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WELCOME TO BYU



NAVIGATING . . . PAGE 5

ACADEMICS . . . PAGE 17

LIVING . . . PAGE 23

Stor'em
SELF STORAGE

12 Locations

www.storem.com

The logo for the BYU Store is located in the bottom right corner. It features the text "BYU" in a large, bold, blue serif font, with "store" in a smaller, blue sans-serif font below it. Below the text is a blue horizontal bar containing the white text "EST." on the left, a white "Y" inside a blue circle in the center, and the year "1906" on the right. The entire logo is enclosed in a blue shield-like border.

HOW TO ENTER

- ## 1. Subscribe to The Daily Universe newsletter



- ## 2. Have friends and family subscribe for additional entries

Contest ends July 30, 2021. Prizes courtesy of the BYU Store. Two additional entries limit. Prizes only eligible for freshman and incoming transfer students. Winner will be contacted via email and announced during Fall 2021 orientation. Prizes include: BYU sweatshirt, T-shirts, hats, blanket, socks, notebooks, pens, water bottle and more.



Jaren Wilkey/BYU Photo

The sun rises above Y Mountain, illuminating campus. Alfred Kelly, a 1912 student graduation speaker, called the buildings “temples of learning” as he recounted a vision of the then-future BYU campus.



Hannah Miner

BYU President Kevin J. Worthen speaks at a September 2019 campus devotional. Typically, President Worthen and Sister Peggy Worthen speak at one of the first devotionals of fall and winter semesters.



Steve Fidel

President Kevin J. and Sister Peggy Worthen visited at the Great Wall of China while touring with BYU’s 2019 China Spectacular. President Worthen previously served as BYU’s advancement vice president and dean of the J. Reuben Clark Law School. He received both his juris doctor and bachelor’s degrees from BYU.

Dear New Students,

Welcome to Brigham Young University. We are pleased that you will be with us this year as you begin the exciting process of learning in an atmosphere of faith.

I encourage you to take advantage of the many on-campus activities that are available to you. They will greatly enhance your BYU experience. Make new friends. Get involved in your ward or local congregation. Attend campus devotionals and forum assemblies. Most of all, involve yourself fully in your courses and studies and commit yourself to live the Honor Code with complete integrity. As you do so, you will be changed for good.

BYU’s mission is “to assist individuals in their quest for perfection and eternal life.” To that end, BYU “seeks to develop students of faith, intellect and character who have the skills and the desire to continue learning and to serve others throughout their lives.” (The “Aims of a BYU Education” and BYU’s mission statement can be found online at aims.byu.edu.) I am confident that as students, faculty and staff focus on, and work toward, this inspired goal, we will positively impact not only those on this campus, but also thousands who will benefit from the goodness you will engender as you go out into the world.

A sign on the entrance to campus reads, “Enter to learn, Go forth to serve.” I hope you will do both of these things on a daily basis during your time at BYU. It will set a pattern that will bless you and those around you for years to come.

Thank you for choosing BYU. I look forward to our journey together.

With high hopes for the future,

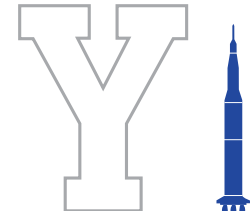
Kevin J. Worthen
President, Brigham Young University

Measuring up

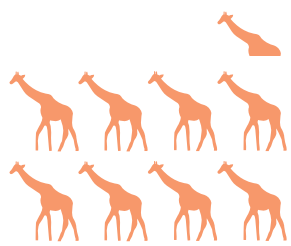
The **4 million books** contained in the Harold B. Lee Library is the equivalent of 190 books stacked on each seat of the 21,000 seats at the Conference Center in Salt Lake City.



The Y on Y Mountain is **380 feet tall**. That is taller than the Saturn V rocket, used to send astronauts to the moon, which stands at 363 feet tall.



The Kimball Tower is **162 feet tall** which is eight and a half times the height of an average giraffe.



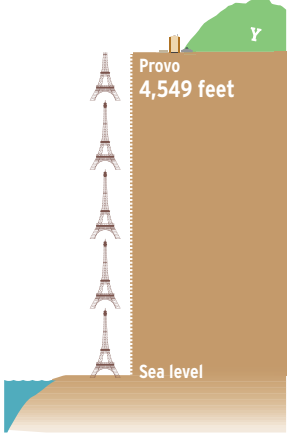
BYU has **10.5 million square feet** of floor space, including the MTC and Motion Picture Studio. That is 7 million more square feet than Disneyland.



There are **101 steps** from the Joseph F. Smith Building (JFSB) down to the Richards Building (RB). Anyone climbing the stairs will note that it is easier to descend than climb.

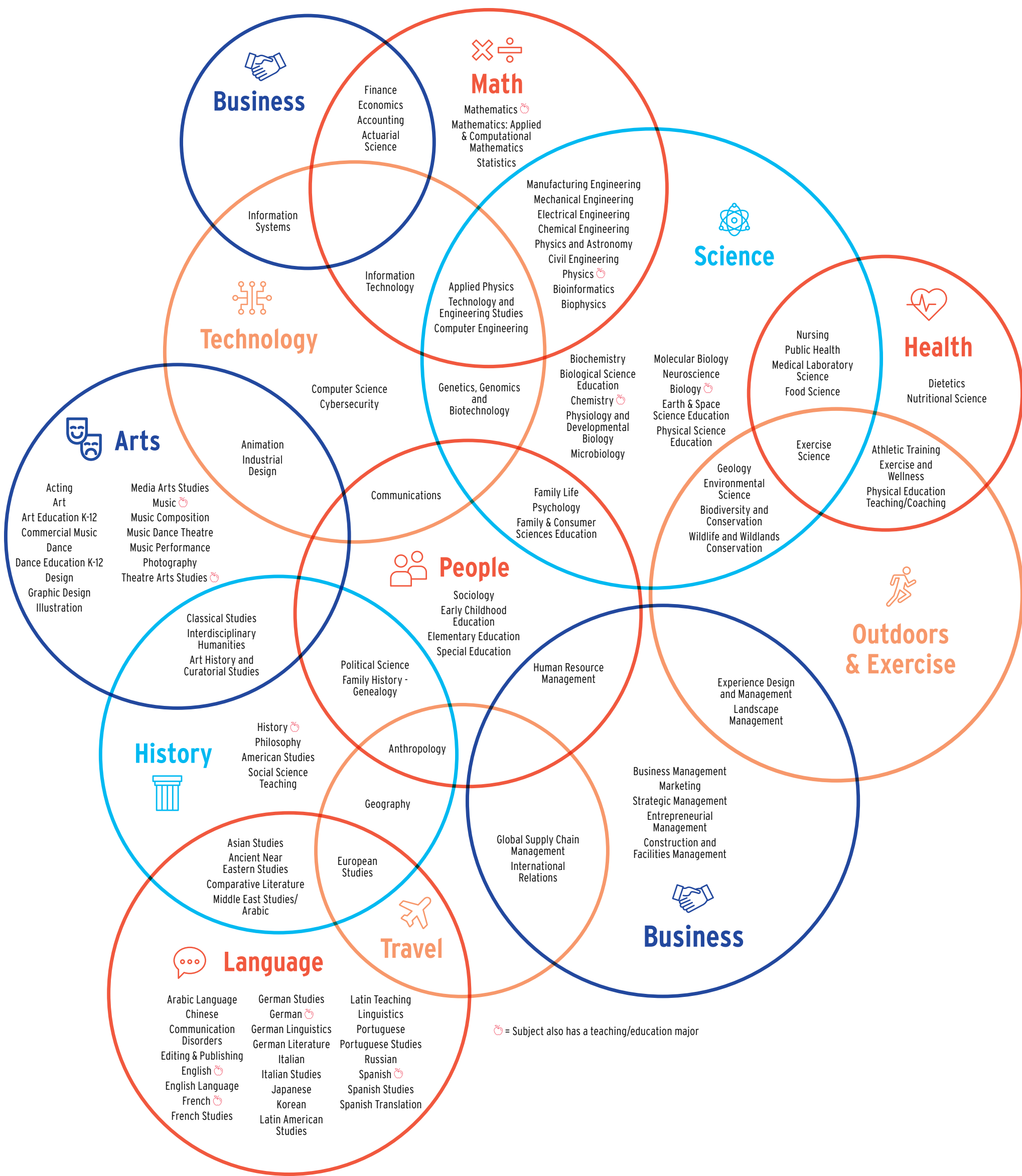


4.6 is the number of Eiffel Towers you would have to stack to reach the elevation of Provo from sea level.



Your perfect major

When coming to BYU, students are expected to choose a major. Some students may not know what they want to study when they come, so this expectation could seem daunting. Below is a chart showing the majors available at BYU. It is separated into 11 different interest categories with majors listed under each category or an intersection of categories. Students can narrow down their interests and find academic programs they might consider.



***Got Game? Then get involved
with Intramural Activities!***

Organize your own team & purchase a schedule at: intramuralfees.byu.edu

Summer Term Registration: June 14 – 21
Fall Semester Registration: Aug 30 – Sep

For more information call, click or visit:
801.422.7597, intramurals.byu.edu, or 145 Richards Building



THE DAILY UNIVERSE

Serving the Brigham Young University Community

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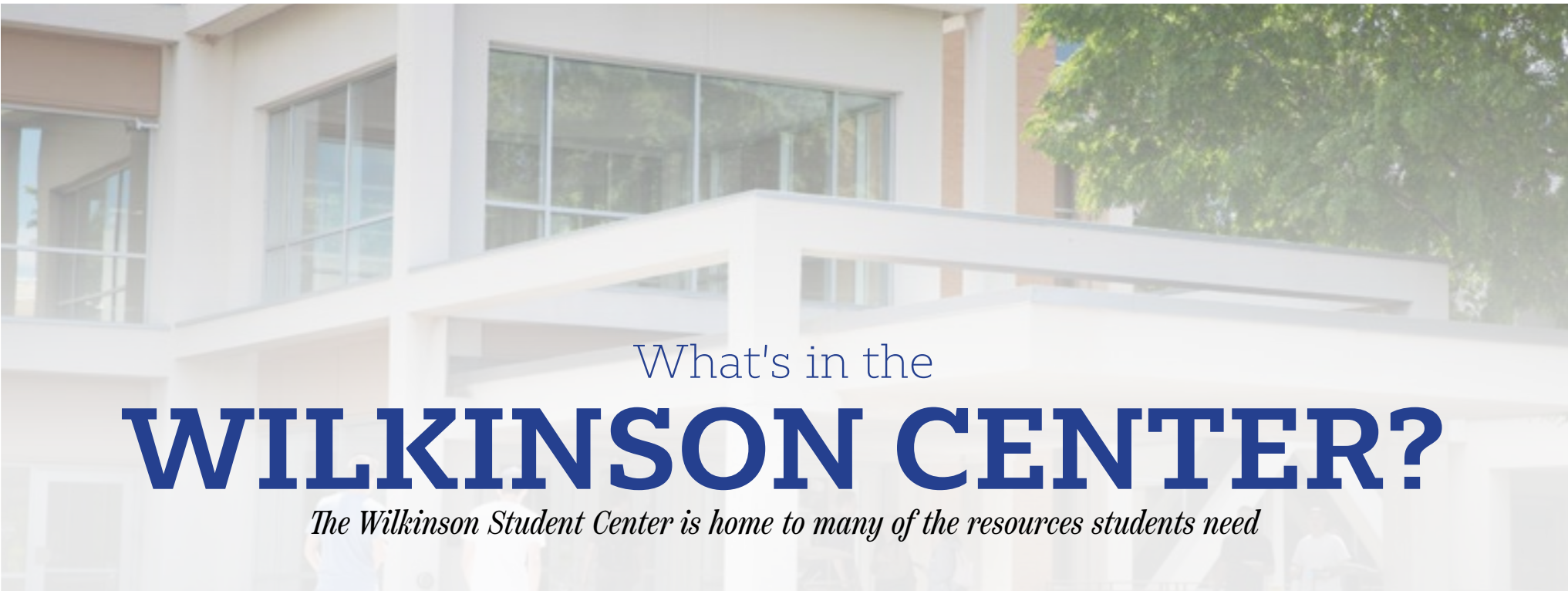


For more news, including audio and video, visit
universe.byu.edu




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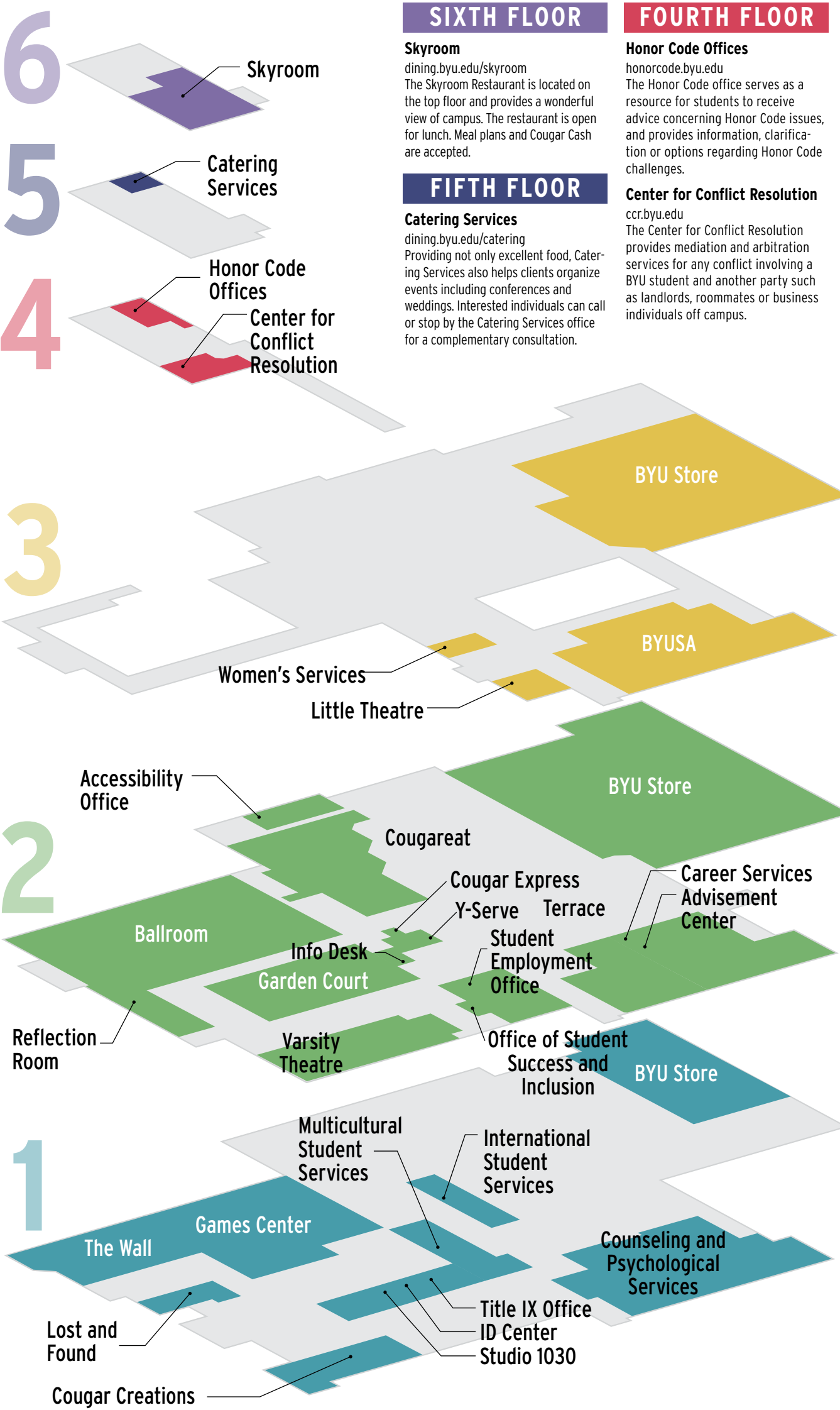
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What's in the WILKINSON CENTER?

The Wilkinson Student Center is home to many of the resources students need

Addie Blacker



SIXTH FLOOR

Skyroom
dining.byu.edu/skyroom
The Skyroom Restaurant is located on the top floor and provides a wonderful view of campus. The restaurant is open for lunch. Meal plans and Cougar Cash are accepted.

FIFTH FLOOR

Catering Services
dining.byu.edu/catering
Providing not only excellent food, Catering Services also helps clients organize events including conferences and weddings. Interested individuals can call or stop by the Catering Services office for a complementary consultation.

FOURTH FLOOR

Honor Code Offices
honorcode.byu.edu
The Honor Code office serves as a resource for students to receive advice concerning Honor Code issues, and provides information, clarification or options regarding Honor Code challenges.

Center for Conflict Resolution
ccr.byu.edu
The Center for Conflict Resolution provides mediation and arbitration services for any conflict involving a BYU student and another party such as landlords, roommates or business individuals off campus.

THIRD FLOOR

BYU Store
byustore.com
In the BYU Store, students can find all the materials they need for a successful college experience. Located on the third floor are textbooks, course materials, office supplies, tech products and the CougarTech repair shop. Apparel, books and BYU gear are found on the second floor, as well as the Sweet Stop candy store and Wells Fargo Bank. The first floor has LDS books and gifts, art and framing, and a Church Distribution Services Center. A U.S. Post Office is also located on the first floor.

