARLESS	
ATOLLS	CERBERUS	
SENSEI	UNS	AISEA

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Gymgoers seek new ways to stay active despite facility closures

By LAUREN LETHBRIDGE

Students and others in the community are seeking new, creative options for exercise as on-campus and local gyms and physical facilities close in the wake of the COVID-19 pandemic.

On March 12, BYU announced classes, including its fitness courses, would be moving completely online. Shortly after, BYU closed on-campus gyms, courts and pools and canceled all YFitness classes.

Provo Recreation Center also closed its doors to the public until March 29, canceling all sports programs and community classes.

"We are doing our best to come up with a fair and reasonable solution for our patrons as quick as possible," reads an announcement on its website.

VASA remained open longer than most gyms but shut down all locations on March 17 until further notice, according to an email sent to all patrons. VASA announced it will freeze all member accounts and not bill members until it reopens.

"Many students work for gyms and rely on gyms for relief," said Ellen Frederickson, a fitness instructor at Provo Recreation Center and BYU. Frederickson continues to teach her BYU SWELL classes remotely, sending students tasks they can complete at home.

Frederickson encourages her students to not only exercise but also do activities like making healthy meals, deep cleaning or reaching out to family and friends. She requires students to send selfies doing these activities.

"It's important for us to get creative in how we look outside ourselves at this point in

time," she said.

Despite not being able to physically teach her various exercise classes, Frederickson continues to help the Provo Recreation Center film live virtual classes that are available to the public through Facebook. She also creates her own personal workout videos that she shares on her social media accounts.

Mckay Allred, a UVU student whose gym attendance was a keystone habit in his life, said social media has provided both encouragement and positivity along with good at-home routines.

Frederickson said she tries to use her social media for open communication and to stay in contact with people. "Social distancing does not have to be emotional (distancing)."

These online exercise sessions are providing options to those who now lack facilities and equipment. BYU Student Wellness is working with its instructors to upload workout videos on its website.

"My goal is that although we are not together, we can still be connected," said BYU Student Wellness Administrator Jessica Burns. "We will be urging students to post themselves and their friends and family doing these workouts and tag us in those posts."

Adrienne Whitworth usually attend the gym five to six times a week and would teach frequent fitness courses at both BYU and the Provo Recreation Center. "I am using this time to just focus on being creative with what I can do with my body and everyday items around me."

Whitworth has tried to stay active by going on walks in nature, creating workouts at local playgrounds, joining live workouts on Instagram and doing full-body workouts using the stairs at her home.

"It is a workout for my mind to create a workout, then a workout for my body as I do it."

BYU student Jeremy Rees said he understood the decision to close the gyms but was disappointed that outdoor on-campus facilities, like tennis courts, were closed. "Tennis is perfect for coronavirus; you keep 78 feet between you and the other person!"

Rees said he has purchased dumbbells and other at-home equipment and will focus more on cardio. "It's definitely throwing my routines way off, but it still gets the job done of waking me up in the morning."

People are looking inside and out for ways to stay fit and escape boredom and stress. Some people are going outside more for their exercise while others, like BYU senior Katherine Nuttall, look more inward, focusing on activities like meditation.

"With all the fear and stress this pandemic is causing, I feel that I don't need to emphasize my gains as much as I need to focus on my mind and body," she said.

Nuttall said she tries to talk with family and friends on the phone, watch comedians on YouTube and create fun videos for her social media accounts. "If I let myself obsess about all the unknowns, I would cry all day. Instead, I let myself worry for a bit and then I switch activities to allow myself to feel happy about something else."

Wyatt Houston, a BYU junior from New York City, said the gym closures were disappointing to him since the gym helped him stay emotionally and mentally healthy. He and his friends are finding ways to adapt to the changes.

"As with life, the gym is all about learning to adapt and progress with whatever gets handed to you," he said.

Small businesses adapt, innovate in wake of COVID-19 restrictions



Provo restaurant J. Dawgs serves customers using a makeshift drive-through where customers order and employees bring the order out to the customer's car. Scan the photo with the **Universe Plus** app to read a Spanish translation of the story.

Preston Crawley



By LAUREN LETHBRIDGE

On March 13, President Trump declared a national emergency, setting off a string of enforcements and restrictions, including Utah Gov. Gary Herbert's order to limit social gatherings to 10 or less people and to require food service entities to shut down dine-in service for two weeks beginning March 18.

"We have not made this decision lightly. I know this will disrupt lives and cost jobs, and for that I'm very sorry," Herbert said in a statement.

Many restaurants have been forced to change and adapt quickly. Some have closed their doors temporarily — others permanently.

The words "essential" and "nonessential" have been thrown around in relation to business and facility closures. Many states and cities have deemed grocery stores, pharmacies, banks and gas stations as essential. But where does that leave the remaining "nonessential" businesses?

Most businesses are scaling back on their hours of operation and number of employees. Restaurants are waiving delivery fees, creating makeshift drive-throughs and bringing food out to customers waiting in their vehicles.

Some restaurants already suited to delivery and pick-up, like Provo's Five Sushi Brothers, have taken most of these restrictions in stride. "We started our business only doing delivery and takeout, so when the virus hit, we were prepared," said co-owner Jacob Chung.

He said he has several friends whose businesses had no choice but to shut down. Five Sushi Brothers had to temporarily close their Salt Lake location in response to various factors, including COVID-19 and a 5.7 earthquake in Magna, Utah, on March 18.