BYUSA
byusa.byu.edu
Students can stop by the BYUSA offices to find out about the mission of BYUSA and for information on how they can start serving.

Women's Services & Resources
wsr.byu.edu
WSR holds events, campaigns and support groups on such issues as body image and body acceptance, healthy eating, sexual assault awareness, creating healthy relationships, depression, anxiety and perfectionism.

Little Theater

SECOND FLOOR

BYU Store
Cougareat
dining.byu.edu/cougareat
The Cougareat offers many restaurants where students can grab breakfast, lunch, dinner or a snack in between classes.

Accessibility Center
campuslife.byu.edu/uac
The University Accessibility Center helps students with disabilities achieve academic success at BYU by acting as a liaison with professors, offering specialized technologies and many other services. The UAC also offers service opportunities to students without disabilities.

Ballroom

Reflection Room
A reverent place for students to enjoy a few moments of contemplation and peace.

Varsity Theater
The Varsity Theater is a great place to catch both new and old films for about a dollar. Students can also watch devotionals and forums in the Varsity Theater. Visit the Wilkinson Student Center Information Desk or check the BYU Event Calendar to see what shows are playing.

Garden Court
Enclosed area for activities and events.

Y-Serve
yserve.byu.edu
The Center for Service and Learning offers 70 community service programs. Students can stop by the Y-Serve office to learn more about volunteer opportunities.

Information Desk
The Information Desk helps students or visitors who have questions or need assistance navigating campus and the Wilkinson Student Center. Students can also buy tickets for various BYUSA activities and check out board games.

Student Employment Office
byu.edu/hr/se
Employment Services helps connect students with on-campus employers by posting available jobs in both the Student Employment Office and online. Many employment opportunities are available.

Advisement Center
universityadvisement.byu.edu
The University Advisement Center

serves students in choosing or changing majors. All advisement is given through one-on-one sessions with a counselor.

Career Services
ucs.byu.edu
Here students can set up one-on-one appointments with mentors, get advice on how to improve their skills before applying or interviewing for a job, learn about different career options and find answers to any questions they may have about a certain industry or job.

Terrace
Overflow seating for the Cougareat and event location.

FIRST FLOOR

BYU Store
Counseling and Psychological Services
caps.byu.edu
At the Counseling and Psychological Services center, students can receive counseling services and mental health screenings.

International Student Services
international.byu.edu
International Services assists international students and exchange visitors in conforming to U.S. government regulations so these students can legally study and work at BYU and in adapting to a new country and culture.

ID Center
signaturecard.byu.edu/idcenter
In the ID center BYU students can obtain or replace their student ID card.

Games Center
Bowling.byu.edu
With bowling, arcade games and air hockey, the Games Center is a great place to hang out with friends or go on a date. BYU students receive one free game of bowling per semester.

The Wall
thewall.byu.edu
During the day, The Wall is a great place for students to hang out, study and eat. In the evening, bands, comedy groups, clubs, dances and theme nights are held.

Lost and Found
If students misplace something on campus, they should check the lost and found. Whether the missing item is a coat, keys or a cell phone, many lost items make their way here from other buildings.

Open Access Computer Lab
Studio 1030
studio1030.byu.edu
Students can visit Studio 1030 to freshen up their style and be pampered. Offering men's and women's haircuts and styling, makeup applications, manicures and more. It's convenient, affordable and right on campus. Appointments and walk-ins are welcome.

Cougar Creations
printandmail.byu.edu
The place to make copies, have projects coil bound, laminate keepsakes and print large and small posters.

Title IX
titleix.byu.edu
The Title IX office protects students from gender discrimination by holding safety and prevention trainings, educational events and resources for victims of dating violence, domestic violence, sexual assault or stalking.

Multicultural Student Services
multicultural.byu.edu
Multicultural Student Services aims to assist and develop the talents of all students of various backgrounds, including geographic, educational, cultural, ethnic and racial.



The Wilkinson Student Center Terrace.

Addie Blacker



A student bowls at the Games Center on the first floor.

Addie Blacker

The University Advisement Center

Getting to know your

BYU ID CARD

A *BYU ID* is more than just another form of identification, it's the key to making college life run smoother. Many of the services *BYU* provides can be accessed with the convenient swipe of a student ID card.

 GET CARDED

When you arrive on campus, you can get your ID at the ID Center, 1057 WSC (Wilkinson Student Center). It is open Monday through Friday, 8:30 a.m. to 5:30 p.m. and on Saturdays from 10 a.m. to 2 p.m.

 GRAB A MEAL

Dining Dollars allow you to purchase food on campus. Dining Dollars work in campus vending machines and at most *BYU* Dining Services locations. Cash is loaded onto your card at the beginning of the semester. Unlike Cougar Cash, Dining Dollars only works to purchase food items.

 SPEND COUGAR CASH

Cougar Cash is one of the most practical ways to make purchases at *BYU*. It's as simple as loading money onto your card or linking it to your bank account and using it in the more than 30 locations on campus. Cougar Cash can be

used for any item. No sales tax is charged at campus facilities when you use Cougar Cash. Visit cougarcash.byu.edu for details.

OPEN DOORS

This isn't just some sort of cheesy idiom, ID cards really can open physical doors. For example, Helaman Halls and Heritage Halls have alternative access doors that can be opened with the swipe of an authorized *BYU* ID card.

PRINT ON CAMPUS

Printers can be found in most buildings on campus, and Cougar Cash can be used to print just about whatever you want. See below for more information about printing on campus.

TAKE A TEST

Many classes, especially university core courses, will require students to take tests in the Testing Center. Your *BYU* ID will get you the test you

need and faithfully accompany you on your journey through every successful or not-so-successful test.

CHECK OUT BOOKS

You can use your *BYU* ID card as a library card at the Harold B. Lee Library. With millions of items including books, tech and films, there's bound to be something of interest.

TAKE A RIDE

Use your *BYU* ID card for free access to UTA/UVX transit. This includes Frontrunner, Trax and all bus routes, including the new Provo-Orem bus rapid transit line. For more information about UVX, see page 14.

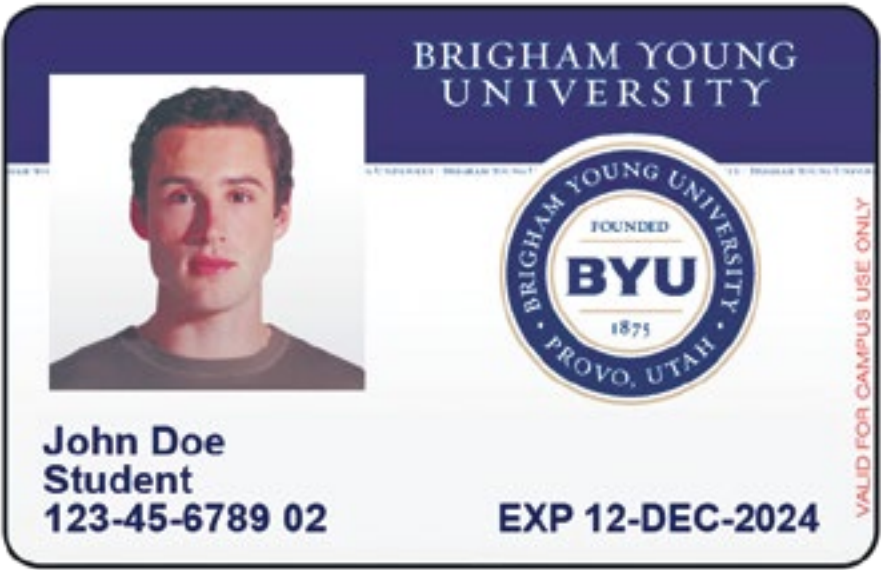
OTHER DEALS

Some vendors offer discounts to *BYU* students. The best way to qualify is to show your *BYU* ID. Here are a few places where student magic happens:

- **Adobe Creative Cloud:** Get a one year Adobe

Creative Cloud adobe.byu.edu for \$69.

- **Amazon Prime:** Free 6-month trial with ID, \$6.49 a month for students after the trial ends
- **ASOS:** Students get 10% off on regularly priced merchandise online
- **Banana Republic:** Receive 15% off regularly priced merchandise in-store only
- **Brick Oven:** Use student ID to join the College Loyalty Program and order pizza at half price
- **Express:** Get 15% off at checkout in-store and online
- **J. Crew:** Receive 15% off regularly priced merchandise in-store and online
- **Living Planet Aquarium:** Students receive 15% off admission
- **Skiing/Snowboarding:** Students can get discounts on annual passes at resorts including Sundance, Park City and Alta, and on multi-resort annual passes through Epic and Ikon
- **Spotify:** Get a Spotify Premium subscription, which includes additional subscriptions to Hulu and Showtime, for \$4.99 a month
- **Sprouts:** 15% off for students with ID on Thursdays



Expect the Unexpected

Not your typical Honors Program





Develop Interdisciplinary Skills • Make Unexpected Connections
Learn Leadership • Conduct Mentored Research • Get Involved

Become a part of the **BYU Honors Community!**

 102 MSRB

 honors@byu.edu

 honors.byu.edu

Understanding the Y app

By BEN DANIEL

BYU provides resources to manage challenges and to help students thrive during their college education.

What is the Y app?

One of the most central places to access many resources provided by BYU is through the Y App. Available for both Apple and Android, the Y App provides a mobile hub for most of BYU's online resources and for other tools that help make student life easier. It would be impossible to describe every tool provided through the Y App and what situations those tools would be useful in, but there are a few that are particularly helpful for new freshmen's first week.

My Classes

The My Classes feature has three main components. The first allows a student to see all classes they have scheduled for the current term. The classes can be displayed all at once or

toggled by day of the week. This feature also enables students to view their classes from previous terms and see past grades.

The second feature pulls the location of all of a student's classes on a map. While it cannot show students where the specific classrooms are located within each building, it allows a student to see which building each of their classes are located in and where their classes are in relation to each other.

The final My Classes feature makes it easy to see what class a student has coming up. This feature displays what a student's next class is, where it is located and how much time is left until that class. This feature does not take into account holidays or the occasional Monday/Friday instruction days.

My Book List

The My Book List feature connects to BYU's My Book List website where a student can see all of the books required or recommended by their professors for each of their classes. Books can be bought directly from the app or provide reference for



Pexels

The Y app has many features designed to improve student life at BYU.

where to find the books in the BYU Store. See the article about buying textbooks on page 21 to learn more about the best way to do so.

Dining Locations

The first week of school can get crazy and it can be hard

to make time to eat and even harder to know where to go when a student is unfamiliar with campus. The Dining Locations feature displays all dining locations on campus. The locations can be viewed in a list or on a map. When a restaurant is selected, its menu can be

viewed and each dish on the menu can be selected, displaying nutritional and allergen information.

Restrooms

Perhaps the only thing more important for a new student to know than where their

classes are located is where the restrooms are located. The Restrooms feature displays a map with all buildings on campus that have restrooms. Individual buildings can be selected and information is displayed with the room number of each restroom by floor.

Cougar Cash

This feature allows a student to see their Cougar Cash balance and add funds. It also allows students to report a lost card or sign up for Cougar Cash Direct.

Other features

These features of the Y App are likely to be some of the most helpful ones for the first week of school. However, there are many other tools in the app that are helpful in the daily activities and random needs of a student. Other notable Y App features include Campus Shuttles, Counseling Services, Job Openings, Learning Suite, Printers, SafeWalk and Testing Center. Download the Y App and explore it further to see all the resources available to students and staff.

HOW TO USE CAMPUS PRINTERS

INSTALL

Download and install the appropriate print driver for your computer. Visit print-drivers.byu.edu to view available drivers.

PRINT

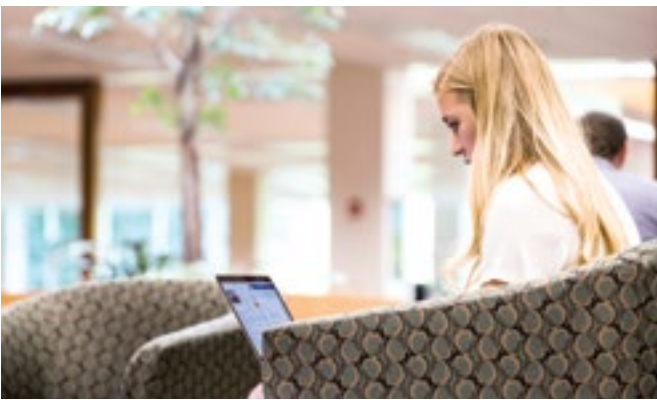
Choose the BYU Public B&W or BYU Public Color printer from the print dialog in your application.

SWIPE

Go to a printing station anywhere on campus and swipe your ID card, then follow the instructions. Your Cougar Cash account will be charged for each page printed.

For letter size paper:

B&W	7¢ single side/ both sides
Color	15¢ single side/ both sides



BYU Photo

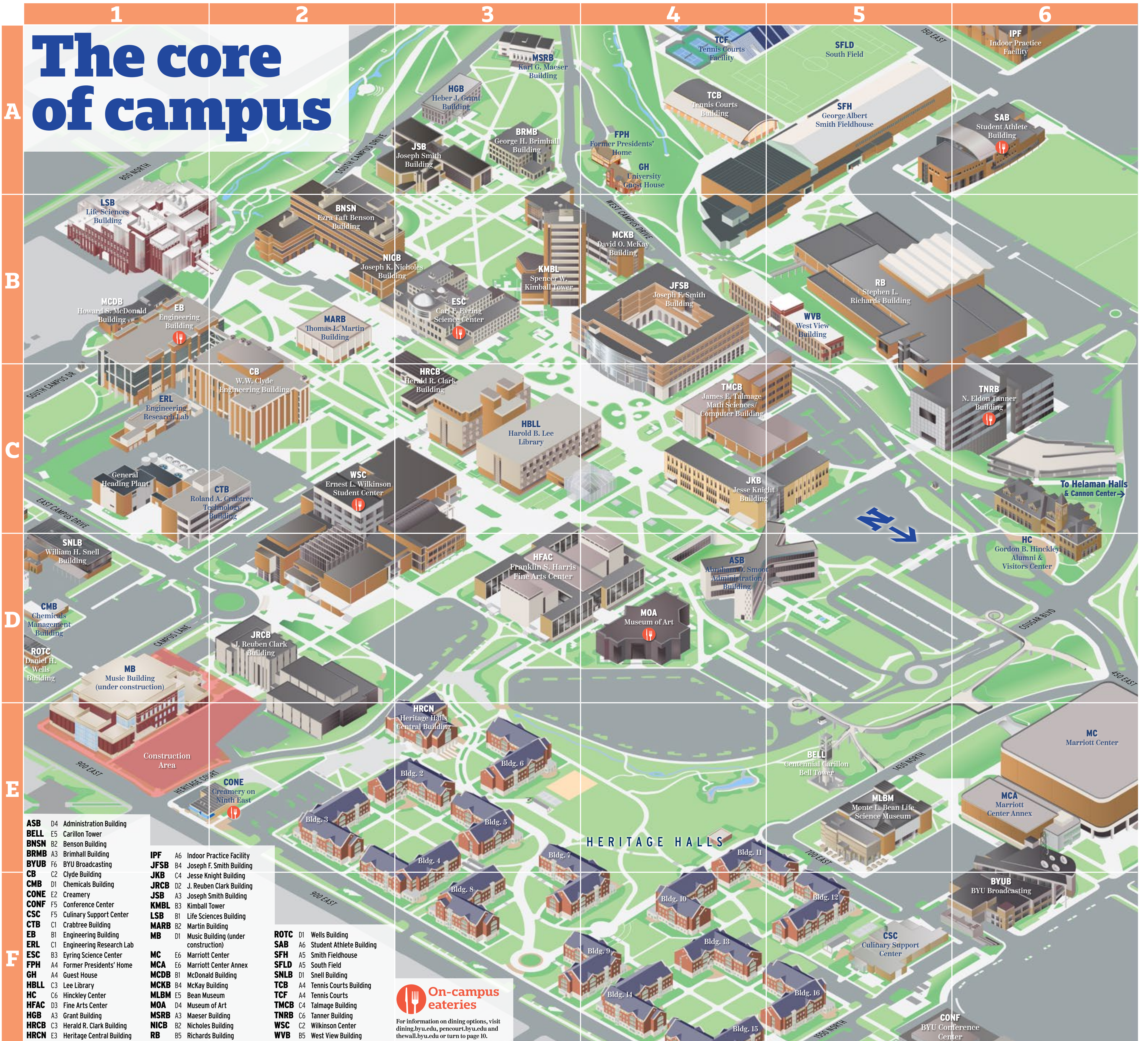
Students often use the black and white and color printers provided at the Harold B. Lee Library to print their work.

ATTENTION
ALL SINGLE
UNDERGRADUATE
STUDENTS

Students are required to live in either on-campus housing or BYU off-campus CONTRACTED housing.
Find out more at och.byu.edu

A reminder from the BYU Off-Campus Housing Office, C-141 ASB, och@byu.edu 801-422-1513

A photograph of a student wearing a large, brown and white cougar mascot costume. The student is smiling and looking towards the camera. They are wearing a white t-shirt with "WCC" and "BRIGHAM" visible. The background shows a crowd of people at what appears to be a sporting event.



The BYU campus has over 45 locations with vending machines. In addition to those quick shots of bagels, juice, soda, sandwiches and frozen treats, there are multiple eateries across campus.

Located in the Tanner Building, Blue Line reflects the food of New York with a variety of soups, salads, hot sandwiches and snacks.

The Commons is the dining hall mainly used by residents of Helaman Halls, but it is open to anyone. Six serving stations (Euro, Expo, Fusion, Granary, Grill and Salad) provide a variety of options for breakfast, lunch and dinner.

The Cougareat is the campus food court, located in the Wilkinson Student Center. Here you can find paninis, soups and desserts at the Cougar Cafe, Hawaiian cuisine at Aloha Plate and vegetarian and vegan options at Choices. The Cougareat also includes popular chain restaurants Chick-fil-A, Papa John's, Subway, Taco Bell and Wendy's and convenience store Cougar Express.

Here you can buy groceries as well as BYU's famous ice cream, cheeses and other dairy products. There are six locations including the Creamery on Ninth East, which also serves burgers, fries and other grilled items. Other Creamery locations are at Helaman Halls and Wyview, the Outlet at the Culinary Support Center, Takeaway on Canyon Road and Express locations at four buildings across campus.

Order food ranging from BYU brownies to Creamery ice cream along with bulk items like cereal for family reunions, large meetings and events or even food storage.

This cafe on the ground floor of the Engineering Building offers hot breakfast items, burgers, paninis, tater tots, salads, soups, gelato and more.

The locations in the Wilkinson Center and the Student Athlete Building offer healthy smoothies, oatmeal and snacks.

Enjoy a BYU game from the Student Athlete Building while eating soup, salad and dessert

Hang out, study and eat during the day. Listen to bands, comedy groups and karaoke at night. The Wall offers a variety of burgers, sandwiches, sides and Italian sodas. The Wall is adjacent to the games center bowling alley in the Wilkinson Center.



BYU Dining Services

The Daily Universe Newsletter



employees

By Sydnee Gonzalez

BYU recently announced a new policy barring employees, including those who work remotely, from working outside of Utah.





*BYU news,
sports, features
and more in your
inbox each day.*

[illegible]

The BYU Testing Center is a campus landmark. It is the largest college testing facility in the United States, seating just over 400 students in the main room.

Many classroom tests are administered in the Testing Center instead of during class time to allow professors more time to teach and give students more flexibility in taking tests. Tests administered in the Testing Center are generally offered for three days and a final "late" day when there is a fee assessed to take the test.

Taking a test in the Testing Center is a relatively simple process.

-  Students generally study for their exams before walking through the Testing Center doors, but some review their notes and materials on the first floor in the lobby area.
-  When students are ready to take their tests, they climb the stairs to the second floor of the building.
-  After reaching the second floor, students stand in lines for their tests. While in line, students should take out pencils, their BYU ID and scratch paper if they need it. They should also turn off any unapproved electronic devices, including cell phones. If you are curious how long the lines are before heading to the testing center, you can check the Testing Center cameras on the BYU app.
-  Students then present their ID cards to a Testing Center employee and state which test they want to take.

A Testing Center employee will retrieve a copy of the test and stamp scratch paper (if allowed) for the student. The student will be informed of the conditions of the test (for example, no calculator, foreign language dictionary allowed, late fee, etc.).

- 5** Students will then be directed to the far counter to retrieve bubble sheets, cover sheets and free response pages, if applicable.
- 6** Once students have all of their materials, they may enter the testing area, choose a desk, place their testing materials on their desk and put all other belongings, including coats and backpacks, underneath the chairs to keep the aisle clear.

Students may also sit in the Testing Center music room on the third floor. Students access this room by entering the east door of the testing area and ascending the stairs. The music room seats about 50 students. Instrumental music plays continuously.
- 7** Students may leave to use the restroom while taking a test. To do this, they need to turn in their tests and cell phones to the answer sheet distribution desk.
- 8** When students finish their tests, they should collect all of their belongings and return their testing materials to the proctors in the room adjacent to the distribution room.
- 9** Students may view scores for their multiple-choice tests after completion with the BYU app or at testingcenter.byu.edu.

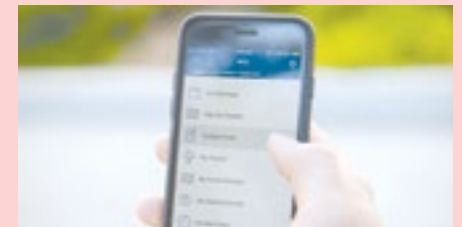


Photo illustration by Addie Blacker



Missionary Package \$495

For just \$495 you get:
 1 two-pant suit
 1 pair Ecco or J&M shoes
 4 wrinkle free white shirts
 4 washable ties

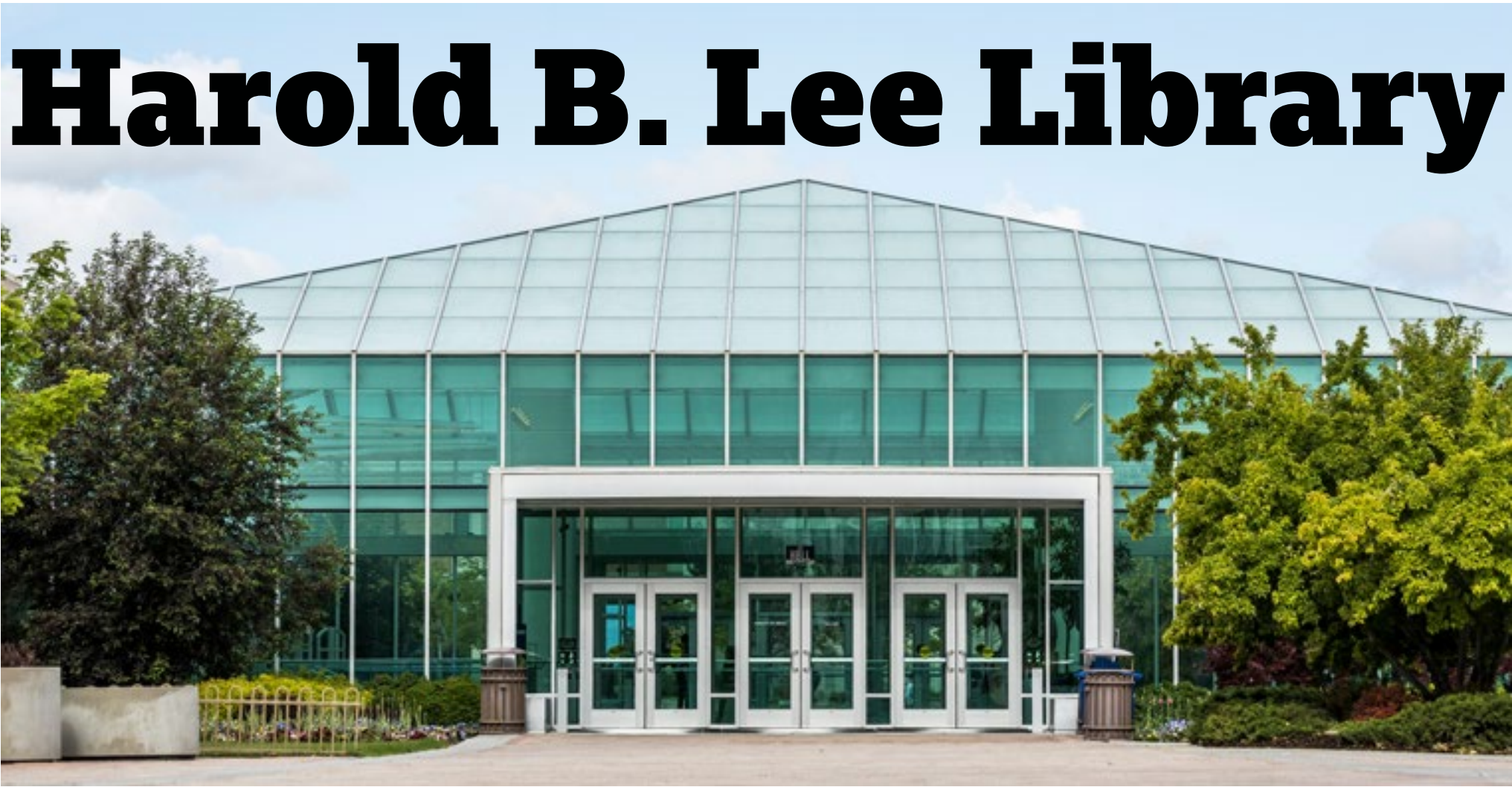
Orem
University Mall
575 E. Univ. Pkwy.
801-224-4520
Mon-Sat 10am-9pm
Closed Sunday

American Fork
62 North 600 West
801-492-9400
(Next to Olive Garden)
Mon-Sat 10 am-7pm
Closed Sunday



MR.
MAC

an Fork
600 West
2-9400
ing, G. L.)



Nate Edwards/BYU Photo

The glass atrium, located on the north side of the Harold B. Lee Library, was added during the 1996-2000 remodel along with floor expansions that added 235,000 square feet of space.

BYU's library began with a small collection of books in President Karl G. Maeser's office. The collection steadily grew, moving from building to building until 1925 when it was given its own home in the Heber J. Grant Building. While this space seemed more than adequate for a university library, by 1950 the library

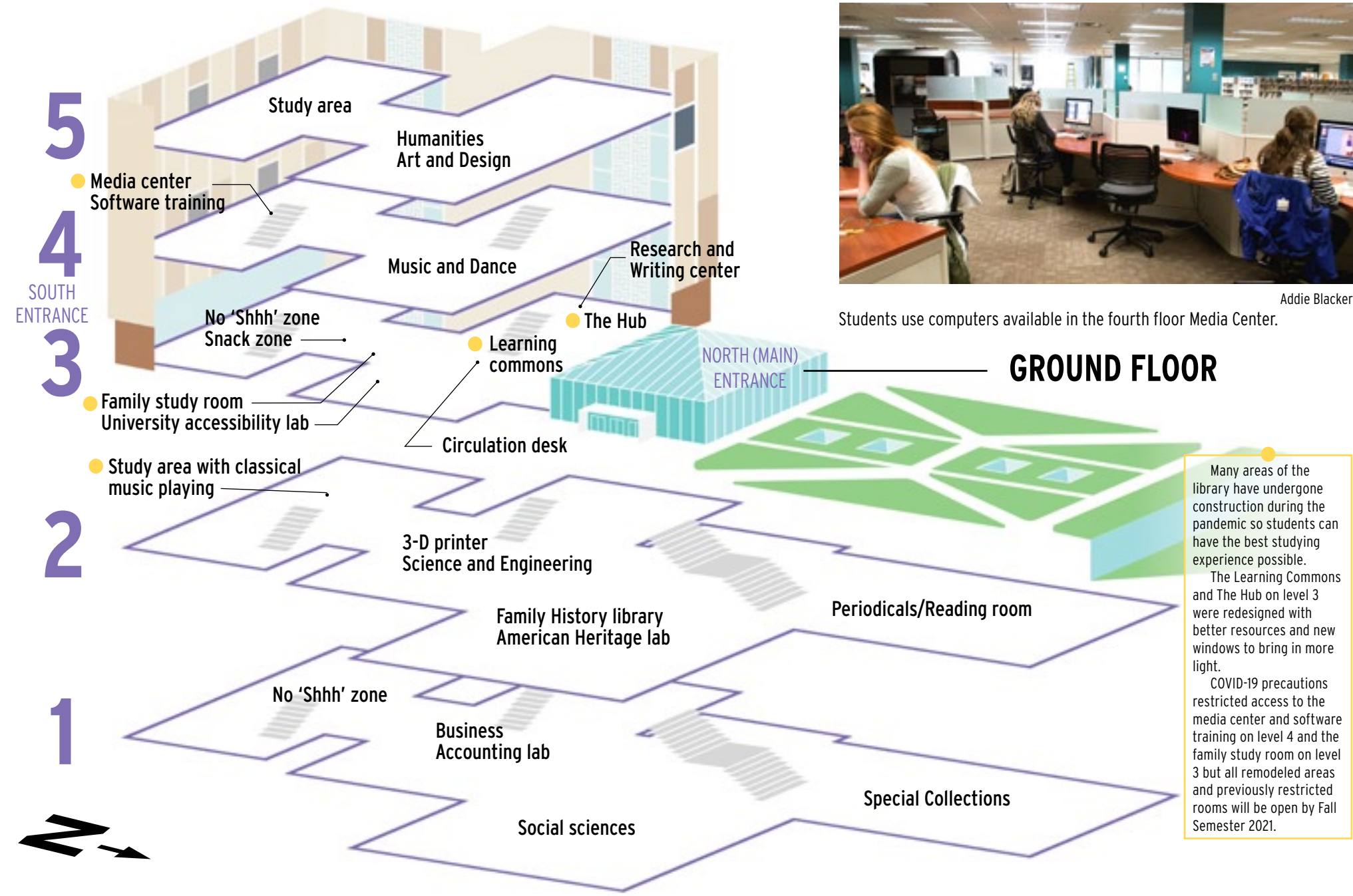
was full and books had to be stored in other buildings. During this time, library staff made daily storage runs to retrieve books for use or to return them to storage. To remedy the situation a new 200,000 square foot building was constructed in 1961 across from the recently built Abraham Smoot Building. Originally called the J. Reuben Clark Library, the name was

changed in 1974 to the Harold B. Lee Library. The change was a tribute to the 11th president of The Church of Jesus Christ of Latter-day Saints who had passed away suddenly on Dec. 26, 1973. The change also avoided confusion with the recently created J. Reuben Clark Law School. The library underwent multiple changes following its original construction, with a 1974-1976

addition providing 215,000 square feet of extra space to the south, and a 1996-2000 expansion giving 235,000 square feet, primarily underground, below the central quad. The library currently has miles of shelving storing more than 4 million books, and has a total square footage of 665,000. "Of all the wonderful buildings we have on this campus, none, I believe,

is as important as the library," said President Gordon B. Hinckley, 15th president of The Church of Jesus Christ of Latter-day Saints at the 2000 rededication. **Orientation** The third floor is the ground floor of the library. There are three entrances: one on the south side of the building and two on the north

side of the building through the glass atrium visible in Brigham Square. The glass atrium houses stairs connecting the first and second floors and starts the main hall of the library. The circulation desk is located directly south of the main hall from the atrium along with the freshmen Hub, the Learning Commons and the No Shhh Zone. Each floor also has help desks to assist users.



Tyler Richardson/BYU Photo

The periodicals section is a popular study space for students.

COLLECTIONS

General collections

The library has many collections organized by area of study, such as humanities, science and engineering, religion, social science and more. Better understand the world by exploring the maps library, conduct personal genealogy research in the family history library, or practice on a MIDI keyboard in the music and dance library.

Special Collections

The most exclusive and rare items the university has are stored and made available here. In Special Collections, patrons can request some of the oldest items the library has, including diaries of church leaders, original letters, historical books and even Greek cuneiform tablets. Patrons need help to get and view these items, but there are employees ready to assist.

Rotating exhibits

The library houses several temporary exhibits at once. These museum-like exhibits are most often explorations of the arts, literature, history, and world culture. There is also a variety

of artwork such as paintings, sculptures and photography throughout the entire library.

STUDY AREAS

Family study room

This is a family-friendly area where students with small children can study while their children play. Toys, a fort, activity tables and story books are available, as well as an enclosed play space specifically designed for younger children.

Learning Commons

The nexus of the library. This area is a great place to study with friends and collaborate with a group since it is a "No 'Shhh' Zone" where patrons don't need to be quiet. This is also the only part of the library where students are allowed to eat. The Learning Commons has printers, vending machines, an open computer lab and plenty of study space. The Hub (see page 11) is located on the west side of the Learning Commons near the Research & Writing Center.

Periodicals/Reading room

This is a favorite study area for

students. Patrons can quietly read or study at one of dozens of tables or in a chair next to the large north window at the back. It is also a great place to look for primary resources with magazines and newspapers dating back to the 1800s. There is a large collection of fiction and periodicals about anything for leisure reading with a faux fireplace to read by.

Study rooms

Reserve a study room on any of the five floors at groupstudy.lib.byu.edu. Rooms are available in different sizes, and many come equipped with projectors. Students can also check out dry-erase markers from a help desk and use the whiteboards as a brainstorm space, connect a computer to the TV monitor, or just enjoy the peace and quiet away from distractions.

RESOURCES

Accessibility office

The accessibility office assists patrons with disabilities to gain access to library services.

American Heritage lab

Get one-on-one help with class

material and answers to questions in this designated American Heritage lab.

Media center

Anything audio visual is available to patrons here. Students can use Apple computers with Adobe Creative Cloud, take software training classes and check out all kinds of equipment for free. The lab has GoPro cameras, handheld HD cameras, Nikon and Canon DSLRs, lighting equipment, tripods and more, all available for three-day checkout. The Media Center also has viewing rooms and a recording booth which can be reserved online.

Research and Writing Center

Learning how to research and write at the college level can be a challenge for some students. There is one-on-one help available for every step along the way. No appointment necessary.

3D printer

Students can watch a 3D printer in action at the science and maps desk on the second floor. Anyone can use the printer, and students can learn more about 3D printing by signing up for free classes.