"We had to lay off all of our Salt Lake employees, which was very difficult," Chung said. "This could be a very long-term effect." For companies not as suited

to delivery as Five Sushi Brothers, the adjustment can be difficult. Using third-party services like DoorDash and Uber Eats can help, but those services take about 30% of each sale, Chung said. "Since margins in the restaurant business are already so low to begin with, this 30% might be too much for (businesses) to survive."

Utah County and Explore Utah Valley launched a campaign on March 25 called Dine Utah Valley in an effort to support local restaurants. The campaign's website lists local restaurants, their delivery and pick-up availabilities and ongoing specials and offers.

In an email announcing the campaign, commissioners Tanner Ainge, Bill Lee, Nathan Ivie and Explore Utah Valley President Joel Racker said Utah restaurants and hotels help fund museums, festivals, parks, trails and projects like the Provo Airport expansion through tourism-related taxes.

"We don't want to lose any of these local establishments and encourage all to take advantage of these great offers and curbside pickup to the extent they are able," reads the announcement.

Not all businesses affected by COVID-19 and federal and state restrictions are food-service businesses. Entertainment and shopping businesses are being hit just as hard, if not harder, and have fewer options.

Provo's Good Move Cafe is not quite as suited to takeout and delivery as some restaurants. "We are very much a place to come enjoy being on site," said co-founder Shawn Moon.

Patrons can order food while they pick from a wide assortment of board and card games to play.

Moon said Good Move Cafe has had to adjust the number of employees and cut pay for those remaining.

"It's really not a sustainable situation, so we're hoping things get back to normal sooner rather than later," he said.

Utah's emergency management division and the governor's office announced Utah businesses are now eligible to apply for low-interest loans through the

Small Business Administration.

"We recognize this loan program will not solve all of today's economic challenges, but it will be a useful tool for businesses affected by COVID-19," according to information found on Utah.gov.

Small Business Administration loans for COVID-19 related issues can be up to \$2 million per entity with repayment terms of up to 30 years and interest rates of 3.75% for small businesses and 2.75% for nonprofits.

Moon said tight margins make government loans less attractive. "Some businesses don't make enough to service interest on a loan even when they get back to normal, so that's not a viable solution to get through the crisis."

Herbert released a task force plan called "Utah Leads Together," on March 24. The plan aims to alleviate economic damage from COVID-19. The plan has three phases, urgent, stabilization and recovery, each taking 8-14 weeks.

Despite the hardships both the community and local businesses are facing, many are learning to adapt and innovate. Provo bookstore Pioneer Book sent out a message to all customers detailing adjustments the company is making to support social distancing and lessen the spread of COVID-19.

General Manager Scott Glenn and his staff update an inventory list nightly and encourage customers to text in their orders. Bookstore staff gather the order and either mail it or provide curbside delivery.

In his announcement, Glenn also provided a link to a 3D virtual tour of the store as well as a "store soundtrack" on Pandora. The store listed t-shirts, mugs and glass-case items on eBay for customers to purchase.

"Preservation of life and beating the pandemic is more important to us than selling books," he said. "Layoffs may become an unavoidable reality for us, but we're scrappy and fighting to keep our small team together. Our customers and their support will be key to weathering the storm."

Early birds get better beds

Housing Guide



Rise, shine and find your next apartment in the 2020 Housing Guide

Utah a niche market for non-caffeinated Barq's root beer

By JENNY GOLDSBERRY

Did you know that Barq's root beer is caffeinated?

If you didn't, the BYU Store wants you to know that it is. It recently put up a sign to let its customers know that it contains caffeine. At the beginning of BYU's winter semester, it was a handwritten sign. Later, it was professionally printed with the logo of the store. No similar signs were found on vending machines, or in the Creamery, even though all the Barq's root beer in cans and bottles are also caffeinated.

If you thought Barq's was a non-caffeinated soda, you are also right. In fact, the soda was not caffeinated in the beginning. It became caffeinated after being acquired by Coca-Cola, according to the communications director for Swire Coca-Cola, USA Carl Foster.

"Primarily due to being consistent, Barq's root beer is caffeinated throughout the U.S.," he said.

Swire Coca-Cola is the arm of Coca-Cola in charge of production, sales, and distribution for 13 states in the Pacific West, including Arizona, California, Colorado, Idaho, Kansas, Nebraska, Nevada, New Mexico, Oregon, South Dakota, Utah, Washington, and Wyoming. When Barq's made the switch to a caffeinated formula, BYU took issue to it.

This switch happened mid-2018, according to Foster. At the time, BYU's policy was to sell exclusively caffeine-free soda.

"BYU Dining stopped selling Barq's in a bottle prior to the change in the caffeine soda policy," said BYU dining services director Dean Wright. Once the policy changed and campus began selling caffeinated sodas, BYU brought the soda back.

According to Wright, BYU struck a deal with Coca-Cola. "Barq's root beer is not caffeinated in any fountain machine, including the Freestyle machines in the Cougarreat," he said. It's the bottled formula that has caffeine, and the BYU Store wanted to make that clear.

Utah is one of the only markets for Barq's caffeine-free formula. According to Foster, Swire Coca-Cola, USA made the choice to continue distributing a non-caffeinated version of Barq's root beer as a fountain drink for its Utah division after BYU Dining decided to stop selling Barq's after the decision was made to caffeinate it. The caffeine-free formula is not commonly distributed to the other twelve states within Swire's division.

The sign regarding the bottled formula, then, was only news to Utah locals, as they've been drinking non-caffeinated Barq's root beer from the start. Wright admitted that the bottles and cans of root beer "are one of our slowest moving products."

However, just before Valentine's day, BYU's director of communications Carri Jenkins informed The Universe that the sign was taken down.

"It was put up for a short time to clarify for customers what they were buying," she said. "There was no other reason than this."