BYU offers technology solutions for success

By MATTHEW BENNETT

As technology is increasingly becoming an important part of education, BYU offers a variety of technology tools and services to help students succeed during their time on campus.

BYU Store's CougarTech

CougarTech, located in the northeast corner of the third floor of the BYU Store in the Ernest L. Wilkinson Center, is a place where students can go for many of their technology needs. New computers and tablets are available for purchase, along with earbuds, cables, and other accessories. CougarTech also services and repairs damaged devices.

Joe Allred, CougarTech's Department Manager, said students often underestimate the value offered to them by CougarTech.

"People don't realize how good the deals are, especially for computers," he said.

CougarTech is an authorized Apple campus store with a range of products and services.

"We have the full line of iPads, watches and accessories available from Apple," he said. "We think that on Apple products overall, we're number one. We provide the best pricing overall, for students, faculty, and staff. You probably won't find it for cheaper online."

CougarTech also services Apple products.

"We offer full service and support for all Apple devices, including phones, in and out of warranty," Allred said. "Our salespeople are students, but they have training from Apple's office, and all our repair technicians are Apple-certified."

However, CougarTech is not just a place to buy and service Apple products.

"A common misconception is that we don't sell PCs," said



Universe Archive

Using technology is essential for most BYU students. BYU has services to help students use technology to their advantage.

Michelle Monk, CougarTech's Category Manager. "We do, and we service them too."

Allred said that CougarTech offers Microsoft Surface products and that Dell computers are also available for great prices.

On top of these exclusive academic rates and rebates, Allred said students can also purchase one computer and one tablet per year without paying sales tax. Together, these opportunities amount to serious savings for students.

Allred also explained that students who do not know what device to purchase can talk to CougarTech's salespeople for help.

"Most of our employees

are students, so they're familiar with computing requirements at BYU," he said. "Animation majors need different computers than accounting majors, who might need different computers than physical science majors."

Allred said CougarTech, unlike other stores, does not incentivize employees to push customers to spend more money than they might need to.

"We know parents and students have limited resources," he said. "We're here to help them get the right computer for their needs, not just any computer for their needs."

If students need to finance

their computers, Allred said they can – at 0% interest for 12 months.

"We also do trade-ins for gently used technology," he added.

Students who have questions about CougarTech are welcome to visit in person. They can also sign up for the BYU Store newsletter at byustore.com, or call the BYU Store at 1-800-253-2578.

Free and discounted software

Students have free access to Microsoft Office for as long as they are BYU students. This includes Microsoft Word, Excel, PowerPoint, Outlook and OneNote along with several other programs.

Windows and Mac OS X versions are both available.

To access Office, students log in to office.byu.edu with their Net ID and password. Click the "Install Office" button on the top right of the screen, and then "Office 365 apps." At that point, simply follow the on-screen instructions.

In addition to Office 365, Students also may purchase a year-long license to use Adobe Creative Cloud for \$69 at adobe.byu.edu. This software suite includes more than 20 applications, including Adobe Photoshop, Illustrator, InDesign, Acrobat, AfterEffects and Premiere. Typical student pricing is \$239.88. Normally, yearlong access to the Adobe Creative Cloud costs \$599.88.

Software training

Students, faculty and staff may take free software training classes through the Harold B. Lee Library. Classes may span topics such as graphic design, photography, Adobe Creative Cloud, Microsoft Office, website building and more.

While these classes don't count for university credit, they can help students learn to navigate various programs in an increasingly technological world. For a list of upcoming classes, students can visit lib.byu.edu/services/software-training.

Online storage and personal domain name

In addition to these services, BYU also offers free, unlimited online storage from box.com for students, faculty, and staff – as long as they are students, faculty or staff. BYU Box is available at box.byu.edu. Once there, students can access their storage with their Net ID.

Box also offers collaboration and in-browser editing tools which are compatible with Microsoft Office 365 and Google Docs.

These aren't the only

services BYU offers. Want to set up a blog? Need a place to store a portfolio? Want to craft a stately, professional online resume? BYU allows each student a free domain name they can use to host their website. To explore options for a domain name and websites, visit domains.byu.edu and log in with a Net ID and password.

Rent computers or buy surplus

For some students, it might make sense to rent a computer for a short period of time rather than buying one. BYU offers used, refurbished laptops and desktop computers for students to rent. Windows and Mac OS devices are available. Typically, pricing varies depending on the device, and they are distributed on a first-come, first-serve basis.

These devices are rented from BYU IT Surplus, located in room 104 of the Ellsworth Building. The Ellsworth is located just north of Wyview Park apartments on the northwest corner of 2230 North and University Avenue, at 76 West 2230 North.

In addition to offering rental computers, BYU sells surplus electronics. These may include desktops, laptops, monitors, and other computer accessories or assorted devices. Inventory varies. Available items can be viewed on the IT Surplus website.

Students with questions about buying or renting surplus computers can call 801-422-9355.

BYU IT Support

Need to reset your Net ID password? Learning Suite not working properly? Need help with an internet outage? BYU IT Support can help.

To talk with BYU IT Support, call 801-422-4000 or live chat at support.byu.edu/it. Students can also email questions or report problems to it@byu.edu.



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- Explore using the Transit App at transitapp.com
- 1-888-RIDE-UTA (743-3882)

Then, simply tap your BYU ID as you board and exit the UTA system.



- See UVX schedule for evening and weekend frequency.
- Pass valid on all UTA buses, FrontRunner and TRAX. Excludes ski bus, PC-SLC Connect and Paratransit service.

1-888-743-3882 (RIDE-UTA) rideuta.com @rideuta



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First Black faculty member in 14 years to give devotional

universe.byu.edu



BYU Singers/YouTube

Complying with COVID-19 restrictions, the 40-member BYU Singers created a video of Daniel Carter’s “Shine for Me Again, Star of Bethlehem.” The group participated virtually in the International Youth Choir Festival “Aegis Carminis.” Singers took first place in the category of older choirs up to age 27. The choir also won the Grand Prix of the competition. BYU Singers was the only U.S.-based choir invited to participate.

Auditioning at BYU

BYU offers a variety of performing arts groups for students to explore and share their talents, including dance and music ensembles. Due to the prestige of these groups, auditions are required. The different BYU ensembles students can audition for are listed below, along with website links that will direct students to more information regarding each of the groups and their audition specifics.

If students feel they do not have enough time to audition, or if the process of auditioning feels too stressful, BYU offers several non-auditioning groups: university orchestras, bands and University Chorale.

BYU Performing Arts Ensembles

Dance	Music
dance.byu.edu/auditions Ballet Ballroom Contemporary <ul style="list-style-type: none">DancensembleKinnectContemporary Dance Theatre World <ul style="list-style-type: none">International EnsemblesInternational Folk Dance EnsemblesTraditionz	Choirs - byuchoirs.com/auditions <ul style="list-style-type: none">Men's ChorusWomen's ChorusConcert ChoirBYU Singers Orchestras - music.byu.edu/orchestra/orchestral-auditions <ul style="list-style-type: none">ChamberPhilharmonicSymphony Bands - bands.byu.edu/apply-auditions <ul style="list-style-type: none">Wind Symphony
Music Dance Theatre	Other
Young Ambassadors - youngambassadors.byu.edu/auditions	<ul style="list-style-type: none">Vocal Point - byuvocalpoint.comNoteworthy - pam.byu.edu/group/noteworthy



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outdoors.byu.edu • 2201 N Canyon Rd



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*Famous Dave's Quick 'Que Provo location only. Students must present a valid school ID to receive 20% off.
Valid for in-store purchases only. Limited time offer. Ask management for details. Management reserves all rights.

How other students chose their majors

Choosing a major can feel like one of the most stressful decisions to make once heading to college but many students have found ways to overcome the challenge.

“I really wanted to study American history, but I didn’t want to be a history major. I looked through the course catalog and I found this and it was a better fit for me. It was all the classes I wanted to take, and it was just a good fit.”

Bridget Swanson, American studies



“I always had an interest in animation, and it’s part of the reason why I came to BYU in the first place, was for the program.”

Ethan Jacobson, pre-animation



“I picked my major because I love biology and being out in nature. It felt like a good fit for me.”

Cammie Garner, biodiversity and conservation



“I grew up playing sports. I love to be active because it makes me feel good. It helps with my anxiety and depression, but I want to help younger girls in middle school and high school feel confident in themselves.”

Morgan Johnson, exercise and wellness

“I was going to major in communications and minor in editing. I took some editing classes and thought I was going to hate editing, but I loved it. The next semester they opened the major and I switched.”

Colton Anderson, editing and publishing



“I chose what was most interesting to me and what I thought would be a good career in the future.”

Brendan Tanner, pre-management and Russian

“I picked my major because I couldn’t stop practicing. I love music, and I love how it connects people in a powerful way. It affected me, and I want to help people have that same experience in their lives.”

Hyrum Arnesen, piano performance

“I love caring for people, and I knew it was perfect for me.”

Claire Christianson, pre-nursing



“I want to go to physician’s assistant school and I was between exercise science and biology. I chose exercise science because it fit more of the prerequisites for PA school. I don’t know if I’m passionate about exercise science, but I am about going to PA school.”

Nicole Kasper, exercise science



“I took Econ 110 and I really liked it. I was a bio major my freshman year, but after taking a business class I realized I was a business and math guy instead of hard sciences.”

Michael Graff, economics



“It’s something I’m good at. I wasn’t always a theater major, but in my heart I was, so it was just coming to this point in my life.”

Daniel Mesta, theater and media arts studies

“I prayed about it, and I received an answer that this is what I was meant to do.”

Iris Lao, communication disorders

Photos by (clockwise from top left) Mark A. Philbrick/BYU Photo, Tyler Smith/BYU Photo, BYU Photo, Gabe Richardson, Ty Mullen, Sydnee Gonzalez, Regan Crandall

Working with a peer mentor

By KAITLYN BANCROFT

Ellie Clements was struggling at the end of her freshman year with decision-making and planning for the future. Then her peer mentor stepped in.

“(She) gave me confidence,” Clements, an English teaching major, said.

This experience is what led Clements to also become a peer mentor, a role that helps students transition into university life by connecting them with an upperclassman who can answer questions, point out resources and talk about their BYU experiences, according to the Office of First-Year Experience website.

Dan Chandler, assistant director with the Office of First-Year Experience, said peer mentors are provided because everybody can benefit from having an upperclassman who can walk them through issues like classes, jobs and difficult roommates.

Chandler said outside of peer mentors, students can find mentors by reaching out to people who are where they would like to be. For example, they could reach out to a lawyer if that’s a career they’d like to pursue.

However, when seeking mentoring, Chandler said the biggest problem people have “is that they think they’re seeking out mentors



Lexie Bennett

Freshman peer mentor Kellie Hender speaks with her freshman mentee. Peer mentors help students succeed at BYU.

but then they ask questions that are very geared toward a teacher or an adviser.”

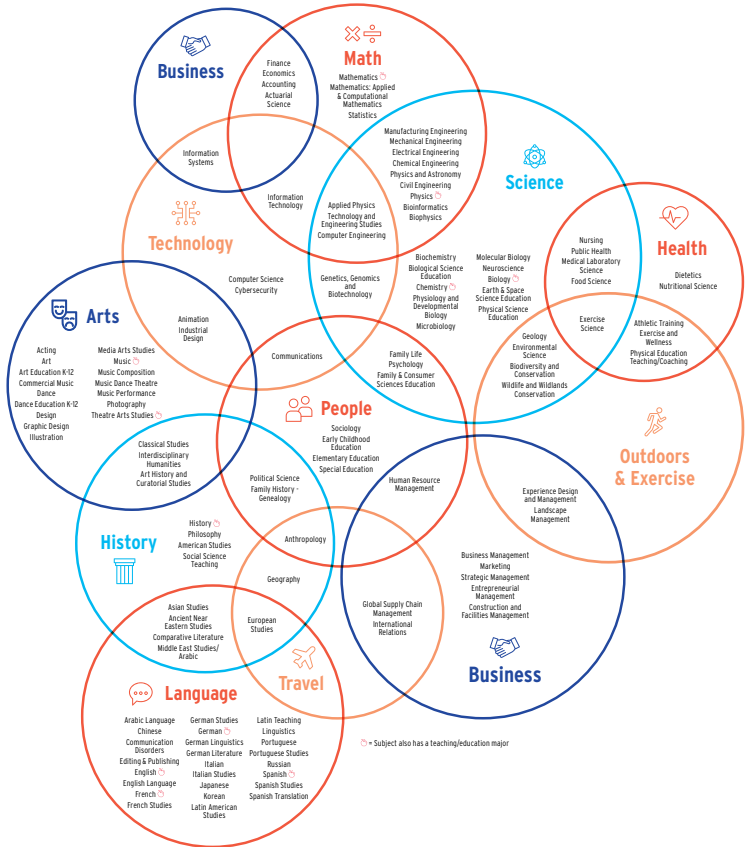
He added people in capacities like teachers and advisers may also provide mentoring through their roles, but mentoring in any context is specifically about helping individuals make informed decisions through a

reflective process.

Peer mentor Falyn Crawford, a history major, said she chose to be a peer mentor because each BYU student is special and deserves to know it.

“Peer mentors are here to help our students reach their potential, and sometimes that begins with a friendly face,” she said.

Finding a major



Students may arrive at BYU with an idea of what their major will be. Others will be confused at the buffet of majors offered by the university. See page 4 for the full-size chart of all BYU majors how they relate to broad areas of interest.

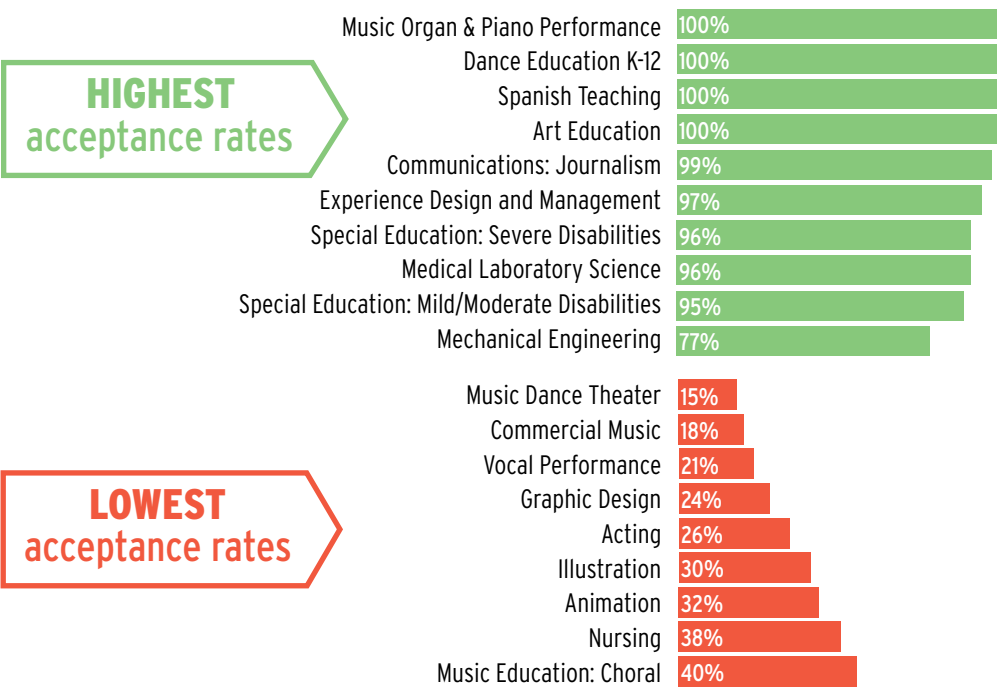
Entering a major

Most of the majors at BYU are “open enrollment.” This means that once a student declares their major, they can start taking major classes. The remaining majors are limited enrollment programs, meaning students need to apply and be accepted before beginning the program. For more details on how to apply to a specific major, talk to an advisement center.

OPEN enrollment majors

Actuarial Science · American Studies · Ancient Near Eastern Studies (Greek New Testament, Hebrew Bible) · Anthropology (Archaeology, Sociocultural) · Applied Physics · Arabic Language · Art History and Curatorial Studies · Asian Studies (China Studies, Japan Studies, Korea Studies) · Athletic Training · Biochemistry · Biodiversity and Conservation · Bioinformatics · Biological Science Education · Biology · Biophysics · Chemical Engineering · Chemistry · Chemistry Education · Chinese · Civil Engineering · Classical Studies (Classical Civilization, Classics, Greek, Latin) · Comparative Literature · Computer Engineering · Computer Science (Bioinformatics) · Construction and Facilities Management (Construction Management, Facilities Management) · Dance · Early Childhood Education · Earth and Space Science Education · Economics · Electrical Engineering · Elementary Education · English · English Language · English Teaching · Environmental Science · European Studies · Exercise and Wellness · Exercise Science · Family and Consumer Sciences Education · Family History · Family Life (Family Studies, Human Development) · Food Science · French · French Studies · French Teaching · General Studies (American Studies, English, Family Life, History, Management, Psychology) · Genetics, Genomics & Biotechnology · Geography (Environmental Studies, Geospatial Intelligence, Geospatial Science and Technology, Global Studies, Tourism Studies, Urban and Regional Planning) · Geology · German Linguistics · German Literature/Film/Culture · German Studies · German Teaching · History · History Teaching · Information Technology · Interdisciplinary Humanities · International Relations · Italian · Italian Studies · Japanese · Korean · Landscape Management · Latin American Studies · Latin Teaching · Linguistics · Manufacturing Engineering Technology · Mathematics (Applied and Computational, Mathematics) · Mathematics Education · Microbiology · Middle East Studies/Arabic · Molecular Biology · Neuroscience · Nutritional Science · Philosophy · Physical Education Teaching/Coaching (K-12) · Physics · Physics Astronomy · Physics Teaching · Physiology and Developmental Biology · Political Science · Portuguese · Portuguese Studies · Psychology · Public Health (Environmental/Occupational Health, Epidemiology, Health Promotion, Health Science) · Russian · Sociology · Spanish · Spanish Studies · Statistics (Applied Statistics and Analytics, Biostatistics, Statistical Science) · Teaching Physical Science · Teaching Social Science · Technology and Engineering Studies (Teaching, Technical) · Theatre Arts Studies · Theatre Arts Education: K-12 · Wildlife and Wildlands Conservation

LIMITED enrollment ACCEPTANCE RATES



LIMITED enrollment APPLICATION	Audition	Essay	Exam	GPA	Interview	Letter	Portfolio	Volunteer	Accepted (%)
Accounting									82
Acting									26
Animation									32
Art BFA									75
Art BA									100
Art Education K-12									100
Business Management									82
Commercial Music									18
Communication Disorders									93
Communications Journalism									99
Communications Public Relations									80
Communications Advertising									66
Communications Studies									*
Computer Science Animation									52
Dance									100
Dance Education K-12									100
Design									27
Dietetics									88
Entrepreneurial Management									46
Experience Design and Management									97
Finance									76
Global Supply Chain Management									53
Graphic Design									24
Human Resource Management									38
Illustration									30
Industrial Design									67
Information Systems									76
Marketing									41
Mechanical Engineering									77
Media Arts Studies									60
Medical Laboratory Science									96
Music									45
Music Composition									38
Music Dance Theatre									15
Music Education K-12 Choral									40
Music Education K-12 Instrumental									33
Music Education K-12 General Music									45
Music Performance Combined Piano/Organ									*
Music Performance Percussion									67
Music Performance Organ									57
Music Performance Woodwind									64
Music Performance String									41
Music Performance Brass									68
Music Performance Piano									41
Music Performance Vocal									21
Nursing									38
Photography									64
Spanish Teaching									100
Spanish Translation									60
Special Education Mild/Moderate Disabilities									95
Special Education Severe Disabilities									96
Strategic Management									42

* No current admission data available.

Application requirements

Typical requirements for limited enrollment programs include

Audition
Students perform to show their skills and abilities in a certain talent

Essay
Majors may require students to write an essay along with the application

Exam
Applicants take an exam based on prerequisite class material before turning in an application to the major

GPA
Programs take a student's grade point average into consideration for acceptance into the program. Many programs have a minimum GPA requirement for applicants.

Interview
Some majors conduct interviews to determine if the applicant is a good fit for the program

Letter
Majors may require students to write a letter of intent before acceptance.

Portfolio
Students are required to create a portfolio of work samples to turn in with their application. A portfolio showcases a student's best work.

Volunteer
Some majors require a certain number of volunteer hours before acceptance.

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A hub in the center of campus just for freshmen

By SARAH JAMES AND HANNAH GLADWELL

The Hub is a sanctuary in the library where first-year students can relax between classes, hold study groups, talk to their mentors and work on projects.

According to Dan Chandler, assistant director of first-year experience, the Hub caters to first-year students — complete with group tables, couches and more.

“We hope to see it as the place where first-year students go when they want to connect with other students, relax during a hard day, or just don’t want to go home,” Chandler said. “A sort of home away from home.”

The Hub also serves as the area where first-year students can go to talk to their mentors.

“The mentors each have Hub hours, and there are mentors scheduled in the Hub from 9 a.m. to 5 p.m. weekdays to always answer any questions students might have,” Chandler said.

Elizabeth Blomquist, a former freshman mentor, feels the Hub is a special space for freshmen.

“The Hub space is dedicated to and reserved for the freshmen for whatever refuge they may seek — whether it be space to hold a study group, to chill with friends or to sleep,” she said.

Not only is the Hub a comfortable place for students to relax, but there are also resources to help students know what is going on around campus.

“My favorite part of the Hub is the calendar they update every two weeks that includes information on the BYU calendar, and also unknown things, as well as activities that are relevant and for freshmen only,” Blomquist said.

The Hub is also one of the few places in the Harold B. Lee Library where students can laugh and talk freely.

“We do it all the time! No



Jaren Wilkey/BYU Photo

The Hub serves as a place where freshmen can study together and meet with their mentors.

need to feel obligated to keep your Hub activities to academics,” Blomquist said. “It is a space for you to feel comfortable in.”

Natalie Haines used the Hub to host several study groups her first year of college, and even now she finds herself sneaking in to work on group projects on occasion.

“If I were a freshman, I would definitely still be taking advantage of the Hub,” Haines said.

The Hub is currently under construction to meet growing freshman needs.

“Due to the over 21,000 student meetings that happened in the Hub and our increased number of mentors to accommodate the increased freshman class size with the expanded enrollment initiative of the university, the library was gracious enough to allow us to expand our footprint in the Hub,” Chandler said.

Chandler noted a few of the major changes to the Hub include the construction of five staff office spaces and more dedicated space for mentor meetings and other first-year activities.

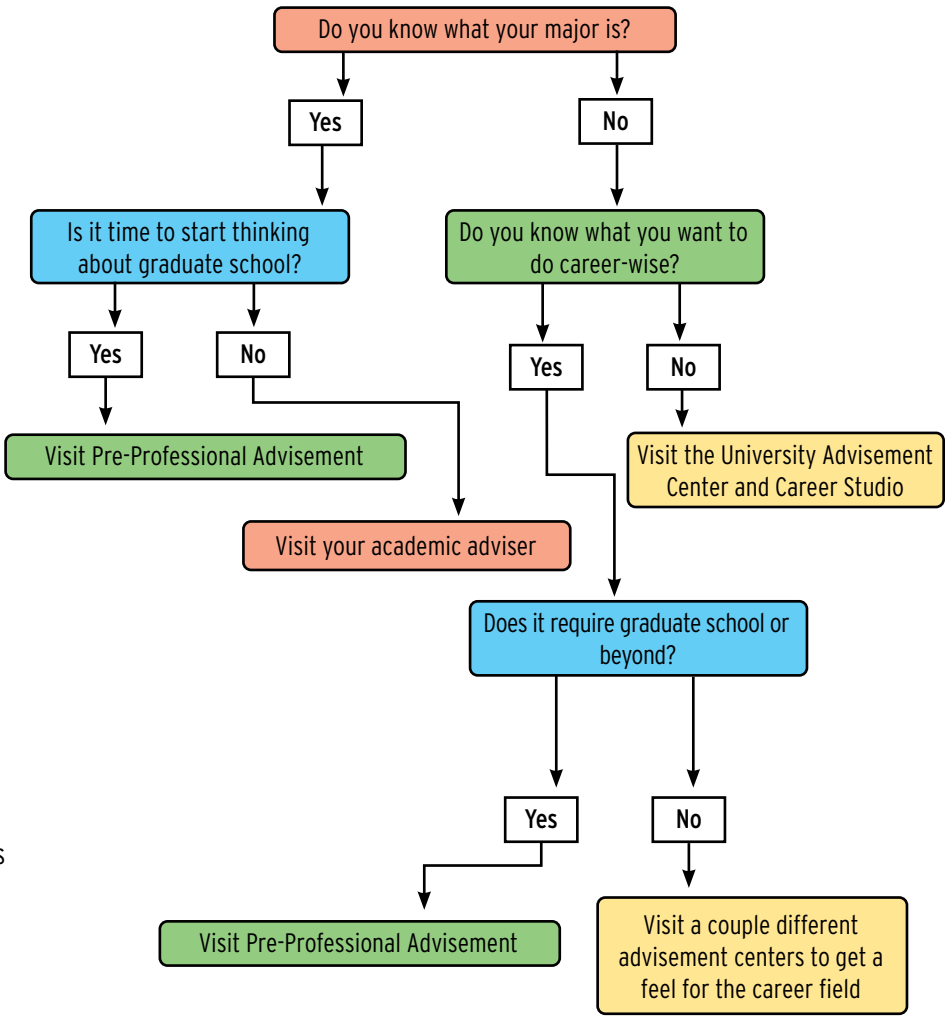
Advisement centers: What they are and how they can help you

By LAUREN LAYNE

There are two different kinds of advisement centers on campus: academic and pre-professional. Academic advisement centers are available to help students find classes for their majors or general help with schooling.

The pre-professional advisement center assists students with masters or Ph.D. programs after graduation, like law, medicine, dentistry or business. The main goal of advisement centers is to “guide every student to academic success and personal development.”

The Pre-Professional Advisement Center also offers career classes that count for university credit to help students explore their different options. A few notable offerings are Preview of Medicine, Introduction to Health Professions and the Law Lecture Series.



Advisement Centers

University Advisement Center (undecided majors)

2500 WSC, 801-422-3826
university_advisement@byu.edu
unvr.se/universityadvisement

Pre-Professional Advisement

3328 WSC, 801-422-3044
ppa@byu.edu
unvr.se/2ppadvise

College of Family, Home, and Social Sciences

1041 JFSB
fhssadvisement@byu.edu
unvr.se/fhssadvise

College of Fine Arts and Communications

D-444 HFAC
cfacadvisement@byu.edu
unvr.se/cfacadvisement

Ira A. Fulton College of Engineering and Technology

242 CB, 801-422-4325
engineering_advisement@byu.edu
unvr.se/fcadvise

Honors Program

102 MRSB
honors@byu.edu
unvr.se/honorsprogram

College of Humanities

1175 JFSB
liberalarts@byu.edu
unvr.se/humanitiesadvisement

David M. Kennedy Center for International Studies

273 HRCB
kennedy_advisement@byu.edu
unvr.se/kcadvisement

College of Life Sciences

2060 LSB
lifesciences@byu.edu
unvr.se/clsadvisement

Marriott School of Management

460 TNRB
msm_advisement@byu.edu
unvr.se/msadvisement

David O. McKay School of Education

350 MCKB
mseweb@byu.edu
unvr.se/domadvisement

College of Nursing

551 KMBL
nursing_advisement@byu.edu
unvr.se/cnadvise

College of Physical and Mathematical Sciences

N-181 ESC
cpmsadvisement@byu.edu
unvr.se/cpmsadvise



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Follow us on Instagram @byumoa.



The Career Studio helps students find their paths



Universe Archives

Peer mentors are available to help students who visit the Career Studio. The studio is in 2590 WSC.

By MATTHEW BENNETT

As of June 2021, the Career Studio is offering remote and in-person appointments.

“Enter to learn,” the signs proclaim on the entrances to campus, “Go forth to serve.” Many students are prepared to learn but struggle with deciding where they will go forth to serve after graduation.

BYU offers multiple resources to students to help them plan their career paths. One of the newest is the Career Studio, located in room 2590 of the Wilkinson Student Center, just north of the Terrace and the Cougar area.

“This is a place where students can come in, ask questions and make mistakes,” said Justin Jones, the Career Studio’s director. “This is a place for students.”

The Career Studio is a space where students can come with or without an appointment and meet with career mentors to explore career options, practice interviewing or get help with other skills. The studio offers resume consultation, LinkedIn help and

online resources. Jones said students are even welcome just to come in and have career conversations.

“We’re your ally,” he said. “You can drop in if you need one question answered or if you need 10 answered.”

Jones encourages new students to pay a visit to the Career Studio as soon as possible.

“Freshmen at BYU generally do not even have a career in mind,” he said. “Instead, they’re concerned with finding housing, taking generals, finding a social group, and maybe figuring out a major.”

Jones explained that this approach is backward since career preferences should inform class choices, which in turn will inform other education decisions, such as the selection of a major. “The sooner you start thinking of a career, the better,” he said.

The Career Studio can help students find clarity so they can begin their academic careers on the right foot.

“The biggest thing I hear from seniors, bar none, is ‘I wish I had known about this earlier,’” he said. “We get seniors who come in here and

say, ‘This isn’t what I want to be doing.’ It would be better if they came in earlier in their academic journey.”

Jones also emphasized that the Career Studio is not just a place students should visit early, it is also a place students should visit often.

“It’s not a place you only visit once. Get to know us,” he said.

Jones explained that students who use the Career Studio often are able to use it as a guide through career milestones.

“We like to celebrate students,” he said. “Anytime you gain employment or an internship, you can come and ring our victory bell.”

Once students choose a major, the Career Studio can work with academic advisers to make sure they are on their best educational path.

“We do the front end – the basics,” Jones said. “Then, we transition them to something more specific for their needs.”

Jones said all this information adds up to one recommendation.

“Because you’re a smart freshman,” he said, “you’ll use this resource soon.”

Test drive work with internships

By SHAYE MULLEN

According to the National Association of Colleges and Employers, 91 percent of employers said that an important factor in their hiring decision for college graduates is candidate work experience. This can be frustrating to recent graduates who feel they are not given the opportunity to demonstrate the skills they have spent four years gaining and improving. One way students gain this essential experience is by completing internships while in school.

The BYU Internship Policy defines internships as “academic, curriculum-based practical work experience.” A successful internship is more than simply an out-of-classroom experience for students. Beyond completing tasks related to their field of study, students will have the chance to be mentored by someone in their field and to receive personalized guidance.

In an address to BYU faculty in August 2015, President Kevin J. Worthen said that experiential learning opportunities, such as internships, “produce the kind of learning that (BYU’s) mission statement challenges teachers to provide.” He also said that “experience connects theory with application and deepens our understanding of the principles and truths we learn.”

Beyond gaining work experience and looking great on a resume, internships have many advantages.

Take a test drive

Internships offer the opportunity to get a feel for a career, and see if it is a good fit for a student’s interests, strengths and lifestyle. This can include whether a student is good working with people, how many overtime hours are typical or how much time they will spend behind a desk.

“Internships can be a great confirmation that you’re on the correct academic path,” said Adrienne Chamberlain, program coordinator at the BYU internship office. “They can



Lexi Flickinger

Booths in the Garden Court are set up with a variety of businesses to talk about their internship opportunities.

also give you an opportunity to change paths if the experience wasn’t what you thought it was going to be.”

Network

Internships give students a chance to network. Not only will they meet potential employers but also clients and industry experts.

“My first internship was working for Bernie Sanders’ political campaign,” said Hunter Hallows, a junior studying political science. “I’m still very involved in the political world because of that. This summer I’m working for a local law firm. I’ve met a lot of different lawyers who have made various job offers.”

Earn credit or certification

Many majors require that students complete internship credits before graduation. Students should talk to the internship adviser for their major before applying to ensure that their internship will meet the criteria required for these credits.

“We encourage students to meet with their coordinators, because they will have a list of internships that are preapproved for students to use as their internship credit,” said Chamberlain. “That way, students can be sure their internship experience will count towards their degree.”

Dive right in

Students can use internships as an introduction to the culture and etiquette of a certain field or career. Specific habits or rituals can help students fit into a workplace, such as knowing how to properly introduce themselves, what to wear for casual Fridays or whether it is appropriate to decorate their workspace.

“Internships have given me real-world experience for potential professions,” said Hallows. “I’ve always wanted to be a lawyer, but I wasn’t solidified in that idea until I did a couple internships at different law firms.”

Improve job prospects

Studies have shown that those who complete internships along with their college degree enjoy a starting salary that’s on average \$6,300 higher than those who didn’t complete an internship. Chamberlain also noted that students who complete an internship are more likely to be offered a job than other candidates. Studies show that 70 percent of employers find employees from their intern pool and 62 percent of students hired full-time by employers have had internship experience.

Practice, practice, practice

Internships are also a chance to practice skills learned in the classroom in a real-world environment, and to improve them with mentoring and help from seasoned pros.

“Coming out of college, internships arm you with experience,” said Parker Strong, a senior studying public relations who interned with General Motors. “You haven’t just done classwork, but you’ve actually had real-world experience. You’ve gone out and implemented what you’ve learned into an actual company.”

To find an internship, students should meet with the department internship coordinator, visit their department website and check the department job board. Talking to faculty or students who have interned in their field of study can also be beneficial. Many internship postings can also be found online.

Want a job ON CAMPUS?

1. Search for jobs

2. Apply, interview, and get hired

3. Schedule an appointment with student employment

REMEMBER at your first appointment you are accomplishing 2 things:

1. Completing the I-9 form
2. Providing a copy of your social security card for payroll

Important things to know about buying, renting textbooks

By HANNAH GLADWELL

Textbooks are an important part of academic success. Many classes require textbooks to supplement and reference the course material. The world of textbooks is a confusing one, however, and students can become overwhelmed when trying to find the right textbooks at the cheapest price.

Textbook costs can quickly add up, and professors often require specific editions of texts. Many different companies and services are available to help make the process easier. From the BYU Store to e-books, this is the ultimate guide to finding and acquiring the right textbooks so a student can have a successful semester.

Buying textbooks

The BYU Store is a go-to source for BYU students looking for textbooks. Located on campus in the Wilkinson Student Center, it is a highly convenient option and stocks many of the books students need. Students can even sell books back on the upper level of the store.

Students can either go to the BYU Store to find books for themselves, or they can use the store's online order system, which allows students to purchase textbooks and then pick them up later. From booklist.byu.edu, which lists all the needed textbooks, students can even add texts directly to their online BYU Store cart.

The BYU Store has worked to make textbooks even easier for freshmen. The BYU Store automatically prepares textbooks for students who have completed less than 32 credit hours. Freshmen who take advantage of the system need only pick up the order and pay the charges that automatically go to their

student accounts. Charges will be removed for students who choose not to use the system.

Through the Student First program, the BYU Store also offers price matching services and full refunds through the add/drop deadline. The BYU Book Exchange is another program through the BYU Store that connects buyers and sellers directly.

While plenty of online book-sellers can be found with a simple Google search, Amazon, Chegg, Cengage and RedShelf are popular options. RedShelf offers primarily digital textbooks, while Amazon, Cengage and Chegg carry a variety of print and digital options. Some books can take a while to ship, so students should make sure their textbooks will arrive on time when using these companies.

Other students manage to find textbooks in Facebook groups designed for the very purpose of buying and selling books. Textbooks purchased through groups are often heavily discounted but may vary in condition. It may also be difficult to find specific textbooks.

Renting textbooks

Many students choose to rent textbooks to cut costs, but this requires the student to keep the book in good condition and return it by a specified date.

The BYU Store also rents textbooks. To rent a book, students must simply select the option for rental instead of purchase when using the online order system. Students can also go to the store in person.

Students may return rental textbooks to the BYU Store at any point during the semester, but they must be returned by a specific date at the end of the semester. The date will vary by semester or term.

Amazon, Chegg, Cengage

and RedShelf also have rental options for students. Physical textbooks must be shipped back by a deadline, and e-book rentals are only available to access for a certain duration of time, usually the length of a semester.

Cengage Unlimited is a subscription service that allows students to access the site's entire reservoir of digital materials for a set price. Rather than purchasing access to many different textbooks, students may be able to save money by paying for a subscription to all textbooks the site has to offer.

While renting may save money initially, it also eliminates the option to sell books and get money back.

Textbook hacks

Checking the class syllabus before purchasing textbooks can be a great way to save cash. Many professors will include schedules within the syllabus that show how often a textbook will be used. If a textbook is used infrequently throughout the course, you may be able to borrow the textbook from someone or check it out from the library.

Students who choose to purchase textbooks may find used textbooks to be a cheaper alternative to new texts. Many retailers offer used textbooks along with new copies, giving students an easy way to secure required textbooks and cut cash.

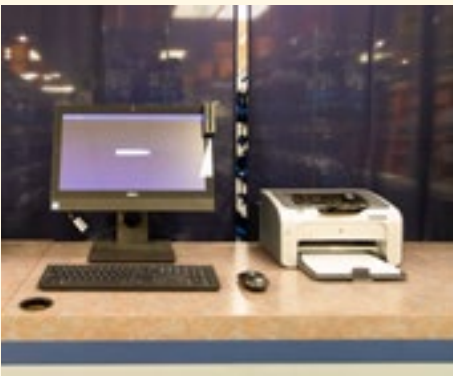
Digital editions may also be a more cost-effective route for students. Because production costs are significantly reduced, digital textbooks are typically a cheaper and more accessible option. Digital textbooks also allow students to access textbooks from most devices, so students don't have to carry individual textbooks around from class to class.

Using the BYU Store online textbook system



▲ This is the place on the top floor of the BYU Store to pick up online orders. If students have any questions, store employees are at the service desk just to the left of the area.

► Using a phone, tablet or laptop, students connect to look up their textbook order or use one of the provided computers to print out the order information.



◀ Students enter the pick-up area and using the signs, locate the BYU Store bag with their order.

▼ After matching the order number and bag, students can check the contents of the order and exit.



Addie Blacker

STUDY ABROAD INTERN ABROAD



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How to communicate with professors and TAs

By SHAYE MULLEN

One of many new experiences awaiting first-year students is a shift in classroom dynamics. In college, classes are typically larger than what students have experienced in the past, and it can be easy to feel lost in a crowd of students. However, this feeling can be lessened if students can learn how to effectively communicate with both their professors and class teaching assistants. Here are some guidelines students can follow to improve interaction.

Start early

Don't wait until the end of the semester to seek help from a professor or TA. Near the beginning of the semester, review all class materials and assignments and look for things that are unclear. Take your concerns to professors or TAs, asking for guidance. Continue to do this throughout the semester as new assignments are announced, but don't wait until the day before a project is due.

Have a personal touch

It can be helpful for students to take some time during the first weeks of classes to attend a professor's or a TA's office during office hours to introduce themselves. This can assist professors and TAs in putting a face to a name, and will make the student more memorable. Having a more formal introduction can also help students, professors and TAs build a stronger relationship.

"For a long time, especially my first two years in college, I still felt like I was in high school," said Zach Weber, a communications major studying public relations. "The professors were my superiors, like my teachers were. But really, we're both adults. If you treat

them like an adult and expect them to treat you like an adult, you have a better relationship. They have more experience and are mentoring me, but we can still have a relationship. Be personable, thank them after class, say good morning and just treat them like an actual person. If we don't have a relationship with our professors, it's our own fault."

Use a professor's preferred mode of communication

Some professors prefer students to only come by during office hours, while others are open to receiving emails at any time of the day. Directly asking professors how they prefer to communicate can help students know the timeframe in which they can expect an answer to a question and can improve the relationship between professor and student.

Disclose any relevant personal information

If there is anything that could keep a student from turning in an assignment on time or attending class, they should discuss it with their professor or TA. This can include physical or mental disabilities, extracurricular activities, illness, vacation plans or conflict with another class. Students should only share as much as they feel comfortable. By doing this, professors can help students find the assistance they need, and may grant due-date extensions or take into consideration the student's circumstances while grading.

Learn the responsibilities of a professor versus a TA

Professors have TAs for a reason: to help lift some of the burden of teaching. Because of this, professors and TAs have different responsibilities when it comes to dealing with students. In many cases, TAs are responsible for grading



Tabitha Sumsion/BYU Photo

Professors and TAs want students to do their best and strive to help them grow in comprehension and assist in their projects.

assignments, and will be the best resource for help on due dates or expectations for individual assignments. Near the beginning of the semester, ask both professors and TAs which types of questions should be directed their way.

"If there are TAs in your class, you should try to resolve all your issues with them before you advance to your professor," said Audrey Youngberg, a physical education major. "They're meant to be a buffer between you and the professor, and they're paid so that the professor doesn't get bogged down with work. You should think of your professor as the supervisor of your supervisor, and only move on to them if you have an issue that a TA can't efficiently resolve."

Demonstrate a strong work ethic

Before reaching out to a professor or TA, students should ensure that they have taken every step possible to find the answer on their own, and that they aren't just asking out of laziness. This can include asking for help on a project before

even reading the assignment description, asking basic questions about a difficult assignment the night before it's due or asking a question that was covered in the syllabus. This shows the professor a lack of personal motivation and doesn't give them room to give any suggestions or clarity on the assignment. Coming with a draft or even just an idea shows that a student has taken time to prepare.

"Get to class on time, turn things in on time and email them at reasonable hours. If you've made an appointment with them during office hours, be early," said Weber. "It shows that you're disciplined enough to prioritize and schedule things. Work ethic is more than just sitting down and cranking out work. It's showing that you actually care."

Accept responsibility

Students need to be accountable for their own actions and decisions and should not attempt to shift that burden onto professors or TAs. That can include demanding the answer to a question in an unreasonable

time frame, complaining about a grade or regularly asking for special treatment without doing anything to merit it. Students should understand that as college students, they will be held to a higher standard of maturity and accountability than in high school.

Participate in class

Engaging in class is a way to demonstrate respect for a professor or a TA and can help students retain more of the information being taught. Students can do this by paying attention to lectures instead of browsing the internet, volunteering to answer questions or actively taking notes.

"Everybody has different learning needs in regard to their courses, and you should allow yourself to work in a way that will be most efficient in helping you succeed in the course," said Youngberg. "Get at least some exposure to working with professors and TAs outside of classes and lab hours so that you get a good idea of how they can potentially help you in whatever array of classes you take in the future."

Add/drop deadline

The add/drop deadline is the date by which students have to make all changes to their class schedules. If they need to modify their schedule (switch to a different section of a class, drop a class, or pick up an additional class), these changes must be made within the first five class days of the semester.

Summer 2021
Jun. 28

Fall 2021
Sept. 7

Winter 2022
Jan. 10

- Students should aim to have their class schedule finalized before the semester begins to avoid getting behind in classes and to ensure major and general education requirements are met for the semester.
- Students may drop all classes without penalty for one semester if they attended the previous semester (fall or winter).
- If you have any questions about the add/drop deadline, visit registrar.byu.edu/dates-and-deadlines or call 801-422-2631.



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Freshman year: a time for firsts

Entering college brings changes and new experiences.
Here are a few “firsts” freshmen have to look forward to and prepare for.

By SHAYE MULLEN

First time getting groceries

Facing the grocery store can be both daunting and financially risky. The myriad of options can seem overwhelming, and students can make poor choices if unprepared. Use these tips to save money and time:

1. Always make a list. Students should enter the store with a list and take care to stick to the list. A list can prevent unnecessary splurging and save time and money.
2. Shop on a full stomach. Choosing to shop on an empty stomach can lead to impulse buys, as well as forgetting actual necessities.
3. Go with store or generic brands when possible. Brand names are often more expensive than the same item in store or generic brands.
4. Students should consider buying items they eat or use often in bulk. Common lunch items such as granola bars or bottled water are much cheaper when bought in bulk rather than packs of six.



First time doing laundry

Let’s face it: laundry is tough. Whether it’s the dreaded red sock sneaking in with the whites or accidentally adding bleach instead of detergent, mastering the art of laundry takes practice. These tips may help you keep your clothes top shape.

1. Basics: Before starting a load, check clothing for stains and pockets for items. Secure zippers, buttons, snaps or buckles. Make sure to tie drawstrings and unroll cuffs on shirts or pants.
2. Sorting: Sort laundry into piles of whites, lights, darks, brights and delicates. You also may want to keep lint-generators (sweatshirts, towels, flannel fabrics) away from lint attractors (nylon blouses, microfibers).
3. Temperature: Hot water (130 degrees F or above) – for whites or very dirty clothes, hot water is most effective at removing germs and heavy soil. The hotter the water, the more likely an item is to shrink, especially cotton. Warm water (90 F) – for man-made fibers, knits and jeans. Most clothes can be washed in warm water. It offers good cleaning without significant fading or shrinking. Cold water (80 F) – for dark, bright colors that bleed or for delicate fabrics.



First time getting sick

Getting sick at college can be a big deal if managed incorrectly, especially when students get into higher-level classes. Here are some tips to help students manage illness and get back on their feet:

1. Get plenty of rest. A lack of sleep keeps the body from functioning normally and can lengthen the recovery process. Sleeping provides more energy to the immune system, shortening recovery time and ensuring a quick return to a normal routine.
2. Don’t share the illness. Keep contagious germs to a minimum by using hand sanitizer, washing hands frequently, coughing into the elbow and cleaning up. If missing class is necessary, students should notify professors or TAs of the absence and take care to catch up on missed material as soon as possible.
3. Stay hydrated. Illness drains the body, and it is important to replace any fluids lost.
4. See a doctor. If conditions don’t improve, visit a medical professional.



First time failing a test

When a student is used to excelling in school, a low grade on a test can be a very humbling experience. The key to overcoming this challenge is to avoid discouragement and use it as a learning experience. Here are some tips to overcome disappointment and to find future success:

1. Take a break. Tests are often difficult, and a break is a great way for students to recuperate after the stress of a test.
2. Evaluate what went wrong and find ways to overcome it for the next exam.
3. Review test materials with a TA after the exam closes and see which types of questions were the most difficult. TAs will be able to provide advice on how to study for these types of questions and how to better answer them in exams.
4. Before the next test, try a variety of studying methods and discover which feels most effective.



Olivia Hales illustrations

I wish I had known...

Everyone at BYU was once a freshman. While freshman year can be overwhelming, take some advice from previous BYU freshmen to navigate the first year successfully. Here is what older students wish they had known their freshman year.

“I wish I knew that grades don’t determine my worth or who I am as a person! I also wish that I had known that it’s rare to immediately find your ‘best friends,’ and that everyone is in the same situation trying to find friends. So be a friend and be willing to step out of your comfort zone to talk to people or initiate something with others.”

Hayley P.

“Volunteer and serve. Get firsthand experience in what you study. Don’t take life so seriously.”

Todd B.

“One thing I wish I would have known earlier is how easy it is to manage an on-campus job! I started mine winter semester and wish I began working in the fall to make more money! BYU jobs work directly with your class schedule and are super accommodating to your time and are super fun, depending on where you work. I worked for Dining Services.”

Bailey M.

“Even if you feel like you’re not making friends fast enough, everyone feels the same and that you need to be patient to find your people that you mesh with easily.”

Madelyn P.

“Use Rate My Professor when registering for classes, don’t worry about getting perfect grades, and try to be friends with your roommates.”

Ava G.

The year in *BYU* sports

Teams and individuals reach new heights and overcame challenges posed by the COVID-19 pandemic in the 2020-2021 season.



Preston Crawley
The men's basketball team gathers before the start of the Feb. 27 home game against Saint Mary's. The Cougars defeated the Gaels 65-51.



BYU News
BYU is preparing for full capacity at LaVell Edwards Stadium for the upcoming football season. Athletic director Tom Holmoe announced upgrades to the video boards, LED ribbons and speakers



BYU Photo
Quarterback Zach Wilson in the first quarter of the Nov. 6, 2020 game against Boise State at Albertsons Stadium in Boise. Wilson was the second college football player drafted in the 2021 NFL Draft. Wilson signed with the New York Jets



BYU Photo
BYU women's runners line up at the Clarence F. Robison Track in Provo. In March the women's cross country team won the 2021 NCAA Cross Country Championships in Oklahoma.



Addie Blacker
BYU women's soccer head coach Jennifer Rockwood celebrates with her team after a win at South Field. Rockwood reached her 400th win at BYU on March 6.



BYU Women's Basketball
BYU women's basketball sophomore Shaylee Gonzales poses for a pre-game outfit Instagram post. The team is taking advantage of Gonzales's social media presence to gain fans and grow the program.



Hannah Miner
Gymnast Abby Boden Stainton gets last minute instructions from women's gymnastics coach Guard Young.

Cougars ROC

The ROC pass will get you into every regular season, home, NCAA sponsored sporting event. Passes are generally available at the beginning of August at tickets.byu.edu/roc.



Ari Davis
BYU's 2021 home football season includes opponents Utah, Arizona, South Florida, Boise State, Idaho State and Virginia.

ROC pass: \$TBA in August
Get into every home NCAA game
Without: \$1,000+
Price of every ticket sold separately

The Cougar Song

By Clyde D. Sandgren, 1932

Rise all loyal Cougars and hurl your challenge to the foe.
We will fight, day or night, rain or snow.
Loyal, strong, and true
wear the white and blue.
While we sing, get set to spring.
Come on Cougars it's up to you. Oh!

CHORUS
Rise and shout, the Cougars are out along the trail to fame and glory.
Rise and shout, our cheers will ring out as you unfold your victory story.
On you go to vanquish the foe for Alma Mater's sons and daughters.
As we join in song, in praise of you, our faith is strong.
We'll raise our colors high in the blue and cheer our Cougars of BYU.

Ra ra ra ra!
Ra ra ra ra!
Ra ra ra ra!
Go Cougars!



Elliott Miller

THE DAILY UNIVERSE FRESHMAN GIVEAWAY



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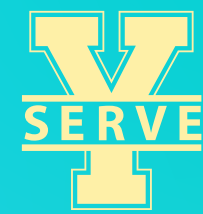
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When you come into our office and sign up for our weekly newsletter. Visit WSC 2330 to sign up.

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WSC 2330

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Tuesdays at 11:05: #BYUDevo

Since the days of Karl G. Maeser, second president of what is now BYU, students have gathered for devotionals. What began as daily meetings in 1876 have now become weekly Tuesday gatherings at 11:05 a.m. in the Marriott Center during fall and winter semesters and in the de Jong Concert Hall in the spring and summer terms.

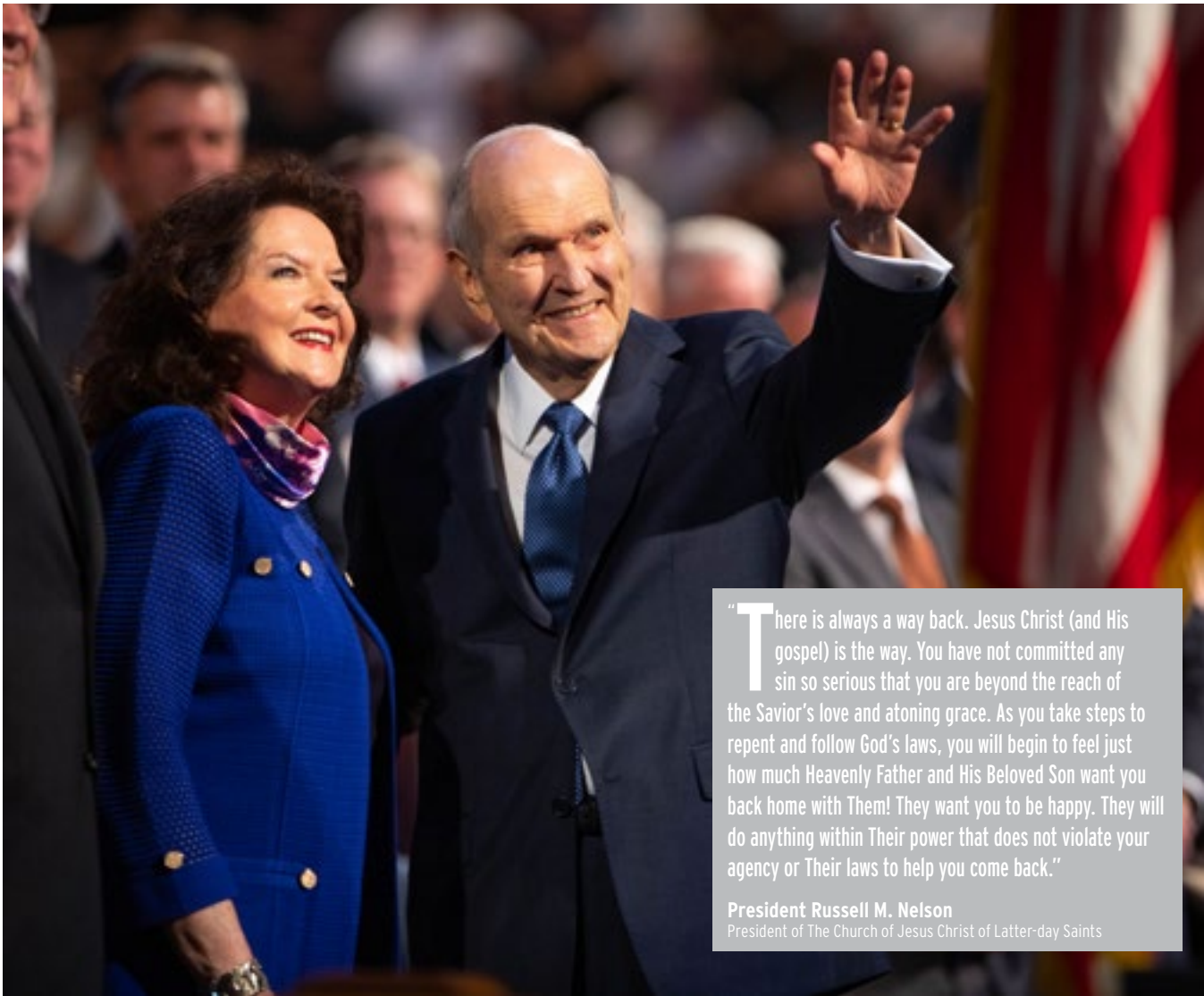
Devotionals feature addresses from Apostles, General Authorities and General Auxiliary Presidency members of The Church of Jesus Christ of Latter-day Saints and university administrators and professors. More than once a semester, a campus forum is held where distinguished faculty and invited guests share their insights. Often, forum speakers hold a question and answer session following their address.

Devotionals and forums provide students a break from the school day and an opportunity to learn spiritually outside of the classroom.



“I promise that as you honor your covenants and strive to discern ‘with an eye of faith,’ your spiritual vision will be magnified and refined to help you learn that the seemingly small miracles in your life will be the mightiest and most impactful of all.”

Elder David A. Bednar
Quorum of the Twelve



“There is always a way back. Jesus Christ (and His gospel) is the way. You have not committed any sin so serious that you are beyond the reach of the Savior’s love and atoning grace. As you take steps to repent and follow God’s laws, you will begin to feel just how much Heavenly Father and His Beloved Son want you back home with Them! They want you to be happy. They will do anything within Their power that does not violate your agency or Their laws to help you come back.”

President Russell M. Nelson
President of The Church of Jesus Christ of Latter-day Saints

“While all human beings share a common bond as beloved spirit children of Heavenly Parents, each of us is a unique individual with individual personalities, experiences, and gifts. And each of these individual characteristics can contribute to greater unity.”

President Kevin J. Worthen
Brigham Young University



“Only the gospel of Jesus Christ can unite and bring peace to people of all races and nationalities. We who believe in that gospel—whatever our origins—must unite in love of each other and of our Savior Jesus Christ.”

President Dallin H. Oaks
First Counselor in the First Presidency

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“Humility should be a permanent commitment and condition because knowledge will always be endless.”

Drew Gilpin Faust
Former President of Harvard University

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“What a relief it is to know that there is a Christ and that through His Atonement our agency has been preserved, including our ability to choose to repent—to change permanently for the better in Him.”

Elder Kyle S. McKay
General Authority Seventy



“During painful times, somehow, I think about Jesus. The scars in His hands are the proof of His suffering and pain. Even though He was resurrected and has a perfect body, He decided to keep His scars ... I feel as if He tells me, ‘I love each one of you so much that I was willing to become one of you, to show each of you that I was willing to take on your sufferings so that I could feel fully your pain and identify with each of you.’”

Niwako Yamawaki
BYU Psychology Professor

CAPS offers mental health resources



Lexie Bennett

CAPS is located on the Wilkinson Center first floor and offers free individual, couples and group counseling to students.

By LAUREN LAYNE

Counseling and Psychological Services (also known as CAPS) offers programs for individuals, couples and groups. Some of these services include bio-feedback, mental health development courses, relaxation services and stress management. All CAPS services are completely free to students. The CAPS office is located in 1500 WSC.

CAPS psychologist Jon Cox said students come to CAPS for a variety of reasons, many having to do with coping with stress.

“Learning to live semi-independently, learning to get along with roommates... all of that stress can affect people in different ways,” Cox said. “Anywhere from just feeling a little bit stressed out all the way through

anxiety, depression and other psychological disorders. ... (CAPS can) provide the resources that people need.”

Sometimes, students are not sure if they really need CAPS, but students should watch behavior or moods to cue them into when some support might do them good.

“Warning signs can be lots of different things,” Cox said, “but usually you look for an increase in negative emotions, so maybe an increase in crying, isolation or desire to stay away from people, or maybe homesickness that doesn’t go away.”

Cox also said these types of problems can be manifested in poor use of time, like spending too much time on the internet, watching TV or consistent procrastination. To avoid this, he advised students to build a strong social support system, including people from home.

“Freshmen need to have frequent contact with family, past friends and then do all they can to start making friends and get involved socially,” Cox said. “Social support networks are significantly correlated with improved mental health.”

BYU wants its students to succeed, and encourages them to seek resources to make their time at the university a positive and healthy experience. BYU also provides several self-help services for students, such as Sanvello, the mindfulness and mood-tracker app. Sanvello is free for BYU students, faculty and staff.

Other self-help resources include: readings and books, helpful apps, podcasts, TED talks, SilverCloud (an online self-help program) and online stress management courses. Visit unvr.byu.edu/capsselfhelp for more information.

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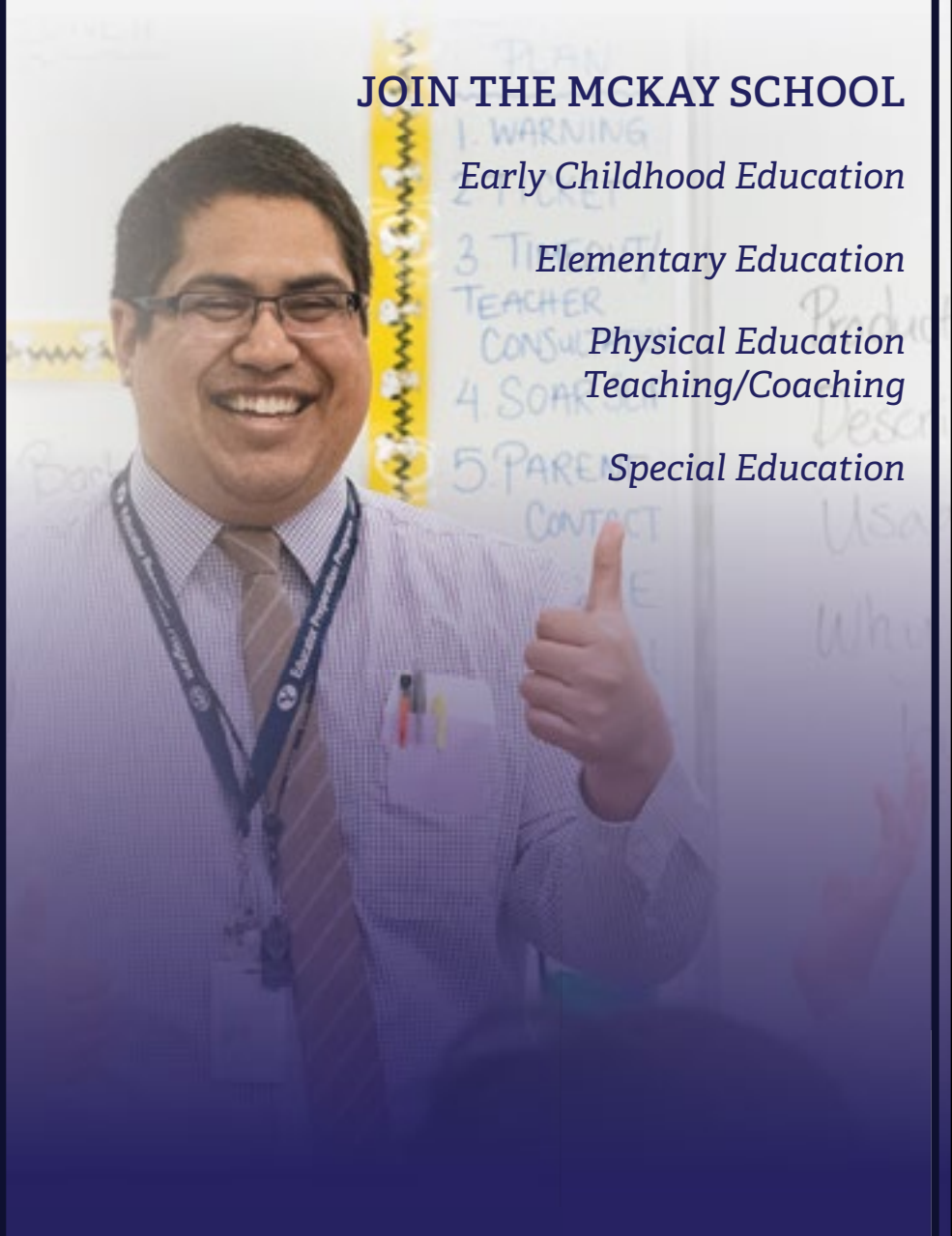
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Adjusting to living with roommates

By CAMILLA OWENS

Living with roommates can be a fun and exciting aspect of college, as students learn to live on their own while making new friends with those they live with. Some roommates can establish close friendships that can last a lifetime, while other relationships can become challenging. These four tips can help students as they begin to establish themselves with new roommates for the first time:

Individuals are individual

No two roommates are the same.

“Everybody’s different,” said Nathan Mitchell, an economics major from Oregon. “You have to learn how to get along with people. That’s one of the biggest adjustments that freshmen get to make—learning how to get along with people.”

Set boundaries

One great way to communicate individual needs is by setting boundaries.

If you don’t want your roommates to use your kitchen supplies, eat your food or go into your room when you’re not there, tell them. Boundaries are an important part of living with roommates and living situations can become unpleasant when those boundaries are crossed. However, be realistic with your expectations with your roommates. Rome wasn’t built in a day and good roommate boundaries likely won’t be set in one either.

Be friendly

Students are better off in the long run when they seek out friendships with their roommates. However, busy schedules often make it challenging when starting a friendship. One of the best things students can do is simply start being friendly.

“Ask your roommate how they’re doing when they get



Roommates Lauren Thomas, left, and Lauren Endler sit on a swing outside of Campus Lane.

back,” said Mitchell. “If you become their friend, it’s a lot easier to get along with them. I found that roommates that asked me how I was doing, I got along with them a lot better.”

Learn to communicate

Living with new people can present some challenges as you adapt to sharing a space. You may have different definitions of clean, different laundry schedules, or different ideas of what “quiet time” means. It may be helpful to sit down together and talk once everyone

has moved in to your new dorm, apartment or house.

Politely discuss your views on the Honor Code and how you plan to abide by it, what visiting hours should look like in the apartment, how significant others play a role in the apartment dynamic, apartment temperatures, and by who and how often the dishes should be done.

Having a talk early — before bad habits are created — can save everyone stress, prevent contention and reduce passive aggressive notes about dirty dishes.

“Don’t be a hint-dropper,” said Michelle Mortenson a junior studying mechanical engineering. “There’s no use in dropping what you think are very clear hints for a roommate who may never have thought about things from your perspective.”

Bryan said using communication is essential for dealing with roommates when you might not understand or agree with their methods. “Just be really clear about your expectations and why it bothers you. That’s better than living in silence or trying to be passive aggressive about it.”



Madeline Mortensen

Many students prepare for future schooling after serving a mission by preparing deferment paperwork.

Deferring for a mission

By HANNAH GLADWELL

BYU knows many students will either defer enrollment before attending or after a year of school to serve a mission for The Church of Jesus Christ of Latter-day Saints.

BYU supports students in this decision and provides resources to help potential missionaries through the process of deferring their education in order to serve.

“We want to help you prepare to embark on your mission knowing that you can easily transition back to BYU,” the school’s deferment website states.

If a student decides to serve a full-time mission, the first step is to formally apply and receive a mission call through Church priesthood leaders.

After a mission call is received, the next step is to fill out the online missionary deferment, which can be found on BYU’s Enrollment Services website. Missionary deferment will suspend enrollment and academic scholarships until the student’s return.

Once the online deferment is filled out, most of the other paperwork is taken care of by the university. However, BYU notes a few other important steps to help the deferment process go smoothly.

Due to COVID-19, missionary protocols have been altered. Students who find that COVID-19 affects their mission call can return to their online deferment and update information as needed.

Deferment process

1. BYU allows students to

- provide guest access to the student’s BYU account. If the account needs to be accessed while the student is serving, the guest can access parts of the account to pay charges, enroll in classes or take other actions designated by the student.
2. Students who have taken out a federal student loan should contact their lender to notify them of the mission and discuss options.
3. Students should check their My Financial Center prior to leaving to pay any outstanding charges and have someone check for other charges periodically throughout the mission.
4. If students are signed up for BYU’s student health plan, they will need to notify the Health Plan Business Office that they are leaving before departing BYU.
5. Students should notify their housing provider or landlord to either cancel or sell the housing contract.
6. BYU recommends meeting with an advisor to plan courses for the student’s return.
7. Return for the semester or term indicated on the missionary deferment form. If the original request changes because of release times, students should contact the Admissions Office.
8. International students should meet with an International Student and Scholars Services counselor to ensure correct handling of the SEVIS record.

2021

#85

Top 100 National Nursing Graduate Programs

U.S. News & World Report

2020

#17

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NursingSchoolHub.com

2020

#18

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Church Newsroom

The Provo City Center Temple was built inside and below the fire damaged exterior of the 1885 Provo Tabernacle. Former BYU President and then-member of the Quorum of the Twelve Elder Dallin H. Oaks dedicated the temple in 2016.

Attending the temple

Editor’s note: Because of COVID-19, the Provo Utah Temple and Provo City Center Temple are both in the midst of a phased reopening. As of June 2021, both temples entered phase 3, meaning they are open for all living ordinances and limited proxy ordinances by appointment. The Provo Utah Temple cafeteria remains closed and clothing services may be limited at both temples. For updates, visit temples.churchoffjesuschrist.org.

President Gordon B. Hinckley, 15th President of the Church of Jesus Christ of Latter-day Saints, once called temples “a school of instruction in the sweet and sacred things of God.” They are complementary to a BYU education, which aims not only to be intellectually enlarging, but also spiritually strengthening and character building.

BYU is blessed to be close to not one, but two Houses of the Lord. This blessing affords students a unique chance to combine spiritual and secular educations.

During the 2015 Campus Education Week, Elder Neil L. Andersen of the Quorum of the Twelve Apostles invited members to find ways to attend the temple often, even if they have busy schedules, and in another 2009 BYU campus devotional, Elder Ronald A. Rasband, then of the Presidency of the Seventy, asked students to make consistent temple attendance an important pattern in their lives.

Making it happen

It can be easy to plan when to attend the temple, but following through with those plans is sometimes another matter. Classes, dates and

extracurricular activities all compete for students’ time and attention. Here are some tips from students to help make regular temple attendance a reality.

Sarah Cook, an early childhood education student, recommends setting aside a few hours each week as designated temple time.

“Just set a weekly time and go,” she said. “Having a set time makes going a lot easier.”

Sarah served as a temple worker in the Provo City Center Temple for five months. She recommends going during the day if possible, since that is much less crowded than during mornings or evenings.

“Endowment sessions during evenings were really, really busy,” she said. “The initiatories are not nearly as busy. You can normally go then pretty easily.”

Bailey Kimball, a pre-communications student, said she also attends every other week.

“I tried to go weekly, but that wasn’t feasible for my schedule,” she said. “Make it a priority, and everything else will work out around it.”

Isaac Smith, a sophomore studying computer science, has found another method.

“Scheduling a specific recurring time doesn’t work for me,” Smith said. “If you make a specific time commitment, like, ‘by the end of the month,’ it ends up how home teaching used to be – you just cram it in by the end of the week, or the month or whatever.”

Instead, Smith recommends going with a group of friends, whenever the group’s schedule permits.

“That way there’s some accountability,” he said. “We’ll contact each other and see when it works, so we all have to

go because we’re together.”

Where to find the temples

The Provo Utah Temple is located northeast of campus, uphill from the Missionary Training Center, at 2200 Temple Hill Drive. Patrons are encouraged to bring their own temple clothing but the temple has limited clothing rental and the cafeteria is closed during the COVID-19 phase 3 reopening.

The Provo Temple is a short walk from campus or can be reached using UTA bus line 811, which stops next to the temple parking lot.

The Provo City Center Temple is located southwest of campus, in the heart of downtown Provo. Its address is 50 S. University Ave., at the southwest corner of University Avenue and Center Street. Under phase 3, the temple offers limited clothing rental for patrons.

Public transportation options for temple patrons include UVX, which stops at Center Street Station, directly in front of the temple, and UTA bus 850, which has several stops nearby. There is also underground parking available.

Utah County temples

There are two other operating temples in Utah County: the Mount Timpanogos Temple in American Fork and the Payson Utah Temple. In addition, the Saratoga Springs Utah Temple on the west side of Utah Lake and the Orem Utah Temple located off of Geneva Road near Utah Valley University are under construction. A seventh Utah County temple, the Lindon Utah Temple, just north of Orem has been announced. The church has not announced the groundbreaking for construction..

Life in YSA wards

By MATTHEW BENNETT

In a young single adult ward, there is no Primary, the men passing the sacrament are definitely not deacons and Sunday meetings can be held in the same room as Biology 100. It’s the YSA normal. Welcome to BYU.

While young single adult wards share the same basic structure as traditional wards, the distinctive demographics of the wards call for some unique practices. There can be a lot to adjust to while experiencing a young single adult ward for the first time.

“YSA wards are very different from family wards,” said Joseph Wise, a neuroscience major. “The first thing that comes to my mind is that they are actually quiet, which is pretty rare.”

A congregation lacking a Primary or youth programs means there won’t be babies crying during sacrament meeting, but according to some BYU students, it also facilitates a greater unity within the ward. Being in company with people the same age as yourself can be a great way to immerse yourself more into the gospel with others who feel and struggle with the same things as you.

“You have a lot of people in the same stage of life as you,” Wise said, “so every comment that is made is directly related to you. People expand on problems they are having in school, in dating or in their jobs that you can really resonate with. It’s really nice to be in a place where people understand your same issues.”

Because almost all ward callings are filled by YSA members, it is not uncommon for an elder’s quorum president to have served in a priest’s quorum just a few weeks earlier, or for a Relief Society president to just turn 18. However, students agree young single adult wards are



Universe Archives

Students in a young single adult ward attend Sunday School in a campus classroom.

a great place to learn how the church works by participating in a variety of callings.

“I had a calling that allowed me to make a lot of friends,” said Jaden Garcia, a physiology major. “Serving in your calling can help you make friends. Just don’t be afraid to talk to people, because most of the time they have the same interests as you do.”

Outside of Sunday services, young single adult wards provide other meaningful interactions among students. One way is through home evening groups. Members of each ward are split into groups, generally determined by apartment, to hold family home evening every Monday night.

James Longstaff, a recent graduate, said that his FHE groups helped him build great friendships.

“FHE really solidified relationships. The girls in the group would come over to socialize or ask for priesthood blessings,” said Longstaff. “Our friendships were what we really needed.”

Young single adult wards often change each semester as students move in and out,

which can make it difficult to form friendships especially when someone is shy or has difficulty meeting new people.

“Just be yourself,” said Marshall Henry, a senior from Utah. “I know that sounds cliché, but it really helps you make friends.”

While YSA wards are infamously known for being marriage factories, it is not their only purpose. Like all wards, its ultimate goal is to further the plan of salvation and help others get back to Heavenly Father and Mother.

During students’ time in the YSA ward, they will have opportunities to reach out and share the fullness of the gospel with people in your ward. As they serve others, the light of Christ will fill their hearts. They will have an increased amount of joy and happiness in their lives.

The YSA ward is a great place to discover Heavenly Father’s plan. It’s a great place to help others discover His plan, too. While quirky, weird and always unforgettable, YSA wards are a great place to be and one of the most memorable parts of a BYU education.

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— Francisco Zeballos, Class of 2021



“The experience that we were able to get in Finance theory, how to interpret what is going on in the world’s economy, and general Excel skills helped me excel in my internships and jobs thus far. The support from faculty is amazing, and they want you to succeed!”

— Cassidy (Crook) Judd, Class of 2018



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How to land an on-campus job

By PAIGE MONTGOMERY

Students wanting part-time work while going to school will find BYU has many job opportunities right on campus.

However, by utilizing the correct resources and showing initiative, students have the opportunity to secure an on-campus job that can be convenient, educational and profitable.

Job-seeking students should brush up on their professional presentations before beginning the application process. Polishing resumes, cover letters and interview skills will prepare students to present their best selves to employers.

“Preparing for an interview can mean different things to different students, and some will need more help on specific elements of an application than others,” said Colton Griffiths, the associate career director at University Career Services. “Some students might want to do mock interviews to prepare while others might just want to improve their resume and cover letter.”

Regardless of what type of experience a student has, Griffiths offered three steps anyone can use to refine their applications and subsequent interviews:

Have professional-looking documents such as resumes and cover letters that highlight what you have to offer an employer based on the employer’s needs and wants.

Know your resume well and be able to talk about your experience and what skills you have learned.

Always be on time and dress appropriately. Overdressing is going to be far more impressive to a potential employer than underdressing.

If this list seems daunting, help is readily available. Students can drop by the University Career Studio



Natalie Saunders

Meignan Stevens works on a grounds crew. Help is readily available for students who want to apply for an on-campus job.

(2400 WSC) at any time, whether they want to have a professional career counselor review a resume or cover letter, need help rehearsing interview questions or want guidance about choosing a career. The Writing Center in the library also can review student resumes and give suggestions to make it better.

“Even if a student is starting from ground zero with no experience, they can come into our office and we will help them build a resume,” said Griffiths. “If they’ve never had a job before, we can help them run through a job interview.”

Career directors can even help students identify potential jobs and decide the best way to pursue them, whether that is submitting an application in a specific way or knowing when to follow up on an application. On-campus jobs are listed in the Student Employment Office in the Wilkinson Center, as well as at studentjobs.byu.edu. A wide range of jobs are presented on the job board — from receptionist positions to web programming or custodial jobs — and many new openings are posted throughout the semester.

Haley Garcia, a student studying public relations, has found most of her

campus jobs through the BYU student job search.

“I had to go onto student jobs to apply for it and then I just continued to use it from there,” she said. “I was looking for something a step up from The Creamery and so I got my information specialist job at EYC, University Advisement Center there. It’s very flexible.”

Amy Colton, a senior from Alpine, Utah works as a BYU tour guide.

“On-campus jobs are great because they’re really convenient. You have class and work really close together; you have good hours; your bosses are flexible with your schedule. I just got mine by going onto the job board. It took like two seconds.”

Griffiths wants students to know that they have easy access to many tools to help them find jobs on campus.

“We’re here to help students, and Career Services should be a place you should get to know from day one on campus all the way through the end of your time at BYU,” he said. “We want to see students as soon as possible. Whether they’re looking for an on-campus job, or just trying to figure out what they want to do with their lives, we want to talk to them about it.”

Tackling finances

By Stephen Hill, director, financial aid and scholarships, and Universe staff

Financial Aid Office's seven steps to pay for college

The Financial Aid Office is fully committed to helping students explore and leverage available options to finance education. Its website, financialaid.byu.edu, outlines seven steps to assist students:

1. Calculate the cost of being a college student. Plan ahead, recognizing that the total cost of college includes tuition, room, board, books, supplies, personal expenses, transportation and loan fees.

2. Determine financial aid options to fit each student’s situation. Many opportunities are available at BYU, such as part-time work, scholarships, federal grants, loans and BYU loans.

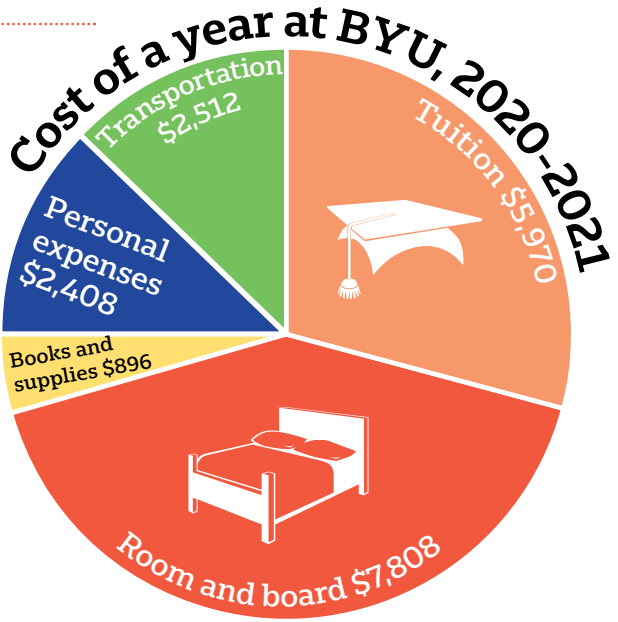
3. Apply for scholarships by the published deadlines. Scholarships are not automatically renewed; a student must initiate and complete the process.

4. Apply for federal student aid. Each program carries its own eligibility requirements, including enrollment and satisfactory academic progress.

5. Complete to-do list items listed in My Financial Center in a timely manner and read your messages regularly. Financial aid can be an intricate process, requiring communication and coordination.

6. Review awards. The Financial Aid Office accepts grants for students, but students must decide on which loans they will take.

7. Monitor disbursement. All financial aid and scholarship funds are first disbursed into a student’s BYU accounts. These funds automatically



Church member total: \$19,654

BYU Financial Aid Office

These costs can vary depending on the type of housing, meal plan (if any), transportation modes, loan choices, major and personal spending habits.

pay any applicable tuition and fees, and then excess funds are refunded. Students are encouraged to set up a direct deposit for their excess student account refunds.

To learn more about financial aid, including institutional and federal programs, visit financialaid.byu.edu, schedule an appointment with one of the counselors by calling 801-422-4104 or stop by D-155 ASB.

When applying for federal aid, it is important to start early and complete these four steps as soon as possible:

1. Fill out FAFSA at fafsa.ed.gov
2. Check My Financial Center for tasks and YMessages
3. Complete verification, if required
4. Accept/decline awards

Scholarship deadlines

Most scholarships do not automatically renew each year. Students need to apply for scholarships every year. For new freshmen, the deadline to apply for scholarships for Spring 2022, Summer 2022 and Fall 2022 is Dec. 15, 2021. The deadline for Winter 2022 scholarships is Aug. 2, 2021. For continuing students, the scholarship deadline is Feb. 1, 2022 for Spring 2022, Summer

2022, Fall 2022 and Winter 2023 scholarships.

To see the GPA requirements for each major-specific scholarship, students should go to unvr.se/scholarships.

Need-based government scholarships

In order to qualify for government need-based scholarships, students must fill out a FAFSA (Free Application for Federal Student Aid) for the appropriate year.

When students fill out their FAFSA, they need to complete all to-do-list items. When the eligibility requirements are met, then students’ financial aid should start applying to some of the charges on My Financial Center, approximately one week before classes begin. If any pending tasks remain incomplete, financial aid will not be awarded.

If students have properly set up their direct deposit, excess financial aid money begins refunding on the third day of classes. If a student has not set up direct deposit properly, then the refunds are mailed to the address the Financial Aid Office has on file, causing the process to take longer. Students can update their direct deposit at unvr.se/depositupdate.

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TWO: BYU’s go-to dating source

By HANNAH GLADWELL

In Provo, we flirt, we fall in love, we get engaged and we get married. According to Business Insider, BYU is the most likely college to meet a future spouse. It’s obvious Cougars have dating on their minds.

Some students are happily single, others are in committed relationships and many are casually dating. Wherever students are in the dating process, they can open up TWO

Magazine for tips, ideas and advice about how to move forward, cut things off or start a relationship.

TWO is also filled with ideas for dates.

“Before I even find a date for Friday night I check TWO,” said James Watt, a senior majoring in engineering. “I need the idea before finding a girl to take out.”

So whether you are looking for dating advice, dating humor or a good dating story, pick a copy of TWO from one of many on-campus



newsstands and start reading today.

Need a good bike for college?

Stop by the Provo Bicycle Collective, a local non-profit bike shop and check out what we have for sale!



397 E 200 N Provo, Utah bicyclecollective.org/provo

Resources to assist recovery from sexual assault

By LAUREN LAYNE AND HANNAH GLADWELL

BYU has made it clear that sexual assault is never the victim’s fault. There are many resources available for students who have become the victim of sexual assault. BYU does not tolerate any form of assault, including but not limited to: sexual assault, stalking, domestic violence, dating violence or abuse of any kind.

Sexual Assault Survivor Advocate

Lisa Leavitt, a licensed therapist and psychologist in Utah, became the full-time BYU survivor advocate in January 2017. Her primary role is to help the victims of sexual assault through the healing process.

“My primary role is to guide students, to counsel them and to connect them with resources,” Leavitt said.

When a student comes to Leavitt, their conversation is completely confidential. If a student wants Leavitt to speak to anyone else on their behalf, she must receive written consent from the student.

Leavitt can also accompany students to the Student Health Center, the Title IX Office or other places that the student may need. Leavitt is clear that the student is always the one to make the final decision – her role is to counsel and offer assistance and resources.

“It’s all about empowering them to make their own choices,” Leavitt said.

Title IX Office

The Title IX Office is a place for students to visit when reporting sexual misconduct of any nature. They work closely with the Honor Code Office, athletic programs and the BYU faculty and staff to ensure students remain safe on campus,



Dani Jardine

Lisa Leavitt became the sexual assault survivor advocate at BYU in January 2017. Leavitt provides support and information to help students make informed decisions. The services are confidential.

while abiding by the Honor Code and regulations set by the university.

Being a victim of sexual assault is never a violation of the Honor Code according to university policy. The Title IX Office will not share the identity of a victim or witness with the Honor Code Office, but does work in cooperation with the Honor Code Office when a BYU student is found in violation of sexual misconduct.

Tiffany Turley, the Title IX Coordinator, says it’s important that BYU students understand how the Title IX Office works with and differs from the Honor Code Office. When Title IX shares a case with the Honor Code Office, it removes all

names except for the name of the person needing discipline.

“The principle of confidentiality is that all information shared with the Title IX Office is kept confidential and not shared with the Honor Code Office for anyone but, again, the person who has found to have violated the policy,” Turley said.

Women’s Services and Resources

Women’s Services and Resources (WSR) is designed to be a confidential reporting area. Dixie Sevison, the director of Women’s Services and Resources, said her role on campus is to be “a support and a resource” for all students.

If a student makes a report to a full-time employee of WSR, that employee will not report the incident to any other campus office or entity unless it is determined there is an immediate health or safety risk.

While WSR is designed to be a reporting and counseling resource to students, they do not offer long-term or professional counseling. “After the student decides what they want to do with the resources I have provided, I am here to support them in their decision,” said Sevison. “For example, if they decide they want to speak to Lisa Leavitt, the survivor advocate, I will walk with them to her office and make an introduction.”

Victim resources

Get help. Don’t wait. Victims of rape must get medical attention to gather evidence within 72 hours in order to prosecute a perpetrator in court.

BYU RESOURCES

Sexual Assault Survivor Advocate

1500 WSC, 801-422-9071. advocate@byu.edu

Women’s Services and Resources

3326 WSC, 801-422-4877. wsr@byu.edu

Counseling and Psychological Services

1500 WSC, 801-422-3035.

CAPS is a completely confidential resource offered for BYU students. CAPS does not communicate to parents, ecclesiastical leaders or other campus offices without a student’s consent.

BYU Comprehensive Clinic

John Taylor Building, 1190 N. 900 East. 801-422-7759

Counseling services for individuals, couples and families in the Utah County community. Counseling is provided by graduate student interns under close supervision of licensed therapists.

POLICE DEPARTMENTS

University Police

For emergencies, call 911 or 801-422-2222. For non-emergencies, call 801-422-9071 or visit 2120 JKB.

Provo Police Department

For emergencies, call 911. Call 801-852-6210 for dispatch center. 48 S. 300 West, City Center Building (east entrance).

Orem Police Department

56 N. State, Orem. For emergencies, call 911. Call 801-229-7070 for dispatch center.

COMMUNITY RESOURCES

The Refuge

1433 E. 840 North, Orem. 801-227-5038.

801-356-2511 (24-hour hotline)

The Center’s mission is to provide a caring, advocating, safe and educationally-based environment for survivors of domestic violence and sexual assault.

Utah Valley Hospital

1034 N. 500 West, 801-357-7850.

Utah Crime Victims Legal Clinic

801-746-1204. UCVLC provides free legal representation to crime victims when their rights are at stake. Heidi Nestel, executive director, heidi@utahvictimsclinic.org; Alex Merritt, victim advocate, alex@utahvictimsclinic.org.

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BYU Salt Lake Center

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